



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
July 28, 2009

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 28, 2009

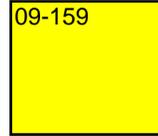
SUBJECT: NIH Senior Health Exercise Stories

People of all ages and physical conditions benefit from exercise and physical activity.

In the Exercise Stories section of the NIH Senior Health website you may read stories featuring older adults and the activities they enjoy. If you have seniors with a story to tell about their active lifestyle, those aged 60 and older who exercise regularly may also submit their stories to be featured on the site.

For these inspirational stories and to submit stories, please see:

<http://nihseniorhealth.gov/stories/stories.html>



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 28, 2009

SUBJECT: FYI: Two Potential Grant Opportunities

Grant for Health Services to Frail and Elderly in Rural Areas

The U.S. Department of Health and Human Services has announced a grant opportunity making \$1.2 million available to fund 20 awards averaging \$85,000 each to provide essential health services to frail and elderly residents living in rural areas. The application deadline is 9/14/09. This announcement can be found at www.grants.gov and the application must be submitted electronically through the process outlined on the website. [If you have not already registered with grants.gov, this is something you should consider doing.]

The goals of this grant program are to (1) achieve efficiencies in rural health, (2) expand access to coordinate and improve the quality of essential healthcare services, and (3) strengthen the rural healthcare system as a whole. The eligible applicant must be a rural nonprofit or public entity that will represent a consortium of three or more health related entities that need assistance to plan, organize, and develop a health care network. For-profit organizations are not eligible to be the applicant but can be a participant in the consortium or the ensuing network.

Grant for Public Housing Services Coordinator

HUD has announced a grant for the Public Housing Resident Opportunity and Self Sufficiency (ROSS) program. The grant will provide funding to public housing agencies,

Two Potential Grant Opportunities

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Resident Associations (RAs), and nonprofit organizations (including grassroots, faith-based and other community-based organizations) for the provision of a Service Coordinator to coordinate supportive services and other activities designed to help public housing residents attain economic and housing self sufficiency. The application deadline is 9/18/09. This announcement can be found at <http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&opId=48677>

This program works to promote the development of local strategies to coordinate the use of assistance under the Public Housing program with public and private resources, for supportive services and resident empowerment activities. These services should enable participating families to increase earned income, reduce or eliminate the need for welfare assistance, make progress toward achieving economic independence and housing self-sufficiency or, in the case of elderly or disabled residents, help improve living conditions and enable residents to age-in-place. A Service Coordinator ensures that program participants are linked to the supportive services they need to achieve self-sufficiency or remain independent. Funds cannot be used for the direct provision of supportive services.



09-160

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 28, 2009

SUBJECT: CDC report on fall-related injuries in older adults

**47,000 Older Adults are Treated Annually for Falls-Related Injuries
According to New CDC Study**

From 2001 to 2006, an average of 129 Americans ages 65 and older were treated in emergency departments each day—a total of more than 47,000 each year—for injuries from falls that involved walkers and canes, according to a Centers for Disease Control and Prevention (CDC) study published in the Journal of the American Geriatrics Society.

The study, which examined six years of emergency department medical records, found that older adults that most injuries involved walkers (87%) and adults were seven times more likely to be injured in a fall with a walker than with a cane. Older women sustained more than three out of four walker-related injuries (78 %) and two out of three cane-related injuries (66 %). Other key findings include:

- For men and women who used walkers or canes, the chances of sustaining a fall increased with age, with the highest injury rates among those ages 85 and older.

CDC report on fall-related injuries in older adults

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- Fractures were the most common type of fall injury associated with walkers and canes, and about a third of all injuries were to the lower trunk, such as the hip or pelvis.
- More than half of fall injuries associated with walkers (60 %) and canes (56 %) occurred at home.
- One in three people whose fall involved a walker and more than one in four whose fall involved a cane had to be hospitalized.

A full copy of the study is in a recent issue of the Journal of the American Geriatrics Society.

For more information about CDC's fall prevention efforts among older adults, visit <http://www.cdc.gov/HomeandRecreationalSafety/Falls/index.html> .



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Janet James, Esq. – State Legal Services Developer, Public Guardian
Program Coordinator

DATE: July 28, 2009

**SUBJECT: \$10,000 Elder Justice Community Collaboration Mini-Grants
RFP Request From the National Center on Elder Abuse
Due Date – August 28, 2009**

The National Center on Elder Abuse is seeking proposals for \$10,000 Elder Justice Community Collaboration mini-grants. Some AAAs may be interested in applying for this grant but please note:

- There are some stringent “Final Report” requirements including a sustainability clause (see highlighted section on the attached Request for Proposals (RFP));
- \$8,000 is awarded up front but the remaining \$2000 is awarded after the project is completed and Final Report submitted/reviewed.

Please see the attached RFP in its entirety. Thank you.

NATIONAL CENTER ON ELDER ABUSE

ELDER JUSTICE COMMUNITY COLLABORATIONS REQUEST FOR PROPOSALS

PROJECT OVERVIEW

Experience has shown that the problem of elder abuse is best addressed as a multi-disciplinary effort, with a strong foundation at the local level, which is key in building an effective elder justice network.¹ Because individual agencies alone cannot fully address the problem, communities nationwide have increasingly focused their efforts on elder abuse detection, intervention, and prevention strategies through formal or informal collaborations or partnerships. Such partnerships have evolved into elder justice community collaborations and elder abuse prevention coalitions, networks, and alliances. These collaborations have heightened public awareness through community outreach and education, and some have been able to affect strident laws for reporting and prosecuting elder abuse. Other benefits of collaborating include improved communication and cooperation among coalition member agencies and increased responsiveness to elder abuse cases, improved access to a wider range of services, and improved quality of care for clients. Despite these important efforts, measuring the effectiveness of these efforts and promoting the widespread dissemination of these practices have been difficult.

To address these gaps, the National Center on Elder Abuse (NCEA) awarded grant funding to the National Committee for the Prevention of Elder Abuse (NCPEA) to conduct activities that promote multi-disciplinary initiatives and provide technical assistance in the development of multi-disciplinary efforts and coordinated elder justice systems. This Elder Justice Community Collaborations project is administered by NCPEA for the NCEA and is supported in part by a grant (No. 90AM3145) from the Administration on Aging, U.S. Department of Health and Human Services. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging policy. For more information on the NCEA, please visit www.ncea.aoa.gov. For more information on NCPEA, please visit www.preventelderabuse.org.

PROJECT OBJECTIVE

This Request for Proposals supports the development of multi-disciplinary coalitions at the local level by providing on-site training and technical assistance to Area Agencies on Aging, Title VI Grantees, and/or community organizations interested in developing new (not currently existing) elder justice coalitions. If a state unit on aging is a single PSA (does not have designated area agencies on aging), they may be considered for a mini-grant under this RFP.

PROJECT DESCRIPTION

The NCEA will award through a competitive application process, 10 elder justice community collaboration mini-grants, each in the amount of \$10,000, dependent on satisfactory completion of the project. Grants will provide seed money to assist organizations in developing **new, local** multi-disciplinary elder justice networks to develop strategies to address detection, intervention and prevention

¹ Kasunic, M. L., Seibert, M., Turner, C., et al. (2004). Elder Abuse Prevention: Local Network Development Project 2004. Washington, DC: National Center on Elder Abuse (Unpublished Final Report).

of elder abuse, neglect, and exploitation. NCPEA will administer the grants and application process for the NCEA.

An initial payment of \$8,000 will be disbursed to each selected mini-grant awardee at the time of the award. The remaining \$2,000 will be disbursed upon satisfactory completion of the project criteria described below and submission of a final report by June 15, 2010.

For the NCEA, NCPEA shall:

- Provide a 1-day, on-site training workshop for each awardee on how to develop and sustain effective networks. In this interactive training session, participants will be guided by the trainers to identify: the coalition's mission, vision and values; project ideas; potential membership; leadership and infrastructure; frequency, time and location of coalition meetings; and strategies for monitoring the health and success of the coalition.
- Provide technical assistance to awardees consisting of:
 - A one-on-one, post-training mentoring teleconference, held within 60 days after the training, between the grantee and the trainers.
 - Three monthly group teleconferences among multiple training sites and the trainers in order to discuss and share progress made, issues, problems, solutions and promising practices.
 - Technical assistance phone calls and e-mails as needed/requested.

Mini-grant awardee shall:

- Schedule a training workshop in a timely manner and recruit at least 10 participants (25 to 50 are recommended). NOTE: In order to complete the required grant activities by May 31, 2010, the training should be scheduled no later than January 31, 2010.
- Participate in the training and four (4) follow-up teleconferences.
- Take care of local logistics. (Mini-grant awardee will not be responsible for trainers' travel expenses.)
- Develop a Strategic Plan for the coalition with guidance from the trainers.
- Conduct coalition meetings at least quarterly (monthly is recommended).
- Prepare and submit a final report by June 15, 2010, including items such as project outcomes, challenges faced and how they were addressed, how funds were used, and how the project will be sustained beyond the grant period. Specific guidelines will be provided to grantees. (A final budget report may be requested by May 31, 2010, in order to expedite release of the remaining grant funds.)
- Continue efforts for developing and maintaining an effective coalition beyond the grant period.

PROPOSAL GUIDELINES

Applicant Eligibility

Any Area Agency on Aging, Title VI Grantee, or community organization that is committed to developing a **new** elder justice network and receiving training and technical assistance. **Applicant must**

comply with all applicable federal statutes concerning non-discrimination, drug abuse, and prohibition against using federal funds to influence or attempt to influence members of Congress.

Application Due Date:

The deadline for submitting applications, by e-mail or by fax, is **Friday, August 28, 2009, at 5:00 p.m. EST.**

Grant Period:

October 1, 2009 – May 31, 2010

Submission Guidelines:

- **Length:** No longer than 5 pages
- **Format:** Single-spaced, Times New Roman 12-point font (or equivalent), with 1-inch margins
- **Content:**
 - Up to 3 pages of narrative, answering the questions on Page 5 of this RFP in the format presented. (Please include the questions as part of the narrative.)
 - One page listing the representatives and/or organizations that will participate in the training (minimum 10 required; 25-50 recommended). A list of suggested organizations to invite to participate in the coalition is included on the next page.
 - One page presenting a proposed budget reflecting how the \$10,000 mini-grant will be spent.

Method of submission:

- If submitted by **e-mail**, send to: ncpea@verizon.net
- If submitted by **fax**, send to: 202-223-2099

Proposal Review and Selection Process:

The NCPEA Proposal Review Committee will review the proposals and select the mini-grant awardees. All materials distributed to the reviewers as well as committee discussions are considered confidential. (A copy of the proposal review form is included at the end of this RFP.) Selected agencies will be notified on or before September 30, 2009.

For further information about this project, contact:

Pamela Teaster, Project Director

Phone: 859-257-1450, ext. 80196

E-mail: pteaster@email.uky.edu

**SUGGESTED TYPES OF ORGANIZATIONS/INDIVIDUALS TO INVITE TO PARTICIPATE IN
ELDER JUSTICE COMMUNITY COLLABORATIONS**

Area Agencies on Aging
Title VI Grantees
Adult Protective Services
Aging and Social Service Providers
Mental Health Organizations
Attorney General/County Attorney
Law Enforcement Agencies
Aging Organizations, e.g. AARP
Long-Term Care Ombudsmen
Medical and Health Care Entities
Domestic Violence Advocates
Long-Term Care Facilities
Emergency Responders
Veterans' Services
Faith-Based Organizations
Attorneys/Legal Assistance Providers
Citizen Representatives
Financial/Banking Entities
Victim Services
Academic Institutions
Courts
Sexual Assault Advocates
Elected Officials
Other Government Representatives
Corporation Commission
Senior Business Networking Groups
State Department of Insurance
Long-Term Care Insurance Providers
Public Fiduciary
Registrar of Contractors
Better Business Bureau
Trade Associations
Real Estate Brokers
Media

**ELDER JUSTICE COMMUNITY COLLABORATIONS
PROPOSAL REVIEW FORM**

Applicant Organization: _____

Objective	/	Actual Score	/	Total Possible
1) The applicant clearly addressed the need, gaps in service, and problems that exist in the community with regard to elder abuse.	/	_____	/	10
2) The applicant described perceived benefits of developing a new elder justice community collaboration to address the need, gaps, and problems.	/	_____	/	15
3) The applicant clearly described the role it would play in the network. Applicant would be the lead organization? Circle Yes or No	/	_____	/	10
4) If taking the role of lead organization, the applicant explained how it would staff the project.	/	_____	/	15
5) The applicant stated specific, quantifiable outcomes that will result from development of a new elder justice network.	/	_____	/	10
6) The applicant explained in detail how the network will be maintained and sustained	/	_____	/	15
7) The budget is relevant and reasonable for developing a new network.	/	_____	/	15
8) An appropriate number and variety of organizations/representatives were listed by the applicant as participants in the new coalition How many were listed? _____	/	_____	/	10
Final Score	/		/	100

Reviewer's Initials:

Reviewer Comments: