



VDA WEEKLY E-MAILING

July 9, 2013

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ACL Weekly Update

Tim Catherman, Director Aging Operations

Here is a link to the weekly Administration for Community Living (ACL) update:

<http://www.acl.gov/NewsRoom/eNewsletter/Index.aspx>

Terri Lynch on John Skirven Featured in the News

Tim Catherman, Director Aging Operations

Here is a link to the article featuring Terri Lynch Looking Back on Successes for Senior Residents in the [Sun Gazette](#)

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



Here is a link to a color version of the article featuring John Skirven working on his bucket list:
[Senior Advocate.](#)

August Sales Tax Holiday: School Supplies and Clothing

Tim Catherman, Director Aging Operations

During August 2-4, 2013, purchases of certain school supplies, clothing and footwear will be exempt from the Virginia sales tax. Each eligible school supply item must be priced at \$20 or less, and each eligible article of clothing and footwear must be priced at \$100 or less.

Calculators qualify but computers do not. Buy one-get one free, gift cards and rebates cannot be used to lower the cost to a qualifying price. For more details, visit

www.tax.virginia.gov/site.cfm?alias=SchoolSuppliesAndClothingHoliday.

Final Report for the Second Community Living Program (CLP)

Grant Submitted to ACL

Peggy Nieder, Program Coordinator

The final report for the second Community Living Program (CLP) Grant was submitted to the Administration for Community Living (ACL) on 6/26/2013. During the grant period, from 9/30/2009 - 3/31/2013, 110 participants were enrolled into the program by ten participating AAAs. 95% of these individuals were diverted from nursing home placement and Medicaid spend-down, and 93.6 % reported an improvement in their Quality of Life. General satisfaction with the CLP was reported by 93.3% of respondents to a satisfaction survey. The average daily CLP expenditure per participant was \$28.50, as compared to the Medicaid daily reimbursement rates for a nursing home bed, which ranged from \$112 to \$252 per day in the areas where the pilot was conducted. Three AAAs were added to the NWD system, PeerPlace. Five AAAs were able to improve efficiency by utilizing grant funds for Virtual Intake Centers. Prince William AAA and the Washington, D.C. Veterans Administration Medical Center were added to the Veteran Directed Home and Community Based Services (VD-HCBS) program. The Outcome Evaluation Report was completed by the Center for Gerontology at Virginia Polytechnic Institute.

Virginia Caregiver Coalition

Ellen M. Nau, MA, Program Coordinator

The Virginia Caregiver Coalition (VCC) will meet on Thursday, July 18 at 9:15 AM in the DARS-VDA Conference Room. The meeting will feature a program by Dr. Kelly Stuart,



Ethicist for the Bon Secours Hospital System in Richmond, Virginia. A brief business meeting will follow Dr. Stuart's presentation, "Non-Beneficial Resuscitation as Death Ritual in American Medicine."

Various sites throughout the Commonwealth will host the July 18 meeting via videoconferencing. Listed below are the locations, and the name (and contact information) of the program person hosting the site. Family and professional caregivers are invited to attend this presentation!

Mountain Empire Older Citizens, Inc.	Julia Trivett Dillon	jtrivett@meoc.org
Appalachian Agency for Senior Citizens, Inc.	Carol Raines	craines@aasc.org
District Three Senior Services	Sissy Frye	sfrye@smyth.net
Blue Ridge Independent Living Center	Christian Thomas	casemgt@loaa.org
James Madison University	Stacy Hansen	hansenss@jmu.edu
Charlottesville (Thomas Jefferson) Health Department	Annie Marrs	amarrs@alz.org
Madison Health Department	Lynnette Scott	lscott@rrcsb.org
Fairfax County Government lucy.gerland@fairfaxcounty.gov	Lucy Gerland	
Peninsula Health Department	Judy Hutchinson	sw3@paainc.org
Williamsburg Health Department	Joan Bender	joanbender1@cox.net

The Virginia Caregiver Coalition appreciates the technical assistance of Rich Watson (VDH), DARS VTC staff, and Deb Loving at DARS-VDA to enable VCC members and caregivers to participate in VCC meetings at various locations throughout the Commonwealth.

Information for Caregivers and Lifespan Respite Programs

Ellen M. Nau, MA, Program Coordinator

IcanConnectVirginia provides No Cost communications technology-along with installation, training and support to low-income, deaf-blind Virginia residents. Participants receive special equipment to help them make a phone call, send an e-mail and access the internet. The program is administered by the Virginia Department for the Deaf and Hard of Hearing



(VDDHH) in cooperation with the Virginia Department for the Blind and Vision Impaired (VDBVI). For information on eligibility requirements, please go to:

<http://www.icanconnectvirginia.org/>

Research Reports

The Pew Research Center released *Family Caregivers are Wired for Health*. Their new study incorporates the responses from a nationwide survey of adult caregivers. This study boasts new knowledge of caregiver demographics, tendencies and focuses largely on the key role technology plays in acts of caregiving. To read the full report, click [here](#).

The AARP Public Policy Institute released a new report on issues of family caregiving and the workplace. The report, *Keeping Up with the Times: Supporting Family Caregivers with Workplace Leave Policies*, highlights public policy solutions to extend protections for working caregivers and reduce worker turnover. To read more, click [here](#), or see Lynn Feinberg's [blog post](#)

Toolkits

Money Smart for Older Adults. Federal Deposit Insurance Corporation (FDIC) and Consumer Financial Protection Bureau (CFPB). Helps older adults and their caregivers prevent elder financial exploitation. [Learn more.](#)

Grant Opportunities for Non-Profits

Safeway Foundation Grants. Supports nonprofits providing services in four priority areas: hunger relief, education, health and human services, and assisting people with disabilities.

Deadlines: quarterly and biannual.

[Learn more.](#)

Tom's of Maine 50 States for Good. Tom's of Maine. Supports grassroots organizations throughout the country working to do good in their communities. Fifteen grants of \$10,000 each will be awarded to nonprofit organizations that address healthy, human, or environmental goodness. **Deadline: July 8, 2013.** [Learn more.](#)

Lifespan Respite

News

The Annie E. Casey Foundation's 2013 KIDS COUNT Data Book finds that children in the United States continue to make gains in the areas of education and health despite a growing poverty rate. Adding to the ongoing national conversation on early childhood education, the



latest Data Book offers expanded coverage of America's youngest children. Virginia received an overall 11th ranking among the 50 states. [Learn more.](#)

Autism Speaks Launches Tool Kit on Safe Use of Behavioral Medicine

<http://bit.ly/17mKfcM>

Autism Speaks Autism Treatment Network (AS-ATN) is pleased to announce the release of its latest tool kit: Autism and Medication: Safe and Careful Use, a guide for families of children with autism. This free publication provides strategies and resources for parents of children with autism who use medicines to help treat their child's challenging behavior or manage emotional issues.

NCHPAD 's directory of Programs available for people with disabilities and health conditions

<http://www.ncpad.org/directories/15/Programs>

If you offer programs for people with disabilities, please consider listing them on this website. Share this resource with others too.

Inclusion

An International Online Resource Centre on Disability and Inclusion

<http://www.asksource.info/>

Source is an international online resource center designed to strengthen the management, use, and impact of information on disability and inclusion in development and humanitarian contexts. Source provides free access to a unique online collection of information resources. These include books, journals, manuals, toolkits, reports, posters, audiovisual materials, websites, and organizations. Many materials are from developing countries and include both published and unpublished literature not readily available elsewhere. Source also sends a quarterly e-bulletin highlighting new material added to the collection.

Upcoming Webinars on HIV and Older Adults

James A. Rothrock, Commissioner, for Carmen Sanchez, Administration for Community Living/AOA

acria

NYS Department of Health
AIDS Institute
Center of Expertise



Webinars starting soon!

Register Now:

NEW topics on HIV & Older Adults!

ALL Webinars will take place from 1PM - 3PM.

WEBINAR SCHEDULE

- July 17 & 31st

Health Promotion for Older Adults living with HIV

This **two-hour** webinar will provide an overview of how HIV progresses and affects the overall health of older adults. This information will then be related to how service providers can play a role in promoting and helping older adults living with HIV stay linked to care and maintain viral load suppression.

- July 24 & August 29th

Resiliency of Older Adults living with HIV

This **two-hour** webinar will provide an overview of the different types of resiliency qualities and how their associations with positive healthy behaviors impact the health of older adults living with HIV.



- **August 7 & 21st**

Working with Older Adults living with HIV released from correctional settings

This **two-hour** webinar will increase the non clinical provider's awareness about the challenges that older adults living with HIV/ AIDS face after being released from a correctional facility. These challenges include the overlapping issues of family reunification, mental health, substance use, and need for HIV care.

- **August 28th**

Sexual Health of Older Adults and HIV

This **two-hour** webinar is designed to provide a comprehensive overview of sexual activity among older adults and the need for effective and tailored HIV/STI prevention messages to help improve sexual health. Data on the sexual activity and function of older adults will be provided from a number of sources, including ACRIA's research with older adults.

Prerequisite: No prerequisites established for this course, however, it is strongly suggested that participants have previous training in basic HIV and have taken the following AIDS Institute training: "Overview of HIV Infection and AIDS" (training offered at www.hivtrainingny.org)

Audience: Non-physician health and human services providers who work with clients/patients with HIV including case managers, social workers, client services staff and others.

To Register:

1. Go to: <http://www.hivtrainingny.org/> and 'Log In' to your account.
2. Scroll down and look for the Course Title listed above and Click 'Select'.
3. Click 'Submit' and you will receive an email confirming your registration.

If you do not have an account, follow the link above, Click 'Register' and follow steps 2 & 3.

For help with registration contact:



Elizabeth Dominguez at edominguez@acria.org or 212-924-3934 x134

Follow HIV and Aging information with ACRIA:

<https://www.facebook.com/AgeIsNotACondomACRIA>

www.ageisnotacondom@acria.org

Free Webinar for Virginia Consumers – What You Need to Know about Medicaid Waivers

Gail S. Thompson, Assistant State Long-term Care Ombudsman

The National Consumer Voice for Quality Long-Term Care is providing a free webinar for Virginia consumers on **What You Need to Know about Medicaid Waivers**. Medicaid home and community based waiver programs provide support to people with disabilities so that they can live successfully in the community. Currently in Virginia, there are six different waiver programs. Eligibility and supports within each of these programs vary based on needs and restrictions established by the state. Sign up for the Consumer Voice's FREE webinar - "A Webinar for Virginians: What You Need to Know about Medicaid Waivers" - to learn more! The webinar will take place on **Thursday, July 18th, from 2:00-3:30 pm EDT**. To register, either click on

<https://cc.readytalk.com/cc/s/registrations/new?cid=iaghelaa2cuq> or call Sara Cirba at 202-332-2275 x 221.

This webinar will cover:

- Eligibility criteria
- Waiver services
- How to begin the process
- Other Medicaid benefits
- An overview of the ombudsman program and how it relates to home care advocacy
-

Presenters are:

- Maureen Hollowell, Director of Advocacy and Services, Endependence Center in Norfolk
- Joani Latimer, State Long-Term Care Ombudsman, Virginia Department for Aging and Rehabilitative Services
- Sara Cirba, Associate for Advocacy and Development, National Consumer Voice for Quality Long-Term Care



Participants will receive an agenda and presentation material prior to the webinar. Registration is required and is first-come, first-served, so we hope you take the opportunity to register today! Please help promote this free webinar by sharing this announcement.

Promotional flyer is attached.

Title V Closeout Report – FYE 06/30/2013 Contracts

Marica B. Monroe, CPA, Financial Statement Reporting and Accounting Manager

Hello everyone. The Title V grant ending 06/30/2013 has closed. The close out (settlement) reports for this grant must be submitted to the Department for Aging and Rehabilitative Services on or before Monday, August 5, 2013. An electronic version of the report will be available on our website at, www.vda.virginia.gov. Please e-mail the completed report to closeoutreports@dars.virginia.gov. Please name the file, Title V Closeout Report PSAxx (Insert your PSA number in the characters, xx). For agencies that have not drawn down all necessary funds related to these grant contracts, please do so on the June AMR-OC due July 12th, so that the closeout report will be accurate and complete.

If you have any questions, please call me at (804) 662-9320 or e-mail me at marica.monroe@dars.virginia.gov. Thank you.

Lifespan Respite Care Grant and Voucher Update!

Ellen M. Nau, Program Coordinator

All of the Virginia Caregiver Coalition's hard work since 2004 paid off when the Coalition partnered with DARS to obtain the Lifespan Respite Care Grant, and in the following year, the Expansion Grant. The Expansion Grant, along with some monies from the original Lifespan Respite Grant and from DARS-DRS, has supported the Lifespan Voucher Program... in total, \$204,079 !

A special thank you to Monica Uhl at the Partnership for People with Disabilities. Her wonderful research and advice helped construct our voucher program and its forms. And, AJ Hostetler and her staff at the DARS Public Relations Office did an outstanding job publicizing the availability of the voucher!

All administrative work involving approvals (given after a review by a DARS Voucher Team) and reimbursements is being handled ably by Kristie Chamberlain, [Brain Injury Services Coordination \(BISC\)](#) DARS. All monies have been expended. Kristie will be working hard to get all reimbursements out to caregivers by the end July!



Some stats on the DARS Lifespan Respite Voucher Program as of June 11, 2013:

- 517 applicants approved
- MANY disabilities were served:
Alzheimer's & Autism were top two; followed by Intellectual Disability, Dementia, Brain Injury, Physical Disability, MS etc. Important to note many other disabilities were served other than those listed above
- Age range of the respite care recipient served: Ages 1-102
- Each voucher was for up to \$400, but not all applicants requested the full \$400.
- Attached is a map showing the location of voucher applications throughout the Commonwealth!

Your DARS Voucher Team: Mary Margaret Cash, Assistant Commissioner and Director of Home and Community Based Services; Marsha DuBois, Livable Communities Coordinator; Patti Goodall, Manager, Brain Injury Services Coordination Unit; Theresa Preda, Director of Independent Living; Carolyn Turner; Manager, Community Living (LTRCM & PAS) and OBRA Services; Kristi Chamberlain, BISC, and Ellen Nau, Program Coordinator, DARS-Aging.

FREE Webinar for Virginia Consumers: What You Need To Know About Medicaid Waivers

Thursday, July 18, 2013

2:00 p.m. - 3:30 p.m.

FREE!!

Medicaid home and community based waiver programs provide support to people with disabilities so that they can live successfully in the community. Currently in Virginia, there are six different waiver programs. Eligibility and supports within each of these programs vary based on needs and restrictions established by the state. Sign up for this FREE webinar to learn more!

To register, call **202-332-2275 x 221** or access it **online** at <https://cc.readytalk.com/r/iaghelaa2cuq&eom>



Presented by Virginians for Quality Care, No Matter Where

**Title V Financial Report - Final Closeout
FYE 06/30/2012**

Agency: _____ Month Ending: Final Year: 2013

Funding Source - DOL	Cash Expended YTD	Accrued Costs	Total Federal Costs YTD	Other Non-Federal Cash YTD	Other Non-Federal In-Kind YTD
Salaries and Fringes					
Other					
Sub-Total Admin. Costs					
Enrollee Wages					
Enrollee Fringes					
Enrollee Medicals					
Sub-Total EWF					
Staff Salaries and Fringes					
Enrollee Training					
Enrollee Development					
Enrollee Transportation					
Miscellaneous					
Sub-Total OEC					
Grand Total					

Revised: 07/05/2013

Total Non-Federal _____
% Non-Federal _____ 0%
 Approved Budget _____
 % Spent _____

VIRGINIA MAP



Counties served
through the Virginia
Lifespan Respite
Voucher program.

