



COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
January 12, 2010

SUBJECT	VDA ID NUMBER
ARRA Reporting Requirements (Tim Catherman)	10-02
Caregiving (Ellen Nau)	10-03
Chronic Disease Self-Management Program (SCSMP) Training and Cross Training in the Diabetes Self-Management Program (DSMP) (Elaine Smith)	10-04
Project 2025 Outcome and Evaluation Survey (Janet James)	10-05

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



10-02

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors, Area Agencies on Aging

FROM: Tim Catherman, Director of Administrative Services

DATE: January 12, 2010

SUBJECT: ARRA Reporting Requirements

Section 176.50(c) of the *Code of Federal Regulations* (CFR) requires ARRA fund recipients (VDA) and their first-tier recipients (AAAs and Title V programs) to maintain current registrations in the Central Contractor Registration (<http://www.ccr.gov>) at all times during which they have active federal awards funded with Recovery Act funds.

VDA has on file the Dun and Bradstreet Data Universal Numbering System (DUNS) Number (<http://www.dnb.com>) for each AAA and Title V program. We are not collecting your CCR registration number, but ask you to keep it on file in the event it is needed.

If you have any questions, please contact me via email (tim.catherman@vda.virginia.gov) or phone (804-662-9309).



10-03

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: January 12, 2010

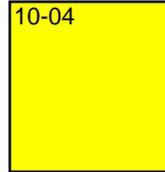
SUBJECT: Caregiving

The Virginia Caregiver Coalition

The Virginia Caregiver Coalition (VCC) will meet at 9:00 A.M. on January 19, 2010. Elaine Smith, VDA's Registered Dietitian and Human Services Program Coordinator is working with the Virginia Caregiver Coalition to present information and opportunities for training on suicide prevention. Ms. Smith represents VDA on the Suicide Prevention Task Force headed by the Department of Behavioral Health and Developmental Services. Featured speakers at the January 19 meeting are Marc Leslie and Christina Sloan of the Virginia Department of Health.

You are welcome to attend this educational meeting at the Virginia Department for the Aging Conference Room. Please let Ellen Nau at Ellen.Nau@vda.virginia.gov know if you plan to attend this event. Attendance may be available at various video conference sites throughout the Commonwealth. Please contact the appropriate VCC member about the attending at any of the following sites:

Mountain Empire Older Citizens, Inc.	Julia Trivett Dillon	jtrivett@meoc.org
Fairfax County AAA	Lucy Gerland	Lucy.Gerland@fairfaxcounty.gov
Marion/Mt. Rogers Health District	Libby Davis	ldavis@@smyth.net
Madison Health Department	Lynnette Scott	lscott@rrcsb.org
James Madison University	Kathleen Pantaleo	pantalka@jmu.edu
Peninsula/Newport News Health Dept.	Sharon Brandau	swdirector@paa.inc
Fredericksburg Health Department	Pat Holland	pholland@raaa16.org



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: January 12, 2010

SUBJECT: Chronic Disease Self-Management Program (CDSMP) Training and cross training in the Diabetes Self-Management Program (DSMP)

The Virginia Department of Health (VDH) is pleased to provide this training FREE of charge. Please review the following flyer and registration form and feel free to share it with your partners.

If you have any questions or are interested in having your organization participate, please contact Catherine Fields, CDSMP Coordinator at 804.864.7886.

You Can! Live Well, Virginia!

Master Training Fact Sheet

The Virginia Department of Health is pleased to provide free training for the evidence-based Chronic Disease Self-Management Program (CDSMP) with cross training in Diabetes Self-Management Program (DSMP). There are a couple of things you need to know if you are interested in attending the training:

1. Training is 5 consecutive days. Attendance is required each day to be certified in the program. The training will be held in the Richmond area.
2. Space is limited to 26 people.
3. The course must be co-taught by two people who are both certified as trainers in CDSMP and DSMP.
4. The training is **FREE!!!** All materials will be provided to participants. Books will be provided for use in conducting first community-based class.
5. Hotel reservations are the responsibility of the participant.

What you need to know before attending the training.

Your agency will need to sign a Memorandum of Agreement which:

- 1) Assures participants will teach at least two *Live Well* courses and two DSMP courses,
- 2) Assures participants will provide at least one leaders training, and
- 3) Assures program evaluation submittal to VDH *Live Well* Coordinator.

The Virginia Department of Health (VDH) is pleased to provide this training free of registration charge to interested organizations. In doing so, VDH asks that the above conditions are met for attending the training. Continental breakfast and lunch will be provided. Mileage, lodging or other travel expenses must be assumed by your agency.

Due to the costs of offering this class should you become unable to attend please notify Catherine Fields immediately at 804.864.7886. A class waiting list will be maintained should last minute cancellations occur.

For more Information:

Catherine Fields, CHES

CDSMP Coordinator

804.864.7886

Catherine.Fields@vdh.virginia.gov

<http://www.vahealth.org/cdpc/CDSMP/>

**Live Well
Virginia**
Division of Chronic Disease
Prevention and Control
www.vdh.virginia.gov



You Can! Live Well, Virginia!

Master Training Registration Form

March 29, 2010— April 2, 2010

Courtyard by Marriott, 10077 Brook Road, Glen Allen, VA 23059

Name:

Title:

Organization:

Address:

City, State, Zip:

Phone:

Email:

Lunch:

Vegetarian meal required _____

Other Dietary Needs _____

Mail or Fax completed form by March 8, 2010 to:

Catherine Fields, CHES

Division of Chronic Disease Prevention & Control

109 Governor Street, 10th Floor

Richmond, VA 23219

(804) 864-7886 Phone

(804) 864-7880 Fax

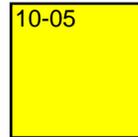
Catherine.Fields@vdh.virginia.gov

Due to the costs of offering this class should you become unable to attend please notify Catherine Fields immediately at 804.864.7886

**Live Well
Virginia**

Division of Chronic Disease
Prevention and Control
www.vdh.virginia.gov





COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Janet James, Esq. – State Legal Services Developer, Public Guardian
Program Coordinator

DATE: January 12, 2010

SUBJECT: *Project 2025 Outcome and Evaluation Survey*

I need your assistance please. We have successfully concluded the *Project 2025* Title III-B legal assistance grant funded by the Administration on Aging.¹ And while there are many exciting aspects of *Project 2025* that will still continue, we need to report specific outcome measures, including the results of this survey, in our final report to AoA. Please help us in “finishing well” by completing the attached survey.

Please take 5-minutes to complete the attached survey and return it to me by January 20, 2010. Thank you very much.

¹ *Project 2025: Enhanced Access to Legal Assistance for Older Adults in Virginia*, funded in part by model grant number 90AM3100 from the Administration on Aging (AoA). Grant period 9/30/06 to 12/31/09.



PROJECT 2025: ENHANCED ACCESS TO LEGAL ASSISTANCE FOR OLDER ADULTS IN VIRGINIA
Statewide Senior Legal Assistance Program • 9/30/06 to 12/31/09

Project Outcome and Evaluation Survey

*Instructions: Please complete this survey so that we may accurately capture outcome data and Stakeholder feed-back for our final report. **By January 20, 2010**, please fax or email completed surveys to Janet James at (804) 662-9354 or janet.james@vda.virginia.gov. Thank you.*

Part 1 – Stakeholder Type (Please check one)

- Area Agency on Aging (AAA)
- Legal Aid
- Private Attorney
- State Agency
- Aging Related Organization
- Other _____

Part 2 – Collaboration between AAAs and Legal Aid Programs

(Please indicate your response to each of the statements below)

As a result of *Project 2025* programs and activities:

- A. AAAs and Legal Aid Programs have a better understanding of each other’s role in Virginia’s legal assistance delivery system for older adults.
 Agree Disagree No Comment
- B. AAAs and Legal Aid Programs have a greater willingness to contact each other when questions arise within their respective service delivery areas.
 Agree Disagree No Comment
- C. Seniors in Virginia have increased access to legal assistance as a result of improved working relationships between the AAAs and Legal Aid Programs.
 Agree Disagree No Comment

Part 3 – Visibility of Legal Aid Programs and Helplines

(Please indicate your response to each of the statements below)

As a result of *Project 2025* programs and activities:

- A. You and/or your staff have a better understanding of the *TYPES* of legal assistance available to older adults in Virginia.
 Agree Disagree No Comment
- B. You and/or your staff have a better understanding of the ways in which your clients can *ACCESS* legal assistance in Virginia.
 Agree Disagree No Comment
- C. You and/or your staff have a better understanding of the legal aid *HELPLINES* (legal aid information by telephone, in multiple languages, by calling toll free to 1-866-534-5243 before or after normal business hours).
 Agree Disagree No Comment



Part 4 – Collaboration with the Private Bar

(Please indicate your response to each of the statements below)

As a result of *Project 2025* programs and activities:

- A. Lawyers in Virginia (the Private Bar) have a better understanding of the role of AAAs and Legal Aid Programs in Virginia’s legal assistance delivery system for older adults.
 Agree Disagree No Comment
- B. Lawyers in Virginia (the Private Bar) have a greater willingness to accept pro bono cases through a legal aid program serving older adults.
 Agree Disagree No Comment
- C. The Private Bar Involvement Committee (PBI) through Project 2025 has served to increase the number of trained attorneys in Virginia available and willing to accept elder law pro bono cases.
 Agree Disagree No Comment

Part 5 – Strategies to Reach Specific Target Populations

(Please indicate your response to each of the statements below)

As a result of *Project 2025* programs and activities:

- A. Residents in Virginia long-term care facilities and/or their caregivers have a better understanding of their legal rights regarding involuntary discharge from a nursing home.
 Agree Disagree No Comment
- B. Lawyers in Virginia (the Private Bar) have a greater willingness to accept nursing home discharge pro bono cases.
 Agree Disagree No Comment
- C. Older adults in rural areas of Virginia are more knowledgeable of the types of free legal assistance available to them and their legal rights.
 Agree Disagree No Comment
- D. Non-English speaking older adults in Virginia are more knowledgeable of the types of free legal assistance available to them and their legal rights.
 Agree Disagree No Comment

Part 6 – Role of the State Legal Services Developer

(Please indicate your response to each of the statements below)

As a result of *Project 2025* programs and activities:

- A. AAAs have a better understanding of the role of the Legal Services Developer as a critical part of Virginia’s legal assistance delivery system for older adults.
 Agree Disagree No Comment
- B. Legal Aid Programs have a better understanding of the role of the Legal Services Developer as a critical part of Virginia’s legal assistance delivery system for older adults.
 Agree Disagree No Comment
- C. Aging-related organizations and *Project 2025* Stakeholders have a better understanding of the role of the Legal Services Developer as critical part of Virginia’s legal assistance delivery system for older adults.
 Agree Disagree No Comment



D. Both AAAs/Aging-related organizations and Legal Aid Programs are more likely to approach the State Legal Services Developer with questions regarding Title III-B legal assistance and/or Virginia’s legal services delivery system.

Agree Disagree No Comment

Part 7 – Optional Comments

(Please include any additional comments you may have on the *Project 2025* initiative)

Thank You!

Acknowledgment

Project 2025 gratefully acknowledges the assistance of The Center for Social Gerontology (TCSG – Ann Arbor, MI) and the Administration on Aging (AoA – Washington, DC) for their expertise in developing this survey. And also to the various Stakeholders who have agreed to continue Project 2025 goals and objectives after grant funding ends 12/31/09. Thank you.