



COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
August 31, 2010

SUBJECT	VDA ID NUMBER
Virginia Caregiver Coalition/Kinship Care Initiative Statewide Task Force Meeting (Ellen Nau)	10-108
Job Postings for Senior Services of Southeastern Virginia (Elaine Smith)	10-109
Hurricane Preparedness (Katie Roeper)	10-110

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



10-108

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Program Coordinator

DATE: August 31, 2010

SUBJECT: Virginia Caregiver Coalition/Kinship Care Initiative Statewide Task Force Meeting

A joint meeting of the Virginia Caregiver Coalition and the Kinship Care Initiative Statewide Task Force and Information Network will be held on Thursday, September 16, 2010 at 9:15 A.M. in the Virginia Department for the Aging Conference Room. DRS Commissioner and Interim VDA Commissioner Jim Rothrock will greet Coalition and Task Force Members. Delegate Chris Peace will update meeting attendees on the *Barriers to Kinship Care Study* conducted by the Virginia Commission on Youth. Delegate Peace co-chairs the Virginia Commission on Youth along with Commission Chair, Senator Yvonne Miller.

Other items on the agenda will include updates on the WIC Study conducted by the Virginia Department of Health with Virginia Tech, and the study of families of Alzheimer's Disease patients conducted by the University of Virginia. The Kinship Care Initiative Task Force and The Virginia Caregiver Coalition encouraged participation in these studies. Committee assignments and members' activities will be reviewed. If you have arranged to videoconference for this meeting, please contact Ellen Nau by **September 2** at Ellen.Nau@vda.virginia.gov,



10-109

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: August 31, 2010

SUBJECT: Job Postings for Senior Services of Southeastern Virginia

Cynthia Creede, Director of Transit and Wellness, offers the following postings for three very different types of employment at Senior Services of Southeastern Virginia. Please review and share these postings. She asks that you give particular time to referring friends, family and colleagues to the third position of Wellness Program Supervisor.

Helping Older Virginians Live Independently

JOB VACANCY LISTING

August 24, 2010

POSITION, DEPARTMENT, and SALARY

**DRIVER, Transit and Wellness Department, Pay Band 3 Salary: \$8.50 per hour
(URBAN & RURAL AREAS) SUBSTITUTE POSITIONS ONLY**

Operates passenger van, wheelchair van or car and transports elderly and disabled persons to and from congregate meals, medical appointments, business, and shopping or recreational destinations. High School Diploma/GED plus (1) year experience in the operation of motorized equipment. Must possess a valid Commonwealth of Virginia driver's license and a good driving record.

HEAD COOK, Transit and Wellness Department, Pay Band 2, Hiring Salary \$9.44 per hour-\$10.72 per hour, based on experience. This is a part-time position with benefits.

Responsible for preparing a variety of food types for elderly citizens. Duties include, but are not limited to: preparing menus and working with a Registered Dietician to assure appropriateness of nutritional content; supervising and participating in the preparation, cooking, garnishing, and presentation of food, supervising and monitoring food and personnel safety sanitation practices, training cooks, and volunteers in proper kitchen procedures, customer service, and safety and sanitation, etc. High School or Equivalency and certification in Food Service Management, required; plus two or more years experience as a food service supervisor.



THE CENTER FOR AGING

(757) 461-9481 • www.ssseva.org

WELLNESS PROGRAM SUPERVISOR, Transit and Wellness Department, Pay Band 7 Salary: \$36,000-\$39,000 per year, commiserate with experience. Full-time grant funded position with benefits

Responsible for community coalition building and collaborative planning, scheduling and training in nutrition, physical activity and specialized health programs that target under-served, disabled and older adults in Southside Hampton Roads and Western Tidewater. Special emphasis is placed on injury prevention, chronic condition self-management and health education and screening through group programming and individual counseling. Work is performed under general supervision of the Director of Transit and Wellness. Requires the ability to establish and maintain working relationships with diverse populations, agencies, related Commonwealth of Virginia programs, health organizations, and colleges and universities. Bachelors Degree in Nursing, Health Sciences, Exercise Physiology, or related field required; Masters Degree in same, preferred. Must have minimum of (3) years experience working with seniors and persons with disabilities in program development and health and wellness. Must possess a valid Commonwealth of Virginia driver's license and a good driving record.

EEO/DRUG TESTING/CRIMINAL HISTORY CHECK EMPLOYER

QUALIFIED APPLICANTS, SUBMIT RESUME/EMPLOYMENT APPLICATION TO:

**Jessika Rodriguez, Human Resources Assistant
Senior Services of SE Virginia
5 Interstate Corporate Center
6350 Center Drive, Suite 101
Norfolk, VA 23502
Fax number: (757) 222-4543**

**THE ABOVE POSITIONS ARE OPEN TO INTERNAL & EXTERNAL CANDIDATES
SIMULTANEOUSLY UNTIL FILLED.**

<p>HOW TO APPLY</p>

INTERNAL APPLICANTS: obtain and complete the Internal Employment Application from Human Resources. Attach updated resume.

EXTERNAL APPLICANTS: Obtain a Senior Services Employment Application from the "About Us" section of web site: www.ssseva.org and send with resume to the address above



10-110

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie Roeper
Assistant Commissioner

DATE: August 31, 2010

SUBJECT: Hurricane Preparedness

Hurricane season is upon us and with Hurricane Earl approaching the East Coast in the next few days, Virginia citizens are urged to make preparations. Attached is a presentation on Emergency Preparedness information for Health and Human Resources Agencies. Please review this information and share with critical staff to ensure that your agency is prepared for any weather-related emergencies from the storm. Please also ensure that your clients are prepared for any weather-related emergencies.

Thank you. If you need additional information from VDA, please contact me at Katie.roeper@vda.virginia.gov or Bill Peterson at bill.peterson@vda.virginia.gov.

Hurricane Preparedness for Health & Human Resources Agencies

August 31, 2010

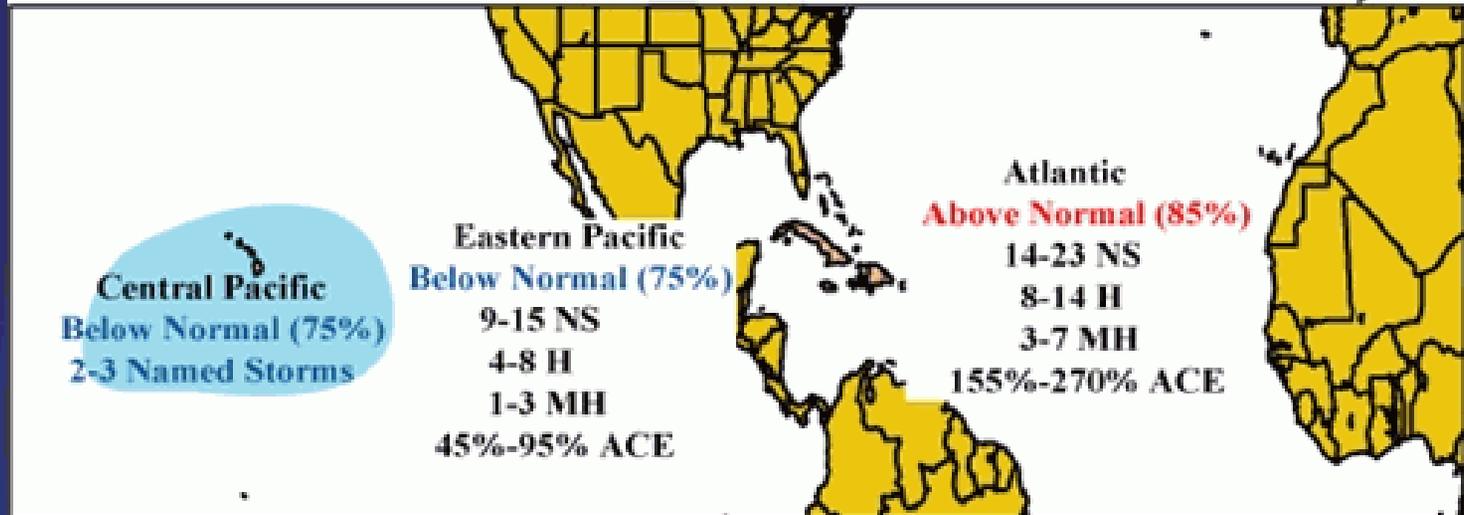
Objectives

- Review key aspects of hurricane season in Virginia
- Define individual, family and agency specific recommended preparedness steps
- Describe the work of the HHR emergency preparedness interagency workgroup

2010 Hurricane Predictions: National Oceanic and Atmospheric Administration (NOAA)



NOAA's 2010 Hurricane Season Outlooks Issued in May



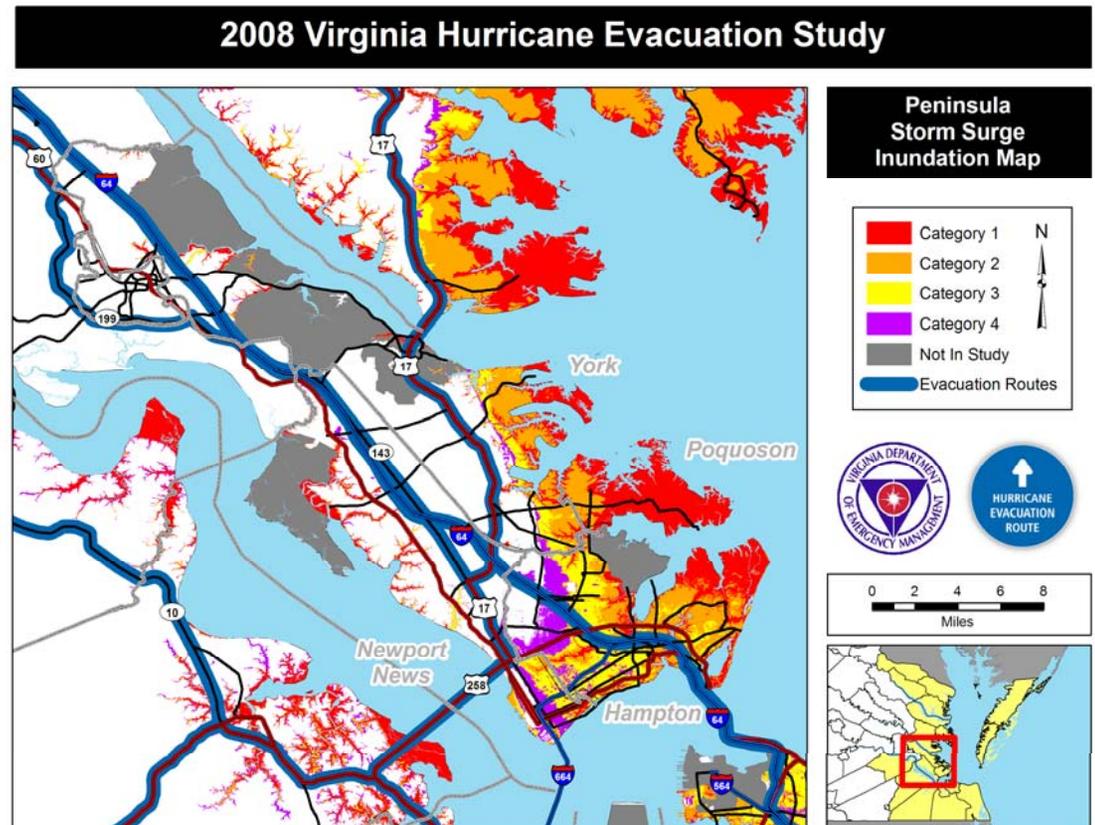
NOAA's 2010 seasonal hurricane outlooks indicate the likely ranges (each with a 70% chance) of Named Storms (NS), Hurricanes (H), Major Hurricanes (MH), and percentage of the median Accumulated Cyclone Energy (ACE).

For 2010 the probabilities of each season type are:

	Atlantic	Eastern Pacific	Central Pacific
Above Normal	85%	5%	5%
Near Normal	10%	20%	20%
Below Normal	5%	75%	75%

Storm Surge Maps for Coastal Virginia

- VDEM – Regional and Local Maps



<http://www.vaemergency.com/threats/hurricane/stormsurge.cfm>

Personal/Family Preparedness

Plan for your own emergency readiness and response

- Your readiness determines your ability to work during an emergency
- Basic Preparedness:
 - Get informed about hazards and emergencies that may affect you and your family.
 - Develop an emergency plan.
 - Collect and assemble disaster supplies kit.
 - Learn where to seek shelter from all types of hazards.
 - Identify the community warning systems and evacuation routes.
 - Include in your plan required information from community and school plans.
 - Learn what to do for specific hazards. - Practice and maintain your plan.
- Key steps for pre-event hurricane preparedness:
 - Make plans to secure your property. Permanent storm shutters offer the best protection for windows. A second option is to board up windows with 5/8" marine plywood, cut to fit and ready to install. Tape does not prevent windows from breaking.
 - Install straps or additional clips to securely fasten your roof to the frame structure. This will reduce roof damage.
 - Be sure trees and shrubs around your home are well trimmed.
 - Clear loose and clogged rain gutters and downspouts.
 - Consider building a safe room.
- Resource: See **Are You Ready? An In-Depth Guide to Citizen Preparedness**
 - <http://www.fema.gov/areyouready/index.shtm>

Agency Preparedness

Personnel and Equipment

- Advise personnel to maintain a personal preparedness plan, including emergency kits
 - <http://www.vdh.virginia.gov/EPR/pdf/DisasterChecklist.pdf>
- Check Equipment/Communication Systems
 - Assure the operability of important equipment, communications systems and the adequacy of emergency supplies. Refer to your continuity of operations plan

Review Agency Role in the Commonwealth's Emergency Response

- Review plans and procedures (both internal and external) with your key response staff
- Briefing related to the work of the interagency work group
- Role in support of Virginia Emergency Response Team (VERT) agencies if not a VERT agency.

Agency's Role with Specific Populations

- Review communication capabilities
- Provide pre-event preparedness materials
- Assure emergency communications to external stakeholders are operational and tested prior to the event.

SHHR Interagency Workgroup actions

- With your support the workgroup has surveyed the HHR agencies
 - Workgroup is reviewing common gaps and will use the format to address those gaps identified.
 - Example finding: There are a number of PIOs among SHHR agencies. The workgroup is facilitating coordination between the agency PIOs to assure joint planning, use of agency resources and consistent messaging.
 - Workgroup is in the process of surveying external partners
- Workgroup recommended that each agency rep assure their agencies are ready for hurricane season.
 - Shared relevant preparedness materials for use and distribution by all agencies
- Provided hurricane preparedness to key agency external partners.
- **Community Emergency Response Team (CERT)** program has created “state safe” – CERT training to various state agencies.

Additional reference material

Preparing for Hurricanes – General Information

- VDEM Hurricane Preparedness Resources
 - <http://www.vaemergency.com/threats/hurricane/>
- VDOT Virginia Hurricane Evacuation Information:
 - http://www.virginiadot.org/travel/hurricane_defauLT.asp

Specific Populations

- Disaster Information for People With Chronic Conditions and Disabilities
 - <http://www.bt.cdc.gov/disasters/chronic.asp>
- Disaster Information for Pregnant Women (March of Dimes)
 - http://www.marchofdimes.com/pnhec/159_21889.asp

Nursing Homes in Public Health Emergencies

- Potential roles and unique needs of nursing homes; includes a special section on Hurricane Katrina:
 - <http://www.ahrq.gov/prep/nursinghomes/report.htm>
- Hospital Evacuation Decision Guide
 - Factors to consider before making the decision to evacuate a facility, shelter in place or reassess as the situation unfolds:
 - <http://www.ahrq.gov/prep/hospevacguide/>.

Hospital Assessment and Recovery Guide

- Detailed checklist to assess hospital infrastructure for determining when is safe for staff and patients to return to the facility:
 - <http://www.ahrq.gov/prep/hosprecovery/>.