



VDA WEEKLY E-MAILING

June 18, 2013

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ACL and NASUAD Weekly Newsletters

Tim Catherman, Director, Aging Operations

Here is a link to the weekly Administration for Community Living (ACL) update: [ACL Newsletter](#).

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update: [NASUAD Friday Update](#).

Bay Aging Receives Awards

Tim Catherman, Director Aging Operations

Congratulations to Bay Aging on their recent awards from the Virginia Healthcare Innovators and Governor McDonnell for the 2013 Senior Volunteer of the Year!

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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Bill Downey, President and CEO of Riverside Health System and Kathy Vesley-Massey, President and CEO of Bay Aging shown with their Patient Care 2013 Virginia Healthcare Innovators Award.

Bay Aging and Riverside Health System Earns 2013 Virginia Healthcare Innovators Award

Eastern Virginia Care Transitions Partnership helps transition patients from the hospital to their homes, keeps patients from returning to the hospital, and will now expand across the region.

Bay Aging and Riverside Health System earned The Patient Care 2013 Virginia Healthcare Innovators Award for their work in coaching patients through their transition from a hospital stay to home. The program - a pilot that will now be available to thousands of additional patients across Eastern Virginia - reduced the number of Medicare patients with chronic illnesses who were readmitted to the hospital after discharge.

"Among the many reasons we are fortunate to live in the Commonwealth are the creativity and ingenuity of the many organizations here that facilitate, provide and finance healthcare for our citizens," said Joe McMenamin, Co-Chair of the Virginia Healthcare Innovators Council, who presented the award earlier this month.

The purpose of the Virginia Healthcare Innovators Awards is to recognize Virginia organizations that have developed innovative ways to improve healthcare quality and



efficiency. Organizations nominated were evaluated on uniqueness of a product or service, demonstrated success to patients, and broad potential impact.

"Bay Aging worked for several years developing a system of "coaching" patients to become fully in charge of their own healthcare. Our efforts came to fruition with the leadership of Dr. Kyle Allen, Riverside's Vice President of Clinical Integration and a national expert in the science of aging. Dr. Allen introduced the Coleman Care Transitions Intervention (CTI) process to Riverside and Bay Aging." said Kathy Vesley-Massey, President and CEO of Bay Aging. The pilot program was designed in 2011 and executed in 2012, based on the nationally acclaimed CTI process that encourages patients to take a more active role in their healthcare and gives patients specific tools and skills that are reinforced by a transition "coach" who follows patients across settings for the first four weeks after leaving a hospital.

The Bay Aging and Riverside pilot program brought healthcare coaches from the Area Agencies on Aging into the Riverside Walter Reed Hospital in Gloucester, the Riverside Tappahannock Hospital and Rappahannock General Hospital to work directly with patients and families preparing to transition home. The coach then followed up with patients in their homes, teaching them how to develop personal health records, medication management skills, set goals, prepare for follow up doctor visits and identify concerns that their health condition may be worsening.

Of the 140 Medicare patients who completed the Bay Aging and Riverside pilot program, 98 percent avoided being readmitted to the hospital within a month of having returned home, amounting to an estimated savings of approximately \$1 million. Nationally, an average of 20% of Medicare patients is readmitted to hospitals within 30 days of discharge.

Due to the success of the Bay Aging and Riverside pilot study, the Center for Medicare and Medicaid Services awarded funding to bring the program to 11,000 patients this year through the Eastern Virginia Care Transitions Partnership (EVCTP). EVCTP is comprised of five Area Agencies on Aging (AAAs) and five health systems (11 hospitals), which cover 20% of the geography of Virginia. The five AAAs include Bay Aging, Peninsula Agency on Aging, Inc., Eastern Shore AAA, Rappahannock AAA, and Senior Services of Southeastern Virginia.



In addition to the pilot hospitals the program now includes patients at Riverside Shore Memorial Hospital on Virginia's Eastern Shore, Riverside Regional Medical Center in Newport News, Riverside Doctors' Hospital Williamsburg and Mary Washington and Stafford Hospitals in Fredericksburg. It is also being launched at Sentara CarePlex in Newport News and Sentara Williamsburg Regional Medical Center. Plans are underway to expand to Bon Secours Mary Immaculate and further into South Hampton Roads.

"Offering innovative and increased levels of care for older adults is a principal of Riverside's work across the state," said F. Michael Martin, who serves as Riverside's Senior Vice President

for the Lifelong Health and Aging Related Services division. "More than 10,000 people turn 65 per day. By staying innovative and constantly improving the ways people access healthcare we are able to help older adults age in a place and in a manner of their choosing."

About Bay Aging, EVCTP and partner Area Agencies on Aging: Area Agencies on Aging (AAAs) partners have over 40 years experience in delivering quality professional services designed to promote and encourage people to live independently in their own homes and communities for as long as possible. AAAs provide in-home and personal care services, Meals on Wheels, transportation, transportation for seniors and people with disabilities, respite services, active lifestyle centers, weatherization, emergency home repair, indoor plumbing rehabilitation, home rehabilitation and senior apartment communities with supportive services.

About Riverside Health System's Lifelong Health and Aging Related Services Division: Riverside Health System's Lifelong Health and Aging Related Services Division handles the development and operation of continuing care retirement communities, assisted living apartments, skilled nursing and rehab centers, residential memory support, wellness centers, and the fastest growing element, community based services such as the Program for All Inclusive Care for the Elderly (PACE), Home Health & Hospice, and home enabling technology.

Riverside is the largest provider of lifelong health and aging related services in Virginia and recently opened the first de-institutionalized nursing home, called the Household Model, in Virginia.

About the Virginia Healthcare Innovators: The Virginia Healthcare innovators is the result of a collaborative group of organizations set out to recognize innovation in healthcare quality and efficiency. Dr. William Hazel, Virginia's Secretary of Health and Human Resources, is the honorary chair.

**Governor McDonnell
Announces Recipients of
the 2013 Volunteerism
and Community
Service Awards**



During a ceremony
Thursday hosted by Gov.

Bob McDonnell, James N. Carter, Jr. of White Stone was named the 2013 Sr. Volunteer of the Year.

Carter, a Northern Neck resident for almost 60 years, was recognized for a wide variety of volunteer efforts centered on improving rural healthcare and alleviating poverty through economic development.

His achievements include spearheading the construction of a \$1.7 million health center on Tangier Island; his leadership during challenging years at Bay Aging, a non-profit that provides health, housing and transit assistance to 10 area counties; his role in negotiations to bolster the strength of Rappahannock General Hospital through a partnership with Bon Secours Health System; and economic and workforce development through such



organizations as Lead Northern Neck and Visions, both non-profits dedicated to economic development and improving quality of life in the region.

Additionally, Carter serves on Congressman Rob Wittman's Health Advisory Council, on the board of the Lancaster County Chamber of Commerce, on an advisory board of Chesapeake Bank, and on the boards of Northern Neck Connect, a local web-based community connections program, and the Northern Neck-Chesapeake Bay Region Partnership.

"Jimmie is moved by the problems we face and strong enough to confront and conquer them," said Kathy E. Vesley, president and CEO of Bay Aging, which nominated Carter for the award. "He is wise in the ways of finding solutions to issues that feel overwhelming.... He considers it his public duty to give back to the community. He connects with all of us."

In a supporting letter accompanying Carter's nomination, Rappahannock Community College President Dr. Elizabeth Crowther wrote that "Jimmie strengthens boards by professionalizing their activities. He brings together passionate, influential, and philanthropic individuals, articulating convincingly the case for action and the outcome that will make individuals' lives, and the whole community, better.... I believe in Jimmie, as do all other community leaders here. We respect and follow him."

A second nominating letter was submitted by Irvington attorney B.H.B. Hubbard III, chairman of the board of Rappahannock General Hospital and a lifelong family friend. Carter "comes from a long line of givers, not takers, and epitomizes the concept of the Good Samaritan," Hubbard wrote, adding that Carter provides "a tremendous investment of time and get-the-job-done energy."

Rep. Wittman praised Carter's service at a celebration Friday night at the home of his mother, Pat Christian Carter, that was co-hosted by his family (which includes eight siblings). The drenching rain delivered by Tropical Storm Andrea was no deterrent to the festivities, prompting his sister Cary Turpin to quip that "there are no fair weather friends here tonight."

Carter was among 9 winners of the 2013 Governor's Volunteerism and Community Service Awards. In announcing the recipients at a Richmond ceremony Thursday, Gov. McDonnell praised each winner's extraordinary volunteer efforts. "It's important that we celebrate the positive impact individuals, families, businesses and non-profits make in their communities



through volunteerism each year," McDonnell said. "The honorees recognized here today are agents of change and inspire all Virginians to engage in their communities."

The other winners and the categories they represent include: Adult Volunteer: Stephen J. Craven from Paeonian Springs (Loudoun County); Youth Volunteer: Niasia Mea Ellis from Richmond; Community Organization: Henrico County Court Appointed Special Advocates, Inc. (Henrico CASA) in Henrico County; Corporation: MeadWestvaco (MWV) in Richmond; Educational Institution: Campus Kitchen at Washington and Lee University in Lexington; Faith-Based: New Life for Youth, Inc. in Richmond; Family: Shak and Robin Hill from Centreville; and Small Business: Ferber's Tire & Auto Service in Ashland.

The awards are presented annually by the Governor's Advisory Board on Volunteering and National and Community Service and the Virginia Department of Social Services' Office on Volunteerism and Community Service on behalf of the Office of the Governor. These awards have recognized exceptional volunteer service in Virginia for more than 20 years. Additional information about the program and full bios on this year's recipients can be found online at http://www.vaservice.org/go/volunteer/gov_award.

The Summer Food Service Program

Elaine S. Smith, MS, RD, Program Coordinator

Following or attached, you will find English and Spanish version flyers about the Summer Food Service Program (SFSP). Please distribute to your partners, networks and whomever you deem appropriate. This may tie in with the Family Caregiver Program, since grandparents

may be providing care to grandchildren. Children need good nutrition all year long. When school is out during the summer months, many children no longer have access to even one nutritious meal each day. The Summer Food Service Program helps to fill the gap. This is an excellent intergenerational initiative.

Resources for Caregivers

Ellen M. Nau, MA, Program Coordinator

Funding Resources for Respite Care

eCareDiary will speak to Jill Kagan, Chair of National Respite Coalition and Program Director of ARCH National Respite Network and Resource Center about funding sources for respite



care and best ways for caregivers to access them. **Tuesday, June 18th at 2PM EST / 11AM EST** <http://www.blogtalkradio.com/ecare diary/2013/06/18/funding-for-respite-care>

Special Presentation: Nebraska Lifespan Respite Network's eLifespan Respite System For Lifespan Respite Grantees and Partners --

Webinar: Monday, June 24, 2013 at 3:00 PM A special demonstration from the Nebraska Lifespan Respite Network on their eLifespan Respite System, an online information and referral, and secure online data and workspace system, designed to facilitate statewide access to coordinated respite services. The system provides compatibility with other statewide information and referral systems and has the ability to capture real time contacts to the Respite Network. Family caregivers are referred to providers that closely match the care recipient's needs as well as the caregiver's needs. There are many other useful features of this system as well. *Connection Instructions are Attached!*

Aging

Aging in America: We Can Do Better

NASUAD is pleased to unveil a new set of Infographics that explore the funding and demand for, as well as the provision of, Older Americans Act (OAA) services, titled: *Aging in America: We Can Do Better*.

http://nasuad.org/newsroom/archive/2013/aging_in_america_we_can_do_better.html

Improve Antipsychotic Appropriateness in Dementia Patients

The University of Iowa Geriatric Education Center (GEC) website a toolkit with an introduction, 8 videos including Assessment, Delirium and Non-drug management. Pocket guides and algorithms are also available.

<https://www.healthcare.uiowa.edu/igec/iaadapt/>

Centers for Medicare & Medicaid - Dementia Care and Reducing Unnecessary Use of Antipsychotic Medications in Nursing Homes

Power point presentation titled "Improving Dementia Care and Reducing Unnecessary Use of Antipsychotic Medications in Nursing Homes"



<http://www.cms.gov/Outreach-and-Education/Outreach/NPC/Downloads/2013-01-31-Dementia-Care-presentation.pdf>

Stanford Geriatric Education Center 2013 webinar series

Topics include the new recommendations of the DSM-V diagnostic criteria for dementia; evidence based interventions for persons with dementia and their caregivers; recognizing and differentiating depression, delirium and dementia; ethical issues in Alzheimer's diagnosis; pain control and medications in patients with dementia; and end of life care for dementia patients. **There is a \$10 fee for each webinar**, and it is \$25 for CME and CEU credits.

More information and Registration

Advancing Excellence in Nursing Homes

Alzheimer's Disease and Dementia: A comparison of International Approaches by Report of the Special Committee on Aging <http://www.aging.senate.gov/reports/rpt2012.pdf>

ABC's of Balance By Carol Kutik

<http://www.nchpad.org/1078/5494/Senior~Corner~~ABC~s~of~Balance>

New Consumer Materials: Family Caregiver Alliance Fact Sheets Recently Translated

Recently translated fact sheets are available in Vietnamese, and Korean on the following consumer topics: Alzheimer Disease and Caregiving; Guide to Understanding Dementia Behaviors; Caregiving and Depression; Dementia, Caregiving and Controlling Frustration (Korean Only); Is This Dementia and What Does it Mean?; Mild Cognitive Impairment. The Legal Planning for Incapacity Fact Sheet in Chinese was also updated. FCA has over 50 Fact Sheets, Tip Sheets and Checklists on its website for download or sent via email.

[View Fact Sheet Translations](#)

America's Health Rankings® Senior Report. United Health Foundation. Examines four determinants that affect the future health of the population. [Learn more.](#)

Social Security Finances: Findings of the 2013 Trustees Report. National Academy of Social Insurance (NASI). Analyzes the health and stability of Social Security trust funds. [Learn more.](#)

Disability Network



Supporting Individuals with Intellectual and Developmental Disabilities Through Serious Illness, Grief, and Loss: An Interactive Event

Webcast on October 24, 2013 from 2-4pm Eastern
Archived for a year following

PROGRAM DESCRIPTION

The ethical, medical management and psychosocial issues for individuals with intellectual and developmental disabilities who face death, grief and loss can be complex. This two-hour educational program focuses on the critical challenges of providing and accessing optimal end-of-life care and bereavement support for this population. **Audience members may submit questions for the experts online at any time during the live program.**

PROGRAM FEES / MATERIALS

ORGANIZATION REGISTRATION \$235

There is no limitation on size of group or number of archive viewings for organizations following the live program. (Large groups should plan to order or copy additional materials, including printed programs) Organization Registration Includes: Access to LIVE event , access to ARCHIVED program, DVD of program (mailed 1 month after), 25 Printed Program Guides, 25 Printed Tip Sheets, CE Credits for participants (2 weeks after live event only, \$10/person after this date), downloadable materials, and Program Guide, Tip Sheet, Marketing Kit, and Organizer's Manual.

INDIVIDUAL REGISTRATION (One Individual Only) \$25

Individual Registration Includes: Access to LIVE event, access to ARCHIVED program, CE credits for one individual (2 weeks after live event only, \$10/person after this date), downloadable Program Guide and Tip Sheet. **REGISTRATION** Register directly online at <http://register.hospicefoundation.org>

Behavioral Health Needs Assessment Toolkit. Substance Abuse and Mental Health Services Administration (SAMSHA). Helps state agencies better assess and meet the behavioral needs of their communities. [Learn more.](#)

Children

Eunice Kennedy Shriver Center Launches Online Course for Parents of Children with Autism



Discovering Behavioral Intervention: A Parent's Interactive Guide to Applied Behavior Analysis is an online instructional guide that was created by parents and child development experts from

UMass Medical School's Eunice Kennedy Shriver Center to help parents of children with autism and the professionals who support them. <http://www.telegram.com/article/20130526/NEWS/305269985/1237&template=MOBILE>

Physical Activity Communities for Children with Disabilities

<http://www.nchpad.org/1075/5486/Creating~Inclusive~Physical~Activity~Communities~for~Children~with~Disabilities>

Nurturing Change: State Strategies for Improving Infant and Early Childhood Mental Health ZERO to THREE. Looks at what states have done to address issues related to the funding for prevention and treatment strategies. [Learn more.](#)

Webinar: Helping Children Heal from Trauma: What Parents and Caregivers Need to Know. North American Council on Adoptable Children. **Thurs., July 18 at 8:00pm ET.** [Learn more.](#)

Intergenerational/Kinship News

Generations United needs ideas for their 2013 *Grandparents Day: Take Action Guide*. We will include activities that older adults and children can do together to build connections, make a lasting impact in their communities, and advocate on behalf of America's youth. Please share your ideas with us! Email your suggestions to cgilchrist@gu.org

GrandBuddies: An Intergenerational Brain Health Program 2013 MindAlert winner, Memorial Brainworks will share the history, goals and stories of the organizations Grandbuddies Program on Thursday, June 20, 2013 at 1:00 PM. For further information and to register go to: <http://asaging.org/may-16-2013>

Funding Opportunities

Capital Grants. The Harry & Jeanette Weinberg Foundation is offering capital grants for qualified organizations that provide services in: Older Adults; Workforce Development; Basic Human Needs and Health; Disabilities, Education, Children, Youth and Families; and General Community Support. **Letters of Intent received on a rolling basis.** [Learn more.](#)



Peter F. Drucker Award for Nonprofit Innovation. The Drucker Institute. Seeks nonprofit organizations that best demonstrate Drucker's definition of innovation: "change that creates a new dimension of performance." First-place prize of \$100,000. **Deadline: 3:00pm PT on July 1, 2013.** [Learn more.](#)

Grief Reach Grant Program. National Alliance for Grieving Children and New York Life Foundation. Seeks applications from Children's Bereavement Programs to expand their reach to include under-served youth populations (18 and under). **Deadline: July 8, 2013.** [Learn more.](#)

Safeway Foundation Grants. Supports nonprofits providing services in four priority areas: hunger relief, education, health and human services, and assisting people with disabilities. **Deadlines: quarterly and biannual.** [Learn more.](#)

Summer Food Rocks!

Find Sites Serving Summer Meals



Call
1-866-3-HUNGRY or 1-877-8-HAMBRE

Visit www.whyhunger.org/findfood
to find help getting food for your family

La comida en verano es lo máximo!

Encuentra Sitios que Sirven Comidas en el Verano



¡Comida, Sol y
Diversión!



Llama a

1-866-3-HUNGRY o 1-877-8-HAMBRE

Visita www.whyhunger.org/findfood

para encontrar ayuda en conseguir comida para tu familia



Demonstration

JOIN WEBINAR

Join us on: June 24, 2013 3:00 p.m. EDT; 2:00 p.m. CST; 1:00 pm Mountain; 12:00 noon Pacific

1. Click here to join:
<https://connect.unl.edu/respite/> (or type this in your browser's address bar) Type your name in the text box next to Guest.
2. Call **888-820-1398** Attendee Code: **3781082#**
3. Communicate through the "Chat" Pod once you are connected to the Webinar.
4. You will be asked to type in all the names of staff who are participating in the webinar in the attendance pod.

System Requirements

- **Please check your system** a few days before the webinar so that we could trouble shoot any issues.
 - You will need the latest version of Adobe Flash Player installed on your computer. You can download it here if necessary: <http://get.adobe.com/flashplayer/>
 - You may perform an Adobe Connect Connection Test to be sure your computer is ready to connect to the meeting:
https://connect.unl.edu/common/help/en/support/meeting_test.htm
 - The University of Nebraska has created an Adobe Connect Meeting user guide for meeting participants. You can view it here: [Quick start guide for participants \(PDF\)](#)
 - Any trouble, please contact Darren Pang at:
[mailto:wpang2@unl.edu?subject=respite Webinar](mailto:wpang2@unl.edu?subject=respite%20Webinar) or call (402)472-9816 in Lincoln
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