



VDA WEEKLY E-MAILING

January 8, 2013

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Gordon Walker in the News

Tim Catherman, Director, Aging Operations

The PBS station in Charlottesville has a show called *Charlottesville Inside-Out*. This link is a 13 minute video about Gordon Walker that aired on Thursday, December 13, 2012.

[Charlottesville Inside-Out: Jefferson Area Board for Aging \(JABA\)](#)

On Thursday, January 3, 2013 the Daily Progress featured Gordon Walker in its news section.

[Dozen: Walker makes aging a rewarding experience through JABA](#)

Welcome to David Hominik, Legal Services Developer

Kathy Miller, Director of Programs

DARS-VDA is very happy to welcome David Hominik as the new Legal Services Developer on January 10. David comes to us from the Virginia Office for Protection & Advocacy (VOPA) where he served as a

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



Disability Rights Advocate. He is a graduate of Yale University and later received his law degree from Washington College of Law, American University. David has a wealth of experience as a staff attorney and legal advocate. He worked at the Legal Aid Society of Middle Tennessee and the Knoxville Legal Aid Society where he later served as its Executive Director. He has also worked for the Pennsylvania Bar Institute, the South Carolina Centers for Equal Justice and the American Bar Association Committee on Mental & Physical Disability as the Director of Legal Research. In addition to his current position at VOPA, he is an instructor for a Paralegal Course taught at George Mason University. We look forward to him reconvening the Project 2025 Stakeholders and serving as the VDA representative to Triad and the Virginia Elder Rights Coalition. His email address will be david.hominik@dars.virginia.gov. Please join us in welcoming David.

2012 Virginia Tax Credit Rental Housing Survey

Jim Rothrock, Commissioner

Bowen National Research offers a free statewide and county level analysis of the Virginia Tax Credit rental housing market, including:

- Statewide occupancy and rental rate data
- Thematic maps
- Information on more than 600 Tax Credit rental properties
- County by county information, including:
- Tax Credit housing occupancy rates
- Rents and vacancies by bedroom type
- Economic and demographic information (general and low-income populations)

Click the link to see the [2012 Virginia Tax Credit Rental Housing Survey](#) on the web, or visit www.bowennational.com for more information.

Survey on Coordination of Veteran Services

Kathy Miller, Director of Programs

The Virginia Division for the Aging wants to improve coordination of services to veterans. We are interested in your efforts and how DARS-VDA can assist with these efforts.

Please complete this short questionnaire and return to Peggy Nieder at peggy.nieder@dars.virginia.gov by January 25, 2013. If you have questions, please contact Peggy through e-mail or by phone at (804) 662-9807. Thank you for your assistance.



Survey on Coordination of Veteran Services

AAA Contact Person:

E-mail:

Phone:

Does your AAA coordinate services with Veteran's Medical Centers or Veteran's Clinics?

Y / N

If yes, please list the centers and clinics and describe your coordination efforts.

Does your AAA coordinate services with other veteran governmental agencies or veteran groups?

Y / N

If yes, please list the agencies/groups and describe how you coordinate with each.

How can DARS-VDA assist your AAA with improving the coordination and delivery of services to veterans?



2013 Calendar of Recurring DMV 2 Go Mobile Office Visits

Jim Rothrock, Commissioner



Communications Office
 Virginia Department of Motor Vehicles
 Post Office Box 27412
 Richmond, Virginia 23269



NEWS RELEASE

January 7, 2012

Contact: Sunni Brown (804) 367-6834

Sunni.Brown@DMV.Virginia.Gov

DMV Dedicated to Serving Military Members, Veterans and Families

RICHMOND – DMV’s mobile customer service center called *DMV 2 Go* is traveling across Virginia providing services to military members, veterans, and their families.

DMV 2 Go is a handicapped-accessible full service office that provides all DMV transactions including applying for and renewing driver's licenses, adult and child ID cards, and Virginia’s veterans ID card. Road and knowledge tests are available, and applicants may get their pictures taken and complete vision screenings. Customers can order disabled parking placards or plates, and get vehicle titles, license plates and decals.

DMV staff can assist with services specific to veterans including applying for the new veterans ID card. The veterans ID card serves as proof of veteran status to receive discounts from retailers and restaurants. Staff will also accept and process certificates of disability, which allow veterans to apply for a registration fee exemption. DMV offers more than 30 military-themed license plates.

DMV 2 Go has visits scheduled at three military bases and two VA medical centers in 2013.

Location	Dates	Time and Place
Marine Corps Base Quantico	January 14-15 March 11-12 May 13-14 July 8-9 September 9-10 November 12-13	All visits take place from 9 a.m. to 4 p.m. in the MCX Parking Lot.
Fort Myers	January 8 April 9 July 10 October 8	All visits take place from 9 a.m. to 4 p.m. outside JB Myer-Henderson Hall.
Fort Belvoir	April 5-6	All visits take place from 9 a.m. to 6 p.m. on Friday and



	July 5-6 October 4-5	10 to 5:30 on Saturday. The mobile office will be parked in between the PX and Commissary.
Salem VA Medical Center	April 4 July 15	All visits take place from 9 a.m. to 4 p.m. The Salem VA Medical Center staff work with <i>DMV 2 Go</i> to determine the location of each visit and publicize it.
Hampton VA Medical Center	January 10 March 4 June 13 September 12	All visits occur from 9 a.m. to 4 p.m. The Hampton VA Medical Center staff work with <i>DMV 2 Go</i> to determine the location of each visit and publicize it.

DMV 2 Go staff are actively scheduling more visits at military and veterans locations, so be sure to check the public calendar at www.dmvNOW.com/DMV2GO for stops near you.

The Virginia Caregiver Coalition January 24, 2013 Meeting

Ellen Nau, Program Coordinator

Are you flummoxed, frazzled and frustrated over the over the lack of respite providers for family caregivers in your region of the state? Do financial constraints prevent you from hiring respite providers to give your caregivers a break? Let's discuss utilizing volunteers to provide respite!

The Virginia Caregiver Coalition will host a meeting at 9:30 AM on January 24 to discuss establishing volunteer respite provider groups! Several groups that operate volunteer respite groups will present information about their programs. Discussion will take place among participants concerning volunteers supplying respite. Valuable informational resources concerning volunteer respite groups will be shared.

Join the discussion at the Virginia Department for Aging and Rehabilitative Services, Department for the Aging Conference Room 1610 Forest Avenue in Richmond by confirming your attendance with Ellen Nau Ellen.nau@dars.virginia.gov. You may also attend the meeting at various video conference sites throughout the Commonwealth. Please contact the individual facilitating video conferencing at the sites listed below to confirm your attendance and obtain directions to the site!

Mountain Empire Older Citizens, Inc.

Julia Trivett Dillon jtrivett@meoc.org 276-523-4202

Appalachian Agency for Senior Citizens

Carol Raines craines@aasc.org 276-964-4915

District Three Senior Resources

Sissy Frye sfrye@smyth.net 276-783-8157



Roanoke - Kissito PACE Center in Roanoke
Christian Thomas casemgt@loaa.org 540-345-0451

Charlottesville Health Department
Annie Marrs amarrs@alz.org 434.973.6122 ext105

Madison Health Department
Lynnette Scott lscott@rrcsb.org 540-825-3100

Fairfax County Government
Lucy Gerland lucy.gerland@fairfaxcounty.gov 703-324-5411

Peninsula Health Department - Newport News
Judy Hutchinson sw3@paainc.org 757-873-1437

disAbility Resource Center - Fredericksburg
Pat Holland pholland@raa16.org 540-371-3375

Norfolk - site and contact to be determined.
James Madison University - contact to be determined

There will be the availability to phone in to the discussion, but you must contact Ellen Nau at DARS to get the number!

The Virginia Caregiver Coalition wants to hear from you! If you have specific information about volunteer respite providers, please contact VCC Education Chairs, Kathleen Fogerty at Kathleen.Fogerty@bshsi.org or Lucy Gerland at Lucy.Gerland@fairfaxcounty.gov

The Alexandria of Our Future: A Livable Community for All Ages

Tim Catherman, Director, Aging Operations

Congratulations to Alexandria for issuing its Strategic Plan on Aging. Here is the press release.

Jane M. King, Chair, Alexandria Commission on Aging

Like most Americans, Alexandrians want to stay in their own homes as they age. They hope to remain in the city because they enjoy its many diverse neighborhoods, small town character, historic Old Town, the waterfront, and many other attractive features.

Members of the Alexandria Commission on Aging (COA) and Division of Aging and Adult Services (DAAS), however,





concerned about the projected increase in numbers of older residents, recognized that many obstacles lay in the path of those desiring to "age in place" in the city. Commission members and DAAS staff shared their concerns with the City Council, which, in May 2010, approved funding that enabled DAAS to engage consultants to assist in developing a strategic plan on aging. Following a competitive bidding process, Just Partners, Inc. (JPI) was selected and a contract signed in October of 2010.

Gordon Walker, the innovative and energetic executive director of the Jefferson Area Board for Aging (in Charlottesville) to serve as program manager for JPI. By the end of 2010, commission members and MaryAnn Griffin, director, and Debbie Ludington, long-term care coordinator of DAAS, launched a very ambitious effort to identify the needs of Alexandria's rapidly growing numbers of older citizens. They agreed that the plan should enhance the livability of the city for all Alexandrians,

While online and printed surveys were disseminated widely, two town halls in February and March 2011 attracted nearly 400 residents, demonstrating the great interest on the part of attendees in staying in a city they love. Flyers inviting residents to the town halls, in both English and Spanish, were distributed broadly, and AARP sent invitations to its members in the city. The town halls featured greetings by Councilwoman Del Pepper and Mayor Euille, as well as an overview of the issues and demographic considerations related to aging. Six breakout sessions followed, covering transportation, housing, health and wellness, community support, economic development and quality of life. Through the breakouts, where all perspectives were heard and reported, the ideas and experiences of residents were represented.

The DAAS also convened an advisory committee, comprised of Alexandria businesses, non-profits, faith-based organizations, health providers, citizen organizations and other stakeholders whose views and expertise provided an understanding of their prospective roles in support of aging in place in the city. All city agencies also had the opportunity to share their viewpoints relevant to the plan. Once the results of the surveys and reports on the town halls were compiled, and the conclusions of stakeholders were evaluated, work on creating a plan began in earnest.

Entitled *The Alexandria of our Future: A Livable Community for All Ages*, the plan commences with in-depth, comprehensive background on the national, state and local implications of the projected doubling of the population of aging Americans by 2030. It then defines the characteristics of older Alexandrians, their income levels, living arrangements, employment status and educational attainment. The seven priority goals and objectives, and actions required to reach the goals, as determined by the commission and DAAS leaders, are then articulated. They include enhanced



DIVISION FOR THE AGING
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AND REHABILITATIVE SERVICES

communications and outreach, increased affordable and accessible housing and mobility options, expanded community services, economic and workforce development, improved quality of life, and health, wellness and safety.

The City Council approved the plan in April of this year. The commission and DAAS staff is now hard at work implementing the plan.

[The Alexandria of Our Future](#) (PDF, 2.9 mb)