



VDA WEEKLY E-MAILING

July 8, 2014

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update where you can sign up or view the current and archived editions:

<http://www.nasuad.org/newsroom/friday-update>

Age in Action Summer Issue

Tim Catherman, Director Aging Operations

Dr. Edward Ansello, Director of the Virginia Center on Aging, has asked that we share a link to the Sumer issue of their *Age in Action* newsletter. Please use this link for the newsletter

<http://www.sahp.vcu.edu/vcoa/newsletter/ageaction/agesummer14.pdf?v=0701>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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Nutrition Education Materials

Elaine S. Smith, MS, RD, Program Coordinator

Following is a link to nutrition education tips for shopping at farmers' markets. The information may be helpful for any adults, older adults, and those participating in the Senior Farmers' Market Nutrition Program.



[Navigating Farmers' Markets \(Slideshow\)](#)

Shopping at your farmers' market is a great way to try some new cancer-protective foods, get to know your local farmers and have fun. We have tips to help you get the most out of your experience and shop safely.

ARCH National Respite Network & Research Center

Quick News Update July 2014

Ellen M. Nau, MA, Program Coordinator

Having trouble viewing? Click [here](#) to see a web version.



ARCH
Quick News Update
July 2014

The latest news relevant to the respite network on events, research, national and state initiatives, and state Lifespan Respite systems.

The mission of the ARCH National Respite Network and Resource Center is to



assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.

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Registration Now Open



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



Get in Tune with Respite

16th Annual National Lifespan Respite Conference
October 7-9, 2014 • Nashville, TN

Nashville Marriott at Vanderbilt University

Nashville, TN

Keynote Just Announced!

Leisa Easom, PhD, RN

**Executive Director and Pope Eminent Scholar Rosalynn Carter Institute
for Family Caregiving Americus, GA**

Visit the conference [website](#) for more information. [Registration](#) now open.

Registration now open for the 2014 Lifespan Respite Grantee and Partner
Symposium

October 10, 2014

Click [here](#) for more information and to register.

Lifespan Respite News



If you have Lifespan Respite News you would like to share nationally and with other Lifespan Respite states, please send to [ARCH](#).

Texas and South Carolina hold Lifespan Respite Summits in June

The *South Carolina Lifespan Respite Summit* was held in Columbia, South Carolina on June 18, 2014, under the joint sponsorship of the SC Lifespan Respite Program, the SC Respite Coalition, ARCH and other state partners. The welcome was presented by Tony Kester, Director, SC Lieutenant Governor's Office on Aging. Over 100 individuals, including family caregivers and SC Respite Coalition partners attended. Discussion focused on implementation of the [SC State Respite Plan](#) and the future of developing a statewide respite system. For the Summit Agenda and additional summit information, click [here](#).

The *Texas Lifespan Respite Summit* was held in San Marcos, TX on June 12, 2014, under the joint sponsorship of the TX Lifespan Respite Program, ARCH, and the Texas Respite Coalition, which partners with the Texas Department of Aging and Disability Services (DADS) for the Lifespan Respite Care Program. The Coalition supports DADS in its goal to enhance and expand the coordination and availability of respite services in Texas. The purpose of the summit was to bring together members of the statewide respite coalition and to engage additional interested parties, including family caregivers, from across the state in addressing the issue of *Building the Foundation of a Strategic Plan for Respite in Texas*. For the Summit Agenda and additional summit information, click [here](#).

ARCH Respite Messaging Group Update

Earlier this year, at the request of Lifespan Respite grantees and partners, ARCH convened an ad hoc working group to review current respite messaging and public awareness campaigns. A goal of the group is to propose new respite messages and strategies to better market respite to family caregivers, providers, businesses, policymakers, and the medical and social service community, and to raise public awareness generally about the need for and benefits of respite. From time to time, we will share messaging, PSAs or videos that are brought to



our attention from the respite network. This month, we are pleased to share a new video from ARCH member [Jill's House](#), a respite program for children in Vienna, VA.

View the [Video](#).

More Lifespan Respite Resources....

The Lifespan Respite Grantee/Partner [Tool Page](#) is frequently updated with products and materials developed by Lifespan Respite grantees and their partners. Check there often. Keep up with the latest respite discussions on the Lifespan Respite [Discussion Forum](#).

News from the Administration for Community Living

2014 Webinar Series on Alzheimer's Disease and Related Dementias

The Administration for Community Living (ACL), Centers for Disease Control and Prevention (CDC), and the National Institute on Aging (NIA) at the National Institutes of Health (NIH) are collaborating to host a webinar series to increase knowledge about Alzheimer's disease and related dementias, and resources that professionals in the public health, aging services and research networks can use to inform, educate and empower community members, people with dementia and their family caregivers. Schedule of upcoming webinars:

- Webinar #1: Updates on Alzheimer's Disease and Related Dementias Resources, Tuesday, July 22
- Webinar #2: Community Collaborations for Assisting People with Alzheimer's and Dementias: The Steps to Success, Thursday, August 28
- Webinar #3: Alzheimer's Research Updates, Thursday, September 25

Click [here](#) to register and for more information.



Building Respect for LGBT Older Adults

An online training tool

The U.S. Department of Health and Human Services' Administration for Community Living (ACL) announced the release of an online learning tool: *Building Respect for LGBT Older Adults*. The tool is designed to increase awareness of the issues faced by lesbian, gay, bisexual, and transgender (LGBT) individuals living in long term care (LTC) facilities.

The *Building Respect for LGBT Older Adults* tool was developed in collaboration with the HHS Office of Public Affairs, the Centers for Medicare & Medicaid Services, and the National LGBT Resource Center, with input from aging and LGBT advocates.

[Read more.](#)

New Reports and Resources

Raising Expectations: A State Scorecard on Long-Term Services and Supports

by Susan C. Reinhard, Enid Kassner, Ari Houser, Kathleen Ujvari, Robert Mollica, and Leslie Hendrickson

AARP, 2014, Second Edition

This new report from AARP, produced with support from The SCAN Foundation and The Commonwealth Fund, ranks all 50 states' long term systems of support and care for older adults, people with physical disabilities, and family caregivers. To develop the rankings, 26 indicators grouped into five domains of the Long Term Services and Supports System (LTSS) were used, including: affordability and access; choice of setting and provider; quality of life and quality of care; support for family caregivers; and effective transitions.

Despite the report's citation of respite as very important to supporting family caregivers, respite is not used as an indicator to rank states' relative support for



family caregivers. The report notes that inconsistent definitions and measurement of respite for family caregivers precluded them from making reliable cross-state comparisons. Other notable data gaps include coordination of LTSS with other services (medical, housing, transportation, and more), and consumer reports of quality of HCBS.

[Read more.](#)

Family-Centered Care Assessment

National Center for Family Professional Partnerships at Family Voices

Funded by the Maternal and Child Health Bureau, and produced by the National Center for Family Professional Partnerships at Family Voices, this resource describes a quality measurement tool to help pediatricians and other health professionals improve family-centeredness of their care. The Family-Centered Care Assessment (FCCA) tool comprises 24 validated questions on topics such as decision-making interactions, family support, community services, and cultural competence. The resource provides information for families, health care providers, and researchers about the FCCA; a fact sheet and implementation timeline; links to self-assessments and a user guide for families and professionals; and additional resources on family-centered care.

[Read more.](#)

Fact Sheets on Programs Serving Individuals with Traumatic Brain Injury and their families

National Association of State Head Injury Administrators

The National Association of State Head Injury Administrators released three fact sheets describing state and federal programs that serve individuals with traumatic brain injury. The fact sheets include important state-by-state



information on programs and funding sources, including 1915(c) Medicaid waivers, that may pay for respite and provide other family caregiver supports.

[State Services for Individuals with Traumatic Brain Injury \(TBI\) and Their Families](#) provides an overview of how states use various funding resources to support the delivery of TBI rehabilitation and community resources and services.

[TBI/ABI Trust Fund Programs: Overview and Trends](#) defines and summarizes state trust fund programs, including a color coded map and table listing states with information regarding how funds are generated, use of funds and revenue trends.

[TBI/ABI HCBS Waiver Programs and Other Options for Long-term Services and Supports \(LTSS\)](#) provides an overview of Medicaid 1915 (c) Home and Community-Based Services Waiver (HCBS) programs for individuals with TBI and a state map of programs.

[Application for the 2014 Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award Now Available](#)

DEADLINE TO APPLY - August 22nd

Nonprofit organizations, government agencies and universities are invited to apply for the seventh annual Rosalinde Gilbert Innovations in Alzheimer's Disease Caregiving Legacy Award. The application is available on the Family Caregiver Alliance (FCA) website at www.caregiver.org.

Through a grant to FCA's National Center on Caregiving from The Rosalinde and Arthur Gilbert Foundation, three awards of \$20,000 each will be given to organizations to recognize unique programs that address the needs of Alzheimer's caregivers. One award will be granted in each of three categories:

- Creative Expression
- Diverse/Multicultural Communities



- Policy and Advocacy

[To apply and read more.](#)

Policy News

[Introduction of House Version of Military and Veteran Caregiver Services Improvement Act of 2014, including Lifespan Respite Reauthorization](#)

On June 18, Representatives Jim Langevin (D-RI), Mike Michaud (D-ME) and Elizabeth Esty (D-CT) introduced legislation to improve services and supports for family caregivers of military service members and veterans. This bill, HR 4892, a House companion to legislation introduced by Senator Patty Murray (D-WA), follows the release of a RAND Corporation report commissioned by the Elizabeth Dole Foundation outlining the many challenges faced by America's military and veteran caregivers. Both the House and Senate bills include a five-year reauthorization for the Lifespan Respite Care Program that clarifies the eligibility of veterans for the program.

Previously in May, Representative Jim Langevin reintroduced the stand-alone Lifespan Respite Care Reauthorization Act (H.R. 4683) in the House to reauthorize the Lifespan Respite Care Act of 2006 at \$15 million per year over 5 years (\$75 million total). The bill is designed to build on the successes of coordinated respite services for family caregivers at the local, state and federal levels.

[HR 4683](#)

[HR 4892](#)

[S 2243](#)

[Caregiver Corps Bill to be Introduced in the Senate](#)



On June 30, U.S. Senator Bob Casey (D-PA) chaired a field hearing of the U.S. Senate Special Committee on Aging Committee that examined the challenges of the “sandwich generation” -- individuals who are caring for older parents while also raising children. Residents from Southwestern Pennsylvania described the increasing challenges that these new realities are placing on their families. “This generation needs respite time, or they become overwhelmed and stressed,” said Sister Barbara Ann Boss, CEO of Elizabeth Seton Center and a hearing witness. “An overwhelmed and stressed caregiver is not able to give quality care to parent or child.”

As one solution, Senator Casey indicated his intent to introduce legislation in July to create a “Caregiver Corps,” with training opportunities for volunteers to help with caregiving. Click [here](#) for more information about the soon to be introduced *Caregiver Corps Act of 2014*.

[Congressional hearing testimony.](#)

Events and Webinars

[ASA Call for Sessions for 2015 Aging in America Conference Extended to July 10](#)

The American Society on Aging (ASA) extended the Call For Sessions for the **Aging in America Conference** on March 23-27, 2014 in Chicago, IL. The new deadline is Thursday, July 10, 2014.

[Read more.](#)

[International Short Break Association \(ISBA\) Conference](#)

[Wolfenbüttel, Germany](#)

[September 9 - 11, 2014](#)



The **ISBA Conference 2014** provides an opportunity to learn from people from around the globe and to hear about best practices in supporting families who are caring for individuals with disabilities, including children and the aging population. **This is the only international conference with the sole focus on short breaks/respite.** Government representatives and professionals working in agencies that deliver respite care, health and social service professionals, educators and families will come together to share information about leading practices and models of short break/respite care throughout the world. The focus will be on caring for all ages - children, teens, adults and seniors.

Register [here](#).

National Home and Community Based Services (HCBS) Conference

September 13-18, 2014

Hyatt Regency Crystal City, VA

Registration is now open for the **National Home and Community Based Services (HCBS) Conference**, which will showcase promising practices in long-term services and supports.

ARCH will be presenting a session on sustaining state Lifespan Respite programs.

Register [here](#).

Reinventing Quality Conference

August 3-5, 2014

Baltimore, MD



The National Association of State Directors of Developmental Disabilities Services (NASDDDS) will convene the 2014 **Reinventing Quality Conference** in Baltimore, MD. The goal of the Reinventing Quality Conference is to provide information, new ideas and active discussion about the point of view of people with disabilities and their families, and supports that improve opportunities for citizenship and the quality of life for all people with disabilities. Reinventing Quality is a biennial conference showcasing best-practices in supports and services for people with disabilities geared towards educating disability professionals, people with disabilities, family members, advocates, and state and federal officials.

[Click here to register and learn more.](#)

To view previously released ARCH Quick News Updates, see the [News Archive I](#) and [News Archive II](#)

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Administration on Aging. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. These contents, however, do not necessarily represent the policy of the U.S. Department of Health and Human Services and endorsement by the Federal Government should not be assumed.

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