



COMMONWEALTH of VIRGINIA
Department for the Aging

[Click here to go to the Virginia Department for the Aging Home Page](#)

TABLE OF CONTENTS
AAA TUESDAY E-MAILING

==ADDENDUM==

June 12, 2012

| SUBJECT | VDA ID NUMBER |
|--|----------------------|
| <u>Caregiving and Lifespan Respite Programs: Addendum</u> (Ellen Nau) | 12-189 |
| <u>Elder Abuse Rap</u> (Kathy Miller) | 12-190 |
| <u>FREE Healthcare Planning Program Offered by Senior Connections</u> (Janet James) | 12-191 |

Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



12-189

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: June 12, 2012

SUBJECT: Caregiving and Lifespan Respite Programs: Addendum

**Funding alert: Jumpstart youth-led intergenerational programs
Generations United and MetLife Foundation**

Generations United and MetLife Foundation are awarding \$1,000 jumpstart grants (along with technical assistance) to organizations to develop creative, youth-led intergenerational programs that address challenges in their communities. Priority will be given to programs addressing hunger and nutrition. Initiatives must engage youth and older adults. Submit your application in writing or via a short video or other multi-media presentation. Applications due: June 30. For more information go to:
<http://gu.org/OURWORK/Programs/YouthJumpstartGrants.aspx>



12-190

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Kathy Miller, Director of Programs

DATE: June 12, 2012

SUBJECT: Elder Abuse Rap

Attached are the lyrics for an elder abuse rap song that was written and performed at the Virginia Coalition for the Prevention of Elder Abuse (VCPEA) annual conference by Mary Twomey, co-director of the National Center on Elder Abuse at UC Irvine. The conference was held in Virginia Beach on May 30 - June 1. It is reported that the performance brought down the house! It was based on a song called "Young and Positive" by Sweet Honey in the Rock.

There's No Excuse for Elder Abuse: a rap song

I woke up one morning and I was old
All of a sudden, people treat me cold
They hit me and they hurt me
They call me bad names,
They take my money, they have no shame

But I have a secret I'll share with you here
Listen closely as you draw near:

**REFRAIN: I am old, and I am positive
I have wisdom, I'm going to tell it like it is
I may be disabled, but I'm not obtuse
There's no excuse for elder abuse**

You call me on the phone, say I've won a prize
I won't listen when you tell me your lies
You say: "Buy an annuity,"
I say: "Buddy, you can't fool me"

You leave me alone when I need aid
You don't give me food and leave me to fade
Later you say: "But, I didn't know better"
Can you spell NEGLECT, letter by letter?

REFRAIN

Hey, Congress! Do you have my back?
If you do you gotta fund the Elder Justice Act
You see I'm tired of all day living in fear
Come on now and show me that you care
About me and my peeps, we just wanna be cool
Nobody taking our money, making us a fool.
So, Congress, hey, don't delay
Remember you too will be old one day.



12-191

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Janet James, Esq., Public Guardian Program Coordinator

DATE: June 12, 2012

SUBJECT: FREE Healthcare Planning Program Offered by Senior Connections
June 27, 2012 / 10:00 AM-2:00 PM / Box Lunch Provided

Please see the attached flyer for details on an exciting program offered by Senior Connections, The Capital Area Agency on Aging.

- ***Breaking the Ice . . . Jump-Start the Conversation! Initiating the Too-Often-Avoided Discussion about Early Healthcare Planning, Treatment and Support Options.***

This free information session is tailor made for Human Services Professionals and includes a stellar list of panelists. This program is made possible by a Geriatric Education and Training Grant awarded by the Virginia Center on Aging at Virginia Commonwealth University.

BREAKING THE ICE . . .

Jump-Start the Conversation!

Initiating the Too-Often-Avoided Discussion about Early Healthcare Planning, Treatment, and Support Options

Featured Panelists:

- ❖ Erica F. Wood, Esq.,
American Bar Association's
Commission on Law and
Aging

- ❖ David Sadowski, Executive
Director, Crater District Area
Agency on Aging

- ❖ Kathy Pryor, Esq., Elder Law
Attorney and Member,
Virginia Public Guardian and
Conservator Board

- ❖ Katherine Lawson, Esq.,
Virginia Board for People
With Disabilities

- ❖ Dana Traynham, Esq.,
Virginia Office of Protection
and Advocacy and Member,
Virginia Public Guardian and
Conservator Board

LIMITED SPACE

RESERVE YOUR
SEAT TODAY!

Please RSVP to Ivan Tolbert:
itolbert@youraaa.org
672-4498
by Wednesday, June 20, 4 p.m.

Sponsored by

**Senior
Connections**
The Capital Area Agency on Aging
Public Guardian Program

A Free Information Session for Human Services Professionals

Wednesday, June 27, 2012

10:00 a.m. – 2:00 p.m.

(boxed lunch provided)

**Senior Connections, The Capital
Area Agency on Aging
24 East Cary Street
Richmond, VA 23219**

PURPOSE

To increase the number of actively involved and knowledgeable professionals within Virginia's human services, family care-giving, aging and disabilities support networks who can be catalysts to engage individuals and families in discussions about the importance of early, person-centered pre-planning for legal needs. With the aim of increasing the number of persons who use such planning tools as wills, powers of attorney, and advance directives, this information session will present alternatives to guardianship – in order to empower participants to professionally guide others toward taking immediate steps to make the vital decisions and execute the necessary advance healthcare, treatment and final disposition directives required to legally document their wishes concerning levels of support, treatment preferences, asset handling, and personal beliefs.

FOR ANYONE ENGAGED IN:

- ❖ Hospital Intake and Discharge Planning
- ❖ Community Service Board Intake and Discharge Planning
- ❖ Social Work
- ❖ In-Home Care Coordination
- ❖ Family Counseling
- ❖ Aging Services
- ❖ Long-Term Care Planning
- ❖ Family Care-giving
- ❖ Faith-Based Counseling
- ❖ Medical and Allied Health Services
- ❖ Individual and Family Crisis Stabilization
- ❖ Mental Health and Substance Abuse
- ❖ Physical Therapy and Rehabilitation
- ❖ Emergency Services
- ❖ Adult Protective Services

This program is made possible by a Geriatric Education and Training Grant awarded by the Virginia Center on Aging at VCU.