



COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING
January 10, 2012

SUBJECT	VDA ID NUMBER
<u>Biennial Update to Virginia's Four-Year Plan for Aging Services</u> (Jim Rothrock)	12-76
<u>2012 Best Practice Awards</u> (Joseph Hoyle)	12-77
<u>Title V Closeout Report- FYE 12/31/11 Contracts (BASIC AND NEW)</u> (Marica Monroe)	12-78
<u>Free Webinar on Promoting Physical Activity</u> (Elaine Smith)	12-79

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



12-76

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: James Rothrock
VDA Interim Commissioner

DATE: January 10, 2012

SUBJECT: Biennial Update to Virginia's Four-Year Plan for Aging Services

As required by the Code of Virginia §2.2-703.1 (D), VDA recently completed the *Biennial Progress Report on Virginia's Four-Year Plan for Aging Services: Across the Continuum — Across the Commonwealth* <http://vda.virginia.gov/pdfdocs/FourYearPlanUpdate-RD417-2011.pdf>. The report provides a brief background statement, a summary of influences that have changed the aging landscape over the past two years, progress achieved on the four priority recommendations as well as a status snapshot of all other recommendations made in the original *Four-Year Plan*. The Secretary's office commended the report, which has now been submitted to the Governor and General Assembly.

As we prepare for the upcoming session, we hope you are inspired by the collective progress that has been made. We also hope that this Biennial Report can serve as a resource for discussions with legislators and policy makers, as we recognize there is still much to be accomplished.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Joseph D. Hoyle
Policy Analyst

DATE: January 10, 2012

SUBJECT: 2012 Best Practices Awards

Please consider your innovative programs for the 2012 Best Practices Awards, hosted by the Commonwealth Council on Aging, and share the attached flier in your communities. Applications are due March 1st.

For more information, please visit <http://www.vda.virginia.gov/ccoa-bpa.asp>.

COMMONWEALTH COUNCIL ON AGING

2012 Best Practices Awards

www.vda.virginia.gov

The Commonwealth Council on Aging invites you to nominate your most effective program for a 2012 Best Practice Award. The Council will be offering \$6,000 to be used as cash awards:

- \$3,000 for first place
- \$2,000 for second place
- \$1,000 for third place

PURPOSE

The Best Practices Awards Program is designed to identify and recognize unique programs of excellence and encourage the replication of model programs throughout the Commonwealth. The awards will echo the message to develop and support programs and services that assist older adults to *Age in the Community*. This invites an opportunity to recognize creativity in services that foster “Livable Communities” and/or “Home and Community Based Supports” - from transportation to housing, from caregiver support to intergenerational programming. We believe the door is wide open for creative best practices.

These programs may be sponsored by providers of aging services and non-profit organizations, universities, faith organizations, local governments, or municipalities. Applications may be submitted by single organizations or a partnership including any combination of the above. Programs will be judged for their innovation, cost-effectiveness, potential for replication, and their impact on the quality of life of older Virginians, caregivers and family members. The Council will disseminate information on the award winning programs throughout the Commonwealth. Winners will be asked to coordinate efforts to host media and community stakeholders for a formal presentation of the award in their respective community.

CRITERIA

- Community Need and Impact
- Promotion of Aging in the Community
- Innovation
- Inclusiveness
- Goals/Outcomes/Evaluation
- Cost Effectiveness/Sustainability
- Potential for Replication



Instructions, nomination forms, and information on previous Best Practice Award Winners are on the Commonwealth Council on Aging’s website www.vda.virginia.gov/council.asp. Nominations for the 2012 Awards must be received by **5 PM on Thursday, March 1, 2012.**



12=78

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Title V Directors
FROM: Marica B. Monroe, Financial Manager
DATE: January 10, 2012
SUBJECT: Title V Closeout Report – FYE 12/31/2011 Contracts (BASIC AND NEW)

Hello everyone. As many of you are aware, the basic Title V grant and the new Title V funded grant both originally ending 06/30/2011, were extended until 12/31/2011. The close out (settlement) reports for both grants ending on December 31, 2011 for the Title V, Senior Community Service Employment Program must be submitted to the Virginia Department for the Aging (VDA) on or before February 6, 2012. The report is broken into separate tabs for the "BASIC" and the "NEW" funding received for this period. An electronic version of the report is available on VDA's website at, www.vda.virginia.gov. Please e-mail the completed report to reports@vda.virginia.gov. Please name the file, Title V Closeout Report PSAxx (Insert your PSA number in the characters, xx). For agencies that have not drawn down all necessary funds related to these grant contracts, please do so, so that the closeout report will be accurate and complete.

If you have any questions, please call me at (804) 662-9320 or e-mail me at marica.monroe@vda.virginia.gov. Thank you.

CC: Tim Catherman
Pat Cummins, Program Coordinator

**Title V Financial Report - Final Closeout
FYE 12/31/2011**

Agency: _____

Month Ending: Final

Year: 2011

Funding Source - DOL	Cash Expended YTD	Accrued Costs	Total Federal Costs YTD	Other Non-Federal Cash YTD	Other Non-Federal In-Kind YTD
Salaries and Fringes					
Other					
Sub-Total Admin. Costs					
Enrollee Wages					
Enrollee Fringes					
Enrollee Medicals					
Sub-Total EWF					
Staff Salaries and Fringes					
Enrollee Training					
Enrollee Development					
Enrollee Transportation					
Miscellaneous					
Sub-Total OEC					
Grand Total					

CURRENT ENROLLMENT

# Title V Enrollees:	_____	# Total Enrollees Paid in Month	_____	Total Non-Federal	_____
# 502(e) Enrollees:	_____		_____	% Non-Federal	_____ 0%

Unsubsidized Placement	Title V	502(e)	Title V and 502(e)
Current Month			
Since July			

Approved Budget _____
% Spent _____

Revised: 01/06/2012

BASIC FUNDING



12-79

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: January 10, 2012

SUBJECT: Free Webinar on Promoting Physical Activity

You may be interested in a webinar on Thursday, January 26, 1:30 to 2:20 p.m. entitled Prescription for Life: Building Community Partnerships to Promote Physical Activity and Social Engagement for Older Adults.

Physical and social activity is the key to quality of life and overall health as we age. The financial viability of Medicare depends, in large part, on keeping beneficiaries as healthy as possible. Yet barriers to staying active grow as we age.

Health care systems, government agencies, research groups and community organizations are funded primarily with government dollars but in separate silos that unintentionally often compete for ongoing funding, rather than enhancing each other's work. The new focus at CMS is to create partnerships across the spectrum of current programs, which offers a rich opportunity to rethink how we can work together not only to 'save' Medicare, but more importantly to change the way we age in America.

The presenter for this webinar will be Chris Fordyce, MD. Dr. Fordyce practices as a geriatrician at Group Health in Seattle, WA, where she is Medical Director of its Healthy Aging Program and past Director of Geriatrics. She is a passionate national, community, and medical profession advocate for healthy aging and preventive care, with special focus on promoting physical activity and social engagement among older adults.

Objectives for this webinar include:

- Review the evidence base in Healthy Aging
- Describe current barriers for community partnerships in preventive care
- Understand the direction of CMS innovations programs for redesigning Medicare financing to maximize overall health and quality of life at lower costs
- Offer front line possibilities for partnerships in healthcare innovation focused on increasing physical and social activation.

How to Register

The webinar is free and attendance is first come, first served. [Register now.](#)