



COMMONWEALTH of VIRGINIA
Department for the Aging

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March 9, 2010

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: March 9, 2010

SUBJECT: MOWAA President and CEO Enid Borden Addresses Washington Forum

For your possible interest, following is a link to MOWAA President/CEO, Enid Borden's remarks delivered to Kathy Greenlee, Assistant Secretary for Aging, U. S. Administration on Aging, at the Washington, DC, Reauthorization Listening Forum on February 25, 2010.

<http://www.mowaa.org/Page.aspx?pid=508>

I find that it takes a little while to load, so you may need to be patient.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie Roeper, Assistant Commissioner

DATE: March 9, 2010

SUBJECT: Webinar Sponsored by NCOA: Volunteers as Leaders: A Proven Model to Enhance Organizational Capacity

Date: March 11, 2010

Time: 2:00 PM EST - 3:00 PM EST

Type: Webinar

Register. <http://www.ncoa.org/calendar-of-events/webinars/volunteers-as-leaders-a.html>

Speakers: Nancy Fuhrman, Vice President, Consulting/Professional Development, and Yvette Schmidt, Manager Volunteer Resources, Executive Service Corps of Chicago

Discover:

- Real examples of how to expand your organization's capacity by partnering with leadership-level volunteers in new ways.
- Proven strategies to scale up and bring volunteers to a place where you can entrust them to manage programs and other volunteers autonomously.
- How to define, communicate, and maintain standards for recruiting, screening, and selecting new volunteers; conducting orientation, training, and continuing professional development; matching volunteer assets and strengths to client needs and other roles; and assessing, contracting, and assuring quality results for clients, program management, and more.



10-32

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: March 9, 2010

SUBJECT: Fan Care survey

This year will mark the **20th anniversary** of the Fan Care Program supported by Dominion. To ensure that the program is still meeting the needs of Virginia's seniors, Dominion has requested that VDA conduct a survey of the AAAs regarding the use of Fan Care funds for fans and air conditioners, as well as, ideas for changes or improvements in the program. Please complete the attached survey and return it via email to elaine.smith@vda.virginia.gov no later than **March 19th**. Thank you.

Fan Care Program Survey

Agency information

Agency name: _____ **Telephone** _____

Region(s) covered by agency: _____

Signature _____ **Date** _____

1. How long have you administered Fan Care? ____ How much allocation do you receive? ____
2. Is your current allocation sufficient in meeting the needs of eligible clients? If not, please explain. _____

3. Do you use all allocated funds each year? ___ Yes ___ No Explain _____

4. Do you carry over a balance? ___ Yes ___ No Explain _____

5. How effective do you think the fan program is in your region? Does it meet the needs of seniors in your area? _____

6. Would you prefer to be able to use a higher percentage of funds for air conditioners? If yes, what percentage? _____
7. Do you have installation or delivery issues with A/C units? ___ Yes ___ No Explain _____

8. Where do you purchase your fans and A/C units? _____
9. How can we use the funds allocated more effectively to serve seniors? _____

10. What suggestions do you have to improve the program? _____

Please return by March 19 to Elaine Smith at Elaine.Smith@vda.virginia.gov



10-33

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: AAA Directors and Program Staff
FROM: Faye D. Cates, MSSW, Human Services Program Coordinator
DATE: March 9, 2010
SUBJECT: 2010 Joint Conference on Guardianship, Elder Rights, and Disability Services

The 2010 Joint Conference on Guardianship, Elder Rights, and Disability Services will be held April 26 -27, 2010, at Sheraton Richmond West Hotel. Attached is the conference brochure and registration form. The conference starts with a look at health care reform. The key note address will be on *Demystifying the New Health Care Decisions Act: What Does It Mean For You*. There are 20 workshops and the conference always provides great opportunities for networking. The cost of the conference is \$210 by March 31 for non-VGA members and \$250 there after. Please share this information with the appropriate program staff.

2010 Joint Conference
on
Guardianship, Elder Rights, and
Disability Services

* * * * *

Presented by
Virginia Guardianship Association
and
Virginia Elder Rights Coalition

* * * * *

April 26 and 27, 2010
Sheraton Richmond West Hotel

VGA has pending applications with the organizations listed below to be a sponsor for continuing education:

- ◆ The Executive Secretary of the Supreme Court of Virginia to approve continuing education credit for lawyers who are already qualified as guardians ad litem for incapacitated persons;
- ◆ The Virginia State Bar for MCLE credits for attorneys;
- ◆ The National Association of Social Workers for CEUs for social workers; and
- ◆ The National Association of Long Term Care Administrator Boards for CEUs for Nursing Home Administrators.



Indicates sponsorship by the Virginia Board for People with Disabilities.

Virginia Guardianship Association Federal ID #: 54-1655346

Monday, April 26, 2010

10:00—10:30 **Registration and Continental Breakfast**



10:30—11:45 **KEYNOTE ADDRESS**

DEMYSTIFYING THE NEW HEALTH CARE DECISIONS ACT: WHAT DOES IT MEAN FOR YOU AND YOUR CLIENTS?

Nathan A. Kottkamp, Esq.

Stephen D. Rosenthal, Esq.

Susan C. Ward, Esq.

In 2009, The Virginia General Assembly made important changes in healthcare decisions law, and additional changes were before legislators in 2010. A panel of experts who served on the advance directives drafting committee of the Supreme Court's Commission on Mental Health Law Reform will offer a straight-forward explanation of the act's key provisions on assessment of capacity, authority of health care agents, what happens when an individual protests health care treatment, and who can make decisions when there is no advance directive. Understand the new law and question the experts!

11:45 -12:00 **BREAK**

12:00-1:00 **WORKSHOP SESSION I**

Workshop 1: **Bill Kallio, State Director, AARP**

HEALTH CARE REFORM: WHAT HAPPENED AND HOW DOES IT AFFECT YOU?

Congress has been attempting to reform a health care system that costs too much, leaves too many out and does not always deliver the quality we expect for our health care dollars. This presentation will give a brief overview on legislative action to reform America's health care system. We will review legislation that passed and highlight how the private health insurance market and public programs such as Medicare and Medicaid will change as a result. Special emphasis will be placed on information particularly important to older citizens and persons with disabilities.

 **Workshop 2 :** **Julie A. Stanley, Director, Community Integration for People with Disabilities**

THE OLMSTEAD PROMISE: THE FIRST 10 YEARS

In its 1999 *Olmstead v. L.C.* decision, the U.S. Supreme Court held that unjustified isolation of individuals with disabilities in institutional settings violates Title II of the Americans with Disabilities Act. This workshop will offer a review of the Olmstead case and what it means for people with disabilities. The presentation will focus on the actions the Commonwealth of Virginia has undertaken to assure compliance with this decision. Specific progress and continuing barriers will be addressed.

Monday, April 26, 2010

**Workshop 3: Mary Chiles, Healthcare Consulting LLC,
Claire Curry, Esq. Chair, Community Partnership for Improved Long-
Term Care and Director, Civil Advocacy Program, Legal Aid Justice
Center**

***THE CMS NURSING HOME RATING SYSTEM: HOW MANY STARS DOES THE “FIVE STAR
SYSTEM” GET?***

In December of 2008, the Centers for Medicare and Medicaid Services rolled out its “Five Star Rating System” after a multi-year effort to come up with a “user-friendly” system by which consumers could compare the relative quality of nursing homes. While many consumers have found the Five Star System very useful, there has also been considerable criticism by those — including nursing home operators — who hold that the system is flawed and does not reflect fairly on facilities. Critics have called for the rating system to be suspended while revisions are undertaken. This session will present separate perspectives in a discussion of where we need to go from here in providing information of vital interest to consumers.

Workshop 4: Martha Harris, Infection Control Practitioner (ICP) Inova Health System

INFECTION PREVENTION AND CONTROL IN NON-HOSPITAL LONG TERM CARE FACILITIES

The 2010 president of the Association for Professionals in Infection Control and Epidemiology (APIC) has advocated over many years for infection control in long term care settings. Join her and learn and discuss:

- ◆ Basics of Infection Control
- ◆ The Elements of the Chain of Infection
- ◆ List the Elements of Standard Precautions and Transmission Based Precautions
- ◆ Give details about MRSA, VRE, *Clostridium difficile*, *Norovirus* and *Seasonal Influenza*

Review case studies and discuss the role of advocates, guardians, ombudsman and protective services.

1:00-1:15 **BREAK**

1:15-2:30 **LUNCH**

Annual Meeting for VGA, Presentation of VERC annual Elder Rights Award, and as a special treat, a brief musical program by Charles Vasaly, Esq. (a member of the VGA board) leading the Lee Jammers who provide musical entertainment and education to elders in nursing homes and other settings in Northern Virginia.

2:30-2:45 **BREAK**

Monday, April 26, 2010

2:45-3:45 **WORKSHOP SESSION II**

Workshop 5: **Bob Blancato, Esq.**

THE ELDER JUSTICE ACT — WHERE WE ARE TODAY

The National Coordinator for the Elder Justice Coalition will give an update on the status of the Elder Justice Act and related elder justice legislation before Congress.

Workshop 6: **Claire Curry, Esq.**

THE COMMUNITY PARTNERSHIP FOR IMPROVED LONG-TERM CARE: A MODEL FOR COLLABORATIVE ADVOCACY

Learn how one region has created a viable organization to work toward increasing the caregiver's voice to improve the quality of Long-Term Care.

Workshop 7: **Janet D. Richards, MA, Ph.D.**

INSTITUTIONAL ETHICS IN LONG-TERM CARE SETTINGS: WHAT'S A GUARDIAN FOR? SERVING THE CLIENT'S INTERESTS WHEN GOOD PEOPLE DISAGREE

The fundamental issue that will be considered in this workshop is determining clients' best interests when they can no longer speak for themselves, or never could. The guardian or the care facility has the responsibility to make decisions consonant with what best serves the client's needs and preferences, not those of the facility or guardian. These needs and interests can be elusive or controversial, especially if life-threatening medical conditions arise. It is the nature of an ethical dilemma that well-meaning people disagree. The group will identify and explore issues through case study discussion.

Workshop 8: **Sally Balch Hurme, Senior Project Manager AARP Education and Outreach**

Newnie Rogers, Virginia Estate Plans PLC, Virginia Bar Association Wills Trusts & Estates Committee

INTERSTATE GUARDIANSHIP CHAOS: HOW THE UNIFORM ACT CAN HELP

Interstate guardianship cases can frustrate courts, attorneys, families and guardians with inordinate delays, unnecessary expenditures and needless confusion. A national expert will discuss how the Uniform Adult Guardianship and Protective Proceedings Jurisdiction Act can help; and a Virginia Bar Association leader will describe where it stands in Virginia and what you can do. Hear the latest!

3:45-4:00 **BREAK**

Monday, April 26, 2010

4:00-5:00 **WORKSHOP SESSION III**

Workshop 9 **John M. Powell, Esq.**

THE NUTS AND BOLTS OF GUARDIANSHIP LAW

The presentation is designed to introduce attorneys, social workers and others interested in guardianship to the basics of Virginia law and practice. The presentation will be directed to those with little or no previous experience serving as counsel for a petitioner or guardian ad litem, but wish to practice more in the field.

 **Workshop 10:** **Dana Traynham, Esq., VOPA**

DECISION-MAKING OPTIONS FOR CHILDREN REACHING ADULTHOOD

My child is turning 18 — do I need to apply for guardianship? We will explore the legal issues involved when a child with a disability becomes an adult. We will discuss guardianship, alternatives to guardianship, and what the law says about decision-making by and for people with disabilities.

Workshop 11 **Jennifer B. Aulgur, Director, Triad & Citizen Outreach, Office of the Attorney General**

WHO'S HANDS ARE IN GRANDMA'S WALLET?

This workshop will cover the top frauds and scams that target senior citizens. Methods of prevention will be reviewed as well as resources for information and reporting elder fraud.

Workshop 12 **Jayne D. James, MSN, PMHCNS-BC, RN**

BABY BOOMERS: AGING AND MENTAL HEALTH — BY THE YEAR 2030, THERE WILL BE OVER 70 MILLION

Ms. James will discuss: Who are the “Baby Boomers”? Aging and mental health issues of BB. Current statistics regarding BB. A look at current best practices. Is there access to care? Are we prepared? There will be a presentation of a BB case scenario and time for questions and answers.

Tuesday, April 27, 2010

8:00- 9:00 **Continental Breakfast**

9:00-10:00 **WORKSHOP SESSION IV**

Workshop 13: **David Godfrey, Esq.**

READING BETWEEN THE LINES: LEGAL ISSUE SPOTTING ON THE FRONT LINES

The eyes and ears on the front line are in a prime position to identify legal issues and connect clients with attorneys. The key to legal issue spotting is looking for patterns of facts that raise red flags that legal help might be needed. This workshop will identify the most common types of hidden legal issues and review skills for spotting fact patterns that warrant referral to an expert for further investigation.



Workshop 14: **Michael Smull**

HELPING PEOPLE MOVE TO A BETTER LIFE: USING PERSON-CENTERED THINKING SKILLS

Whenever someone moves, it should be to a better life. But what does a better life look like and how do you address issues of health and safety in the context of a better life? This presentation describes how you can use person-centered thinking skills to develop a description of how someone would like to live where there is a balance between those things that make the person happy and those things that keep the person healthy and safe.

Workshop 15: **Dr. Gary Oberlinder, MD, FACP**

ASSESSING DECISION-MAKING CAPACITY

This workshop will review the medically appropriate and legally defensible assessment of individuals with actual or suspected cognitive dysfunction that could affect their decision-making capacity. The discussion will cover the role of family members, guardians, estate planning attorneys, and physicians in assessing the individual's decision-making capacity. Recommendations will be based on current peer-reviewed literature and the presenter's 29 years of clinical experience. The workshop will consist of a didactic presentation, case studies and group discussion.

Workshop 16: **Elizabeth L. Wildhack, Esq.**

A CODE OF ETHICS FOR GUARDIANS

This workshop is a review of the NGA Model Code of Ethics for Guardians in light of Virginia law and Virginia legal ethics.

10:00-10:30 **BREAK**

Tuesday, April 27, 2010

10:30-11:30 **WORKSHOP SESSION V**



Workshop 17: Adrienne Johnson, M.S

NAVIGATING THE NAVIGATORS: VIRGINIA NAVIGATOR UPDATE

VirginiaNavigator (www.VirginiaNavigator.org) is a web resource for seniors and adults with disabilities and their families and/or caregivers. The website provides information and access to local programs and services across Virginia. This session will provide you with an understanding of the web interfaces VirginiaNavigator, SeniorNavigator, disAbilityNavigator and related resources and how to utilize them to assist clients and their families

Workshop 18: Bonita Hogue, MSW, LCSW, C-SWHC

TAKING BACK YOUR POWER: TURNING COMPASSION FATIGUE INTO COMPASSION SATISFACTION

Helping professionals are at risk of developing compassion fatigue. Competing professional and personal expectations, less time to meet expected demands, and the intensity of client situations increase the probability of experiencing compassion fatigue. This interactive workshop will review the signs of compassion fatigue and identify strategies for achieving compassion satisfaction.

**Workshop 19: Madelynn Herman, Department of Judicial Planning, Supreme Court of Virginia
Steven Traubert, Virginia Office of Protection and Advocacy (VOPA)**

OPENING THE COURTHOUSE DOOR

Older Virginians and people with disabilities, including those involved in guardianship proceedings, need to get into the courthouse and courtroom, hear and understand what is going on, and have accommodations to enable their participation. Find out about court accessibility, common barriers and ideas for overcoming them in the Commonwealth from a representative of the Virginia Office of Protection and Advocacy and from the Virginia Supreme Court. Court access is key to elder rights!

10:30-12:00

Workshop 20 Janet James, Esq. and Faye Cates, MSSW

MANDATORY TRAINING FOR PUBLIC GUARDIANS

For Your Information . . .

Conference Accommodations The Sheraton Richmond West Hotel is offering room rates for the conference of \$102 single or double. To get this special rate, room reservations must be made by March 26, 2010. The toll-free number for room reservations is 1-800-325-3535. **Early reservations are recommended.**

Join Virginia Guardianship Association We invite you to join Virginia Guardianship Association. One year membership fees are as follows: (You may add your membership fees to your conference registration fee.)

Individual: \$35

Organization: \$50 (This membership entitles employees of your organization to register for the conference at member rates.)

Membership benefits include:

- ◆ Reduced VGA/VERC Conference fees
- ◆ Quarterly newsletter
- ◆ Virginia Guardianship Handbook (initial)
- ◆ VGA voting privileges
- ◆ Association with a network of professionals working to strengthen guardianship and related services
- ◆ Support of legislative advocacy for guardianship issues.

Join Virginia Elder Rights Coalition VERC welcomes your membership. Ask for a membership form at the membership table.

Virginia Board for People with Disabilities The Virginia Board for People with Disabilities has made available a limited amount of money for scholarships to pay for tuition to attend this conference. The funds are to support participation of individuals with development disabilities who are of limited financial means. Please contact Sue Dvoskin at VGA if you have an interest in this scholarship. Eligible persons may apply for a scholarship by emailing suedvoskin@yahoo.com or telephoning (804)-261-4046. Funds for scholarships are limited and are available on a first-come basis.

Free Continuing Education Credits Attorneys, Social Workers, Nursing Home Administrators, and Guardians ad litem who are registered for the conference are eligible for continuing education credit without additional cost. (See front of this brochure.)

Interpreter Services: Requests for Interpreter Services or other special services must be made by April 1, 2010. Call the VGA office at (804) 261-4046 or email suedvoskin@yahoo.com to make a request.

Vegetarian Meals: If you desire a vegetarian meal, please note that request on your registration form or contact suedvoskin@yahoo.com.

VGA 2010 CONFERENCE REGISTRATION FORM

Please include your check with this registration form; this form CANNOT be submitted electronically.

- (1) Please submit a separate form for each attendee.
- (2) Complete each section by typing in the shaded box.
- (3) Fill in your name as you want it to appear on your name tag.
- (4) Print two copies -- one for your confirmation and one to be mailed to VGA with your check.
- (5) Enclose your check and mail to VGA at the address below.
- (6) The entire VGA 2010 Conference Brochure can be downloaded at www.vgavirginia.org. For questions, please contact our Executive Director, Sue Dwoskin, at 804-261-4046 or suedwoskin@yahoo.com.

Last Name First Name

Title Organization

Email Address AC Phone

Mailing Address

City State Zip

2010 VGA CONFERENCE WORKSHOP SCHEDULE				
Session I	Session II	Session III	Session IV	Session V
Monday, April 26, 2010	Monday, April 26, 2010	Monday, April 26, 2010	Tuesday, April 27, 2010	Tuesday, April 27, 2010
12:00 - 1:00	2:45 - 3:45	4:00 - 5:00	9:00 - 10:00	10:30 - 11:30
<input type="checkbox"/> #1	<input type="checkbox"/> #5	<input type="checkbox"/> #9	<input type="checkbox"/> #13	<input type="checkbox"/> #17
<input type="checkbox"/> #2	<input type="checkbox"/> #6	<input type="checkbox"/> #10	<input type="checkbox"/> #14	<input type="checkbox"/> #18
<input type="checkbox"/> #3	<input type="checkbox"/> #7	<input type="checkbox"/> #11	<input type="checkbox"/> #15	<input type="checkbox"/> #19
<input type="checkbox"/> #4	<input type="checkbox"/> #8	<input type="checkbox"/> #12	<input type="checkbox"/> #16	
<input type="checkbox"/> #20	Tuesday, April 27, 2010	10:30 - noon	Required Public Guardianship Training	

If you have a special need, e.g. vegetarian meal, please indicate it here, and we will try to accommodate your request.

CONFERENCE FEES

There will be no refunds of registration fees after April 1, 2010.

VGA Members	Non-VGA Members
If postmarked ON or BEFORE March 31, 2010	If postmarked ON or BEFORE March 31, 2010
<input type="checkbox"/> \$160.00	<input type="checkbox"/> \$210.00
If postmarked AFTER March 31, 2010	If postmarked AFTER March 31, 2010
<input type="checkbox"/> \$210.00	<input type="checkbox"/> \$250.00

FEES ENCLOSED	
VGA Conference Fee	<input type="text"/>
VGA 2010 Membership Fees	
<input type="radio"/> INDIVIDUAL (\$35)	<input type="radio"/> ORGANIZATIONAL (\$50)
Total Amount Enclosed	<input type="text"/>

Print two copies of this registration form -- one to mail to VGA and one to keep for your records. VGA cannot accept credit cards; please make your check payable to VGA, and mail it with this registration form to:

VGA 2010 Conference
P. O. Box 368
Stanardsville, VA 22973

Reset Form

Print Form