



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

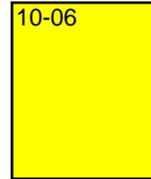
[Click here to go to the Virginia Department for the Aging Home Page](#)

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AAA TUESDAY E-MAILING  
January 20, 2010

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue, Suite 100, Richmond, Virginia 23229  
Toll-Free: 1-800-552-3402 (Voice/TTY) • Phone: 804-662-9333 • Fax: 804-662-9354  
E-mail: [aging@vda.virginia.gov](mailto:aging@vda.virginia.gov) • Web Site: [www.vda.virginia.gov](http://www.vda.virginia.gov)



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors  
Health Promotion and Disease Prevention Coordinators

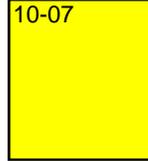
**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** January 20, 2010

**SUBJECT:** Report on Increasing Substance Abuse Levels among Older Adults

A new study released by the Substance Abuse and Mental Health Services Administration (SAMHSA) indicates that the aging of the baby boom generation is resulting in a dramatic increase in levels of illicit drug use among adults 50 and older. These increases may require the doubling of substance abuse treatment services needed for this population by 2020, according to the report. Substance abuse at any age is associated with numerous health and social problems, but age-related physiological and social changes make older adults more vulnerable to the harmful effect of illicit drugs use. "This study highlights the fact that older Americans face a wide spectrum of healthcare concerns that must be addressed in a comprehensive way," said Assistant Secretary for Aging, Kathy Greenlee. "The Administration on Aging is committed to working with SAMHSA and all other public health partners in meeting these challenges." The full report is online at <http://www.oas.samhsa.gov/2k9/168/168OlderAdults.cfm> .

Copies may also be obtained free of charge at <http://ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=18246>



**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ellen M. Nau, Program Coordinator

**DATE:** January 20, 2010

**SUBJECT:** Caregiving

**Weill Cornell Medical College Home Safety for Dementia Care**  
[www.ThisCaringHome.Org](http://www.ThisCaringHome.Org)

This award-winning website provides information on best practices and home safety for dementia care as well as social networking for caregivers. Caregivers can share information, ask questions, and find support from the on-line community.

The Home Safety-Virtual Care Section allows visitors to explore room-by-room research based solutions for home safety and daily care issues.

This website was funded by grants from several foundations including the Alzheimer's Association, Helen Bader Foundation, NEC Foundation, Retirement Research Foundation, and the Wallerstein Foundation for Geriatric Life Improvement.

For more information, contact Rosemary Bakker, Director, ThisCaringHome.org, rob2013@med.cornell.edu

**National Center on Caregiving (Family Caregiver Alliance)**

The National Center on Caregiving at Family Caregiver Alliance in partnership with ARCH Lifespan Respite Network and Resource Center brings a new Technical Assistance Newsletter to assist the Aging and Lifespan Respite Networks in family caregiver support and lifespan respite program development. **The Newsletter of the Technical Assistance Centers** offers timely information about best practices, key research findings, and policy trends related to family caregiving and lifespan respite. It includes additional listings of training opportunities and news from the Networks. It is a free newsletter delivered electronically every other month. Subscribe to receive **the Newsletter of the Technical Assistance Centers** at:

[http://caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=2366](http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2366). You can further shape the

activities of the **Technical Assistance Centers** and the content of the TA Newsletter to more closely meet your Caregiver Programming needs by giving us your feedback at:

<http://www.tfaforms.com/131649>. Read more about the FCA's partnership with ARCH at: [http://www.caregiver.org/caregiver/jsp/content/pdfs/AoA\\_120409\\_Exec%20Summary.pdf](http://www.caregiver.org/caregiver/jsp/content/pdfs/AoA_120409_Exec%20Summary.pdf).

### **Caring for a Depressed Elderly Parent Podcast**

This podcast features Moderator Neil Johnson and Julie Totten, president and Founder of Families for Depression Awareness, Gail Hunt, President and CEO of the National Alliance for Caregiving, and Jane Richardson who is a caregiver to her 78 year old mother who has bipolar disorder.

Among other topics, the podcast covers:

- The fact that while depression is not a normal part of aging; fifteen percent of the elderly suffer from it. That's twice as high as the general population.
- Elder care national telephone line (Eldercare Locator: 1-800-677-1116)
- The typical day of a caregiver
- Challenges for the caregiver
- Caregiver support

One important point the podcast emphasizes is that family caregivers themselves are at serious risk for exhibiting depression symptoms. The podcast provides resources for caregivers and family members of caregivers.

### **Caring for a Depressed Parent podcast**

<http://www.familyaware.org/podcasts/podcasts.php>

### **Helping an Older Adult Who is Depressed tip sheet**

<http://www.familyaware.org/downloads/seniortipsheet.pdf>

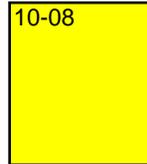
### **Article about the Caring for a Depressed Elderly Parent podcast**

<http://news.familyaware.org/caring-for-a-depressed-elderly-parent-podcast.html>

### **New Study on Caregiver Stress**

This new study in the journal *Stroke* discusses who is at risk for a stroke due to the stress of caregiving duties. For a summation of the article, see

<http://www.webmd.com/stroke/news/20100114/stress-of-caregiving-linked-to-stroke-risk>



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors  
Health Promotion and Disease Prevention Coordinators

**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** January 20, 2010

**SUBJECT:** Injury Prevention Funding Opportunity

The Virginia Department of Health, Division of Injury and Violence Prevention has released a new funding opportunity for local organizations to prevent unintentional injuries at the local level among high risk groups through the implementation of proven or promising unintentional injury prevention strategies. Organizations selected will receive funding of up to \$1,000 to purchase safety devices and other supplies to support and implement a prevention project. The mini-grant guidance and application follows and can also be downloaded by visiting <http://www.vahealth.org/Injury/community/index.htm>

## Preventing Unintentional Injuries Mini-Grant Guidelines

### Guidelines

|                                  |   |
|----------------------------------|---|
| <u>Funding Opportunity Name:</u> | Preventing Unintentional Injuries Mini-Grant  |
| <u>Funding Agency:</u>           | Virginia Department of Health, Division of Injury and Violence Prevention                               |
| <u>Project Periods:</u>          | Option I: March 15, 2010 – May 31, 2010<br>Option II: June 1, 2010 – August 31, 2010                    |
| <u>Award Amount:</u>             | Up to \$1,000 Reimbursable Grant  |
| <u>Application Submission:</u>   | Option I: January 20, 2010 through February 12, 2010<br>Option II: April 1, 2010 through April 30, 2010 |

### Project Description

Injuries represent an enormous public health crisis that is often underestimated by the general public due to lack of knowledge of the true impact of injury. Injuries are the third leading cause of death for all Virginia residents and the leading cause of death for Virginians between 1 and 40 years of age. 3,965 Virginia residents died as a result of injury in 2007. Fatalities are not the only result of an injury. Non-fatal injuries can have long lasting implications on the lives of the victim as well as family and other caregivers. In Virginia during 2007, 42,093 Virginians were hospitalized because of an injury and an estimated 421,700 were treated in emergency departments and urgent care centers for an injury. Upon further analysis of the 2007 data, it was determined that 82% of injury hospitalizations and 66% of injury deaths were unintentional in nature and represented the majority of injuries in Virginia.

A common misconception about unintentional injuries is that they are randomly occurring accidents. However, epidemiologic studies have shown that the causes of injuries are predictable and preventable and that the occurrence of injuries can be affected by examining injury patterns, groups at high risk and potentially modifiable factors.

Funding is now available for local organizations throughout Virginia to prevent unintentional injuries at the local level among high risk groups through the implementation of proven or promising unintentional injury prevention strategies. Organizations selected will receive funding of up to \$1,000 to purchase safety devices and other supplies to support and implement a prevention project.

### Eligibility

1. Only organizations or agencies operating in the Commonwealth of Virginia are eligible to apply.
2. Only electronic applications submitted by email will be accepted. Completed applications should be emailed to [minigrantapplication@vdh.virginia.gov](mailto:minigrantapplication@vdh.virginia.gov). Electronic copies of this application are available at <http://www.vahealth.org/Injury/community/index.htm>.
2. Applicants must propose a project that seeks to reduce a leading cause of unintentional injury or a local emerging injury issue.

3. Projects must implement a best or promising injury prevention strategy.

4. Projects should be supported with local data. Applicants are encouraged to visit the Division of Injury and Violence Prevention's Virginia Online Injury Reporting System, <http://www.vahealth.org/Injury/voirs/index.htm>, for local injury-related hospitalization and death data.

### Application Due Dates

Applicants have two opportunities to apply for funds to support a prevention project depending on the project implementation period.

Option I: Applications, with a project period of March 15, 2010 through May 31, 2010, will be accepted beginning January 20, 2010 through February 12, 2010.

Option II: Applications, with a project period of June 1, 2010 through August 31, 2010, will be accepted beginning April 1, 2010 through April 30, 2010.

### Mini-Grant Guidance

1. All applications should be submitted using the electronic application form available at <http://www.vahealth.org/Injury/community/index.htm> and emailed to [minigrantapplication@vdh.virginia.gov](mailto:minigrantapplication@vdh.virginia.gov)

2. Prevention projects must seek to reduce a leading cause of unintentional injury or a local emerging unintentional injury issue using a proven or promising injury prevention strategy. Examples include but are not limited to:

- Bicycle safety rodeos
- Bicycle helmets
- Carbon monoxide alarms
- Child passenger safety
- Toy safety/recalls
- Fall prevention for older adults
- Home safety for young children
- Hot object/substance burn prevention for young children and older adults
- Life jackets
- Parental supervision of children
- Playground safety
- Poison prevention
- Safe sleep for infants
- Skating safety
- Sports-related concussions among young athletes
- Teen drivers
- Water safety for children, adolescents and teens

3. Fire prevention projects are currently funded through the Get Alarmed, Virginia! program and therefore will not be funded through this opportunity at this time. For more information about the Get Alarmed, Virginia! program visit: <http://www.vahealth.org/Injury/getalarmedva/index.htm>

3. The budget should reflect project activities. Funds can be used to purchase safety devices such as bike helmets, carbon monoxide alarms, life jackets or educational materials such as videos, brochures, etc. Food, incentives, travel, and personnel costs are NOT reimbursable under the terms of this award.

4. This is a reimbursable grant. Grantees will be responsible for paying for approved budget items upfront. To receive reimbursement of any approved budget expenditures, grantees will be required to submit an invoice

(form to be supplied by the Division of Injury and Violence Prevention) and supporting documentation (receipts, packing slips). All reimbursement requests must be received within 30 days of the completion of the project.

5. Grantees will be required to submit a progress report (form to be supplied by the Division of Injury and Violence Prevention) within 30 days of the completion of the project.

6. Only applications submitted for projects within each of the identified project periods will be considered.

8. Direct programmatic questions to: Heather Board; 804-864-7738; [Heather.Board@vdh.virginia.gov](mailto:Heather.Board@vdh.virginia.gov)

## Preventing Unintentional Injuries Mini-Grant Application

The electronic application form is available at <http://www.vahealth.org/Injury/community/index.htm>

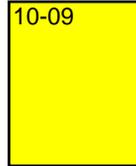
### I. Contact Information

|  |  |                          |  |                          |  |
|--|--|--------------------------|--|--------------------------|--|
| 1. Organization/Agency Name:   |  |                          |  |                          |  |
| 2. Mailing Address (Street, City, State, Zip)                                    |  |                          |  |                          |  |
| 3. Shipping Address-if different from mailing address (Street, City, State, Zip) |  |                          |  |                          |  |
| 4. FEI/FIN Number:   |  |                          |  |                          |  |
| 5. DUNNS#  |  |                          |  |                          |  |
| 6. Contact Name and Title  |  |                          |  |                          |  |
| 7. Contact E-mail Address  |  |                          |  |                          |  |
| 8. Contact Phone Number  |  |                          |  |                          |  |
| 9. Contact Fax Number  |  |                          |  |                          |  |
| 10. Project Period (Select One)  | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%; text-align: center;"><input type="checkbox"/></td> <td style="width: 50%; text-align: center;">Option I<br/>Project Period March 15,<br/>2010 – May 30, 2010</td> <td style="width: 25%; text-align: center;"><input type="checkbox"/></td> <td style="width: 25%; text-align: center;">Option II<br/>Project Period<br/>June 1, 2010 –<br/>August 31, 2010</td> </tr> </table> | <input type="checkbox"/> | Option I<br>Project Period March 15,<br>2010 – May 30, 2010      | <input type="checkbox"/> | Option II<br>Project Period<br>June 1, 2010 –<br>August 31, 2010 |
| <input type="checkbox"/>   | Option I<br>Project Period March 15,<br>2010 – May 30, 2010  | <input type="checkbox"/> | Option II<br>Project Period<br>June 1, 2010 –<br>August 31, 2010 |                          |  |

### II. Project Description

|  |  |
|--|--|
| 1. Identify the issue to be addressed by the injury prevention project.  |  |
| 2. Describe why the injury prevention project is needed in your community.   |  |
| 3. Provide a detailed description of the target audience for the injury prevention project.  |  |
| 4. Identify the goal for the injury prevention project. The goal should broadly identify what will be accomplished at the conclusion of the project. |  |
| 5. Identify the objectives for the injury prevention project. The objectives should  |  |





*COMMONWEALTH of VIRGINIA*  
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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors  
Health Promotion and Disease Prevention Coordinators

**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** January 20, 2010

**SUBJECT:** Handouts from Suicide Prevention Presentation to the VA Caregiver  
Coalition

Following are the handouts from the Suicide Prevention Presentations given on January 19, 2010 at the VA Caregiver Coalition Meeting. If you would like the actual power point documents, please let Ellen Nau or myself know and we will email them to you.

Also, Marc and Christina are available to provide information and training anywhere in Virginia. As Christina related, the suicide prevention trainings are free of charge to

participants. Marc is also very willing and able to research, provide, and interpret statistical and demographic data for any localities. We encourage you to make use of these valuable resources. Their contact information is below.

Marc Leslie, VVDRS Coordinator  
Address: 737 N. 5th Street, Suite 301  
Richmond, VA 23219  
Phone: 804-205-3855  
E-mail: [marc.leslie@vdh.virginia.gov](mailto:marc.leslie@vdh.virginia.gov)  
Webpage: <http://www.vdh.virginia.gov/medExam/NVDRS.htm>

Christina Sloan, MPH  
Suicide Prevention Manager  
804-864-7736  
[Christina.sloan@vdh.virginia.gov](mailto:Christina.sloan@vdh.virginia.gov)  
[www.preventsuicideva.org](http://www.preventsuicideva.org)

## Elder Suicide in Virginia: 2003-2007

Marc Leslie  
Virginia Violent Death Reporting System  
Office of the Chief Medical Examiner  
Virginia Department of Health

Presentation for the Virginia Caregiver Coalition  
January 19, 2010



## Pop Quiz

1. How many Virginians committed suicide from 2003 to 2007? (Hint—there were 2,131 homicides).
2. What is the median age of someone who commits suicide in Virginia?
3. Is suicide more common among males or females in Virginia?
4. What are the three most common weapons used to commit suicide in Virginia?

2

## Answers

1. 4,216 suicides (about twice the number of homicides)
2. 46 years old
3. Males
4. Firearm (57.0%), Hanging/Suffocation (18.9%), and Poison (18.1%)

3

## Outline of Presentation

- Overview of the National Violent Death Reporting System (NVDRS) and the Virginia Violent Death Reporting System (VVDRS)
- Suicide in Virginia: 2003-2007
- Elder suicide in Virginia: 2003-2007

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## Overview of the National Violent Death Reporting System (NVDRS) and the Virginia Violent Death Reporting System (VVDRS)

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## Overview of NVDRS

- Surveillance project funded by the Centers for Disease Control and Prevention (CDC); currently in 18 states
- Suicide, homicide, legal intervention, undetermined cause/manner, unintentional firearm injury, and terrorism deaths
- Data is abstracted into a standardized database that is used by all participating states
- Collects information on persons who have died from injuries – excludes non-fatal injuries

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Overview of VVDRS

- VVDRS is the operation of the NVDRS in Virginia
- Began in late 2003
- Use same database and coding manual as other states; also use our own database
- Limited by where the victim lived and was injured
- Located in the Office of the Chief Medical Examiner (OCME); office with legal authority over all cases relevant to NVDRS
- Information primarily from OCME, Division of Vital Records, law enforcement departments, and Department of Forensic Science

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Overview of NVDRS/VVDRS

**Primary Data Elements**

- Demographics (e.g., age, race, sex, education)
- Residential information of victim (e.g., address)
- Address of injury/type of location where injured
- Date/time of injury
- Method of fatal injury (e.g., firearm)
- Cause and manner of death
- Toxicological findings
- Circumstances

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**General Overview of  
 Suicide in Virginia: 2003-2007  
 Demographics**

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Suicide in Virginia: 2003-2007

Demographic Elements

- ❖ Gender
- ❖ Race
- ❖ Ethnicity
- ❖ Age

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Suicide in Virginia: 2003-2007

|                  | #            | Rate         |
|------------------|--------------|--------------|
| <b>Gender</b>    |              |              |
| Male             | 3,243        | 17.5         |
| Female           | 973          | 5.1          |
| <b>Race</b>      |              |              |
| White            | 3,655        | 13.0         |
| Black            | 480          | 6.0          |
| Asian            | 92           | 4.9          |
| Native American  | 4            | 2.9          |
| <b>Ethnicity</b> |              |              |
| Non-Hispanic     | 4,106        | 11.6         |
| Hispanic         | 110          | 4.9          |
| <b>TOTAL</b>     | <b>4,216</b> | <b>100.0</b> |

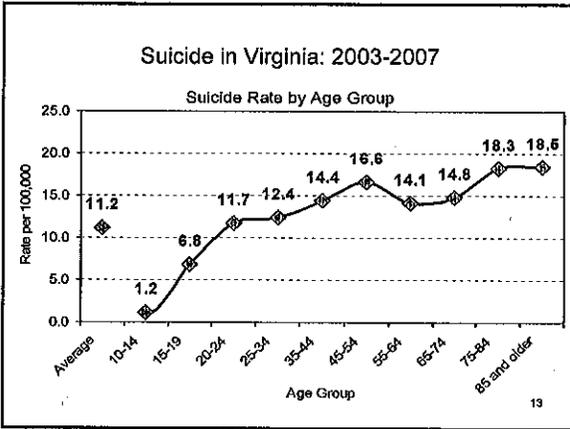
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Suicide in Virginia: 2003-2007

The White male suicide rate is nearly twice the rate for Black males, more than three times the rate for White females, and almost ten times the rate for Black females.

|                         | #     | Rate |
|-------------------------|-------|------|
| <b>Race/Gender</b>      |       |      |
| White male              | 2,797 | 20.1 |
| Black male              | 376   | 10.2 |
| White female            | 658   | 6.1  |
| Black female            | 84    | 2.1  |
| <b>Ethnicity/Gender</b> |       |      |
| Hispanic male           | 92    | 7.6  |
| Hispanic female         | 18    | 1.7  |

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## Elder Suicide in Virginia: 2003-2007

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### Elder Suicide in Virginia: 2003-2007

This presentation focuses on persons who:

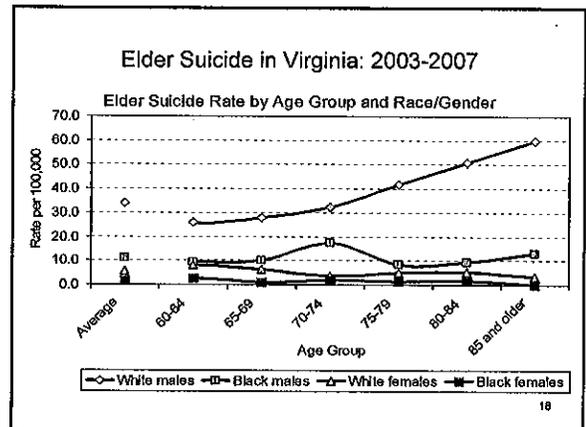
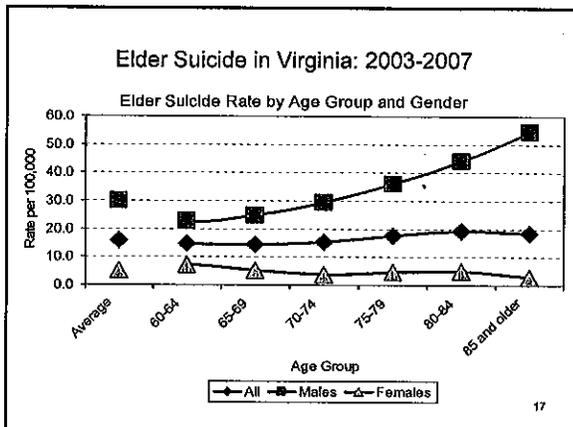
- Died between 2003 and 2007
- Manner of death is suicide (completed suicides only)
- Were age 60 or older at time of death ( $n = 970$ )

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## Elder Suicide in Virginia: 2003-2007

### Age

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## Elder Suicide in Virginia: 2003-2007

### Method of Fatal Injury

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### Elder Suicide in Virginia: 2003-2007

#### Method of Fatal Injury

- More than one method of fatal injury can be used per suicide (e.g., combining poison and drowning), and a person may use multiples of a single method (e.g., multiple poisons).
- Three methods of fatal injury – firearms, poison, and hanging/suffocation – account for 93.3% of suicides.
- Firearms are primary method of fatal injury in Virginia, but not in all states. For example, in New Jersey 28.6% of all suicides involve a firearm.

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### Elder Suicide in Virginia: 2003-2007

Methods of fatal injury (n = 10 or more persons):

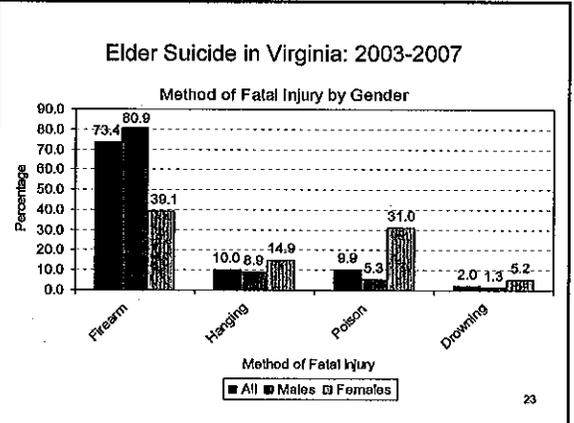
- Firearm (73.4%)
- Hanging/Suffocation (10.0%)
- Poison (9.9%)
- Drowning (2.0%)
- Sharp Instrument (2.0%)
- Fall (1.9%)

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### Elder Suicide in Virginia: 2003-2007

Method of fatal injury differs significantly for males and females, especially as pertains to use of firearms and poisons

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## Elder Suicide in Virginia: 2003-2007

### Impact of Marital Status

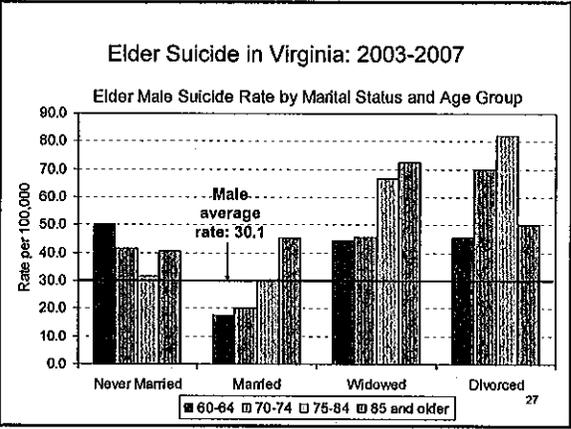
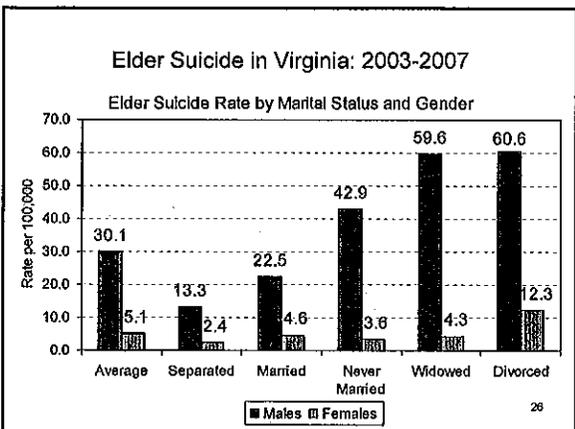
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**Elder Suicide in Virginia: 2003-2007**

**Males:** Marital status significantly impacts suicide rates. Being married or married but separated reduces suicide risk. Being never married, widowed, or divorced increases risk.

**Females:** While divorce increases risk, other marital statuses actually *decrease* the suicide risk.

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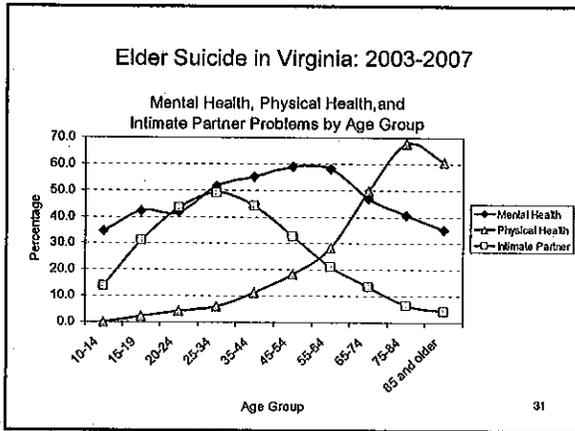
**Elder Suicide in Virginia:  
 2003-2007**

**Selected Circumstances**

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- Elder Suicide in Virginia: 2003-2007**
- Circumstances: Overview
- Explain why someone committed suicide
  - Describe life stressors/events at time of suicide (may or may not be know reasons why victim committed suicide)
  - Reported primarily from law enforcement and OCME investigations
  - Multiple criteria; different for each circumstance
- 29

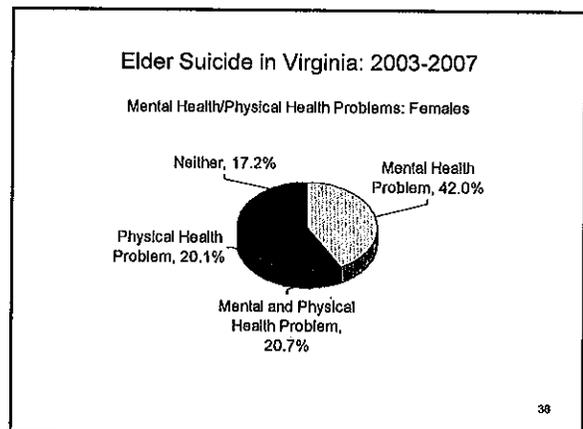
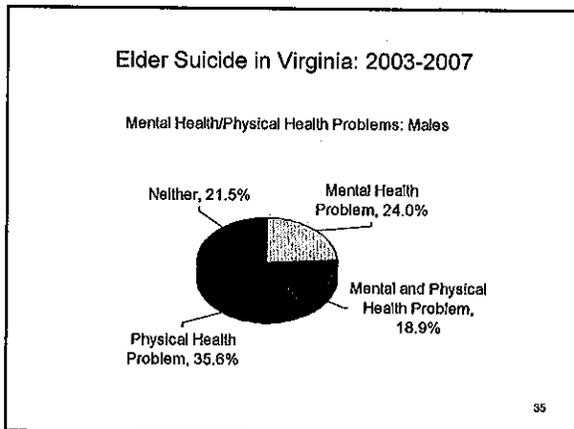
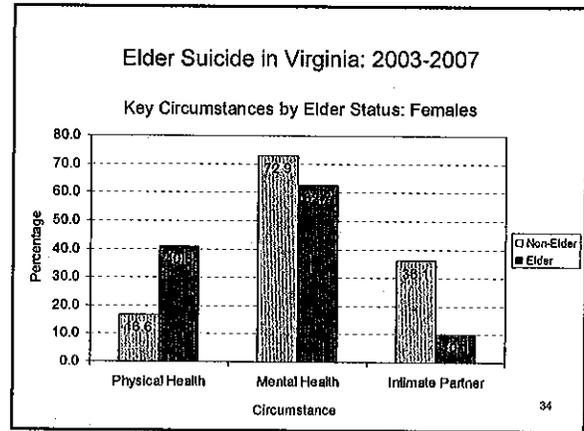
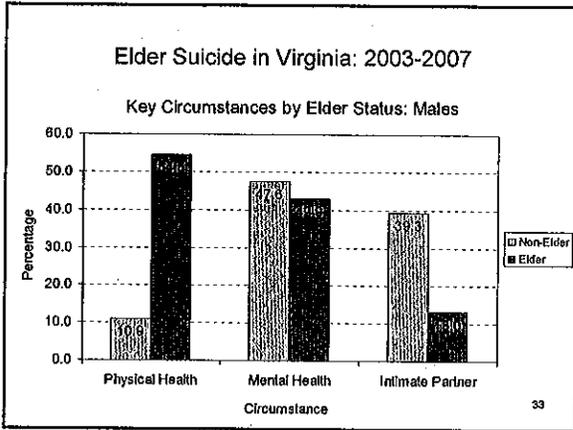
- Elder Suicide in Virginia: 2003-2007**
- Most Common Suicide Circumstances
- ❖ Mental health problems
  - ❖ Physical health problems
  - ❖ Intimate partner problems
- At least one of these three circumstances are endorsed for 84.8% of all elder suicide victims
- 30



### Elder Suicide in Virginia: 2003-2007

In general, as persons age, suicides are more likely to be related to physical health problems than to mental health problems or intimate partner problems. However, this pattern does not hold as strongly for females.

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**Elder Suicide in Virginia: 2003-2007**

Common Suicide Circumstances

- ❖ Warning signs of suicide
  - Disclosing intent to commit suicide
  - Prior suicide attempts

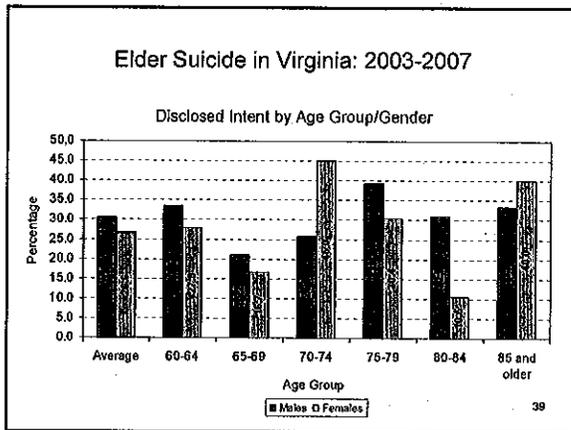
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**Elder Suicide in Virginia: 2003-2007**

Common Suicide Circumstances

- ❖ Disclosed intent to commit suicide
  - Overall, 29.7% of elders disclosed intent to commit suicide, explicitly or implicitly
  - To count as disclosed intent, there must have been time for intervention between the disclosure and the infliction of the fatal injury

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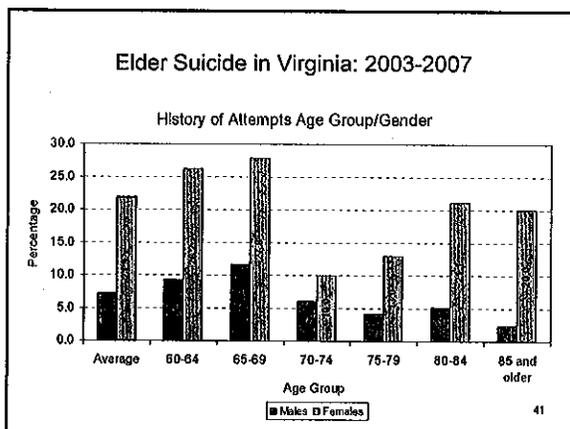


**Elder Suicide in Virginia: 2003-2007**

Common Suicide Circumstances

- ❖ History of suicide attempts
  - Overall, 9.8% of elders had a prior suicide attempt

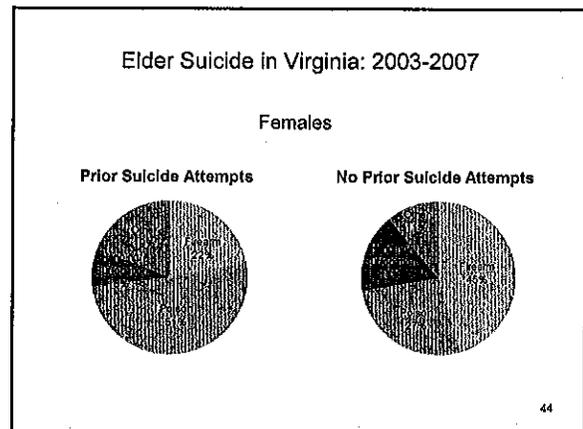
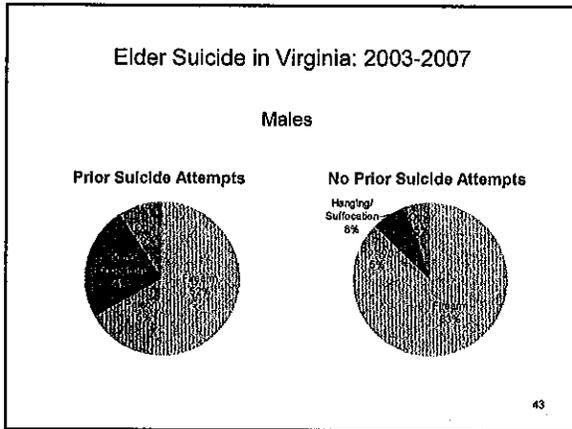
40



**Elder Suicide in Virginia: 2003-2007**

Having a history of suicide attempts influences choice of weapon used in fatal injury. Those without a history of attempts tend to use more lethal weapons in the completed suicide.

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Elder Suicide in Virginia: 2003-2007

Combined, 36.1% of elder suicide victims disclosed intent to commit suicide and/or had a history of suicide attempts

This means that greater than one-third of elder suicide victims were known to be or to have been suicidal.

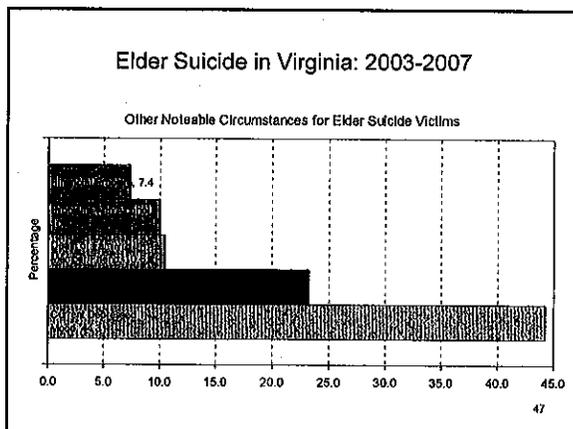
45

Elder Suicide in Virginia: 2003-2007

Common Suicide Circumstances

❖ Other notable suicide circumstances

46



Elder Suicide in Virginia: 2003-2007

**Conclusions**

- Elder suicide rates are highest among Whites and males
- Most suicides involve use of a firearm to inflict fatal injury, but method of fatal injury is influenced by gender and if there were prior suicide attempts
- Physical health and mental health problems were common factors in elder suicides
- More than one-third of elder suicide victims talk about committing suicide and/or have a history of suicide attempts

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Information on Prevention

Christina Sloan  
Youth Suicide Prevention Manager  
Division of Injury and Violence Prevention

Address: 109 Governor Street, 8<sup>th</sup> Floor  
Richmond, VA 23219

Phone: 804-864-7736

E-mail: [christina.sloan@vdh.virginia.gov](mailto:christina.sloan@vdh.virginia.gov)

Webpage: <http://www.vahealth.org/injury/>

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Information on Prevention

National Suicide Prevention Lifeline

1-800-273-TALK

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

50

Questions, Data Requests

Marc Leslie, VVDRS Coordinator

Address: 737 N. 5<sup>th</sup> Street, Suite 301  
Richmond, VA 23219.

Phone: 804-205-3855

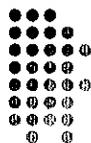
E-mail: [marc.leslie@vdh.virginia.gov](mailto:marc.leslie@vdh.virginia.gov)

Webpage: <http://www.vdh.virginia.gov/medExam/NVDRS.htm>

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## Older Adult Suicide Prevention

Division of Injury and Violence Prevention  
Virginia Department of Health  
January 19, 2010



## Suicide Prevention...

Identify people at risk  
Ask and Listen  
Refer them to help



## Gatekeeper Training

- Gatekeeper training is the process by which individuals acquire basic suicide prevention and intervention skills. Anyone can be a gatekeeper.
- Trainings are available by request and offered free of charge to the public.
- Contact Christina Sloan if you would like to schedule a training.



## QPR (Question Persuade Refer)

- Training for general audiences that teaches general awareness about suicide, the warning signs of suicidal thinking and behavior, and the three basic intervention skills that can help avert the tragedy of suicide.
- Training Time: 1-2 hours
- Website: <http://www.qprinstitute.com/>



## safeTALK (Suicide Alertness for Everyone)

- Teaches participants to recognize and **engage** persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention. SafeTALK stresses safety while challenging taboos that inhibit open talk about suicide.
- Training Time: 3 hours
- Website: <http://www.livingworks.net/ST.php>
- Demo: <http://www.livingworks.net/flash/safetalk.html>



## ASIST (Applied Suicide Intervention Skills Training)

- Intensive, interactive and practice-dominated workshop designed to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide. The learning process is based on adult learning principles and involves highly participatory workgroups. Graduated skills development is achieved through mini-lectures, facilitated discussions, group simulations, and role plays. ASIST is the most widely used, acclaimed and researched suicide intervention training workshop in the world.
- Training Time: 2 full days
- Website: <http://www.livingworks.net/AS.php>
- Demo: <http://www.livingworks.net/flash/assist.html>



## Mental Health Professionals

- Trainings for licensed mental health professionals who work with patients on an ongoing basis.
- Contact Christina Sloan for information on scheduled trainings.

## AMSR (Assessing and Managing Suicide Risk)

- Workshop for mental health professionals that will help them better assess suicide risk, plan treatment, and manage the ongoing care of at-risk clients. ***This training does not include skills practice.***
- Training Time: 1 day
- Website:  
<http://www.sprc.org/traininginstitute/amr/clincomp.asp>

## RRSR

(Recognizing and Responding to Suicide Risk)

- Training based on established core competencies that mental health professionals need in order to effectively assess and manage suicide risk. The goal is for clinicians to be confident, competent, and prepared to meet the needs of distressed clients and their families. ***This training does include skills practice.***
- Training Time: 2 full days
- Website: <http://www.suicidology.org/web/guest/education-and-training/rrsr>

## Primary Care Providers

### Suicide Prevention Toolkit for Rural Primary Care

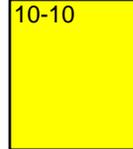
- Web-based toolkit that contains information and tools to implement state of the art suicide prevention practices in primary care practices.
- Toolkit will help providers:
  - engage patients and those around them in managing their own suicide risk
  - develop partnerships with mental health providers, regardless of how far away they may be
  - provide posters for display in office, schools, and churches, and wallet cards listing warning signs for suicide and the number of the national crisis line.
- Website: <http://www.sprc.org/pctoolkit/index.asp>
- Hard copies of the toolkit and materials are available from VDH; contact Christina Sloan.

## Resources

- Suicide Prevention Resource Center
  - <http://www.sprc.org/>
  - Best Practice Registry
- National Suicide Prevention Lifeline (1-800-273-TALK)
  - <http://www.suicidepreventionlifeline.org/>
  - Materials

## Contact Information

Christina Sloan, MPH  
Suicide Prevention Manager  
804-864-7736  
[Christina.sloan@vdh.virginia.gov](mailto:Christina.sloan@vdh.virginia.gov)  
[www.preventsuicideva.org](http://www.preventsuicideva.org)



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ben C. Garrett  
Outreach and Education Coordinator

**DATE:** January 20, 2010

**SUBJECT: Virginia Department of the Treasury Unclaimed Property**

A segment of the TRIAD meeting I attended on January 14, 2010, was on unclaimed property. Attached is a powerpoint presentation on the Virginia Treasury Department, Division of Unclaimed Property.

In 2009, the citizens of Wise County received over \$1 million in stocks and cash from this agency. I also received a check for over \$300.00. It was suggested that you check each year

I hope this information is informative and useful.

# Unclaimed Property!?

*What exactly are we talking  
about here?*



**We are a division of the  
Department of the Treasury.**



**Treasurer Manju Ganeriwala**

# It's the law

Virginia Unclaimed Property Act of 1961

Treasurer becomes Custodian

# Purpose of the Unclaimed Property Law

- Threefold purpose:
  1. Protect the interests and property rights of the lost owner
  2. Relieve the holder from the expense and liability associated with the property
  3. Ensure that any economic windfalls benefit the public, not the chance possessor

# Some of the items we're holding include



Uncashed Checks

Safe Deposit Boxes



**Rebate**  
Earn as much as **\$1,200** for your Senior year's tuition!  
Here's how!

A collage of images including a soccer player in a yellow jersey, a student in a red shirt, and a stack of money.

**We've received over one  
BILLION dollars since 1961**

**and the amount is always  
growing!**



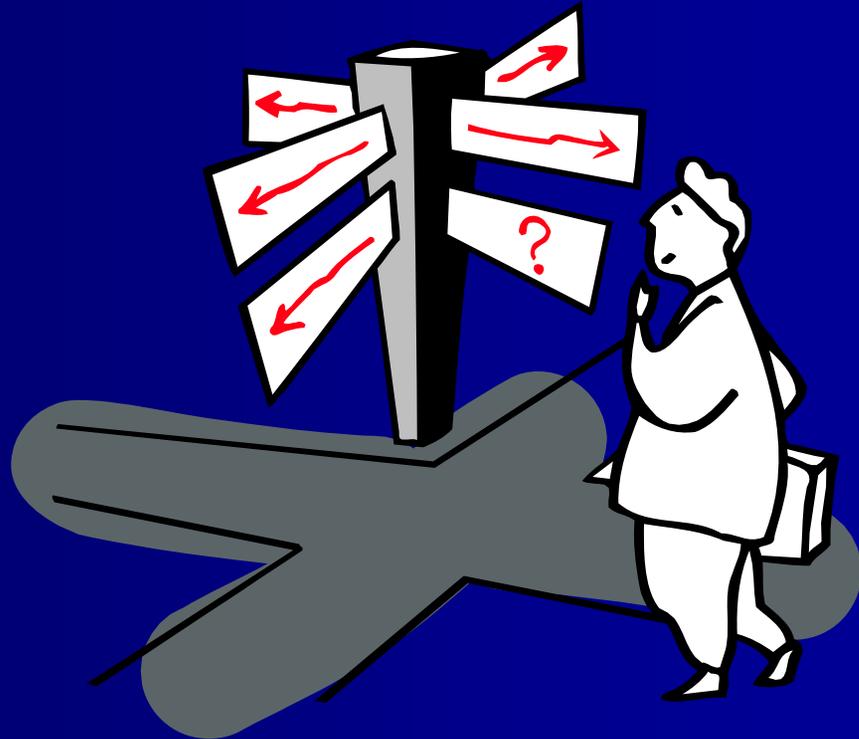
One in seven Virginians  
has unclaimed property.



# Everyone should know...

1. **How property becomes unclaimed**
2. **How to look for missing money**
3. **How to avoid losing property**

# How does property become unclaimed?



# Property becomes unclaimed when...

- the holder has not had contact with the owner of the property for a specified period of time.
- there has been no activity generated by the owner.



# How can I look for missing money?



- Anyone can look for unclaimed funds in their name online.
- Go to [www.VaMoneySearch.org](http://www.VaMoneySearch.org)

# 1. Click on the search icon.

To learn more about a topic, click on a picture.



Frequently Asked Questions & general information



See if the Commonwealth is holding your forgotten funds



Check your inquiry status



NVTA claim form & instructions



Resources to Report & Remit Property



Invite a representative to your event to search for funds



## 2. Select search by name.

### Unclaimed Property Search

The Virginia Department of the Treasury's Unclaimed Property Division may be holding your uncashed paychecks, lost stocks, bonds, dividends, utility deposits, insurance claims and more.



[Search your name](#) for unclaimed property in Virginia



Skip the property search and go directly to the [Unclaimed Property Inquiry Form](#)



Inquire about a name published in the [newspaper](#)



Check your [inquiry status](#)



Submit a claim for a [Northern Virginia Transportation Authority Refund](#)

# 3. Enter your name.

Step 1 of 5

To search for Unclaimed Property, type your name in the box below and click the "Search" button. You may also search for your family members by entering their name in the boxes below.

Detailed Search  Simple Search

Detailed Search

First Name

Middle Name

Last Name (required)

Search

# 4. Add any properties that match your address.

«« First « Previous Page  of 1 Next »» Last »»»

Search Results



New Search

Select

Name ▼

Last Known Address



**Add**

Potter , Harry James

Fredericksburg ,VA

Select ADD to add an item to your SAVED ITEMS list.

Select "I'm Finished" to submit an inquiry for these items.



Clear My Items

I'm Finished ▶

# 5. Review and confirm all properties.

| Confirmation  |                |                    |                   |
|---|----------------|--------------------|-------------------|
| Remove  | Name           | Last Known Address | Agency            |
|  <b>Remove</b> | Potter , Harry | Fredericksburg ,VA | Virginia Treasury |

 **New Search**  **Submit**

# 6. Provide your former addresses.

Enter previous HOME or BUSINESS addresses for the person or business you are submitting. The more addresses you enter, the more chance we will find your property.

Enter the ADDRESS, CITY and ZIP CODE then click the "Add" button to add each address. Click the "Edit" button to edit an address that you have already entered.

| Previous Virginia Addresses |                      |       |                      |                                    |
|-----------------------------|----------------------|-------|----------------------|------------------------------------|
| Address                     | City                 | State | Zip Code             |                                    |
| <input type="text"/>        | <input type="text"/> | VA    | <input type="text"/> | <input type="button" value="Add"/> |

Select "I'm Finished" when you are finished adding ALL addresses.

◀ Previous

I'm Finished ▶

# 7. We correspond via email, phone, and mail.

\* Current Mailing Address

\* City  \*State  \* Zip Code (5 Digit)

\* Email Address

\* Verify Email

Telephone  -  -



**It's quick and easy!**



# No computer?



- Request a search in writing:

Virginia Department of the  
Treasury

Unclaimed Property Division

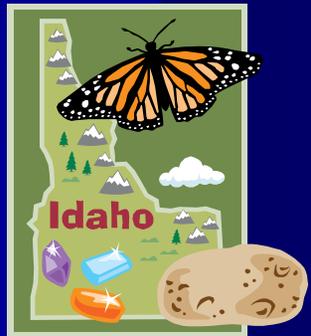
P.O. Box 2485

Richmond, VA 23218



Every state has an  
unclaimed property  
program!

Visit:



[missingmoney.com](http://missingmoney.com)<sup>sm</sup>

# How can I avoid losing my property?

- Notify all businesses of new address
- Renew Forwarding Order after 6 months

# How can I avoid losing my property?

- Contact banks annually
- Make a list of assets, investments, and policies

# Partnering with SALT & TRIAD

- Perfect audience
  - Higher the age, higher the chance
- Partnership builds trust
  - Citizens will feel better providing personal information
- Shared Goal
  - Protection

# Partnership

Let us provide Outreach!



# Kaine uses town halls to dole out money



Kaine

## Some in audiences received funds for unclaimed property

BY OLYMPIA MEOLA  
Times-Dispatch Staff Writer

During Gov. Timothy M. Kaine's town-hall meetings throughout the state, he took feedback and then he gave back.

Staff members from the state's Division of Unclaimed Property accompanied Kaine on 16 of his 20 trips to run attendees' names through a database of unclaimed money turned over to the state, including tax returns, stocks, utility deposits and uncashed paychecks.

By the last meeting, they had found 342 people or organizations owed a total of \$65,000.

Those who attended cashed in. As it turned out, the state even owed Kaine money at one point.

Kaine learned on a visit to the treasury office early in his gubernatorial career, before he knew the office of unclaimed property existed, that he had money coming to him.

"I ended up walking away with a \$700 check. And it was right before Christmas, so it was perfect," he told the town-hall crowd in Fredericksburg.

The money trail continued along his tour. The Loudoun County school system learned when

## Giving back

The state's unclaimed-property division has collected more than \$1 billion since its founding in 1961.

Find out if you have money waiting by clicking on this story at [inRich.com](http://inRich.com).

See **PROPERTY**, Page A9

## Property

From Page A1

Kaine held a town-hall meeting in the county that it was owed about \$7,000, Kaine said. And the mayor of Wytheville cashed in on Kaine's stop there.

"I think it's a hoot," said Mayor Trent Crewe, whose wife also was in the system. "We made a little over \$10 between the two of us."

The division has received more than \$1 billion in unclaimed property since its inception in 1961, said Brooke Bredel, marketing specialist for the division, which was started chiefly to protect the rights of absentee owners and to reunite people with their property.

Businesses must report unclaimed property to the state after a certain period of dormancy. The state then holds the money in perpetuity, meaning

it's never absorbed into the general fund or used to pay for, say, roads.

The office does allow the state's literary fund to borrow money at a low interest rate while the office waits to pay claims.

So how do you find out if you are the one in every seven people in Virginia who has money waiting?

Log on to [www.vamoneysearch.org](http://www.vamoneysearch.org) and click to search unclaimed property in Virginia. Type in your name and see what comes up. The division also publishes owners' names in newspapers annually.

Sometimes recipients will receive a check in the mail for only a few dollars or so. But you never know, Crewe said. "The moral of the story is, everybody needs to check."

• Contact Olympia Meola at (804) 649-6812 or [omeola@timesdispatch.com](mailto:omeola@timesdispatch.com).

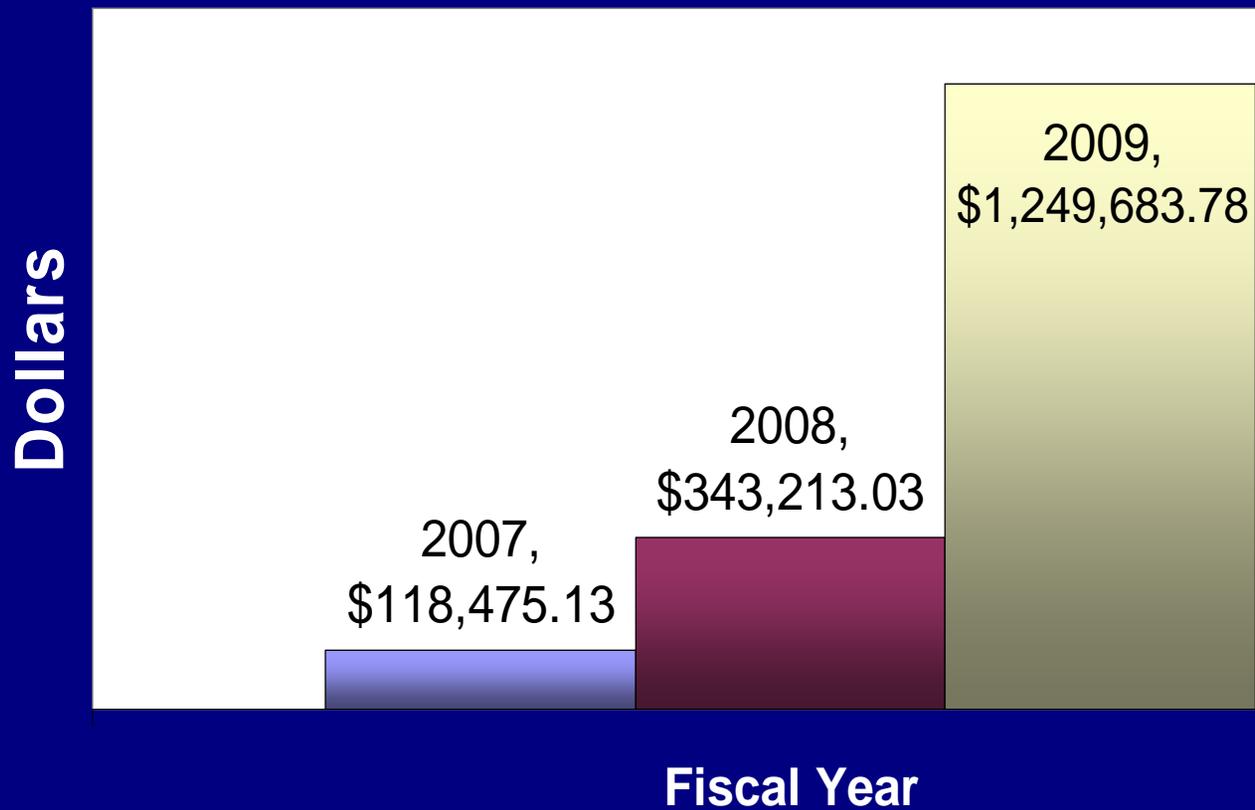
# Richmond Times-Dispatch

THURSDAY, JULY 3, 2008

50¢ • VIRGINIA'S NEWS LEADER • INRICH.COM • A MEDIA GENERAL NEWSPAPER • FINAL

# Results

## Money Returned Through Outreach



# Most Successful Events

| Event Name  | Location        | # of names checked | # hits | # misses | \$ Total        | Shares  |
|---|-----------------|--------------------|--------|----------|-----------------|---------|
| Better with Age sponsored by AARP VA  | Williamsburg    | 498                | 79     | 419      | \$ 14,521.22    | 64      |
| House & Senate Public Hearings (Alexandria, Newport News, Charlottesville, Lynchburg) | multiple loc.   | 485                | 138    | 347      | \$ 16,265.03    | 387.591 |
| City Tax Deadline   | Charlottesville | 1583               | 278    | 1305     | \$ 33,352.77    | 160.2   |
| Newport News Women's Networking   | Newport News    | 140                | 101    | 39       | \$ 35,560.02    | 0       |
| TRIAD   | Smithfield      | 522                | 112    | 410      | \$ 46,176.77    | 478     |
| State Fair of Virginia  | Richmond        | 847                | 209    | 638      | \$ 49,913.89    | 977     |
| Governor's Community Cabinet Day  | Penninsula      | 165                | 26     | 139      | \$ 83,745.77    | 0       |
| Washington County Fair  | Abingdon        | 1950               | 372    | 1578     | \$ 193,783.00   | 117.237 |
| Virginia Kentucky Fair and Horse Show   | Wise            | 2451               | 549    | 1902     | \$ 663,291.49   | 24270.8 |
|   |                 |                    |        |          | \$ 1,136,609.96 |         |



2008 - Office of the Governor of Virginia



# Partnership

## Link us to your webpage!

The image shows a screenshot of the Virginia.gov website homepage. At the top, there is a navigation bar with the text "Virginia.gov Online Services | Commonwealth Sites | Help | Governor" and a search box labeled "Search Virginia.gov" with a "GO" button. Below this is a banner image featuring a butterfly and flowers, with the text "OFFICIAL WEB SITE OF THE COMMONWEALTH OF VIRGINIA".

The main content area is divided into several sections:

- TOPICS:** A vertical list of links including Home, Government, Employment, Business, Education, Family, Tourism and Travel, and Facts and History.
- EXPLORE VIRGINIA:** A section with a map of Virginia and the text "all communities".
- TRAFFIC:** A section with links for "511 Virginia Road Conditions", "Highway Safety", "HOV Lanes", "Road Alerts", and "Rest Areas/Welcome Centers".
- ONLINE SERVICES:** A horizontal row of four service tiles: "eProcurement", "Unclaimed Property Look-up", "Healthcare License Renewal", and "Healthy Virginia's Scorecard".
- NEWS:** A section at the bottom left, currently empty.
- CITIZENS, STUDENTS, STATE EMPLOYEES:** A horizontal navigation bar with sub-links like "Commonwealth Calendar", "Services", "Newcomers", "Travel and Tourism", and "More >>".
- GOVERNOR:** A section featuring a photo of Governor Tim Kaine and the text "Tim Kaine and Contact Page" and "Branches: Executive, Legislative and Judicial".
- STAY CONNECTED:** A section with social media and utility links: "Live Help", "RSS Feeds", "Twitter", "Facebook", "Podcasts", "YouTube Virginia YouTube", and "Get and Share".
- ALERTS:** A section at the bottom right with links for "Emergency Notifications" and "Winter Weather Alerts".

Additional elements include a "Home >" link, "contact us | text size" options, and a "GO" button in the search box.

Brooke Bredel

PR and Marketing Specialist

Virginia Department of the  
Treasury

[Brooke.bredel@trs.virginia.gov](mailto:Brooke.bredel@trs.virginia.gov)

804-371-0928