



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
April 21, 2009

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: 4/21/09

SUBJECT: Older Americans Month - 2009

Attached is a jpg. document with the Governor's proclamation for Older Virginians Month 2009. As you know, each year the Administration on Aging (AoA) issues a theme for Older Americans Month. This year's theme is "**Living Today for a Better Tomorrow**" and reflects AoA's continued focus on prevention efforts that are helping older adults have better health as they age and avoid the risks of chronic disease, disability and injury.

For more information about the history of Older Americans Month and Older Americans Month resources and materials:

http://www.aoa.gov/AoARoot/Press_Room/Observances/oam/oam.aspx

(Note: you may have to hold down the Ctrl key while clicking on this link)



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

OLDER VIRGINIANS MONTH

WHEREAS, since 1963, the month of May has been designated by the United States Administration on Aging as America's special time to honor and recognize its older citizens; and

WHEREAS, this year's theme for May is *Living Today for a Better Tomorrow* which continues the focus on prevention efforts and programs that are helping older adults to have better health as they age and avoid the risks of chronic disease, disability and injury; and

WHEREAS, there are currently more than 1 million Virginians age 60 and older and this population will expand to more than 2 million by 2030 when one in every four Virginians will be age 60 and older; and

WHEREAS, according to the United States Census Bureau, one out of every nine baby boomers will live to be at least age 90; and

WHEREAS, healthy lifestyle choices can prevent or control many of the Commonwealth's leading causes of death; and

WHEREAS, nearly 40% of deaths are linked to smoking, physical inactivity, poor diet, or alcohol abuse; and

WHEREAS, there is now strong scientific evidence that it is never too late for healthy life-style choices to positively, and often greatly, impact the physical, emotional, and mental health of older persons; and

WHEREAS, older Virginians deserve the right to a healthy and active old age and are encouraged to make those healthy choices that will help them maintain their independence in their homes and communities.

NOW, THEREFORE, I, Timothy M. Kaine, do hereby join with the Virginia Department for the Aging, the Commonwealth Council on Aging, and Virginia's twenty-five local Area Agencies on Aging in recognizing May 2009 as **OLDER VIRGINIANS MONTH** in the **COMMONWEALTH OF VIRGINIA** and I call this observance to the attention of citizens of all ages.



Handwritten signature of Timothy M. Kaine in blue ink.

Governor

Handwritten signature of Katherine F. Hanley in blue ink.

Secretary of the Commonwealth



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller
Director of Long-Term Care

DATE: April 21, 2009

SUBJECT: **Reminder** about Consumer Directed Supports and Services Training

This is your last chance to register for the upcoming training sessions in Consumer Directed Supports and Services and Person-Centered Planning sponsored by the Virginia Systems Transformation Grant (STG). Space is still available for the one-day workshops that will be offered on **April 29 and April 30** in Richmond for AAA staff. The sessions will be presented by Jean Tuller of Jean Tuller Consulting. The training sessions are **free**. Sessions are scheduled from 9:00 am to 4:00 pm and lunches will be provided.

The workshop is designed to help familiarize participants with consumer-direction principles and the paradigm shift that occurs in the role of the care coordinator when consumer direction is implemented.

The registration form is attached. Sessions are limited to 30 participants each day, so register now for this great training opportunity!

Consumer Directed Supports and Services: Enhancing Person-Centeredness

A training session for Area Agencies on Aging

Presented by Jean Tuller

This **one day** workshop is designed to familiarize participants with consumer direction and the shift in thinking that it brings to those who support seniors. Participants will gain knowledge and skills that will help them better plan with and support individuals in their communities. Topics include:

- ◆ The historical and national context for consumer-direction
- ◆ The paradigm shift in the role of the service coordinator as a result of consumer direction
- ◆ How to build a plan of care that is person-centered and lends itself to consumer-directed services
- ◆ Facilitation techniques to manage “wants” versus “needs” when developing a plan of care

Workshop Location and Dates

Location: 1604 Santa Rosa Road, Suite 202
Richmond, VA 23229-5008

Dates: April 29 or April 30, 2009

Sponsored by: Virginia Systems Transformation Grant

The Goal 2 Resource Team of the systems transformation initiative focuses on choice and control through three objectives: enhancing person-centered practices, developing the capacity for individual budgets, and ensuring self-direction.

Questions? Call Dawn Machonis at the Partnership for People with Disabilities at (804) 828-1335 or email at dmmachonis@vcu.edu

Consumer Directed Supports and Services: Enhancing Person-Centeredness

April 29 OR April 30, 2009
9 a.m. to 4 p.m.

Please submit no later than April 22, 2009

The following registration form may be mailed, faxed (804-828-0042), or submitted via email to dmmachonis@vcu.edu. Please submit one registration form for each person from your agency. **Registration is limited to approximately 30 participants each day.**

Please check the 1 session for which you are registering: April 29 April 30

Name _____ Title _____

Agency _____

Address _____

E-mail _____ Phone _____

Special Dietary Needs _____

Other Accommodations _____

Lunch is included each day.

Upon receipt of your registration, a confirmation, agenda, and directions will be emailed to you. If you have questions, please call Dawn Machonis at (804) 828-1335 or email at dmmachonis@vcu.edu.

Dawn M. Machonis
Partnership for People with Disabilities
Virginia Commonwealth University
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The Partnership for People with Disabilities is a university center for excellence in developmental disabilities at Virginia Commonwealth University. VCU is an equal opportunity/affirmative action university providing access to education and employment without regards to age, color, national origin, gender, religion, sexual orientation, veteran's status, political affiliation or disability. If alternative formats of this document are needed, please contact the Partnership for People with Disabilities at 804/828-3876 or 800/828-1120 (TDD Relay). Support for this initiative is provided through a contract with the Virginia Department of Medical Assistance Services (DMAS) with funding under Grant No. P-91599/3 from the Department of Health and Human Services, Centers for Medicare and Medicaid Services.