



VDA WEEKLY E-MAILING

August 19, 2014

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly National Association of States United for Aging and Disabilities

(NASUAD) update where you can sign up or view the current and archived editions:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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August 14, 2014

**ACL Funds National Resource Center on
Nutrition and Aging**

The Administration on Aging, a program division within ACL, is pleased to announce it has awarded a grant to the Meals on Wheels Association of America for \$225,000 for the first year of a three year project. This grant will continue to fund the [National Resource Center on Nutrition and Aging](#).

Older Americans Act nutrition services provide healthy meals to approximately 2.5 million older adults every year. ACL is funding the National Resource Center on Nutrition and Aging to support the nutrition services programs by helping to enhance the skills, knowledge, and sustainability of their programs. The funding will also increase the availability of information about promising practices for successful integration of the nutrition network into the changing home- and community-based services network and health care arena.

Southern Area Agency on Aging: Use of Time Bank Initiative

Tim Catherman, Director Aging Operations

We have heard that several AAAs are utilizing the time bank initiative. Here is a link to an article about the Southern Area Agency on Aging (SAAA) use of the initiative.

<http://www.martinsvillebulletin.com/article.cfm?ID=43052>



Crater District Area Agency on Aging Recruiting for Financial Administrator Position

Tim Catherman, Director Aging Operations

The Crater District AAA is recruiting for the Financial Administrator position for the agency. Please see the job posting below and share with others who may be interested.

Financial Administrator

Description	Responsible for managing all accounting, financial, and information technology activities of the agency to include accounts receivables/payables, verification of invoices, submitting/presentation of financial reports relating to contract/grants/government/Agency, administration of 457b Program, works with auditors, maintain current financial status of all programs within the Agency, supervision of bank deposits and dispensing funds, participate in appeals hearings if needed, processing and management of payroll, project future revenues or expenses, maintain balance sheets, evaluate financial records, prepare correspondence and report any discrepancies with suggested solutions to Executive Director, responsible for reconciling and balancing of all financial records, developing the Agency's budget; preparation of monthly reports comparing budgeted costs to actual costs; providing financial support to department heads, supervision of staff as required.
Required Qualifications	Masters degree and five years of similar financial management experience is required. Prefer experience working with seniors. Applicant must be able to exhibit listening, comprehension, and communication skills. Must be knowledgeable and have skills to proficiently operate within Microsoft Office to include Excel and Word; and have working knowledge of entering information in accounting software systems. Must have ability to prioritize assignments and problem solve; read and comprehend all areas of finance. Must be able to collect and organize information; prepare relevant reports; communicate well with persons of different socio-economic and racial backgrounds; work independently and work well within a team environment of CDAAA's customer focused organization.
Part/Full Time	Full Time



Salary	Competitive based on experience.
Benefits	Health, dental, and life insurance; vacation, personal, and sick leave; holidays, deferred compensation plan, flexible spending account, long-term disability insurance, etc.
How to apply	Please submit resume via email at HR@cdaaa.org or submit CDAAA application. All positions are open until filled. Applications or resumes can be mailed or delivered to CDAAA, Attn: Human Resources, 23 Seyler Drive, Petersburg, VA 23805. Seniors are encouraged to apply. Crater District Area Agency on Agency is an Equal Opportunity Employer
Job Classification	Management Exempt

AlzPossible Partners are Proud to Present: Dementia and Oral Health Webinar

Charlotte Arbogast, MSG, Dementia Services Coordinator

Website for More Information and to Register: <http://alzpossible.org/webinars-2/hands-on/oral-health-and-dementia/>

Date and Time: Friday, August 29, 2014 from 1:00 – 2:00 pm EST

Overview of Topic: Appropriate dental care and the maintenance of oral health are very important for the older adult population, particularly persons affected by dementia. Poor oral health can detrimentally affect nutritional status, behavior and overall quality of life. A decline in oral health is often observed among older adults after admission to long-term care. Persons with dementia experience a higher risk for oral disease because they forget to and become unable to perform oral hygiene. In addition, they have a decreased ability to report pain or discomfort and may attempt to resist assistance from caregivers, which can sometimes indicate the presence of a dental issue. Medications taken by older adults and medical conditions afflicting this population, particularly Alzheimer's disease, can cause a reduction in the production of saliva leading to dry mouth, which can lead to the development of gum diseases and dental caries. Antipsychotic drugs can cause repetitive tongue and jaw movements that make wearing dentures difficult. In addition, dentures can become loose and ill fitting after many years, causing damage such as oral lesions. These common oral issues and many others can be avoided by implementing an appropriate oral hygiene care plan and insuring professional dental treatment is received.

Learning Objectives:

At the end of this presentation participants will be able to:



1. Describe the importance of maintaining good oral/dental health in older adults.
2. Communicate a basic understanding of characteristics of oral-systemic interactions as associated with aging and common among older adults.
3. Describe oral-pharmacological interactions often experienced by older adults, with a focus on those with Alzheimer's Disease.
4. Translate the bi-directional relationship between periodontal/gum disease and Alzheimer's Disease.
5. Discuss proper brushing and flossing techniques and how to perform them on individuals with Alzheimer's Disease.

Certificates of Attendance: Certificates of Attendance will be offered by Virginia Commonwealth University free of charge for attendees who participate in the live webinar.

Powerful Tools for Caregivers

Ellen M. Nau, MA, Program Coordinator

Best Practice: Four Southern Area Agency on Aging (PSA 12) staff members are trained to lead "Powerful Tools for Caregivers" (PTC) workshops in Martinsville and Danville, Virginia and the surrounding counties of Franklin, Henry, Patrick and Pittsylvania. PTC was developed by Legacy Health System's Caregiver Services Department as a six week educational program to provide family caregivers with tools to increase their self-care and confidence. PSA 13 staff members received their training through North Carolina AARP. In six weekly classes, caregivers develop a wealth of self-care tools to:

- reduce personal stress
- change negative self-talk
- communicate their needs to family members and health care providers
- recognize the messages in their emotions
- deal with difficult feelings
- and make difficult caregiving decisions (re: placement, driving issues, or finances)





DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Activities Regarding Virginia Quality Improvement Organization

Charlotte Arbogast for Tara Cooke, KEPRO

Please see the attached information from KEPRO regarding Virginia Quality Improvement Organization (QIO) activities. For questions, please contact Tara Cooke.

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The Centers for Medicare & Medicaid Services (CMS) has restructured the Quality Improvement Organization (QIO) Program to further enhance the quality of services to Medicare beneficiaries. Effective August 1, 2014, KEPRO is the new Beneficiary and Family Centered Care (BFCC) QIO for the state of Virginia. Previously, the QIO in Virginia was VHQC. KEPRO will strive to keep a local presence by having outreach staff throughout the area and using state-specific physician reviewers, whenever possible, to provide review determinations at the local level. The same beneficiary protection services will continue to be provided to Medicare beneficiaries. This includes the right for a Medicare beneficiary and his/her representative to contact KEPRO:

- To file a quality of care complaint about the quality of health care received from a Medicare provider.
- To file a discharge appeal when a beneficiary is being discharged from a hospital or skilled services (including a skilled nursing facility, home health services, or hospice).
- For assistance with an immediate problem by requesting Immediate Advocacy.

For more information about KEPRO's services, please visit their website at www.keproqio.com.