



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
July 7, 2010

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



10-80

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie Roeper, Deputy Commissioner

DATE: July 7, 2010

SUBJECT: A Toolkit for Serving Diverse Communities

Just released! AoA's A Toolkit for Serving Diverse Communities.

This Toolkit provides the Aging Network and its partners with a replicable and easy-to-use method for providing respectful, inclusive, and sensitive services for any diverse community. The Toolkit consists of a four-step process and a questionnaire that assists professionals, volunteers and grassroots advocates with every stage of program planning, implementation and service delivery for older adult communities, their families and caregivers. The core principles of the toolkit include respect, inclusion and sensitivity as the hallmarks of quality service. This Toolkit is an invitation to make a cultural shift in service provision, to learn, to grow and fully appreciate the diverse community of older adults that agencies and their partners serve. [Download the toolkit.](#)



10-81

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: July 7, 2010

SUBJECT: CRIA Service Standard Training

Kathleen Vaughan and I will be presenting a webinar on July 14th from 10:30 am to 12:30 pm to assist with implementation of the new Communication, Referral, and Information & Assistance (CRIA) Service Standard that became effective July 1st. The first hour will be a section by section review of the service standard. During the second hour, Norma McCroskey and Anita Lancaster from LOA will lead a discussion on how to facilitate obtaining "sensitive" personal demographic information from clients who call requesting assistance.

To register for the webinar, go to:
<https://www1.gotomeeting.com/register/276171145>

Once you register, a confirmation email will be sent to you.

At the time of the webinar, you will go to the following link to join:
<https://www1.gotomeeting.com/join/276171145/106939867>

Webinar ID: 276-171-145

To join the conference call:

Dial: 1-866-842-5779
Access Code: 8046629341



10-82

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 7, 2010

SUBJECT: Updated Advance Directives

The Virginia Hospital and Health Care Association (VHHA) has prepared updated advance directive forms that reflect the current law, including the 2010 changes to the law. Although Virginia law allows the use of advance directive forms from other states, all forms available through VHHA meet the requirements of the current law. Remember that advance directives prepared using earlier versions of the form are still valid if they were witnessed appropriately.

To learn more about advance directives and to download copies of the updated forms, go to the VHHA website:

<http://www.vhha.com/index.cfm?fuseaction=Page.viewPage&pageID=530>



10-83

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Finance Directors
Area Agencies on Aging

FROM: Marica B. Monroe

DATE: July 7, 2010

SUBJECT: AMR-ARRA reporting and Independent Audit requirements

AMR-ARRA reporting

Hello everyone. Thank you to everyone for your efforts in submitting monthly AMR-ARRA reports. I just wanted to remind everyone to make sure the non-federal share is updated each month a report is submitted so that we can ensure spending requirements are being met. Also, as of June 30th the Title V ARRA funding period ended and all funds should have been obligated. Please request the remaining funds as applicable by the July AMR-ARRA due date of August 5th. Title III C-1 and C-2 ARRA funding is expected to end 9/30/2010 and should be drawn down as applicable by the October AMR-ARRA due November 5th.

Independent Audit Requirements

In compliance with VDA Regulations 22VAC5-20-480, please ensure that the independent auditor renders an opinion on the following schedules:

- Status of Funds
- Costs by Program Activities
- Status of Inventories

We have had some instances where the independent auditor is not including opinions on these schedules. The auditor should be provided with the current version of the schedules. Also, schedule ABC submissions to VDA should tie to the audited figures.



10-84

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors
Area Agencies on Aging

FROM: Bill Peterson

DATE: July 7, 2010

SUBJECT: Bob Blancato Receives the Arthur S. Flemming Award

Bob Blancato, Chair of the Commonwealth Council on Aging and resident of Arlington, Virginia, received the 2010 Arthur S. Flemming Award during the June 29, 2010 meeting of the National Association of State Unites on Aging (NASUA) in Washington, DC. NASUA's president presented the award to Bob saying "NASUA is pleased to have the opportunity to celebrate your ongoing efforts to champion the rights of older Americans."

Bob was instrumental in having the *National Elder Justice Act* included in the health care reform legislation that was recently passed by Congress. See the attached announcement for more details.

Attachment



NASUA PRESENTS 2010 ARTHUR S. FLEMMING AWARD TO ROBERT BLANCATO

**FOR IMMEDIATE RELEASE
JULY 1, 2010**

**Contact: LISA CARR
(202) 898-2578**

WASHINGTON, DC - On June 29, 2010, NASUA President and Commissioner of the Alabama Department of Senior Services, Irene Collins, presented Mr. Robert B. Blancato with the 2010 Arthur S. Flemming award, telling him, "NASUA is pleased to have the opportunity to celebrate your ongoing efforts to champion the rights of older Americans. Your dedication to the Elder Justice Act, and your perseverance in successfully advocating for its inclusion in health reform, are true testaments to the impact that you have on the lives of older Americans." Established by the NASUA Board in 1978 to honor its namesake, since its inception, the Arthur S. Flemming Award has recognized notable leaders whose work has positively impacted the lives of older Americans and people with disabilities. As a devoted public servant, staunch advocate, and national expert on aging-related public policy, Mr. Blancato continues this tradition.

With more than 30 years in the public sector, Mr. Blancato has served as both Staff Director and Senior Advisor of the House Select Committee on Aging's Subcommittee on Human Services. He was appointed by then-President Bill Clinton to serve as Executive Director of the 1995 White House Conference on Aging, and was appointed again ten years later to serve on the Policy and Executive Committees of the 2005 Conference. Most recently, Virginia Governor Tim Kaine asked Mr. Blancato to serve as Chairman of the Commonwealth Council on Aging in Virginia. Linda Nablo, Commissioner of the Virginia Department for the Aging, praises Mr. Blancato's appointment to the Council, "Through his boundless energy, commitment, and contacts, he is strengthening and expanding the work of the Council, including securing, for the first time, funding to support the Council's Best Practice awards for innovative services to seniors."

Mr. Blancato's commitment to improving the lives of older Americans transcends his time in public service. His numerous advocacy efforts and coalition involvements underscore his pivotal role in the aging community and beyond. In addition to his efficacy in securing the inclusion of The Elder Justice Act in The Affordable Care Act, he has worked for many years to promote the importance of, and elevate awareness for, elder justice in America, both as a past President and current Executive Committee member of the National Committee for the Prevention on Elder Abuse, and as the National Coordinator of the Elder Justice Coalition. He has been on numerous boards, including the American Society on Aging, Generations United, and the Leadership Council of the National Council on Aging. Mr. Blancato currently serves as the Executive Director of the National Association of Nutrition and Aging Services Programs, and he is also President of Matz, Blancato & Associates, a full-service firm integrating strategic consulting, government affairs, advocacy services, and association and coalition management.

NASUA congratulates Mr. Blancato on receiving the 2010 Arthur S. Flemming award, and applauds his continuing enthusiasm for, and contributions to, public service, advocacy, and the field of aging.

National Association of State Units on Aging, founded in 1964, represents the nation's 56 officially designated state and territorial agencies on aging. The Association's principal mission is to support visionary state leadership, advance state systems innovation and articulate a national policy on home and community based services for older adults and individuals with disabilities. <http://www.nasua.org>



10-85

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 7, 2010

SUBJECT: Suicide Prevention Webinar For Primary Care Providers

Primary care and other health care providers can play a critical role in suicide prevention. Most people who take their life signal their intention to do so **before** they act and these signals are often displayed to their doctors. In the United States, primary care is many times a patient's only source for mental health treatment. Approximately 70% of primary care medical visits are for psychological issues.

Recognizing and Responding to Suicide Risk: Essential Skills in Primary Care (RRSR-PC) is a 90 minute training program that provides Physicians, Nurses/Nurse Practitioners, and Physicians Assistants with the knowledge they need in order to integrate suicide risk assessments into routine office visits, to formulate relative risk, and to work collaboratively with patients to create treatment plans. RRSR-PC was developed by the American Association of Suicidology.

Participants will learn:

1. Why and how routine suicide risk screening should and can be incorporated into routine medical visits

2. Decision-making tools to identify a primary care patient at risk for suicide
3. What constitutes appropriate risk management strategies and crisis response planning to appropriately triage a primary care patient at risk for suicide
4. Deliver brief interventions to manage a primary care patient at risk for suicide
5. How to effectively document a suicide risk assessment in a medical chart

RRSR-PC is being offered free of charge to Virginia based primary care providers in an online webinar format.

Training Details

Date: August 19, 2010

Time: 11:30am – 1:00pm

CEUs: 1.5 CME credit hours will be available to participants after completion of the training. CME credit hours cost \$10.

Registration:

<https://suicidology.webex.com/suicidology/onstage/g.php?t=a&d=640240863>

All participants who complete the training will receive a free copy of the **Suicide Prevention Toolkit for Primary Care Providers** developed by the Suicide Prevention Resource Center (\$25 value). The toolkit contains information and tools needed to implement state-of-the-art suicide prevention practices in primary care settings. The Toolkit includes sections on educating clinicians and office staff and developing mental health partnerships, as well as patient management tools and patient education tools. An online version of the toolkit can be viewed at <http://www.sprc.org/pctoolkit/index.asp>.

Please feel free to contact Christina Benton with any questions:

Christina Sloan Benton, MPH

Suicide Prevention Manager

Division of Injury and Violence Prevention

Virginia Department of Health

804-864-7736

christina.benton@vdh.virginia.gov

www.preventsuicideva.org



10-86

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: July 7, 2010

SUBJECT: Suicide Prevention Training For Mental Health Clinicians in Abingdon, VA

Most mental health clinicians have had little or no formal training in assessing suicide risk, yet they are often called upon to do so. Recognizing and Responding to Suicide Risk: Essential Skills for Mental Health Clinicians (RRSR) has been developed by the American Association of Suicidology specifically to fill this training gap. RRSR is an advanced, interactive training based on established core competencies that mental health professionals need in order to effectively assess and manage suicide risk in their patients. The program has several components, including a web-based assessment; two on-line, self-paced modules; a two-day face-to-face workshop; and post-workshop mentorship through on-line learning activities.

RRSR is appropriate for any mental health clinician. Participants typically include licensed private counselors, licensed clinical social workers, clinical psychologists, psychiatrists and psychiatric nurses, addictions counselors, licensed marriage and family therapists and pastoral counselors.

Additional information is available at <http://www.suicidology.org/web/guest/education-and-training/rrsr>

Suicide Prevention Training For Mental Health Clinicians in Abingdon, VA
July 7, 2010
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When: August 2 & 3, 2010

Where: Southwest Virginia Higher Education Center, Abingdon, Virginia

Cost: This training is provided free of charge. Lunch will be on your own both days.

Registration: Please visit <http://www.surveymonkey.com/s/RRSRAbingdon> to register.

Seating is limited to 50 people per training. Because of the demand for seats, please register only if you are able to attend the full two days, and are not 'on-call' for other duties during that time.

Please feel free to contact Christina Benton with any questions:

Christina Sloan Benton, MPH

Suicide Prevention Manager

Division of Injury and Violence Prevention

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804-864-7736

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10-87

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: July 7, 2010

SUBJECT: Caregiving

The Virginia Caregiver Coalition

The Virginia Caregiver Coalition will meet on Thursday, July 15, 2010 at 9:30 A.M. in the VDA conference room. Agenda items will include a presentation by the Alcohol and Aging Awareness Group. If you wish to video conference for this meeting, please email Ellen Nau at VDA by COB Thursday, July 8 with the name, address and contact information for your video conference site. Ellen.Nau@vda.virginia.gov

2010 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards

Three awards of \$20,000 each will be awarded to *nonprofit organizations, government agencies or universities* responding to a community need with a program or project which focuses primarily on *family/informal caregivers of adults with Alzheimer's disease and related dementias*. One award will be granted in each of these categories:

- **Creative Expression:** This award will go to programs or projects that use imaginative and creative approaches in supporting persons with dementia or family/informal caregivers of persons with Alzheimer's disease and related dementias. Some examples are programs or projects using art, music, theatre, journaling, multimedia (e.g. film, documentary, radio) or other types of creative expression.
- **Diverse/Multicultural Communities:** This award will go to programs or projects that provide services, support or other types of outreach to family/informal caregivers of persons with Alzheimer's disease or related dementias in diverse ethnic, rural, low income and LGBT or other communities.

- **Policy and Advocacy:** This award will go to programs or projects that advocate for systems change for the benefit of family/informal caregivers or care recipients with Alzheimer's disease or related dementias. These efforts could focus on legislation, executive or administrative changes, advocacy campaigns, or any other action to strengthen the public or private sector's recognition and support of family/informal caregivers.

Applications are available now, **online only**. The closing deadline is **5 p.m. Pacific Time August 12, 2010**.

For further information and the application, go to:

http://caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2191

Richmond Area Workshops

Chronic Disease Self-Management Classes

A six-week program, that helps people with chronic illness (and their caregivers) learn ways to self-manage their conditions and take control of their lives. Participants will learn to:

- ..Manage symptoms
- ..Get started with healthy eating and physical activity
- ..Communicate effectively with health care team
- ..Manage fear, anger, and frustration
- ..Make daily activities easier

St. Francis Medical Center Cancer Institute, Room 1
Mondays: July 26, Aug 2, Aug 9,
Aug 16, Aug 23, Aug 30 2:00 – 4:00 p.m.

To register, contact Kathleen Fogerty, a member of the Virginia Caregiver Coalition at 213-0919 or Kathleen.Fogerty@bshsi.org

Kinship Caregivers

Resource: NLIHC 2010 Advocate's Guide

At the request of The National Low Income Housing Coalition (NLIHC), Ana Beltran, JD, from Generations United, has prepared a chapter for the organization's 2011 advocacy guide. The chapter provides information on more than 70 housing and housing-related programs and issues. The guide can be acquired for free in pdf. format from NLIHC at <http://www.nlihc.org/doc/2010-ADVOCATES-GUIDE.pdf>