



VDA WEEKLY E-MAILING

April 1, 2014

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ACL Weekly Update

Here is a link to the weekly Administration for Community Living (ACL) update:

<http://www.acl.gov/NewsRoom/eNewsletter/CurrentNewsLetter.pdf>

NASUAD Weekly Update

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update where you can sign up or view the current and archived editions:

http://www.nasuad.org/newsroom/friday_updates/friday_updates.html

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229
Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



Guide for APS Mandated Reporters

Gail Shea Nardi, Director, Adult Protective Services Division

Andrea Jones, APSD Northern Region consultant, has prepared this [handy guide](#) for mandated reporters of adult abuse, neglect or exploitation. Feel free to distribute and use as you wish.

2014 HCBS Call for Sessions

Tim Catherman, Director Aging Operations

2014 HCBS Call for Sessions extended through April 14, 2014.

The NASUAD website has been updated to allow the submission of session descriptions through April 14th. Sessions can be submitted to: <http://www.cvent.com/events/2014-hcbs-call-for-sessions/event-summary-bad41a682d324a8f86d15f54a535ba79.aspx?>

Nutrition Directors Meeting May 1st

Elaine S. Smith, MS, RD Program Coordinator

We look forward to meeting with the Nutrition Directors on Thursday, May 1 in Charlottesville. [Attached](#) is the tentative agenda, registration information, and directions. Please let me know if you have any suggestions for the agenda.

Conference on Aging- June 3rd

Charlotte Arbogast, MSG, Dementia Services Coordinator

[Attached](#) is information on attending as well as exhibiting at the Annual Conference of the Beard Center on Aging at Lynchburg College on June 3, 2014 in Lynchburg, Virginia . The conference is presented by the Beard Center on Aging at Lynchburg College in partnership with the Centra Foundation, Centra Mental Health Services, and Centra Rehabilitation and Senior Care Services.



April 16th deadline for scholarship applications

Paige McCleary, Program Consultant, DARS Adult Protective Services Division

Hurry! The April 16th deadline for scholarship applications for the Virginia Coalition for the Prevention of Elder Abuse (VCPEA) 20th Annual Conference is around the corner! 45 conference scholarships are available! Conference topics include Hoarding, Prosecuting Elder Abuse, Forensic Accounting, Financial Exploitation and more! Visit www.vcpea.org for the scholarship application, conference brochure and registration information.

DHCD Consolidated Plan Public Notice

Tim Catherman, Director Aging Operations

On Wednesday, April 9, 2014, the Virginia Department of Housing and Community Development (DHCD) will hold a public hearing on items relating to Virginia's administration of the Consolidated Action Plan 2014-2015 Action Plan.

The public hearing will be held at 3 p.m. until 4 p.m. on the 11th floor of the Main Street Centre, 600 East Main Street, Richmond, Virginia 23219. DHCD will be taking comments on the proposed 2014-2015 Action Plan including goals and objectives for housing and community development, the projected use of funding and the method for distributing an anticipated \$6,796,346 in HOME Investment Partnership funds, \$2,391,983 in Emergency Solution Grant (ESG) funds, \$696,044 in Housing for Persons with AIDS (HOPWA) funds and \$17,200,032 in Community Development Block Grant (CDBG) funds.

Copies of the plan document may be requested by calling (804) 371-7100, (804) 371-7122 or (804) 371-7084 TDD. Persons requiring special accommodations should call (804) 371-7122. The plans will appear on the agency's web site at <http://www.dhcd.virginia.gov> under Announcements.

The department will receive written comments and testimony on the proposed 2014-2015 Action Plan through the close of business on May 14, 2014 at the following address:

Virginia Department of Housing and Community Development
Attention: Lyndsi Austin
Main Street Centre
600 East Main Street, Suite 300
Richmond, Virginia 23219



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

AGE Virginia Awards: Reserve Your Seat Today!
Charlotte Arbogast, MSG, Dementia Services Coordinator

VIRGINIA COMMONWEALTH UNIVERSITY



VCU School of Allied Health Professions

AGEWell VA News, Updates & More from the
Department of Gerontology

March 17, 2014

AGE Virginia Awards



Join the VCU Department of Gerontology for our annual AGE Virginia Awards! We will honor excellence and innovation in optimal aging and the evidence-based practice of Gerontology.

Friday, April 11th
6:00 pm - 9:00 pm
VCU's Siegel Center

We are now accepting nominations for our Commonwealth, TIME and ACE Awards!

To register, please visit the following links:

[General Admission: \\$35](#)
[VCU Students and Alumni: \\$25](#)

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To get the most up to date information on Improving Eldercare Through Education, "Like" our Facebook page



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GERONTOLOGY'S
SPRING
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STUDENT



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

For more information or to become an event sponsor,
please email agingstudies@vcu.edu.

With **special thanks** to our growing list of event sponsors:

Covenant Woods
Dr. Patricia Slattum
Riverside Center for Excellence in Aging and Lifelong Health
Senior Connections, the Capital Area Agency on Aging
Virginia Association of Home Care and Hospice

SCHOLARSHIPS.
CLICK HERE FOR
MORE
INFORMATION.

Mental Health and Training Initiative Live Webinar Series III
Charlotte Arbogast, MSG, Dementia Services Coordinator

VIRGINIA COMMONWEALTH UNIVERSITY



VCU School of Allied Health Professions

AGEWell VA News, Updates & More from the
Department of Gerontology

March 31, 2014

Mental Health and Aging
Training Initiative
Live Webinar Series III

Register online - Free for all to attend
at worldeventsforum.blogspot.com

FIND US ON FACEBOOK!

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date information on
Improving Eldercare
Through Education,
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These presentations are intended for staff from many levels, disciplines, and settings (both facility and home-based), including staff involved in providing long term care (e.g., nursing facility and assisted living nursing staff and administrators), as well as behavioral health staff who work with older adults. Additionally, staff from Adult Protective Services, home health, adult day healthcare, respite care, area agencies on aging, Emergency Department staff of acute care hospitals, hospital discharge planners, and others serving older adults could benefit from the training.

Personality Disorders and Aging

When: Thursday, April 24, 2014, 1:30-2:30 pm Eastern Time

Objectives: Personality disorders can have a significant impact on how older adults interact with others, including those attempting to provide long term care or other services. Understanding personality disorders and how to effectively work with individuals affected by them can help staff achieve more productive/ less stressful interactions with the individuals they are serving.

Presenter: Lindsey Slaughter, PsyD, Director of Psychology, Piedmont Geriatric Hospital

Moderator: E. Ayn Welleford, MSG, PhD, AGHEF, Chair, Department of Gerontology, Virginia Commonwealth University

Medications: Friend or Foe? The Role of Medications in both Causing and Curing Behavior and Cognitive Problems

When: Tuesday, May 6, 2014, 1:30-2:30 pm Eastern Time

Objectives: This webinar will focus on various medications that can contribute to cognitive impairment and behavioral symptoms in the older individual and will provide information on appropriate interventions to address behavioral/ cognitive problems in older adults. Implications on the use of these medications and resultant behaviors in relation to regulatory guidance will be reviewed. Drugs associated with adverse cognitive effects and the risks versus benefits of medications will be examined.

Presenter: Jennifer Hardesty, PharmD, FSACP, Director of Clinical Services, Mid-Atlantic Remedi SeniorCare

Moderator: E. Ayn Welleford, MSG, PhD, AGHEF, Chair,



AND INSTAGRAM!



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Department of Gerontology, Virginia Commonwealth University

The Temporary Detention Order (TDO) Process-Part II

When: Tuesday, May 20, 2014, 1:30-2:30 pm Eastern Time

Objectives: This final session will respond to questions posed during the Spring 2013 GTE webinar, "The Temporary Detention Order (TDO) Process: What Staff Need to Know." Case scenarios and practical suggestions to staff for responding to psychiatric emergencies involving older adults will be highlighted. The primary learning objective is to address applying the TDO process to real-life scenarios experienced in long term care facilities and the community, as well identification of alternative interventions for situations in which pursuing a TDO is not the appropriate/ recommended course of action.

Presenters: Gina O'Halloran, MS, Manager, Emergency Services Manager, Hampton-Newport News CSB

Moderator: E. Ayn Welleford, MSG, PhD, AGHEF, Chair, Department of Gerontology, Virginia Commonwealth University

These events are made possible through a grant from the Virginia Center on Aging's Geriatric Training and Education Initiative and supported by the Riverside Center for Excellence in Aging and Lifelong Health, the Virginia Geriatric Mental Health Partnership and the VCU Department of Gerontology.

REPORTING TO ADULT PROTECTIVE SERVICES

An APS report is an allegation made by any person to a Local Department of Social Services (LDSS) or to the 24-hour toll-free APS Hotline **(1-888-832-3858)** that he or she suspects that an elder or an incapacitated adult is being abused, neglected or exploited.

As the number of elders continues to climb in Virginia and elders increasingly rely on unprepared or overwhelmed family members for their care, vulnerable adults are found in precarious situations which lend themselves to abuse, neglect, and exploitation. In response, Virginia, like most other states, enacted laws requiring certain professionals, called mandated reporters, to contact the local department of social services or the APS Hotline when they suspect that an elder or an adult who is incapacitated is being abused, neglected, or exploited or is at risk of abuse, neglect or exploitation.

Virginia's mandatory reporting law (§ 63.2-1606 of the Code of Virginia) requires mandated reporters to report immediately to LDSS or to the 24 hour toll-free APS hotline upon suspecting abuse, neglect, or exploitation. Mandated reporters must report to both law enforcement and medical examiners any deaths arising from suspected abuse or neglect. A civil penalty of up to \$1,000 may be imposed for failure to report any suspected abuse, neglect or exploitation. Individuals who make APS reports in good faith are protected from civil or criminal liability.

Mandated reporters of adult abuse, neglect or exploitation include:

1) Any person licensed, certified, or registered by health regulatory boards listed below:

Board of Nursing: Registered Nurse (RN); Licensed Nurse Practitioner (LNP); Licensed Practical Nurse (LPN); Clinical Nurse Specialist; Certified Massage Therapist; Certified Nurse Aide (CNA)

Board of Medicine: Doctor of Medicine and Surgery, Doctor of Osteopathic Medicine; Doctor of Podiatry; Doctor of Chiropractic; Interns and Residents; University Limited Licensee; Physician Assistant; Respiratory Therapist; Occupational Therapist; Radiological Technologist; Radiological Technologist Limited; Licensed Acupuncturists; Certified Athletic Trainers

Board of Pharmacy: Pharmacists; Pharmacy Interns; Permitted Physicians; Medical Equipment Suppliers; Restricted Manufacturers; Humane Societies; Physicians Selling Drugs; Wholesale Distributors; Warehousemen, Pharmacy Technicians

Board of Dentistry: Dentists and Dental Hygienists Holding a License, Certification, or Permit Issued by the Board

Board of Funeral Directors and Embalmers: Funeral Establishments; Funeral Services Providers; Funeral Directors; Funeral Embalmers; Resident Trainees; Crematories; Surface Transportation and Removal Services; Courtesy Card Holders

Board of Optometry: Optometrist

Board of Counseling: Licensed Professional Counselors; Certified Substance Abuse Counselors; Certified Substance Abuse Counseling Assistants; Certified Rehabilitation Providers; Marriage and Family Therapists; Licensed Substance Abuse Treatment Practitioners

Board of Psychology: School Psychologist; Clinical Psychologist; Applied Psychologist; Sex Offender Treatment Provider; School Psychologist – Limited

Board of Social Work: Registered Social Worker; Associate Social Worker; Licensed Social Worker; Licensed Clinical Social Worker

Board of Long-Term Care Administrators: Nursing Home Administrator

Board of Audiology and Speech Pathology: Audiologists; Speech-Language Pathologists; School Speech-language Pathologists

Board of Physical Therapy: Physical Therapist; Physical Therapist Assistant

2) Any mental health services provider;

3) Any emergency medical services personnel certified by the Board of Health pursuant to § 32.1-111.5, personnel immediately reports the suspected abuse, neglect or exploitation directly to the attending physician at the hospital to which the adult is transported, who shall make such report forthwith;

4) Any guardian or conservator of an adult;

5) Any person employed by or contracted with a public or private agency or facility and working with adults in an administrative, supportive or direct care capacity;

6) Any person providing full, intermittent, or occasional care to an adult for compensation, including but not limited to companion, chore, homemaker, and personal care workers; and

7) Any law-enforcement officer.

APS REPORTS

Every APS report must meet certain criteria in order for it to be deemed a “valid” report. The term “valid” does not refer to accuracy of the report but to specific elements that must be present to establish APS authority and jurisdiction:

- ✓ The adult must be at least 60 years or older or age 18 to 59 and incapacitated;
- ✓ The adult must be living and identifiable;
- ✓ Circumstances must allege abuse, neglect or exploitation; and
- ✓ The local department must be the agency of jurisdiction.

If APS validity criteria are not met, the local department or APS Hotline may refer the reporter to other LDSS programs or an appropriate human service agency or other service provider.

Types of Abuse:

ADULT ABUSE is defined by the Code of Virginia, (§ 63.2-100), as “the willful infliction of physical pain, injury or mental anguish or unreasonable confinement of an adult.” Abuse includes battery and other forms of physical violence including, hitting, kicking, burning, choking, scratching, rough-handling, cutting, and biting, etc. It includes sexual assault, inflicting pornography, voyeurism, exhibitionism, and other forms of forced sexual activity on an elder or an incapacitated adult. It includes any sexual activity with an adult who is unable to understand or give consent, the control of an adult through the use of threats or intimidation, and the abuse of a relationship of trust.

ADULT NEGLECT is defined by the Code of Virginia, (§ 63.2-100), as “an adult is living under such circumstances that he is not able to provide for himself or is not being provided services necessary to maintain his physical and mental health and that the failure to receive such necessary services impairs or threatens to impair his well-being. However, no adult shall be considered neglected solely on the basis that such adult is receiving religious nonmedical treatment or religious nonmedical nursing care in lieu of medical care, provided that such treatment or care is performed in good faith and in accordance with the religious practices of the adult and there is a written or oral expression of consent by that adult.” This definition includes both adults who are self-neglecting, living under such circumstances that the adult is unable to provide for himself/herself as well as adults whose needs for physical or mental health services are not being met by a caregiver or responsible party.

Indicators of neglect include malnourishment, dehydration, the presence of pressure sores, inadequate personal hygiene, inadequate or inappropriate clothing, inadequate or inappropriate supervision, extreme filth of person or home, severe pest/rodent infestation, offensive odors, inadequate heat, lack of electricity or refrigeration, and untreated physical or mental health problems.

ADULT EXPLOITATION is defined by the Code of Virginia, (§ 63.2-100), as “the illegal use of an incapacitated adult or his resources for another’s profit or advantage.” Exploitation, including financial abuse and sexual exploitation, is accomplished by the use of covert, subtle, and deceitful means. It is usually a pattern of behavior rather than a single episode. Financial exploitation includes the crimes of larceny, embezzlement, theft by false pretenses, burglary, forgery, false impersonation, and extortion.

HIPPA & APS

Section 164.512 (Paragraph C) of the Code of Federal Regulations for the Health Insurance Portability and Accountability Act of 1996 (HIPAA) authorizes covered entities to disclose health information that “is required by law and disclosure complies with and is limited to the relevant requirements of the law.” This includes sharing information with APS for the purposes of an APS investigation.

All providers of medical services are also authorized to disclose records of a patient to APS under § 32.1-127.1:03 D.6 of the Code of Virginia (Health Records Privacy).

ONLINE TRAINING FOR MANDATED REPORTERS

Training for mandated reporters on recognizing and reporting adult abuse, neglect, and exploitation is available through the Virginia Department of Social Services public website at the following location:

http://www.dss.virginia.gov/family/as/mandated_reporters/ads5055/Final%20ADS%205055.htm.

AAA Nutrition Directors Meeting & Training
May 1, 2014
10:00 a.m. – 2:30 p.m.
Charlottesville

Tentative Agenda

9:45 – 10:00	Registration
10:00 – 11:00	Welcome and Introductions Sharing among AAA's
11:00 – 12:00	Revised Menu Planning Guidelines
12:00 – 12:30	Lunch
12:30 – 1:30	Future training and topics for Nutrition Directors and AAA Nutrition Program Staff
1:30 – 2:30	Fee for Service Home Delivered Meals
2:30	Closing and Evaluation

INFORMATION SHEET

AAA Nutrition Directors Meeting & Training
Thursday, May 1, 2014
10:00 a.m. – 2:30 p.m.
Charlottesville

Location: Virginia Department of Forestry Central Office, Fontaine Research Park, 900 Natural Resources Drive, Suite 800, Charlottesville. Telephone: (434) 977-6555. Directions and maps from Route 64 and from the hotel are attached.

Registration Form: Please mail, fax, or email the completed registration form to Tanya Brinkley at DARS-VDA by April 24, 2014, even if no one is able to attend from your agency. Contact information is 1610 Forest Avenue, Ste 100, Henrico, VA 23229, Fax 804-662-9354, Email tanya.brinkley@dars.virginia.gov Phone 804-662-9339.

Lunch: The building is somewhat remote from any lunch spots and time will not permit “lunch on your own”, so JABA’s catering service will provide a variety of sandwiches, bottled water, chips, apples, and cookies for \$10/person, prepaid. Please send your checks made **payable to JABA** to Tanya Brinkley at the time of your registration. Sorry, lunches that are not prepaid by the April 24 deadline will not be available. If you wish, you may bring your own lunch.

Guest Rooms: If you need to stay overnight, we suggest the Hyatt Place Charlottesville, 2100 Bond Street, Charlottesville, 22901. Phone: (434) 995-5200. Fax: (434) 995-5211. There is no block of rooms reserved, but when you call or reserve online, be sure to ask for the state government rate of \$126.00/night plus tax per person. Breakfast is available. You may also make arrangements at another hotel or location of your choice.

Morning Beverages: Feel free to bring your own coffee, water, or other beverages to the meeting.

Dress: Casual and comfortable. This room tends to be chilly, so plan your attire accordingly.

Swap & Share

If you have information you wish to share, please bring 25 copies so each AAA and DARS-VDA can receive one copy of each item; we will have a table to display them.

Examples include: Menus – Nutrition Analysis; Activity Calendars; handouts – brochures – printed educational materials; innovative materials and best practices; policies and procedures such as:

- Weather related emergencies & other situations that affect service delivery
- Food server or employee health & hygiene
- Procedures for volunteers who deliver meals
- Program evaluation plans, including monitoring of subcontractors
- Any other policies or procedures

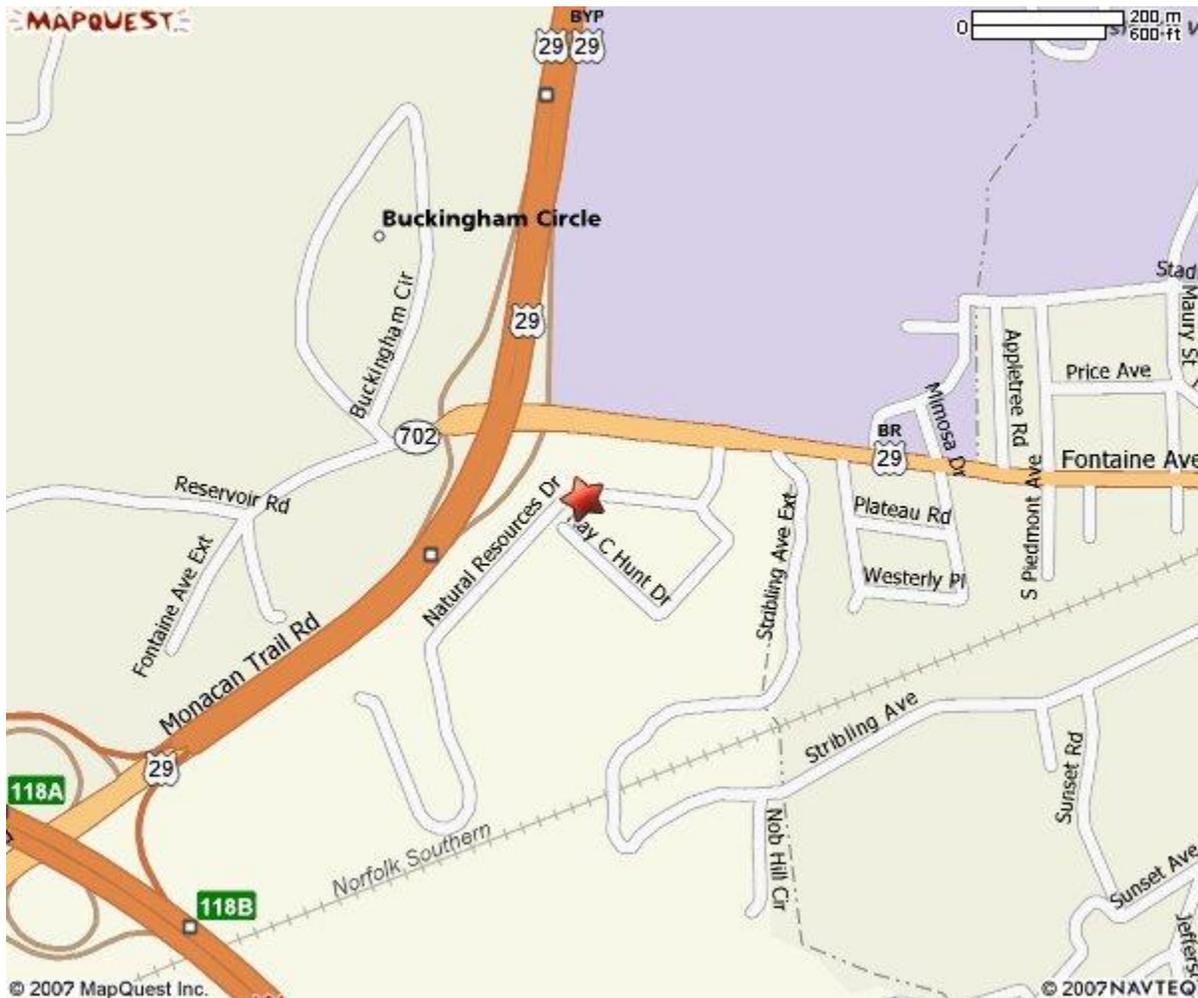


Directions to Virginia Department of Forestry

Fontaine Research Park
900 Natural Resources Drive
Suite 800
Charlottesville, Virginia 22903
Phone: (434) 977-6555

Directions from Interstate 64:

1. Take Exit 118B (Charlottesville/Culpeper) off I64.
2. Take the first exit (US29 Business).
3. At end of exit ramp, turn right onto Fontaine Ave and stay in right lane.
4. At traffic light, turn right onto Ray C. Hunt Drive.
5. At stop sign, turn right onto Natural Resources Drive. Stay on this road until you dead end at the Department of Forestry building.



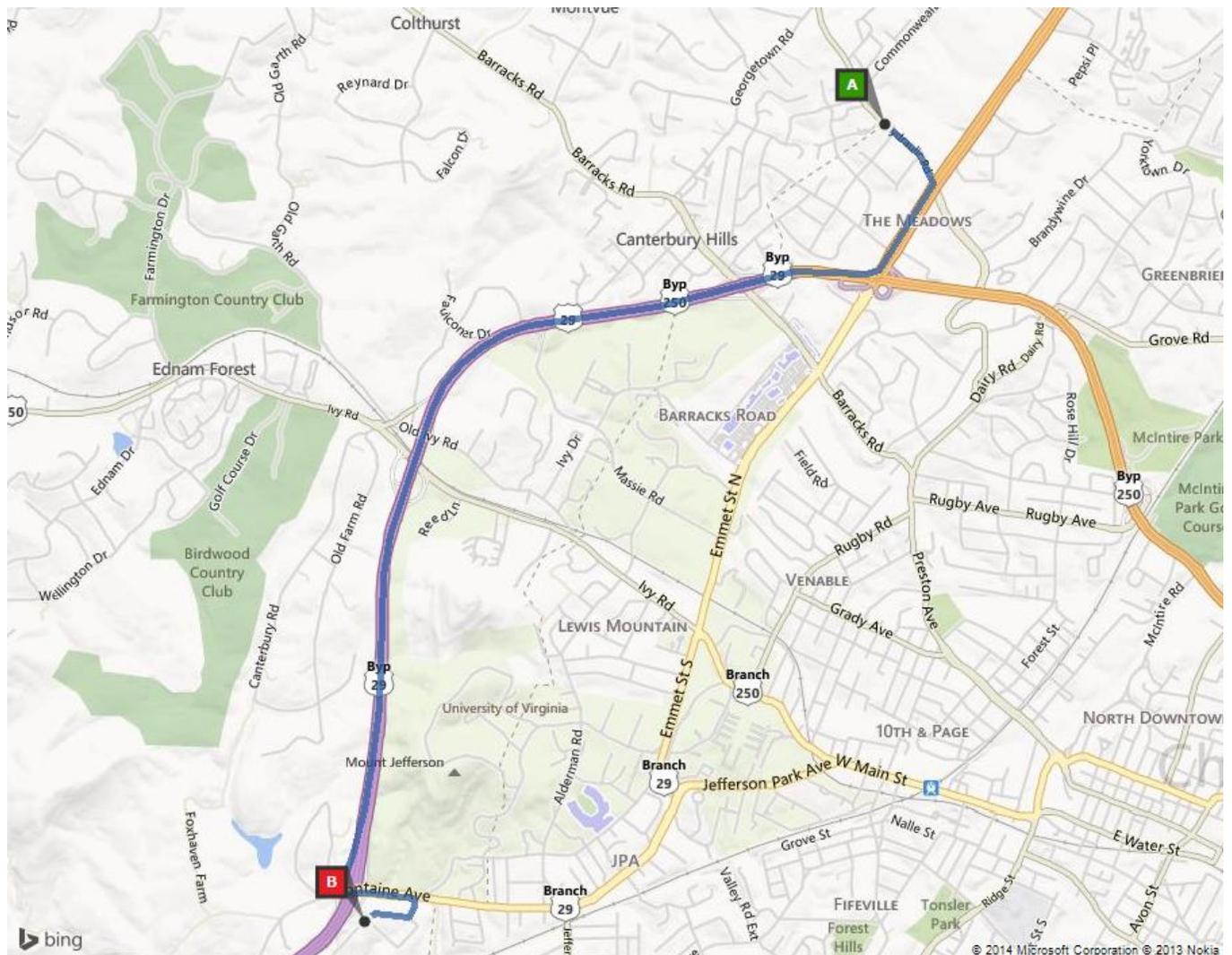
Directions from Hyatt Place

2100 Bond Street, Charlottesville, VA 22901

434-995-5200

Point A: Hyatt Place Charlottesville near Hydraulic Rd & Inglewood Dr, Charlottesville, VA 22901

1. Depart Hydraulic Rd toward Cedar Hill Rd (0.3 mi)
2. Turn right onto US-29 S / Emmet St N(0.3 mi) *(Exxon/7-Eleven on the corner)*
3. Take ramp right for US-250-BYP West / US-29-BYP South toward Lynchburg / Richmond / Staunton (2.0 mi)
4. Keep straight onto US-29 S / US-29 S Byp (1.1 mi)
5. Take ramp right for US-29-BR toward Charlottesville (0.3 mi)
6. Turn left onto US-29 N Branch / Fontaine Ave (0.3 mi)
7. Turn right onto Ray C Hunt Dr (0.2 mi)
8. Keep straight onto Natural Resources Dr (49 ft)
9. Arrive at Point B: 900 Natural Resources Dr, Charlottesville, VA 22903
(The last intersection is Ray C Hunt Dr)



**Beard Center on Aging at Lynchburg College
2014 Annual Conference: Aging Well in Mind, Body, & Spirit
June 3, 2014**

Exhibitor Agreement

(Please print or write legibly)

Business Exhibitor: \$250

- Exhibitor receives one table and conference registration (including lunch & breaks) for **one** representative. **Additional representatives are required to register and pay the reduced registration fee of \$85 per person.**

Non-Profit/ Government Agency Exhibitor: \$125

- Exhibitor receives one table and conference registration (including lunch & breaks) for **one** representative. **Additional representatives are required to register and pay the reduced registration fee of \$85 per person.**

Consortium Exhibitor:

- Free table (value \$125-\$250), but must register and pay reduced registration fee of **\$65 per person** (includes lunch and breaks).

Agency Name: _____

Agency Address: _____

Contact Person/Title: _____

Telephone: _____

Email: _____

Name(s) of person(s) who will be manning the exhibit: _____

Telephone: _____ Email: _____

I agree to support the 2014 Beard Center on Aging Annual Conference at the following level
(Please check one):

___ **Business Exhibitor: \$250** \$ _____

___ **Non-Profit/ Government Agency Exhibitor: \$125** \$ _____

___ **Consortium Exhibitor (Only pay for individual conference fee
for representative(s) manning the exhibit (\$65/each)** \$ _____

If you would like a **tablecloth provided**, the fee is \$20.00/tablecloth \$ _____

Total enclosed: \$ _____

Set Up Logistics: (Please check all that apply)

- _____ Need to be near an electrical outlet
- _____ Need a second chair available
- _____ Will be bringing a floor display
- _____ Plan to make a Silent Auction donation
- _____ Would like to make a major prize donation for the drawing at the end of the conference
- _____ Other needs not noted above: _____

Exhibitor Guidelines:

Please read the attached "Exhibitor Guidelines" and indicate that you agree to all conditions stated, by signing below.

Name _____

Date _____

Please mail with this form and payment to the Beard Center on Aging, Lynchburg College, and 1501 Lakeside Dr. Lynchburg VA 24501 or fax it to (434)544-8580. If you fax your form, please call and alert us to this so we won't miss it. Make checks payable to Beard Center on Aging

For additional information, contact Denise Scruggs at 434-544-8456; email: scruggs.dr@lynchburg.edu

****Application Deadline - APRIL 15, 2014****

2014 Conference on Aging

Exhibitor Information

Date/Hours of Exhibit:

Exhibits will be open on June 3, 2014, from **8 am-3:45 pm**. Please plan to be available during each break period until 3:45 pm which is the end of the last break. Taking down your display early does not look good and past participants have complained about this. This year we have extended the amount of time for breaks to encourage participants to go by the exhibits. We have also invited faculty and staff at Lynchburg College to stop by the exhibits during the conference day to increase your exposure. Attendees will be visiting tables during the following times: 8-9 am during registration; and from 10:15-10:45 am; 11:45-1 pm (Lunch- some may stop by before or after lunch); and 2:00-2:30 pm and 3:30-3:45 pm for breaks during the day.

Exhibitor Registration:

To prevent confusion and give us enough time to prepare name tags, please have **all** persons who are manning your table to **pre-register for the conference and pay** by **APRIL 15, 2014** . Registration can be done online at **www.lynchburg.edu/beard**.

Set Up & Arrival:

Exhibitors can set up their exhibits on **Monday, June 2nd between 3-4:30 pm** or on **Tuesday, June 3rd between 7 am – 7:45 am**. Check in at the Registration table for further instructions and to pick up your conference name tag BEFORE setting up your exhibit. Please don't arrive before 3 pm on Monday as the set up will not be available until that time. Also, don't leave out items of value overnight as the building will be open without supervision and the college cannot assume responsibility for anything lost or stolen. Vendors are responsible for transporting, unloading, and setting up their exhibits.

Lunch:

In order to open the conference to the highest number of attendees and accommodate Lynchburg College's Student Center expansion, we need to limit the number of persons attending lunch. As a result, we will hold our awards program at the end of the day (3:45 pm) prior to the start of the last keynote program AND we will be providing box lunches for exhibitors. Only sponsor representatives will be provided tickets to attend lunch in the Ballroom. For exhibitors, box lunches will be provided in Schewel Hall in a location to be determined so that exhibitors can network during lunch. By doing this, we can accommodate 300 attendees and increase your community exposure. We appreciate your patience and cooperation with this. This is a temporary issue. In 2015, after construction, we will be able to accommodate 500 people at the conference and lunch, including exhibitors. Thanks in advance for working with us on this.

Exhibit Area:

Exhibits are located in the mainstream of the conference meeting rooms, breaks and registration area to maximize interactions with participants. The exhibit areas located on the first and second floor of Schewel Hall will not be locked. Spaces have been designated for sponsors and for those needing electrical outlets, so please do not setup in these areas unless you are a sponsor or have requested an electrical outlet. If you do, you will be asked to move your display.

Display:

Equipment Provided: Each exhibitor will receive a 6' or 8' table and one folding chair. If additional chairs are needed, please note this on the exhibitor application. Any necessary equipment, such as audiovisuals, extension cords, etc. must be supplied by the exhibitor. **Please notify us about any electrical outlet needs on or before April 15th, as they are limited.**

Floor Displays: This year we are allowing exhibitors to bring floor displays. We have limited space so we ask that you make prior arrangements for a smaller table or you bring your own table. You will be provided the same amount of space as a 6-8 foot table for your entire exhibit. **If you plan on bringing a standing banner/floor display, contact the Beard Center via e-mail by April 15th so we can arrange a smaller table.**

Table Assignments: With the exception of sponsor tables and exhibits needing electrical accommodations, tables will be filled on a first come, first serve basis.

Silent Auction & Door Prizes:

As we did last year, we will only offer one or two large prize drawings (valued at \$100 or more) at the end of the conference day, as an incentive for attendees to stay until the end of the conference. In addition, we are holding a silent auction to raise funds to support conference scholarships for seniors and caregivers. We are hoping you will consider donating a prize for the silent auction (value = \$50 or greater) or contribute money/prize, for the large prize drawing. We will announce and advertise the agencies providing donations. **To prevent confusion and ensure that we recognize your donation, please bring all donations to the Beard Center by May 27, 2014.**

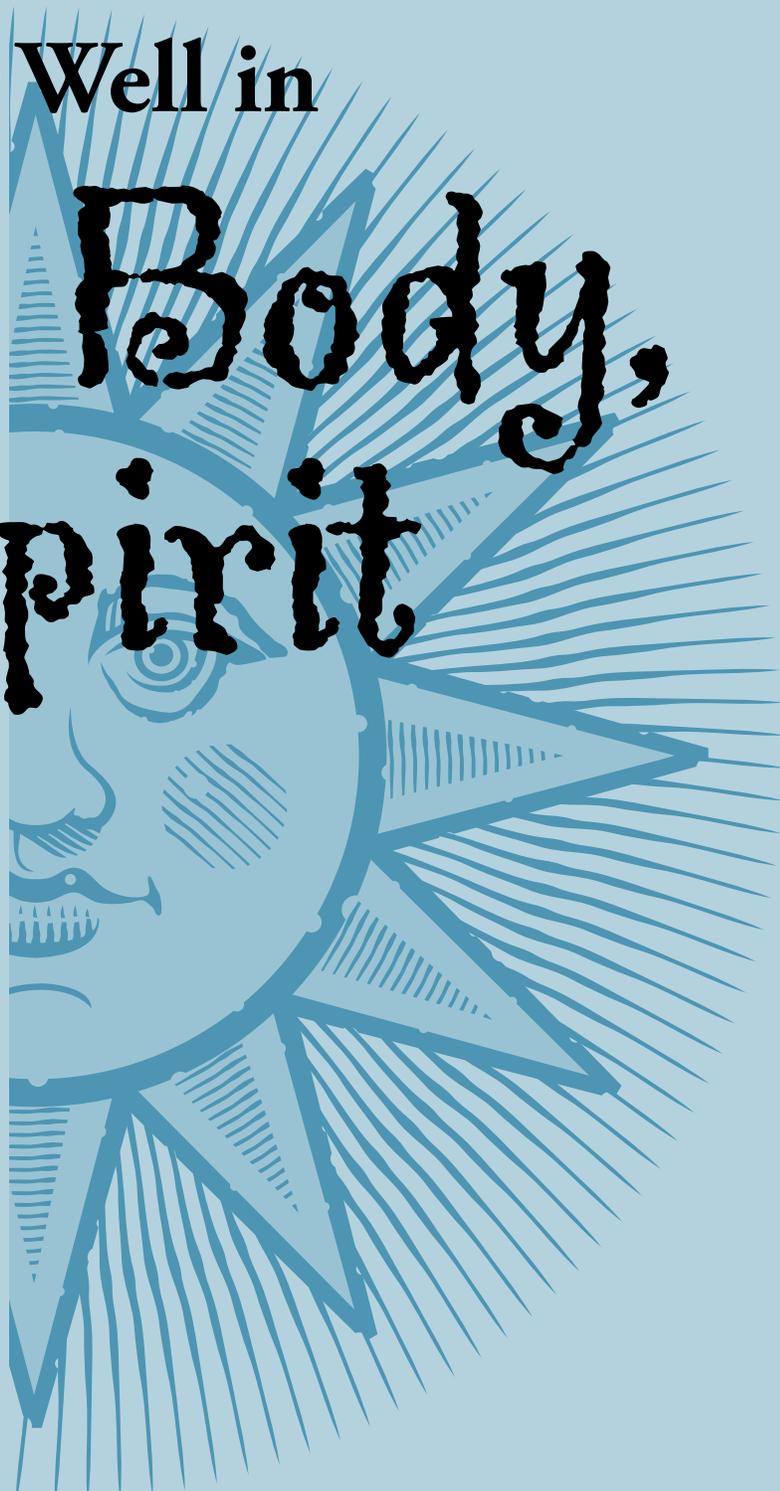
Aging Well in Mind, Body, & Spirit

June 3, 2014

*Presented by the Beard Center
on Aging at Lynchburg College
in partnership with the Centra
Foundation, Centra Mental
Health Services, and Centra
Rehabilitation and Senior
Care Services*



LYNCHBURG
COLLEGE EST. 1903



CENTRA

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HOME HEALTH | HOSPICE | PACE
REHABILITATION & PHYSICAL THERAPY



CENTRA
Foundation



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Mental Health Services

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Lifestyles of the Active 50 Plus
seniorNEWS

HERITAGE GREEN



Older Adult Ministries:
United Methodist Church – Lynchburg District

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KEYNOTE SPEAKERS

9-10 a.m.



*The Changing Face of
Mental Health as We Age*

Dr. Peter Betz

Medical Director of Geriatric
Psychiatry, Piedmont Psychiatric
Center, Centra

As the mind matures, we can expect changes in the way we experience and understand many aspects of mental health such as depression, anxiety, psychosis, sleep, temperament, and sexuality. This is complicated by sensitivity to medicine, physical abilities or limitations, access to and quality of support, cognitive capabilities, and medical co-morbidity ... just to name a few. Join us to learn more about the impact of aging on mental health and how we can best care for our elders with mental health issues.

Dr. Peter Betz is a sought-after speaker and geriatric expert who has been working in geriatric psychiatry for more than 18 years. He graduated from the Medical College of Georgia and completed his residency and fellowship in geriatric psychiatry at Johns Hopkins Hospital.

3:45-4:45 p.m.



*Don't Write My Obituary
Just Yet*

Missy Buchanan

Author, Columnist

Some older adults live life until the end while others mark off the days and simply wait to die. Whether we are a minister, caregiver, professional, or family member, we all make a difference in the lives of older adults and often influence their sense of purpose. In this program, Missy Buchanan will talk about the importance of living life with purpose and joy — especially in our later years. She will show us creative ways we can encourage, empower, and engage older community members by sharing thoughts from her recent book, *Joy Boosters: 120 Ways to Encourage Older Adults*.

Missy Buchanan, writer, speaker, and advocate of older adults, is the author of *Joy Boosters: 120 Ways to Encourage Older Adults*, *Living Life with Purpose in a Worn-Out Body*, and *Don't Write My Obituary Just Yet*. She is also the co-author of *My Story, My Song: Mother-Daughter Reflections on Life and Faith*, with Lucimarian Roberts, mother of ABC's *Good Morning America* broadcaster Robin Roberts.

CONFERENCE INFORMATION

10:45-11:45 a.m.

- ***Ethics at the End of Life***
Michael Gillette, PhD, President, Bioethical Services of Virginia
- ***Update: Health Care Reform in Practice***
Gerald Prante, PhD, Assistant Professor, Economics, Lynchburg College
- ***Capturing Life's Journey: Using Stories & Memories in Caregiving***
Betsy Head, Franchise Owner, Home Instead Senior Care
- ***Cognitive Changes in the Elderly (With a Focus on Mild Cognitive Impairment)***
Charles Driscoll, MD, Emeritus Professor, Clinical Family Medicine, University of Virginia
- ***Helping Older Smokers Quit***
Sandy Kanehl, MEd, CSAC, Program Associate, Alliance for the Prevention & Treatment of Nicotine Addition (APTNA)
- ***They Are Here and They Are Grey: The Issues, Impact, and Implications of our Aging Population***
Virginia Burggraf, DNS, RN, FAAN, Griggs Endowed Professor of Gerontological Nursing, Radford University
- ***Staying Healthy and Vital After Age 50***
Nancy Overstreet, DNP, GNP- BC, CDP, Assistant Professor, School of Nursing, Lynchburg College
- ***Grandparents Raising Grandchildren: Issues, Implications, and Resources Available***
Kathy Dial, MSW, PhD, Director of Youth and Family Services, Catholic Charities of Eastern Virginia, Inc.; Board of Directors, National Kinship Alliance for Children; Adjunct Faculty, School of Social Work, Norfolk State University

1-2 p.m.

- ***The Future of Health Care: A Closer Look at New Models of Care***
Verna Sellers, MD, MPH, Geriatrician and Medical Director, Geriatric Services and Programs, A Program of All-Inclusive Care for the Elderly
- ***Faith and Aging***
Missy Buchanan, Author, Columnist, and Speaker
- ***Caregiving Resources and Model Programs: What Caregivers Are Surprised to Learn***
Christine Jensen, PhD, Director, Health Services Research, Riverside Center for Excellence in Aging and Lifelong Health
- ***Insomnia and the Older Adult***
Dean Gianakos, MD, ABIM, Associate Program Director, Lynchburg Family Medicine Residency
- ***Conversations About Dementia***
Annette Clark, MSG, Gerontologist and Family Services Director, Alzheimer's Association – Central and Western Virginia Chapter
- ***Elder Abuse: Where We Have Come From, Where We Are Going***
Robin Zimmerman, Family Services Supervisor, Bedford Department of Social Services
- ***Five Easy Steps to Perfect Presentations***
Paula Youra, PhD, Department Chair and Professor, Communication Studies, Lynchburg College
- ***Living Life as a Winner***
Mark Yudowitch, MEd, EdS, Training Specialist & Parenting Program Coordinator, Campbell County Department of Social Services

(continued next page)

SCHEDULE OF EVENTS *

- 8-8:45 a.m.**
Registration
- 8:45-9 a.m.**
Welcome and Announcements
- 9-10 a.m.**
Keynote Address
- 10-10:45 a.m.**
Poster Sessions, Refreshment Break, Educational Exhibits
- 10:45-11:45 a.m.**
Concurrent Sessions
- 11:45 a.m.-12:45 p.m.**
Conference Luncheon, Burton Dining Hall
- 1-2 p.m.**
Concurrent Sessions
- 2-2:15 p.m.**
Poster Sessions, Refreshment Break, Educational Exhibits
- 2:15-3:15 p.m.**
Concurrent Sessions
- 3:15-3:30 p.m.**
Poster Sessions, Refreshment Break, Educational Exhibits
- 3:30-3:45 p.m.**
Gerontology Awards
- 3:45-4:45 p.m.**
Keynote Address

The exhibit hall will be open until 3:30 p.m. New exhibitors are welcome and encouraged to contact the Beard Center on Aging at Lynchburg College for additional information about exhibiting opportunities.

* The complete schedule, registration form, and directions to the College are available on the College website at www.lyncburg.edu/beard.



CONFERENCE INFORMATION *(continued)*

2:15-3:15 p.m.

- *Paying it Forward Through Volunteerism and Civic Engagement*
Brian Jacks, Associate State Director, AARP
- *Simplifying Social Media: Developing Effective Online Profiles to Market Your Services*
Jeremy Langett, PhD, Assistant Professor, Communication Studies, Lynchburg College
- *Virginia's Dementia State Plan: Tracking Progress and Next Steps*
Charlotte Arbogast, MSG, Dementia Services Coordinator, Virginia Department for Aging and Rehabilitation Services
Carter Harrison, State Public Policy Director, Alzheimer's Association
- *Connectivity and Aging: Engaging Mind, Body, and Spirit*
Jay White, MS (Gerontology), Director of Professional Development, Department of Gerontology, Virginia Commonwealth University
- *Understanding Older Adult Suicide and Survivorship*
Mary Lou Blevins, Care Manager, Lutheran Family Services of Virginia
- *Protecting Your Assets*
Julianne Dalton, Esq., Associate, Anderson, Desimone & Green, P.C.
- *Aging and Loss: The Healing Power of Reminiscence/Life Review*
Betsy Faughn, MSW, LCSW, MDiv, Bereavement Coordinator, Centra Hospice
- *Active Music and Art Participation After 50: Benefits, Challenges, and Resources*
Kara Eaton, PhD, Assistant Professor, Music Education, Lynchburg College

FOR MORE INFORMATION

For detailed program descriptions, scholarship information, or to register and pay by credit/debit card, call 434.544.8456 or go to www.lynchburg.edu/beard.

Please see back of registration form for consortium members who are working together to promote positive aging and a community for all ages in Virginia's Region 2000.

CONFERENCE FEATURES

Poster Sessions

Join us for poster sessions to learn more about current research conducted in the field of aging. Conference attendees will have the opportunity to meet and talk with the researchers.

Free Health Screenings

How healthy are you? Come to this year's health screenings to have your vital signs checked. Local clinicians will be on hand to provide this service.

Silent Auction

To raise funds for conference scholarships, a silent auction will be held throughout the day. The auction features items generously provided by Consortium on Aging members and local businesses. **To make a donation for the auction call 434.544.8456 or email us at scruggs.dr@lynchburg.edu.**

Alzheimer's and Dementia Training Opportunities

The Beard Center on Aging offers the National Council of Certified Dementia Practitioner's one-day Alzheimer's and Dementia class required for those interested in becoming a Certified Dementia Practitioner (CDP). Discounts are available for multiple registrations, for hosting a class, and for on-site corporate training. **For more information, call 434.544.8456. To learn more about certification requirements go to www.nccdp.org/cdp.htm.**

See page 7 for information on our post-conference Alzheimer's and Dementia workshop.

About the Lynchburg College Beard Center on Aging

Named in honor of Lynchburg College alumna and gerontologist Belle Boone Beard, the Center strives to promote positive aging through intergenerational activities, educational programs, information and referral services, and professional training. The Center also hosts one of Virginia's largest annual geriatric conferences and provides leadership for Region 2000's ninety-member Consortium on Aging.



REGISTRATION FORM

Early Registration Deadline: May 1, 2014

Note: Registrants may also apply online at www.lynchburg.edu/beard.

Mail to:

Beard Center on Aging at Lynchburg College
1501 Lakeside Drive
Lynchburg, VA 24501

Last Name _____ First Name _____

Position/Title _____

Company/Organization _____

Phone _____ Fax _____

Street Address _____

City _____ State _____ Zip _____

Email _____

Please check the appropriate box(es) below and submit payment and registration form by **May 1, 2014** for early registration discount. Workshops will be filled on a first-come, first-served basis. Registration deadline is **May 15, 2014** or until all spaces are filled.

Conference Fee (includes lunch)

- Member, Gerontology Center Consortium – Early registration discount (before May 1, 2014) \$65
- Member, Gerontology Center Consortium – Late registration (after May 1, 2014) \$90
- Non-Member, Gerontology Center Consortium – Early registration discount (before May 1, 2014) \$85
- Non-Member, Gerontology Center Consortium – Late registration (after May 1, 2014) \$110
- Full-Time Student or Senior Citizen \$45

Optional Fees

- I would like Lynchburg College CEUs for the conference (June 3) \$15
- Post Session: NCCDP Alzheimer's and Dementia Class – Consortium Conference Attendees \$100
- Post Session: NCCDP Alzheimer's and Dementia Class – Conference Attendees \$150
- Post Session: NCCDP Alzheimer's and Dementia Class ONLY – Non-Conference Attendee \$185
- I would like Lynchburg College CEUs for the NCCDP Alzheimer's and Dementia Class. \$15

Total Amount Enclosed \$ _____

(Make check or money order payable to the Beard Center on Aging. Credit and debit card payments can be made online at www.lynchburg.edu/beard or by phone. Purchase orders also accepted by phone. Call 434.544.8456.)

Continuing Education Credits (CEUs)

Persons attending the entire conference and who meet the requirements for CEUs can earn .5 CEU credits from Lynchburg College. The fee is an additional \$15. CEUs will also be offered separately for the post-conference session.

Group Discounts and Scholarships

Group discounts and a limited number of scholarships are available for seniors and caregivers. Call 434.544.8456 for more information.

GET YOUR REGISTRATION IN EARLY!

Due to campus construction, we are capping conference registrations and will fill spaces on a first-come, first-served basis.

CONCURRENT SESSIONS

If you are registering for the conference, please indicate which concurrent session you wish to attend for each time period by checking the appropriate box(es) below. Please check only one box for each session.

10:45-11:45 a.m.

- Ethics at the End of Life
- Health Care Reform in Practice
- Capturing Life's Journey
- Cognitive Changes in the Elderly (With a Focus on MCI)
- Helping Older Smokers Quit
- They Are Here and They Are Grey
- Staying Healthy and Vital After 50
- Grandparents Raising Grandchildren

1-2 p.m.

- The Future of Health Care: New Models
- Faith and Aging
- Caregiving Resources and Model Programs
- Insomnia and the Older Adult
- Conversations About Dementia
- Elder Abuse: Where We Have Come From, Where We Are Going
- Five Easy Steps for Perfect Presentations
- Living Life as a Winner

2:15-3:15 p.m.

- Paying It Forward Through Volunteerism and Civic Engagement
- Simplifying Social Media
- Virginia's Dementia State Plan
- Connectivity and Aging: Engaging the Mind, Body, and Spirit
- Understanding Older Adult Suicide and Survivorship
- Protecting Your Assets
- Aging and Loss: The Healing Power of Reminiscence/Life Review
- Active Music and Art Participation After 50

CONSORTIUM ON AGING MEMBER LIST

2-1-1 Virginia	Fairmont Crossing Health & Rehabilitation Center	Senior Independence
AARP Virginia	First Care Home Health	Senior Navigator
Adult Care Center of Central Virginia	First Dominion Home Health	Senior News
<i>Ageless Woman</i> magazine	Full House Health Management, LLC	Servus Capital Management
Alzheimer's Association of Central and Western Virginia	Generation Solutions	Solid Rock Enterprises, Inc.
Beard Center on Aging at Lynchburg College	Gentle Shepherd Hospice	Summerset Senior Services, LLC
Bedford Community Health Foundation	Golden Years Guide of Central Virginia	Susan Oliver, Esq.
Bedford County Department of Social Services – A.P.S.	Guggenheimer Health & Rehabilitation Center	Team Nurse
Bedford Hospice Care	Heritage Green Assisted Living	The Glebe
Bedford Memorial Hospital	Home Instead Senior Care	The Orthopaedic Center of Central Virginia
Brain Injury Association of VA	Independent Lifestyles	The Summit
Campbell County Department of Social Services	Infinity Care Management of Virginia	The Summit Assisted Living
Campbell County Parks and Recreation	Lewy Body Dementia Support Group	The Summit Health & Rehabilitation Center
Campbell County Retired Senior Volunteer Program	Lynchburg Area Center for Independent Living	TowneBank Mortgage
Care OPTIONS Plus, LLC	Lynchburg College	United Way of Central Virginia
Carriage Hill Retirement	Lynchburg College Health Training Consortium	Virginia Relay Captel
Centra Home Health	Lynchburg Family Medicine and Residency	Westminster Canterbury of Lynchburg
Centra Mental Health Services	McGurk House	Williams Home, Inc.
Centra PACE	Meals on Wheels	Woodhaven Nursing Home
Centra Rehabilitation and Senior Services	Mental Health America of Central Virginia	
Centra Specialty Hospital	Oakwood Health and Rehabilitation Center	INDIVIDUAL MEMBERS
Center for Community Development & Social Justice, Lynchburg College	Older Adult Ministries, United Methodist Church, Lynchburg District	Charlotte Arbogast
Central Virginia Area Agency on Aging	Personal Home Care, Inc.	Yvonne Behrens
City of Danville Department of Parks, Recreation, & Tourism	Piedmont Medicare Advantage	Gretchen Bryant
CogniCheck, Inc.	Raspberry Hill Adult Daytime Center	Jessica Crews
Deaf & Hard of Hearing Services Center	Regional SW Alcohol and Aging Awareness Group	Elizabeth Farnsworth
Elks National Home	Runk and Pratt Senior Living Communities	Kay Ellen Fielder
	Senior Guide	Sarah Hamlett
		Glenda Lilly
		Lynn Macbeth
		Shannon Marling
		Joyce Morrison
		Fumiko Radile
		Phillip Rosser

INDIVIDUAL MEMBERS

Charlotte Arbogast
 Yvonne Behrens
 Gretchen Bryant
 Jessica Crews
 Elizabeth Farnsworth
 Kay Ellen Fielder
 Sarah Hamlett
 Glenda Lilly
 Lynn Macbeth
 Shannon Marling
 Joyce Morrison
 Fumiko Radile
 Phillip Rosser

Join the Consortium on Aging

The Consortium on Aging is comprised of individuals, organizations, faith communities, nonprofit businesses, and corporations interested in promoting positive aging and addressing the needs of our aging community. Members receive up-to-date information about issues related to aging, resources, community events, training, and networking opportunities. Members also receive discounts on Beard Center programs and services. For more information, call 434.544.8456 or www.lynchburg.edu/beard.

LODGING INFORMATION



Wingate by Wyndham

3777 Candler's Mt. Road, Lynchburg
888.494.6428 • www.wingatehotels.com

This non-smoking, certified green, award-winning hotel, nestled in the foothills of the Blue Ridge Mountains, offers a free hot deluxe 40-item breakfast. Special conference room rate is \$102/night plus tax. To receive discounted rate, register before May 16, 2014 and identify yourself as a Lynchburg College Conference on Aging attendee.



Acorn Hill Lodge

2134 Old Forest Road, Lynchburg
434.528.0983 • www.acornhilllodge.com

This award-winning home away from home is situated minutes away from Lynchburg College and offers a cozy Bed & Breakfast atmosphere. A free hot made-to-order breakfast is included. A limited number of rooms is available at a rate of \$102/night plus tax. To receive discounted rate, identify yourself as a Lynchburg College Conference on Aging attendee.



Craddock Terry Hotel and Event Center

1312 Commerce Street, Lynchburg
434.455.1500 • www.craddockterryhotel.com

This turn-of-the-century shoe factory turned residential-style boutique hotel, located in downtown Lynchburg, offers complimentary shuttle service, two award-winning onsite restaurants, an in-room complimentary continental breakfast, a microbrewery, and more. A limited number of rooms is available for \$129/night plus tax. Identify yourself as a Conference on Aging attendee.

POST-CONFERENCE WORKSHOP • JUNE 4, 2014

Alzheimer's and Dementia Class (8 contact hours)

8:30 a.m. – 5 p.m. (Registration begins at 8 a.m.)

Hopwood Hall, Hopwood Auditorium, Lynchburg College

The intensive curriculum includes: an overview of dementia, diagnosis, prognosis, and treatment options; effective communication techniques; understanding feelings and depression; repetitive and aggressive behaviors, paranoia, hallucinations, wandering, hoarding, and catastrophic reactions; intimacy and sexuality; personal care — bathing, dressing, toileting, nutrition, pain, and activities; environmental issues; staff and family support; cultural competence and diversity; spiritual care; and end-of-life issues.

INSTRUCTORS

Denise Scruggs, Certified Activity Director, Certified Dementia Practitioner, and approved Alzheimer's and Dementia instructor through the National Council of Certified Dementia Practitioners (NCCDP). Denise has more than 20 years of experience in dementia care, both personally and professionally. Her experience includes work in activities, social work, family caregiving, consulting, and memory support program management. Denise serves as the director of the Beard Center on Aging and is a member of the advisory council for Virginia's newly formed Institute for Innovations in Caregiving.

June McNamara, Certified Dementia Practitioner and approved Alzheimer's and Dementia instructor through the NCCDP, has devoted her 20-year career in social work to improving the quality of life for residents in Long Term Care. Besides working at Gentle Shepherd Hospice, she facilitates an Alzheimer's Support Group and a Grief Share Series for bereavement support. She has also done pet therapy for persons with dementia using her miniature horse.

COST

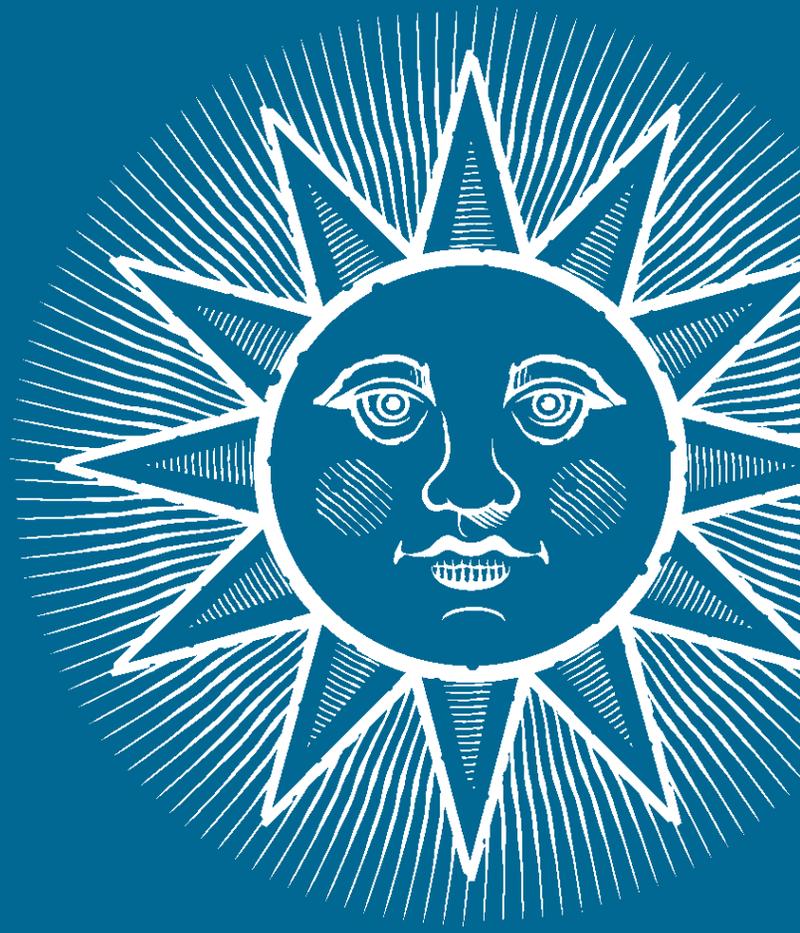
Consortium Member Conference Attendees.....	\$100
Non-Consortium Member Conference Attendees	\$150
Dementia Class ONLY – Non-Conference Attendee.....	\$185
Lynchburg College CEUs for the NCDDP	\$15

On completion of this course, professionals may apply for CDP certification at a discounted rate of \$25, a savings of \$75. In addition to successful completion of this course, all NCCDP certification requirements must be met and approved by the NCCDP Certification Council in order to receive professional certification. For more information go to www.nccdp.org.

Lynchburg College Beard Center
and Consortium on Aging

WORKING TOGETHER
TOWARD A COMMUNITY
FOR ALL AGES

*Through community service, individual support
and referral, leadership, and education*



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