



COMMONWEALTH of VIRGINIA
Department for the Aging

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AAA TUESDAY E-MAILING
June 12, 2012

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



12-184

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: June 12, 2012

SUBJECT: Medication Management Training

Please save the date and help spread the word about the upcoming Taking Your Medicines Safely (TYMS) webinar, which the National Council on Aging will be hosting. Kristin Wenger, from the Blue Ridge Poison Center, will be presenting the train-the-trainer program to teach participants how to implement the TYMS program for older adults in senior centers, libraries, community centers, and the like.

Date: Monday, June 18, 2012

Time: 3:00 p.m. - 4:30 p.m. EST

Register < http://waystohelp.ncoa.org/site/R?i=L6cisiqEO-Wa-kxv8V_5iA >:

If you are unable to participate, the webinar will be posted online.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: June 12, 2012

SUBJECT: CDC Older Adult Preparedness Guide and Web Portal

The Centers for Disease Control (CDC) has released a cross-sector preparedness guide and web portal designed to help states, communities, and partners plan for and protect vulnerable older adults during all-hazards emergencies. The portal is available at:

http://www.cdc.gov/Features/EmergencyOlderAdults/?s_cid=ccu060412_006

Older adults who live in the community are sometimes over-looked during the planning process for preparing for an emergency. Older adults are especially vulnerable as they are more likely to have multiple chronic conditions, cognitive and physical disabilities, or limited resources that affect their ability to appropriately prepare for and respond to an emergency.

To address this issue, CDC has published *Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies: A Cross-Sector Guide for States and Communities*. The guide identifies strategies for identifying vulnerable older adults and also presents states, communities, and partner organizations with a menu of action options for increasing their protection.

The Web portal is available to serve as a one-stop source for further resources, tools, and information related to all-hazard preparedness for older adults.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim Catherman
Director of Administrative Services

DATE: June 12, 2012

SUBJECT: Administration for Community Living
Approval of Virginia's Funding Formula

Congratulations! Virginia's Intrastate Funding Formula has been approved by the Administration for Community Living. Attached is a letter from Kathy Greenlee acknowledging the hard work that went into developing the formula and the administration's approval. Thank you to those who worked on the task force and to those who offered public comment.

If you have any questions, please contact Jane Snead or me.



MAY 31 2012

Mr. Tim Catherman
Virginia Department for the Aging
1610 Forest Ave, Suite 100
Richmond, VA 23229

Dear Tim:

Over the course of the past few months, you have kept the Administration for Community Living (ACL) informed of your work regarding the State of Virginia's Intrastate Funding Formula. During this time, you have shared the work of the task force, the results of the public hearing and ultimately, the letter of support from The Virginia Association of Area Agencies on Aging endorsing an amendment to the Virginia State Plan for 2011-2015. We extend our appreciation to The Virginia Department for the Aging for the inclusive process of stakeholder involvement and the work of the Virginia General Assembly.

The ACL understands that the amendment to The Virginia's State Plan for Aging Services, updated Intrastate Funding Formula, will begin with the Federal Fiscal Year's 2013 distribution and that the funding formula will include a base of fifty percent of the Federal Fiscal Year's 2012 allocation. All funds awarded above the base will be distributed using the existing established formula with data from the most recent 60 plus ACS special compilation produced by the US Bureau of Census for AoA. Furthermore, we understand that in no case will an Area Agency on Aging receive less funding than it did in Federal Fiscal Year 2006.

Therefore, may this letter serve as our approval of the aforementioned amendment to the Virginia State Plan, effective with Federal Fiscal Year distribution in 2013. If you have any questions or if we may be of service please contact Carmen Sanchez our Region III representative for Virginia at 212-264-3638.

Sincerely,

A handwritten signature in blue ink that reads "Kathy Greenlee".

Kathy Greenlee

Administrator & Assistant Secretary for Aging

Cc: Kathleen F. Otte



12-187

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: June 12, 2012

SUBJECT: Caregiving and Lifespan Respite Programs:
Funding Opportunities, Articles, Conferences and Reports

Television Opportunity to Showcase an Outstanding Caregiver!

The *Our America with Lisa Ling* television show produced by and shown on OWN (Oprah Winfrey Network) will be showing a series of stories about family caregivers. They are currently looking for volunteers to follow and film on location for 2-3 days.

OWN is looking for people who can say yes to at least one of the following questions:

- Will you be moving your elderly parent(s) into your home between July 1st and Aug 1st 2012?
- Or are you currently caring from your parent(s) full time in your home?
- Does your parent have dementia or Alzheimer's?
- Is it difficult to juggle a career, family and the needs of your aging parent(s)?
- Did you give up a job or career to care for your parent(s)?

Each Area Agency on Aging would surely have at least one caregiver that could submit an application to participate!

For further information go to Oprah's Website:

https://www.oprah.com/ownshow/plug_form.html?plug_id=9011902

SUBJECT: Caregiving and Lifespan Respite Programs:
Funding Opportunities, Articles, Conferences and Reports

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Another “news” Opportunity!

Looking for Siblings Raising Siblings

A major US news organization is looking to interview siblings who have raised siblings. If you know of a family who'd be willing to share their story, please send an email to me (Colleen Appleby-Carroll) at ccarroll@gu.org

Funding Opportunities:

Grant Title: Projects of National Significance: Community of Practice for Supporting Families of Persons with I/DD

Agency Issuing Grant: Administration for Children and Families

Eligible Applicants: State governments and Non-profit organizations

Close Date: July 10, 2012

Funding Opportunity Number: HHS-2012-ACF-ADD-DN-0514

CDFA Number: 93.631

Expected Number of Awards: 1

Estimated Total Program Funding: \$250,000

For further information, please go to:

<http://www.acf.hhs.gov/grants/open/foa/view/HHS-2012-ACF-ADD-DN-0514>

Best Buy will provide grants up to \$10,000 non-profit organizations that give teens access to opportunities through technology to help them excel in school and develop 21st century skills. **Deadline: July 1.** [Learn more.](#)

Home Depot Community Impact Grants of up to \$5,000 in Home Depot gift cards are available to organizations using volunteer power to improve their community's physical health. **Deadline: Aug. 13.** [Learn more at:](#)

<http://www.homedepotfoundation.org/page/grants>

Transform the Experience of Aging

Kendal Charitable Funds is seeking proposals for promising innovations that will transform the experience of aging. Established in 1989, the organization raises and disburses funds in support of the charitable purposes of the Kendal Corporation and its affiliates, a system of not-for-profit communities, programs, and services for older adults.

Letters of Inquiry are due by June 15, and full applications by August 1. Complete details can be found on the Kendal Charitable Funds Web site:

<http://www.kendalcharitablefunds.org>

Webinars:

Formation of the Administration for Community Living – What Major Changes Will It Bring?

Kathy Greenlee, administrator of the newly formed Administration for Community Living, will participate in next month's "Conversations with GIA" webinar. She will address the major changes that led to the creation of the organization and its impact on the traditional aging network. The webinar will take place Monday, July 2 at 2:00 pm eastern time. It will also be recorded for later listening. The webinar is free, but participants must **register in advance** at <https://www3.gotomeeting.com/register/856262798>

Caregiver Assessment – Why and What Should We Assess?

June 20, 2012 3:00P.M. -4:30 PM.

<https://www3.gotomeeting.com/register/639841582>

Webinar on *On-line Tools & Resources to Assist Individuals with Dementia and Caregivers: National Alzheimer's Contact Center, Eldercare Locator and ADEAR*

Wednesday, June 13, 2012 1:30 p.m. ET Register at:

Go to <https://aoa-events.webex.com/aoa-events/onstage/g.php?d=669631314&t=a>

Conference News:

17th International Conference

The Theme: *"Intergenerational Pathways for Strengthening Communities"*

The Dates: Tues., July 30, 2013 - Fri., Aug. 2, 2013

The Location: The Washington Court Hotel in Washington, DC.

The Cost: **Advanced Registration:** \$375 (through May 24, 2013)

Regular Registration: \$475 (May 25 - July 26, 2013)

Hotel Rooms: \$184.00 single, \$194 double

Contact lbradley@gu.org with any questions.

Reports, Articles:

UK: Pilot Program Allows People To "Bank" Caregiving Hours By Volunteering Now

The Guardian reports on a pilot program in the Isle of Wight in the United Kingdom called "Care4Care" that will allow people to volunteer with seniors and "bank" their volunteer hours for when they themselves need long-term care. The pilot, designed by Professor Heinz Wolff, is designed to address the gap between what government can

provide and what communities can do on their own. The program received a grant of £47,000, and the pilot began in March this year. For more information, visit:

[The Guardian: "Give and take scheme provides a new blueprint for elderly care"](#)

"Stories for Change--Leadership Examples of Expanding the Arts to New Audiences." Fifty best practices and notable strategies for increasing access to arts and culture for older adult and immigrant populations. MetLife Foundation and Partners for Livable Communities. [Download the PDF.](#)

Full House: A Guide to Surviving Multigenerational Living

<http://www.nextavenue.org/article/2012-05/full-house-guide-surviving-multigenerational-living>

More grandparents step forward to save grandchildren from foster care

https://www.stlbeacon.org/#!/content/25235/more_grandparents_raising_grandkids

Resource Highlight: Universal Design: Creating Inclusive Environments

The IDeA Center at the University of Buffalo, home of the NIDRR-funded [Rehab Engineering Center on Universal Design in the Built Environment](#), recently published the "new standard text" for universal design. The textbook introduces designers to the principals and practices of design for everyone. [Find out more about the book and how to order.](#)

AIMFREE Aims to Improve Access to Fitness for People with Disabilities

[AIMFREE](#), a web-based tool developed by the NIDRR-funded [Rehab Engineering Research Center on Recreational Technologies and Exercise Physiology Benefiting Persons with Disabilities](#), is currently in use by researchers at Canada's McMaster University to [evaluate the accessibility of fitness and exercise facilities in the community](#). The tool has been used by more than 300 McMaster students learning to design accessible facilities!

A new **Next Step in Care** family caregiver guide, "[What Is a Hospitalist?](#)" explains hospitalist care and offers tips on how best to collaborate with these hospital-based physicians. http://nextstepincare.org/Caregiver_Home/Hospitalist

A new animated video produced for Next Step in Care shows how hospital discharges should *not* take place. Created by Jennifer Rutberg, senior program manager, it shows a physician, a family caregiver, and her mother (the patient) in conversation about an imminent (and unexpected) discharge. http://nextstepincare.org/Provider_Home/Discharge_Planning_Video/

Readmissions News, a new publication for health care providers, published an article by Carol Levine, director of the Fund's Families and Health Care Project, titled "[Family Caregivers: Essential Partners in Medication Reconciliation.](http://nextstepincare.org/News/Readmissions_News)" http://nextstepincare.org/News/Readmissions_News

Participant Based Studies:

Depression and Mild to Moderate TBI

The University of Washington is conducting a [NIDRR- and NIH-funded study to evaluate the effectiveness of a telephone counseling program designed to treat depression](#). The Cognitive Behavioral Therapy program involves 12 telephone sessions over 4 months and targets anyone experiencing depression and mild to moderate traumatic brain injury in the past 10 years. Anyone, anywhere can apply for this telephone-based program. Contact Kenneth Marshall toll free at 866/577-1925 or mars2087@uw.edu if you or someone you know may be interested!

Self Management and MS

The NIDRR-funded [Multiple Sclerosis Rehab Research and Training Center](#) at the University of Washington is [looking for participants for a telephone-based study](#) to help determine if telephone-delivered treatment interventions can reduce intensity and negative consequences of MS related difficulties such as pain, fatigue, and depressed mood in persons with multiple sclerosis. Anyone, anywhere may apply. Contact study staff at (206) 221-5642, 1-888-634-6778, or msrrtc@uw.edu.

Alzheimer's Survey

A survey of people with dementia and family or informal carers to find out their opinion and experience of stigma related to dementia. The survey is only available to June 17, 2012.

Below is the link to the ADI website where more information and a link to the survey can be found:

<http://www.alz.co.uk/research/world-report-2012>



12-188

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: June 12, 2012

SUBJECT: World Elder Abuse Awareness Day

June 15th marks the seventh annual World Elder Abuse Awareness Day (WEAAD). WEAAD promotes activities to increase public awareness of the mistreatment of older adults throughout the world and highlight the need for appropriate action. It is intended to give abuse and neglect of older adults a global relevance that will sustain and move prevention efforts forward throughout the years to come. Millions of older Americans are abused, neglected or exploited each year. For every case of elder abuse that is reported, 23 go unreported. WEAAD offers the opportunity to focus on the problem of elder abuse and supports the United Nations International Plan of Action, which recognizes the significance of elder abuse as a public health and human rights issue.

White House Symposium on Elder Abuse on June 14th

This year the White House Office of Public Engagement, in collaboration with federal partners, is hosting a day-long symposium on elder abuse in recognition of WEAAD. The symposium takes place at the White House on Thursday, June 14, 2012 and will be webcast live on the White House website (to watch the proceedings, click on: <http://www.whitehouse.gov/live>). This event will feature speakers from the federal government, national banking institutions and leading elder abuse experts. In recognition of WEAAD, consider hosting a "Watch Party" to broadcast any of the four sessions of the symposium. The four sessions are the following:

SUBJECT:World Elder Abuse Awareness Day

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- 9:00 a.m. – 9:45 a.m. Opening Session
- 9:45 a.m. – 11:30 a.m. Panel on Prevention of Financial Exploitation
- 1:30 p.m. – 3:15 p.m. Panel on Responses to Financial Exploitation
- 3:30 p.m. – 4:00 p.m. Closing Session

Click on:

http://www.ncea.aoa.gov/NCEAroot/Main_Site/About/Initiatives/Take_A_Stand.aspx to visit the NCEA website and to learn more about things you can do to commemorate World Elder Abuse Awareness Day.

adult protective services

providing help and hope to elder abuse victims



GUIDING PRINCIPLES

Adults have the right to be safe.

Adults retain all their civil and constitutional rights unless some of these rights have been restricted by court action.

Adults have the right to make decisions that do not conform with societal norms, as long as they do not harm others.

Adults are presumed to have decision-making capacity unless a court adjudicates otherwise.

Adults with cognitive capacity have the right to accept or refuse services.

Adult who seem to lack cognitive capacity must be professionally evaluated; if the lack is confirmed, APS, working with the courts, takes steps to protect the person from harm.



National Adult Protective Services Resource Center

The National Adult Protective Services Resource Center (NAPSRC) is a project (Grant No. 90ER002/01) of the U.S. Administration on Aging, U.S. Department of Health and Human Services (DHHS), administered by the National Adult Protective Services Association (NAPSA). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging or DHHS policy.

APS professionals are the first responders to elder abuse and abuse of younger adults with disabilities. APS investigates reports of abuse, neglect and exploitation and intervenes to protect vulnerable adult victims.

PURPOSE

To investigate reports of abuse, neglect, self-neglect and exploitation of older adults and, in most states, younger adults with disabilities.

To intervene to protect the victim to the extent possible.

AUTHORIZATION

APS is statutorily authorized under each state's laws to receive and investigate reports of elder abuse and, in the majority of states, of abuse of younger adults with severe disabilities, and to protect the victims.

WHAT DOES ADULT PROTECTIVE SERVICES DO?

Receives reports of alleged abuse, neglect, self-neglect or financial exploitation and determines if the client is eligible for help (i.e., do the allegations and the client's condition meet the state's statutory definitions).

Investigates the allegations through interviewing the client, collateral contacts, the alleged abuser and through examining evidence, including bank records.

Puts in place any necessary emergency interventions.

Makes a determination as to whether the abuse is occurring or not.

Develops a case plan, with the client, to stop the abuse, prevent further abuse, and address the client's health and safety needs.

Every APS Program investigates abuse in the home; about half investigate in long term care or other facilities.

Note: APS Programs can differ from state to state regarding the ages of clients served, the services offered and the definitions of abuse.

elder abuse

ELDER ABUSE IS COMMON, LETHAL, AND EXPENSIVE

ELDER ABUSE IS EXPENSIVE

Victims and families lose lifetime savings, often almost overnight, and may suffer physical and other types of abuse related to the exploitation.

Financial institutions lose significant amounts in deposits; money which is seldom recovered.

In one study, almost one in ten financial abuse victims turned to Medicaid as a direct result of their own monies being stolen from them.

Jilene Gunther. *The Utah Cost of Financial Exploitation*. March, 2011. Utah Division of Aging and Adult Services.

The National Adult Protective Services Resource Center (NAPSRC) is a project (No. 90ER0002/01) of the U.S. Administration on Aging, U.S. Department of Health and Human Services (DHHS), administered by the National Adult Protective Services Association (NAPSA). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official Administration on Aging or DHHS policy.



National Adult Protective Services Resource Center



ELDER ABUSE LEADS TO ILLNESS AND DEATH

Abused seniors are three times more likely to die prematurely.

Lachs, M. et al. (1998). *The Mortality of Elder Mistreatment*. Journal of the American Medical Association, Vol 280, No. 5, 428 – 432.

Elder abuse victims are four times more likely to go into a nursing home.

Lachs, Mark. Testimony before the Senate Special Committee on Aging. March 2, 2011. Washington, DC.

Abuse victims utilize healthcare services at higher rates.

Koss, M. P., Heslet, L. *Somatic consequences of violence against women*. Arch Fam Med 1992. Sep; 1(1):53-9. Archives of Family Medicine, 1, 53-59. (Those who had experienced abuse accessed the health care system 2 to 2.5 times as often).

ELDER ABUSE IS COMMON

One in ten seniors reported being abused, neglected or exploited in the previous twelve months.

Acierno, R., Hernandez, M. A., Amstadter, A. B., Resnick, H. S., Steve, K., Muzzy, W., & Kilpatrick, D. G. (2010). *Prevalence and correlates of emotional, physical, sexual, neglectful, and financial abuse in the United States: The National Elder Mistreatment Study*. American Journal of Public Health, 100, 292-297.

Elder abuse is vastly underreported

Only one in 23.5 cases reported to any agency; for financial abuse only one in 44 cases is reported, and for neglect it is one in 57.

Lachs, Mark, et al. (2011) *Under the Radar: New York State Elder Abuse Prevalence Study Final Report*. Lifespan of Greater Rochester, Inc.; Weill Cornell Medical Center of Cornell University and New York City Department for the Aging.

90% of abusers are family members or trusted others.

90% of elder abuse and neglect incidents are by known perpetrators, usually family members.

National Center on Elder Abuse, 1998. *The National Elder Abuse Incidence Study: Final Report*. Washington, DC: Administration for Children and Families & Administration on Aging, US Department of Health and Human Services.

Over 95% of seniors live in the community and not in facilities.

2006 – 2007 census data: 1.8 million people live in nursing homes, 52.4 million people are age 60 and older = 3.4% living in long term care.

world elder abuse awareness day june 15, 2012

adult protective services provides help and hope to elder abuse victims

Event Title

LOCATION

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DIRECTIONS

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JOIN US

WORLD ELDER ABUSE AWARENESS DAY

Elder abuse is an international problem. Despite various methods across the globe of mitigating the impact of this issue, public awareness is a strategy that unites us all. On June 15, 2006, World Elder Abuse Awareness Day was launched as a global strategy to bring elder abuse to the forefront.

Join adult protective services in recognizing June 15 as World Elder Abuse Awareness Day.

Together we can make a difference in the fight against elder abuse.

