



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
February 12, 2008

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: February 12, 2008

SUBJECT: Older Americans Month 2008

2008 *Older Americans Month* materials are now available from the Administration on Aging. To download materials please visit the AoA website at <http://www.aoa.gov/press/oam/oam.asp>. The theme for 2008 is **Working Together for Strong, Healthy, and Supportive Communities** which highlights the opportunities states have to create better care and reinforce healthier, livable communities for all ages.

As you plan your local activities around Older Americans Month/Older Virginians Month, please send the details to me and I will be sure they are posted on the VDA web page under the topic of Older Virginians Month – 2008. They will also be shared with the Governor's Office.

We will also work with the Governor's Office to have a proclamation signed declaring May 2008 as Older Virginians Month. As soon as a signed copy of the proclamation is available, we will send you a copy.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: February 12, 2008

SUBJECT: **National Alzheimer's Contact Center Conference Call**

The U.S. Administration on Aging (AoA) and the Alzheimer's Association (National Office) are offering a series of regional information-sharing, optional conference calls. These calls are scheduled to 2008 to promote the National Alzheimer's Contact Center, for which AoA has been providing funding support since 2003. **The call, for Region III (including Virginia) will be held on Thursday, March 6, 2008 at 2:30 PM and is scheduled to last for 1 and ½ hours.** Each call will offer the opportunity to learn about what the Contact Center offers to assist persons with Alzheimer's disease and other dementias, family caregivers, and professionals via:

- 24/7 live telephone support,
- Message boards in English & Spanish on a wide variety of topics,
- Interactive on-line screening tools & resources, and more.
- Learn how you can use these resources to complement other aging network programs and initiatives.

Due to format limitations, each organization is encouraged to use only one telephone line, though there is no limitation on the number of people who can listen into that line for those who wish to participate on the conference call as a group.

To participate in the call, please RSVP to Amy Wiatr, AoA, at amy.wiatr@aoa.hhs.gov with your name, date of the session you wish to join, and your email address to receive the dial-in number and pass code. Please arrange to be at a computer with internet access to the <http://www.alz.org/index.asp> site.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors, Area Agencies on Aging
FROM: Ellen Nau, Human Services Program Coordinator
DATE: February 12, 2008
SUBJECT: News for the Aging Network

Grants Available for Elder Mental Health Services

The Substance Abuse and Mental Health Services Administration is seeking applications for grants to help communities provide mental health services that meet the diverse needs of older persons. Grantees can pursue an array of evidence-based efforts to build and sustain effective mental health outreach, treatment, and recovery services for this age group in their communities. Up to 10 grants will be funded at up to \$415,400 per year for up to three years. Eligible applicants include public and private nonprofit entities providing mental health services. Applications are due March 28.

http://www.samhsa.gov/Grants/2008/sm_08_008.aspx

Profile of Older Americans 2007

This annual summary of the latest statistics on the older population covers 16 topical areas including population, income and poverty, living arrangements, education, and health. I have the publication in pdf. If you are interested in receiving the 228 kb document, please contact me at Ellen.Nau@vda.virginia.gov

The Profile will be posted on the AoA website in the near future.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Finance Directors
Area Agencies on Aging

FROM: Marica B. Monroe

DATE: February 12, 2008

SUBJECT: Equal Opportunity in Procurement

The Department of Minority Business Enterprise has modified the definition of Small Businesses considered to be SWAM (Small, Women and Minority-owned) vendors. **“Small Business” is now defined as an independently owned and operated business which, together with affiliates, has 250 or fewer employees, or average annual gross receipts of \$10 million or less averaged over the previous three years.**

Please consider this change when completing the quarterly Equal Opportunity in Procurement form. I have also included the definitions of “Women” and “Minority-owned” vendors as well.

“Women-owned business” means a business concern that is at least 51% owned by one or more women who are U.S. citizens or legal resident aliens, or in the case of a corporation, partnership, or limited liability company or other entity, at least 51% of the equity ownership interest is owned by one or more women who are citizens of the United States or non-citizens who are in full compliance with the United States immigration law, and both the management and daily business operations are controlled by one or more women who are U.S. citizens or legal resident aliens.

Equal Opportunity in Procurement

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"Minority-owned business" means a business concern that is at least 51% owned by one or more minority individuals or in the case of a corporation, partnership, or limited liability company or other entity, at least 51% of the equity ownership interest in the corporation, partnership, or limited liability company or other entity is owned by one or more minority individuals and both the management and daily business operations are controlled by one or more minority individuals.

Please encourage vendors to register with the Department of Minority Business Enterprise. Also as a reminder, the Equal Opportunity in Procurement form is due by the 10th of the month following the end of each quarter.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: February 12, 2008

SUBJECT: **Archstone Award for Excellence in Program Innovation**

Attached is the call for nominations for the Archstone Award for Excellence in Program Innovation. Nominations are due by April 1, 2008. Award winners will receive travel reimbursement to the awards presentation program in San Diego, CA and a \$1,000 cash award.

Attachment

CALL FOR NOMINATIONS

As of November 1, 2007, the Gerontological Health Section of the American Public Health Association will accept nominations for the 2008 Archstone Foundation Award for Excellence in Program Innovation. The award was established in 1997 to identify best practice models in the field of health and aging, and to provide recognition and an opportunity to highlight the work at the annual meetings of the American Public Health Association.

Programs that effectively link academic theory to applied practice in the field of public health and aging are eligible for nomination. Nominees should also have documented results, but have been in operation less than 10 years. Preference will be given to nominees who have not received prior awards or special recognition.

In two single-space typed pages, please describe the program to be nominated. The narrative should include information about the problem being addressed, the population served, the project's design, partnerships or collaboration, funding, and measurable benefits and outcomes. Only one program may be nominated per agency or organization. Please include an electronic copy of the nomination on disk readable in MSWord or Word Perfect.

An independent panel will review all nominations. The criteria for award selection will include:

- Creativity in project design;
- Documented outcomes and benefits of the program;
- Replication potential;
- Evidence of collaboration and partnerships; and
- Dissemination strategy.

The winner is expected to attend the 136th Annual Meeting of the American Public Health Association in San Diego, California, October 25-29, 2008, and make a presentation at a special Gerontological Section Award Session. In recognition of this achievement, and to assist with the travel expenses, the winning organization will receive a \$1,000 cash award. Honorable mention may also be awarded to one or more nominees submitting distinguished programs as judged by the review panel.

Nominations are to be postmarked by April 1, 2008 and may be sent or E-mailed to:

Allan Goldman, M.P.H.
Chair, Archstone Foundation Awards Committee
Assistant Director
Georgia Division of Aging Services
Two Peachtree Street N.W., 9th Floor
Atlanta, GA 30303
Phone: (404) 657-5254
E-mail: abgoldman@dhr.state.ga.us

PAST WINNERS

2006

Brain Get Your Mind Moving
New England Cognitive Center – Hartford, Connecticut

2005

Legacy Corps for Health and Independent Living
University of Maryland, Center on Aging – College Park, Maryland

2004

Dignified Transportation for Seniors
Independent Transportation Network – Westbrook, Maine

2003

Alzheimer's Health Education Initiative
Alzheimer's Association – Los Angeles, California

2002

Kinship Support Network
Edgewood Center for Children and Families – San Francisco, California

2001

Groceries to Go
Elder Services Network – Mountain Iron, Minnesota

2000

Experience Corps
Johns Hopkins Medical Institutions, Center on Aging and Health
Baltimore, Maryland

Assistive Equipment Demonstration Project
University of Massachusetts, Gerontology Institute
Boston, Massachusetts

1999

Senior Wellness Project
Northshore Senior Center – Seattle, Washington

1998

A Matter of Balance: Intervention to Reduce Fear of Falling
Boston University, Royal Center for Enhancement of Late-Life Function
Boston, Massachusetts



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: February 12, 2008

SUBJECT: Caregiving and Kinship Care

Virginia Caregiver Coalition Recognized by the National Alliance for Caregiving

The Virginia Caregiver Coalition (VCC) has received recognition from the National Alliance for Caregiving (NAC) for its 2007 activities. The VCC was one of fifteen caregiving organizations nationwide selected to receive a scholarship to attend the March 26, 2008 NAC Second National Caregiving Coalitions Conference. The scholarship is provided by funding from the Retirement Research Foundation and the Jacob and Valeria Langeloth Foundation. This is the second year the VCC has been recognized by the National Alliance for Caregiving.

The Virginia Caregiver Coalition is a volunteer group dedicated to improving the caregiving experience through education, advocacy and resource accessibility so that care caregivers are valued and supported. The Coalition is facilitated by the Virginia Department for the Aging. The next meeting of the VCC is scheduled for Thursday, March 20, 2008 at 9:30 A.M. in the VDA conference room. For further information, contact Ellen Nau at the Virginia Department for the Aging. 804-662-9340 or ellen.nau@vda.virginia.gov

Regional Informational Conference Calls

The U.S. Administration on Aging (AoA) and the Alzheimer's Association (National Office) are offering a series of regional information-sharing, optional conference calls.

These calls are to promote the National Alzheimer's Contact Center, for which AoA has been providing funding support since 2003. Each call will offer the opportunity to learn about what the Contact Center offers to assist persons with Alzheimer's disease and other dementias, family caregivers, and professionals via:

- 24/7 live telephone support,
- Message boards in English & Spanish on a wide variety of topics,
- Interactive on-line screening tools & resources, and more.

To participate in the call, please RSVP to Amy Wiatr, AoA, at amy.wiatr@aoa.hhs.gov with your name, date of the session you wish to join, and your email address to receive the dial-in number and pass code. Please arrange to be at a computer with internet access to the <http://www.alz.org/index.asp> site. The call will provide a guided tour of some of the on-line Contact Center tools, as well as a brief overview of the Contact Center's history, current operations, and ideas for collaborations. The call date for AoA Region III that includes Virginia call date is Thursday March 6. (Other Region Call-In Times are available.)

All calls begin at 2:30 PM Eastern, 1:30 PM Central, 12:30 PM Mountain, 11:30 AM Pacific Time. The scheduled call time is for 1 ½ hours. Visit http://www.alz.org/we_can_help_24_7_helpline.asp to see more about the Contact Center.

2008 NATIONAL FAMILY CAREGIVING AWARDS PROGRAM

The National Alliance for Caregiving and MetLife Foundation are pleased to announce that applications will soon be accepted for the 2008 National Family Caregiving Awards Program. Now in its third year, this program is intended to improve the quality of life of family caregivers by recognizing and supporting the important work of community agencies and other organizations that support family caregivers as a significant part of their mission. On-line applications are now being accepted. The Request for Applications and the on-line application is available at:

web.raffa.com/nac/caregiver_awards. The deadline for applications is April 15, 2008

First Annual Conference on Geriatric Care

Jointly Sponsored by the University of Virginia, VCU Center on Aging, UVA Institute on Aging, Community Partnership for Improved Long Term Care, Virginia Alzheimer's Association, and Jefferson Board on Aging, a conference entitled ***Sharing the Challenge: Tools for Successful Caregiving*** will be held on February 26 and 27, 2008 at the Doubletree Hotel in Charlottesville, Virginia. The cost is \$50.00 per day or \$90.00 for two days and includes the participants' meals. For further information, contact Emily Hopkins at 343-243-4849.

National Center on Caregiving at Family Caregiver Alliance Updated Data

The National Center on Caregiving at Family Caregiver Alliance (FCA) announces the addition of new and updated data in its online resource, Caregiving Across the States. The database includes a separate profile for each state and the District of Columbia. Profiles contain the state's background characteristics related to caregiving and aging, as well as information on publicly-funded caregiver support programs. To learn more about the family caregiving landscape in your state, visit FCA's Caregiving Across the States webpage at http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=1272

New Law Expands FMLA for Family Caregivers of Soldiers Returning Home

The National Defense Authorization Act for FY 2008 (H.R. 4986), signed into law by President Bush on January 28, 2008, included provisions to expand the Family and Medical Leave Act (FMLA) which were originally contained in the Support for Injured Service Members Act (S. 1894). The new law will allow workers to take up to 26 weeks of unpaid, job-protected leave - compared to the current allowance of 12 weeks - to care for enlisted family members seriously injured in combat. Family members eligible for this FMLA provision include a service member's spouse, child, parent or other next of kin. For more information, visit: [National Partnership for Women and Families](#)

Fairfax County Offers Respite for Grandparent Caregivers

In an estimated 5,000 households in Fairfax County, grandparents are responsible for raising their grandchildren. Many of these grandparents have little opportunity for leisure.

Fairfax County is sponsoring a Kinship Respite Day on Saturday, February 23, to provide grandparents (and other relatives) who are raising a child for another family member a rare day off while providing a fun day for the children. Children ages 3 to 12 who are Fairfax County residents can participate in the free program. Grandparents can drop off their children, and children will have a day of fun and planned activities.

The county's departments of Community and Recreation Services, Family Services, Systems Management for Human Services, the Fairfax County Public Schools, and the Kinship Care Committee of Fairfax County are jointly sponsoring the event.

It will be held from 10 a.m. to 3 p.m. at two locations:

- Gum Springs Community Center, 8100 Fordson Road, Alexandria, VA 22306
- Southgate Community Center, 12125 Pinecrest Road, Reston, VA 20191

There is no cost for the Kinship Respite Day, but **pre-registration is required**. Lunch and snack will be provided for the children.

For more information or to register, call the Department of Family Services -- Fairfax Area Agency on Aging at 703-324-3517, TTY 703-222-449-1186. For reasonable ADA accommodations, contact Nancy Coffey with the Department of Family Services -- Children, Youth and Families Division at 703-324-7723, TTY 703-222-9452.

Betsy Pugin heads the Fairfax Area Agency on Aging Kinship Care Program 703-324-5411.

Tax Information for Kinship Caregivers **New Resources on Family Tax Credits Available**

Tax filing season is right around the corner. Tax credits can provide thousands of dollars to families struggling to make ends meet -- but only if families are informed of the credits and claim them on their tax returns.

<http://www.nwlc.org/details.cfm?id=3134§ion=tax>

National Tax Credit Outreach Campaign

The Center on Budget and Policy Priorities' produces an Earned Income Credit and Child Tax Credit Outreach Kit that contains bilingual outreach materials including color posters, flyers, brochures and envelope stuffers in English and Spanish; facts about the tax credits; strategies to promote them and link workers to free tax filing assistance; and examples of how organizations are involved in outreach efforts. Other outreach materials including flyers in 18 additional languages are also available. To view the Kit online visit: www.cbpp.org/eic2007.

To request a FREE copy of this Tax Credit Outreach Kit or to find organizations in your area that promote the EIC and CTC, contact: *Roxy Caines, (202) 408-1080 or caines@cbpp.org*.

Federal Tax Benefit Guide for Foster/Adoptive Parents and Kinship Caregivers

<http://www.nfpaonline.org/content/index.asp?page=TAXINFORMATION&nmenu=3>

This guide from the National Foster Parent Association provides valuable information for the 2007 tax year. It explains basic rules and offers tips on ways that foster and adoptive parents and kinship caregivers may be able to claim deductions and credits available to them.