



COMMONWEALTH OF VIRGINIA
DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES

JAMES A. ROTHROCK
Commissioner

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AAA TUESDAY E-MAILING
November 27, 2012

SUBJECT

**Governor McDonnell Extends Holiday Closings
(Tim Catherma)**

**Items of Interest to the Aging and Disability Network
(Ellen Nau)**

November is Alzheimer's Disease Awareness Month

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November is National Family Caregivers Month



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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim Catherman

DATE: November 21, 2012

SUBJECT: Additional Holiday Time Off

Governor McDonnell has decided to close Executive Branch offices on the day after Christmas, December 26th to give more time with families during the holiday season. Please be advised DARS will be closed.

If you have any questions, please let me know.



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MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Program Coordinator

DATE: November 27, 2012

SUBJECT: Items of Interest to the Aging and Disability Network

Aging and Historical Milestone:

Florence Green, the last World War I veteran, died in England. She was almost 111!

Reports:

Depression in the Aging Reports: Depression affects about one in ten older adults and is a leading cause of years of life lost due to its influence on other health and disability outcomes. (*Aging in Action*: by John Davy on November 8, 2012.)

[Decreasing the Prevalence of Later-Life Depression](#)

From AoA and SAMSHA

Older Americans Behavioral Health Issue Brief 4: Preventing Suicide in Older Adults

Please see the attached pdf!

Bridging Aging and Disabilities

A special issue of the International Journal of Integrated Care is focused on a series of articles on bridging aging and disabilities www.ijic.org/index.php/ijic (scroll down for the links to the articles).

Facing Aging with a Positive Attitude!

[Upbeat View on Old Age May Help Seniors Bounce Back from Disability](#)

Study found those with more optimistic outlooks had better recoveries

Source: [Medline: HealthDay](#)

CDC on Emergency Preparedness and Disaster Assistance for Persons with Disabilities <http://www.cdc.gov/ncbddd/disabilityandhealth/emergencypreparedness.html>

Federal agencies have recognized that people with disabilities may need to take additional precautions in order to be ready for expected and unexpected winter weather events. See the CDC website for information on emergency preparedness and disaster assistance for persons with disabilities

Envisioning the Future: Allies in Self-Advocacy Final Report

<http://alliesinselfadvocacy.org/2012-summit-report-2/>

This report summarizes the goals of the [Self-Advocacy Summit Initiative](#) and describes the planning, implementation, findings, outcomes, evaluation, and feedback of the events. An initial report was developed after the 2011 series of summits; this final report includes updated information gained from the summits held in 2012.

Respite for Rural Family Caregivers: Overcoming the Challenges

http://archrespite.org/images/docs/Factsheets/State_Coalition_Fact_Sheets/FS_35-Rural_Respite.pdf

Webinar:

Augmentative Communication Apps: Making the Best Choice for the Best AAC Voice

November 28, 2012 – 1:00pm ET http://aaidd.org/content_9945.cfm

This webinar is about identifying the optimum AAC App (s) for an individual with complex communication needs.

The Good News!

Homecoming King

<http://www.disabilityscoop.com/2012/11/13/homecoming-first-steps/16834/>

Homecoming Queen

http://www.dispatch.com/content/stories/life_and_entertainment/2012/10/05/a-crowning-momenta-wonderful-journey.html