



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
April 24, 2012

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



12-150

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Amy Marschean, Senior Policy Analyst

DATE: April 24, 2012

SUBJECT: Older Virginians Month Proclamation

Governor McDonnell has named May 2012 as Older Virginians Month in the Commonwealth of Virginia. In the Department for the Aging's continuing effort to go "green," we are providing you with the Older Virginians Month Proclamation in an electronic format that can be used on your websites or in newsletters. I thank all of you who provided input to Commissioner Rothrock about your May activities in honor of this year's theme for May of "Never Too Old to Play." Those creative ideas were captured in the Governor's proclamation and your efforts clearly enrich the lives of older citizens in communities across the Commonwealth. Please forward this to Senior Centers in your area who are likewise recognized for their efforts.



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

OLDER VIRGINIANS MONTH

WHEREAS, there are approximately 900,000 adults in the Commonwealth who are 65 years old or older and this figure is expected to double to more than 1.8 million by 2030, when one in every five Virginians will be age 65 or older; and

WHEREAS, since 1963, the month of May has been designated by the U.S. Administration on Aging as the time for communities across America to express appreciation to older citizens by celebrating their contributions and achievements; and

WHEREAS, this year's theme for May is "Never Too Old to Play," which emphasizes the important role older adults play in sharing their experience, wisdom, and understanding and passing that knowledge on through interactions with children, youth, and adults from other generations; and

WHEREAS, the Virginia Area Agencies on Aging and Senior Centers, integral parts of Virginia's aging network for wellness and supportive services, have embraced this year's theme with events that include dances, picnics, fitness programs, walkathons, Senior Olympics, a Senior Prom, a theatrical performance, and talent and fashion shows; and

WHEREAS, older Virginians should be recognized for and encouraged in their efforts to contribute their skills and knowledge to our Commonwealth of Opportunity through civic, community, and social engagement; and

WHEREAS, older adults who stay physically and socially active and mentally engaged have experienced health benefits, and their participation in community life also enriches the lives of everyone involved, both old and young; and

WHEREAS, the newly established state agency merging the Virginia Department for the Aging and the Department of Rehabilitative Services will create an integrated vision and streamline services and technologies that will assist older adults to participate more fully in their communities;

NOW, THEREFORE, I, Robert F. McDonnell, do hereby recognize May 2012 as **OLDER VIRGINIANS MONTH** in our **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all our citizens.




Governor


Secretary of the Commonwealth



12-151

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors,
Area Agencies on Aging

FROM: Katie Roeper, Assistant Commissioner

DATE: April 24, 2012

SUBJECT: Innovations in Aging 2012 Conference and Expo

Many thanks in advance for helping to promote *Innovations in Aging 2012* by printing the attached flyer and posting it for older adults and families that you serve.

INNOVATIONS IN AGING

2 0 1 2

SATURDAY
May 5, 2012
9AM - 5PM

Gaylord National Hotel and Conference Center
National Harbor, Maryland

Plenty of Fun and Activities to Enjoy a FULL DAY for ALL AGES!!

FREE Expo: A hall filled with exhibits, interactive health and wellness activities, cooking demonstrations, exercise classes and more. Just come and be a part of one of the most exciting events this side of the Potomac! You choose...

On the MAIN STAGE you will enjoy the "SHOWCASE OF NATIONS" featuring a wide variety of exciting performers, acts and demonstrations including entertainment from around the world; Latin Dancers, African Drummers and Dancers, the Encore Chorale, "Feast Your Eyes On This" cooking demonstration, Open Mic Poetry hosted by Ladi Di and Brenardo, Live Band, Chinese dancers, Prince George's County 2011 Senior Idol Winner, surprise entertainment and more!

"BUSTIN' LOOSE!" on the FLOOR stage will feature interactive movement and exercises to help stay healthy including Line Dancing Class, Tai Chi / Qigong Class, Latin / Salsa Class, Body Resistance Training, Zumba Gold Fitness® class for seniors, a Line Dance demonstration by the Harmony Hall Line Dancers and much more!

"WHERE AGE IS AN ATTITUDE!" are card TABLES arranged in the exhibition hall where patrons can take in a hand or two of Bridge, Bld Whist, Mah Jong, Pinochle and more while listening to music and entertainment on the Main Stage.

Hourly drawings for great prizes!

GREAT WORKSHOPS THAT ARE FREE!!

- Advice for Older Job Seekers
- Why Wait? The Baby Boomer's Guide to Assisting Parents with End of Life Decisions
- Be Part of the Solution: Starting a Mental Health Discussion Group
- Medicare Fraud: What Everyone Should Know
- Decide Create Share: Planning for Long Term Care
- When Alzheimer's Touches Your Life: Where to Turn
- Helping Seniors Take Control of Energy Costs
- Using Assistive Technology to Support Aging in Place
- Medicare Preventive Services under the Affordable Care Act
- Ten Common Nutrition Mistakes that Sabotage Healthy Aging
- Aging and Disability Resource Centers

Seating available on a first come basis.

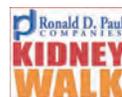
www.InnovationsInAging2012.com

For more information: 410.767.1100

FREE FOR ALL AGES!

Let us know that you are coming! Registration suggested, but not required.

PRESENTED BY





12-152

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors,
Area Agencies on Aging

FROM: Jim Rothrock, VDA Interim Commissioner

DATE: April 24, 2012

SUBJECT: Rehabilitation of the Adult and Child with Brain Injury--May 3-4, 2012

Attached is information on the Rehabilitation of the Adult and Child with Brain Injury Conference being held on May 2-3, 2012. Please share the information with staff and other interested entities.

Thank you for your support.

THE 2012 WILLIAMSBURG CONFERENCE

Rehabilitation of the Adult and Child with Brain Injury:

**Practical Solutions to Real
World Problems**

Featuring Internationally Renowned Faculty

Presented by:

Brain Injury Services

**Virginia Commonwealth University Traumatic
Brain Injury Model System**

**National Resource Center for
Traumatic Brain Injury**

May 3–4, 2012

Plus! May 2nd Pre-Conference

Williamsburg Hospitality House

Hotel and Conference Center

Williamsburg, Virginia



Who Should Attend

Multidisciplinary rehabilitation professionals and others who serve individuals with brain injuries and their families including:

case managers

support coordinators

life care planners

vocational rehabilitation specialists

life skills trainers

neuro/psychologists

counselors

physicians

physical, occupational, speech & language therapists

social workers

cognitive rehabilitation therapists

special education teachers

caregivers



Join us for the 36th Annual 2012 Williamsburg Conference: Rehabilitation of the Adult and Child with Brain Injury: Practical Solutions to Real World Problems. Since 1977, rehabilitation professionals from around the world have assembled to learn about new and effective strategies for resolving common challenges and achieving optimal outcomes.

For 2012, we have assembled a highly talented group of internationally and nationally renowned faculty. Keynote presentations will focus on community-based interventions and sensory disorders in persons with TBI. Breakout presentations will focus on ambiguous loss, resilience, caregiver communication, behavior analysis and sexuality. In response to popular demand, we have again invited a select group of peer-reviewed oral presentations. For those desiring in-depth, hands on training we also offer two exceptional day-long pre-conference workshops to choose from.

Conference Site

Historic Williamsburg is the site of an exciting chapter in America's past — the largest outdoor living history museum in the country. Tour back in time with pre-Revolutionary period taverns, colonial residences, public buildings, and shops.

Registration Fees

The cost to attend the two-day (Thurs/Fri) Conference is \$280; \$170 for Thursday only; \$160 for Friday only. PreConference Workshop (Wed) is \$150. Full three-day Conference is \$395. *Conference refunds (minus \$25 administration fee) will only be granted prior to Wednesday, April 25th.*

New! **The Original Ghost of Williamsburg Candlelight Tour.** Join us for an exciting opportunity on Thursday, May 3rd, 7:30–9:00 PM. \$10 per person. Transportation from hotel provided. More information: <http://theghosttour.com>.

Accommodations

Lodging: Individuals are responsible for arranging their own accommodations. Discounted rooms are available at The Williamsburg Hospitality House Hotel and Conference Center (www.williamsburghospouse.com) at a rate of \$91.00/night. Discount reservations must be made by April 1, 2012 by calling 1-800-932-9192. Please mention that you are with the Brain Injury Services Conference.

Meals: Continental breakfast provided Thursday and Friday. Network Luncheon on Thursday and box lunch lecture on Friday.

Transportation Options

Williamsburg is located on Interstate Route 64; 54 miles east of Richmond, VA and 150 miles south of Washington, DC. It is convenient by air, train or car. Detailed options and directions can be found at the conference website.

Continuing Education Units

Continuing education credits will be awarded for the following disciplines:

- Rehabilitation Counselor (CRC)
- Social Workers (NASW)
- Case Managers (CCM)
- Psychology (Virginia CEUs)

Exhibitors and Sponsors

Exhibitors and sponsors have the opportunity to promote their products and services to over 200 professionals. Sponsorship opportunities are available. Display tables will be provided. Exhibitor and sponsorship forms are available at the conference website.

For Up-to-the-Minute Information visit www.tbiconferences.org or contact LaShawn Knight at 703-451-8881x221.

Pre-Conference Workshops Wednesday, May 2, 2012, 8:30 a.m. – 4:30 p.m.

Choose One! Please visit the conference website for more details on these exciting pre-conference workshops.

WORKSHOP 1

Social Competence and Brain Injury: Group Interactive Structured Treatment–GIST

Presented by Jody Newman, M.A., CCC-SLP and Lenore “Lenny” Hawley, MSSW, LCSW, CBIST

Participants who complete this workshop will be able to: (1) Identify common social competence problems following brain injury, as well as the effect of such problems on the daily lives of individuals and families; (2) List the key components and treatment goals of the GIST program; (3) Demonstrate the ability to use GIST group process techniques, and apply those to topics in the GIST curriculum

This dual-disciplinary clinical training will present an evidence-based model for improving social competence for individuals with brain injuries. This model was developed by a clinical social worker and a speech-language pathologist, each with over 30 years experience working with people with brain injuries. The GIST model blends a structured curriculum with group process techniques, addressing both the psycho-social and speech-language components of social competence. Areas covered include theoretical background, an overview of the curriculum, treatment strategies, and case studies, as well as hands on practice in group facilitation.

WORKSHOP 2

Resilience-Based Approaches To Counseling after Brain Injury

Presented by Emilie E. Godwin, Ph.D. and Jeffrey S. Kreutzer, Ph.D.

Participants who complete this workshop will be able to: (1) Understand the theoretical and research foundations of resilience and their relevance to brain injury; (2) Delineate key processes related to resilience in individuals and families; (3) Identify and apply counseling strategies and techniques that promote resilience

A paradigm shift has recently emerged, emphasizing positive psychology and resilience theory as preferable to traditional approaches which emphasize deficits and pathology. Outside of rehabilitation, there is an accumulating body of scientific literature which demonstrates the utility of interventions promoting resilience. This workshop will delineate how resilience theory and methods can be applied to persons with brain injury and other neurological disorders. Through didactics, small group discussion, and case examples, participants will learn how to implement resilience-based approaches in their work with brain injury survivors and their families.



Agenda Thursday, May 3, 2012

8:15 – 9:00 AM **Registration/Visit Exhibits/Continental Breakfast**

9:00 – 9:10 AM **Welcome**
Jeff Kreutzer, Ph.D., ABPP, FACRM

9:10 – 10:25 AM **Mitchell Rosenthal Memorial Lecture**
The Journey from Mild Concussion to Chronic Traumatic Encephalopathy
Presented by: *Jeffrey Barth, Ph.D., ABPP-CN*

10:25 – 10:40 AM **Break/Exhibits**

10:45 – 12:00 PM **SESSION A: What's Love Got To Do With It? Sexuality After TBI**
Speaker: Caron Gan, RN, MScN, RMFT, AAMFT

**BREAKOUT
SESSIONS**

SESSION B: Ambiguous Loss: How Uncertainty Impedes Survivors' and Family Members' Emotional Recovery
Speaker: Jeff Kreutzer, Ph.D., ABPP, FACRM

SESSION C: Behavior Analysis: How to Promote and Establish Community in Post-Acute Brain Injury Rehabilitation
Speakers: Chris Schaub, MS Ed., BCBA and Christina Peters, Msc.Ed, BCBA, CBIS

12:00 – 1:10 PM **Networking Luncheon**

1:15 – 2:30 PM **SESSION A: The Ripple Effect: How Caregiver Communication and Encouragement Benefit Recovery after TBI**
Speaker: Rosemary Rawlins, B.A.S.

**BREAKOUT
SESSIONS**

SESSION B: Making a Difference for Parents with TBI
Speaker: Dr. Audrey Daisley

SESSION C: Resilience: Considerations for Rehabilitation after Adult Polytraumatic Injury
Speaker: Scott McDonald, Ph.D.

2:30 – 3:00 PM **Break/Exhibits**

3:00 – 4:30 PM **SESSION A: Building Strength and Resilience in Families After TBI**
Speaker: Caron Gan, RN, MScN, RMFT, AAMFT

**BREAKOUT
SESSIONS**

SESSION B: Virginia's Money Follows the Person Project: Financial and Physical Assistance to Return to the Community
Speaker: Gail Bothwell, CCM, CBIS

SESSION C: The Expert Witness In Civil Litigation: Demystifying the Process
Speakers: Irvin V. Cantor, J.D., Stephanie E. Grana, J.D., and Elliott M. Buckner, J.D.

Day 1 Conference Ends



Agenda *Friday, May 4, 2012*

8:00 – 8:30 AM **Registration (Day 2 Registrants Only)/Visit Exhibits/Continental Breakfast**

8:30 – 10:00 AM **KEYNOTE LECTURE: *TBI and Successful Aging***
Presented by: Paul Aravich, Ph.D.

10:00 – 10:30 AM **Break/Exhibitors Raffle Drawing/Check Out from Hotel**

10:35 AM– 11:50 AM **GENERAL SESSION:**
Sensory Disorders in Persons with TBI: What Every Clinician Should Know
Presented by: Nathan Zasler, MD, FAAPM&R, FAADEP, DAAPM, CBIST

12:00 – 1:00 PM **Boxed Lunch Lecture**
Presented by: Paul Aravich, Ph.D.

1:00 – 3:00 PM **SESSION A:**
Virginia Wounded Warrior Program: Connecting the Dots of TBI Services for Virginia Veterans
Presented by: Catherine A. Wilson, NC, USN, RET

**BREAKOUT
ORAL
PRESENTATIONS**

*30-minute
presentation;
5-minute Q&A;
5-minute break
between
presentations*

Polytrauma Wellness Program for Veterans with Mild Traumatic Brain Injury
Presented by: Jennifer Lumpkin, Psy.D.

Overcoming Barriers to Accessing Crisis Intervention Services for Adults with ABI
Presented by: Michelle Witt, B.A., M.A.L.S.

SESSION B:

Journey Back from Chemobrain: Everyday Methods to Address the Cognitive Challenges from Cancer
Presented by: Michael Cereto, M.S.

Dance/Movement Therapy in Brain Injury Rehabilitation
Presented by: Marianne Talbot, Ph.D.

Medicine Beyond Medication: Five No-Cost Techniques that Inspire, Empower and Heal
Presented by: Jude Theriot, M.D.

SESSION C:

Brain Injury in the Family: Practical Approaches for Supporting Children when Someone in the Family has a Brain Injury
Presented by: Dr. Audrey Daisley

A Patient and Family TBI Education Model and Practice
Presented by: Ashley Couture, M.S., CCC-SLP

Making the Connection from Rehabilitation to School Re-Entry, Communication and Needs Assessment for Educators
Presented by: Sara Tonnizo, M.A.

Day 2 Conference Ends / Receive Certificate of Attendance



Conference Faculty and Program Committee Members

See bios and updates at www.tbiconferences.org

Paul Aravich, Ph.D.

Professor, *Dept. of Pathology/Anatomy, Dept. of Internal Medicine, Division of Geriatrics & Dept. of Physical Medicine & Rehabilitation, Eastern Virginia Medical School, Norfolk, VA*

Jeffrey T. Barth, Ph.D., ABPP-CN

Professor & Co-Director, *Neurocognitive Assessment Laboratory, Section Head for Neurocognitive Studies, Dept. of Psychiatry & Neurobehavioral Sciences, joint appointments in Dept. of Neurological Surgery, Dept. of Electrical & Computer Engineering, UVA Medical & Engineering Schools, Charlottesville, VA*

Gail Bothwell CCM, CBIS

Case Manager, *Brain Injury Services, Springfield, VA*

Karen Brown, M.Ed., CRC, CBIS

Executive Director, *Brain Injury Services, Springfield, VA*

Elliott Buckner, J.D.

Attorney, *Cantor, Stoneburner, Ford, Grana, & Buckner, Richmond, VA*

Irvin V. Cantor, J.D.

Attorney, *Cantor, Stoneburner, Ford, Grana, & Buckner, Richmond, VA*

Dr. Audrey Daisley (BSc(Hons); MSc; D.Clin. Psych: CPsychol)

Consultant Clinical Neuropsychologist, *Oxford Centre for Enablement, Oxford University Hospitals NHS Trust, UK*

Caron Gan, RN, MScN, RMFT, AAMFT

Marriage & Family Therapist, *Toronto, ON*

Lisa Garver, MA, CBIS

Director of Programs, *Brain Injury Services, Springfield, VA*

Emilie Godwin, Ph.D., LPC

Family Support Coordinator, *Physical Medicine and Rehabilitation, Virginia Commonwealth University, Medical College of Virginia Campus, Richmond, VA*

Stephanie E. Grana, J.D.

Attorney, *Cantor, Stoneburner, Ford, Grana, & Buckner, Richmond, VA*

Lenore Hawley, MSSW, LCSW, CBIST

Clinical Professional in Research, *Craig Hospital, Englewood, CO*

LaShawn Knight

Brain Injury Services, Springfield, VA

Jeffrey S. Kreutzer, Ph.D., ABPP, FACRM

Rosa Schwarz Cifu Professor of Physical Medicine and Professor of Neurosurgery and Psychiatry, *Physical Medicine and Rehabilitation, Virginia Commonwealth University, Medical College of Virginia Campus, Richmond, VA*

Karen Luffred, M.S.

Chief Operating Officer, *Brain Injury Services, Springfield, VA*

Scott McDonald, Ph.D.

Psychologist, *Spinal Cord Injury & Disorders (SCI&D), Richmond Veterans Administration Medical Center, Richmond, VA*

Jody Newman, M.A., CCC-SLP

Speech-Language Pathologist & Clinical Research Liaison, *Craig Hospital, Englewood, CO*

Christina Peters, MSc. Ed, BCBA, CBIS

Behavior Analyst, *ReMed, Paoli, PA*

Rosemary Rawlins, B.A.S.

Writer, *Glen Allen, VA*

Chris Schaub, M.S.Ed., BCBA

Clinical Specialist, *ReMed, Paoli, PA*

Nathan D. Zasler, M.D., FAAPM&R, FAADEP, DAAPM, CBIST

CEO & Medical Director, *Concussion Care Centre of Virginia, Ltd., Glen Allen, VA, CEO & Director, Tree of Life Services, Inc., Richmond, VA, Adjunct Professor, VCU Dept. of Physical Medicine & Rehabilitation, Richmond, VA, Adjunct Associate Professor, Dept. of Physical Medicine & Rehabilitation, University of Virginia, Charlottesville, VA*

2012 Conference Registration Form



First Name: _____

Last Name: _____

Degree: _____

Organization: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Do you need a Vegetarian Lunch? Yes No

Do you need any ADA Accommodations? Yes No

ADA accommodations requests must be received by April 10, 2012. Later requests cannot be guaranteed.

Registration Fees:

Attending Thursday (5/3) and Friday (5/4) Conference = \$280.00

Attending Wednesday Pre-Conference, Thursday and Friday Conference = \$395.00

Select One Pre-Conference: Social Competence Resilience-Based Approaches

Attending Wednesday (5/2) Pre-Conference Only = \$150.00

Select One Pre-Conference: Social Competence Resilience-Based Approaches

Attending Thursday Conference Only = \$170.00

Attending Friday Conference Only = \$160.00

Ghost of Williamsburg Tour = \$10.00

Payment Type (please print clearly):

Check or money order payable in U.S. dollars (USD) to *Brain Injury Services*

Credit Card: American Express MasterCard Visa

Card #: _____ Signature: _____ Exp.: _____

Total Enclosed: (USD) \$ _____

Please return completed form with payment to:

By mail: **Brain Injury Services, 8136 Old Keene Mill Road, Suite B102, Springfield, VA 22152**

By fax: **703-451-8820**

Or register online: **www.tbiconferences.org**

Questions? Contact LaShawn Knight at lknight@braininjurysvcs.org or 703-451-8881 x221.

For up-to-the minute information, visit www.tbiconferences.org

Brain Injury Services
8136 Old Keene Mill Road, Suite B102
Springfield, VA 22152



Premier Sponsor

Check out the latest conference news at: www.tbiconferences.org



REGISTER TODAY! THE 2012 WILLIAMSBURG CONFERENCE

Rehabilitation of the Adult and Child with Brain Injury: Practical Solutions to Real World Problems

May 3-4, 2012

PLUS Choose from 2 Wednesday Pre-Conference Workshops on May 2nd!