



VDA WEEKLY E-MAILING

February 4, 2014

Table of Contents

[ACL Weekly Update](#)

[NASUAD Weekly Update](#)

[YouTube 40th Anniversary Videos](#)

[Recreation Specialist Position at Adult Day Care](#)

[Conference: Understanding and Caring for Older Adults with Mental Illness](#)

[Commonwealth Community Trust \(CCT\) 2013 Report](#)

[Webinar: Immigration and Refugee Resources for Older Adults and People with Disabilities](#)

[UVA Weldon Cooper Center 2013 Population Estimates for VA](#)

[Virginia Board for People with Disabilities Programs](#)

[Chronic Disease Self-Management Program Master Training Event](#)

[Prince William Area Long-Term Care Ombudsmen Honored](#)

ACL Weekly Update

Here is a link to the weekly Administration for Community Living (ACL) update:

<http://www.acl.gov/NewsRoom/eNewsletter/CurrentNewsLetter.pdf>

NASUAD Weekly Update

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update where you can sign up or view the current and archived editions:

http://www.nasud.org/newsroom/friday_updates/friday_updates.html

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229

Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



YouTube 40th Anniversary Videos

Tim Catherman, Director Aging Operations

Recently, at least two AAAs have produced YouTube videos celebrating 40 Years as an AAA. Below are links to two of them.

[Senior Services of Southeastern Virginia - 40 Years](#)

[Senior Connections on Parade 1973 - 2013](#)

Recreation Specialist Position at Adult Day Care

Cecily Slasor for Courtney Tierney, Director Prince William Area Agency on Aging

We have an opening for a recreation specialist at our Adult Day Care, in case you have a mechanism to distribute the notice. Thanks, CT

http://agency.governmentjobs.com/pwcgov/default.cfm?action=viewJob&jobID=802602&hit_count=yes&headerFooter=1&promo=0&transfer=0&WDDXJobSearchParams=%3CwddxPacket%20version%3D%271%2E0%27%3E%3Cheader%2F%3E%3Cdata%3E%3Cstruct%3E%3Cvar%20name%3D%27CATEGORYID%27%3E%3Cstring%3E%2D1%3C%2Fstring%3E%3C%2Fvar%3E%3Cvar%20name%3D%27PROMOTIONALJOBS%27%3E%3Cstring%3E0%3C%2Fstring%3E%3C%2Fvar%3E%3Cvar%20name%3D%27TRANSFER%27%3E%3Cstring%3E0%3C%2Fstring%3E%3C%2Fvar%3E%3Cvar%20name%3D%27FIND%5FKEYWORD%27%3E%3Cstring%3E%3C%2Fstring%3E%3C%2Fvar%3E%3C%2Fstruct%3E%3C%2Fdata%3E%3C%2FwddxPacket%3E

Courtney S. Tierney, MSW, CIRS-A
Director, Prince William Area Agency on Aging
5 County Complex Court, Suite 240
Woodbridge, VA 22192
Office: 703-792-6406 Cell: 571-641-0773
FAX: 703 -792-4734 Interoffice: DS995
www.pwcgov.org/aging
You Can't Live Without Aging!



Understanding and Caring for Older Adults with Mental Illness

Charlotte Arbogast, MSG, Dementia Services Coordinator

LYNCHBURG COLLEGE HEALTH TRAINING CONSORTIUM PRESENTS

Understanding and Caring for Older Adults with Mental Illness

Tuesday, March 11, 2014

8:30 a.m. - 12:30 p.m.

(Check-In: 8 - 8:30 a.m.)

Sydnor Auditorium

Schewel Hall

Lynchburg College

1501 Lakeside Drive, Lynchburg, Va.

This activity has been submitted to the Virginia Nurses Association for approval to award contact hours. The Virginia Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. All participants will receive a certificate of attendance. Lynchburg College CEU's are available upon request. Students registered are ineligible for CEUs.

Speakers:

- Dr. Peter Betz, Medical Director of Geriatric Psychiatry, Piedmont Psychiatric Center, Centra
- Dr. Michael Williams Sr., Assistant Professor, Counselor Education, Lynchburg College

Fees:

- \$50 for non-Consortium members
- \$45 for Consortium members
- \$20 for Certified Nursing Assistants
- \$10 for students

Registration Deadline: March 1, 2014

The link to the registration is: <http://www.lynchburg.edu/files/documents/mental-illness-registration.pdf>.



For questions, contact the Beard Center on Aging at Lynchburg College at: (434) 544-8456

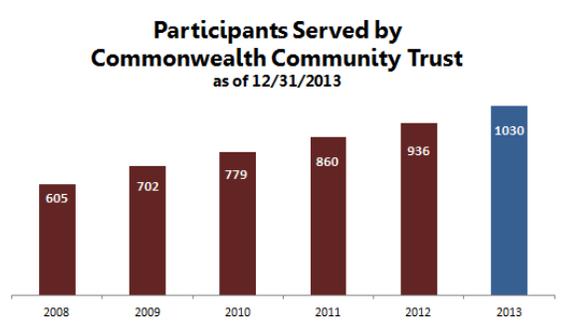
Commonwealth Community Trust (CCT) 2013 Report

Cecily Slasor, for Joanne Marcus, Executive Director CCT



Commonwealth Community Trust (CCT) appreciates the referrals that we receive from so many of you on behalf of your clients with a disability.

At the end of 2013, CCT reached an important milestone of having served *over 1000 participants* since inception. We are proud of our growth and the work that we do. We recognize that our success comes in large part from the recommendations that we receive from organizations like yours that serve the special needs community. For this, we say "Thank You."



As a reminder, all of our documents can be found on our website, www.trustCCT.org. Please contact us if you need brochures or packets of information.

We thank you for your continued support and look forward to working with you in the future.

Sincerely,

Joanne Marcus

Executive Director

jmarcus@trustCCT.org



Webinar: Immigration and Refugee Resources for Older Adults and People with Disabilities

Kathleen A. Vaughan, NWD Coordinator

The National I&R Support Center of the National Association of States United for Aging and Disabilities (NASUAD) has announced an important technical assistance webinar.

On **February 11, 3:00-4:00 p.m. ET**, join the National I&R Support Center, the United States Citizenship and Immigration Services (USCIS) of the Department of Homeland Security; and the Office of Refugee Resettlement (ORR) of the Department of Health and Human Services, for a very informative webinar on resources for assisting older/disabled immigrants. The following topics will be covered:

- A brief overview of the United States Citizenship and Immigration Services (USCIS), available services and national resources
- Unauthorized Public Immigration Law (UPIL)
- Naturalization, expediting of naturalization application and SSI benefits; Citizenship Resource Center and Local Citizenship info sessions
- Accommodations for in-person office visits
- Fee waiver overview and eligibility requirements
- Overview of medical services available to refugees: Medicaid, Health Insurance Marketplaces, SSI and Older Refugees Grant Program

Presentations will be followed by a question and answer session.

Instructions for joining the webinar

Click this link to access the visual component of the webinar:

<https://join.me/400-035-452>

For audio, dial 888-346-3659, Passcode: 382574

UVA Weldon Cooper Center 2013 Population Estimates for VA

Cecily Slasor, Administrative Assistant

On January 28, the University of Virginia Weldon Cooper Center released the 2013 annual official population estimates for Virginia and its localities. The summary report is included below, or you may access the full report and all data files on our website at:

<http://www.coopercenter.org/demographics>



Virginia Population Growth Slows

Population growth in Virginia slowed last year as fewer people moved to the state, but the commonwealth still outpaced the nation, according to the most recent official state population estimates from the University of Virginia's Weldon Cooper Center for Public Service.

Virginia's population grew between 2012 and 2013 by less than 1 percent, or 74,531 people, to increase the state total population to nearly 8.3 million. While growth last year was the slowest in Virginia since before the recession, the commonwealth still grew faster than the nation, which grew by 0.7 percent. Compared to other states, Virginia posted the 14th-highest growth rate and the seventh-largest numerical population gain.

Within Virginia, the large population gains were more than ever concentrated in urban localities particularly in Northern Virginia.

While Fredericksburg is the fastest-growing locality since 2010, increasing by more than 15 percent, most urban localities in Virginia also experienced above-average growth, representing a change from the previous decade. Between 2000 and 2010, urban localities grew much more slowly than suburban localities in Virginia; in contrast, during the past four years, many urban areas are among Virginia's fastest-growing localities, with Arlington, Fredericksburg, Harrisonburg, Radford and Richmond among the cities growing at a rate faster than the state since 2010.

Most localities that lost population or experienced natural decrease were located outside of the so-called "urban crescent," which stretches from Hampton Roads to Richmond and up the Interstate 95 corridor to Northern Virginia. In Southwest Virginia, all seven coal-producing counties declined in population between 2012 and 2013.

The Cooper Center's population estimates, prepared annually, are the official figures for the commonwealth of Virginia. The estimates are based on changes since 2010 in housing stock, school enrollment, births, deaths and drivers' license issuances. They are used by state and local government agencies in revenue sharing, funding allocations, planning and budgeting.



Virginia Board for People with Disabilities Programs

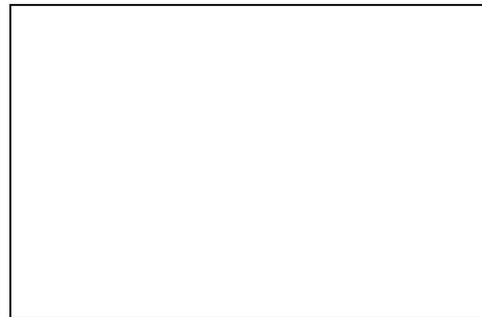
James A. Rothrock, Commissioner

Please see information below on the annual Youth Leadership Forum and promote where you can. It is a great experience.

Summer Leadership Training for Students with Disabilities

Apply Now for YLF!

Once a year, rising high school juniors and seniors can apply to become a delegate for the Youth Leadership Forum (YLF). Although applications are due by **March 31**, the YLF occurs in the summer--this year it will be held July 28-Aug.1 at Virginia Commonwealth University.



If you know of a student with a disability who is motivated, and wants to learn not only leadership skills but also is interested in advocacy, history, and improving the lives of people with disabilities, share the link [to the video](#) on You Tube at <http://bit.ly/14YLFva1> and [the application](#), which can be downloaded at www.VaBoard.org



Twenty-five students from across Virginia will be chosen to attend. The application, which *requires two letters of reference* and a signature page, is due no later than March 31, so students should begin the process right away. All expenses of the YLF are paid by the Virginia Board for People with Disabilities, so spread the word!

Council Connections is now a blog instead of a newsletter

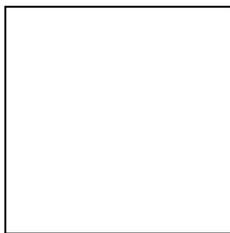
You may have wondered what happened to the Board's quarterly newsletter...it has been replaced by a blog! On the website, you can find the blog's latest posts on our [home page](#), or visit <http://va-board.blogspot.com>. This new format allows you to tag



and find information quickly, so check it out--and as always, feel free to send us feedback.

Parent of a young child with a developmental disability? Self-advocate? *Apply Now to Be a Partner in Policymaking*

Only 30 people will be accepted into this exciting, intense training program--where adults with developmental disabilities and parents of young children with DD hear from national experts and gain knowledge and skills to improve their advocacy efforts.



PIP (also known as Partners) is held in Richmond from September-May. Recruitment is now open for the 2014-2015 class; applications (download at <http://www.vaboard.org/policymaking.htm>) plus three letters of reference must be received by **April 30**. You can hear from some of the hundreds of graduates via a [2 minute video](#).

And with all expenses of the training paid by the Virginia Board for People with Disabilities, it's an investment in **your** future.

Streamlining Waivers: *My Life, My Community*

As of January 2014, the second phase of *My Life, My Community* has begun. This will involve a cost study to review service reimbursement rates and result, most likely, in a revised rate schedule. In addition, DBHDS and DMAS will explore options for developing fair and reliable means resource allocation. DBHDS is hopeful that a new waiver system will be implemented in January 2016.

There are several parts to the process, including HCBS Waiver Analysis, Public Forum and Interview Results, and Public Comments. DBHDS is committed to being good listeners, good partners and good stewards of the public resources entrusted to the



agency.

DBHDS is dedicated to a system re-design that truly provides opportunity for citizens to receive the supports they need to live full lives in the community.

You can read the full letter from the Commissioner, which discusses the feedback of more than 1,000 stakeholders who attended public forums, and download the HSRI reports at <http://www.dbhds.virginia.gov/MLMC.htm>

Comments about the report can be e-mailed to MyLifeMyCommunity@dbhds.virginia.gov.

Chronic Disease Self-Management Program (CDSMP) Master Training Event

Sharon Andreucci, CDSME Coordinator

DARS is hosting a CDSME Master Training event that will be held Tuesday, March 4, 2014 through March 8th, 2014. Registration for the event is attached. Please forward the form and following information to prospective trainees. **The deadline for registration is February 14, 2014.**

- Training is 4.5 consecutive days. Attendance is required each day to be certified in the program.
- Space is limited to 24 trainees.
- All trainees must be operating under a program license.
- The training will take place in Richmond at Wingate by Wyndham.
- Hotel reservations are the responsibility of the participant.

Please see the following information from Stanford for details about Stanford Trainings:

<http://patienteducation.stanford.edu/training/Introduction%20to%20Stanford%20Trainings%20for%20Participants.pdf>



Prince William Long-Term Care Ombudsmen Honored

Cecily Slasor, for Courtney Tierney, Executive Director Prince William AAA

On January 14, 2014, at the Prince William County Board of County Supervisors meeting, the Prince William Long Term Care Ombudsmen were honored by the Board as Volunteers of the Quarter for their work in visiting local nursing home and assisted living residents.

Picture attached.

Courtney S. Tierney, MSW, CIRS-A

Director, Prince William Area Agency on Aging

5 County Complex Court, Suite 240

Woodbridge, VA 22192

Office: 703-792-6406 Cell: 571-641-0773

FAX: 703 -792-4734 Interoffice: DS995

www.pwcgov.org/aging

You Can't Live Without Aging!



You Can! Live Well, Virginia!

Chronic Disease Self-Management Program

MASTER TRAINING

Tuesday, March 4, 2014 – Saturday, March 8, 2014

REGISTRATION FORM

Name: _____

Area Agency on Aging Affiliation (if applicable):

Address: _____

City, State, Zip Code: _____

Phone #: _____

E-mail address: _____

Overnight Accommodations:

Call Wingate by Wyndham -
ShortPump

(804) 612-9788

Mention "CDSME Master Training"
Ask for state-approved rate of
\$83.00 plus tax

Services at Wingate include:

- Free garage parking
- Complimentary shuttle service
- Full hot breakfast
- High speed internet
- Heated indoor pool & hot tub
- Fitness center

www.wingateshortpump.com

Special Accommodations:

Please let us know of needs for any
special accommodations
(please specify):

Training Details

Location: Wingate by Wyndham—ShortPump
13991 North Gayton Road
Richmond, Virginia 23233

Hours of Training: 9:00 a.m. to 4:30 p.m. days one through four
9:00 a.m. to 12:30 pm. day five

NOTE: Trainees MUST attend ALL of the training

Meals: Working lunch will be provided, days one through four only.
Please let us know if you have any special dietary needs:

___ Vegetarian meal required ___ Other dietary needs (please specify):

Mail or Fax completed Registration Form by February 14, 2014, to:

Sharon Andreucci, CDSME Coordinator
Virginia Department for Aging and Rehabilitative Services
1610 Forest Avenue, Suite 100
Henrico, Virginia 23229
Phone: (804) 662-7256
Fax: (804) 662-9354
E-mail: sharon.andreucci@dars.virginia.gov





Prince William County
NANCY BIRLEY
Long Term Care Volunteer
Ombudsman

Prince William County
CAROL LEET
Long Term Care Volunteer
Ombudsman

VOLUNTEER OF THE QUARTER
JULY - SEPTEMBER 2013
The Volunteer Long Term Care Ombudsman, Nancy Birley, Pat Gluck, Fred Knox, Carol Leet, and Barbara Onco are the Prince William County Volunteers of the Quarter.

VOLUNTEER OF THE QUARTER
JULY - SEPTEMBER 2013
The Volunteer Long Term Care Ombudsman, Nancy Birley, Pat Gluck, Fred Knox, Carol Leet, and Barbara Onco are the Prince William County Volunteers of the Quarter.

VOLUNTEER OF THE QUARTER
JULY - SEPTEMBER 2013
The Volunteer Long Term Care Ombudsman, Nancy Birley, Pat Gluck, Fred Knox, Carol Leet, and Barbara Onco are the Prince William County Volunteers of the Quarter.
The Long Term Care Ombudsman Program seeks to be the "voice" for the voiceless and insure that residents' rights are upheld and that care standards are high. They make certain that our local skilled nursing and assisted living residents know that Prince William County cares about them.
These dedicated volunteers visit local skilled nursing and assisted living residents each and every week and get to know the residents and the staff. They make sure that proper care is being given and that any concerns are addressed. They mediate on behalf of residents and their families and attend resident council meetings as an outside representative to listen without bias.
These devoted volunteers feel so strongly about their mission of helping skilled nursing and assisted living residents that, in the first quarter of 2013, they handled 154 complaints and 170 issues in their respective facilities. There are five skilled nursing and nine assisted living facilities with almost 700 beds in Prince William County and all of the residents need to be visited and concerns/complaints need to be addressed.
Although the new budget year brought this program "in-house" to the Prince William Area Agency on Aging, we did not know if the volunteers would be willing to continue with the program since they were used to working elsewhere. They said, "YES!" They have served Prince William County for several years as Ombudsman Program. They could have decided to volunteer in Prince William and been assigned to facilities in another county or they could have quit, but instead these Prince William County residents stayed to serve! These five have committed!
Thank you for your continued service and congratulations!

VOLUNTEER OF THE QUARTER
JULY - SEPTEMBER 2013
The Volunteer Long Term Care Ombudsman, Nancy Birley, Pat Gluck, Fred Knox, Carol Leet, and Barbara Onco are the Prince William County Volunteers of the Quarter.
The Long Term Care Ombudsman Program seeks to be the "voice" for the voiceless and insure that residents' rights are upheld and that care standards are high. They make certain that our local skilled nursing and assisted living residents know that Prince William County cares about them.
These dedicated volunteers visit local skilled nursing and assisted living residents each and every week and get to know the residents and the staff. They make sure that proper care is being given and that any concerns are addressed. They mediate on behalf of residents and their families and attend resident council meetings as an outside representative to listen without bias.
These devoted volunteers feel so strongly about their mission of helping skilled nursing and assisted living residents that, in the first quarter of 2013, they handled 154 complaints and 170 issues in their respective facilities. There are five skilled nursing and nine assisted living facilities with almost 700 beds in Prince William County and all of the residents need to be visited and concerns/complaints need to be addressed.
Although the new budget year brought this program "in-house" to the Prince William Area Agency on Aging, we did not know if the volunteers would be willing to continue with the program since they were used to working elsewhere. They said, "YES!" They have served Prince William County for several years as Ombudsman Program. They could have decided to volunteer in Prince William and been assigned to facilities in another county or they could have quit, but instead these Prince William County residents stayed to serve! These five have committed!
Thank you for your continued service and congratulations!

VOLUNTEER OF THE QUARTER
JULY - SEPTEMBER 2013
The Volunteer Long Term Care Ombudsman, Nancy Birley, Pat Gluck, Fred Knox, Carol Leet, and Barbara Onco are the Prince William County Volunteers of the Quarter.
The Long Term Care Ombudsman Program seeks to be the "voice" for the voiceless and insure that residents' rights are upheld and that care standards are high. They make certain that our local skilled nursing and assisted living residents know that Prince William County cares about them.
These dedicated volunteers visit local skilled nursing and assisted living residents each and every week and get to know the residents and the staff. They make sure that proper care is being given and that any concerns are addressed. They mediate on behalf of residents and their families and attend resident council meetings as an outside representative to listen without bias.
These devoted volunteers feel so strongly about their mission of helping skilled nursing and assisted living residents that, in the first quarter of 2013, they handled 154 complaints and 170 issues in their respective facilities. There are five skilled nursing and nine assisted living facilities with almost 700 beds in Prince William County and all of the residents need to be visited and concerns/complaints need to be addressed.
Although the new budget year brought this program "in-house" to the Prince William Area Agency on Aging, we did not know if the volunteers would be willing to continue with the program since they were used to working elsewhere. They said, "YES!" They have served Prince William County for several years as Ombudsman Program. They could have decided to volunteer in Prince William and been assigned to facilities in another county or they could have quit, but instead these Prince William County residents stayed to serve! These five have committed!
Thank you for your continued service and congratulations!