



VDA WEEKLY E-MAILING

October 16, 2013

Table of Contents

[Monticello to Honor Veterans with Complimentary Admission](#)

[Revised Service Standards](#)

[FY 2013 NAPIS-AAA Report](#)

[Virginia Center for Health Innovation E-Newsletter](#)

[The Aging Network Volunteer Collaborative: Training Institutes](#)

[NASUAD Friday Update](#)

[News for Caregivers](#)

Monticello to Honor Veterans with Complimentary Admission

James A. Rothrock, Commissioner, for Tina Parlett-Calhoun, Department of Veteran Services

Monticello to honor veterans November 9th through November 11th with complimentary admission. To learn more visit the link below.

<http://www.monticello.org/site/visit/events/honoring-american-veterans>

For more information please contact:

Tina Parlett-Calhoun

Director of Communications

Virginia Department of Veteran Services

900 East Main Street, West Wing, 6th Floor

Richmond, VA 23219

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



tina.parlett-calhoun@dvs.virginia.gov

804-371-0441 office

<http://www.dvs.virginia.gov/>

Revised Service Standards

Ellen M. Nau, MA, Program Coordinator

The Homemaker, Chore and Personal Care Service Standards have been revised to reflect reporting and record-keeping in the approved DARS data system. Please go to the VDA website and review the revised standards under the provider section of the website.

<http://www.vda.virginia.gov/>

PERSON-CENTERED CARING AND CULTURE CHANGE IN AN ADULT DAY SETTING: BEST PRACTICES

Live event to be held October 23, 2013 at 1:30 pm (EST)

Registration: www.alzpossible.org

U.S Department of Labor: Ruling Requires Minimum Wage and Overtime for Home Health Workers

Beginning January 1, 2015, workers who provide essential home-care assistance to elderly people and people with illnesses, injuries or disabilities will be guaranteed minimum wage and overtime pay as part of the Fair Labor Standards Act. Nearly two million direct care workers such as home health aides, personal aides and certified nursing assistants, will receive the same basic protections already provided to most U.S. workers. Roughly 50% of direct care workers are minorities, and almost 90% are female. There are numerous exemptions contained in the law. Disability advocates and some public officials have expressed concern that implementing the law may increase the cost of care, and lead to a reduction in the hours of care provided through programs such as IHSS and Medicaid.

- <http://www.dol.gov/opa/media/press/whd/WHD20131922.htm>

Who may be exempt: <http://www.dol.gov/whd/regs/compliance/whdfs79a.htm>

2013 HCBS Conference

The presentation PowerPoints from this year's conference are now available at:

http://nasuad.org/events/HCBS%202013/national_hcbs_conference_2013_materials.html

Videos of the plenary discussions will also be available shortly.



FY 2013 NAPIS-AAA Report

Deb Loving, Information Systems Specialist

It's time to prepare and submit the NAPIS-AAA report for Federal Fiscal Year 2013. The NAPIS-AAA report and supporting documents (see below) are due at DARS-VDA by **5:00pm Friday, November 15, 2013**.

Executive directors must certify (by signing) the completed NAPIS-AAA report.

Submit the first six (6) worksheets of the NAPIS-AAA, including the signature page, to my attention in one of these ways: (1, preferred) e-mail a scanned PDF, (2) fax to 804-662-9354, (3) USPS mail.

In addition to the signed report, email the NAPIS-AAA Excel file to deb.loving@dars.virginia.gov.

AIM System Users: After you enter all client data for FY 2013, download the NAPIS-AAA report from <http://www.vda.virginia.gov/reportsandinstructions.asp>. You will find the report listed as "NAPIS-AAA Annual Report FY13" with the filename NAPIS-AAA-XX. Replace the "XX" characters in the file name with your 2-digit PSA number. End-of-year AIM replications are also due by 5:00pm on November 15th. Please upload your replication as usual and send me an e-mail to let me know that you have submitted your final FY13 replication. If your September replication contains your finalized end-of-year data, let me know that by email when you upload it in October. Submit a VA36 and VA95 report as supporting documentation. **Send these 5 Items:** 1: signed NAPIS-AAA, 2: Excel NAPIS-AAA, 3: VA36, 4: VA95, 5: AIM replication as of 9/30/2013.

PeerPlace System Users: After you enter all client data for FY 2013, run the NAPIS_AAA report and download it. Name the file NAPIS-AAA-XX, replacing the XX's with your 2-digit PSA number. It is your responsibility to verify the auto-filled PeerPlace data, and complete the relevant remaining fields manually. **Send only these 2 Items:** 1: signed NAPIS-AAA, 2: Excel NAPIS-AAA.

Be sure your NAPIS-AAA report matches the data on your FY 2013 year-end AMR! The 2013 NAPIS-AAA should also be consistent with the 2012 report if service offerings have not changed significantly.

If you have questions, please feel free to contact me. Thank you!



Virginia Center for Health Innovation

James A. Rothrock, Commissioner, on behalf of VCHI

VCHI Welcomes Chas Roades

VCHI is delighted to welcome Chas Roades as the newest member to our Board of Directors. Chas Roades is chief research officer of The Advisory Board Company. In this capacity, he studies the market forces and trends driving the evolution of the American health care industry, and directs research into ongoing changes in the organization and management of American medicine. Principal author of over 40 landmark strategy publications for hospitals and health systems, Mr. Roades is a nationally-recognized authority on the future of health care, hospital-physician alignment, emerging reimbursement and incentive models, and the intersection of national health policy and delivery system strategy.

Mr. Roades has presented at more than 100 national conferences and serves as strategic advisor to several major health systems. At over 200 national and regional meetings for Advisory Board members, Mr. Roades has addressed thousands of hospital CEOs, executive team members and board members. He is a frequently-cited expert in leading national media outlets, including *The Wall Street Journal*, *The New York Times*, National Public Radio, and *The Washington Post*. He is also active on several hospital, nonprofit, and governmental advisory boards, and serves as an adjunct faculty member in health care administration at Brown University.

A former officer in the United States Airforce, Mr. Roades earned his MBA from Stanford University. He also holds a master's degree from Stanford, and a bachelor's degree in economics from the University of Virginia. Mr. Roades resides in the Virginia suburbs of Washington, D.C., with his wife and their



four children.

Mr. Roades is featured in the Innovation Network's first *Innovator Interview* this month. To read the interview, visit the [Virginia Health Innovation Network](#).

What We're Reading

[When Medicare Squeezes Payments, Hospitals Cut Costs Instead of Shifting Costs](#) [Center for Health System Change]

[States of Health](#) [The New Yorker]

[5 Startup Opportunities Created by Health Care Reform](#) [Venture Beat]

[A Hospital Takes its Own Big Data Medicine](#) [MIT Technology Review]

[Why Health Care is Stuck--And How to Fix It](#) [Harvard Business Review]

[The Soaring Cost of a Simple Breath](#) [New York Times]

[The Strategy the Will Fix Health Care](#) [Harvard Business Review]

The Aging Network's Volunteer Collaborative: Training Institutes

James A. Rothrock, Commissioner, on behalf of The Aging Networks' Volunteer Collaborative

The Aging Network's Volunteer Collaborative invites you to join us at one of our 10 regional PowerUP! technical assistance trainings throughout the country beginning in January 2014, where you can learn how to extend your agency's services through older adult volunteers. PowerUP! enables you to create new and enhanced volunteer roles that increase your organization's capacity. PowerUP! enables you to get more done through engaging teams of older adult volunteers.

Benefits:

Through these 10 regional PowerUP! Training Institutes, the Volunteer Collaborative seeks to



work with leaders in the Aging Network who are ready, willing, and able to participate in and become a sustaining force in the PowerUP! movement that engages the next generation of volunteers. The training shows you how to form self-directed teams of volunteers and to integrate PowerUP! concepts throughout your organization's programs, staff, and volunteers. Learn more:

1. [What is PowerUP! anyway?](#)
2. [Why should we invest in a new volunteer engagement strategy?](#)
3. [How does the PowerUP! Training Institute work?](#)

Join PowerUP! Training:

Please join our PowerUP! trainings – and learn to extend your agency's capacity! To register, please take the following steps:

- 1) Attend a PowerUP! Informational Webinar:
 - Wednesday, October 23, 2:00-3:00 p.m. ET - [REGISTER](#) - or
 - Tuesday, October 29, 2:00-3:00 p.m. ET - [REGISTER](#) - or
 - Wednesday, November 6, 2:00-3:00 p.m. ET - [REGISTER](#)
- 2) Submit a [Letter of Interest](#) by November 29, 2013.
- 3) n4a will respond with next steps.

More questions? Contact Patricia Reid, preid@n4a.org. *Please share this opportunity with appropriate staff and/or programs.*

Engage the wisdom of age.

NASUAD Friday Updates

Cecily Slasor, Administrative Support



FRIDAY UPDATES

NASUAD

October 11, 2013

In This Issue

***National I&R Support
Center: Health Insurance
Marketplace 101 and Q&A
Webinar**

***NIH To Hold a Free
Conference on Aging and
Chronic Disease**

***SSA: Webinar on Support
Services for People with
Disabilities**

***AARP Public Policy
Institute: Medicaid HCBS
Discussion Forum to Take
Place on 10/30**

***ADAP Advocacy
Association: Webinar on
the Impact of the
Affordable Care Act,
Medicaid Expansion &
Insurance Exchanges**

From NASUAD

National I&R Support Center

Webinar: Health Insurance Marketplace 101, and Q&A

The I&R Support Center is hosting a Health Insurance Marketplace webinar presented by the CMS Division of Training, on **Thursday, October 17, from 2:30-4:00 p.m. ET**. The CMS Division of Training team will provide a high-level overview of how the Marketplace works, what it means for consumers and individuals, who is eligible to enroll, and how programs for people with limited incomes work. Presenters will answer your questions, received via webinar chat, about what you need to know as an I&R specialist within your state agency, ADRC, AAA, SHIP, or other I&R setting. They will also field participant questions regarding the first two weeks of the Marketplace Open Enrollment.

To join the webinar, follow this link:

<https://webinar.cms.hhs.gov/aging1017/>, and call the WebEx conference line: 1-877-267-1577; Follow the instructions you hear on the phone.

WebEx Meeting Number: 990 501 705 (you will be asked to enter this number to join)



[*Council on Aging of
Southwestern Ohio:
Seminar for AAA Leaders](#)

[*NRCPDS: Financial
Management Services
Conference](#)

[*SAGE: Storytelling
Contest for LGBT Older
Adults](#)

[*Grant: CMS MFP Tribal
Initiative](#)

[*Grant: NCOA Funding
Available for Benefits
Enrollment Centers](#)

[*October Observance](#)

[*Friday Updates Archive](#)



[Check out NASUAD iQ!](#)

From the Administration

[National Institutes of Health](#)

Free Conference on Aging and Chronic Disease

The National Institutes of Health (NIH) has issued a reminder about the upcoming conference "Advances in Geroscience: Impact on Healthspan and Chronic Disease," developed by the [Trans-NIH GeroScience Interest Group](#) (GSIG) at the NIH, a recently formed group focused on the relationships between aging and age-related disease and disability. Fifty renowned scientists will discuss the extent to which the physiological effects of aging represent a common major risk factor for most chronic diseases affecting the aging population. Registration is free. The conference is **October 30-31, 2013** at the Natcher Conference Center on the NIH campus.

[Click here](#) for more information and to register.

[Social Security Administration](#)

National Work Incentives Seminar Event (WISE): Support Services for People with Disabilities

The Social Security Administration (SSA) is holding a webinar on free support services for people who have a disability and are ready to work. The webinar is scheduled for **Wednesday, October 23, 2013, 3:00-4:30 p.m. ET**.

If you are a Social Security disability beneficiary and want to make more money through work, Social Security's Ticket to Work program can provide the support you need to transition to financial independence.

[Click here](#) to register online at or call 1-866-968-7842 (V) or 1-866-833-2967 (TTY).



From Other Organizations

[AARP Public Policy Institute](#)

Medicaid HCBS Discussion Forum to Take Place on Oct 30

Join AARP Public Policy Institute to explore modernizing Medicaid to enable people who need long-term services and supports (LTSS) to live where they choose, including their own homes and communities.

The recent federal Commission on Long-Term Care called for building a system that promotes "services for persons with functional limitations in the least restrictive setting appropriate to their needs." A major step toward accomplishing this goal would be to reform Medicaid to put coverage for HCBS on par with coverage for nursing homes. Please join the AARP Public Policy Institute for a discussion of policy options and lessons learned in the states.

Title: Modernizing Medicaid: Putting Home and Community-Based Services on Equal Footing with Nursing Homes

When: Wednesday, October 30, 2013 9:30 - 11:30 a.m. ET

Where: Senate Russell Office Building, Room 325, Washington, DC

Continental breakfast available at 9:00 a.m.

[Click here](#) to read more about the forum and to register.

[ADAP Advocacy Association](#)

Webinar: Impact of the Affordable Care Act, Medicaid Expansion & Insurance Exchanges on HIV/AIDS and Viral



Hepatitis Services

[The ADAP Advocacy Association](#), in partnership with the [Community Access National Network \(CANN\)](#) [Great Lakes ADA Center](#), and [HealthHIV](#) is hosting an educational webinar on **Wednesday, November 6th, 2013 2 p.m. EST**. The webinar, themed "Impact of the Affordable Care Act, Medicaid Expansion & Insurance Exchanges on HIV/AIDS and Viral Hepatitis Services," will be open to all HIV/AIDS and Viral Hepatitis stakeholders nationwide. The webinar is being held online in the Great Lakes ADA Center's virtual conference room.

[Click here](#) to download webinar summary.

[Regular Registration Form](#) (Non-Pharmaceutical Company)

[Complete Registration Form](#) (Pharmaceutical Company)

Council on Aging of Southwestern Ohio

Council on Aging of Southwestern Ohio to Host a Two-Day Seminar for AAA Leaders

On **November 14 & 15, 2013**, the Council on Aging of Southwestern Ohio will be hosting a two-day seminar for Area Agencies on Aging leaders entitled, "*Moving from Area Plans, Advocacy and Allocations to Strategic Planning, Positioning and Pricing.*" In this interactive seminar, participants will learn practical ways to begin shifting AAA culture, position their agency to compete, adapt to the new pay-for-performance marketplace and develop a business model. The seminar will provide attendees with tools to create a strategic plan and develop pricing and performance management programs that work.

This seminar is intended for AAA leaders responsible for readying their organization to shift from the fee-for-service to the pay-for-performance model of health and long-term care



delivery. It is highly recommend that both Finance and Program staff attend this seminar together.

Location: Miami University Voice of America Campus (7847 VOA Park Drive, West Chester, OH 45069)

[Click here](#) for more information on the seminar.

National Resource Center for Participant-Directed Services

2013 Financial Management Services Conference

The fifth biennial National Resource Center for Participant-Directed Services (NRCPS) Financial Management Services Conference will be held **November 4-5, 2013**, in Baltimore, MD. This conference will feature workshops with participant direction tax experts within the IRS as well as other experts and specialists.

[Click here](#) for more information and to register.

SAGE

Storytelling Contest for LGBT Older Adults

[Services & Advocacy for GLBT Elders \(SAGE\)](#) is holding a storytelling contest from October 10 to November 6, 2013.

LGBT older adults have spent their lives building their own families and communities-the relationships that sustain all of us. Yet as they age, more and more of them begin to feel less connected. SAGE wants to collect their stories and yours. What does "community" mean to you? How do you stay connected to the people who matter most to you?

Visit [SAGE Story](#) and share your story! Submission deadline



is **November 6, 2013 5 p.m. ET.**

Funding Opportunities

CMS MFP Tribal Initiative Funding

On July 23, 2013, CMS announced a Money Follows the Person (MFP) Tribal Initiative (TI) funding opportunity. The MFP-TI offers existing MFP state grantees and tribal partners the resources to build sustainable community-based long term services and supports (CB-LTSS) specifically for Indian country. The TI may be used to advance the development of an infrastructure required to implement CB-LTSS for American Indians and Alaska Natives (AI/AN) using a single, or a variety of applicable Medicaid authorities.

Closing date for applications is **October 17th, 2013.**

Funding is intended to support the planning and development of:

1. An in-state Medicaid program CB-LTSS, as an alternative to institutional care, tailored for AI/AN who are presently receiving services in an institution;
2. A service delivery structure that includes a set of administrative functions delegated by the state Medicaid agency to Tribes or Tribal organizations;
3. The TI may be used to cover costs necessary to plan and implement activities consistent with the objectives of this funding and within Federal grant regulations. The funds are subject to all the terms and conditions of the MFP Program.

[Click here](#) for more information on MFP and the funding opportunity.

Applicants must apply for this grant through www.grants.gov.



NCOA Funding Available for Benefits Enrollment Centers

The National Council on Aging (NCOA) was awarded funding from the Administration on Community Living to house the National Center for Benefits Outreach and Enrollment. As part of this work, NCOA is seeking nonprofit or public agencies to be part of their next cohort of Benefits Enrollment Centers. Successful applicants will receive up to \$100,000 for each group over one year to create meaningful change to outreach and enrollment systems for core benefits that improve the lives of seniors and adults with disabilities. Letters of intent are due **October 25, 2013**. The deadline for full proposals is Nov. 19, 2013.

[Click here](#) to view the full RFP.

October Observances

October is National Disability Employment Awareness Month

Held each October, National Disability Employment Awareness Month (NDEAM) is a national campaign that raises awareness about disability employment issues and celebrates the many and varied contributions of America's workers with disabilities. The theme for 2013 is "Because We Are EQUAL to the Task."

[Click here](#) to learn more about the campaign.

Friday Updates Archive

Did you miss a previous issue?
Check out [past Friday Updates](#).

News for Caregivers

Ellen M. Nau, MA, Program Coordinator

November is National Family Caregiver Month!



The Virginia Caregiver Coalition will be meeting on November 21 at 9:15 AM in the VDA Conference Room and various video conference sites. Further details will be in future Tuesday Mailings.

North Carolina, Texas and Virginia Lifespan Respite Grantees Showcased at National Home and Community-Based Services Conference

On September 12, 2013, at the National Home and Community-Based Services Conference in Crystal City, VA, Jill Kagan, ARCH Program Director, was joined by Alicia Blater, M.S., APR, Family Caregiver Support Program Consultant, Lifespan Respite Project Director, NC Division of Aging and Adult Services; Patricia Bordie, Manager, Special Projects Unit, Access & Intake Division, Texas Department of Aging and Disability Services; and Ellen Nau, Human Services Program Coordinator, Virginia Department for Aging and Rehabilitative Services, Division for the Aging in a presentation entitled *Sustaining Lifespan Respite Programs: Successful Strategies in Economically Challenging Times*. This session provided background on the Lifespan Respite Program, elaborated on successful sustainability strategies, and provided state examples of successful sustainability

Shield HealthCare offers \$500 for Best Caregiver Story in 13th Annual Story Contest

This year's topic is "What Makes Caregiving Rewarding?" The story contest honors the challenging role of family caregivers and health care professionals. It also provides an encouraging forum to share expressions of love and appreciation for their dedicated role. In celebration of National Family Caregiver's Month, the contest runs from September 3, 2013 through November 30, 2013. The top three story will receive a \$500 American Express Gift Card and a 1-year subscription to Today's Caregiver Magazine. The five runners-up will also be awarded the magazine subscription and a \$150 American Express Gift Card. All contest entries must be one page, emailed to caring@shieldhealthcare.com, submitted via online entry form or mailed and postmarked by November 30, 2013. Last year's grand prize winners included two mothers of special needs children and a daughter caring for her elderly mother with Alzheimer's.

AARP: LTC Commission Gives Family Caregivers Much Deserved Support and Respect

The report just issued by the federal Commission on LTC has taken an important step putting family caregiving in the spotlight as an issue that can no longer be ignored. While the Commission could not agree on comprehensive financing of LTC services, they did address the information and support needs of family caregivers who are often isolated and unpaid, yet provide a majority of the long-term care. Estimates suggest it would cost \$450 billion to cover the cost of care that family caregivers currently provide, unpaid. The report contains many recommendations, but the set of steps endorsed by the Commission to strengthen family caregiving was cited by Chairman Bruce Chernof as "one of the most fundamental and transformative recommendations in the report."



<http://blog.aarp.org/2013/09/23/giving-family-caregivers-the-respect-and-support-they-deserve-2/>

"We Walk Together", 3rd Annual Caregiver Forum for Caregivers of Individuals with Brain Injury

Please register to attend The Department for Aging and Rehabilitative Services' (DARS) 3rd Annual Caregiver Forum entitled "*We Walk Together*," to be held Saturday, November 16, 2013 from 10am-4pm at the Hilton Garden Inn, Innsbrook, Glen Allen, VA (pre-registration is required). The Caregiver Forum is an educational activity of DARS' Federal Traumatic Brain Injury (TBI) Implementation Partnership Grant. It provides an opportunity for DARS and the Brain Injury Association of Virginia (BIAV), as a DARS subcontractor on the federal grant, to share educational and respite resources for caregivers of family members with acquired brain injury, as well as teach participants how to recognize and deal with caregiver-related stress. The tentative agenda includes presentations by the Virginia Caregiver Coalition, Virginia Navigator, the Brain Injury Association of Virginia, as well as a family member panel. The event also provides a way for caregivers and family members to network and share strategies with others in similar situations. This forum offers separate activities for survivors, staffed by trained professionals, allowing full-time caregivers with no respite care an opportunity to attend the Forum. This has been identified as a critical factor in allowing some people to attend. The event is free for caregivers.

If you are interested in attending **please fill out and return the attached form** to the Brain Injury Association of Virginia by October 30, 2013 via email, fax, or mail. If you need more information about registration, please contact Jennifer Clarke: email: jennifer@biav.net or voice: 804-355-5748 or 800-444-6443. Additionally, if you have questions on the Caregiver Forum, please contact Kristie Chamberlain, email: Kristie.chamberlain@dars.virginia.gov or voice: 804-662-7154. Pre-registration IS required

Research and Care

2013 Estes Express Lines Conference on Dementia

Friday, November 1, 2013

Westin Richmond

6631 West Broad Street

Richmond, VA 23230

Presented by the Alzheimer's Association of Greater Richmond – Brochure with further information attached!



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Optimal Aging Symposium

November 6 from 12 noon to 4:30 PM a

Colonial Heritage, Williamsburg in honor of National Caregivers Month.

More information is at

www.chcfonline.org or from Joan Bender at joanbender1@cox.net

Virginia Department for Aging and Rehabilitative Services

Federal Traumatic Brain Injury Grant



“We Walk Together”

Hilton Garden Inn at Innsbrook, Glen Allen VA

November 16, 2013 – 10:00 a.m. to 4:00 p.m.

Caregiver Forum Registration

Limited Space - Register by Wednesday, October 30, 2013!

Please fill out the information below to register for this event. You must be registered to attend! You will receive a confirmation e-mail once your registration form is received by the Brain Injury Association of Virginia (BIAV). If you have questions contact Jennifer Clarke at Jennifer@biav.net or 804-355-5748 or 800-444-6443.

PART 1: CAREGIVER / PROFESSIONAL

Name(s): _____

**If two caregivers from a family are attending, please be sure both full names are provided on this form.*

I am a: Caregiver Professional Both

Other (specify): _____

**Please note, priority registration will be given to caregivers and family members. If you are a professional interested in attending, you may be placed on a waitlist.*

Address: _____

Home Phone: _____ Business/Cell Phone: _____

E-mail: _____ Special Accommodation(s) Requested: _____

PART 2: SURVIVOR (INDIVIDUAL WITH AN ACQUIRED BRAIN INJURY)

1. Will you be bringing your loved one who is a survivor of Brain Injury? Yes No

Name of survivor: _____

Date of birth: _____

2. *LIMITED* respite is available for those who have no other caregiving options for their loved one and this prevents them from being able to attend. **Are you requesting that your loved one with a brain injury participate in the separate Survivor Activities that are offered (same hotel, different room)?**

Yes No

3. **Level of Functioning***: **Mild** (*limited to no physical or verbal assistance needed*)

Moderate (*some physical or verbal assistance needed*) **Severe** (*physical and verbal assistance needed*)

***Bathroom assistance:** *We will not be able to assist anyone with toileting, including transferring from wheelchair to commode. If your loved one has a personal assistant that provides care to the individual, both may attend the special activities.*

***Special medical needs:** *We are not able to administer medication or assist with medical procedures. If your loved one has a personal assistant that provides care to the individual, both may attend the special activities.*

4. **Does your loved one require any accommodations or special assistance to participate in the Survivor Activities?** Yes No

If YES, please describe what help or accommodations the survivor will need:

5. **Ambulatory** (*able to walk unassisted*): Yes No

If NO, describe: _____

6. **Are there any behavioral concerns:** Yes No

If YES, explain: _____

7. **Any other information that you would like to share regarding your loved one with a brain injury that the staff would need or like to know:** _____

Part 3: Lodging

Hotel accommodations will be provided at NO COST for caregivers who must travel at least 120 miles one way to the Caregiver Forum. If you qualify, you will be notified of your hotel reservation for the **night of Friday, November 15, 2013**. Hotel reservations must be cancelled by 5pm on Thursday, November 14, 2013 to avoid penalties, for which you as the individual will be responsible (DARS and BIAV are not able to pay cancellation fees).

1. Are you requesting FREE lodging if you are traveling more than 120 miles one way (*circle one*)?

If NO, skip to Part 4: Meals!

Yes No

2. If YES, the number of miles you are traveling from home to Hilton Garden Inn in Glen Allen, VA (*this determines whether you are eligible for a stipend to pay lodging and mileage*): _____.

3. Are you requesting lodging for: Yourself ONLY Yourself and a Loved One with BI

4. Will you need a room that is handicapped accessible? Yes No
(*Note that all handicapped accessible rooms have one King bed.*)

5. Will you need an extra roll away bed? Yes No

6. Will you need a smoking room? Yes No

Part 4: Meals

A continental breakfast and lunch will be provided for all participants at the Caregiver Forum.

1. Do you (or your loved one) have special dietary needs? Yes No

If YES, please describe special dietary needs and indicate name of person: _____



Supported by Grant H21MC06763-07-03 from the Department of Health and Human Services (DHHS), Health Resources and Services Administration, Maternal and Child Health Bureau.



Limited Space: Register by October 30, 2013!

Return form to Jennifer Clarke at the Brain Injury Association of Virginia:

Email: jennifer@biav.net or Fax to (804) 355-6381.

You can also contact Kristie Chamberlain, Department for Aging & Rehabilitative Services: Email:

kristie.chamberlain@dars.virginia.gov or (804) 662-7154.



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



registration form

Name: _____

Organization: _____

Street Address/P.O. Box: _____

City, State, Zip: _____

Telephone: (_____) _____

E-mail address: _____

Conference Fee: (includes refreshments at breaks and lunch)

Early Bird - Until 10/1/13 After 10/1/13

Family Caregiver _____ \$30 _____ \$35

Professional Caregiver* _____ \$60 _____ \$70

* Professional Caregivers pay \$50 each for groups of four or more from same organization

_____ I prefer a vegetarian meal.

_____ I am enclosing a check payable to **Alzheimer's Association**.

_____ Payment by credit card:

Please charge my: _____ MasterCard _____ VISA
 _____ American Express _____ Discover

Card number: _____

Expiration date: _____ CVV No (3 #s on back of card): _____

Signature: _____

Printed Name: _____

Fax your registration to (804) 967-2588 or mail it to:

Caregiver Conference
Alzheimer's Association Greater Richmond Chapter
4600 Cox Road, Suite 130
Glen Allen, Virginia 23060

Please return this form by October 28, 2013

Questions? Call (804) 967-2580.

Alzheimer's Association
Greater Richmond Chapter
4600 Cox Road, Suite 130
Glen Allen, Virginia 23060



research
and
care

2013 Estes Express Lines Conference on Dementia

Friday, November 1, 2013

Westin Richmond

6631 West Broad Street

Richmond, VA 23230

alzheimer's  association

the compassion to care, the leadership to conquer

Greater Richmond Chapter
www.alz.org/grva

sponsors

Our thanks to our sponsors for their support of this year's Conference on Dementia

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Genworth

Our Lady of Hope Health Center

research and care

2013 Conference on Dementia agenda

- 8:30 a.m. Registration**
- 9 a.m. Welcome**
- 9:15 a.m. How Early Can We Diagnose Alzheimer's and What's New with Research?**
Ronald C. Petersen, M.D., Ph.D.
- 10:30 a.m. Break**
- 10:45 a.m. Dementia and Depression**
Larry Tune, M.D.
- 12:15 p.m. Lunch**
- 1:15 p.m. The Art of Relationship: Self-Care to Care-Giving**
Angela Lunde, M.A.
- 2:45 p.m. Break**
- 3:00 p.m. The Art of Relationship, continued**
Angela Lunde, M.A.
- 4:15 p.m. Evaluation**
- 4:30 p.m. Adjourn**

speakers

Ronald C. Petersen, M.D., Ph.D. is Director of the Mayo Clinic Alzheimer's Disease Research Center and has an interest in clinical research involving aging, mild cognitive impairment, dementia, Alzheimer's disease, and neuroimaging. Much of his work has focused on mild cognitive impairment as an intermediate stage between normal aging and Alzheimer's disease. In addition, he studies non-Alzheimer's disease dementias such as frontotemporal dementia, dementia with Lewy bodies and vascular dementia. Dr. Petersen received his B.A. from Hamline University, his Ph.D. from the University of Minnesota, and his M.D. from the Mayo Medical School.

Larry Tune, M.D. received his M.D. from the University of Virginia, performed his internship at the Albany Medical Center Hospital in Albany, New York, and completed residencies in both Psychiatry and Neurology at Johns Hopkins University School of Medicine. Dr. Tune is the Chief of the Division of Geriatric Psychiatry at the Wesley Woods Center on Aging at Emory University in Atlanta, Georgia. Dr. Tune is active in clinical research, which involves investigations of pharmacologic treatment methods in Alzheimer's patients.

Angela Lunde, M.A. joined the Mayo Clinic Alzheimer's Disease Research Center in 2001. She is recognized as an institutional, state, and national expert and leader in recognizing the needs of persons with dementia and supporting caregivers of people with Alzheimer's and other dementia diseases. She currently writes the Alzheimer's expert blog on MayoClinic.com, and is a contributing writer and editor for the *Mayo Clinic Guide to Alzheimer's and Related Dementia's*. Currently, Ms. Lunde is leading the Center for Innovation to create and launch a national caregiver wellness initiative. Ms. Lunde earned a B.S. degree from the University of Wisconsin-La Crosse and a M.A. degree from St. Mary's University, Minneapolis, Minnesota.