



COMMONWEALTH of VIRGINIA
Department for the Aging

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June 21, 2011

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



11-156

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: June 21, 2011

SUBJECT: Caregiving and Kinship Care

Resources!

On April 29 through May 1, 2011, the Brookdale Foundation held its Relatives As Parents Program (RAPP) Grantees Conference in Denver, Colorado. Please find attached some valuable resources to aid you in conducting your kinship care program.

The Relatives as Parents Program (RAPP) was initiated in 1996. It is designed to encourage and promote the creation or expansion of services for grandparents and other relatives who have taken on the responsibility of surrogate parenting due to the absence of the parents. The program awards seed grants of \$10,000 over a two-year period in three categories: local, regional, and state public agencies. Request for Proposals for the RAPP Program will be available in October, 2011.

Grants!

The **Family Caregiver Alliance** is accepting applications for the fourth annual Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Awards program. The program is designed to help stimulate innovation in the field of Alzheimer's caregiving by recognizing and rewarding efforts that lead the way in addressing the needs of Alzheimer's caregivers. Three awards of \$20,000 each will be awarded to nonprofit 501(c) (3) organizations, government agencies, or universities responding to a community need with a program or project that focuses primarily on family/informal caregivers of adults with Alzheimer's disease and related dementias. Family or informal caregivers are unpaid caregivers. Only agencies operating within the continental United States are eligible to apply. Application deadline is August 15, 2011.

For application and program guidance, go to:

http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=2188

Virginia Tech Grandparent-Headed Families and WIC Project

Please find attached information from Dr. Megan L. Dolbin-MacNab, Ph.D., LMFT Principal Investigator, Department of Human Development/Center for Gerontology at Virginia Tech concerning the study they are doing with the Virginia Department of Health on the nutrition of *custodial* grandparents and their grandchildren. The study concerns grandparents raising a grandchild aged 5 or younger who is not currently enrolled in WIC. Each grandparent who participates in the study will receive a \$20 gift card to Wal-Mart.

**Are you a grandparent raising a
grandchild?
Is your grandchild aged 5 or under?**



**If you can answer “yes” to these questions,
then we need your help!**

We are interested in learning about the nutritional and service needs of grandparents raising grandchildren.

Participation involves completing a survey over the telephone. It should take about 30 minutes to complete the survey.

To say thank you for taking the time to talk with us, each grandparent will receive one \$20 gift card to Wal-Mart.

If you are interested in being a part of this research study, please call us toll-free at 1-877-601-2813 or email GRANDS@VT.EDU.

Principal Investigator:

Megan L. Dolbin-MacNab, Ph.D., LMFT
Department of Human Development/ Center for
Gerontology, Virginia Tech
(540) 231-6807

Information for Kinship (Relatives as Parents) Programs

Shared at the 2011 Brookdale RAPP Conference by *Barb Schwartz and the Caregiver and Kinship Care Staff* at the *State of Illinois Department on Aging* (Compiled in April 2011)

Research

(Place Kinship Care in the Organization's Search Engine)

Chapin Hall at the University of Chicago

www.chapinhall.org

Urban Institute:

www.urban.org

Center for Law and Social Policy (CLASP):

www.clasp.org

Families in Society:

www.familiesinsociety.org

National Resource Center for Permanency and Family Connections

At the Hunter College School of Social Work: Foster Care Information by State; Excellent E-newsletter

<http://www.nrcpfc.org>

Sargent Shriver National Center on Poverty Law:

www.povertylaw.org

Child Trends:

www.childtrends.org

Statistics for Kinship Care Programs

AARP Foundation

www.grandfactsheets.org

United States Census

www.census.gov

Pew Center

www.pewcenteronthestates.org

USDA

www.cnpp.usda.gov (expenditures on children by families – what it costs to raise a child)

The Council of State Governments

www.justicecenter.csg.org

Respite

Safe Families: www.safe-families.org

Children with Disabilities

www.greatschools.org Information and resources on special education and learning disabilities

Easter Seals: www.easterseals.org Equipment loans, respite, resources

National Information Center for Children with Disabilities www.nichcy.org

Information for parents, caregivers and providers on the rights of children with disabilities and special education services

Grief

Children's Grief Education Association: <http://childgrief.org>

Serving the needs of grieving children and families and providing education and support to those who serve them

Rainbows: www.rainbows.org

The Dougy Center- The National Center for Grieving Children and Families

www.dougy.org

Interstate Compact

Association of Administrators of the Interstate Compact on the Placement of Children

<http://icpc.aphsa.org>

Funding

Norris Consulting Group: www.norrisconsulting.com

Select "E-news"

Foundation Center: <http://www.foundationcenter.org>

Build a Bear: www.buildabear.com

Home Depot: www.homedepotfoundation.org

Web Cast:

"Supporting Kinship Families: What State Policy Makers Can Do."

National Governors' Association 12/17/2007

www.nga.org



11-157

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Joseph D. Hoyle
Policy Analyst

DATE: June 21, 2011

SUBJECT: Remaining Lunch-Time Webinars through the Virginia Center on Aging

The following three remain in the series of five, live lunch-time webinars being co-sponsored by the Virginia Alzheimer's Commission AlzPossible Initiative (VACAPI) and VCU's Department of Gerontology, and partly funded by the Virginia Center on Aging's Geriatric Training and Education Initiative (GTE). For more information on these partners, please visit their websites:

- VACAPI: www.alzpossible.com/
- VCU's Department of Gerontology: www.sahp.vcu.edu/gerontology/
- Virginia Center on Aging GTE: www.sahp.vcu.edu/vcoa/program/training.html

Please see the attachment for more details. All webinars begin at noon.

June 21st: Aging in Place: A Hallmark of Person-Centered Care

June 24th: Public Policy and Dementia Care

June 28th: Cultural Competence in Dementia Care

As part of our requirements, all attendees are kindly requested to complete a quick demographics survey following the event.

The webinar titled “**Aging in Place: A Hallmark of Person-Centered Care**” will be held on Tuesday, June 21st at noon. Register and ask questions in advance at: <https://www2.gotomeeting.com/register/238016090>

Rationale for this webinar:

Traditional institutional models of care for older adults are often antithetical to financial, physical, and emotional well-being. Older adults, overwhelmingly, state that, given the option, they would prefer to "age in place" in homes and communities and among family and friends of choice. A hallmark of Gerontological scholarship and application is person-centered care and investigating options for aging in place is central to this core belief. Participants in this webinar can expect to learn fundamentals of person-centered care and be introduced to practical alternatives to traditional institutionally-driven models of care. Join John T. White and Sonya Barsness on June 21, 2011 at Noon Eastern to learn more about this exciting topic. The two slide presentations will be followed by discussion and Q&A moderated by Dr. E. Ayn Welleford.

Presenters:

John (Jay) T. White is currently enrolled in the MS program in Gerontology at VCU as well as being the Department's Director of Professional and Community Development. His background includes marketing, public relations, fundraising, and organizational development within non-profit, educational, and tourism-related organizations. Jay has a BA in American History from Washington and Lee University and completed coursework for an MA in American Studies at the College of William and Mary. Volunteer and professional initiatives include the Richmond Organization for Sexual Minority Youth (ROSMY), Family Lifeline's ElderFriends Program, FETCH A Cure, the Virginia Pride Coalition, the READ Center, the Family of Friends Thanksgiving Feast, the River District Alliance, Rainbow Over Richmond, and many others. Jay is the author of "Fundamentals: A Complete Guide to Starting and Development a Community Service Initiative" and "Battling Southern Heritage: A History of African-Americans at Washington and Lee University" as well as numerous papers on topics ranging from Housing Alternatives for an Aging Population to Recareering and Older Adults.

Sonya Barsness is a Masters-prepared Gerontologist with over 15 years of experience in aging, primarily in long-term care and dementia care. Sonya has been a provider in assisted living and nursing homes. Her more extensive experience is in education, programming, policy, and research related to long-term care, dementia care, and person-centered care. Sonya is currently a consultant and principal of Sonya Barsness Consulting LLC. As a consultant she works with organizations such as Pioneer Network and Planetree to support the enculturation of person-centered values in long-term care and healthcare. She is also adjunct faculty at Virginia Commonwealth University Department of Gerontology. Sonya's passion and vocation is changing the culture of aging, to include promoting personhood in dementia care.

The webinar titled “**Public Policy and Dementia Care**” will be held on Friday, June 24th at noon. Register and ask questions in advance at: <https://www2.gotomeeting.com/register/800322571>

Rationale for this webinar:

Dementia is a relatively new area of policy focus, despite the large number of people affected by it. Dementia is one of the most devastating and costly group of diseases and its impact on the care system will only increase in the future due to population aging. The ethical challenges are multiple, especially in the case of dementia which influences the individual's capacity to advocate for him/herself. A person-centered approach ([see our webinar of June 21](#)) would facilitate people with dementia having their voices heard both, in public awareness work and in policy formulation and implementation. This direct involvement is the new shift needed, filtering the decision-making through the prism of rights and advocacy.

The session will focus on:

- The importance of guardianship and adding person-center practices to the public guardianship program
- Understanding the Behavioral Risk Factor surveillance System
- Learning about the Nursing Home Discharge
- Discussing complaint investigation.

The presentation will be followed by discussion and Q&A moderated by Dr. E. Ayn Welleford (Chair, Virginia Commission on Alzheimer's Disease/Chair, Virginia Commonwealth University, Department of Gerontology).

Presenters:

Bill Peterson, PhD. Retired, Senior Policy Analyst, Virginia Department for the Aging
Carter Harrison State Public Policy Director, Alzheimer's Association

The webinar titled “**Cultural Competence in Dementia Care**” will be held on Tuesday, June 28th at noon. Register and ask questions in advance at: <https://www2.gotomeeting.com/register/648371915>

Rationale for this webinar:

Working with individuals with diverse backgrounds implies an imperative need to become culturally competent, and in particular, to acquire the knowledge of a group's diversity, history, culture and contemporary reality. The event will described how the cultural background of both the caregivers and elders with dementia disorders impact recognition and treatment of the disease, will identify barriers that exist among African American, Hispanic and Asian family members that impact the decision to seek treatment for symptoms of dementia, and finally, will describe the function of cognitive testing using neuropsychological assessments and the role that ethnicity plays in valid outcome measures.

Objectives

1. Better understand the cultural perspectives they bring to the care situation
2. Make informed choices on managing day-to-day situations presented by culturally diverse individuals with dementia
3. Know where to find further information and support services
4. Communicate in a more culturally effectively way with individuals with dementia and their family members

Presenters:

Tracey Gendron, MSG. Assistant Professor, VCU Department of Gerontology
Shannon Marling, MSG. VCU Department of Gerontology

All sessions are moderated by:

E. Ayn Welleford, PhD. received her BA in Management/Psychology from Averett College, MS in Gerontology and PhD in Developmental Psychology from Virginia Commonwealth University. She has taught extensively in the areas of Lifespan Development, and Adult Development and Aging, Geropsychology, and Aging & Human Values. As an educator, researcher, and previously as a practitioner she has worked with a broad spectrum of individuals across the caregiving and long term care continuum. As Associate Professor and Chair of VCU's Department of Gerontology, she currently works to "Improve Elder Care through Education" through her Teaching, Scholarship, and Community Engagement. Outside of the classroom, Dr. Welleford provides community education and serves on several boards and committees. She currently serves as Chair of the Governor's Commonwealth of Virginia Alzheimer's and Related Disorders Commission. Dr. Welleford is the proud recipient of the 2008 AGHE Distinguished Teacher Award.