



**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*

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**March 24, 2009**

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**Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.**

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09-91

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors

**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** March 24, 2009

**SUBJECT:** March 24<sup>th</sup> is Diabetes Alert Day – Diabetes Resources

Diabetes is the sixth leading cause of death in the United States. However, early detection and treatment of diabetes can prevent or delay many of the complications associated with the disease.

In conjunction with Diabetes Alert Day, the Centers for Medicare & Medicaid Services (CMS) would like to remind health care professionals that Medicare provides coverage for several diabetes-related services, including:

- diabetes screening tests,
- diabetes self-management training,
- medical nutrition therapy, and
- certain other diabetes supplies and services.

CMS offers several educational products related to Medicare-covered preventive services, including diabetes services. Please visit the **Medicare Learning Network** (<http://www.cms.hhs.gov/MLNGenInfo/>) for more information, including the following diabetes-related pages:

- The MLN Preventive Services Educational Products Web Page ~ provides descriptions and ordering information for Medicare Learning Network (MLN) preventive services educational products and resources for health care professionals and their staff.  
[http://www.cms.hhs.gov/MLNProducts/35\\_PreventiveServices.asp](http://www.cms.hhs.gov/MLNProducts/35_PreventiveServices.asp)
- Diabetes-Related Services Brochure ~ This tri-fold brochure provides health care professionals with an overview of Medicare's coverage of diabetes screening tests, diabetes self-management training, medical nutrition therapy, and supplies and other services for Medicare beneficiaries with diabetes.  
<http://www.cms.hhs.gov/MLNProducts/downloads/DiabetesSvc.pdf>
- To order copies of the brochure, go to the MLN Product Ordering System located at:  
[http://cms.meridianksi.com/kc/main/kc\\_frame.asp?kc\\_ident=kc0001&loc=5](http://cms.meridianksi.com/kc/main/kc_frame.asp?kc_ident=kc0001&loc=5)
- The CMS website provides additional information about the Medical Nutrition Therapy benefit at: <http://www.cms.hhs.gov/MedicalNutritionTherapy/>

For more information diabetes, please visit the National Diabetes Education Program website at <http://www.ndep.nih.gov/>. This site contains several publications to help you educate your patients about diabetes prevention, including The Road to Health Toolkit, which contains resources specifically tailored for community health workers in Hispanic/Latino and African-American communities, who are at a higher risk for type 2 diabetes.



**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ellen M. Nau, Human Services Program Coordinator

**DATE:** March 24, 2009

**SUBJECT:** Caregiving

**Virginia Caregiver Coalition**

The Virginia Caregiver Coalition will celebrate its fifth year anniversary at its March 25, 2009 meeting. The business meeting will commence at 9:00 A.M. in the VDA Conference Room and at various video conference sites throughout the Commonwealth. Commissioner Linda Nablo will offer remarks on the occasion of the group's fifth anniversary during the latter part of the meeting. Featured speaker, Brenda Clarkson, Executive Director of the Virginia Association for Hospices will give a presentation at approximately 10:00 A.M. Christine Jensen, Adjunct Assistant Professor, Psychology & Education College of William & Mary, will present an update on her study of Williamsburg area caregivers and a June training she is planning with faculty from the Rosalyn Carter Institute for Elder Care. For further information on attendance at video conference sites, contact Ellen Nau at (804) 662-9340 or [Ellen.Nau@vda.virginia.gov](mailto:Ellen.Nau@vda.virginia.gov).

**Community Seminar on Aging**

Aging Together and the Office of Congressman Eric Cantor will present a Community Seminar on Aging on Wednesday, March 25, 2009 from 1:00-3:00 P.M. at the Library of

Congress Packard Campus for Audio-Visual Conservation at 19053 Mount Pony Road in Culpeper, Virginia. Dr. Ayn Welleford, MSG, PhD Chair and Associate Professor of the Department of Gerontology at Virginia Commonwealth University, will present a program on the normal developmental gains and losses during the aging process as well as “yellow flags” to be aware of when working with a growing elder population and their families. For more information, contact Aging Together at 839-6405 or [info@agingtogether.org](mailto:info@agingtogether.org).



09-93

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Deb Loving

**DATE:** March 24, 2009

**SUBJECT:** Registration Form for Legal Assistance Training

The registration form for the April 17, 2009 Legal Assistance Service Standard training was inadvertently omitted from the March 17 Tuesday Mailing. The registration form is attached.

Janet James is offering training on the revised Legal Assistance Service Standard at VDA on Friday April 17, 2009 from 10:00 a.m. until 12 Noon. Video conferencing is also available if you submit the name, location and technical contact of the local health department office you plan to use, to Janet by March 31, 2009.

Please fax completed registration forms to (804) 662-9354, to the attention of Janet James. If you have questions, contact Janet at (804) 662-7049 or by email at [janet.james@vda.virginia.gov](mailto:janet.james@vda.virginia.gov).

**RSVP – LEGAL ASSISTANCE SERVICE STANDARD TRAINING  
FRIDAY APRIL 17, 2009 • 10AM TO 12 NOON**

PLEASE RSVP BY TUESDAY, MARCH 31, 2009 TO:

Janet James  
Virginia Department for the Aging  
1610 Forest Avenue, Suite 100  
Richmond, VA 23229  
**Fax:** (804) 662-9354 • **Email:** janet.james@vda.virginia.gov

- I ACCEPT your invitation and plan to be on site at VDA for this training.
- I ACCEPT your invitation but plan to use the video conferencing option.  
The Health Department I plan to use is (name) - \_\_\_\_\_  
Address - \_\_\_\_\_  
Contact Name and Telephone Number for Facility - \_\_\_\_\_  
\_\_\_\_\_
- I REGRET that none of our staff will be able to attend but wish to be added to the email list for legal assistance updates.

•••••

**REGISTRATION**

Staff Name: \_\_\_\_\_  
Title: \_\_\_\_\_  
PSA: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
E-mail: \_\_\_\_\_

**LOCATION – VIRGINIA DEPARTMENT FOR THE AGING / CONFERENCE ROOM**

The training will be held at Virginia Department for the Aging, 1610 Forest Avenue, Suite 100, Richmond, VA 23229. Telephone (804) 662-9333 or 1(800) 552-3402.