



VDA WEEKLY E-MAILING
November 5, 2013

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ACL Newsletter

Cecily Slasor, Administrative Support

ACL Newsletter

<http://www.acl.gov/NewsRoom/eNewsletter/Index.aspx>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.



You Tube Video of Residents at Assisted Living Facility

Gail S. Nardi, Director Adult Services Division, DARS

Video shot at a Smith Mountain Lake assisted living facility. Feel free to share the link. A.J., this would make a great Facebook/Twitter post.

I think you'll enjoy this You Tube video done with some residents in an ALF at Smith Mountain Lake: <http://www.youtube.com/watch?v=WTVJw-HluTQ>

AASC Competition for Toyota 100 Cars for Good – November 12

Tim Catherman, Director Aging Operations

Appalachian Agency for Senior Citizens (AASC) has been selected as one of 250 finalists for Toyota's 100 Cars for Good program. Beginning October 1st through November 19th, Toyota will feature 5 charities each day that are similar in size and population to compete for votes on Facebook. AASC's date for our Facebook friends to vote is November 12th. So please ask all your Facebook friends to vote on Nov. 12th as the top two winners will receive a vehicle. The directions for voting are:

How do our supporters access the application to vote for our organization?

- Log into Facebook BEFORE attempting to vote.
- Go to 100carsforgood.com and follow the on-screen instructions to cast a vote.
- **Note:** It will be necessary to "Allow" access to the voting app. Voters are not required to "Like" the application in order to vote. In addition, it's important to use a modern, up-to-date browser. If an individual is having problems, it could be related to their browser and/or security settings.

You must have a Facebook account to vote! Please take the opportunity to view the website each day and vote for your favorite charity! Especially on November 12th! Thank you in advance for your support!

Free Guides on Managing Someone Else's Money--For Financial Caregivers

Gail S. Nardi, Director Adult Protective Services Division, DARS



Millions of Americans are managing money or property for a family member or friend who is unable to pay bills or make financial decisions. This can be very overwhelming. But, it's also a great opportunity to help someone they care about, and protect them from scams and exploitation.

Today the Consumer Financial Protection Bureau (CFPB) Office for Older Americans is releasing four easy-to-understand booklets to help financial caregivers. The *Managing Someone Else's Money* guides are for agents under powers of attorney, court-appointed guardians, trustees, and government benefit fiduciaries (Social Security representative payees and VA fiduciaries).

The guides help people acting as fiduciaries in three ways:

- They walk them through their duties.
- They tell them how to watch out for scams and financial exploitation, and what to do if their loved one is a victim.
- They tell them where to go for help.

The guides are available to download on the CFPB website at www.consumerfinance.gov/managing-someone-elses-money.

You can also order free print copies at <http://publications.usa.gov/USAPubs.php?NavCode=K&searchText=CFPB> and free bulk orders at <http://promotions.usa.gov/cfbpubs.html>. (These hard copies will be available sometime in November, after delays due to the federal government shut-down.)

Please let us know if you have ideas on how your organization or agency can help distribute these guides and get them to the consumers who need them. Feel free to reach out with questions, requests for participation in webinars and conferences, etc. Thank you!!

Naomi Karp, JD

Senior Policy Analyst

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State Parks to Offer a Weekend of Special Activities and Free Parking on Veterans Day

Office of the Governor



Commonwealth of Virginia

Office of Governor Bob McDonnell

FOR IMMEDIATE RELEASE

November 4, 2013

Office of the Governor:

Contact: Paul Shanks

Phone: (804) 347-7737

Email: Paul.Shanks@governor.virginia.gov

Department of Conservation and Recreation:

Contact: Jim Meisner Jr.

Phone: (804) 786-8442

Email: jim.meisner@dcr.virginia.gov

Virginia State Parks to Offer a Weekend of Special Activities and Free Parking on Veterans Day

RICHMOND - Governor Bob McDonnell announced today that Virginia State Parks will waive parking fees in honor of Veterans Day on November 11, 2013. Additionally, all 36 state parks, which are managed by the Virginia Department of Conservation and Recreation, will offer special programming during the holiday weekend.

“Veterans Day is a time to reflect on the heroic sacrifices of the women and men of our armed services,” Governor McDonnell said. “I encourage all Virginians to take time this year to thank one of the more than 840,000 veterans who call Virginia home. These initiatives at our beautiful state parks are another small way by which we can express our gratitude and honor their service to our Commonwealth and our nation.”



Over the holiday weekend, Virginia State Parks will also present special nature and history programs, flag retirement ceremonies, and other events to honor veterans and their families.

Sailor's Creek Battlefield Historical State Park in Rice will feature a luminary program November 9. The program begins with a flag retirement ceremony and includes a living history walk with costumed interpreters along a luminary-lined trail. On Veterans Day the park will offer ranger-led tours of the Hillsman House, which served as a Federal field hospital during the evening of April 6, 1865.

Westmoreland State Park in Montross will host a Veterans Appreciation event on November 11. Attendees can write thank you notes to deployed troops and are invited to bring non-perishable items for care packages to accompany the thank you notes. Douthat State Park in Millboro will also offer an opportunity to write thank you notes to service men and women abroad. Belle Isle State Park in Lancaster, First Landing State Park in Virginia Beach, Powhatan State Park in Powhatan, and Shenandoah River State Park in Bentonville will be collecting and/or making care packages for service members on November 11.

On November 11, Wilderness Road State Park in Ewing will offer "Heroes of American History" a tribute to veterans featuring historical flags from the Revolutionary War to today's Old Glory as well as costumed interpreters representing service men and women through history.

High Bridge Trail State Park in Farmville will host a reception for veterans and their families at the Farmville Train Station on November 11. Shuttles will run from the train station to High Bridge for the opportunity to visit the bridge and enjoy a special Civil War history program.

For a complete list of programs and dates please visit <http://1.usa.gov/17mlcaD>.

For a longer visit to a Virginia State Parks cabin or campsite, the weekday fall getaway cabin discount runs through November 14 and provides a 25 percent discount for Sunday through Thursday nights, with the special code FALL25. Reservations can be made by calling 800-933-7275 or online at www.virginiastateparks.gov.

VCU Fall GeroSTAT Symposium

Cecily Slasor, Administrative Support

Are you a healthcare professional searching for more ways to integrate person-centered care in your workplace?

Are you searching for new ways to measure and report how "person-centered" your workplace is?

Operationalizing Person-Centered Care in a Healthcare Setting:



Continuous Improvement

SAVE THE DATE!

Date: November 14, 2013

Time: 10:00 am - 3:30 pm

Location: Imperial Plaza

Auditorium

1717 Bellevue Avenue

Richmond, Va. 23227

5 Contact Hours

Cost: \$85

\$115 for Six Sigma White Belt Certification

Instructors:

Jaime Devine, Process Improvement Professional and Certified Lean Six Sigma Black Belt Instructor

Katie Gilstrap, MBA, Principal at Lift Caregiving and Instructor for the VCU School of Business

Jay White, MS (Gerontology) and Director of Professional and Community Development, VCU Department of Gerontology

Learning Objectives:

At the conclusion of this program, participants will have:

- An increased understanding of concepts of Person-Centered Care
- An increased understanding of Lean Six Sigma improvement methods
- An increased understanding of Best Practices for integrating and measuring Person-Centered Care in a healthcare setting
- An increased understanding of the value-add that Person-Centered Care can bring to continuous improvement in a business model

To register for 5 Contact Hours, [please click here.](#)

To register for 5 Contact Hours plus Six Sigma White Belt Certification, [please click here.](#)



For more information, please contact agingstudies@vcu.edu.

Upcoming Webinar: HIV & Aging: What You Need to Know

Carmen D. (ACL/ORO/Region II)

[Register Online Now!](#)

[Webinar: HIV & Aging: What You Need to Know](#)

Featuring ACRIA'S Mark Brennan-Ing, PhD and Brian de Vries, PhD.

Presented by ASA's LGBT Aging Issue Network (LAIN).

WHEN: Thursday, November 7

TIME: 10 AM - 11 AM PST

It is estimated that by 2015, 50% of those living with HIV will be at least 50 years of age, a proportion that will rise to 70% by 2020. This is a remarkable shift from just 30 years ago when HIV/AIDS was considered a "death sentence" imparted upon mostly younger men who have sex with men. However, there are still challenges to aging with the virus given the phenomenon some have described as accelerated or accentuated aging. That is, many of these older adults are experiencing multiple comorbid conditions decades earlier than their non-infected peers. The diversity of experiences of aging with HIV remains a novel and consequently poorly understood phenomenon.

This webinar will review some of the most current research on aging with HIV/AIDS primarily drawing from two large recent studies in San Francisco and New York City. Common patterns and city-specific differences will be noted focusing on physical and mental/behavioral health issues, and how these impact the need for and utilization of informal social support and caregiving resources, as well as formal community-based health and social services. Implications of these findings will be discussed with particular relevance for policy, service providers and funders.

Participants in this web seminar will be able to:

- Understand the epidemiology of HIV and aging, and the changing demographics of this population.
- Identify the specific health conditions, comorbidities, and conditions of aging with HIV.
- Understand the informal social networks of older adults with HIV and provision of caregiving and other assistance.

State the service use and need patterns of persons aging with HIV.

[CLICK HERE TO REGISTER ONLINE](#)

Follow HIV and Aging information with ACRIA:

<https://www.facebook.com/AgeIsNotACondomACRIA>

www.ageisnotacondom@acria.org

POMP To Go Webinars

Elaine S. Smith, MS, RD, Program Coordinator



POMP To Go Webinars

What is POMP to Go? POMP stands for Performance Outcomes Measurement Project

Why is performance measurement important for you?

Performance measurement data is useful for:

- Monitoring and improving the quality of services;
- Examining the effect of services on recipients; and
- Providing empirical evidence on which to base program improvements and funding decisions.

But where do you start? What outcomes are you looking for? How do you do it? What does it cost? What does it matter? Join the National Resource Center on Nutrition and Aging for two free webinars:



POMP To Go Part 1: How to Start Measuring Your Performance?

Date: November 12, 2013

Time: 3:30 p.m. to 4:45 p.m. Eastern
(2:30 p.m. Central / 12:30 p.m. Pacific)

Description

This session will provide an overview of the POMP Toolkit, the tools and procedures as well as examples of how states, area agencies and local service providers have used them. For example, how many people do you need to survey, what methods can be used to survey, and can you do this as a part of your current existing data collection system? There will be time to ask questions about how to apply the tools and procedures to your local situation.

Free Registration: [POMP to Go Part 1](#)

URL: <http://www.media-server.com/m/p/vctiqh9r>

POMP To Go Part 2: How to Successfully Use Your Data?

Date: November 14, 2013

Time: 3:30 p.m. to 4:45 p.m. Eastern
(2:30 p.m. Central / 12:30 p.m. Pacific)

Description

This session will provide specific examples about how states, area agencies and local service providers have used the information they gathered to improve programming, secure funding, and expand service. There will be an interactive exercise to help you plan your data collection efforts using the POMP toolkit resources along with time for questions and answers.

Free Registration: [POMP To Go Part 2](#)

URL: <http://www.media-server.com/m/p/4azu8crr>

The Performance Outcomes Measurement Project (POMP) Toolkit provides step-by-step instructions on how to use the POMP tools and methods and how use the results for program improvement. Funded by the Administration for Community Living (ACL) which includes the Administration on Aging within the U.S. Department of Health and Human Services, tools have been developed for services such as nutrition, transportation, and case management. This



tremendous resource is publically available through the POMP website (http://www.aoa.gov/AoAroot/Program_Results/POMP/index.aspx).

For information regarding the National Resource Center Momentum Series including this and previous webinar recordings go to:

<http://nutritionandaging.org/professional-development/momentum-51064>

Contact: ResourceCenter@mowaa.org

Website: <http://nutritionandaging.org/>

This project was supported, in part by grant number 90NU0001/01 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

NASUAD Friday Updates

Cecily Slasor, Administrative Support

FRIDAY UPDATES

NASUAD

November 1, 2013

In This Issue

- *NASUAD: Register for 2013 Hawaii HCBS Conference!**
- *NASUAD: November Edition of the Medicaid Expansion Tracker Now Available**
- *CMS: Federal Guidance on Open Enrollment**

From NASUAD

Hawaii HCBS Conference: A National Perspective for Local Aging and Disability Professionals

The Hawaii Executive Office on Aging has partnered with the NASUAD to host the **2013 Hawaii HCBS Conference**. Participants will include federal, state, and local policymakers and those who administer, manage and



***CMS Disability-Competent Care
Webinar Series**

***CMS: New Resource for American
Indians and Alaska Natives**

***HHS: Join HHS for National Health
Security Strategy Stakeholder
Meetings**

***DOL: Home Care Final Rule
Webinars**

***SAMHSA: "Getting Ready for the
Health Insurance Marketplace"
Toolkit**

***Congress: Senate HELP Committee
Approves OAA Reauthorization Bill**

***Congress: Senate Foreign Relations
Committee Hearing on the Disability
Rights Treaty**

***AcademyHealth: Webinar Series on
Premium Tax Credits**

***ADAP Advocacy Association:
Webinar on the Impact of the ACA,
Medicaid Expansion & HIV/AIDS**

***Aging Network Volunteer
Collaborative: Got an Hour? Give it
Back Campaign**

***Aging Network Volunteer
Collaborative: PowerUP! Technical
Assistance Training**

***Alzheimer's Foundation: Nov 19th
is National Memory Screening Day**

***ASA: Register for Aging in America
60th Anniversary Conference**

**CFPB: New Guides for Financial
Caregivers**

***Council on Aging of Southwestern**

deliver waiver and other HCBS programs. Presentations and workshops will be provided by leaders from the U.S. Health and Human Services Administration; the National Association of States United for Aging and Disabilities; the National Association of Area Agencies on Aging; the National Council of Independent Living, and many others on national trends and innovations in aging and disability programs.

When: December 2-5, 2013

Where: Hyatt Regency Waikiki Beach Resort and Spa, Honolulu, HI

[Click here](#) to register.

[Click here](#) to learn more.

November Edition of the Medicaid Expansion Tracker Now Available

The State Medicaid Expansion Tracker is a NASUAD publication that focuses on actions and activities around the implementation of the Affordable Care Act's (ACA) optional Medicaid expansion.

In June 2012, the Supreme Court found all of the ACA to be constitutional, except the application of the Medicaid expansion as a mandate. To remedy this aspect of the law while leaving the rest intact, the Court essentially made state participation in the expansion optional by limiting the penalty for non-compliance to a loss of federal funding associated with the expansion only, rather than all of the state's Medicaid funding.

With coverage of this new adult population now optional, state officials have spent the intervening months weighing participation in the expansion, with varying results. To monitor state trends and progress around this issue, NASUAD has drawn from a variety of sources to compile the **State Medicaid Expansion Tracker**. We expect to update this analysis regularly, as 2014 approaches.

[Click here](#) to access the latest version of the Medicaid Expansion Tracker.

National I&R Support Center

November 16th is National I&R

Ohio: Two-Day Seminar for AAA Leaders

***Diverse Elders Coalition Webinar: Why Obamacare Matters to Diverse Older People**

***HCBS-TA.org Provides Technical Assistance for HCBS Waivers and State Plan Amendments**

***NASI Releases New Fact Sheets on Cost-of-Living Adjustment**

***NELP: Fact Sheet on Home Care Workers**

***NSCLC: Webinar on the Affordable Care Act**

***RWJF: Apply to Become a Health Policy Fellow**

***November Observance**

***Friday Updates Archive**



Check out NASUAD iQ!

Services Day

In late 2011, the U.S. Senate passed S.RES.241 designating November 16, 2011 as the first "National Information and Referral (I&R) Services Day." The celebration of National I&R Day continues each year on November 16, to help highlight the importance of the I&R field. People in search of critical services such as financial assistance, food, shelter, child care, jobs, or mental health support often do not know where to begin to get help, or they get overwhelmed trying to find what they need. I&R departments across the country make this information available to the public with one simple phone call, text message, or website search.

The Alliance of Information and Referral Systems (AIRS) has created a National I&R Day logo and compiled a press release for individual I&R organizations to use to help get the word out about I&R Day. Please help spread the word, and celebrate the great work of your state and local I&R departments.

[Click here](#) to access the National I&R Day logo and press release that can be modified to your organization.

From the Administration

Centers for Medicare & Medicaid Services

Federal Guidance Clarifies that Those Who Purchase Coverage During Open Enrollment Will Not be Subject to Penalties

On October 28, 2013, the federal government issued guidance related to the implementation of the Affordable Care Act (ACA). This most recent guidance clarifies the dates by which individuals can purchase coverage through the marketplace and avoid being subject to the penalty for not maintaining minimal essential coverage.

Prior to the release of this guidance, an individual could purchase insurance through the marketplace during the latter part of open enrollment (between February 16 and March 31, 2014) and still be liable for a penalty because of when their coverage would take effect. This guidance ensures that anyone purchasing their insurance coverage at any time during the open enrollment period meets the



coverage requirements for 2014, and therefore allows them to avoid the tax penalty.

[Click here](#) to view the CMS Shared Responsibility Provision Q&A.

CMS Disability-Competent Care Webinar Series

The Disability-Competent Care Model is a resource for providers, health plans, and healthcare organizations to enhance capacity to integrate care for adults with disabilities. This webinar series is sponsored by the CMS Medicare-Medicaid Coordination Office.

Title: Managing Transitions

When: Tuesday, November 5, 2013 at 2:00 p.m. ET

Topics that will be covered:

- Defining transitions
- Presenting the Transitional Care Model
- Understanding the need for managing non-medical transitions
- Exploring special considerations for managing transitions of adults with disabilities

Title: Flexible Long Term Services and Supports

When: Tuesday, November 12, 2013 at 2:00 p.m. ET

Topics that will be covered:

- Understanding the disconnect between medical care and long-term services and supports
- Coordinating all health care services and supports
- Understanding the roles and responsibilities of the disability-competent interdisciplinary care team
- Understanding and supporting participant choices for community-based living
- Promising practices in Long Term Supports and Services/Durable Medical Equipment allocation
- Supporting employment and community participation

[Click here](#) to register for the webinars.

New Resource for American



Indians and Alaska Natives

CMS, the Administration on Community Living, and the Indian Health Service, jointly developed a new website, [American Indian/Alaskan Native Road map to Long Term Services and Supports](#). This new resource offers a step-by-step planning process for addressing Long Term Services and Supports needs in tribal communities. Each step helps planners and health professionals think broadly and strategically about participant needs, resources for services, and opportunities for collaboration.

Department of Health and Human Services

National Health Security Strategy Stakeholder Meetings

The U.S. Department of Health and Human Services (HHS) [Office of the Assistant Secretary for Preparedness and Response](#) (ASPR) is holding stakeholder meetings about the development and implementation of the 2014 National Health Security Strategy (NHSS). The meetings will be held on **November 7, 2013**, 1:00-2:30 p.m. ET, and **November 12, 2013**, 1:00-4:00 p.m. ET. The meetings will be open to the public and available via webinar.

The meeting will be held at the Office of the Assistant Secretary for Preparedness and Response, Thomas P. O'Neill Federal Building, 200 C St. SW, Washington, DC 20024.

Email NHSS@hhs.gov for more information on the meetings.

Department of Labor

Home Care Final Rule Webinars

The Department of Labor (DOL) has rescheduled their public webinars to help families, other employers, workers, and advocates learn more and ask questions about the Home Care Final Rule, which extended the FLSA's minimum wage and overtime protections to our nation's home care workers. Previously scheduled webinars had to



be canceled due to lack of appropriations. Below are new webinar dates and registration links. **If you had already registered for a Regional webinar, there is no need to re-register:**

Northeast Region (ME, NH, VT, MA, RI, CT, NY, PA, NJ, DE, MD, DC, VA, WV, PR): Was held on October 31.

Western Region (AZ, NV, CA, OR, WA, ID, HI, AK): Tuesday, November 5, from 10:00-11:30 a.m. Pacific. [Click here to register.](#)

Midwest Region (OH, MI, IN, IL, WI, MN, IA, MO, NE, KS): Thursday, November 7, from 12:00-1:30 p.m. Central. [Click here to register.](#)

Southeast Region (KY, TN, NC, SC, GA, FL, AL, MS): Tuesday, November 12, from 2:00-3:30 p.m. Eastern Time, and 1:00-2:30 p.m. Central. [Click here to register.](#)

Southwest and Mountain Regions (LA, TX, AR, OK, NM, CO, WY, UT, MT, ND, SD): Thursday, November 14, from 2:00-3:30 p.m. Central, 1:00-2:30 p.m. Mountain. [Click here to register.](#)

DOL has posted information about the Final Rule along with webinar registration instructions at their new Home Care website: www.dol.gov/whd/homecare.

Substance Abuse and Mental Health Services Administration

Getting Ready for the Health Insurance Marketplace Toolkit

The "[Getting Ready for the Health Insurance Marketplace Toolkit](#)", provided by the HHS Substance Abuse and Mental Health Services Administration, will be available online until **December 10, 2013**.

The toolkit is designed to help behavioral health organizations prepare for open enrollment. It explains how the health care law helps people with mental and



substance use disorders, outlines how to use the Health Insurance Marketplace, and provides a wealth of communications ideas and materials focused on getting the word out to uninsured individuals.

From Congress

Senate HELP Committee Approves OAA Reauthorization Bill

During its October 30 Executive Session, the Senate Committee on Health, Education, Labor, and Pensions (HELP) unanimously advanced the Older Americans Act Reauthorization Act of 2013 (S. 1562) by voice vote and without amendment. The bill's next procedural steps include consideration by the full Senate. However, this timeline, as well as the impact of any intermediate discussions, is not yet known.

As expected, Sen. Burr (R-NC), Ranking Member of the HELP Subcommittee on Primary Health and Aging, offered an amendment during the hearing to eliminate the Hold Harmless provision in the Older Americans Act (OAA) Title III Funding Formula. Though seven Senators voted in Burr's favor, 14 voted against, effectively defeating the amendment. Senators Hagan (D-NC) and Franken (D-MN) joined five Committee Republicans in support of the amendment, while Senators Hatch (R-UT), Roberts (R-KS), Murkowski (R-AK), and Kirk (R-IL) voted with a majority of Democrats in opposition.

Prior to the vote, several Committee members weighed in on the proposed change, many of whom expressed a desire to examine the issue further. To that end, HELP Committee Chairman Tom Harkin (D-IA) pledged to form a bipartisan HELP Committee working group to explore lawmakers' concerns, likely in advance of the full Senate's consideration of the bill. The composition and purview of the potential working group has yet to be announced.

NASUAD was pleased to see S. 1562 advance out of Committee. This significant achievement would not have been possible without the skillful leadership of Chairman Harkin, Ranking Member Lamar Alexander (R-TN), and Sen. Sanders (I-VT), Chairman of the HELP Subcommittee on Primary Health and Aging. In addition to sponsoring S. 1562, their offices spearheaded the bipartisan efforts that led to the bill's development.



While the Committee's approval was critical in allowing S. 1562 to move forward and the reauthorization process to continue, the introduction of funding formula discussions into the negotiations is expected to complicate the bill's movement through the Senate. As this process unfolds, NASUAD will remain committed to a bipartisan reauthorization that protects and strengthens the OAA. We look forward to continued engagement with stakeholders and policymakers in furtherance of this goal.

For More Information:

- To view a recording of the Executive Session, please follow [this link](#).
- Sen. Harkin's statement on the HELP Committee's Executive Session is available [here](#).
- The statement from Sen. Sanders is available [here](#).
- Sen. Burr also issued a statement, available [here](#).
- NASUAD's letter of support for S. 1562, is available [here](#).

Senate Foreign Relations Committee Hearing on the Disability Rights Treaty

Robert Menendez (D-NJ), Chairman of the Senate Foreign Relations Committee, has scheduled the first of two hearings on U.S. Ratification of the Disability Treaty, Convention on the Rights of Persons with Disabilities (CRPD) for **Tuesday, November 5, 2013**. The hearing will be held in room 419 of the Dirksen Senate Office Building, at 2:30 p.m.

[Click here](#) for more information on the hearing.

From Other Organizations

AcademyHealth



Webinar: Helping Consumers Understand Premium Tax Credits, Avoid Re-payment Obligations, and Select Plans

As health insurance marketplaces open in every state, consumers are seeking to understand their eligibility for tax credits and cost-sharing reductions and how to use them as they shop among qualified health plans.

Manatt Health Solutions, with support from the State Health Reform Assistance Network (State Network), has prepared a series of slide presentations to help states and their "assisters" address some of the issues most confounding consumers. The webinar, entitled *Plan Selection Assistance*, will be held on **November 22, 2013**, 3:00 p.m. ET.

[Click here](#) to register.

[Click here](#) for more information on the webinar series.

ADAP Advocacy Association

Webinar: Impact of the Affordable Care Act, Medicaid Expansion & Insurance Exchanges on HIV/AIDS and Viral Hepatitis Services

[The AIDS Drug Assistance Program \(ADAP\) Advocacy Association](#), in partnership with the [Community Access National Network](#) (CANN) [Great Lakes ADA Center](#), and [HealthHIV](#) is hosting an educational webinar. The webinar, themed "Impact of the Affordable Care Act, Medicaid Expansion & Insurance Exchanges on HIV/AIDS and Viral Hepatitis Services," will be open to all HIV/AIDS and Viral Hepatitis stakeholders nationwide. The webinar will be held on **November 6, 2013**, 2:00 - 3:00 p.m. ET.

[Click here](#) to register for the webinar.



Aging Network Volunteer Collaborative

Got an Hour? Give it Back Campaign

NASUAD, a partner in the Aging Network Volunteer Collaborative presented two webinars in October introducing the Got an Hour? Give it Back Campaign to draw new volunteers into the aging network. The Campaign's website (GiveitBacktoSeniors.org) includes a search tool for individuals to find local volunteer opportunities with seniors in their neighborhoods. The search tool works in connection with the website VolunteerMatch.org.

To assist with the launch of the campaign, the Volunteer Collaborative encourages all local programs to post their volunteer opportunities on VolunteerMatch.org. This will help ensure that interested volunteers can find a variety of conveniently-located opportunities that can be one-time special events, such as Thanksgiving meal delivery or on-going projects - any way your agency can use some assistance.

For more information, and for recordings of the webinars, visit giveitbacktoseniors.org.

PowerUP! Technical Assistance Training

PowerUP! Technical Assistance Training

The Aging Network's Volunteer Collaborative, including NASUAD as a partner, invites you to join one of our 10 PowerUP! technical assistance trainings throughout the country beginning in January 2014, to learn how to extend your agency's services through older adult volunteers. PowerUP! enables you to create new and enhanced volunteer roles that increase your organization's capacity, and to get more done through engaging teams of older adult volunteers.

Through its 10 regional PowerUP! Training Institutes, the Volunteer Collaborative seeks to work with leaders in the Aging Network who are ready to participate in and become a sustaining force in the PowerUP! Movement. The training shows you how to form self-directed teams of



volunteers and to integrate PowerUP! concepts throughout your organization's programs, staff, and volunteers. Components of the training include:

- [An explanation of PowerUP!](#)
- [Why your organization should invest in a new volunteer engagement strategy](#)
- [An explanation of how the PowerUP! Training Institute works](#)

[Click here](#) to register for an informational webinar on Wednesday, **November 6, 2:00-3:00 p.m.** ET.

To participate in one of the PowerUP! Training Institutes, interested participants must submit a [Letter of Interest](#) by November 29, 2013, and n4a will respond with next steps.

Contact Patricia Reid, preid@n4a.org with questions.

Alzheimer's Foundation

Nov 19th is National Memory Screening Day

The Alzheimer's Foundation of America is sponsoring the 11th annual National Memory Screening Day on **November 19, 2013**. Community sites will offer free, confidential screenings and educational materials about memory problems, caregiving, and successful aging.

[Click here](#) for more information on how to participate in National Memory Screening Day.

American Society on Aging

Registration for ASA's Aging in America 60th Anniversary Conference Open

The Aging in America Conference will take place in San Diego on **March 11-15, 2014**. Attendees who register for the 2014 Aging in America Conference before **November 15, 2013**, will be entered to win a roundtrip ticket for Southwest Airlines. Learn from the experts and gain new insights from this community of 3,000 engaged



professionals at the largest multidisciplinary conference on aging in the nation.

[Click here](#) for more information and to register.

Consumer Financial Protection Bureau

New Plain-Language Guides for Financial Caregivers

Working to empower older Americans to make sound financial decisions and be economically secure, the Consumer Financial Protection Bureau (CFPB) recently released four easy-to-understand booklets to help financial caregivers. The *Managing Someone Else's Money* guides are for agents under [powers of attorney](#), [court-appointed guardians](#), [trustees](#), and [government fiduciaries](#) (Social Security representative payees and Veterans Affairs fiduciaries.)

The guides help financial caregivers in three ways:

- By walking the caregiver through his or her duties.
- By telling caregivers how to watch out for scams and financial exploitation, and what to do if their loved one is a victim.
- By providing the caregiver with resources, including where to turn for help.

Additional resources for older Americans and their families are available [here](#).

Council on Aging of Southwestern Ohio

Council on Aging of Southwestern Ohio to Host a Two-Day Seminar for AAA Leaders

On **November 14 & 15, 2013**, the Council on Aging of Southwestern Ohio will be hosting a two-day seminar for Area Agencies on Aging leaders entitled, "Moving from Area Plans, Advocacy and Allocations to Strategic



Planning, Positioning and Pricing." In this interactive seminar, participants will learn practical ways to begin shifting AAA culture, position their agency to compete, adapt to the new pay-for-performance marketplace and develop a business model. The seminar will provide attendees with tools to create a strategic plan and develop pricing and performance management programs that work.

This seminar is intended for AAA leaders responsible for readying their organization to shift from the fee-for-service to the pay-for-performance model of health and long-term care delivery. It is highly recommend that both Finance and Program staff attend this seminar together.

Location: Miami University Voice of America Campus, 7847 VOA Park Drive, West Chester, OH 45069
[Click here](#) for more information on the seminar.

Diverse Elders Coalition

Diverse Elders Coalition Webinar: Why Obamacare Matters to Diverse Older People

The Diverse Elders Coalition, comprised of five national organizations advocating for policies and programs that improve aging for diverse older people, will host a webinar on **Wednesday, November 6, 2013**, 2:00 p.m. to 3:00 p.m. ET, to discuss the ACA's impact on diverse older adults.

This webinar will highlight both national and state-specific examples on what is being done to ensure that older people know about the changes that are taking place under the ACA and how it affects them. Speakers include: Dr. Yanira Cruz, President and CEO of the National Hispanic Council on Aging; and Michael Adams, Executive Director of Services and Advocacy for GLBT Elders.

[Click here](#) to register for the webinar.

HCBS-TA.org

HCBS-TA.org Provides Technical



Assistance for HCBS Waivers and State Plan Amendments

Sponsored by the Centers for Medicare & Medicaid, HCBS-TA.org provides technical assistance on a variety of topics to state agencies pursuing 1915(c), 1915(i) and 1915(j) Home and Community Based Services waivers and state plan amendments.

The website also provides free resources such as:

- [Individual Budgeting Methods](#) which reflects work done with various states to redesign systems to make better use of available funds now and for the future;
- [Organized Health Care Delivery Systems \(OHCDs\)](#) includes information and Q&A related to the use of an OHCDs option in home and community based waiver services.
- [Authority Comparison Table](#) allows quick comparisons of numerous aspects of 1915(c), 1915(i), 1915(j) and 1115 authorities.

Visit HCBS-TA.org for more information.

National Academy of Social Insurance

NASI Releases New Fact Sheets on Cost-of-Living Adjustment

The Social Security Administration announced this week that beneficiaries will see a 1.5% Cost-of-Living Adjustment (COLA) beginning in their January 2014 checks.

- The COLA for 2014 will be 1.5% - slightly below last year's COLA of 1.7%, and below the average of 2.7% since 1990.
- The increase will become effective with December 2013 benefits, payable in January 2014.
- The COLA calculation is based on the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W), produced by the Bureau of Labor Statistics (BLS).
- Earnings subject to Social Security taxes will be capped at \$117,000 in 2014, compared to \$113,700 in 2013. About 6 percent of workers have earnings



above the cap.

In response, the National Academy of Social Insurance (NASI) developed two fact sheets which discuss the potential effects of using different measures of inflation to calculate the Social Security cost-of-living adjustment (COLA):

- [Should Social Security's Cost-of-Living Adjustment Be Changed?](#)
- [How Would Shifting to a Chained CPI Affect the Federal Budget?](#)

National Employment Law Project

Fact Sheet on Federal Minimum Wage and Overtime Protections for Home Care Workers

The National Employment Law Project (NELP) released a new fact sheet on the U.S. Department of Labor's final regulations on the companionship exemption. The new regulations become effective in **January 2015**. The fact sheet entitled, [Federal Minimum Wage and Overtime Protections for Home Care Workers](#), outlines the major regulatory changes made to the Fair Labor Standards Act (FLSA) and their effects on workers, the industry, and the states.

NELP explains the two major changes made to the companionship regulations. First, the definition of exempt "companionship services" has been narrowed to cover primarily "fellowship and protection." Second, all home care aides employed by third-party agencies (i.e., a home care agency or a state intermediary) are covered by the new rules, which include extending federal minimum wage and overtime protections to this workforce.

[Click here](#) for more information on the final rules: history, summary, anticipated impact and additional resources.



National Senior Citizens Law Center

NSCLC Webinar on the Affordable Care Act (ACA)

On **November 6, 2013**, from 2:00 - 3:00 p.m. ET, the National Senior Citizens Law Center (NSCLC) will host a webinar entitled, *The Affordable Care Act: What it Means for Seniors*. The webinar will cover:

- What is expansion Medicaid and who is eligible
- What are the healthcare exchanges and who is eligible
- How are seniors impacted by these programs, including a discussion of the transition from these programs when an individual turns 65 or obtains Medicare
- Other changes under the ACA impacting Medicare

The presentation is most relevant to people in states that have chosen to expand access to Medicaid, though all may participate.

[Click here](#) to register for the webinar.

Robert Wood Johnson Foundation

Apply to Become an RWJF Health Policy Fellow

The [Robert Wood Johnson Foundation Health Policy Fellows program](#) provides a comprehensive fellowship experience at the nexus of health science, policy and politics in Washington, D.C. It is an opportunity for exceptional midcareer health professionals and behavioral and social scientists with an interest in health and health care policy promoting the health of the nation. Fellows participate in the policy process at the federal level and use that leadership experience to improve health, health care and health policy. The application deadline is **November 13, 2013**.



[Click here](#) for more information on the purpose, funding, key dates and eligibility for this fellowship.

November Observance

National Family Caregivers Month 2013

November is National Family Caregivers Month. This year's theme is "Family Caregivers - Now More Than Ever!" The [media toolkit](#) is now available for download. The toolkit includes:

- [National Family Caregivers Month background information](#)
- [2013 Posters: Download for free!](#)
- [Sample Proclamation](#)

Friday Updates Archive

Did you miss a previous issue? Check out [past Friday Updates](#).

Training to Address Substance Use Disorders in Adults:

Save the Date

Charlotte Arbogast, MSG, for Christine Jensen, Ph.D.

Attached please find a notice for a December training that our Center is organizing in the SBIRT (Screening, Brief Intervention, and Referral to Treatment) Model, to address substance use disorders in adults.

You may register online at <http://www.excellenceinaging.org/sbirt.html>

Please feel free to contact me with any questions.

Christine J. Jensen, Ph.D.

Director, Health Services Research

Riverside Center for Excellence in Aging and Lifelong Health



Williamsburg, VA

757-220-4751

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www.excellenceinaging.org

National Family Caregiver's Month Activities

Charlotte Arbogast, MSG, for Christine Jensen, Ph. D.

In honor of November being National Family Caregiver's Month and National Alzheimer's Disease Awareness Month, I'm pleased to share some of our related activities.

Please feel free to drop by our Open House next Tuesday, Nov. 12th, between 1-4pm. Details on the attached flyer.

Christine J. Jensen, Ph.D.

Director, Health Services Research

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SAVE THE DATE!

Training to Address Substance Use Disorders in Adults **A Change In How We Address Substance Use Problems:** **A New Public Health Approach**

SBIRT

Screening, Brief Intervention and Referral to Treatment

Why should I implement SBIRT in my practice or clinic?

December 5th, 2013 - 7:00am-8:30am & 5:30pm-7:00pm

The Riverside Doctors' Hospital
1500 Commonwealth Ave Williamsburg, VA 23185

Reconceptualizing how we understand substance use problems

December 6th, 2013 - 9:00am-11:00am

The Pavilion
5483 Mooretown Road, Williamsburg, VA 23188

This FREE training is designed for healthcare providers, physicians and nurses, and other health or psychosocial practitioners who care for patients.

Featuring master trainer and nationally recognized expert:

Stephen O'Neil, MA, Director Georgia BASICS Screening, Brief Intervention, and Referral to Treatment Project, Georgia Department of Behavioral Health and Developmental Disabilities Division of Addictive Diseases. He has worked in the field of addiction counseling and administration for over 28 years. Additional experience presenting for the Atlanta Area Coalition on Aging and Mental Health (AACAMH) in Partnership with the Atlanta Regional Geriatric Education Center.

Register by November 25th by calling 757-220-4751 or visiting www.excellenceinaging.org. Click on "Community Support" and find SBIRT Training under "Current Events"



November Events with CEALH

- Mondays, November 4-November 25th, 3-5:15pm,
“Caring For You, Caring For Me” Education and Support Program, Heritage
Public Library, New Kent, VA (call 757-220-4751 to register)
- Thursday, November 7th, 11am Presentation on Caregiving, Hampton, VA
(by Christine Jensen, Ph.D.)
- Tuesday, November 12th, 1-4pm, CEALH Open House; drop by our
Resource Room, complete a free memory screen or have your blood pressure
checked and meet our Care Navigators
- Wednesday, November 20th, 12pm Presentation on Caregiving, Woman’s
Club, Williamsburg (by Christine Jensen, Ph.D.)
- CEALH is sponsoring an Alzheimer’s disease trial for persons in the mild to
moderate stage. Call 757-220-4751 or
email gkvananaugh@excellenceinaging.org for more information. Enrollment
starts soon.

***November is National Family Caregiver’s Month and
National Alzheimer’s Disease Awareness Month!***

**NATIONAL
FAMILY CAREGIVERS
MONTH**
November 2013

CAREGIVER
ACTION
NETWORK

CAN

alz.org | alzheimer’s association



**Riverside Center for Excellence in Aging and Lifelong Health
3901 Treyburn Drive, Suite 100
Williamsburg, VA 23185**