



COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
May 10, 2011

SUBJECT	VDA ID NUMBER
<u>2011 Area Plan Training</u> (Kathy Miller)	11-129
<u>Elderly Refugees</u> (Ellen Nau)	11-130
<u>National Women's Health Week – May 8-14, 2011</u> (Elaine Smith)	11-131
<u>Commonwealth Council on Aging's Best Practices Awards Announcement</u> (Joseph Hoyle)	11-132
<u>Changes in the Way Federal Benefits are Paid – Seniors to be Encouraged to Go Direct ®</u> (Elaine Smith)	11-133
<u>Elder Abuse Prosecutor Training Opportunity</u> (Kathy Miller)	11-134
<u>Intergenerational and Relatives as Parents Program</u> (Ellen Nau)	11-135

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



11-129

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: May 10, 2011

SUBJECT: 2011 Area Plan Training

The Virginia Department for the Aging will provide Area Plan training for AAA's on **May 24, 2011 from 10:00 am to noon**. The training will be available by videoconference. If your agency would like to participate via videoconferencing, you must notify VDA by May 16 so that we can provide the information to the Department of Health. Your agency will be responsible for contacting the local health department to use their meeting room and videoconference equipment. If you would prefer to attend the training onsite, it will be held in the VDA conference room. Please respond to let us know if you plan to attend in person. Please send all responses or questions to Cecily Slasor at (804) 662-9312 or cecily.slasor@vda.virginia.gov.

The major changes that will be discussed during this training will be for AAAs that plan to provide Options Counseling and for those that receive CCEVP funding.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau

DATE: May 10, 2011

SUBJECT: Elderly Refugees

Please be aware that as of September 30, 2011, qualified aliens, including refugees that have been in the United States for longer than seven years and have not obtained citizenship will no longer be eligible to receive supplemental security income (SSI) benefits. SSI provides monthly assistance to low income, elderly blind and disabled individuals.

The Administration on Aging participated in a teleconference sponsored by the U.S. Citizenship and Immigration Services on this issue on April 21, 2011. If you live in an area that has a large elderly refugee population, you may have future contact with some of the approximately 21,035 noncitizens that will lose SSI benefits if they do not obtain U.S. Citizenship. An Executive Summary for the April 21 Teleconference will be available on the USCIS website in the near future. www.uscis.gov

If you are serving an elderly refugee population, you may want to register to get a Civics and Citizenship Toolkit at www.citizenshiptoolkit.gov/ Please let your appropriate partner organizations know about this resource to prepare refugees for citizenship.



11-131

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Health Promotion and Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: May 10, 2011

SUBJECT: National Women's Health Week – May 8 – 14, 2011

The theme for National Women's Health Week 2011 is "It's Your Time." National Women's Health Week empowers women to make their health a top priority. It also encourages them to take steps to improve their physical and mental health and lower their risks of certain diseases. Those steps include:

- Getting at least 2 hours and 30 minutes of moderate [physical activity](#), 1 hour and 15 minutes of vigorous physical activity, or a combination of both, each week
- [Eating a nutritious diet](#)
- Visiting a health care professional to get regular checkups and [preventive screenings](#)
- Avoiding risky behaviors, such as [smoking](#) and not wearing a seatbelt
- Paying attention to [mental health](#), including getting enough sleep and managing stress

[Learn more about National Women's Health Week.](#)



11-132

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Joseph D. Hoyle, Policy Analyst

DATE: May 10, 2011

SUBJECT: Commonwealth Council on Aging's Best Practices Awards Announcement

Please see the attached press release from Commissioner Rothrock and Council Chair, Blancato regarding the 2011 recipients of the Commonwealth Council on Aging's Best Practices Awards.

For more information, please visit <http://www.vda.virginia.gov/ccoa-bpa.asp>.



News Release

**FOR IMMEDIATE RELEASE
May 6, 2011**

For More Information, Contact

A.J. Hostetler, Public Relations Director
aj.hostetler@drs.virginia.gov
804-662-7372

COUNCIL ON AGING HONORS FIVE PROGRAMS FOR BEST PRACTICES

(RICHMOND, Va.)—A partnership in Arlington County that provides cost-effective assisted living services for elderly residents of a low-income apartment complex won the top 2011 “Best Practices” award from the Commonwealth Council on Aging.

The council, which advises the Governor on issues affecting older Virginians, annually acknowledges organizations whose model programs can be replicated across the Commonwealth. The Rotondaro Family Foundation, based in Alexandria, provided \$10,000 for a top award, two second-place awards and three honorable mentions.

“With these awards, the Council and the Virginia Department for the Aging honor creativity in services that foster livable communities for older adults through home- and community-based supports such as transportation, housing, caregiver support and intergenerational programming,” said VDA Commissioner Jim Rothrock.

The year’s top award honors the partnership between [Arlington County’s Aging and Disability Services division](#) and [Culpepper Garden](#), which provides affordable services normally found in assisted living facilities to older residents of the low-income apartment complex in Arlington. The program will receive a \$5,000 donation in recognition of its efforts to assist older Virginians age in their community.

Through the program, Culpepper Garden residents can receive assisted living services such as transportation, personal care, adult day health care and nursing case management. Culpepper Garden provides federally-financed housing for older Virginians. Two service coordinators and the Arlington County Agency on Aging work together to help residents identify their needs and apply for and access services.

About 1 million Virginians are age 65 and older, a number that will increase considerably as Baby Boomers enter their retirement years. By 2030, one in every five Virginians, or almost 2 million people, will be age 65 and older.

“Our hope is that other communities across the Commonwealth will replicate these innovative, cost-effective programs that can do so much to improve the quality of life for older Virginians,” said Robert Blancato, chairman of the Commonwealth Council on Aging.

Two organizations tied for second place and each will receive \$1,750:

- ElderSpirit Community is one of mutual support and late-life spirituality in a mixed-income, co-housing neighborhood in Abingdon, consisting of 29 homes, including 16 low-income rentals, a central “Common House” and a “Spirit Center.” Resident management is one of the principles of co-housing: the residents determine how they will live with and offer support to one another, maintain the lawns and buildings, cook their common meals and live by the stated values.
- The Volunteer Money Management Program, by the Capital Area Agency on Aging in partnership with AARP, provides individualized assistance to seniors age 60 and over who need help with their monthly bill-paying responsibilities. Trained volunteers provide one-on-one check writing and bill paying services in the home. Money Management enables seniors to live independently and with the peace of mind that their bills are paid in a timely manner.

A \$500 award was given to each of three honorable mentions:

- Aging Together, Culpeper, for its “Caregiver Training Series,” which supports family caregivers by providing them affordable and accessible hands-on training in their home communities.
- Rappahannock-Rapidan Community Services Board, Culpeper, whose volunteers for the RSVP and Care-A-Van driving programs provided 874 trips, 43,077 miles of transport and 3,191 hours of service helping older individuals with vital transportation services in 2010.
- The Virginia Heart and Vascular Institute Heart Failure Program, Mary Washington Healthcare, Fredericksburg, whose successful ongoing care has dramatically reduced heart failure and patient readmissions, enabling patients to manage their conditions and resume most daily activities.

For more about the Commonwealth Council on Aging’s Best Practices Awards, visit www.vda.virginia.gov/council.asp.

###



11-133

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: AAA Program Staff

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: May 10, 2011

SUBJECT: Changes in the Way Federal Benefits are Paid – Seniors to be encouraged to Go Direct®

I was recently contacted by Laura Von Bergen, the Treasury Department's **Go Direct®** campaign representative, and am passing along information pertinent to seniors with respect to the payment of their federal benefits. Following is the information that you may disseminate to seniors in your programs to get the word out. You may order printed materials using the attached order form.

Help Americans Say Goodbye to Federal Benefit Checks

The U.S. Department of the Treasury recently announced that all federal benefits will be paid electronically. Anyone applying for federal benefits will need to choose an electronic payment method at the time they apply for their benefit, while anyone currently receiving paper checks must switch by **March 1, 2013**. People already receiving benefit payments electronically do not need to take further action. They will continue to receive their payment as usual on their payment date.

This change makes it more important than ever to encourage senior citizens to sign up for electronic payments now.

Changes in the Way Federal Benefits are Paid – Seniors to be encouraged to Go Direct®

May 10, 2011

Page 2 of 2

- **Have a bank or credit union account?** Americans can sign up for **direct deposit** of their benefit payments directly into their checking or savings account by going to www.GoDirect.org, calling (800) 333-1795, or visiting their local bank or credit union.
- **Prefer a prepaid debit card?** The **Direct Express®** Debit MasterCard® card is a prepaid debit card that provides a safe, low-cost alternative to paper checks for federal benefits payments. Funds on the **Direct Express®** card are FDIC-insured (up to the legal limit). Cardholders can make retail purchases, pay bills and get cash back. No bank account or credit check is required. To sign up for the card, or to learn about its fees and features, people can go to www.GoDirect.org, call (800) 333-1795, or contact their federal agency.

People who do not choose an electronic payment option by **March 1, 2013**, or at the time they apply for federal benefits, will receive their payments via the **Direct Express®** card so they will not experience any interruption in payment.

The Treasury Department's **Go Direct®** campaign provides free materials to help you share this important information. For more details or to order free materials, visit www.GoDirect.org or contact your campaign representative Laura Von Bergen at lvonbergen@webershandwick.com or (312) 988-2448.



Go Direct[®] Campaign Materials Order Form

Name:

Organization:

Physical Mailing Address:

Phone Number:

E-mail:

Date Needed (*please allow up to two weeks for shipping*):

Attach this form in an email and send it to your campaign representative. If you're not sure who your campaign representative is, please send it to GoDirect@webershandwick.com. You can also fax this form to 952-346-6188.

While the **Go Direct[®]** campaign provides materials free of charge, please note the suggested quantities per financial institution branch, community-based organization or event. If you would like to order more materials than suggested, please contact your campaign representative or call 952-346-6055 to discuss.

Materials for Community-Based Organizations	Quantity	Suggested Quantity
English Flier		50
Spanish Flier		50
Direct Express Card [®] Pamphlet		50
Poster (11x17)		3
Public Service Announcement DVD*	*	
Public Service Announcement Audio CD*	*	
Materials for Financial Institutions		
English Flier		50
Spanish Flier		50
Statement Stuffers*	*	
Public Service Announcement DVD*	*	
Public Service Announcement Audio CD*	*	

**Contact your campaign representative or call (952) 346-6055 to order.*





11-134

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: May 10, 2011

SUBJECT: Elder Abuse Prosecutor Training Opportunity

The Staunton/Augusta County area Elder Abuse Coalition is hosting a training for Law Enforcement and Prosecutors on June 6 at Blue Ridge Community College in Weyers Cave, Virginia. The training is free and open to the entire state. You can find details and registration information attached.

Greater Augusta Coalition Against Adult Abuse

Plecker Workforce Training Ctr, Blue Ridge CC, Weyers Cave

June 6, 2011

8:30 am - 5 pm

CLE credits &
DCJS/PIC
pending
approval

Successful Investigation and Prosecution of Elder Abuse

Paul Greenwood, our internationally respected keynote speaker, will present the morning sessions. Joining us in the afternoon with excellent tactical advice will be **Linda Matkins**, Adult Protective Services Worker, Shenandoah Valley Dept. of Social Services presenting “**Collaborating with Adult Protective Services**” and **Sharon Burnham**, Principal Assistant U.S. Attorney, U.S. Attorney’s Office, Western District of VA discussing “**Federal Prosecution of Elder Fraud and Abuse**”.

- Learn From the Experts
- Destroying the Myths
- Financial Exploitation – the Crime of the 21st Century
- When does Elder Neglect Become Criminal?

Free Event
Lunch Provided

GRANT FUNDING PROVIDED BY:

Administration on Aging
Augusta Health Foundation
Blue Ridge Legal Services
Community Foundation of the
Central Blue Ridge
Home Instead Senior Care
VA Coalition for the Prevention
of Elder Abuse

REGISTER online at

<http://fs21.formsite.com/ascott/GACAAA/index.html>

For more information, contact
Anne See at 1(800)237-0141 or
asee@brls.org.

Paul Greenwood Deputy District Attorney V San Diego, CA

- ◆ Head of Elder Abuse Prosecution Unit since 1996
- ◆ Involved in prosecution of over 400 felony cases of elder abuse including financial, physical, and murder
- ◆ Educated in the U.K. and admitted to California Bar, 1991
- ◆ Served as legal consultant to the BBC due to his expertise in both countries’ criminal justice system
- ◆ Featured on CBS & NBC news
- ◆ Recipient of numerous awards for vision, civility & integrity



Greater Augusta Coalition Against Adult Abuse presents:

Successful Investigation and Prosecution of Elder Abuse

Plecker Workforce Center, Blue Ridge Community College in Weyers Cave, VA

Monday: June 6, 2011

8:00 - 8:30 **Registration**

8:30 - 8:45 **Welcome and Introductions**

8:45 - 10:15 **“Destroying the myths: Investigation & Prosecution of Elder Abuse”**

Deputy District Attorney Paul Greenwood will draw upon his 15 years experience in prosecuting felony elder abuse to highlight certain misconceptions that exist surrounding the investigation and prosecution of such cases. He will offer suggestions that can ultimately hold perpetrators of such abuse accountable for their action and will provide examples of successful strategies.

Presenter: Paul Greenwood, Deputy District Attorney V, Office of the District Attorney

10:15 - 10:30 **Break**

10:30 - 12:00 **“Elder Financial Exploitation: The Crime of the 21st Century”**

Paul Greenwood will endeavor to dissect this growing crime and offer practical tips on how to effectively gather evidence that can then be presented in a criminal prosecution. He will provide case studies to demonstrate types of financial abuse and methods to combat the obvious defense that the elderly victim has either loaned or gifted the asset to the defendant.

12:00 - 1:00 **Lunch**

1:00 - 1:45 **“Elder Neglect: When does this become criminal?”**

In this workshop, Deputy DA Paul Greenwood will try to show when the standard of care falls not only below a level of civil negligence but crosses over into the realm of criminal behavior. He will explain how a successful prosecution of a neglect case often requires a combination of medical testimony and the presentation of powerful visual evidentiary tools.

1:45 - 2:15 **“Collaborating with Adult Protective Services”**

Learn how working with your local APS unit can help you prosecute those taking advantage of the elderly during this session. While presenting an overview, Linda Matkins will share the importance of fostering a strong working relationship with your local APS in order to understand the legal avenues APS has available to utilize and how this relationship can help you and those in the community.

Presenter: Linda Matkins, Adult Protective Services Worker, Shenandoah Valley Dept of Social Serv.

2:15 - 2:30 **Break**

2:30 - 4:00 **“Federal Prosecution of Elder Fraud and Abuse”**

Federal laws can be used to address many of the abuse and fraud crimes exploiting the elderly for financial gain and other purposes. Federal agencies such as the Secret Service, Federal Bureau of Investigation, Social Security Administration, and the Department of Veterans Affairs routinely investigate crimes directed at, or disproportionately affecting, the elderly. This presentation will provide an overview of relevant federal laws, the agencies enforcing those laws, and provide guidance on when and how to seek federal assistance.

Presenter: Sharon Burnham, Principal Asst. U.S. Attorney, U.S. Attorney's Office

4:00 - 4:15 **Final Comments & Evaluations**



Registration
Greater Augusta Coalition Against Adult Abuse presents
“Successful Investigation and Prosecution of Elder Abuse”
Monday, June 6, 2011

Thank you for your interest in attending this training at the Plecker Work Force Center.
 To reserve your seat, please fill out the information below.

First Name	
Last Name	
Title	
Organization	
Address	
Business Phone	
Fax Number	
Email	
Do you require a vegetarian meal? Yes No	
Additional Comments:	

Thank you for your efforts in successfully prosecuting and investigating elder abuse.
 We look forward to seeing you on June 6, 2011 at 8:30am!

Contact Anne See at 540-433-1830 or asee@brls.org for more information.

Mail completed form to:
 Blue Ridge Legal Services
 Attn: Anne See
 204 N. High St.
 Harrisonburg, VA 22803

OR

Fax completed form to:
 Blue Ridge Legal Services
 Attn: Anne See
 540-433-2202



11-135

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: May 10, 2011

SUBJECT: Intergenerational and Relatives as Parents Program

Jefferson Area Board For Aging (JABA) – Needs Your Vote!

The intergenerational program at JABA needs your vote! In 2011, The Eisner Foundation is awarding the inaugural **\$100,000 Eisner Prize** for Intergenerational Excellence. The Eisner Prize is designed to recognize excellence by an individual or a non-profit organization in uniting multiple generations, especially seniors and youth, to bring about positive and lasting changes in their community. JABA's Intergenerational Program is a semi-finalist in this contest.

The Eisner Foundation has selected twenty semi-finalists for the \$100,000 award. Five finalists will be chosen from the twenty semi-finalists. Each finalist will receive a \$5,000 award. The Eisner Prize Review Committee will select four finalists. The other finalist will be selected by popular vote! The semi-finalist that receives the most popular votes will join the other four finalists and receive \$5,000. From the five finalists, the Eisner Foundation will select one finalist to receive the \$100,000 award!

Voting ends on May 15, 2011. To vote for JABA, go to:
<http://www.eisnerfoundation.org/eisnerprize/> Information on JABA's Intergenerational Programs is attached to this Tuesday mailing.

\$1,000 Award for Youth Led Intergenerational Programs

Generations United and MetLife Foundation are awarding grants of \$1,000 and assistance to organizations to develop youth-led intergenerational programs. The goal: help youth, youth groups--or groups wanting to form a youth partnership--to jumpstart intergenerational work in their communities. Applications are due May 31, 2011.

For further information, go to:
<http://www.gu.org/OURWORK/Programs/YouthJumpstartgrants.aspx>

Generations United 16th Annual International Conference

Generations United Annual Conference on July 26-29, 2011 that will be held in Washington, D.C.! Early bird registration through June 6! For information, go to: <http://www.gu.org>

AARP Public Policy Report – Dramatic Growth in Multigenerational Households

The AARP report shows an increase of 6.2 million intergenerational household to 7.1 million households from 2009 to 2010. The AARP Fact sheet on intergenerational households is attached to this Tuesday Mailing.

Angel Food Ministries – Food for the Needy

Has your agency staff encountered relatives as parents or multigenerational families in need of food? Are these individuals that do not qualify for OAA food programs? Angel Food Ministries may be the answer to serving these individuals. I have entered the zip code for several of the Area Agencies on Aging and have found Angel Food Ministries located in their planning districts. Angel Food Ministries will accept food stamps. Go to the site locator: www.angelfoodministries.com to find food distribution sites in your area.

Brookdale National Relatives as Parents Program Training Conference

We made it! Ellen Nau, State of Virginia Brookdale Rapp Representative, Kathy Dial, local RAPP Representative from Catholic Charities of Southeastern Virginia, Marilyn Turner, local RAPP representative from Rockingham Memorial Hospital, Harrisonburg, and MEOC Brookdale grantee representatives, Patty Bailey, LaDonna Hall and Jennifer Davis attended the April 30 through May 1 Brookdale Training Conference in Denver, Colorado. We gained knowledge of many ideas and resources from our attendance.

Speakers at the conference included, Greg Link from AoA who addressed kinship care programs under Title III E of the Older Americans Act and the Lifespan Respite Act; Kim Klein who discussed fundraising for non-profits, Amy Goyer, Consultant and AARP's Family Expert, and John Ankele, Producer. Mr. Ankele shared portions of his video, *Grandmother to Grandmother, New York to Tanzania*. The DVD is available at VDA. Contact Ellen Nau at ellen.nau@vda.virginia.gov if you would like to borrow this resource.

Virginia Tech and Virginia Department of Health-Division of Nutrition and Physical Activity and Food Programs Research Study

This research study is being conducted by Virginia Tech researcher, Megan Dolbin-MacNab, to better understand the nutritional status and needs of custodial grandparents and their grandchildren, the kinds of community services they use and the way WIC can best help grandparents and their grandchildren. Approximately 6.2% of Virginia children are being raised by approximately 59,464 grandparents. Please find information about the study attached to this Tuesday Mailing.

JABA's Intergenerational Activities

Shared Site Intergenerational Centers:

- Hillsdale Adult Care Center and Montessori—Children and older adults come together each day to share activities. JABA staff are encouraged to volunteer in the ACC as well
- Louisa Adult Care Center and Shining Star Child Care Center at the Betty J. Queen Intergenerational Center in Louisa—Children and older adults share activities and have lunch together each day. Program activities also include individuals in Parks and Rec and ARC of the Piedmont programs
- Jefferson School City Center—Opening in 2012 with partner tenants include: JABA Community Center, café for congregate program and meals for community purchase, nursing clinic and case management; Y for infant and child care; PVCC for downtown classes and culinary arts program; CATEC culinary arts student placement in JABA's café; Common Ground Healing Arts for affordable complementary health practices; Literacy Volunteers of America; Martha Jefferson Hospital clinic, focusing on women's and children's health issues; Charlottesville Parks and Rec; and the African American Cultural Heritage Center with exhibitions and performing arts for individuals of all ages.
- Southern Albemarle Intergenerational Community Center—Opening date unknown with partner tenants to include: JABA's Community Center and the Y, both in close proximity to the Southern Albemarle Family Practice clinic. Additional partner tenants may be identified in the future.
- Fluvanna Intergenerational Community Center—In planning stages, with partner tenants to include: JABA's Community Center and Parks and Rec. Additional partner tenants may be identified in the future.

Community

- All eight of JABA's Community Centers hold intergenerational activities routinely as part of their monthly calendar. Children from local schools, faith based organizations, service clubs visit with older adults in the Center and older adults visit with the children and youth at their meeting places.
- Kid Pan Alley is a program in which singers and song writers work with older adults and children to exchange stories and write songs that the children perform at a public concert.
- JABA recruits volunteers of all ages to work together to contribute to sustainability of healthy communities. Older adults and children share skills and talents with each other and learn the value of meaningful activities.
- JABA's efforts at promoting the value of local food and increasing access is intergenerational. Gleaning from local farmers' markets provides local food to low income individuals of all ages in the community. Education sessions and cooking classes allow older adults and children to learn together and share good nutrition. JABA introduced local currency at public housing sites and EBT at the Charlottesville farmers' market to enable families with low incomes to purchase local food.

School Programs

- FISH—Friends in Schools Helping—recruits volunteers to work with children, primarily in elementary schools, to develop their reading and math skills. Children participating in the program are identified by their teachers as being academically at-risk.
- Louisa County High School—the Long Term Care Ombudsman participates once or twice a year in discussions with two high school classes on long-term care issues and the Ombudsman program.

- CATEC—Charlottesville Albemarle Technical Education Center—has a culinary arts program for high school students. Students work as interns in JABA’s Hillsdale kitchen, learning about food preparation. When the Jefferson School opens, CATEC and JABA will offer curriculum in all aspects of running a café, including but not limited to: food ordering, food preparation, business financials, customer service, facility maintenance. Credits earned from CATEC can be applied to PVCC’s culinary arts program.
- PVCC—Piedmont Virginia Community College—is developing an Associate Degree level culinary arts program to be housed in the Jefferson School. JABA and PVCC will partner to provide students various learning opportunities to include running a café, food preparation and catering for large and small events.
- UVA:
 - School of Nursing—JABA’s nurse practitioner is on faculty at UVA School of Nursing and has students on clinical rotations in the Community Centers and Louisa Adult Care Center. Member of JABA’s Jefferson Eldercare Board and JABA Board are on faculty at the School of Nursing and have students on clinical rotations at Mountainside Senior Living and Crescent Hall (public housing community where JABA provides a nursing clinic).
 - School of Medicine—JABA provides first year medical students with exposure to older adults and community based services and nursing home advocacy through the “Social Issues in Medicine” study. Third year students have an opportunity to begin to use clinical skills in the community through a clerkship program with JABA. JABA’s CEO provides annual lectures on issues of aging, and a member of JABA’s Board (a retired geriatrician) provides an annual program for aspiring medical students in which they visit with residents of Mountainside Senior Living and JABA Hillsdale Adult Care Center to interview and spend one-on-one time with older adults.
 - Dietician Program—Dietetic Interns visit JABA’s Community Centers and assess older adults for their nutritional status and menu preferences. They plan menus and analyze JABA’s menu for nutritional content.
 - Masters of Public Health—Students learn about the impact of policy on programs for older adults. They have an opportunity to perform ongoing service projects and research projects that have an impact on the local living conditions for older adults.
 - School of Architecture—Students and faculty are engaged in learning more about the living and health conditions for older adults and children through mapping research programs. A faculty member has worked with JABA to perform a Neighborhood Engagement Study for the Jefferson School. Youth, adults and older adults participated in a unique project in which they took photographs in their community to help inform the School’s Foundation and partner tenants on what programs and services they hope to see available at the School.
 - School of Law—JABA’s Long-Term Care Ombudsman provides classroom discussion of long-term care issues and the Ombudsman program.

Multigenerational Households Are Increasing

Growth of multigenerational households has accelerated during the economic downturn. In 2008, 6.2 million intergenerational households resided in the United States (5.3% of all households.) That number jumped to 7.1 million households by 2010 (6.1% of all households.) The increase in these two years represents a faster rate of growth than the previous eight years combined.

What Is a Multigenerational Household?

This analysis defines multigenerational household as one in which the “householder” lives in any of the following combinations:

- Householder, child, and grandchild
- Householder with parent
- Householder with parent and child
- Householder with grandchild
- Householder with parent, child, and grandchild
- Householder with parent and grandchild

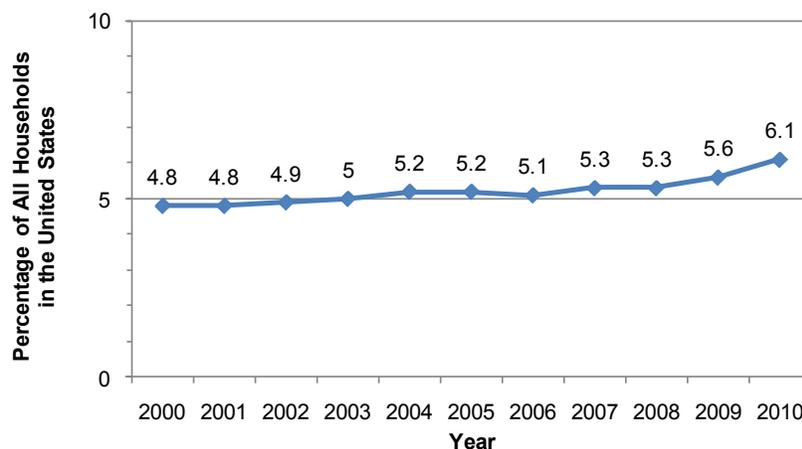
It does not include households comprised of parents and children, regardless of the age of the child. Data are derived from the Current Population Survey.¹

How Have Multigenerational Households Grown over the Past Decade?

Growth of multigenerational households has accelerated in the economic downturn. In 2000, there were 5 million households comprised of multiple generations (4.8% of all households.) This number grew slowly until the last two years. By 2008, 6.2 million intergenerational households resided in the United States (5.3% of all households), jumping to 7.1 million such households in 2010 (6.1% of all households).

Figure 1 illustrates the growth in multigenerational households over the past decade. Between 2008 and 2010, the number of multigenerational households grew faster than in any other

Figure 1
Multigenerational Households as a Percentage of All Households in the United States, 2000–2010



Source: AARP Public Policy Institute analysis of Current Population Survey Data.

Multigenerational Households Are Increasing

two-year period since 2000. This timing largely coincides with the recession during the late 2000s.

How Prevalent Are the Various Configurations of Multigenerational Households?

Figure 2 illustrates the prevalence of the different types of multigenerational households.

Other Findings

A separate analysis conducted by the Pew Research Center in 2010 analyzed the number of Americans living in multigenerational households.² That report defined multigenerational family households as including—

- Two generations: parents and adult children ages 25 or older
- Three generations: parents, adult children, grandchildren
- Skipped generation: grandparents and grandchildren, without parents
- More than three generations

The Pew analysis found that in 2008, 49 million Americans (16% of the U.S. population) lived in multigenerational households—up from

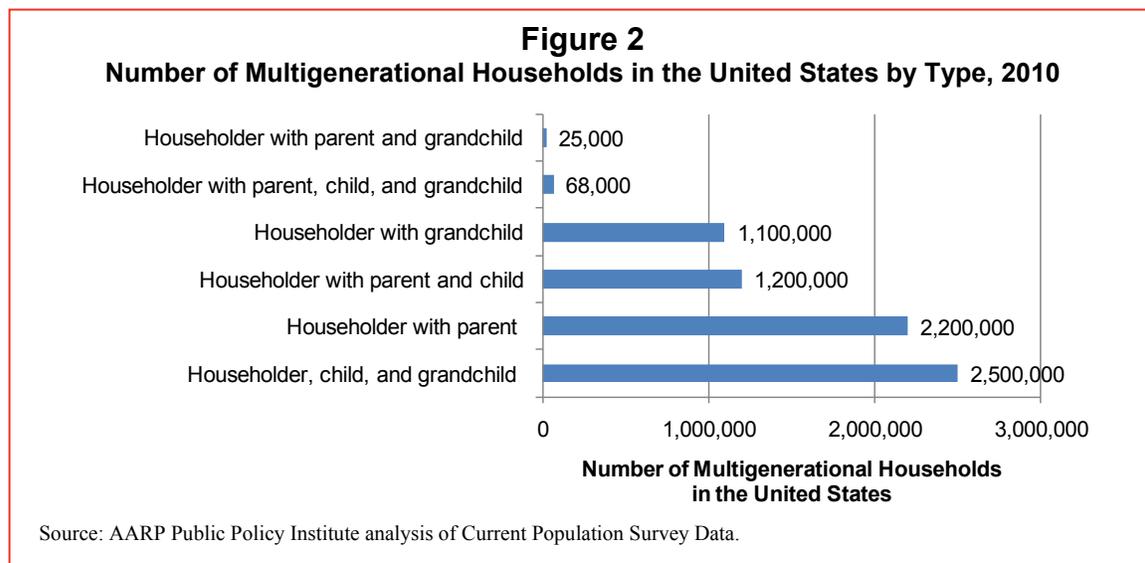
28 million (12%) in 1980. Coincident with rising unemployment and home foreclosures, there was a 2.6 million increase in the number of individuals in multigenerational households between 2007 and 2008.

“Boomerang” Children, Elders, and Race/Ethnicity

According to the Pew report, one in five adults ages 25 to 34 now live in multigenerational households. This is a dramatic reversal since 1980, when only 11 percent of this age group lived in multigenerational households. This phenomenon is largely attributed to the impact of the recession.

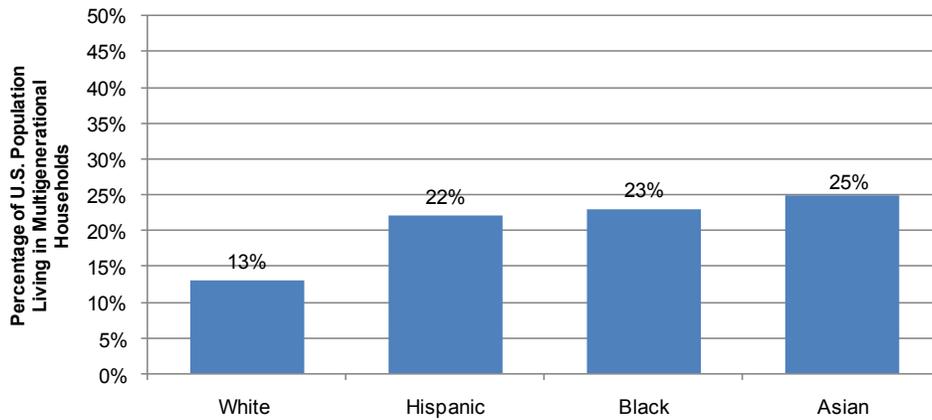
Twenty percent of adults age 65+ lived in multigenerational households in 2008. Over the course of the twentieth century, the percentage of people age 65+ living in multigenerational households declined dramatically, from 57 percent in 1900 to 17 percent in 1990. Since then, the percentage has begun to increase.

A substantially higher share of Hispanics, African Americans, and Asians live in multigenerational households, compared to whites. This finding is illustrated in figure 3.



Multigenerational Households Are Increasing

Figure 3
Percentage of U.S. Population Living in Multigenerational Households, by Race or Ethnicity



Source: Paul Taylor et al., *The Return of the Multi-generational Household*.

Conclusion

For some multigenerational households, shared living space is a choice that enhances familial closeness and bonding across the generations. For others, it is based on economic necessity, disability of a parent or adult child, or the absence or incapacity of the parent of a minor child. In the latter cases, family relationships may be strained by crowded living quarters, excessive caregiving responsibilities, and economic hardship. Public policies should support family caregivers who live in multigenerational households by facilitating access to public programs and expanding the availability of supportive services.

¹ U.S. Census Bureau. Current Population Survey Internet and Computer Use Supplement Public Use File.

² Paul Taylor et al. *The Return of the Multi-generational Household* (Washington, DC: Pew Research Center, March 2010).

Fact Sheet 221, April, 2011

Written by Rodney Harrell, PhD, Enid Kassner, and Carlos Figueiredo, PhD
AARP Public Policy Institute,
601 E Street, NW, Washington, DC 20049
www.aarp.org/ppi
202-434-3890, ppi@aarpp.org
© 2011, AARP.
Reprinting with permission only.

Dear Colleagues,

As you are all well aware, approximately 6.2% of Virginia children are being raised by approximately 59,464 grandparents. In comparison to other states, Virginia ranks eighteenth in terms of the number of children living in grandparent-headed families. Because of the increasing number of grandparent-headed families, there is a greater need than ever for community services that are able to meet the needs of custodial grandparents and their grandchildren.

To address this need, Virginia Tech and the Virginia Department of Health - Division of Nutrition, Physical Activity and Food Programs are conducting a research study to better understand the nutritional status and needs of custodial grandparents and their grandchildren, the kinds of community services they use, and ways that community service programs like WIC (Special Supplemental Nutrition Program for Women, Infants, and Children) can best help grandparents and their grandchildren.

Since grandparent-headed families are often difficult to locate, you can be an essential part of this research. As someone who has frequent contact with custodial grandparents and their grandchildren, I would appreciate your help in recruiting grandparents to participate in this study. Although word-of-mouth is always most effective, I have also attached a two-sided informational flyer for you to post and/or pass around. I can also send hard copies, if that would be helpful.

Participating in this research study involves grandparents completing a survey over the telephone. It should take grandparents approximately 30 minutes to complete the survey. To be in the study, the grandparent must reside in Virginia and must be providing full-time care to at least one grandchild aged 5 and under. As compensation for their time, each grandparent will receive a \$20 Wal-Mart gift certificate. The Virginia Tech and Virginia Department of Health Institutional Review Boards have approved this research study. Confidentiality of grandparents will be protected.

Please spread the word about this survey. And, thank you, in advance, for your help. If you have any questions, please contact us toll-free at 1-877-601-2813 or email us at grands@vt.edu.

Sincerely,

Megan Dolbin-MacNab, Ph.D., LMFT
Principal Investigator
Department of Human Development/Center for Gerontology
Virginia Tech



VirginiaTech

College of Liberal Arts
and Human Sciences

Department of Human Development/Center for Gerontology
Grandparent-Headed Families and Virginia WIC Project
840 University City Boulevard, Suite 1
Blacksburg, VA 24060
1-877-601-2813 Fax: 540-231-7209
grands@vt.edu

Dear Grandparent,

Thank you for everything that you do to help your grandchildren! You are very important to your family and several people at Virginia Tech and the Virginia Department of Health - Division of Nutrition, Physical Activity, and Food Programs want to learn new ways to support families like yours.

We are doing a research study to learn about the nutrition of custodial grandparents and their grandchildren, the kinds of community services they use, and ways that community service programs like WIC (Special Supplemental Nutrition Program for Women, Infants, and Children) can best help families like yours. We want to help all grandparents and grandchildren live the best lives possible, and we need your help!

If you are a Virginia grandparent raising a grandchild ages 5 and under who is not currently enrolled in WIC, you can be in this study. To be in the study, you will answer some questions over the telephone. We will work with you to find a good time to talk. The survey should take about 30 minutes of your time. To say thank you for your time, each grandparent who is part of the study will get a \$20 gift card to Wal-Mart. The Virginia Tech and Virginia Department of Health Institutional Review Boards have reviewed and approved these studies and your confidentiality will be protected.

Please tell other grandparents raising young grandchildren about this study. Thank you for your help. If you have any questions about the study, please call us toll-free at 1-877-601-2813 or email us at grands@vt.edu.

Sincerely,

Megan L. Dolbin-MacNab, Ph.D., LMFT
Principal Investigator
Department of Human Development/Center for Gerontology
Virginia Tech

Invent the Future

VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY
An equal opportunity, affirmative action institution

**Are you a grandparent raising a
grandchild?
Is your grandchild aged 5 or under?**



**If you can answer “yes” to these questions,
then we need your help!**

We are interested in learning about the nutritional and service needs of grandparents raising grandchildren.

Participation involves completing a survey over the telephone. It should take about 30 minutes to complete the survey.

To say thank you for taking the time to talk with us, each grandparent will receive one \$20 gift card to Wal-Mart.

If you are interested in being a part of this research study, please call us toll-free at 1-877-601-2813 or email GRANDS@VT.EDU.

Principal Investigator:

Megan L. Dolbin-MacNab, Ph.D., LMFT
Department of Human Development/ Center for
Gerontology, Virginia Tech
(540) 231-6807