



COMMONWEALTH of VIRGINIA
Department for the Aging

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December 15, 2009

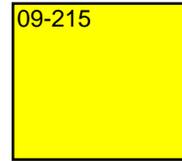
SUBJECT

VDA ID NUMBER

[Caregiving](#)
(Ellen Nau)

09-215

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COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: December 15, 2009

SUBJECT: Caregiving

Virginia Caregiver Coalition

The Virginia Caregiver Coalition, in partnership with Elaine Smith, Program Coordinator for Disease Prevention/Health Promotion at VDA and the Virginia Department of Health will present a program on suicide prevention on January 19, 2009 at 9:00 A.M. You can access this important program by attending at VDA or by securing a remote video conference site at a local Virginia Department of Health (VDH) site or other video conference location. I must get the IP address for your video conference site (if it is not a VDH location), the IT contact person and his/her contact information, and physical address of the site by **COB Monday, January 4**. I will then fill out the form that VDA IT staff gives to the videoconference personnel.

CMS Caregiver Workgroup Meeting

A CMS Caregiver Workgroup Meeting will be held Thursday, January 28, 2010 from 9:30 a.m. to 12:00 Noon (EST) at the Hubert H. Humphrey Building located at Conference Room 425A, 200 Independence Avenue, S.W. Washington, D.C. 20201. To facilitate participation by individuals outside the Washington, D.C. area, please call the toll-free# (800) 603-1774 with the passcode "caregiver" to participate by telephone.

Since the meeting is in a Federal building, please allow some time before the meeting to get to the building and through security with an identification card. Please RSVP via

email to Maria.Tracy@cms.hhs.gov by COB January 22, 2010. Ms. Tracy will send out directions and an agenda soon.

NAC RELEASES 2009 CAREGIVING IN THE U.S. SURVEY

Caregiving in the U.S. is a comprehensive examination of caregiving in America. According to the report, 29% of the U.S. adult population, or 65.7 million people, are caregivers, including 31% of all households. The survey can be accessed at <http://www.caregiving.org/>.

Caregiving in the U.S., which was funded by [MetLife Foundation](#) and conducted for the [National Alliance for Caregiving](#) in collaboration with [AARP](#) by [Mathew Greenwald & Associates](#), is the result of interviews with 1,480 caregivers chosen at random. The study was designed to replicate similar studies conducted in 2004 and 1997 and includes, for the first time, a sampling of those caring for children as well as those caring for adults over the age of 18.

The Health Consequences of Caregiving on Boomer Women

Caregiving in America: The Health Consequences of Caregiving on Boomer Women, is a review of the physical and emotional health consequences of providing care to family members and friends. Statistics show that women caregivers face negative health, financial and social consequences. For more information, visit: <http://www.ilcusa.org/>