



**COMMONWEALTH OF VIRGINIA**  
**DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES**

JAMES A. ROTHROCK  
Commissioner

**DIVISION FOR THE AGING**  
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**[Click here to go to the Virginia Division for the Aging Home Page](#)**

**TABLE OF CONTENTS**  
**AAA TUESDAY E-MAILING**  
**November 20, 2012**

**SUBJECT**

**New GAO report on Elder Financial Exploitation**  
**(James Rothrock)**

**Welcoming New Employees**  
**(Tim Catherman)**

**Marilyn Maxwell's Farewell**  
**(Tim Catherman)**

**National Family Caregiver Month**  
**(Ellen Nau)**

**Nutrition Directors Conference**  
**(Elaine Smith)**

*November is Alzheimer's Disease Awareness Month*

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*November is National Family Caregivers Month*



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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** James A. Rothrock

**DATE:** November 20, 2012

**SUBJECT:** New GAO report on Elder Financial Exploitation

Citing the need for a national strategy to effectively combat financial crimes against older Americans, the General Accounting Office (GAO) has released a report on elder financial exploitation.

You can view the full report using this link <http://www.gao.gov/assets/660/650074.pdf>



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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim Catherman

**DATE:** November 20, 2012

**SUBJECT:** Welcoming New Employees – Mario Epps and Tanya Brinkley

Recently, the VDA Division of DARS welcomed two employees to its staff.

Tanya Brinkley is a CRIA Referral Specialist. Tanya has over twenty years working as an Operations Manager / Asst Vice President Operations for an investment firm. She has joined DARS-VDA to assist us with implementing CRIA Referrals in the No Wrong Door System. We will share more information about this as we implement the process. In addition, she will be assisting with various office needs. Tanya's phone number is (804) 662-9339, her e-mail address is [Tanya.Brinkley@dars.virginia.gov](mailto:Tanya.Brinkley@dars.virginia.gov).

Mario Epps will be the team coordinator on several projects related to the NWD initiative in all phases of systems analysis and software development. Mario has worked for the past five years as a Lead Software Engineer in the AIT (Automated Information Technology) Department of Northrop Grumman. He has a bachelor's in Computer Engineering from Norfolk State University and a Master's in Information Systems Management from Virginia Commonwealth University. Mario's phone number is (804) 662-9317, his e-mail address is [Mario.Epps@dars.virginia.gov](mailto:Mario.Epps@dars.virginia.gov).

Please join me in welcoming Mario and Tanya.



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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim Catherman

**DATE:** November 16, 2012

**SUBJECT:** Marilyn Maxwell's Farewell

The Southwest Post captured Marilyn Maxwell's retirement. A copy of the article is available on the MEOC website at: <http://www.meoc.org/farewellmarilyn.htm>.



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**MEMORANDUM**

**TO:** Executive Directors  
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**FROM:** Ellen Nau, Program Coordinator

**DATE:** November 20, 2012

**SUBJECT: National Family Caregiver Month**

**New Logo for The Virginia Caregiver Coalition!**



Thanks to Jessica Bullard, VCC Member from Commonwealth Catholic Charities and her design friend, Kimberly Diedrich Owner of Kimberly Diedrich Creative in Fort Mill, South Carolina!

**Fiscal Cliff for Caregivers!**

Boston Globe article on the "caregiver cliff" ...in light of all the fiscal cliff discussions, this is worth a read!

<http://bostonglobe.com/business/2012/11/11/caregivers-find-themselves-stretched-emotionally-and-financially/g3h4xw4GRcabavZPU5sPsK/story.html>

**Transportation Access and Respite Care: Critical Information for Family Caregivers, Care Recipients, and Respite Providers [ARCH Fact Sheet #60].** This fact sheet, prepared in consultation with Easter Seals with Easter Seals Transportation Group and Everline Consulting, LLC, provides strategies for identifying transportation options and eliminating transportation barriers related to the provision and receipt of respite care. It

addresses the importance of transportation and how to help family caregivers, providers and Lifespan Respite programs identify community transportation resources; determine the best transportation options; include transportation in the respite planning process; and create transportation options that meet the needs of family caregivers, care recipients, and respite workers and volunteers. [\[FS 60 Printable PDF !\[\]\(5eb1325dfdc3f1cad8426726c0db51cd\_img.jpg\)](#)] You can also view a flip-page version of the document, leave comments, share it on Facebook or Twitter or any of your favorite social media sites, and download it at <http://calameo.com/books/001393501e941dfd767e7>.

**Home and Community-based Waivers for Respite Support: State-by-State Tables of Medicaid Waiver Information Related to Respite.** New waiver tables have been added to this [compendium](#) for the following states: District of Columbia, Oregon, South Dakota, Utah, Washington, West Virginia, Wisconsin and Wyoming. Individual tables were also added to the Search Results pages for each of these states in the National Respite Locator (<http://archrespice.org/us-map>) under *Respite Funding and Eligibility*.



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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**AND:** Nutrition Directors

**FROM:** Elaine Smith, Program Coordinator

**DATE:** November 20, 2012

**SUBJECT: Nutrition Director Videoconference**

Thank you for scheduling your videoconference sites for the AAA nutrition directors' videoconference on Thursday, November 29 at 1:30 – 3:30 p.m. I'm sorry that we had to decline some of your sites, because we reached the maximum number of videoconference sites for optimal transmission. If your location is not listed below and you would still like to participate, you must contact one of the listed AAAs to see if there is room at the location they have reserved. Another option is to come to Richmond and participate in the VDA conference room – there is still room available here. We will also be recording the conference for future playback.

<b>Videoconference Location</b>	<b>AAA contact</b>
VDA conference room 1610 Forest Ave, Henrico (Richmond)	Elaine Smith 804-662-9319 <a href="mailto:elaine.smith@dars.virginia.gov">elaine.smith@dars.virginia.gov</a>
Central VA HD 1900 Thomson Dr, Lynchburg	RoseAnn Richards 434-385-9070 ext 120 <a href="mailto:rarichards@cvaaa.com">rarichards@cvaaa.com</a>
Mountain Empire Older Citizens Big Stone Gap	Debbie Sanders 276-523-4202 <a href="mailto:dsanders@meoc.org">dsanders@meoc.org</a>
Arlington HD 2100 Washington Blvd, Arlington	Terri Lynch 703-228-1733 <a href="mailto:TLynch@arlingtonva.us">TLynch@arlingtonva.us</a>
Charlottesville HD 1138 Rosehill Dr, Charlottesville	Emily Daidone 434-817-5249 or 434-964-6536 (cell) <a href="mailto:EDaidone@jabacares.org">EDaidone@jabacares.org</a>
South Hill DOT 1013 West Atlantic St, South Hill	Ellen Young 434-447-7661 ext 34 <a href="mailto:eyoung@lcaaa.org">eyoung@lcaaa.org</a>

District Three Senior Services Marion	Libby Davis 276-783-8157 <a href="mailto:Ldavis@smyth.net">Ldavis@smyth.net</a>
Fairfax Human Services Building Fairfax Government Center	Sharon Lynn 703-324-5411 <a href="mailto:Sharon.lynn@fairfaxcounty.gov">Sharon.lynn@fairfaxcounty.gov</a>
Madison Health Department 410 N Main St, Madison	Ray Parks 540-825-3100 ext 3331 <a href="mailto:rparks@rrcsb.org">rparks@rrcsb.org</a>
New River Radford HD 212 Third Ave, Radford	Jennifer Viers 540-994-2630 or 540-440-6038 <a href="mailto:jviers@nrvaooa.org">jviers@nrvaooa.org</a>
Accomack County HD 23191 Front St, Accomac	Alvin Bailey 757-442-9652 <a href="mailto:Abailey3011@verizon.net">Abailey3011@verizon.net</a>
Peninsula HD 416 J. Clyde Morris Blvd, Newport News	Gerald Patsel 757-873-0541 <a href="mailto:commsrvsdir@paa-inc.org">commsrvsdir@paa-inc.org</a>
Portsmouth HD 1701 High Street, 1st Floor, Portsmouth	Trish Whitley 757-222-4545 or Cell: 757-449-5376 <a href="mailto:pwhitley@ssseva.org">pwhitley@ssseva.org</a>
Shenandoah County HD North Main Street, Woodstock	Mary Ann Gardner 540-635-7141 ext. 204 <a href="mailto:maryann.gardner@shenandoahaaa.com">maryann.gardner@shenandoahaaa.com</a>
Western Piedmont HD Martinsville/Henry County	Anne Smith 276-632-6442 <a href="mailto:asmith@southernaaa.org">asmith@southernaaa.org</a>

I recommend that you arrive at the location at least 15 to 30 minutes before the videoconference is scheduled to start, to familiarize yourself with the room and camera setup and to allow the tech(s) making the connections to do what they need to do.

Please let me know if you have any questions or need help in coordinating a location with another AAA.

Following is the agenda. Handouts will be forwarded a day or so prior to the videoconference. We look forward to your participation in discussing this topic.

Nutrition Director Videoconference  
Voluntary Contributions for Nutrition Programs  
Thursday, November 29, 2012, 1:30 – 3:30 p.m.

Purpose: to provide additional guidance on soliciting voluntary contributions for nutrition programs.

Welcome, Roll Call, and Introductions Elaine Smith, Program Coordinator Department for Aging and Rehabilitative Services, Virginia Division for the Aging	1:30 – 1:45
Older Americans Act and Federal Perspective Joseph M. Carlin, MS, RD, LDN, FADA, Regional Nutritionist Administration for Community Living, Administration on Aging	1:45 – 2:05
Service Standards, State and Local Perspective Kathy Miller, Director of Programs Department for Aging and Rehabilitative Services, Virginia Division for the Aging	2:05 – 2:25
Scenarios and Samples for Discussion Elaine Smith	2:25 – 2:45
AAA Experiences and Practices All	2:45 – 3:15
Closing	3:15 – 3:30