



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
August 24, 2010

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Directors, Area Agencies on Aging

FROM: Tim Catherman, Director of Administrative Services

DATE: August 24, 2010

SUBJECT: 2010 Poverty Guidelines

On August 3rd, the US Department of Health and Human Services announced the poverty guideline figures for the remainder of 2010 would be the same as the 2009 poverty guideline figures. As a result the scale below remains unchanged. Only the date on the [Federal Poverty / VDA Sliding Fee Scale - Majority VA](#) and [Federal Poverty / VDA Sliding Fee Scale - Northern VA](#) charts have been changed.

The 2010 Poverty Guidelines for the 48 Contiguous States and the District of Columbia	
Persons in family	Poverty guideline
1	\$10,830
2	14,570
3	18,310
4	22,050
5	25,790
6	29,530
7	33,270
8	37,010
For families with more than 8 persons, add \$3,740 for each additional person.	

If you have any questions about the reporting requirement, please contact Leonard Eshmont or me.



10-104

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie Roeper, Deputy Commissioner

DATE: August 24, 2010

SUBJECT: HRSA Planning Grants

Dear Colleagues: FYI

This Planning grant is available through HRSA, it could allow some of the Aging Network to fund planning activities by and between rural health and the community. These can lead to large three year grants to further these efforts.

Shortcut to:

<http://www.grants.gov/search/search.do;jsessionid=KGQ2MtTd8DK6XpyZZmF2rDgzh6wv6b6DgKLMmL32wQdBTdjfnh22!58702012?oppId=56451&mode=VIEW>



10-105

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: August 24, 2010

SUBJECT: Egg Recall Information

Below is a link to good information on the Egg Recall. The links at the bottom of the article also connect to good information.

It does not look like eggs in this recall were sold in Virginia. However, it is important to keep up-to-date and be able to help seniors with reliable information if they are asking questions.

http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm223248.htm?sm_s_ss=email



10-106

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Jim Schaefer, Executive Director
Rappahannock Area Agency on Aging

DATE: August 24, 2010

SUBJECT: HELP WANTED AD

REGIONAL MOBILITY MANAGER

Social service transportation professional for full-time, grant funded position of Regional Mobility Manager with the Rappahannock Area Agency on Aging. Job requires close collaboration with numerous Fredericksburg area human service agencies to enhance access to transportation for disabled, elderly and disadvantaged persons in a four county area. The Mobility Manager will explore long-term solutions to transportation problems in the target population by working with private and nonprofit agencies through the Regional Human Service Transportation Coordinating Committee. Bachelor's degree in a human services, social work or related field required. Masters degree and experience in human service transportation and mobility management strongly desired. Computer skills required. Apply to Rappahannock Area Agency on Aging, 171 Warrenton Rd., Fredericksburg, VA 22405. 540 371-3375. EOE



10-107

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: August 24, 2010

SUBJECT: Emergency Preparedness and Response Survey

Hurricane season officially began June 1 and will continue through November 30, 2010. The impact of these severe tropical storms can be devastating and preparedness cannot be overstated.

One of the most eagerly anticipated hurricane forecasts comes from Colorado State University's Tropical Meteorology Project. Their initial forecast calls for a busier 2010 season than in 2009. The Project Team expects 11 to 16 named storms, 6 to 8 hurricanes, and 3 to 5 major hurricanes with sustained winds of 111 mph or greater. It is estimated there is a 45 percent chance that a major hurricane will make landfall on the East Coast of the U.S., including the Florida Peninsula.

The U.S. National Hurricane Center will announce storm watches and warnings 12 hours earlier than in previous hurricane seasons. The earlier lead time will give those living in coastal areas more time to prepare and evacuate. Officials can give more advance warnings and watches because of advances in tracking storms and forecasting their projected paths.

Please have the person responsible for disaster preparedness/emergency management for your agency complete this survey. The purpose of this survey is to try and assess your emergency plans and any potential gaps that may exist which can affect your readiness should a disaster like this occur.

The survey you are being asked to complete will help establish where we are now. While not intended to be all inclusive of the priority areas, the survey is designed to

establish a baseline for important areas of disaster preparedness and emergency management for agencies and organizations that affiliate with state agencies within the Health and Human Resources Secretariat.

To access the survey, click on or copy and paste the following link into your browser: <http://www.zoomerang.com/Survey/WEB22B34T993ES> The survey will remain open through **August 27**, 2010 Please submit only one response from each organization.

After completing the agency survey, please visit the ReadyVirginia webpage and learn how to better prepare yourself, your family, older adults and others with special needs and pets. Go to: <http://www.readyvirginia.gov/stayinformed/hurricanes.cfm>

Feel free to contact me at kathy.miller@vda.virginia.gov if you have any questions.

Thank you for taking the time to respond to this survey.

FAMILY EMERGENCY PREPAREDNESS GUIDE FOR SEVERE WEATHER SITUATIONS

● **MAKE PLANS FOR SHELTERING AND EVACUATION:**

- Designate a safe place in your home where family members could gather during a tornado (e.g., basement, downstairs restroom, lowest central room). Make sure there are no windows or glass doors in the area.
- Designate an alternate assembly location out of your neighborhood should an emergency prevent your return home.
- Choose an individual, preferably out of the immediate area, to serve as a “check-in” point-of-contact for dependents to call in case separation occurs.
- Decide where your family would go in case evacuation is required (e.g., friend, relative, motel, shelter). Notify relatives or friends of destination. Keep maps available, and mark alternate routes to the destination that lead away from rivers, streams, creeks, etc. Obey warning signs and barricades. Determine community shelter locations.

● **REVIEW PRE-PLANNING CHECKLIST:**

- Post emergency telephone numbers by telephones.
- Install safety features in your home such as smoke detectors, carbon monoxide detectors and fire extinguishers.
 - Inspect your home for potential hazards (e.g., items that can move, fall, break, or catch on fire) and correct them.
- Have your family learn basic safety measures:
 - CPR and first aid
 - How to use a fire extinguisher
 - How and when to turn off water, gas, and/or electricity (write down instructions)
 - Teach children how to call “911” or your local Emergency Medical Services number
 - Make sure family members know the name of the locality in which you live or are traveling, since weather **WATCHES** and **WARNINGS** are issued by locality name
 - Listening to local radio and/or TV stations for emergency information
- Keep enough supplies in your home to meet your needs for at least three days.
- Keep a record of dependent medical history, such as blood type, allergies, etc., at your disposal.
- Keep valuables and current copies of important papers in a safe-deposit box.
- Check insurance coverage (e.g., flooding).
- Keep vehicle gas tanks at least half full.
- Keep informed about school or day-care disaster plans.
- Assemble a disaster supply kit with items you may need in case of an evacuation, and discuss what to do if advised to evacuate. Store supplies in sturdy, easy-to-carry containers, such as backpacks or duffel bags. Keep important family documents in a waterproof container. Keep a smaller disaster supply kit in your car:

An Emergency/Disaster Supply Kit should include:

- A minimum 3-day supply of water (one gallon per person per day) and food that will not spoil.
- One change of clothing and footwear per person.
- One blanket or sleeping bag per person.
- A first aid kit, including prescription medication.
- Emergency tools, including a battery powered NOAA Weather Radio, a portable radio, flashlight, extra batteries, gloves, and boots.
- An extra set of car keys and a credit card or cash (merchants may not accept checks or credit cards following a catastrophic event).
- Special items for infant, elderly, or disabled dependents.
- Document portfolio with birth certificates, passports, insurance information, medical histories, etc.
- Maps

- **MAINTAIN THE PLAN**

- Ask questions to make sure your family remembers meeting places, phone numbers, and safety rules.
- Conduct drills.
- Test smoke detectors monthly and change batteries two times each year.
- Test and recharge fire extinguishers according to manufacturer's instructions.
- Replace stored water at least every 6 months.
- Replace perishables according to product guidelines.