



**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*

[Click here to go to the Virginia Department for the Aging Home Page](#)

**TABLE OF CONTENTS**  
**AAA TUESDAY E-MAILING**  
**December 14, 2010**

<b>SUBJECT</b>	<b>VDA ID NUMBER</b>
<a href="#"><u>Register Now for the 2011 AoA Grantees National Meeting</u></a> (Katie Roeper)	11-45
<a href="#"><u>Two Named To Virginia Assistive Technology System Advisory Council</u></a> (Jim Rothrock)	11-46
<a href="#"><u>Alcohol and the Older Adult – Web-based Trainings</u></a> (Elaine Smith)	11-47

**Note:** The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Katie Roeper, Assistant Commissioner

**DATE:** December 14, 2010

**SUBJECT:** Register Now for the 2011 AoA Grantees National Meeting

The 2011 AoA Grantees National Meeting will be held Monday, February 14 to Thursday, February 17 in Baltimore, Maryland. Many AAAs that are currently ADRCs or are scheduled to become ADRCs this year have asked, "Is this for me?" There is no right or wrong answer. In the past, some AAAs have registered and many have found great value in attending.

The meeting will focus on ADRC programs, with tracks specific to ADRC Introductory and also ADRC Expansion, Options Counseling, Care Transitions, and Money Follows the Person. There are also general attendance workshops related to ADRC coordination grant programs, CLP/VD-HCBS programs and other LTSS systems change efforts and opportunities. For more information see the ADRC TA website <http://www.adrc-tae.org> and click on the [conference page \(http://www.adrc-tae.org/tiki-index.php?page=NationalMeeting11\)](http://www.adrc-tae.org/tiki-index.php?page=NationalMeeting11) to see the draft agenda, register for the meeting, and get information about booking a hotel room!

VDA will have four staff attending the conference that will be following the ADRC Expansion, OC, CLP, and Care Transition tracks and the OC grant will also support one of the AAA/CIL teams to attend and participate in the OC track. VDA welcomes all AAAs who can participate, however we also understand that in many cases, it is just not possible. Therefore, please know that following the conference, information learned in sessions will be shared with ADRCs through the ADRC Charter Groups such as the Manager's Exchange, Resource Team, and V4A/NWD Leadership Group as well as the Options Counseling Statewide Workgroup.



11-46

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Jim Rothrock, Interim Commissioner

**DATE:** December 14, 2010

**SUBJECT:** Two Named To Virginia Assistive Technology System Advisory Council

Following is a News Release announcing the appointment of two new members to serve on the Virginia Assistive Technology System Advisory Council.



# News Release

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**FOR IMMEDIATE RELEASE**

**For More Information Contact**

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## **TWO NAMED TO VIRGINIA ASSISTIVE TECHNOLOGY SYSTEM ADVISORY COUNCIL**

**(RICHMOND, Va.)**—Department of Rehabilitative Services Commissioner Jim Rothrock has named two new members to serve on the Virginia Assistive Technology System Advisory Council.

The mission of the Virginia Assistive Technology System is to ensure that Virginians of all ages and abilities can acquire appropriate and affordable assistive and information technologies and services to actively participate in society. The advisory council is composed of individuals with disabilities, family members and representatives from Virginia's disability service agencies, in addition to representatives of several state agencies.

William S. Massey, CEO of the Peninsula Agency on Aging in Newport News, and Clayton E. Bowen of the Virginia Department for the Deaf and Hard of Hearing joined the council Dec. 8. They will serve three-year terms.

Massey replaces Ben Garrett of the Virginia Department for the Aging. Bowen is the state administrator of Virginia's telecommunications relay services program and manager of VDDHH's technology assistance program. TAP provides telecommunication equipment to qualified applicants whose disabilities prevent them from using a standard telephone.

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The Virginia Department of Rehabilitative Services provides and advocates for the highest quality of services to help persons with disabilities maximize their employment, independence, and full inclusion into society. Through its five regional offices, 35 field offices, and various partnerships within the private and public sector, DRS assists more than 25,000 consumers annually with services including vocational counseling, career exploration, training, assistive technology and other specialized programs that cater to individual needs. For more information, visit [www.vadrs.org](http://www.vadrs.org).



*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors  
Health Promotion and Disease Prevention Coordinators

**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** December 14, 2010

**SUBJECT:** Alcohol and the Older Adult—Web-based Trainings

You may know I've been involved in working with the Alcohol and Aging Awareness Group (AAAG). The Virginia Department of Alcoholic Beverage Control hosts this organization and a website that offers information and resources about the impact of alcohol and other drug use on older adults.

If you've been searching for information about alcohol and the needs of older adults, keeping them safe from alcohol abuse and misuse, we've got the resource for you!

We recently developed some FREE web-based training modules (each approximately one hour in length). The topics available are as follows:

Dr. Aravich - Alcohol & Aging: The Good, the Bad & the Ugly  
Dr. Blow - Screening and Brief Intervention for Older At-Risk Drinkers  
Debra Jay - Aging and Addiction: Helping Older Adults Overcome Alcohol and Medication Dependence

These are available at Virginia Association of Community Services Boards' eLearning Web site <http://vacsb.elearning.networkofcare.org/> . Please refer to the attached flyer for additional information about the content, and accessing the courses as well as the certificates of completion.

This FREE training is accessible 24 hours a day to anyone who connects, but the AAAG is especially interested in engaging learners before the end of February.

Please share this free resource with your staff or anyone you think may benefit from this free education.

If your agency will allow, it would be helpful to post the flyer on your home page. You might name the link "Free Alcohol and Aging Web-Based Trainings." Please also consider linking to the AAAG from home page.

<http://www.abc.virginia.gov/Education/olderadults/aging.html>

Use words to describe the link that will attract your constituents (i.e. Alcohol and Aging, Resources for Older Adults, etc.)

Many thanks for all that you do to promote the health of seniors!



SEARCHING FOR A FREE RESOURCE TO  
INCREASE YOUR KNOWLEDGE ABOUT  
ALCOHOL AND AGING?  
FREE ONLINE COURSES AVAILABLE!



The Alcohol and Aging Awareness Group (AAAG), in partnership with the Virginia Association of Community Service Boards, is pleased to launch free online training courses for service providers that address alcohol, medications and aging.

The three web-based training sessions were originally presented during the 2008 and 2009 AAAG conferences, *The Hidden Epidemic: Alcohol, Medication and the Older Adult*, supported through Virginia's Geriatric Training and Education initiative administered by the Virginia Center on Aging at Virginia Commonwealth University.

To access go to <http://vacsb.elearning.networkofcare.org>  
Click on Course Providers (or Catalogs/Categories) and select Alcohol and Aging Awareness Group. Users then must log in to complete the courses that include pre/post tests, videos, power points, and **certificates of completion**.

Note: Internet Explorer 6 or higher must be used to access this web site.

The three highlighted sessions include:



Paul F. Aravich, Ph.D., Department of Pathology and Anatomy; Division of Geriatrics, Department of Internal Medicine, Eastern Virginia Medical School. In *Alcohol and Aging: The Good, the Bad & the Ugly*, Dr. Aravich draws from his vast neuroscience expertise and teaching experiences to dynamically relate the physiological basis for alcohol's good, bad and catastrophic effects in older adults. Learners also are informed of the relations between alcohol and dementia, as well as traumatic brain injury. (Run time: 44 minutes)



Dr. Frederic C. Blow, Ph.D., Professor of Psychiatry and Director, Mental Health Services Outcomes & Translation Section, University of Michigan Medical School; Director, VA National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC). *Screening and Brief Intervention for Older At-Risk Drinkers* outlines the history and what is currently known about the effectiveness of brief interventions. The presentation lays out the FRAMES approach to motivational enhancement and the rationale for each of the brief interventions steps. (Run time: 1:09:20 hours)



Debra Jay, nationally known speaker, author, and interventionist specializing in older adults. *Aging and Addiction: Helping Older Adults Overcome Alcohol and Medication Dependence* provides a step-by-step guide to working with addicted older adults and offers insightful recommendations for understanding the responses of families. (Run time: 1:03:39 hours)

For questions please contact:  
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The Virginia Center on Aging

