



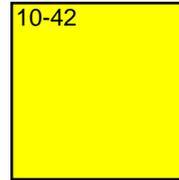
COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
March 30, 2010

SUBJECT	VDA ID NUMBER
Survey (Solomon Girmay)	10-42
Caregiving Information (Ellen Nau)	10-43

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Finance Directors
Area Agencies on Aging

FROM: Solomon Girmay, Senior External Financial Auditor

DATE: March 30, 2010

SUBJECT: Survey

We are requesting each area agency on aging to complete the attached survey and submit by e-mail to Solomon.girmay@vda.virginia.gov by Friday April 2nd.

Please respond by Friday April 2nd

We are working on the applicability of unemployment tax to non-profit and local government agencies. Please fill out the following questions.

Agency Name

1. Does your agency pay Federal Unemployment Tax (FUTA tax)?

Yes No

If your answer to question No. 1 is "Yes", please state your reason

2. Does your agency pay State Unemployment Tax (SUTA tax)?

Yes No

If your answer to question No. 2 is "No", please state your reason

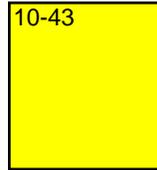
The following question only applies for agencies involved in the Title V program.

3. Is your agency paying FUTA/SUTA tax on earnings paid to Title V participants?

Yes No

If your answer to question No. 3 is "Yes", please state your reason

**Note: Please respond by e-mail to Solomon.girmay@vda.virginia.gov
If you have any question please call Solomon Girmay 804-662-9347**



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: March 30, 2010

SUBJECT: Caregiver Information

Virginia Department for the Blind and Vision Impaired

Jane Ward-Solomon, Program Director for Teaching, Rehabilitation/Independent Living, at the Virginia Department for the Blind and Vision Impaired (DBVI) announces that the agency's Older Blind Grant Program (OBG) offers many free teaching services for seniors age 55 and older with vision loss to help them learn to maintain their independence, and to enable enhanced communication options. Individuals must be age 55 or older, and have a distance vision loss greater than 20/70 with best correction, verified by a recent eye exam report. Professional and informal caregivers as well as older individuals can contact the grant program by calling 800-622-2155. Basic demographic information on the client will be collected at this time. Clients will be connected to one of DBVI's six regional offices. A home visit will be scheduled with a vision rehabilitation professional and the client will be evaluated to determine how DBVI can help maintain the client's independence. Jane Ward-Solomon can be reached at 804 371-3112 or [Jane.Ward @dbvi.virginia.gov](mailto:Jane.Ward@dbvi.virginia.gov).

ASK Medicare Newsletter for Caregivers

The March edition of the newsletter is now available at www.cms.hhs.gov/MyHealthMyMedicare/downloads/AskMedicare_Mar2010.pdf
Topics discussed in the newsletter include: kidney disease education; managing stress, and planning for long-term care.

Announcement from the Rosalyn Carter Institute

Mattie J. T. Stepanek Caregiving Scholarship

Caregivers are often viewed as expendable resources in systems of care. As a result, many caregivers are overlooked, ill-prepared and will ultimately burn-out. The Rosalynn Carter Institute for Caregiving promotes the view that family, professional, and paraprofessional caregivers are the most valuable asset in any system of care, and they should be cultivated, preserved, developed, and valued.

The purpose of the Mattie J. T. Stepanek Caregiving Scholarship is to provide financial assistance to family, professional, or paraprofessional caregivers of any age who are seeking training or education in specific skills, procedures and strategies that lead to more effective care at the same time that they serve to protect the health and well-being of the caregiver.

Four \$2,500 scholarships will be awarded. Deadline for application is **June 1, 2010**. For more details and to download the application form, click [HERE](#)

Rosalynn Carter Leadership in Caregiving Award

Named in honor of a great humanitarian, the Rosalynn Carter Leadership in Caregiving Award is the highest award given in the caregiving field. This award recognizes leadership in implementing innovative partnerships between community agencies and caregiving researchers that bridge the gap between science and practice. These partnerships help move effective caregiver support programs to widespread use in the community more quickly and efficiently.

The award winning team will be announced at the RCI's National Summit to be held October 20 - 22, 2010 at Georgia Southwestern State University in Americus, Georgia. In addition to a beautiful statuette executed by renowned sculptor Frank Eliscu, designer of the Heisman Trophy, former First Lady Rosalynn Carter will present the team with a cash award of \$20,000. This special cash award is to support the team's efforts in implementing effective caregiver interventions at the community level.

Application deadline is **July 1, 2010**. For more information and to download the application form, click [HERE](#)

United Hospital Fund – New Guide on Caregiver Self-Identification

Carol Levine, Director, Families and Health Care Project of the United Hospital Fund notes the reluctance of caregivers to self-identify and announces the United Hospital Fund's new guide, "The First Step in Care: Becoming a Family Caregiver" on the Next Step in Care website – www.nextstepincare.org. The guide can be downloaded in English, Spanish, Chinese, and Russian.

Emblem Health and the National Alliance for Caregiving – *Care for the Family Caregiver: A Place to Start*

Emblem Health and the National Alliance for Caregiving have updated their popular resource booklet, *Care for the Family Caregiver: A Place to Start*. The booklet is designed to give you an overview of the basic aspects and issues involved in caregiving and is available for download at www.caregiving.org.

National Lifespan Respite Funding

The Administration on Aging should be issuing a RFP for funding during the first full week of April. A press release and enews will announce the RFP.

Prince William Area Agency on Aging – 17th Annual Caregiver's Conference

Courtney Tierney, Executive Director of the Prince William Area Agency on Aging reminds us of the agency's April 24, 2010 Caregiver Conference, *Caregiver's Toolkit: Becoming Empowered*. The conference will be held at Westminster at Lake Ridge and start at 8:30 A.M. Registration is due April 16, 2010. The fee of \$25.00 includes a continental breakfast and lunch. Attached to this email is the conference agenda, registration and other information.

Alzheimer's Conference – Virginia Beach

Kathleen B. O'Connor, M.P.A., City of Virginia Beach/DHS/MHSA, Administrative Supervisor, Senior Adult Services, Coordinator, Southside Geropsychiatric Services announces that an Alzheimer's Conference will be held on Friday, May 7, 2010 at 8:00 A.M. at Virginia Beach Oceanfront. Entitled Living with *Alzheimer's Disease: You are Not Alone*, the workshop is geared to family caregivers and clergy. A \$10.00 fee will cover lunch and materials. Registration is due by April 26, 2010. For further information, please see the attachment to this email.

Who Should Attend

Family and Professional Caregivers
 Professionals in aging and related areas
 Volunteers working with older adults



Sponsors

Gold

Westminster at Lake Ridge

Silver

BestCare Home Care, Inc.

Birmingham Green

Evercare Hospice & Palliative Care

Potomac Place

Prince William Area Agency on Aging

Contact the Prince William Area Agency on Aging at
 703-792-6374 for additional information.

Caregiver Conference

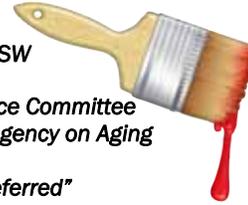
Committee Members:

Lorraine Eckhardt, Chair

Tina Addo	Jennifer Bolles	Stuart Evans
Kathleen Harding	Marilyn Pietrie	Emily Rubsamem
Karen Turchiano	Barbara Watts	Tom Weaver

Agenda

- 8:30a - 9:00a Registration, Visit Vendor Expo
- 9:00a - 9:15a Welcome
 Lorraine Eckhardt, MSW
 Chairperson
 Caregivers' Conference Committee
 Prince William Area Agency on Aging
- 9:15a - 10:15a "Caregiving: A Life Deferred"
 - Dr. Richard W. Lindsay
- 10:15a - 11:00a "How to be a Terrific Tea Bag -
 Finding Yourself in Hot Water and Loving It!"
 - Vicki Graham
- 11:00a - 11:15a Break, Visit Vendor Expo
- 11:15a - 12:00p "Connections: A Unique Approach to
 Engagement in Meaningful Activities for
 Persons Diagnosed with Dementia"
 - Ellen Phipps
- 12:00p - 12:45p Lunch
- 12:45p - 2:15p Interactive focused presentations by
 community experts who will address specific
 caregiver issues featuring:
- Elder Law: Mark Christopher, Esq.
 Universal Design: Robert Dale Lynch, FAIA
- 2:15p - 2:30p Break, Visit Vendor Expo
- 2:30p - 3:15p Expert Panel continues with Morning
 speakers present for questions
- 3:15p - 3:45p Relaxation Techniques and Coping Strategies
 - Barbara Watts, R.N., CHPN
- 3:45p - 4:00p Evaluation & Adjourn
- 4:00p - 4:30p Visit Vendor Expo



Registration Caregivers Toolkit: "Becoming Empowered" April 24, 2010



Registration & payment by April 16, 2010

Fee: \$25 per person/\$40 per couple
 (includes continental breakfast and lunch)

Name: _____

Agency: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____

Work Telephone: _____

Email: _____

Free respite care required _____

Vegetarian meal required _____

Make Checks Payable to:
 Prince William A A A

Mail Payment and Registration Form to:
 Prince William Area Agency on Aging
 13850 Church Hill Drive
 Woodbridge, VA 22191

attn: Lorraine Eckhardt



Directions To Westminster at Lake Ridge:

From Interstate 66: Take exit number 53, Route 28 Centreville-South/Dulles-North. Follow signs toward South/Centreville and Manassas. Remain on Route 28/South for about 6 to 7 miles then turn left onto Liberia Avenue. Follow Liberia Avenue for 2 miles to the Prince William Parkway. Turn left on to the Parkway. Follow Parkway 8.5 miles to Old Bridge Road. The Parkway veers to the right but you must stay straight to go onto Old Bridge Road. Follow Old Bridge Road 3.7 miles to Clipper Drive. Turn left on to Clipper Drive. Follow the entrance of Westminster at Lake Ridge.



From Interstate 95: Take exit number 160, VA-123 N toward Occoquan/Lake Ridge. Follow on to VA-123 N/Gordon Boulevard. Follow .1 of a mile to Old Bridge Road. Turn left on to Old Bridge Road. Follow 1.2 miles to Clipper Drive. Turn right on to Clipper Drive. Follow to the entrance of Westminster at Lake Ridge.



Prince William Area Agency on Aging
Caregivers' Conference Committee
13850 Church Hill Drive
Woodbridge, VA 22191



17th Annual Caregivers' Conference Caregiver's Toolkit: "Becoming Empowered"

Saturday, April 24, 2010
8:30 a.m. - 4:00 p.m.



Westminster
at Lake Ridge

12191 Clipper Drive
Lake Ridge, Virginia 22192
Phone: 703-496-3446

**LIVING WITH ALZHEIMER'S DISEASE:
You Are NOT Alone**

Friday, May 7, 2010 8:00 AM to 3:00 PM

CLERGY AND CHURCH LEADER

Registration Information
(\$10:00 Includes lunch and materials)

Registration Deadline:
Clergy with CEU request - April 12th
Clergy & Church Leaders without
CEU request - April 26th

Request CEU NO CEU

Name _____

Email _____

Day Phone _____

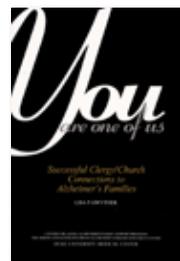
Evening Phone _____

Address _____

City _____ ZIP _____

LUNCH CHOICE Regular or Vegetarian

CEU Information for Clergy:



A three hour pre-conference work study is required for CEU's. When you return your registration information you will receive the book, "You Are One of Us" by Lisa P. Gwyther and a work study book that must be completed prior to the Conference. Upon completion of this work study and conference

attendance, you will be given a certificate for 8 contact hours from The Virginia United Methodist Conference of the United Methodist Church.

Contact Rev. Art Woltz, 757-340-5015, wolz@verizon.net, for further information.

Make checks payable to "VBUMC." and return this form with your \$10.00 registration fee to:
Virginia Beach United Methodist Church
212 Nineteenth Street,
Virginia Beach, VA 23451
Attn: Alzheimer's Conference

CLERGY SESSION 1

"Living with Alzheimer's Disease:
The Role of the Faith Community.

Features a panel of family caregivers and care receivers, clergy and professionals all with a personal story to share.

CLERGY SESSION 2

Strategies for Ministry and Mobilization of the Faith Community.

- Starter Ideas
- Minister's Tool Box
- Task Force

CHURCH LEADERS:

- Clergy sessions are open to church leaders.
- Church leaders may choose to attend caregiver sessions.

Non Profit Organization
U.S. Postage
PAID
Virginia Beach, VA
Permit No. 83

**You Are
NOT Alone**



Alzheimer's Conference
Virginia Beach United Methodist Church
212 Nineteenth Street,
Virginia Beach, VA 23451

**LIVING
WITH
ALZHEIMER'S
DISEASE:**

**You Are NOT
Alone**



**A
Dual-Track
Workshop for
Family Caregivers,
Clergy & Church Leaders**

**FRIDAY, MAY 7, 2010
Virginia Beach Oceanfront**

"Two are better off than one...
If one of them falls down,
the other can help him up."

Good News Bible, Ecclesiastes 4:9-10

LIVING WITH ALZHEIMER'S DISEASE: You Are NOT Alone

LIVING WITH ALZHEIMER'S DISEASE: You Are Not Alone

CONFERENCE SCHEDULE

Friday, May 7, 2010

Registration 8:00-8:45 AM

Continental Breakfast 8:00-8:45 AM

Welcome 8:45-9:00 AM

Keynote Address 9:00-10:00 AM

Break 10:00-10:15 AM

Caregivers Workshops 10:15-11:45 AM
Workshops 1, 2, 3, 4 and 5

Clergy/Pastoral Care 10:15-11:15 AM
Session 1

Caregiver Lunch NOON-12:45

Clergy Lunch 11:45-12:30 PM

Caregivers Workshops 12:30-1:45 PM
Workshops 1, 2, 3, 4 and 5

Clergy/Pastoral Care 12:45-1:45PM
Session 2

Break 1:45-2:00 PM

Call to Action Presentation,
Dedication of Prayer Shawls
for Care Receivers 2:00-3:00 PM

alzheimer's  association®

KEYNOTE SPEAKER



DR. STEPHEN SAPP
Professor and Chair of Religious
Studies at the University
of Miami; author of *When
Alzheimer's Disease Strikes!*

Dr. Sapp is recognized nationally and internationally as an expert on aging and bioethical issues. Widely sought as a speaker on aging issues, Dr. Sapp is an ordained Presbyterian minister and the author of numerous books and publications including *When Alzheimer's Disease Strikes*. He was the recipient of the 2002 American Society of Aging Award in recognition of his contributions to the field of gerontology. His research interests include ethical issues in Alzheimer's Disease, the role of religion and spirituality in aging and end-of-life care.



Prayer Shawls available upon request.

WAYS TO REGISTER

- Complete this form and return it with your check.
- Download additional registration forms at www.vbumc.org, return completed forms with payment.

Registration Deadlines:
Clergy with CEU Request - April 12th
All others - April 26th

For more information contact
Janice Cagle, 757-428-7727 or
jcagle@vbumc.org.

CAREGIVER WORKSHOPS

Workshops begin at 10:15 AM or 12:30 PM
Two workshop opportunities are available for participants; one in the morning and one in the afternoon. Workshops are interactive and allow time for questions and answers.

• Behavior Management

Speaker: Sonya Barsness, MSG - Assists various organizations, including AASV, in programming for seniors and those with dementia and promotes awareness of the special needs of those in the early stages of dementia-related illness.

• Caregiver Empowerment

Speakers: Patricia Lacey, MBA; Douglas Panto, Alzheimer's Assoc., Southeast Virginia Chapter

• Late Stage Care

Speaker: Wendi Steinberg, MPS, M.Div., BCC
Adjunct Faculty: VA Commonwealth University, Richmond, VA

• Spiritual Focus

Speaker: Rev. Cynthia Duarte - After participating as a family caregiver for her mother who had Alzheimer's disease, Cynthia wrote, "Yet, I Will Love Thee," a compilation of caregiving stories focusing on the underlying spiritual lessons she learned in that role.

• Where To, When To, How to Get Help

Speaker: Carole M. Gurioli, M. Ed., Family Services Specialist, Alzheimer's Association Southeast Virginia Chapter

During lunch and breaks, participants will have the opportunity to gather additional materials from vendors.

LIVING WITH ALZHEIMER'S DISEASE: You Are NOT Alone

Friday, May 7, 2010 8:00 AM to 3:00 PM

Registration Deadline: April 26th

CAREGIVER Registration Information
(\$10:00 Includes lunch and materials)

Name _____

Email _____

Day Phone _____

Evening Phone _____

Address _____

City _____ ZIP _____

• Please choose one workshop from each session - indicate 1st and 2nd choice:

SESSION 1 Workshops 10:15 to 11:30 AM

1st 2nd Choice

- Behavior Management
- Caregiver Empowerment
- Late Stage Care
- Spiritual Focus
- Where To, When To, How To Get Help

SESSION 2 WORKSHOPS 12:30 to 1:45 PM

1st 2nd Choice

- Behavior Management, or
- Caregiver Empowerment, or
- Late Stage Care
- Spiritual Focus, or
- Where To, When To, How To Get Help

LUNCH CHOICE Regular or Vegetarian

Check enclosed with registration form.

Space is limited. Early registrations encouraged.

Make checks payable to "VBUMC." and return this form with your \$10.00 registration fee to:

Virginia Beach United Methodist Church
212 Nineteenth Street,
Virginia Beach, VA 23451
Attn: Alzheimer's Conference

Conference Sponsors:
Alzheimer's Association
Southeastern Virginia Chapter
Virginia Beach United Methodist Church
and the Virginia Conference of the
United Methodist Church
Virginia Beach Dept. of Human Services
Virginia Wesleyan College