



## VDA WEEKLY E-MAILING

May 14, 2013

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### FaceBook

*Tim Catherman, Director, Aging Operations*

During Older Americans Month several AAAs have asked that we share information about their Facebook page. There are several AAAs with a Facebook presence. If you have a Facebook presence, please like the other VA AAAs. Some of the AAAs include: Valley Program, Rappahannock, Central Virginia, LOA, Crater District, Senior Services, Shenandoah, Arlington County Commission on Aging, Mountain Empire, Senior Connections, and Bay Aging.

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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## Welcoming New Employee – Tanya Brinkley

*Tim Catherman, Director, Aging Operations*

Tanya Brinkley has accepted the full-time position with DARS-VDA as a Service Referral Office Specialist. Tanya joined the agency last October as part-time employee. Over the past 7 months she has learned the aging side of DARS and enhanced the process on how DARS handles CRIA calls and referrals in addition to various other office needs. Please join me in welcoming Tanya as permanent employee to DARS. Her phone number is (804) 662-9339, her e-mail address is [Tanya.Brinkley@dars.virginia.gov](mailto:Tanya.Brinkley@dars.virginia.gov).

## Fostering Independence, Participation, and Healthy Aging Through Technology - Workshop Summary - Institute of Medicine

*James A. Rothrock, Commissioner*

Source: [iom.edu](http://iom.edu)



An increasingly important aspect of the social and environmental factors that determine whether an individual has a disability is the technology to which that person has access. Technology-driven assistive and adaptive products have improved functioning and quality of life for people of all ages. Furthermore, there is great potential for technology to increase a person's disability-free years. The IOM-National Research Council Forum on Aging, Disability, and Independence hosted a workshop to examine the ways in which technology can foster independence and healthy aging among working-age individuals with disabilities and among individuals who are developing disabilities while they age.

[patti.goodall@dars.virginia.gov](mailto:patti.goodall@dars.virginia.gov) sent this using [ShareThis](#). Please note that ShareThis does not verify the ownership of this email address.

## 2013 Virginia Elder Rights Award

*Kathy Pryor, Virginia Poverty Law Center*

It's time to nominate a great advocate for the Virginia Elder Rights Award!! The annual Elder Rights Award recognizes individuals who have significantly advanced the fundamental civil and legal rights of elders in the Commonwealth, and the empowerment of older persons to exercise their rights. Here is your opportunity to recognize someone who is a strong advocate on behalf of elders - perhaps someone working at the grassroots level who previously has not been honored! See <<http://www.vplc.org/verc-award>> <<http://www.vplc.org/verc-award>> for more information and a nomination form. Please complete the VERC Award Nomination Form and



send it to Kathy Pryor ([kathy@vplc.org](mailto:kathy@vplc.org)) by June 15. (Members of the VERC Board are not eligible for nomination.)

## 2013 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award

*Ellen M. Nau, MA, Program Coordinator*

Three \$20,000 Prizes to Be Awarded for Innovative Programs for Alzheimer's Disease Caregivers!  
Application for the 2013 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy  
Award Now Available on FCA Website:

[www.caregiver.org](http://www.caregiver.org).

Through a grant to FCA's National Center on Caregiving from The Rosalinde and Arthur Gilbert Foundation, three awards of \$20,000 each will be given to organizations to recognize unique programs that address the needs of Alzheimer's caregivers. One award will be granted in each of three categories: *Creative Expression, Diverse/Multicultural Communities, and Policy and Advocacy.*

The deadline for applications is August 16, 2013. Winners will be announced in late November 2013.

## 2013 Area Planning and Services Committee on Aging with Lifelong Disabilities (APSC) Conference

*Tim Catherman, Director, Aging Operations*

The Area Planning and Services Committee on Aging with Lifelong  
Disabilities (APSC) presents its 2013 conference

*Wellness Trends and Resources for Aging with Lifelong Disabilities*

June 3, 2013

8:00 a.m. - 4:30 p.m.

Holiday Inn Select, Koger South Conference Center, Richmond

Topics Addressed Include:

Affordable Care Act

Spirituality and Spiritual Wellness

Take Charge: Put Health, Nutrition, and Well-Being in Your Own Hands

Family Caregivers Supports

Hands on Art and Yoga

Chronic Disease Self-Management Education

Navigating Available Resources: Senior-, Virginia-, and Disability Navigator



Registration includes all materials, refreshment breaks, and luncheon.  
Cost: \$35 early registration; \$45 on-site registration.

\*\*\* The Wellness Trends and Resources Conference is for: Caregivers, Direct Support Professionals, Support Coordinators, and anyone who is interested in topics that relate to Aging with a Lifelong Disability.

## Coalition for Nonprofit Housing & Economic Development (CNHED) Governance Training

*Tim Catherman, Director, Aging Operations*

### ***Corporate Governance for Nonprofits: A Two-Part Series***

You are busy running your programs, but what about keeping your fiscal and employment house in order? Nonprofits are increasingly under the regulatory microscope, and getting on the wrong side of corporate governance issues can cost money and valuable time. During two breakfast sessions we will discuss ways to ensure that your organization has solid corporate governance practices.



### **Topics to be covered include:**

#### **Session 1**

- Conflict of Interest Policy
- Whistleblower Policy
- Rules for Charitable Solicitation

#### **Session 2**

- Compensation Policies and Practices
- Guidelines for Handling Internal Investigations
- Handling Employee Grievances
- Terminating Employment – Best Practices

**Thank you to our sponsor, Nixon Peabody LLP, for offering us these excellent speakers:**

- Vincent Polsinelli, Partner, Labor & Employment
- Mike Cooney, Partner, Nonprofit
- Tatiana Gutierrez Abendschein, Partner, Affordable Housing
- Randall Kelly, Partner, Affordable Housing

***The series is offered exclusively to executive directors and other nonprofit staff leaders.***

[REGISTER NOW](#)



<b>DATE:</b>	Wednesday, June 12, 2013 (session 1)
	Tuesday, July 2, 2013 (session 2)
<b>TIME:</b>	8:00 AM - 10:00 AM Continental Breakfast Provided
<b>LOCATION:</b>	Nixon Peabody LLP 401 9 <sup>th</sup> Street, NW, 9 <sup>th</sup> Floor Washington, DC 20004
<b>TRAINING FEE:</b>	CNHED Member: Free Non-member: \$25 per session; \$40 for both sessions
<b>REGISTRATION DEADLINE:</b>	<b>Friday, June 7, 2013</b>

## Mathmatica Forum: New Data on Efforts to Reduce Hospitalization & Nursing Home Care Among High-risk Medicaid Beneficiaries

*James A. Rothrock, Commissioner*



# EVENT

### **NEW DATA ON EFFORTS TO REDUCE HOSPITALIZATION AND NURSING HOME CARE AMONG HIGH-RISK MEDICAID BENEFICIARIES**

**A Mathematica Issue Forum and Webinar Presented by the  
[Center for Studying Disability Policy \(CSDP\)](#)**

**PLEASE NOTE NEW START TIME: 11:45**

States across the country are seeking opportunities to reduce costs and improve outcomes for Medicaid beneficiaries. Join us for a CSDP issue forum and webcast highlighting new findings on the value of timely access to home- and community-based services (HCBS) for Medicaid beneficiaries at high risk of nursing home



admission. Also learn about new efforts to integrate care for beneficiaries who have chronic health conditions and serious mental illnesses. Our speakers will discuss:

- The effects of wait times for HCBS waivers on non-elderly adults with disabilities in Iowa, and the implications of serving wait-listed people on a first-come, first-served basis rather than prioritizing based on the risk of institutionalization and amount of HCBS needed
- The efforts of two pilot programs in Pennsylvania to reduce emergency department use and hospitalizations by coordinating and integrating physical and behavioral health care coordinate and integrate physical and behavioral health care for Medicaid beneficiaries
- Lessons from three models on how to integrate physical and behavioral health care services for Medicaid beneficiaries with serious mental illnesses
- The importance of early intervention and policies that promote integrated care for high-risk Medicaid beneficiaries

Please join the Center for Studying Disability Policy (CSDP) for a [forum](#) on **Thursday, June 6, 11:45 - 1:30 p.m. (EDT)** at Mathematica's Washington, DC, office. Lunch will be provided.

**PLEASE NOTE: Check-in and lunch begin at 11:45 a.m. Program begins at 12:00 p.m.**

**The expert [panel](#):**

- **Angela Gerolamo**, Senior Researcher, Mathematica
- **Jung Kim**, Researcher, Mathematica
- **Greg Peterson**, Researcher, Mathematica



- **James Schuster**, Chief Medical Officer, Community Care Behavioral Health Organization (discussant)

**Register to attend:**

**Please register by 12:00 noon on Friday, May 31, for in-person attendance. All guests attending the in-person event will be required to sign in and present a photo ID.**

To attend in person, click [here](#). To attend via webinar, register [here](#).

For more information, please contact [disabilityforums@mathematica-mpr.com](mailto:disabilityforums@mathematica-mpr.com).



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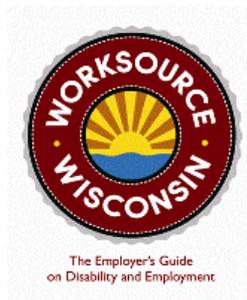
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Email comments or questions to [info@mathematica-mpr.com](mailto:info@mathematica-mpr.com).

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WorkSource Wisconsin





## Greetings from WorkSource Wisconsin!

### [Self-Paced Web Course: Americans with Disabilities Act \(ADA\) Employment](#) New England ADA National Center

This free self-paced course includes information on the employment requirements in Title I of the Americans with Disabilities Act (ADA), including the revisions in the ADA Amendments Act of 2008.

#### Intended Audience

- Human resource staff
- Supervisors and managers
- Vocational rehabilitation counselors
- Career counselors
- People with disabilities
- Advocates for people with disabilities
- General counsel staff

#### Course Objectives

Upon completion of this course, you should know:

- Who has obligations under Title I of the ADA
- Who has rights under Title I of the ADA
- The process for identifying and providing reasonable accommodations
- How to troubleshoot job performance and safety issues
- Pre-employment do's and don'ts
- Requirements concerning medical information and confidentiality
- What happens when someone files a complaint

The course will take approximately 2.5 hours to complete. You can start and stop the course at any time, pick up where you left off or review completed topics. All you need is a computer and an internet connection. Click [here](#) to access the web course main page.

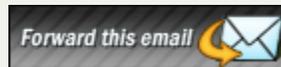
This course was developed by the staff of the New England ADA Center, a



project of the Institute for Human Centered Design. The course is based, in part, on regulations and technical assistance material written by the U.S. Equal Employment Opportunity Commission.

WorkSource Wisconsin offers phone-based technical support and employment resource consultation services to Wisconsin employers dealing with disability employment related issues. Additionally, requests can be made for more specialized services. For questions about disability and employment related issues, contact Cheryl Fine at 1-800-535-6288 or email: [finec@uwstout.edu](mailto:finec@uwstout.edu)

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## Two Free Webinars: Post Traumatic Stress Disorder

*James A. Rothrock, Commissioner*





## Post Traumatic Stress Disorder | On-Demand Webinars

[>> Watch Free Now <<](#)

Watch 2 full length webinars on Post Traumatic Stress Disorder. These presentations were originally presented live at the Military Behavioral Healthcare Summit 2013 - and received the highest delegate evaluation. This is a must watch for all military healthcare professionals, industry and independent physicians.

### [Downloading Treatment for Post Traumatic Stress: Digitally Delivered, Evidence-Based Tools for Self-Administered Healing | PART 1](#)

This 30 minute presentation will cover:

- Uploads, Apps and Avatars: Practical, Effective New Approaches
- Benefits of Electronic Self-Help
- Effective, Downloadable Methods for Combat Stress, PTS & MST
- Evidence for the Efficacy of Guided Imagery and Other Immersive Mind-Body Tools
- The latest uses of virtual technology for training and treatment

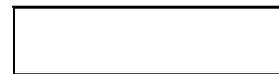


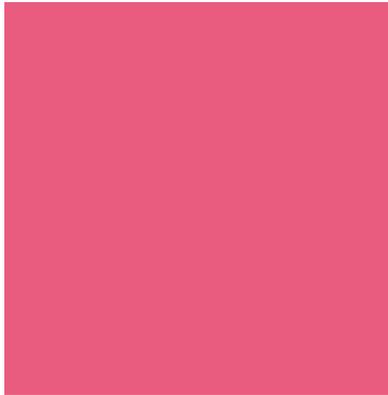
### [Lessons Learned from Treating PTSD: Soldiers Teach Therapists about Do's, Don't's & Understanding Military Culture | PART 2](#)

This 30 minute presentation will cover:

- Hard Lessons Learned for BH from Soldiers & Veterans over the Past 10 Years
- Warrior Values, Norms & Language
- Tips for Therapists from Soldiers: What to Do, What Not to Do
- Combating stress, MST and PTSD
- Evidence for the Efficacy of Guided Imagery and Other Immersive Mind-Body Tools

**Click Part 2 in the Control Panel to view this webinar**





**Related Content**

- [Visualizing the Invisible Wounds of War: mTBI & PTSD](#)
- [Combat-Induced Post Traumatic Stress Disorder, Third Edition](#)
- [Resiliency Training Teaching Soldiers it's OK to Say 'I'm Not OK'](#)
- [Every 65 Minutes, 1 Veteran Lost: Alliance to End Veteran Suicide Speak](#)

**ALSO DON'T MISS:**

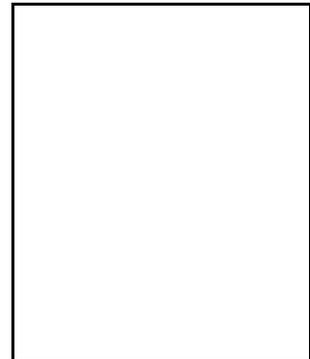
[DoD/VA Healthcare](#)

May 20-23, 2013 | Fort Sam Houston, San Antonio, TX |  
[Download Agenda](#)

4 Training Days, 28 Sessions, 32 High Profile Speakers

Sessions Include:

- Treatments of PTSD and Results of Current Research Studies
- Providing On-Post Mental Healthcare with Effective Outpatient Outreach
- Psychological Effects of the Long War
- And many more - [see full agenda](#)



For more information or to [register](#) for this training forum, visit [www.DoDHealthcare.com](http://www.DoDHealthcare.com), [email us](#) or call us at 1-800-882-8684 (be sure to ask us about team discounts). Please use promo code 1-5459384785 to receive the discount.

[See the 2013 DoD/VA Sponsors](#)



## Administration for Community Living (ACL) and NASUAD Updates

*Tim Catherman, Director, Aging Operations*

# FRIDAY UPDATES

# NASUAD

May 10, 2013

## In This Issue

**[\\*NASUAD Updates State Medicaid Expansion Tracker](#)**

**[\\*Volunteers Matter: Excellence in Volunteer Services Award](#)**

**[\\*ACF Updates LIHEAP Poverty Guidelines](#)**

**[\\*ACF Updates States on Sequestration's Impact on CSBG Allocations](#)**

**[\\*ACF Answers Questions on Head Start Sequestration, SSBG Supplemental Funds](#)**

**[\\*ACL: May is Older Americans Month](#)**

**[\\*ACL: Webinar Series on Expanding Oral Health Access for Older Adults](#)**

**[\\*ACL: Webinar Series on Alzheimer's Disease and Resources](#)**

**[\\*CMS Releases NPRM Related to](#)**

## From NASUAD

### **NASUAD Updates State Medicaid Expansion Tracker**

The State Medicaid Expansion Tracker is a publication from the National Association of States United for Aging and Disabilities (NASUAD). The regularly-updated document focuses on actions and activities around the implementation of the Affordable Care Act's (ACA) optional Medicaid expansion.

To learn more about the State Medicaid Expansion Tracker, and to see the most recent updates, please [click here](#). You can also [sign up](#) to receive email notifications when the report is updated.

### **Volunteers Matter: Excellence in Volunteer Services Award**

NASUAD, with funding from the [Volunteer Collaborative](#), is proud to announce the 2013 Volunteers Matter: Excellence in Volunteer Services Awards. This initiative is designed to highlight successful state-run programs that are leading the way in the creative use of volunteers in the long-term services and supports network. The award is open to programs that



**the Navigator Program**

**\*CMS: Information Bulletin on Coverage of Behavioral Health Services for Children, Youth, and Young Adults with Significant Mental Health Conditions**

**\*CMS: Administration Offers Consumers an Unprecedented Look at Hospital Charges**

**\*CMS: New Proposed HHS Rule Would Expand Senior Medicare Patrol Program**

**\*CMS Seeks Public Comment on Defining QIO Service Areas**

**\*CMS: New funding opportunity to support Navigators in Federally-facilitated and State Partnership Marketplace**

**\*HHS Issues Funding Opportunity for Health Center Outreach and Enrollment Assistance**

**\*DOL Releases Final 2013 WIA Formula and ES Grant Allotments**

**\*AIRS Conference Registration Open**

**\*The Consumer Voice: Upcoming Webinar on Home Care Workers and Immigration**

**\*2013 National Lifespan Respite Conference Announces Call for Presentations**

**\*NASHP Summarizes State Approaches to Qualified Health Plan Certification**

**\*NASMHPD Releases State Roadmap to Peer Support**

help older adults and persons with disabilities in the long-term services and supports system. Programs must be statewide in scope and operation. Winning programs will demonstrate innovations in one or more of the following:

- Promoting intergenerational interaction
- Incorporating Baby Boomers as volunteers
- Including Veterans as volunteers or recipients
- Creative strategies for recruitment and retention of volunteers of varying backgrounds, ages and abilities

Three awards will be given at the 2013 HCBS Conference. Winners will receive:

- A cash prize of \$1,000 to be used to strengthen the winning volunteer program
- An all-expenses paid trip to the 2013 HCBS conference, September 9-12 in Washington, D.C. where each winner will be recognized and highlight their program's success with the other winners in a joint workshop
- A NASUAD press release highlighting the program along with recognition on the NASUAD website

Submissions will be accepted from January 31st through May 30th, 2013. Winners will be notified in June, 2013 to prepare for formal announcement at the 2013 HCBS conference.

[Submit your organization's entry](#) for the service award.

Descriptions from the [2012 winning programs](#). Review a copy of the [invitation](#) to submit.

## From the Administration

### Administration for Children and Families (ACF)

#### Updated LIHEAP Poverty Guidelines

The Administration for Children and Families Office of Community Services issued guidance to inform Low-Income Home Energy Assistance (LIHEAP) grantees about the updates to the Federal Poverty Guidelines (FPG). These new guidelines were issued on January 24, 2013. LIHEAP grantees that base



### Whole Health Resiliency

[\\*NRCNA: Webinars on Identifying the Actual Cost of a Meal](#)

[\\*PCORI Awards \\$88.6 Million in Funding for New Research Projects](#)

[\\*Transportation Planning for All: Call for Peers](#)

[\\*WAMU 88.5 American University Radio: Aging and Elder Abuse Series](#)

[\\*May is Older Americans Month](#)

[\\*May is Healthy Vision Month](#)

[\\*Grant: Model Approaches to Statewide Legal Assistance Systems](#)

[\\*Grant: Health Care Fraud Prevention Program Expansion and SMP Capacity Building Grants](#)

[\\*Grant: AmeriCorps Funding Opportunities for Indian Tribes](#)

[\\*Grant: Tax Counseling for Elderly](#)

[\\*Grant: Wounded Warrior Project Invites Letters of Interest](#)

[\\*Grant: Grants to States to Support Health Insurance Rate Review and Increase Transparency in Health Care Pricing, Cycle III](#)

[\\*Job: National PACE Association \(NPA\) Has Two Policy Team Position Openings](#)

their income-eligibility on FPG may use these guidelines for their FY13 programs, and are required to use them in FY14. The guidance is available [here](#).

## Updates on Sequestration's Impact on CSBG Allocations

On May 1, 2013, ACF released guidance on the sequester process for the release of Community Services Block Grant (CSBG) funds for the remainder of FY13. Since the first two FY13 CSBG quarterly allocations were issued based on prior year funding levels, all of the cuts required by the sequester will necessarily be made to future reductions.

ACF informed states that "At this time we may only release a portion of the total third quarter allocation, with the remaining balance to be released in upcoming weeks. States will receive a one-month allotment based on the prior year funding levels. This one-month allotment will not be reduced to reflect sequestration reductions. Remaining allotment levels of the third and fourth quarters will be announced within the next several weeks and will be adjusted to account for the entire reduction from sequestration and the final CSBG annual funding level."

Please see the [guidance](#) for more information.

## ACF Answers Questions on Head Start Sequestration, SSBG Supplemental Funds

ACF recently released a document containing Frequently Asked Questions (FAQ) about the impact of sequestration on Head Start. This information is available [here](#).

In a separate document, ACF provided information in a question and answer (Q&A) format on Hurricane Sandy supplemental funds under the Social Services Block Grant (SSBG). This document can be found [here](#).

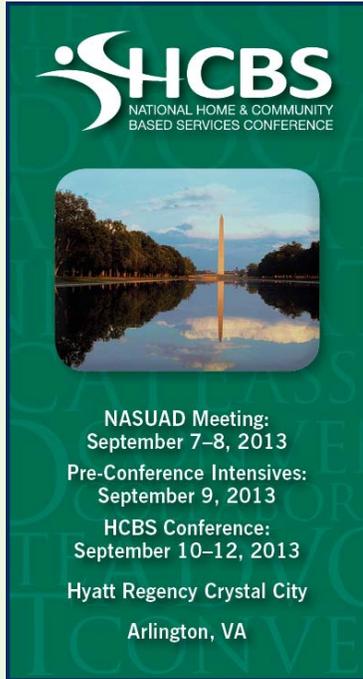
## Administration for Community Living

### May is Older Americans Month

May 1, 2013 marked the beginning of Older Americans Month (OAM). President Obama issued a proclamation to commemorate the occasion, the [proclamation can be viewed](#) on the White House website .



**\*Additional Job Opportunities**



**HCBS**  
NATIONAL HOME & COMMUNITY  
BASED SERVICES CONFERENCE

NASUAD Meeting:  
September 7–8, 2013  
Pre-Conference Intensives:  
September 9, 2013  
HCBS Conference:  
September 10–12, 2013  
Hyatt Regency Crystal City  
Arlington, VA



NASUAD  
iQ  
Online Learning Center

[Check out NASUAD iQ!](#)

Older Americans Month is a proud tradition of honoring the value that elders contribute to our communities. This year's OAM theme-"Unleash the Power of Age!"-highlights the significant contributions made by thousands of older Americans across our nation. To learn more about OAM 2013, please visit the Administration for Community Living's [OAM website](#), where you can download materials, get suggestions on how to spread the word about OAM's golden jubilee, and access resources to help you plan an event in your community.

### **Webinar Series on Expanding Oral Health Access for Older Adults**

Expanding Oral Health Access for Older Adults is a Department of Health and Human Services (HHS) initiative involving the Administration for Community Living/Administration on Aging, Centers for Disease Control & Prevention, HHS Health Resources Service Administration, and the HHS Office of Women's Health. *Older Adults and Oral Health: Inspiring Community-Based Partnerships for Healthy Mouths* is the topic.

The goal of this webinar is to describe the oral health status of older adults in the U.S., provide useful resources and highlight two innovative community approaches to improving oral health access for older adults.

The session will take place on **May 15, 2013**, 3:00 p.m. - 4:30 p.m. EST

Click [here](#) to register for the online event.

### **2013 Webinar Series on Alzheimer's Disease and Resources**

The National Institute on Aging (NIA) at the National Institutes of Health (NIH) and the Administration for Community Living (ACL) are collaborating to host a webinar series with the goals of 1) improving coordination of federal resources available to assist people with Alzheimer's disease or other dementias and their family caregivers and 2) encouraging awareness of research participation opportunities.

NIA & ACL invite you to take advantage of these opportunities. You can register for [register for all the webinars](#) or just the one or two that most interest you. Registration will open approximately two months in advance of each webinar. The next webinar is:

**Webinar #1: Updates on Alzheimer's Disease Research**



### **& Resources**

May 23, 1:30-3p.m. EST

Much has happened since our first overview session in May, 2012. Join this session to find out the latest detailed information on Alzheimer's disease and related dementias, including:

1. The updated 2013 National Plan to Address Alzheimer's Disease
2. Research updates & developments, including new clinical studies funded
3. Resource updates & developments, including updates from alzheimers.gov, ADEAR, Eldercare Locator, and National Alzheimer's Contact Center

To register for the webinar, [click here](#).

## **Centers for Medicare & Medicaid Services**

### **CMS Released NPRM Related to the Navigator Program**

On April 3, 2013, Centers for Medicare & Medicaid Services (CMS) issued two separate important announcements related to the Navigator program: Notice of Proposed Rulemaking (NPRM) for Patient Protection and Affordable Care Act; Exchange Functions: Standards for Navigators and Non-Navigator Assistance Personnel . Navigators are individuals and entities that will provide unbiased information to consumers about health insurance, the new Health Insurance Marketplace, qualified health plans, and public programs, including Medicaid and the Children's Health Insurance Program. They are designed to help persons with disabilities, consumers with limited English proficiency and other populations that could benefit from assistance. At least one Navigator per state must be a community and consumer-focused non-profit.

[Click here](#) to access Notice of Proposed Rulemaking.

[Click here](#) to access press release on the Notice.

### **Coverage of Behavioral Health Services for Children, Youth, and**



## **Young Adults with Significant Mental Health Conditions**

This Informational Bulletin, released by CMS on May 7, 2013, is intended to assist states with facilitating their work in designing and implementing a benefit package for children, youth, and young adults with significant emotional, behavioral and mental health needs, so that this vulnerable population can successfully live in their own homes and community with the support of the mental health services described in this document. Developing these services will help states comply with their obligations under the Americans with Disabilities Act (ADA) and to Medicaid's Early Periodic Screening, Diagnostic and Treatment (EPSDT) requirements, specifically with respect to mental health and substance use disorder services<sup>1</sup>.

[Click here](#) for more information.

## **Administration Offers Consumers an Unprecedented Look at Hospital Charges**

On May 8, 2013, the Department of Health and Human Services (HHS) released new data on hospital charges. The data show significant variation in charges from hospital to hospital including those within the same community for inpatient services that may be provided in connection with a given inpatient stay. The data, which are posted on the CMS website, include information comparing the charges for services that may be provided during the 100 most common Medicare inpatient stays. This data enables comparisons between the amounts charged by individual hospitals within local markets, and nationwide, for services that may be provided during similar inpatient stays.

HHS also made approximately \$87 million available to states to create health care pricing data centers to assist consumers and to continue enhancing their health insurance rate review programs. The data centers' work helps consumers better understand the comparative price of procedures in a given region or for a specific health insurer or service setting. Businesses and consumers alike can use these data to drive decision-making and reward cost-effective provision of care.

[Click here](#) to view Fact Sheet on the new dataset.

[Click here](#) to view the new dataset on CMS website.

[Click here](#) to access the funding opportunity announcement (search for CFDA # 93.511)

## **Proposed HHS Rule Would Expand Senior Medicare Patrol Program**



On April 29, 2013, Health and Human Services (HHS) Secretary Kathleen Sebelius announced a proposed rule that would increase rewards paid to Medicare beneficiaries and others whose tips about suspected fraud lead to the successful recovery of funds. Under the proposed changes, a person who provides specific information leading to the recovery of funds may be eligible to receive a reward of 15 percent of the amount recovered, up to nearly \$10 million. HHS currently offers a reward of 10 percent up to \$1,000 under the current incentive reward program. The changes are modeled on an Internal Revenue Service (IRS) program that has returned \$2 billion in fraud since 2003.

The Senior Medicare Patrol (SMP) is a national, volunteer-based program that empowers Medicare beneficiaries to prevent and report Medicare fraud, waste, and abuse. Since 1997, more than 3.5 million beneficiaries have learned how to recognize and fight fraud and abuse, and more than 7,000 referrals have been made to the Centers for Medicare & Medicaid Services and the Office of the Inspector General for investigation.

View [Proposed Rule](#)  
View the proposed rule [Fact Sheet](#)

To expand the SMP program's capacity to reach more Medicare beneficiaries, the Administration for Community Living recently issued a new funding opportunity, Health Care Fraud Prevention Program Expansion and SMP Capacity Building Grants. Each of the current 54 SMP projects is eligible for varying funding levels, up to a total of \$7.3 million across the program.

The application deadline is **May 28, 2013**, at 11:59 pm EST.

[Click here](#) for more information.

## **CMS Seeks Public Comment on Defining QIO Service Areas**

The Centers for Medicare & Medicaid Services (CMS) issued a request for information (RFI) notice, [HHS-CMS-CCSQ-RFI-13-QIO Program: Request for Information to Establish Services Areas for Quality Improvement Organizations \(QIOs\)](#) to seek comment about how to best organize our national cadre of Medicare QIO contractors. CMS will use the comments from this notice to inform future QIO-related acquisitions.

In 1984, CMS issued its first set of contracts to one organization in all 50 states, DC, and other territories to serve as that state/jurisdiction's QIO contractor. Since then, the field of health care quality improvement has blossomed tremendously. The need for QIOs has evolved from utilization



review alone to convening complex local communities that can span state boundaries, particularly as health delivery systems become more horizontally and vertically integrated and new alliances form.

The RFI details four potential options CMS may use to divide work among a varying number of QIO contractors into service areas (jurisdictions or regions) that are focused on quality-improvement-related work only. They are also seeking new ideas about other options to consider in organizing QIO contractors.

Comments are requested via [OCSQBox@cms.hhs.gov](mailto:OCSQBox@cms.hhs.gov) by **May 31, 2013 4:00 PM ET**.

### **New funding opportunity to support Navigators in Federally-facilitated and State Partnership Marketplaces**

The funding opportunity is open to eligible private and public entities and self-employed individuals who wish to apply to serve as Navigators in states with a Federally-facilitated Exchange (FFE) or State Partnership Marketplace. It provides up to \$54 million in total funding, with at least \$600,000 in funds available for each FFE/State Partnership Exchange service area. Cooperative agreement award amounts will vary depending on the number of individuals the applicant plans to serve and the allowability of costs requested. At least two types of applicants in each FFE/State Partnership Exchange service area will receive awards, including at least one community and consumer-focused nonprofit. Applications are due by **June 7, 2013**.

[Click here](#) to see the funding opportunity announcement.

Also note: States that are operating their own exchanges will operate their own Navigator programs and/or non-Navigator assistance programs. These are not covered by this Funding Opportunity.

Not sure whether your state will be operating its own exchange in 2014? [See this chart from the Kaiser Family Foundation](#).

More information about [Navigators](#), including updates.

## **Department of Health and Human Services**

### **HHS Issues Funding Opportunity for Health Center Outreach and**



## **Enrollment Assistance**

On May 9, 2013, HHS Secretary Kathleen Sebelius announced the availability of \$150 million to help community health centers provide in-person enrollment assistance to uninsured individuals across the nation. Currently, about 1,200 health centers operate nearly 9,000 service delivery sites nationwide and serve approximately 21 million patients each year.

This funding opportunity was issued by the Health Resources and Services Administration (HRSA), and it complements and aligns with other federal efforts, such as the Centers for Medicare & Medicaid Service funded navigator program.

Health Center Outreach and Enrollment Assistance supplemental applications must be submitted via the HRSA Electronic Handbooks by 5:00 PM ET on **May 31, 2013**.

[Information on applying](#) for the funding opportunity.  
The [list of health centers](#) eligible to apply for this funding.

## **Department of Labor**

### **Department of Labor Releases Final 2013 WIA Formula and ES Grant Allotments**

On May 1, 2013, the Department of Labor's (DOL) Employment and Training Administration (ETA) released the final program year (PY) 2013 state allotments under the Workforce Investment Act (WIA) formula grants, the Wagner-Peyser Employment Service program (ES), and the Workforce Information Grant program.

To access the post-sequester allocations, click [here](#).

## **Federal Emergency Management Agency**

### **FEMA Calls for 2013 Individual and Community Preparedness Awards Submissions**

The application period for the 2013 Individual and Community Preparedness Awards is now open. These awards recognize outstanding individuals, organizations, Citizen Corps Councils and programs working to make communities safer, stronger,



and better prepared for any disaster or emergency event.

To be considered for this year's Awards, all submissions must be received by **June 5, 2013** at 11:59 p.m. EST, and are required to feature program activities taking place during the period of January 1, 2012 through June 5, 2013. FEMA will review all entries and select the finalists. A distinguished panel of judges from the emergency management industry will select a winner in each of the following categories:

- Outstanding State Citizen Corps Council Initiatives
- Outstanding Local Citizen Corps Council Initiatives
- Outstanding Community Emergency Response Team Initiatives
- Outstanding Achievement in Youth Preparedness
- Preparing the Whole Community
- Awareness to Action
- Community Preparedness Heroes

Winners of the 2013 FEMA Individual and Community Preparedness Awards will be announced in Fall 2013.

Find information on the Awards and [download instructions](#) for submitting an application.

## From Other Organizations

### Alliance for Information and Referral (AIRS)

#### AIRS Conference Registration Open

The **Alliance of Information and Referral Systems (AIRS) Conference** will be held **June 2-5, 2013**, in Portland, Oregon. In partnership with the Administration for Community Living (ACL) and the National Association of Area Agencies on Aging (n4a), NASUAD's I&R/A Support Center is coordinating the Aging and Disability Track for the AIRS Conference. Join us for the **Aging and Disability Symposium** including a pre-conference I&R/A Summit for Aging and Disability Professionals, and a full complement of



workshops, panel discussions and lively conversation throughout the week.

The **Aging and Disability Pre-Conference Summit** on Sunday June 2, 2013 9 a.m-3 p.m., will be different from pre-conference gatherings in past years and will include:

- A networking breakfast
- A discussion focused on state-to-state interaction and technical assistance where participants will share their experiences and ask questions about current trends, new initiatives and upcoming national events in I&R/A service delivery.
- The kick-off of the National I&R/A Support Center's Train-the-Trainer Initiative for the National coordination of CIRS-A (Certification for I&R Specialists in Aging) and Aging/Disability-related CRS (Certification for Resource Specialists) training.

There is no charge to attend this pre-conference event, though pre-registration is requested. Please contact Support Center coordinator, Sara Tribe at 202-898-2578 x305 or [stribe@nasuad.org](mailto:stribe@nasuad.org), to register, and to suggest topics that you would like to discuss at the Aging and Disability I&R/A Pre-Conference Summit.

Information about the [Aging and Disability Symposium](#)  
Register for the [AIRS Conference](#)

## Consumer Voice

### Upcoming Webinar on Home Care Workers and Immigration

On **May 23, 2013** from 2:30-3:30 pm ET, the National Consumer Voice for Quality Long-Term Care (Consumer Voice) will host a free webinar on "Improving Care by Strengthening the Direct Care Workforce: Why Immigration Reform is Important to Home Care Consumers. In this webinar, participants will learn how changing our immigration system would strengthen the direct care workforce and how a stronger workforce would improve access to, and the quality of, home care services for consumers.

This webinar will cover:

- Immigration reform, long-term care, and the home



care workforce

- How immigration reform benefits home care consumers
- How immigration reform can be achieved

[Registration](#) is required by **May 20<sup>th</sup>**.  
Questions, contact Marybeth Williams at  
[mwilliams@theconsumervoice.org](mailto:mwilliams@theconsumervoice.org) or 202-332-2275 x225.

## Massachusetts Lifespan Respite Coalition

### 2013 National Lifespan Respite Conference Announces Call for Presentations

The Massachusetts Lifespan Respite Coalition, in collaboration with the ARCH National Respite Network, will host the 2013 National Lifespan Respite Conference in Boston, MA on **October 15-17, 2013**. The theme for the conference is *The Freedom Trail to Respite*, reflecting the great historical backdrop of the beautiful city of Boston and acknowledging the significant role respite can play in providing improved quality of life for the nation's family caregivers.

This conference is intended for everyone who supports family members and family caregivers of individuals across all ages throughout the Lifespan. Conference keynote speakers and breakout sessions will offer a multitude of opportunities to "connect the dots" between the Lifespan Respite Care Program and other respite programs and initiatives that support caregivers. The now open call for submissions is an opportunity for stakeholders to share innovative best practices related to respite care, and to give others the chance to benefit and learn from what others have accomplished.

The Call for Presentations is now open. The deadline for proposal submissions is **Friday May 17, 2013**. Learn more about the conference and download the [Call for Presentations and Presenter Application form](#).

## National Academy for State Health Policy (NASHP)



## **NASHP Summarizes State Approaches to Qualified Health Plan Certification**

Beginning on October 1, 2013, state health insurance exchanges must certify qualified health plans (QHP) that are available for people to purchase through the exchange. To date, states have taken unique strategies for certifying these plans - some exchanges plan to selectively contract and negotiate prices with plans; others plan to add standards for plans beyond the federal requirements; and others are accepting all plans that meet the federal requirements.

To summarize the standards states have set for allowing plans to be sold in their exchanges, the National Academy for State Health Policy's (NASHP) State Reform staff examined the QHP certification processes of 24 states and created a chart with key information on network adequacy requirements, rating standards, expected certification dates, and more.

Review the chart of [qualified health plans](#).

## **National Association of State Mental Health Program Directors (NASMHPD)**

### **New Report: State Roadmap to Peer Support Whole Health Resiliency**

National Association of State Mental Health Program Directors (NASMHPD) recently released a new report *State Roadmap to Peer Support Whole Health Resiliency* to help understand Recovery Support Definitions released by SAMHSA. Peer Support Whole Health and Resiliency can be utilized in many settings. Once you have some ideas on your broad approach, the following definition and roadmap will provide checkpoints to you and your health partners as you consider the role of peer professionals in the changing landscape of health and wellness.

[Click here](#) for more information on SAMHSA's Working Definition of Recovery.

[Click here](#) to access the full report.

## **National Resource Center on**



## Nutrition and Aging

### Webinars on Identifying the Actual Cost of a Meal

The National Resource Center on Nutrition and Aging is offering two webinars in May on *Identifying the Actual Cost of a Meal*. The webinars, part of the NRC's Momentum series, will be offered in two parts.

#### Part 1 - What Is The Importance For Nutrition Programs?

**Description:** Do you know what your organization's actual costs are relative to providing a meal? Part 1 of this two part series focuses on an overview from the state, area agency on aging and local provider perspective. A provider of nutrition services is fundamentally a business whose intent is to fulfill its mission - and not to lose money in the process. The pressure to be cost-effective will only intensify. Increased demand, government funding cuts, donor requirements and competition from other service and for-profit providers will change the environment in which nutrition programs operate. Every nutrition program executive must be aware of the actual costs of services provided. Through the Affordable Care Act nutrition service providers may be able to create opportunities to collaborate with insurance, healthcare and long term care support systems. It is imperative to fully understand your actual costs and acceptable "profit margins" before entering this changing business arena.

**When:** May 16, 2013, 3:00 to 4:15 PM EDT

[Click here](#) to register for Part 1.

#### Part 2 - Understanding And Calculating Meal Costs

**Description:** In this era of expanding need for nutrition program services in a competitive environment, understanding the actual costs and value of your meals is essential for all programs. This webinar will focus on helping you understand all the components of your total meal cost (which is not just raw food cost), and will provide you with tools to help you identify and calculate the actual total meal costs. Through the use of these tools, you should be able to better monitor and manage your meal costs, and thus your program costs, enabling you to be competitive as a services provider in today's environment. This session is designed for anyone who plans or oversees a senior nutrition program budget. Webinar participants will be given a workbook with cost management exercises and will have the opportunity to ask questions and



share ideas during the webinar.

**When: May 23, 2013, 3:00 to 4:15 PM EDT**  
[Click here](#) to register for Part 2.

## Patient Centered Outcomes Research Institute (PCORI)

### **PCORI Awards \$88.6 Million in Funding for New Research Projects**

On May 7, 2013, the Patient Centered Outcomes Research Institute (PCORI) announced the award of \$88.6 million in funding for 51 three-year comparative effectiveness research (CER) projects under the first four areas of its National Priorities and Research Agenda. The newly-approved awards will go to institutions in 21 states. The projects include studies of how to best care for people with kidney disease, certain cancers, obesity, asthma, diabetes, and various mental health conditions. Other projects will explore ways to support patient decision-making, reduce specific health disparities, and improve health care delivery systems.

This brings the total that PCORI has awarded in primary research grants to \$129.3 million. PCORI also has committed another \$30 million in funding for a series of pilot projects. In total, PCORI has approved support for a total of 126 projects at institutions in 33 states and Washington, DC.

Details on the approved awards, including the project name, primary investigator, research institution, and associated PCORI priority area, are provided on the PCORI website, [www.pcori.org](http://www.pcori.org).

## Transportation Planning for All

### **Call for Peers**

[Transportation Planning for All](#) calls for peers/catalysts to support the Administration for Community Living Transportation project's inclusive planning grantees.

Individuals with an inclusive approach to working with older adults and people with disabilities of all ages who want to improve transportation access within their communities or across the nation are encouraged to apply. Those selected will



have an opportunity to share tips and how-to's with others.

The deadline for our first selection is **May 10, 2013**. The application is a short one. Learn more about this opportunity and [complete a participation form](#).

## WAMU American University Radio

### **Aging and Abuse Series on WAMU 88.5 American University Radio**

The most recent estimates suggest 1 in 10 seniors are abused, neglected or exploited, and that has serious implications for individuals and communities. Victims of elder abuse are much more likely to end up in hospitals and nursing homes. Seniors lose almost \$3 billion a year due to financial exploitation, which leaves them vulnerable and dependent on government or family assistance. With an aging population, elder abuse is only expected to increase, and social service agencies are often not able to keep up.

**From May 6, 2013 to May 10, 2013**, WAMU's "Morning Edition" is hosting a series on elder abuse. In this five-part series, WAMU's "Morning Edition" day explores a different aspect of elder abuse, neglect and financial exploitation in the D.C. region and why the problem is so difficult to address. In the D.C. area, you can hear the stories live on **88.5 FM at 6:50 am and 8:50 am**.

**Assistant Secretary Greenlee** was included in Part 1, which took place on May 6, 2013. Please follow [this link](#) and scroll halfway down for an extended interview with Assistant Secretary Kathy Greenlee, on the right side of the page.

[Click here](#) to access the whole serie

## May Observances

### **Older Americans Month**

May is Older Americans Month. This year's theme is "Unleash the Power of Age." [Click here](#) for more information.



## May is Healthy Vision Month

Spread the word about the importance of eye health to seniors in your community. Many common eye diseases like diabetic eye disease, glaucoma, and age-related macular degeneration have no early warning signs, making regular checkups important. Poor vision is a risk factor for elder falls.

Click for [free tools](#) to spread the word.

Click to [see 6 steps](#) to prevent falls.

## Funding Opportunities

### Model Approaches to Statewide Legal Assistance Systems - Phase I & II

#### 1) Grant Title: Model Approaches to Statewide Legal Assistance Systems - Phase I

Agency Issuing Grant: Administration for Community Living

Eligible Applicants: Unrestricted

Close Date: **May 28, 2013**

Funding Opportunity Number: HHS-2013-ACL-AOA-SL-0050

CDFA Number: 93.048

Grant Amount: \$700,000 for 7 awards

Description: This opportunity will enhance essential rights and benefits of older persons in states across the country, through the creation and maintenance of well integrated, cost-efficient legal service delivery systems that effectively target scarce legal resources to older adults in the greatest social or economic need and that are an integral part of the broad aging service network.

Click [here](#) for more info on this funding opportunity.

Applicants must apply for this grant at [www.grants.gov](http://www.grants.gov).

#### 2) Grant Title: Model Approaches to Statewide Legal Assistance Systems-Phase II

Agency Issuing Grant: Administration for Community Living

Eligible Applicants: State governments of 31 states previously awarded Model Approaches Phase I funding



Close Date: **May 28, 2013**

Funding Opportunity Number: HHS-2013-ACL-AOA-LE-0044

CDFA Number: 93.048

Grant Amount: \$1,071,000 for 6 awards

Description: This opportunity continues & expands its support for state efforts in implementing well integrated and cost effective legal service delivery systems that maximize the impact of limited legal resources targeted to older adults in greatest need. This will move statewide legal service delivery systems towards greater accessibility to: seamless systemic integration of vital low cost legal service delivery mechanisms; precise targeting and outreach to older adults in the greatest social or economic need; improved responsiveness to legal issues that emerge from elder abuse, neglect, and financial exploitation; expanded knowledge and expertise of aging and legal service providers; implementation of legal service delivery standards/guidelines, and measurable legal program results that demonstrate a tangible impact on the independence, health, and financial security of older adults.

Click [here](#) for more info on this funding opportunity.

Applicants must apply for this grant at [www.grants.gov](http://www.grants.gov).

## **Health Care Fraud Prevention Program Expansion and Senior Medicare Patrol (SMP) Capacity Building Grants**

### **Grant Title: Health Care Fraud Prevention Program Expansion and SMP Capacity Building Grants**

Agency Issuing Grant: Administration for Community Living

Eligible Applicants: Current SMP project grantees only

Close Date: **May 28, 2013**

Funding Opportunity Number: HHS-2013-ACL-AOA-SP-0049

CDFA Number: 93.048

Grant Amount: \$7.3 million for 54 awards

Description: This opportunity seeks to expand the capacity of the Senior Medicare Patrol (SMP) program to reach more Medicare beneficiaries, their families and caregivers, with the message of fraud prevention and identification. Grant opportunities are being made available to the 54 current SMP project grantees.

Click [here](#) for more info on this funding opportunity

Applicants must apply for this grant at [www.grants.gov](http://www.grants.gov).

## **AmeriCorps Funding Opportunities**



## for Indian Tribes

The Corporation for National and Community Service ([CNCS](#)) recently announced that Indian Tribes now have the opportunity to apply for funding that would position them to identify ways that AmeriCorps members could help them tackle the unique challenges facing Native American communities.

The AmeriCorps planning grants provide up to \$75,000 for a one-year period to provide support to an Indian Tribe for the development of an AmeriCorps program that will engage AmeriCorps members in order to address pressing community problems. Planning grant recipients are expected to be better prepared to compete for an AmeriCorps program grant in the following grant cycle.

Applications are due on **May 30, 2013**.

[Click here](#) for more information and application guidelines.

### Technical Assistance Conference Calls

AmeriCorps State and National is hosting a conference call (approximately 90 minutes in length) for potential grant applicants. The call will be conducted in a standard format that includes a brief overview and a question and answer session. The best way to ensure that your question receives a response is to submit it at least 24 hours in advance of the call. Please send your questions to [americorpsgrants@cns.gov](mailto:americorpsgrants@cns.gov).

May 16<sup>th</sup> at 2:00 p.m. EST

[Register](#)

Tfree: 866-505-6451

Passcode: 6134

## Tax Counseling for the Elderly

### Grant Title: Tax Counseling for the Elderly

Agency Issuing Grant: Tax Counseling for the Elderly, Internal Revenue Service

Eligible Applicants: Nonprofits and Native American tribal governments (Federally recognized)

Close Date: **May 31, 2013**

Funding Opportunity Number: TCE-2014-001

CDFA Number: 21.006

Grant Amount: \$5,600,000 for 60 awards

Description: The Internal Revenue Service (IRS) enters into cooperative agreements with private or public nonprofit agencies and organizations, which provide training and technical assistance to volunteers who provide FREE tax counseling and assistance to elderly individuals in the



preparation of their federal income tax returns.

Click [here](#) for more info on this funding opportunity  
Applicants must apply for this grant at [www.grants.gov](http://www.grants.gov).

## **Wounded Warrior Project Invites Letters of Interest for Projects That Provide Direct Services to Veterans**

The [Wounded Warrior Project](#) is accepting Letters of Interest from nonprofit organizations that provide direct programming and services to the current generation of wounded veterans.

Grants of between \$5,000 and \$250,000 will be awarded for projects that enhance the lives of injured service members and their families by supporting programs that fall into four service areas:

- Mind programs should enhance the mental health of wounded service members and help foster their healthy readjustment to civilian life.
- Body programs should provide unique sporting, fitness, and wellness activities for warriors and their families. Preference is given to programs that engage warriors over a sustained period of time and facilitate opportunities for leadership and peer mentoring.
- Economic empowerment programs should provide programs or services to warriors in the area of employment, higher education, financial literacy, or other opportunities that enhance economic empowerment among wounded veterans and their families.
- Engagement programs should empower injured service members by connecting them with their peers and continued opportunities to serve and engage with their larger communities.

Priority will be given to projects that offer innovative programming and unique opportunities, fill service gaps by offering programming or services where demand outpaces supply or services do not currently exist, reach veterans and family members in underserved geographic areas, and foster continued leadership, mentorship, and sense of purpose among injured service members.

Letters of Interest must be received no later than **June 1, 2013**. Upon review, selected organizations will have until July 8, 2013, to submit complete applications.

[Link to Complete RFP](#)



## Grants to States to Support Health Insurance Rate Review and Increase Transparency in Health Care Pricing, Cycle III

**Grant Title:** Grants to States to Support Health Insurance Rate Review and Increase Transparency in Health Care Pricing, Cycle III

**Agency Issuing Grant:** CMS-Consumer Information & Insurance Oversight

**Eligible Applicants:** State governments

**Close Date:** August 1, 2013 (LOI due June 17, 2013)

Funding Opportunity Number: PR-PRP-13-001

CDFA Number: 93.511

Grant Amount: \$87 million for 57 awards

Description: Cycle III will continue the rate review successes of Cycle I and II as well as to provide greater support to Data Centers. By increasing support to Data Centers through the Cycle III FOA, HHS hopes to increase transparency in health care pricing, thereby helping consumers and employers make better health care decisions. Cycle III grant provides resources to states to achieve or maintain their "Effective Rate Review" Program status.

Click [here](#) for more info on this funding opportunity.

Applicants must apply for this grant through [www.grants.gov](http://www.grants.gov)

## Job Opportunities

### National PACE Association (NPA) Has Two Policy Team Position Openings

NPA is the trade association which represents 92 operating Programs of All Inclusive Care for the Elderly (PACE) and approximately 50 additional organizations in various stages of PACE development. With a current staff of 15 individuals NPA offers a positive, collaborative and team-based working environment in Alexandria, VA.

NPA is seeking to fill two policy related positions:

1) Vice President, Regulation and Reimbursement:

Position Description:

- Analyze federal regulations related to PACE program operations.
- Analyze federal reimbursement policies related to



Medicare and Medicaid payments to PACE.

- Support a positive working relationship between NPA and CMS.
- Identify opportunities to improve federal regulations that promote PACE effectiveness and efficiency.
- Identify opportunities to improve Medicare and Medicaid rate-setting policies for PACE, and develop and pursue strategies focused on their implementation.
- use internal and external data to demonstrate the cost effectiveness of PACE
- inform and advise federal policymakers to assure appropriate payment for PACE
- Advocate for appropriate reporting requirements related to program oversight and payment systems, e.g., quality, services provided (encounters), risk-adjustment.
- Ensure NPA members are informed of federal-level regulatory issues impacting PACE.
- Provide support to NPA members regarding regulatory and reimbursement issues.
- Support or lead additional federal PACE policy related activities as appropriate and needed.

## 2) Policy Analyst:

### Position Description:

- Perform quantitative and qualitative analyses in support of NPA's federal and state policy objectives. Areas of focus to include Medicare and Medicaid payment, cost savings and effectiveness, Medicare and Medicaid beneficiaries with needs for long term services and support, access to care, PACE program operations, regulatory compliance and oversight, and quality improvement.
- Provide project management in support of policy initiatives to expand access to PACE, including serving veterans and people with intellectual and developmental disabilities.
- Support PACE organizations in responding to new policies or regulations impacting their operations, such as Health Information Technology Incentive Payments, and Encounter Data Reporting requirements.
- Serve as a liaison between policy and data teams to promote effective use of information in support of the association's policy objectives.

For questions, please contact Peter Fitzgerald  
([peterf@npaonline.org](mailto:peterf@npaonline.org)).



## Additional Job Opportunities

To see more job postings, please visit the [NASUAD](#) website.

### Aging Together/Northern Piedmont Transitions Coalition Conference

*James A. Rothrock, Commissioner*

Please see the information below regarding an upcoming conference in Culpeper Virginia.

Hi folks - there's still a little bit of time and space available at the Aging Together/Northern Piedmont Transitions Coalition conference on empowering aging and healthcare workers - especially those on the front lines of service delivery - in how to initiate end of life planning conversations.

We know that end of life discussions are the most difficult to have. And they typically happen at the worst, most pressured and emotionally laden times. We also know that the people you support are often more comfortable talking to the people who provide their most direct care.

We want to break through the taboos about who can, who should and how to talk about end of life planning. Thanks to a grant from the Geriatric Training & Education Initiative of the Virginia General Assembly administered by the VCU Center for Aging, we are able to bring this training to the region for a minimal cost.

Talking about end of life planning is not just about older adults. It's something people of all ages need to think about. Consider sending your staff to this local training opportunity.

We're extending the registration to the 17<sup>th</sup> to give more people time to take advantage.

Thanks!

Chris Miller

Director

Aging Together

PO Box 367

1835 Industry Drive

Culpeper VA 22701

<http://www.agingtogether.org>

540-321-3068 (phone)



540-407-0679 (cell)

540-829-7452 (fax)

Follow Aging Together on Facebook: [www.facebook.com/AgingTogether](http://www.facebook.com/AgingTogether)

*Aging Together's vision is that the needs and preferences of older adults will be recognized and honored as our region creates livable communities for all ages. We want all citizens aging together to enjoy a lifelong sense of place and community, to be able to contribute to their community and when needed to have ready access to diverse supports from family, friends, helping organizations and a responsive local government.*

## Virginia's Family Impact Seminar: VA Military and Veteran Families

*Ellen M. Nau, MA, Program Coordinator*

The Commission on Youth is partnering with VCU to host the Virginia's Family Impact Seminar: Virginia Military and Veteran Families - Focus on Strategies for Sustainable Housing and Family Well-Being. The Seminar will take place on Tuesday, May 21, in House Room 3 of the Capitol Building, with registration beginning at 8:30.

The purpose of Virginia's Family Impact Seminars is to provide objective, nonadvocacy, solution-oriented research on timely policy issues. The seminars encourage policymakers to consider the impact of policies on families, just as they regularly consider the impact of policies on the economy and the environment. Family Impact Seminars are for legislators, legislative staff, Governor's office staff, executive branch agency representatives and community stakeholders.

The Seminar is free and opened to the public, however, registration is required. If you would like to attend the Seminar, please send an e-mail to Amy Atkinson at [aatkinson@vcoy.virginia.gov](mailto:aatkinson@vcoy.virginia.gov) by Friday, May 17 with your name, organization and title. The Seminar agenda is attached.

## Commonwealth Council on Aging 2013 Best Practices Awards

*A.J. Hostetler, Public Relations Director*

Dear colleagues: Please see the attached information on the 2013 Commonwealth Council on Aging Best Practices Awards. The news release will be distributed later today.



## Start the Conversation

**Good communication is critical in helping patients achieve closure and meaning in the final days of their lives.**

**Professionals closest to a patient - Social Workers, Discharge Planners, Admission Coordinators, Nurses, Certified Nursing Assistants, Case Managers, and others in healthcare or aging services - are those most likely to *Start the Conversation*.**

### Are you Conversation Ready?

- Understand how the current system evolved
- Learn Strategies for becoming “Conversation Ready”
- Starting the Conversation in African American communities
- Case Studies & Group Discussion

**Date: Tuesday May 21st**  
**Time: 9:30 am-4 pm**

**Daniel Technology Center,**  
**18121 Technology Drive**  
**Culpeper, VA**

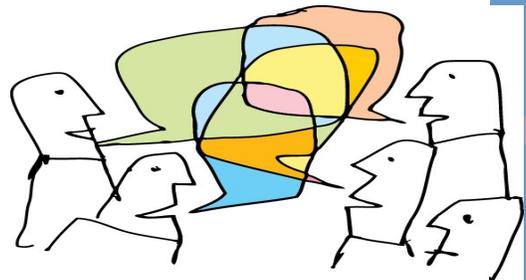
**Registration: \$15 per person**

**Email:**

**cmiller@agingtogether.org**

**Call: 540-829-6405**

**Deadline: May 14th**



### **Presenters:**

- **Brenda Clarkson RN,**  
**Executive Director, Virginia Association of Hospice & Palliative Care**
- **Myra Lovvorn FNP-BC,**  
**ACHPN, Hunter Holmes McGuire Veteran's Administration**
- **Karen O. Moss, MSN, RN,**  
**Doctoral Student, UVA**

This workshop is made possible in part by the Geriatric Training and Education (GTE) initiative of the Virginia General Assembly.

## Agenda – Virginia Commission on Youth – Family Impact Seminar

Tuesday, May 21

8:30 Sign in, Coffee Service

9:00 Welcome and Introductions: Dr. Ann Nichols-Casebolt, VAFIS, Delegate Chris Peace, Chair, Virginia Commission on Youth, Ms. Catherine A. Wilson, Executive Director, Virginia Wounded Warrior Program, Delegate M. Kirk Cox, House Majority Leader

9:10 Setting the stage: The Virginia Wounded Warrior Program: Addressing the Needs of Military and Veteran families, Ms. Catherine A. Wilson, Executive Director, Virginia Wounded Warrior Program

9:25 Introducing our Speakers, Dr. Mary Secret, VAFIS.

9:35 Dr. Bradford Booth, Military Sociologist and Vice President, ICF International, Military and Veteran Families' Well-Being: What We Know and What We Need To Know About Program Effectiveness

10:00 Dr. Mady Segal, Professor Emerita, University of Maryland, former Associate Director of the Center for Research on Military Organization, Military and Veteran Families' Well-Being: Focus on Spouse Employment

10:25 Break

10:40 Dr. Robert Rosenheck, Professor of Psychiatry, Yale Medical Center, Senior Investigator VA New England Mental Illness, Research, Education and Clinical Center, Veteran Homelessness: Risk Factors and Effective Services

11:15 Ms. Brandi Jancaitis, Director, Housing Development for Veterans, Virginia Wounded Warrior Program, Virginia Department of Veterans Services, The Way Ahead for Military and Veteran Families in the Commonwealth

11:30 Question and Answer Session, Dr. Janet Hutchinson, VAFIS.

12:15 Closing remarks: Senator Linda T. "Toddy" Puller



# News Release

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## PROGRAM INITIATED BY FORMER FIRST LADY HONORED BY COMMONWEALTH COUNCIL ON AGING

(RICHMOND, Va.) — A caregiver program at Williamsburg’s Riverside Center for Excellence in Aging and Lifelong Health modeled on the Rosalynn Carter Institute on Caregiving’s signature program won the top 2013 “Best Practices” award from the Commonwealth Council on Aging.

The council, which advises the Governor on issues affecting the 1.4 million Virginians age 60 and older, acknowledges organizations whose innovative programs can be replicated across the Commonwealth. The awards are announced each year in May, which Gov. Bob McDonnell has proclaimed as [Older Virginians Month](#).

The year’s top award of \$5,000 honors the [Center for Excellence in Aging and Lifelong Health](#) for its [“Caring for You, Caring for Me,”](#) a 10-hour, five-session course to help improve the care and quality of life of older adults and people with disabilities. The council will present the award at 3 p.m., May 20, at The Gardens at Warwick Forest, one of Riverside’s Continuing Care Retirement Communities in Newport News.



Former First Lady Rosalynn Carter and Christine Jensen, CE AHL’s Director of Health Services Research, at the Rosalynn Carter Institute on Caregiving’s 25<sup>th</sup> anniversary summit in October.  
(Courtesy C. Jensen)

The program, launched by the Carter institute in 1996, aims to address the needs of family and professional caregivers by bringing them together to discuss common issues, share ideas and gain a better understanding of the other’s perspective on what it means to be a caregiver.

“I am very proud that the ‘Caring for You, Caring for Me’ program was initiated out of the work here at the Rosalynn Carter Institute in Georgia, and after more than 15 years in existence, is a vital program today,” said the institute’s executive director, Leisa Easom. “Christy Jensen, Director of Community and Health Sciences Research, and Executive Director Rick Jackson of the Riverside Center for Excellence in Aging and Lifelong Health have improved the lives of many Virginians and their caregivers. I offer my congratulations to Rick and Christy for their excellent work and for their selection for the top 2013 Commonwealth Council on Aging Best Practices award.”

Through the “Caring for You, Caring for Me” program, the Riverside Center for Excellence in Aging and Lifelong Health has served more than 211 caregivers, in 13 different venues, through direct participation in the program. An estimated 2,800 care recipients benefit each year, with more than 6,630 recipients since the program began, given that many caregivers care for more than one person at a time.

“The Riverside group designed and built a very effective program for training a significant number of caregivers, both professional and non-professional,” said awards committee chair Dr. Richard Lindsay. “By also training individuals to be facilitators to conduct future training, this will help sustain the program and continue to make available better trained caregivers for older Virginians.”

“As the Commonwealth prepares for the coming ‘Age Wave’ of vintage Virginians and the corresponding demand for caregivers, we need programs that use innovative approaches to enhance education, support and advocacy for family, volunteer and professional caregivers,” said Commissioner Jim Rothrock of the Virginia Department for Aging and Rehabilitative Services.

A second place award of \$3,000 was given to the [Growing Younger](#) partnership of the YMCA of Greater Richmond; Senior Connections, The Capital Area Agency on Aging; and United Way of Greater Richmond and Petersburg. The Growing Younger program aims to improve the well-being of older adults so they may live with dignity in their homes and communities for as long as possible. The program includes information about making healthy lifestyle choices, exercise and caregiver support and respite. The award will be presented at 1:30 p.m., May 21, at Senior Connections.

A \$2,000 award for third place was awarded to the Community Dialogue on Financial Abuse among Older Adults by the [New River Valley Agency on Aging](#) in Pulaski. The program was developed by the Elder Justice Coalition of the New River Valley to engage community leaders, professionals and citizens in preventing and responding to elder financial abuse. The council will present the award at 11:45 a.m., May 23, at the Warm Hearth Village’s Village Center, Blacksburg.

This is the first year that Dominion Resources has supported the Best Practices Awards. “The Council thanks Dominion Resources for its generous sponsorship support of the 2013 awards and looks forward to ongoing collaboration,” said Council Chairman Roberto Quinones.

The council gave honorable mentions to the following:

- The [F.R.E.E. Foundation](#) Equipment Reuse/Recycling and Gifting Program, of Roanoke, helps Virginians achieve independence through mobility when they have no other way to attain their independence.
- The [Fairfax County Family Caregiver Support Program](#) provides services and supports to assist family caregivers.
- [The Senior Connections Family Caregivers Support Seminar](#) provides, at no cost, one- or two-day personalized programs to provide information, skills and knowledge for enrolled family members and volunteer caregivers.

For more about the Commonwealth Council on Aging's Best Practices Awards, visit [www.vda.virginia.gov/council.asp](http://www.vda.virginia.gov/council.asp).

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The Virginia Department for Aging and Rehabilitative Services, in collaboration with community partners, provides and advocates for resources and services to improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families. For more information, visit [www.vadars.org](http://www.vadars.org).