



VDA WEEKLY E-MAILING
July 29, 2013

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ACL and NASUAD Newsletter Weekly Updates

Cecily Slasor, Administrative Support

Here is a link to the weekly Administration for Community Living (ACL) update:

<http://www.acl.gov/NewsRoom/eNewsletter/CurrentNewsLetter.pdf>

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update:

<http://archive.constantcontact.com/fs163/1109249143446/archive/1113206599203.html>

Assisted Living Expose' on PBS--Check Local Listings

Amy Marschean, JD, Senior Policy Analyst

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



Life and Death in Assisted Living premieres on July 30 on your local PBS station. The 60 minute program examines the operations at one of the nation's largest assisted living companies. For more information and to find your local PBS station:

<http://www.pbs.org/wgbh/pages/frontline/life-and-death-in-assisted-living/>

Disease Prevention and Health Promotion Services (OAA Title IIID)

Kathy B. Miller, MS, RN, MSHA, Director of Programs

Please make note of the following updates. They are also reflected on the Administration for Community Living/ Administration on Aging (AoA) [Older Americans Act \(OAA\) Title IIID webpage](#).

1. AoA is no longer listing evidence-based (EB) program examples on the [Title IIID webpage](#). However, we will continue to use a graduated three-tier set of criteria for defining EB interventions implemented through the OAA, and the [Title IIID Highest-Tier Criteria Evidence-Based Disease Prevention and Health Promotion Programs Cost Chart](#) remains on the webpage.
2. Disease prevention and health promotion (DPHP) programs do not need approval from AoA in order to be funded with OAA Title IIID dollars. As long as programs meet the [evidence-based criteria](#), then they are an acceptable use of Title IIID funding. We continue to encourage the aging network to move toward highest-level criteria. Please contact your State Unit on Aging for State-specific DPHP requirements.
3. In addition to the Cost Chart, the Title IIID webpage has numerous other resources, including:

[AoA's Health, Prevention and Wellness Programs.](#)

[Chronic Disease Self-Management Education Programs.](#)

[CDC's Community Health Resources Database.](#)

[SAMHSA's National Registry of Evidence-Based Programs and Practices.](#)

Also, [ACL's Aging and Disability Evidence-Based Programs and Practices \(ADEPP\)](#) is a new webpage to help the public learn more about available EB programs in the areas of aging and disability. ACL expects to have up to three more EB programs reviewed in 2014.



2013 Erica F. Wood Elder Rights Award

Kathy Pryor, Virginia Poverty Law Center

Please see the attached announcement about the recipient of the 2013 Erica F. Wood Elder Rights Award: Margaret Sturgill, longtime employee of Mountain Empire Older Citizens, Inc. Margaret has been an amazing advocate for seniors for more than 4 decades and has been instrumental in establishing such programs as Emergency Fuel Funds for the Elderly, the public guardianship program in SW Virginia, Pharmacy Connect of Southwest Virginia, among others. As one of her nominators stated “Margaret is known as a warrior for elder rights and a pioneer for critical programs.” Please join the Virginia Elder Rights Coalition in congratulating Margaret and thanking her for her many years of compassionate advocacy!!

VA Center on Aging “Age in Action” Summer Newsletter

James A. Rothrock, Commissioner

Dr. Edward Ansello, Director of the Center on Aging, has shared the Summer issue of the popular center newsletter “Age in Action”. This issue features innovative strategies for studying fall triggers/risks as well as reports from key staff on the highlights of the center’s accomplishments over the last 35 years. Meeting and training announcements and calendar items are included as well. Here is a link to the Summer newsletter

<http://www.sahp.vcu.edu/vcoa/newsletter/ageaction/agesummer13.pdf>

Job Accommodations Survey

James A. Rothrock, Commissioner

Commissioner Rothrock would like to share information he received from Dr. Shengli Dong of Florida State University. You, your staff, and constituents are invited to complete the attached survey on job accommodations to assist researchers at the university in a new study.

Contact: Shengli Dong, Ph.D., CRC., Assistant Professor

Psychological and Counseling Services

Florida State University

sdong3@fsu.edu



VA Caregiver Coalition & VirginiaNavigator to launch new Family Caregiver Solution Center

Ellen M. Nau, MA, Program Coordinator

The Virginia Department for Aging and Rehabilitative Services, The Virginia Caregiver Coalition, and VirginiaNavigator will launch the Family Caregiver Solution Center on August 7, 2013. The website, designed to support family caregivers, will feature web-based tools and content to include: Articles; a “Caregiver to Caregiver” peer-support tool; Links to a variety of caregiver resources, and the customization of “Ask an Expert;” and “E-Quicktips” for caregivers. Mr. Samuel Nixon, Jr., Chief Information Officer for the Commonwealth of Virginia and DARS Commissioner, James Rothrock will address the attendees. Ms. Adrienne Johnson and Ms. Katie Benghauser from VirginiaNavigator will demonstrate the Solution Center. Ms. MaryAnn Johnson, Chair of the VCC, will elaborate on the Coalition’s role in the founding the Solution Center.

Family and professional caregivers are invited to attend the Launch of the Family Caregiver Solution Center at the DARS-VDA Conference Room at 10 AM on August 7, 2013 or at the following video conference sites: MEOC; the disAbility Resource Center; Appalachian Agency for Senior Citizens, Peninsula Newport News Health Department, Williamsburg Health Department, and James Madison University. Please contact Ellen Nau at 804-662-9340 for further information.

The Family Caregiver Solution Center is funded by the three year Lifespan Respite Care Grant received by DARS from the Administration for Community Living, formerly the Administration on Aging, at the U.S. Department of Health and Human Services in July 2011.

Ellen M. Nau, Program Coordinator
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804-662-9340

For more information, contact
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Press Release

Margaret Sturgill Wins 2013 Virginia Elder Rights Award

Richmond. On Thursday, July 25 the Virginia Elder Rights Coalition presented its 2013 Erica F. Wood Elder Rights Award to Margaret Sturgill, a vigorous advocate at Mountain Empire Older Citizens, Inc. for four decades, always guided by principles of self-empowerment for older Virginians. Retired from MEOC in 2012, Margaret remains as MEOC's Public Guardian. The Virginia Elder Rights Coalition is a network of organizations, agencies, and individuals working together to promote the rights and autonomy of older Virginians. Here is what Margaret's nominators said about her:

- "No word describes Margaret Sturgill better than advocate and there is no better advocate than Margaret."
- "Margaret has assisted literally tens of thousands of older persons and their families in need during her four decades of service to the people of Central Appalachia."
- "Margaret was instrumental in establishing MEOC's Emergency Fuel Funds for the Elderly, directed it until 2012" and raised hundreds of thousands of dollars to support it.
- "Margaret organized and directed MEOC's first Homemaker Services Program. . . and the first Medicaid waiver personal care services program in SW Virginia."
- "Margaret developed Pharmacy Connect of Southwest Virginia to assist uninsured medically indigent people get needed prescription drugs." In the program's first 12 years, the value of the drugs provided was over 146 million dollars!
- "Margaret saw the need for a public guardianship program," developed local support, educated judges and attorneys on the need, directed one of the first programs in the state, and cooperated in the evaluation process, documenting its effectiveness and the need to expand. Margaret continues as MEOC's Public Guardian, and "in that role, she chooses to go the extra mile."
- "Margaret developed and expanded MEOC's case management for the elderly program," always advocating "to make sure the older person's wishes are recognized . . ."
- "Margaret eschews mediocrity and laziness in all forms and always demonstrates a 'can do' attitude."
- "Margaret always finds a way to solve a problem while honoring the person's dignity and integrity" "If there appears to be no answer or approach to tackle a problem, Margaret is undefeatable in working at finding a new solution."
- "Margaret walks the walk every moment of every day and her consistency and compassion are always so reassuring and provide great strength to all she works with."
- "Margaret is known as a warrior for elder rights and a pioneer for critical programs."

The Virginia Elder Rights Coalition has presented Elder Rights Awards since 2000. Past awardees include Thelma Bland Watson of Senior Connections, Sen. Joseph Gartlan, journalist Betty Booker, Del. Karen Darner, former Secretary Jane Woods, attorneys Harriette Shivers and John Molumphy, paralegal Anne See, the Virginia Long-Term Care Ombudsman Program, Medicare insurance counselor Elyse Politi, Jay Speer of the Virginia Poverty Law Center, Sen. Mary Margaret Whipple, and Del. Patrick Hope.

Job Accommodations Request Survey

Individuals aged 50 or older and need job accommodations are being sought for a study by researchers at the Florida State University.

You are invited to share your perceptions of factors related to accommodation requests by answering a few questions about yourself, your organization (if applicable), and your abilities and emotions in the process. This survey will take about 20-30 minutes.

The first 100 participants completing the survey will have a 1-in-4 chance of winning a \$25 gift certificate; and the rest of the respondents completing the survey will have a 1-in-4 chance of winning a \$10 gift certificate. Moreover, you will be assisting service providers and employers to learn more about how to improve the job accommodation process for older workers, considering the fast trend in aging workforce.

The survey can be accessed through the following link:

https://fsu.qualtrics.com/SE/?SID=SV_eCZp9L0mXe40N0h



If you have any questions about the research study or need an alternative survey format, please contact Dr. Shengli Dong by e-mail at **workplace_accommodation@fsu.edu**.