



COMMONWEALTH of VIRGINIA
Department for Aging and Rehabilitative Services

James Rothrock
Commissioner

Virginia Division for the Aging
1610 Forest Avenue, Suite 100
Henrico, VA 23229
Phone 800-552-3402

[Click here to go to the Virginia Division for the Aging Home Page](#)

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September 5, 2012

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DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES

JAMES A. ROTHROCK
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1610 Forest Avenue, Suite 100
Henrico, VA 23229

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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Katie Roeper

DATE: September 5, 2012

SUBJECT: Funding Opportunity from LeadingAge

[LeadingAge](#), an association of six thousand not-for-profit organizations dedicated to making America a better place to grow old, has announced the availability of grants through its new Innovations Fund. The fund is designed to help catalyze innovation among LeadingAge members by funding programs that have demonstrable impact on residents, clients, families, employees, or the broader community.

A total of \$100,000 is available through the Innovations Fund in its inaugural year for projects that address the critical importance of bringing housing and services together to meet the needs of lower income elderly.

Winning proposals will address one or several dimensions of housing with services, including assessment (development/implementation of resident assessment tools, using information to prioritize services, developing resident service plans); health and wellness programming (health promotion activities, self-care management, chronic care management, transitional care and health education); partnerships with service providers (co-location of services, development of formal collaborations with community health and social service agencies), workforce training (service coordinator training, property manager training around linking housing and services), and technology (assistive devices, retrofitting and home modification, wireless communication, telehealth).

Applications are due on or before October 30, 2012, but priority consideration will be given to applications submitted by September 30, 2012.

To learn more, go to

http://www.leadingage.org/Grants_Available_Through_LeadingAge_Innovations_Fund.aspx



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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: James Rothrock

DATE: September 5, 2012

SUBJECT: Governor McDonnell Declares September National Preparedness Month

Please see the information below from our DARS Emergency Coordination Officer Chip Stratton. You may want to share some of the information with clients and your partners. September is National Preparedness Month, an annual nationwide effort to encourage Americans to plan and prepare for emergencies.

“Unfortunately, within the past 14 months, just about every Virginian has experienced tornados, the historic Mineral earthquake, Hurricane Irene, Tropical Storm Lee or the recent severe derecho wind storm,” said Michael Cline, state coordinator of emergency management. “These are all powerful reminders that each of us is responsible to be ready for both predicted and unexpected emergencies. If you are not ready, you can pledge to prepare during September.”

Families and individuals should plan as though they must go for at least three days without electricity, water service, access to a supermarket or other local services. To prepare, follow these four steps:

1. **Stay informed.** Get free information on what to do before, during and after emergencies at www.ReadyVirginia.gov and www.ListoVirginia.gov. Stay aware of changing weather conditions by monitoring local media reports. Get a battery-powered and/or hand-crank radio with a weather band so you can hear emergency information when the power is out.
2. **Make a plan.** Discuss, agree on and document an emergency plan with those in your care. For sample plans, see www.ReadyVirginia.gov and www.Ready.gov.
3. **Build a Kit.** Keep enough emergency supplies on hand for you and those in your care. Start with non-perishable food and water, and then add first aid, prescriptions, flashlights and batteries. Remember supplies for children, those with special needs and pets.
4. **Get Involved:** Before a disaster happens, the whole community can get involved in programs and activities to make families, homes and businesses safer from risks and threats. Check with local

emergency managers, first responder agencies and volunteer organizations for training opportunities.

“In any large emergency, police, fire and rescue may not always be able to reach you quickly, such as if trees and power lines are down. The most important thing you can do to help your local responders is being able to take care of yourself and your family,” said Cline. “The more of us who are prepared, the quicker our community will recover.”

To recognize the significance of National Preparedness Month, Governor Bob McDonnell issued a special proclamation. To view it, go to

<http://www.governor.virginia.gov/OurCommonwealth/Proclamations/viewproc.cfm?id=166>

Many families and teachers may want to talk with children about emergency preparedness during September. The **Ready Kids** website focuses on weather-related emergencies and helps educate children ages 8-12 about how they can help their families prepare. In-school materials for teachers also are available at www.ready.gov/kids or by calling 1-800-BE-READY, 1-888-SE-LISTO and TTY 1-800-462-7587.

To learn more about National Preparedness Month and to join the National Coalition of people and organizations who have pledged to prepare in September, go to www.Ready.gov.

This September, ‘Pledge to Prepare’ for emergencies!

Chip Stratton

WWRC Safety and Risk Management Director

DARS Emergency Coordination Officer

Phone 540-332-7163

Fax 540-332-7132



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MEMORANDUM

TO: Executive Directors
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FROM: Tim Catherman

DATE: September 4, 2012

SUBJECT: 2012-2013 State Holiday Schedule

The Virginia Department of Human Resource Management has issued the holiday schedule for 2013. The VDA division of DARS will be closed in observance of the following holidays for the remainder of 2012 and 2013.

2012

Monday, October 8 – Columbus Day and Yorktown Victory Day
Monday, November 12 – Veterans' Day (observed)
Wednesday, November 21 (Close at Noon)
Thursday, November 22 – Thanksgiving Day
Friday, November 23 – Day After Thanksgiving
Monday, December 24 – Offices Closed
Tuesday, December 25 – Christmas

2013

Tuesday, January 1 – New Year's Day
Friday, January 18 – Lee-Jackson Day
Monday, January 21 – Martin Luther King, Jr. Day
Monday, February 18 – George Washington's Birthday
Monday, May 27 – Memorial Day
Thursday, July 4 – Independence Day
Monday, September 2 – Labor Day
Monday, October 14 – Columbus Day and Yorktown Victory Day
Monday, November 11 – Veterans' Day (observed)
Wednesday, November 27 (Close at Noon)
Thursday, November 28 – Thanksgiving Day
Friday, November 29 – Day After Thanksgiving
Tuesday, December 24 – Offices Closed

Wednesday, December 25 – Christmas

The calendar can also be found at <http://www.dhrm.virginia.gov>. If you have any questions, please call let me know.



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MEMORANDUM

TO: Executive Directors
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FROM: Tim Catherman

DATE: September 4, 2012

SUBJECT: GoverningInsider Magazine on Boomers

GOVERNING **INSIDER**

[NEWS & TOPICS](#) [COLUMNS & BLOGS](#) [MAGAZINE](#) [EVENTS & WEBINARS](#) [BOOKS](#) [PAPERS](#)
[ABOUT US](#)



[Talkin' 'bout My Generation](#)

America is getting older. Fast. For the next two decades, 8,000 Americans will turn 65 every day. This massive transition marks an unprecedented demographic upheaval -- and a historic challenge for government at all levels. Over the next few months, we'll explore the impact of this generational shift in the magazine and online. Visit governing.com/generations for more analysis, data and Web-exclusive coverage, including:

- A [county-by-county map](#) of the population of baby boomers
- A Q&A on senior housing with [former HUD Secretary Henry Cisneros](#)
- Senior [job training sees growing need](#), but shrinking budgets
- A [checklist](#) to show you just how age-friendly your city is

►WHAT'S NEW THIS SEPTEMBER**DEMOGRAPHICS: What Makes the Boomers the Boomers?**

Special Series: The baby boom generation is starting to get old. The first boomer born in 1946 turned 65 last year; the last will reach age 65 in 2029. To understand the real impact that this demographic change will have, one must examine what it is that makes this particular generational cohort unique from all others. It's time to get to know the boomers.

[Read more >>](#)

INFRASTRUCTURE: Boom(er)Town

Special Series: Urban planners and transit officials are realizing that the wave of boomer retirees will transform the way cities look, from how they grow and sprawl to minutiae such as curb heights and sign fonts. [Read more >>](#)

POLITICS: Rock the Vote

Special Series: They hold tremendous influence -- more than half the nation's voting-age population is now over 45 -- but baby boomers and their role at the polls are a bit hard to pin down. [Read more >>](#)



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MEMORANDUM

TO: Executive Directors
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FROM: Ellen Nau, Program Coordinator

DATE: September 4, 2012

SUBJECT: Caregiving and Lifespan Respite Care

CEUs for Social Workers, Nurses, and Assisted Living Administrators

Morningstar Assisted Living and Alzheimer's Care will present a free CEU Program entitled "Hopeful Strategies for Senior Hoarding" on September 25, 2012 in Williamsburg and September 26, 2012 in Newport News. Consult the attached flyer for further information.

Websites and Webinars:

TASH Fall 2012 Webinar Series: The Art Of Fostering Relationships And Networks Of Support For People With Disabilities

The webinar series will focus on the art of fostering relationships and networks of support for people with disabilities. The webinar series is intended for community support professionals and agencies interested in organizational change or finding innovative service approaches. There is a cost to these webinars. For further information, go to: <http://tash.org/>

KCET's "Your Turn To Care" Website

KCET in California, has launched [Your Turn To Care](http://www.kcet.org/shows/yourturntocare/), a website designed to serve as a resource for families, caregivers and seniors across the country who are faced with the challenge of taking care of ailing or aging loved ones or dealing with aging-related issues. <http://www.kcet.org/shows/yourturntocare/>

Fact sheets, reports and future papers:

Fact Sheet: Respite for Individuals with Neurological Conditions

In August, ARCH released its 59th Fact Sheet. The topic is *Respite for Individuals with Neurological Conditions*. Respite for this group of individuals is difficult for family caregivers to find and to access due to limited respite options and funding sources. The fact sheet can be

located at: <http://archrespite.org/productspublications/arch-fact-sheets#Neurological>

The Pew Internet Project and the California HealthCare Foundation released a new report: "*Family Caregivers Online*." The report states that the internet is an integral part of a family caregiver's life. To access the report go to, <http://library.constantcontact.com/download/get/file/1108193339832-44/Family+Caregivers+online.+Pew+Internet+Study.pdf>

Family Caregiver Alliance

State by state help for family caregivers can be found at:

http://www.caregiver.org/caregiver/jsp/fcn_content_node.jsp?nodeid=2148

Alliance for Aging Research and the U.S. Administration on Aging

A panel of experts explored the state of translation of evidence-based interventions to help individuals with Alzheimer's disease remain healthy and independent longer. For further information, go to: <http://americustimesrecorder.com/oncampus/x775525199/RCI-executive-director-serves-on-panel-at-US-Administration-on-Aging>

AARP Publication

A new AARP publication, *Protecting Family Caregivers from Employment Discrimination*, identifies discrimination in the workplace encountered by workers with eldercare responsibilities as an emerging trend and highlights the limited protections for working caregivers. The report calls for developing public and private solutions to ensure that workers with eldercare responsibilities receive equal employment opportunity and are protected from workplace discrimination.

<http://www.aarp.org/home-family/caregiving/info-08-2012/insight-protecting-family-caregivers-from-employment-discrimination-AARP-ppi-health.html>

FREE CEU PROGRAM

UP TO 3 CEUs FOR SOCIAL WORKERS, NURSES, AND ASSISTED LIVING ADMINISTRATORS



Jennifer Lubaczewski
Fitzpatrick, MSW

JOIN US FOR THIS
WONDERFUL PRESENTATION
by Jennifer Fitzpatrick, MSW
Jenerations Health Education, Inc.


Hopeful Strategies
for Senior Hoarding

TUESDAY, SEPTEMBER 25TH
2:30PM - 6:00PM

MORNINGSIDE OF WILLIAMSBURG
440 McLaws Circle • Williamsburg, VA

RSVP AT 757-221-0018
BY THURSDAY, SEPTEMBER 20TH.

WEDNESDAY, SEPTEMBER 26TH
10:30AM - 2:00PM

MORNINGSIDE OF NEWPORT NEWS
655 Denbigh Boulevard • Newport News, VA

RSVP AT 757-890-0905
BY FRIDAY, SEPTEMBER 21ST.

While hoarding is a serious problem impacting the health and safety of older adults, the condition is highly resistant to treatment. What causes hoarding? Why do hoarders cling to objects, animals, filth, and seemingly meaningless possessions? This timely program will cover:

- The mental health component of hoarding
- Best practice strategies for improving quality of life for seniors who hoard and their families
- Developing empathy for hoarders
- Strategies for dealing with hoarding in senior care communities

This continuing nursing education activity was submitted to the Delaware Nurses' Association Continuing Education Approval Committee (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation). Jenerations has applied to offer 3 contact hours for nurses.

Jenerations Health is an approved sponsor of the Maryland Board of Social Work Examiners for continuing education credits for licensed social workers in Maryland. These programs provide a total of 3 Category I social work CEUs per presentation. Maryland authorized sponsors have reciprocity in Virginia for social work CEUs and this will count toward your license.

Program Approval Number: 2692012-3.00-9688-in: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 3.00 clock hours and 3.00 participant hours.

This program has been submitted to CCMC for 3 case management credits.

MORNINGSIDE ASSISTED LIVING & ALZHEIMER'S CARE

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757-221-0018

www.MorningsideOfWilliamsburg.com

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