



**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*

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**Note:** The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



11-119

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors  
Health Promotion and Disease Prevention Coordinators

**FROM:** Elaine S. Smith, MS, RD  
Program Coordinator

**DATE:** April 26, 2011

**SUBJECT:** Safe Medication Disposal

Safely dispose of unwanted and unused medication on Saturday, April 30, 2011 from 10 a.m. to 2 p.m.

Last September, Americans turned in over 242,000 pounds—121 tons—of prescription drugs at nearly 4,100 sites operated by more than 3,000 of the DEA's state and local law enforcement partners.

This year, DEA will be collecting potentially dangerous expired, unused, and unwanted prescription drugs for destruction at 130 sites in Virginia and nationally on Saturday, April 30, 2011 from 10 a.m. to 2 p.m. The service is free and anonymous, no questions asked. For a site location, access: [www.dea.gov](http://www.dea.gov) and click on the top right hand of the webpage.

Many Virginians are not aware that medicines stored in home cabinets are highly susceptible to misuse and abuse, especially among teens. Prescription drug abuse in the U.S. is increasing at an alarming rate, as are the number of accidental poisonings and overdoses. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. Many Americans do not know how to properly dispose of their unused medicine, often flushing them down the toilet or throwing them away – both potential safety and health hazards.

This is a perfect opportunity to dispose of unused medications in a safe and environmentally responsible way.



11-120

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** James A. Rothrock, Interim Commissioner

**DATE:** April 26, 2011

**SUBJECT:** Gubernatorial Proclamation for May

May is traditionally celebrated as Older Americans Month and, in Virginia, *Older Virginians Month*. This year's theme is "**Connecting the Community**" which recognizes the role of older adults in creating and bolstering the fiber of our community and encourages support for this role.

As mentioned in a previous VDA mailing, please alert Joseph Hoyle [joseph.hoyle@vda.virginia.gov](mailto:joseph.hoyle@vda.virginia.gov) to May events in your area, so that we may collate and recognize these events state-wide.

Attached is a proclamation signed by Governor McDonnell that you can use for your own publicity efforts. Many of you have already shared great ideas, and we look forward to working with you to make this a May to remember. Thanks for all you do.



# CERTIFICATE of RECOGNITION

*By virtue of the authority vested by the Constitution in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:*

## OLDER VIRGINIANS MONTH

**WHEREAS**, there are currently more than 1 million Virginians age 65 and older and this population will expand to almost 2 million by 2030 when one in every five Virginians will be age 65 and older; and

**WHEREAS**, since 1963, the month of May has been designated by the U.S. Administration on Aging as America's special time to honor and recognize its older citizens; and

**WHEREAS**, this year's theme for May is "Older Americans: Connecting the Community" which recognizes the role of older adults in creating and bolstering the fiber of our community, Commonwealth, and nation; and

**WHEREAS**, older Virginians should be recognized for and encouraged in their efforts to contribute their skills and knowledge to our Commonwealth of Opportunity through civic, community, and social engagement; and

**WHEREAS**, community colleges and universities, Elderhostel Road Scholar programs, and public libraries have the opportunity to support the life-long learning goals of all our citizens to improve the health and talents of our Commonwealth; and

**WHEREAS**, corporate, non-profit, and public service organizations have the opportunity to support the careers of older Virginians by offering more flexible work arrangements for nearly half of all older adults who are engaged in "bridge" jobs before retiring completely; and

**WHEREAS**, Virginia's forthcoming Blueprint for Livable Communities initiative and Virginia's Four-Year Plan for Aging Services offer a framework for each of us, our local communities, and the Commonwealth to continue our development across the life course with the support of resources for older adults and caregivers, such as the Area Agencies on Aging and Virginia Easy Access;

**NOW, THEREFORE**, I, Robert F. McDonnell, do hereby recognize May 2011 as **OLDER VIRGINIANS MONTH** in our **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all our citizens.



  
Governor

  
Secretary of the Commonwealth



11-121

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Joseph D. Hoyle, Policy Analyst

**DATE:** April 26, 2011

**SUBJECT:** ODP's Age Wave Summit II, May 19, 2011, 10 am to 4 pm

Please consider attending the Age Wave Summit II, where the results of the 2011 Statewide Age Wave Indicators Survey will be presented, along with regional age wave status reports. There will be opportunities to share and plan with colleagues from around the Commonwealth.

The event will be held on Thursday, May 19, 2011, 10 am to 4 pm, at the Anthem Conference Center, 2015 Staples Mill Road, Richmond, VA 23230. The \$25 registration fee includes lunch. Please see the attached registration form and, for additional information, please contact ODP Executive Director David Ross at (804) – 221-0875.



**OLDER DOMINION PARTNERSHIP**

## Older Dominion Partnership Age Wave Summit II

Thursday, May 19, 2011, 10:00 am to 4:00 pm

Anthem Conference Center  
2015 Staples Mill Road, Richmond, VA 23230

### Registration Form

\_\_\_\_\_ Yes, I/We would like to register for the ODP Age Wave Summit II on May 19, 2011

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Enclosed is my check for \$\_\_\_\_\_ for \_\_\_\_\_ participants at \$25.00 each (includes lunch).

Please list the names of the registrants as you would like them to appear on name badges:

_____	_____
_____	_____
_____	_____

Please mail your check and registration form, by May 10, 2011 to:

R. David Ross, Executive Director  
Older Dominion Partnership  
8400 Meadowbridge Road  
Mechanicsville, VA 23116

For additional information, call R. David Ross at (804) 221-0875



11-122

*COMMONWEALTH of VIRGINIA*  
*Department for the Aging*

**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Patricia Cummins

**DATE:** April 26, 2011

**SUBJECT:** AIRS Webinar Announcement: Certified Information Resource Specialist (CIRS) and Certified Information Resource Specialist – Aging (CIRS-A) Free Webinar Scheduled for May 6

See the attached AIRS announcement for details and registration information on an upcoming hour-long CIRS and CIRS-A informational webinar.

Please share this with Information and Referral Specialists and Care Coordinators.

## **Certification: CIRS and CIRS-A Information Webinar**

Join us for a Webinar on May 6

Reserve your Webinar seat now at:

<https://www2.gotomeeting.com/register/233660946>

Join Dr. John Thompson of the District of Columbia Office on Aging and Faed Hendry, Findhelp Information Services of Toronto, Ontario for a free webinar offering information and advice on acquiring AIRS Certification as either an Information and Referral Specialist (CIRS) or an Information and Referral Specialist – Aging (CIRS-A).

The session provide an overview of the AIRS Certification process and requirements, outlines the critical areas of the exam, identifies key resources for Certification preparation and provides strategies for writing the exam. John and Faed will also answer questions from attendees.

**Title: Certification: CIRS and CIRS-A Information Workshop**

**Date:** Friday, May 6, 2011

**Time:** 1:00 PM - 2:00 PM EDT

After registering you will receive a confirmation email containing information about joining the Webinar.

### System Requirements

You need a computer with Internet connection, a soundcard and speakers -- basically, if you can hear music or sound from your computer, you should be able to access the webinar. (Very occasionally, organizational firewalls make downloading the software difficult.)