



COMMONWEALTH of VIRGINIA
Department for the Aging

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May 3, 2011

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: May 3, 2011

SUBJECT: Webinar on "Creating Livable, Accessible Communities by Completing Our Streets"

Easter Seals Project ACTION is hosting a free two-part skill building webinar series on May 18th and 25th entitled: "*Creating Livable, Accessible Communities by Completing Our Streets*" as part of its 2011 Selected Topics on Accessible Transportation series. In this two-part training, Michael Ronkin, an expert in street design, and Barbara McCann, executive director of the National Complete Streets Coalition, examine the principles of the complete streets movement and the ways the current trend toward creating livable communities translates into improved transportation options for people with disabilities, as well as the general public. Program participants will be charged with exploring their communities' efforts to promote the development of livable communities that are accessible to everyone. Participants will also have an opportunity to discuss their findings and will learn how to promote accessibility within the principles of livability and complete streets on the local level.

The webinar sessions will be held at 2 p.m. Eastern Standard Time May 18 and 25. This presentation is intended for planners, transportation providers, advocates, and people with disabilities interested in learning more about including accessibility in community development planning.

The deadline to register for this event is **May 11**. To register, visit <http://projectaction.easterseals.com/site/Calendar?view=Detail&id=34686>

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim Catherman
Director of Administrative Services

DATE: May 2, 2011

SUBJECT: 5th Annual Excellence in Building Healthy Communities for Active Aging Award

This award recognizes communities for their outstanding comprehensive approaches to implementing principles of smart growth, as well as strategies that support active aging. This award will be presented to communities with the best and most inclusive overall approach to implementing smart growth and active aging on a variety of fronts, at the neighborhood, tribe, city, county, and/or regional level. Two types of awards will be made—the Commitment Award and the Achievement Award. The Commitment Award recognizes communities that have developed and begun to initiate a specific plan to implement smart growth and active aging principles. The Achievement Award will be given for overall excellence in building healthy communities for active aging. Applicants must be public-sector entities in the United States and coordinate with their local Area Agency on Aging. Public-sector entities include all levels of elected governments, from city councils to state legislatures and their subdivisions such as planning departments and other executive branch divisions.

Deadline: July 11, 2011

<http://www.epa.gov/aging/bhc/awards/index.htm>



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim M. Catherman
Director Administrative Services

DATE: May 2, 2011

SUBJECT: [Shenandoah agency awarded \\$1.8M to renovate new headquarters](#)

The Shenandoah Area Agency on Aging has been awarded a \$1.8 million direct loan from the U.S. Department of Agriculture to renovate the old Woodstock High School into its new headquarters.

The Front Royal organization has been working for two years to secure construction financing, and that happened Thursday with an announcement from Agriculture Secretary Tom Vilsack summarizing 135 projects supported by USDA Rural Development's community facilities program. Jonathan Price, the agency's director of housing development, said SAAA will be advertising for bids for the renovation in the coming months, with work to begin late this summer.

The agency had already received a \$1.3 million grant from the Department of Housing and Urban Development to build 11 residential units and a common area at the former high school, its first such housing project. That renovation, intended for low-income seniors, should start in the fall, Price said.

The timeline to complete construction on both projects will be about a year for each. "It's going to be really great for Shenandoah County, economic development," Price said, "and we're renovating a 100-year-old school."

The 135 USDA projects total \$234 million, according to a press release. They are designed to improve the quality of life in rural communities.

In Virginia, there are five projects, with a \$2.41 million renovation to a residence hall at Emory & Henry College the highest priced. The SAAA loan is second highest.

Funding for each project is contingent on the recipient meeting terms of the loan or grant agreement, the release states.

Price, who is the project manager for the Woodstock renovation, said his agency applied to USDA last year, but did not receive funding. Better late than never, he added.

"It's coming at the right time," Price said. "We're really ready to get this project going." Approximately 30 employees will be transitioning to the Woodstock building. Only SAAA's transportation department will remain in Front Royal.

Price said an update will be presented to the Shenandoah County Board of Supervisors at its May 10 meeting.



11-126

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Joseph D. Hoyle, Policy Analyst

DATE: 5/3/11

SUBJECT: Five Live Lunch-Time Webinars through the Virginia Center on Aging

Please consider the upcoming five webinars as resources:

May 9th: General Dementia Knowledge

May 11th: Elder Abuse

June 21st: Liveable Communities & Person-Centered Care

June 24th: Policy

June 28th: Cultural Competence in Dementia Care

These **free** webinars are made possible through a grant from the Geriatric Training and Education Initiative, through the Virginia Center on Aging. As part of our requirements, all attendees are kindly requested to complete a quick demographics survey following the event.

Five Live Lunch-Time Webinars through the Virginia Center on Aging

Questions that are submitted will be answered during the one hour webinar or posted thereafter on the AlzPossible website at www.alzpossible.org. General Dementia Knowledge: Signs, Symptoms, Progression” will be on Monday, May 9th from noon – 1pm. Reserve your Webinar seat and ask questions: <https://www2.gotomeeting.com/register/983149955>

Is all dementia Alzheimer's disease? Who is going to get it? What is the difference between Dementia with Lewy Bodies and Alzheimer's Disease? What is Vascular Dementia? What causes it and can we prevent it? All these questions and more will be answered May 9, 2011, noon Eastern, during a live presentation and interactive discussion titled “General Dementia Knowledge: Signs, Symptoms, Progression.” **Ellen Phipps** (Alzheimer's Association Central and Western Virginia Chapter) and **Dr. Lindsey Slaughter** (Piedmont Geriatric Hospital) will present on the topic; **Dr. E. Ayn Welleford** (Virginia Commission on Alzheimer's Disease and Related Disorders/Virginia Commonwealth University) will moderate the discussion.

The second, titled “Elder Abuse, Neglect and Exploitation” will be on Wednesday, May 11th from noon-1pm. Reserve your Webinar seat and ask questions: <https://www2.gotomeeting.com/register/650566075>

Who are the victims of elder abuse, neglect and exploitation? Does it surprise you to know that most elder mistreatment is committed, not by strangers, but by persons known to the victim, such as family members, caregivers and others in positions of trust? How is suspected abuse reported? And how can professionals work collaboratively to better address this complex issue? These questions and more will be answered May 11, 2011, noon Eastern, during a live presentation and interactive discussion titled “Elder Abuse, Neglect and Exploitation.” **Dr. Paula Kupstas** and **Lisa Furr** of the Virginia Center on Aging will present on the topic; **Dr. E. Ayn Welleford** (Virginia Commission on Alzheimer's Disease and Related Disorders/Virginia Commonwealth University) will moderate the discussion.

The third, titled “Liveable Communities & Person-Centered Care” will be on Tuesday, June 21st from noon-1pm. More details to follow.

The fourth, on the topic of Policy will be held on Friday, June 24th from noon-1pm. More details to follow.

The fifth, titled “Cultural Competence in Dementia Care” will be held on Tuesday, June 28th from noon-1pm. More details to follow.



11-127

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Joseph Hoyle, Policy Analyst
Virginia Department for the Aging

DATE: 5/2/11

SUBJECT: Older Virginians Month Activities and Publicity Support

Please see the attached state-wide list of activities.

Please use the attached press release template in your area.

The state-wide list will be available on the VDA website soon, along with the Commissioner's press release for Older Virginians Month, the state-wide list of activities will be available on the VDA website soon. If you know of other events, please let me know and I will add them to the list when possible. joseph.hoyle@vda.virginia.gov.

Date:
For Immediate Release

Contact:
Phone/Email

(Area Agency on Aging Name)
Endorses Events for Older Virginians Month

(Dateline, Va.)—_____ (AAA name) is supporting several local events in connection with the statewide annual recognition of Older Virginians Month, as proclaimed by Governor McDonnell for May.

Virginia’s Interim Commissioner on Aging, Jim Rothrock, said that this year’s theme is “Connecting the Community,” which recognizes the role of older adults in creating and bolstering the fiber of our community. Events, such as those supported by _____ (AAA name), are part of a statewide effort to honor and support this role.

Events in the _____ (regional description) include:

-
-
-
-

For more information, please contact _____ (contact information for local AAA) or visit the Virginia Department for the Aging’s website at www.vda.virginia.gov and click on “News.”



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Older Virginians Month Activities by Area Agency on Aging

Alexandria Office of Aging and Adult Services

<http://alexandriava.gov/humanservices/info/default.aspx?id=8016>

Appalachian Agency for Senior Citizens

<http://www.aasc.org>

- May 14th, "Spring Fling" fundraiser and health fair

Arlington Agency on Aging

<http://www.arlingtonva.us/aging>

Bay Aging

<http://www.bayaging.org>

Central Virginia Area Agency on Aging, Inc.

<http://www.cvaaa.com>

- May 5th & 6th, Elderfest
- May 18th, Senior Awareness Day
- May 19th, Day of Caring by the United Way of Central Virginia
- May 24th, Beard Center on Aging Conference
- May 26th, Senior Dance

Crater District Area Agency on Aging

<http://www.cdaaa.org>

District Three Senior Services

<http://www.district-three.org>

- May 4th, Chronic Disease Self-Management Program Reunion
- May 20th, Smyth County Senior Citizens Day
- June 9th, Senior Law Day

Eastern Shore Agency on Aging

Fairfax Area Agency on Aging

<http://www.fairfaxcounty.gov/dfs/olderadultservices/>

- April 26th, Older Americans Month Proclamation reception and volunteer breakfast

Jefferson Area Board For Aging

<http://www.jabacares.org>

- May 1st, Community Extravaganza
- May 18th, "Alternatives for Healthy Lifestyles" lecture, Dr. Zachary Bush
- May 19th, Memorial Day memories
- May 21st, Murder Mystery Dinner Theatre
- May 23rd, Activity with Nelson County High School
- May 25th, Block Party with Haney Ripley Daycare
- May 31st, Minute to Win It game and party

Lake Country Area Agency on Aging

<http://www.lcaaa.org>

LOA Area Agency on Aging, Inc.

<http://www.loaa.org>

Loudoun County Area Agency on Aging

<http://www.loudoun.gov/aaa>

- The Senior Expo
- Celebrate You!, a senior citizens and volunteer recognition event

Mountain Empire Older Citizens, Inc.

<http://www.meoc.org>

New River Valley Agency on Aging

<http://www.nrvaooa.org>

Peninsula Agency on Aging, Inc.

<http://www.paainc.org>

- May 6th, Peninsula Conversation on Aging

Piedmont Senior Resources Area Agency on Aging, Inc.

Prince William Area Agency on Aging

<http://www.pwcgov.org/aoa>

Rappahannock Area Agency on Aging, Inc.

<http://www.raaa16.org>

- May 19th, Older Americans Month volunteer recognition banquet

Rappahannock-Rapidan Community Services Board and Area Agency on Aging

<http://www.rrcsb.org>

Senior Connections, The Capital Area Agency on Aging, Inc.

<http://www.seniorconnections-va.org>

- May 11th, Mosaic Restaurant Fundraiser
- May 16th, The 28th Annual Older Americans Month luncheon
- May 19th, Edward Jones: Making Sense of Investing” seminar
- May 24th, Open House at Senior Connections

Senior Services of Southeastern Virginia

<http://www.ssseva.org>

- May 3rd & 5th, Senior Olympics

Shenandoah Area Agency on Aging, Inc.

<http://www.shenandoahaaa.com>

Southern Area Agency on Aging, Inc.

<http://www.southernaaa.org>

- May 12th, Health Fair and Craft Show
- May 19th, Annual Older Americans Month Celebration

Valley Program for Aging Services, Inc.

<http://valleyprogramforagingservices.com>



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: CDSMP Local Program Coordinators

FROM: April Holmes, MS Ed
Coordinator of Prevention Programs for Older Adults

DATE: 5/3/11

SUBJECT: June 6 Livable Communities Conference: Save the date

You are cordially invited to attend the 2011 Conference ~ ***Livable Communities For Persons Growing Older with Lifelong Disabilities*** presented by the Area Planning and Services Committee on Aging with Lifelong Developmental Disabilities (APSC) The conference will be held on June 6, 2011, 8am until 4:30pm at the Holiday Inn Koger Conference Center in Richmond.

The conference will cover a wide array of topics on livable communities, including Inclusive Community Living, Universal Design, *Virginia's Money Follows the Person* program, assistive technology, *Livable Communities* and *Age Wave* Blueprints, and work opportunities for individuals with lifelong disabilities. Speaking on the *Blueprint for Livable Communities* will be our own Interim Commissioner, James Rothrock. The day will begin with a keynote address on *A Viable Future: Livable Communities for All Ages* by Gordon Walker, CEO of Jefferson Area Board for Aging and will close with a Plenary Session: *Disabled vs. Disability: A Role for Self-Management* by Rick Seidel, Director of Research, Department of Psychiatry and Behavioral Medicine, Carilion Clinic

See attached documents for on-line registration and exhibitor information. A detailed conference schedule will be available soon.



Livable Communities

For Persons Growing Older with Lifelong Disabilities

Sponsored by the Area Planning and Services Committee on
Aging with Lifelong Developmental Disabilities (APSC)

June 6, 2011

8 a.m. - 4:30 p.m.

Holiday Inn Koger Conference Center

EXHIBITOR INFORMATION

WHO WE ARE

The Area Planning and Services Committee (APSC) is a coalition formed to respond to the opportunities and challenges those older adults with lifelong, developmental disabilities present to various sectors of the community.

We in the APSC are working together to join our talents and experiences in order to assist area service providers, older adults with developmental disabilities, their family, caregivers, and others to make the experience of growing older with lifelong, developmental disabilities more productive and positive.

ABOUT OUR CONFERENCE

Issues of aging affect all areas of one's life: work, housing, medical care, social activities, recreation, and more. While some aspects of aging are universal, persons with lifelong disabilities present with different issues and needs from the general population.

It is the goal of our annual conference to educate consumers and their family members, along with case managers, direct care providers, physicians, and the larger community on these special issues. Through this conference, we are able to enhance the ability of each attendee to better meet the needs of consumers who are aging with lifelong disabilities.

Livable Communities: For Persons Growing Older with Lifelong Disabilities

Monday, June 6, 2011

8 a.m. – 4:30 p.m.

Holiday Inn Koger Conference Center

1021 Koger Center Boulevard

Richmond, VA 23235

EXHIBITOR BENEFITS

- Reasonable rates to display your product or services
- Discounted pricing for non-profits
- On average there are 150 attendees, including consumers, family, caregivers, and professionals looking for ways to enhance the quality of life for those aging with lifelong disabilities
- By committing to exhibit your company will be listed for FREE in the e-mail marketing done prior to this event AND receive admission to the conference sessions at no additional charge

EXHIBITOR AGREEMENT



Area Planning and Services Committee for Aging with Lifelong Disabilities

Livable Communities: For Persons Growing Older with Lifelong Disabilities

Company/Agency Name (Name listed here will be used for your booth sign and badges)

Contact _____ **Title** _____

Mailing Address _____

City _____ **State** _____ **Zip** _____

Phone _____ **Fax** _____

Email _____ **Website** _____

Product(s) to be exhibited: _____

Space Reservation

Standard Display Table (includes 6 foot table and 2 chairs) \$100

Special Requests (ie: power) _____

Not-for-Profit Display Table (includes 6 foot table and 2 chairs) \$60

Special Requests (ie: power) _____

Please make check payable to:
Return Form and Check to:

Virginia Center on Aging
APSC 2011 Conference
Virginia Center on Aging
Virginia Commonwealth University
Box 980229
Richmond, VA 23298-0229

Save the Date!

The Area Planning and Services Committee on Aging
with Lifelong Developmental Disabilities (APSC)
presents its 2011 Conference...



Livable Communities

For Persons Growing Older with Lifelong Disabilities

June 6, 2011

8 a.m. - 4:30 p.m.

Holiday Inn Koger Conference Center

holidayinnkoger.com

\$35 early registration; \$45 on-site registration

Register online at: www.apsc2011.eventbrite.com

To join our mailing list, please e-mail eansello@vcu.edu

Find us on Facebook and ConnectRichmond by searching for "APSC"!