



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
August 18, 2009

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators
Fan Care Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: August 18, 2009

SUBJECT: Environmental Protection Agency (EPA) Aging Initiative Materials

Growing Smarter, Living Healthier

The Environmental Protection Agency's (EPA) Aging initiative will soon be releasing a new publication, "Growing Smarter, Living Healthier: A Guide to Smart Growth and Active Aging." It is intended for older adults who are interested in how our communities work and how we might help them become more age-friendly. The guidebook addresses the basic principles of neighborhood design and why community design matters and how becoming involved in community's decisions about growth can make it a better place to live. To place your order for a copy of this document, as well as other aging resources available from the EPA, please go to <http://www.epa.gov/aging/resources/factsheets/order.htm>

The EPA Aging Initiative has developed fact sheets outlining simple and important preventative steps to reduce exposure to environmental hazards and protect ones' health. The fact sheets are available in as many as 15 languages, and some of the most popular, "It's Too Darn Hot: Planning for Excessive Heat Events" and "Beat the Heat", have been developed into posters available in English and Spanish. For an electronic copy or to order hard copies of these fact sheets, please visit: <http://www.epa.gov/aging/resources/factsheets/order.htm> or e-mail aging.info@epa.gov.

The index is located at <http://www.epa.gov/aging/resources/factsheets/index.htm> .



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

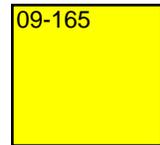
AND: Nutrition Directors
SFMNP Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: August 18, 2009

SUBJECT: Farm to Family Veggie Bus

For those of you interested in the local food movement, here is an innovative concept to get fresh, locally grown fruit and vegetables to urban and disadvantaged areas. I have not seen the Farm to Family bus "in operation" but I did see it driving around southside Richmond last week. Check the website – www.farmtofamilyonline.com Enjoy!



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: August 18, 2009

SUBJECT: Northern VA Fall Prevention Summit

Following is a flyer for a Fall Prevention Summit in Leesburg. Please feel free to distribute in your community.



October Fall Prevention 'Summit'

Reaching New Heights in Preventing Injury

Join us, the Northern VA Fall Prevention Coalition, to learn the **top** elements in preventing injury from falls, modeled from the Centers for Disease Control & Prevention (CDC) 'preventing falls' program. We will have presentations by keynote speakers, demonstrations with the latest in exercise & strength enhancement products.

You will:

- Learn will learn how to reduce fall risks for you, your parents, & reduce medical costs for your families
- Have personal time for questions & answers from our local experts
- Learn vision improvement & techniques to safe proof your home

Free to the Public, October 10, 2009 at Ida Lee Park, lower level recreation center, 10am - 2pm.

Don't miss this major event!

For more information or questions on this event, contact Bradley Ann Morgan at 703-999-1691 or Angela Domer at 703-728-5076.



09-166

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: 8/18/09

SUBJECT: Virginia Housing Search Website

Attached is a flyer describing the benefits of a new online listing service of available housing options for folks with low incomes. Go to <http://virginiahousingsearch.com/>

Attachment



Benefits

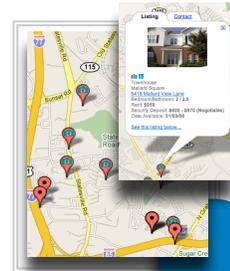
FREE housing listing and locator
for the state of Virginia

- A searchable, up-to-date, statewide listing of available Tax Credit, Section 8, accessible, subsidized, and market-rate housing
- Free to search, free to list, and supported by a toll-free, bilingual call center to maximize access to housing information
- Can link victims to housing and resources within hours after a disaster, complete with call center for intake and assessment
- Valuable services are available for public housing authorities and other housing agencies
- Agencies can decrease vacancy rates by marketing properties directly to qualified tenants through a centralized access point
- Restricted Access Special Needs Search feature lets landlords privately and securely promote housing to caseworkers serving special populations, increasing scattered-site housing options for clients with special needs
- The service generates comprehensive web stats that reveal data about housing supply and demand

Tenants & Landlords

Helpful, user-friendly site tools;
always free to list and search

- Search for housing by rent, property type, location, bed and bath amount, pet friendliness, and countless other criteria
- Printer-friendly search results can be sorted by preferences like rent and location
- Median income calculator and rent affordability tools help searchers locate the safe, decent properties they can afford
- A mapping feature displays search results on a map, and a proximity search can help residents find properties within a selected distance from desired locations such as work, school, or a family member's house
- Listings allow landlords to advertise properties in detail with pictures and information about security deposit, rent, eligibility requirements, neighborhood amenities, and much more
- Landlords can log in to their free accounts 24-7 to list, update, or mark listings as rented, or they can utilize the toll-free call center for help
- Units can be immediately marked as "rented" to avoid unwanted phone calls
- User-friendly listing tools help large property managers list multiple units quickly



Call Center Services

Toll-free, bilingual call center
increases accessibility

- Toll-free call center service is available in English and Spanish, 55 hours a week, and by phone, fax, mail, and email
- Call center staff help keep listings up to date and accurate, conduct housing searches for tenants and help owners and landlords input listings and update property information

