



## VDA WEEKLY E-MAILING

July 16, 2013

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### ACL and NASUAD and ADRC TAE Newsletter Weekly Updates

*Tim Catherman, Director, Aging Operations*

Here is a link to the weekly Administration for Community Living (ACL) update: [ACL Newsletter](#).

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update: [NASUAD Friday Update](#).

### Virginia Hurricane Evacuation Guide Available

*Tim Catherman, Director, Aging Operations*

VDA has ordered copies of a 2013 Virginia Hurricane Evacuation Guide that was produced by VDOT, Ready Virginia and Ready Hampton Roads. The guide provides important information and tips on how to keep yourself and your family safe before, during and after a hurricane or tropical storm. If you would like to receive copies, please contact Tanya Brinkley

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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by email at [Tanya.brinkley@dars.virginia.gov](mailto:Tanya.brinkley@dars.virginia.gov) or by phone at (804) 662-9339.

## How to Build a Regional Alcohol and Aging Coalition

*Elaine S. Smith, MS, RD*

The Alcohol and Aging Awareness Group (AAAG) and the regional AAAGs – Northern, Southwest, Central, and Tidewater – will be holding interactive videoconference training on **How to Build a Regional Alcohol and Aging Coalition**. A flyer with the videoconference locations and RSVP information follows [as well as the training objectives and agenda](#). Please feel free to distribute widely.

**How to Establish a  
Regional Alcohol Abuse and Aging Coalition  
Tuesday, July 23, 2013  
1 p.m. – 4:30 p.m.  
Alcohol and Aging Awareness Group (AAAG)  
Virginia Department for Aging and Rehabilitative Services  
Regional Conference Rooms**

**Objectives**

- Describe the Alcohol and Aging Awareness Group (AAAG)
- Define the purposes of a regional alcohol and aging coalition
- Outline the elements to consider when identifying advantageous players/partners
- Review the process for assessing regional needs and developing goals/strategies
- Discover the resources materials available
- Understand the factors that contribute to sustainability of coalition

1:00 – Welcome and Introductions

1:15 – Presentation of poster presented at the 20<sup>th</sup> IAAG World Congress of Gerontology and Geriatrics, Seoul, South Korea, 2013

1:45 – Purposes and Benefits of Regional AAAGs

2:15 – Small Group Work: Get Connected Strengths and Challenges Worksheet (NCoA, DHHS)

2:30 – Who Should Be at the Table

3:00 – Small Group Work: Resource Matrix

3:30 - Identifying Regional Needs and Resources

3:45 - Small Group Work: Regional Alcohol and Aging Assessment Tool

4:00 – Developing Goals and Strategies (Action Planning Evaluation Spreadsheet)

4:30 – Concluding Remarks and Adjournment



## How to Establish a Regional Alcohol Abuse and Aging Coalition

**You are invited to attend an interactive videoconference to learn about establishing and building a regional coalition to address the issue of alcohol and medication misuse in older adults. Through this training, you will learn to utilize efficient and effective tools to mobilize your community and surmount the barriers to mobilization.**

**Please reply by July 19, 2013**

**When:** Tuesday, July 23, 1:00 - 4:30 p.m.

**Where:**

<b>Department for Aging and Rehabilitative Services (DARS) Locations</b>	<b>AAAG Contact for RSVP</b>
DARS Virginia Division for the Aging Conference Room 1610 Forest Ave, Ste 100, Henrico, VA 23229	Ron Lee, Chair, Central AAAG 804-828-1993 <a href="mailto:rlee4@vcu.edu">rlee4@vcu.edu</a>
DARS Lynchburg Conference Room 2250 Murrell Road, Suite F, Lynchburg, VA 24501	Dr. Verna Sellers, Chair Southwest AAAG 434-200-6549 <a href="mailto:Verna.Sellers@Centrahealth.com">Verna.Sellers@Centrahealth.com</a>
DARS Culpeper Conference Room 1300 Sunset Lane, Suite 3120, Culpeper, VA 22701	Chris Miller, Vice Chair, Central AAAG 540-321-3068 <a href="mailto:cmiller@agingtogether.org">cmiller@agingtogether.org</a>

DARS Fairfax Conference Room 11150 Fairfax Blvd, 3rd Flr, Suite 300, Fairfax, VA 22030	Kathy Cameron, Chair, NOVA AAAG, 703-585-6607, <a href="mailto:kathleenacameron@verizon.net">kathleenacameron@verizon.net</a>
DARS Alexandria Conference Room 5904 Old Richmond Highway, Suite 410, Alexandria, VA 22303	Kathy Cameron, Chair, NOVA AAAG, 703-585-6607, <a href="mailto:kathleenacameron@verizon.net">kathleenacameron@verizon.net</a>
DARS Hampton Conference Room Hampton North Office Park II, 303 Butler Farm Road, Suite 105, Hampton, VA 23666	Christy Jensen 757-220-4751 <a href="mailto:cjensen@excellenceinaging.org">cjensen@excellenceinaging.org</a>
DARS Williamsburg Conference Room 925-B Capital Landing Road, Williamsburg, VA 23185	Christy Jensen 757-220-4751 <a href="mailto:cjensen@excellenceinaging.org">cjensen@excellenceinaging.org</a>
Disability Determination Services Training Room 612 Jefferson St. Third Floor, Roanoke VA. 24011	Dr. Verna Sellers, Southwest AAAG 434-200-6549 <a href="mailto:Verna.Sellers@Centrahealth.com">Verna.Sellers@Centrahealth.com</a>

**More details to follow...**

