



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
July 21, 2009

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Fiscal Officers
Area Agencies on Aging

FROM: Marica Monroe

DATE: July 21, 2009

SUBJECT: Timely Payment for Timely AMR Submission

AAAs need to be more diligent in submitting AMR and AMR-OC reports by the due date. As you know, requests for payment are due by the 12th of the month following the report date. If the 12th falls on a holiday or weekend, then the reports are due the next working day.

In the past, VDA has drawn down federal funds in anticipation of late AMR and AMR-OC reports. This practice has created a compliance concern with the federal Cash Management Improvement Act (CMIA). To correct this issue VDA can only draw down funds for requests that have been submitted on time.

AMR/AMR-OC Reports not received by VDA by the 12th of the month will be processed with the following month's AMR submissions. This is not a new policy, but the enforcement of the RECORDS AND REPORTS submission clause in the area plan contract. VDA will begin to enforce this with the July AMR/AMR-OC report due August 12, 2009. As an example, July reports received by VDA on August 13th will be processed with the following month's report submissions scheduled to be paid by September 30th. ***Please note this means payment may not be received until a month and a half following submission.*** Therefore, please make every effort to submit complete and accurate payment requests by the due date to ensure timely payment.

Thank you in advance for your cooperation. If you have any questions, please do not hesitate to call me.



09-153

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 21, 2009

SUBJECT: Report on Elder Suicide in Virginia

The Chief Medical Examiner of Virginia has issued a new report titled *Elder Suicide in Virginia: 2003-2007* from the Virginia Violent Death Reporting System. This report focuses on completed suicides among persons ages 60 and over for a five-year period. The purpose of this report is to raise awareness about elder suicide in Virginia and to provide information that may be used to prevent future deaths.

Key findings from this report include:

- There were 970 elder suicides from 2003-2007, for a rate of 16.0 per 100,000 persons.
- **Elderly adults have the highest risk for suicide when compared with other age groups.**
- Elderly males are six times more likely to commit suicide than elderly females. As males age, their risk for suicide increases; as females age, their risk decreases.
- Whites are more than three times more likely to commit suicide than Blacks.
- Marriage is a protective factor for males, while being widowed or divorced increases risk. Being widowed or never married decreases suicide risk for females.
- **A firearm is the most common method of fatal injury used by males and females;** the rate of suicide by firearm is more than 12 times higher for males than females.

- **Elder suicide rates are typically higher in the southwestern region of Virginia and lower in the northern region.**
- Mental health problems were noted for 46.5% of elder suicide victims; physical health problems were a factor for 52.0%.
- Unlike other suicide victims, elders who complete suicide do not present classic warnings of suicide such as disclosing intent to commit suicide or having prior suicide attempts.

The full report can be found at the following webpage:

<http://www.vdh.virginia.gov/medExam/documents/2009/pdfs/Elder%20suicide%20in%20virginia.pdf>

Additional information about the Virginia Violent Death Reporting System, including other reports, can be found at the following webpage:

<http://www.vdh.virginia.gov/medExam/NVDRS.htm>

Please contact **Marc Leslie** with the Medical Examiners Office if you have any questions, comments, or data requests. He can be reached by calling (804) 205-3855.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 21, 2009

SUBJECT: Four Workshops on Aging

This is a continuing education activity presented by the Virginia Commonwealth University School of Social Work, through support from the Virginia Center on Aging, for social workers and other professionals who work with the geriatric population in Virginia.

These four workshops will be held at the George Ben Johnston Auditorium at the VCU Medical Center in Richmond and simultaneously video-conferenced to the following Virginia locations: Richlands, Roanoke, Fishersville, Manassas, and Franklin.

Aug. 5, 2009

10 a.m. to noon Workshop 2A: Aging in Place with Jane Kallio, M.S.W., L.C.S.W., C- and Joyce Jackson, MSW

1 to 3 p.m. Workshop 2B: Helping Elderly Grievers Heal After Loss with Karen Gill, M.S.W., L.C.S.W. and Karl Netting, M.Div.

Aug. 12, 2009

10 a.m. to noon Workshop 2C: Understanding Dementia and Its Impact on Families with Sultan Lakhani, M.D., M.P.H. and Sherry Peterson, M.S.W.

1 to 3 p.m. Workshop 2D: Psychotherapy with Older Adults with John Colletti, Psy.D.

COST (You didn't think it was free, did you?):

Regular: \$20 each or \$60 for all four workshops.

Student: \$10 each or \$30 for all four workshops (with current I.D.)

Senior (65 and over): \$15 each or \$45 for all four workshops (with current I.D.)

VCU faculty and current School of Social Work field instructor: \$15 each or \$45 for all four workshops.

VCU School of Social Work Alumni Association member: \$15 each or \$45 for all four workshops.

Parking in the VCU deck will cost \$5. On street parking is almost non-existent.

GO TO THE WEBSITE TO VIEW DETAILS AND TO REGISTER ONLINE

<http://www.socialwork.vcu.edu/education/events/workshops.html>

SUBSCRIBE TO THE LISTSERV

<http://www.socialwork.vcu.edu/education/listserv.html>

FOR MORE INFORMATION CONTACT

Linda Ayscue Gupta, LCSW, Director

Continuing Education

VCU School of Social Work

P.O. Box 842027

Richmond, VA 23284-2027

(804) 828-3405

lagupta@vcu.edu

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Title V Directors

FROM: Marica B. Monroe, Financial Manager

DATE: July 21, 2009

SUBJECT: Title V Closeout Report – FYE 06/30/2009 Contracts

The close out (settlement) reports for the fiscal period beginning July 1, 2008 and ending on June 30, 2009 for the Title V, Senior Community Service Employment Program must be submitted to the Virginia Department for the Aging (VDA) on or before September 30, 2009. Please complete the report using the pages and fields for DOL. An electronic version of the report is available on the VDA website, www.vda.virginia.gov. Please e-mail the completed report to reports@vda.virginia.gov. Please name the file, Title V Closeout Report PSAxx (Insert your PSA number in the characters, xx). For agencies that have not drawn down funds related to the 06/30/09 grant contract, please do so, so that the closeout report can be accurate and complete.

If you have any questions, please call me at (804) 662-9320 or e-mail me at marica.monroe@vda.virginia.gov. Thank you.

CC: Tim Catherman
Pat Cummins, Program Coordinator

**Virginia Department for the Aging
Title V Financial Report - Final Closeout, FYE 06/30/2009**

Agency: _____

PSA # _____

Request for Funds for the month of: FINAL

		DOL
1) Unencumbered Cash-on-Hand as of 7/1/2008		
2) Cash Received Y-T-D for This Contract		
3) Cash Requested Last Report but Not Yet Received		
4) Cash Available Y-T-D for This Contract (Sum of lines 1, 2 and 3)		
5) Cash Disbursed During Previous Months		
6) Cash Disbursed During Report Month		
7) Cash Disbursed Y-T-D (Line 5 + Line 6)		
8) Cash-on-Hand (Balance Due) at End of Grant Period (Line 4-Line 7)		

I hereby certify that I have the designated authority to represent the contractor for whom this information is reported. I further certify that to the best of my knowledge and belief, this information is true, correct, and a complete statement prepared from the books and records of the contractor in accordance with applicable instructions, except as noted. Reported information is in agreement with previously submitted information to the Virginia Department for the Aging.

Note: If there is Cash-on-Hand at the end of the grant period, please remit this balance to VDA with the final report.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Janet James, Esq. – State Legal Services Developer, Public Guardian
Program Coordinator

DATE: July 21, 2009

SUBJECT: MORTGAGE SERVICING TRAINING FOR HOUSING COUNSELORS & ADVOCATES
July 30, 2009 • 9:00 A.M. to 4:00 P.M. • Richmond, Virginia • \$50 Fee
SHORT NOTICE BUT EXCELLENT OPPORTUNITY

As a result of federal funds needing to be used before the end of July 2009, an excellent opportunity has been developed on very short notice to empower Housing counselors, advocates and attorneys to identify and resolve mortgage servicing discrepancies, including homeowner rights under the Real Estate Settlement Procedures Act (RESPA).

As the number of persons facing foreclosure continues to increase, this training can provide valuable legal information and advocacy tools that may help delay or prevent foreclosure.

Please see the attached flyer and registration information. The \$50.00 nonrefundable fee includes lunch and all training materials. CEU's are also available. Thank you.



MORTGAGE SERVICING TRAINING FOR HOUSING COUNSELORS, HOUSING ADVOCATES, & ATTORNEYS

This training will cover:

- **How to identify and resolve mortgage servicing discrepancies**
 - **Homeowner rights under RESPA**
 - **How to read a mortgage payment history and escrow analysis**
 - **Causes of actions**
 - **Common legal claims for servicing violations**
- and much and more from the EXPERTS from the National Consumer Law Center!**

July 30, 2009
9:00am – 4:00pm

**Richmond Association of Realtors Training Center
8975 Three Chopt Rd.
Richmond, VA 23229**

REGISTER TODAY!! LIMITED SEATING!!

You can't get this training anywhere else!!

Cost is ONLY \$50 per person (includes materials and lunch)
Make checks out to Housing Opportunities Made Equal
CEU's and CLE's available

**Mail attached registration form and fee to:
Housing Opportunities Made Equal
Attention: Paula Sherman, Event Coordinator
700 E. Franklin Street, Suite 3A
Richmond, VA 23219**

**If you have questions regarding this event email Paula Sherman at
psherman@phonehome.org or call 804-354-0641 ext 114.**



Sponsored by



Project 2025
Enhanced Access to
Legal Assistance for
Older Adults in Virginia



**How to Identify and Resolve Mortgage Servicing Training
Registration Form**

Name _____

Title _____ Name of Organization _____

Address _____

City _____ State _____ Zip Code _____

Work phone _____ Alt Phone _____

Do you need special accommodations? If yes, please explain _____

Do you have any special dietary needs? If yes, please explain _____

Are you applying for CLE's or CEU's? ____yes ____no

Your registration fee will cover all training materials and lunch

Office Use

Date received _____ Verified by _____ Fee included ____ yes ____ no



09-157

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: July 21, 2009

SUBJECT: Caregiving Programs, The Aging Network, Veterans and Their Caregivers

Award Winner!

The Caregivers Community Network (CCN) of James Madison University (JMU) has won a \$25,000 National Family Caregiving Award from the MetLife Foundation/National Alliance for Caregiving. The CCN program trains JMU students and community volunteers on elder issues in a semester course. The volunteers are then placed in the homes of the elderly as companions/friendly visitors. CCN will receive the award at the annual n4a Conference and Trade Show in Minneapolis, MN on July 21, 2009. Ninety-two JMU students were trained via the nursing program elective during the 2009 spring semester.

REMINDER!

**The Rosalinde Gilbert Innovations in Alzheimer's Disease
Caregiving Legacy Awards**

Nonprofit organizations, government agencies and universities are invited to apply for the 2009 *Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards*. The deadline to apply is **August 14, 2009, 5:00 pm PT**.

With generous support from The Rosalinde and Arthur Gilbert Foundation, **three awards of \$20,000 each** will be given to organizations to recognize unique programs that address the needs of Alzheimer's caregivers. One award will be granted in each of these categories:

- ***Diverse/Multicultural Communities***
- ***Creative Expression***
- ***Policy and Advocacy***

Family Caregiver Alliance is overseeing this national awards program. To see the details about the awards and access the online application click [here](#), or you may copy and paste into your browser the following link:

http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2188

Area Agencies on Aging and Veterans – Sharing the good news, Part 2!

PSA 14 Piedmont Senior Resources – Ronald Dunn, Executive Director

PSA 14's Nutrition Program works with social workers from the Veterans Hospital in Richmond, Virginia, to provide meals to elderly Veterans in PSA 14. For the past 20 years a special recognition event with a meal and entertainment has been held by Piedmont Senior Resources to show appreciation for what our Veterans have done for our country.

A great recognition event!

PSA 15 Senior Connections, The Capital Area Agency on Aging – Thelma Bland Watson, Executive Director

Marjoria Norton, Director of Care Coordination at PSA 15, reports that In the course of the PSA 15's daily work, agency personnel frequently serve Veterans and treat them in much the same way as Senior Connections' other clients and caregivers. PSA 15 gives information and provides services such as home delivered meals, congregate meals, housing information, help with medical services (if needed through the VA or other community sources), wheelchair ramps, etc. to Veterans.

The agency's in-home services program does presentations on community resources (including Senior Connections), especially in regard to the Parkinson's Disease Association which is housed in the VA Medical Center. This program also assists many caregivers of Veterans. Recently the agency's Hanover Coordinator assisted a client to enroll in the PACE Program and is working with another client on housing issues. On

two occasions, speakers from the VA addressed PSA 15's care coordination meeting to talk about services and how the VA and PSA 15 could assist mutual clients.

PSA 15's Intake Coordinator tracks calls from Veterans in the Peer Place tracking system. **Electronic progress!**

**PSA 2 Appalachian Agency for Senior Citizens, Inc. (AASC) Diana Wallace,
Executive Director**

Veterans in AASC's service area are served by three VA Medical Centers, i.e. Johnson City, TN; Salem, VA; and Beckley, WV. In addition, Community Based Out Patient Clinics that provide services to our veterans are located in Tazewell, Bristol, and Norton.

In addition to demand response transportation services to these facilities, AASC/Four County Transit provides coordinated veterans transportation, in cooperation with District 3 Transit, on Monday and Tuesday of each week. On Mondays, veterans can travel from our service area to the VA hospital in Salem. On Tuesdays, transportation is coordinated to the VA hospital in Johnson City, Tennessee. Four County Transit provides demand response service to the Beckley, WV facility. **The all-important transportation program!**

Through care coordination, VICAP, Disease Prevention, and Medication Management, AASC works with individual veterans and the VA to help them secure any services they are eligible for, i.e. Aide and Attendant, medications, etc. Care coordination staff works closely with veterans and their beneficiaries to complete necessary paper work to determine eligibility for benefits.

As AASC is a consortium member of the Oxbow Center, PSA 2 Veterans, particularly those in Russell County, are eligible for adult day care services through that program. The Oxbow Center currently has a contract with the VA Center in Johnson City, TN for the delivery of adult day care services.