



VDA WEEKLY E-MAILING

September 16, 2014

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Normally we provide a link to the weekly National Association of States United for Aging and Disabilities (NASUAD) update, however, with the 2014 HCBS conference being held this week the update will be on hiatus until next week.

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229
Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



September 11, 2014

ACL Announces Awardees for the 2014 Lifespan Respite Care Program

ACL is pleased to announce awards totaling \$2,023,646 to 17 states to further implement the requirements of the Lifespan Respite Care Act of 2006.

Lifespan Respite Care Programs are coordinated systems of accessible, community-based respite care services for family caregivers of children or adults with special needs. They bring together federal, state, and local resources and funding streams to help support, expand, and streamline the delivery of planned and emergency respite services. Additionally, such programs provide for the recruitment and training of respite care providers, caregiver education, training and empowerment, and the provision of gap-filling respite services. [Click here](#) to read more.

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Virginia Caregiver Coalition Meeting

Ellen M. Nau, MA, Program Coordinator

September 18, 2014 at 9:15 AM featuring guest speaker Helena Mock, Attorney and Adjunct Professor of Law." Ms. Mock is with the Peninsula Center for Estate Planning and the College of William & Mary School of Law. Her presentation title: Elder Law Issues for Family Caregivers.



Invited speakers also include Commissioner Rothrock and Deputy Commissioner Brink as well as James Brooks of AARP who will speak on the Care Act.

Coalition members and guests are welcome to attend the meeting at the DARS/VDA Conference Room at 1610 Forest Avenue, Henrico, VA or at video conference sites throughout the Commonwealth including: Mountain Empire Older Citizens Inc., Big Stone Gap; District Three Senior Resources, Marion; New River Valley Agency on Aging, Pulaski; Blue Ridge Independent Living Center, Roanoke; DARS Madison; Fairfax County Area Agency on Aging, Fairfax; DARS Hampton, and DARS Williamsburg.

CRIA Encounter Replaces Quick Form Implementation

Kathy Miller, Director of Programs

Thank you for providing feedback in response to the recent communication about the policy change that will require a CRIA encounter in lieu of a Quick Form. Initiating service provision via CRIA is the Best Practice which enables outcomes to be tracked and assures the efficiencies of the NWD System are fully realized. Feedback indicates that agencies are in various stages of readiness to go forward with this change. We understand that additional time and support from DARS will be necessary for some agencies to adopt the new policy to ensure that implementing this best practice will not increase workload. Therefore, the change in policy will not take effect on 10/1/2014. Transition to the new policy will be revisited after the 10/1 launch of CRIA2.

Listening Session on Adult Abuse October 9th

Tim Catherman on behalf of Ali Faruk

Dear all,

During the 2014 General Assembly Session, Delegate Bobby Orrock, Chairman of the Health, Welfare and Institutions Committee requested that DARS write a report on adult abuse in the Commonwealth.

DARS is encouraging individuals who work with older adults and adults with disabilities to attend a 2nd listening session, **October 9, 2014, from 2:00-4:00 PM** in the **Switzer Classroom** at the **Woodrow Wilson Rehabilitation Center** (243 Woodrow Wilson Avenue Fishersville VA 22939).

You can also attend the listening session by video conference at the following four DARS locations:



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DARS Alexandria - 5904 Old Richmond Highway Suite 410 Alexandria, VA 22303

DARS Abingdon - 468 East Main Street Suite 200 Abingdon, VA 24210

DARS Martinsville - 233 W. Commonwealth Boulevard Martinsville, VA 24112

DARS Norfolk - 6340 Center Drive Bldg. 7, Suite 101 Norfolk, VA 23502

The event is free and open to the public, however those interested in attending must **RSVP to ali.faruk@dars.virginia.gov** no later than Tuesday October 7, 2014.

During the listening session, attendees will review initial recommendations that may be included in the report. Additionally stakeholders will have the opportunity to discuss other strategies and programs that may improve the safety, financial stability, and overall well-being of elderly individuals and adults with disabilities throughout the Commonwealth.

Sincerely,

Ali M. Faruk

Special Assistant to the Commissioner

Board Governance and Leadership – 9 Key Components

Tim Catherman, Director Aging Operations

Please see the information below on a free webinar series being offered by the Virginia State Bar, Greater Richmond Bar Foundation and Sands Anderson PC.

The [Virginia State Bar](#), the [Greater Richmond Bar Foundation](#), and [Sands Anderson PC](#) are pleased to announce a **FREE** 3-part webinar series for nonprofit board members, executive directors, officers, attorneys and other key players in the nonprofit field.

The webinars listed below focus on what nonprofit leaders and board members need for effective governance and best



practices. Join us by registering today!

**Board Service - The Duties and Responsibilities as a
Board Member**

September 23, 2014

Presenters: Phyllis Katz, Ali Fannon, Elizabeth Gunn

We may be asked to serve on the board of our swim club, food bank, church, YMCA, hospital, day care center, or countless other nonprofits within our community. Our commitment to community service is a core value. With commitment and pride, we accept. However, in accepting, we assume duties as board members, many of which have little to do with raising money. The law imposes on each board member three fiduciary duties - the duty of obedience, the duty of care, and the duty of loyalty. This webinar will provide an overview of the law of nonprofit organizations and discuss how each of these duties comes into play as we exercise our role of director or trustee. Nonprofit organizations are highly complex organizations bound by many laws. This webinar will give you a framework for being a valuable, effective board member.



[Click to REGISTER for Sept 23rd](#)

**Ethical Duties of Attorneys as Director or Pro Bono
Lawyer**

October 15, 2014

Presenters: Jim McCauley, Ann Hodges, Faith Alejandro

For attorneys, working with a nonprofit organization can be a rewarding way to serve the community and meet pro bono obligations. Rule 6.1 of the Virginia Rules of Professional Conduct sets forth a commitment of 2% of the lawyer's professional time. Many nonprofits are eager to work with lawyers, either as board members, counsel to the nonprofit, cooperating referral attorneys, or all of the above. While many ethical issues that arise in the context of nonprofits mirror those that arise in a lawyer's practice outside the nonprofit context, there are some issues that are unique to nonprofits. Also, many in the bar provide pro bono services through volunteering at Legal Aid or directly through their firm. This webinar will focus on the ethical expectations of attorneys providing pro bono services in either capacity.



[Click to REGISTER for Oct 15th](#)

Board Governance and Leadership - 9 Key Components

November 19, 2014

Presenters: Phyllis Katz, Jesse Bausch, Ali Fannon

Nonprofits operate in a highly regulated and very transparent environment. In deciding to serve, it is more than just doing good and/or giving financial support; a board member has a unique stewardship role in the organization. This webinar will introduce the participants to the top nine good governance practices that are hallmarks of successful nonprofits boards: (1) board recruitment and orientation; (2) the significance of the Articles of Incorporation and Bylaws; (3) committee structure and board oversight; (4) delegation and accountability of the Officers and CEO; (5) liability and indemnification; (6) the importance of Form 990; (7) oversight of revenue activities and fundraising; (8) protection of assets; (9) annual registrations and reports.



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[Click to REGISTER for Nov 19th](#)

All programs will be submitted for MCLE credit. There is **no registration fee for the webinars**; however, attorneys participating will be asked to certify during registration that they will accept a *pro bono* referral from a *pro bono* legal services organization or, in the alternative, make a financial contribution to a *pro bono* legal services organization.

Our mailing address is:

Sands Anderson PC

PO Box 1998

Richmond, VA 23218

You can unsubscribe from this list by clicking the

UNSUBSCRIBE link below or by notifying

Lhorvath@sandsanderson.com; we apologize for any

inconvenience. [UNSUBSCRIBE from this list](#)

Versability Resources 2nd Annual Art Show

James A. Rothrock, Commissioner

Please spread the word about this great event!



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WHERE ABILITY MEETS OPPORTUNITY

VersAbility Resources' 2nd Annual Art Show

September 25 ~ 6:00 to 8:30 p.m.

[Virginia Living Museum](#)

524 J Clyde Morris Blvd

Newport News, VA 23601

Spend a wonderful evening enjoying incredible works of art created by people with disabilities. Purchase one-of-a-kind pieces during an art auction.





Live music by the Jimmy Masters Trio!

Tickets are \$10 before September 18. Ticket prices go up to \$15 on September 18 and are \$20 at the door.

Tickets include heavy hors d'oeuvres, beer, and wine.

[Purchase tickets online](#) or by calling (757) 896-6473.



About Us

VersAbility Resources has been supporting people with disabilities for over 60 years. With a budget of \$39 million and more than 1,000 employees, we are a major business and employer in the region. In 2013, VersAbility was recognized by Inside Business as a "Roaring 20", one of the fastest-growing companies in Hampton Roads in terms of revenue and employee growth. We are a comprehensive provider, serving 1,200 people with disabilities in employment, day support, community living, and early childhood programs.

VersAbility's service area extends from the Virginia Peninsula and Middle Peninsula/Northern Neck to the Southside. We have offices in Hampton, Gloucester, and Norfolk and, through our success in government contracts, we have created jobs for over 250 people with disabilities across the country.



13th Annual Alzheimer's Education Workshop

Charlotte Arbogast, MSG, Dementia Services Coordinator

Innovations in Care: Person-Centered Dementia Care through the Arts



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Tuesday, November 11, 2014

Holiday Inn Valley View

3315 Ordway Dr. NW

Roanoke, VA 24017

See the attached flyer!

13th annual Alzheimer's Education Workshop

*Innovations in Care:
Person-Centered Dementia Care through the Arts*

Tuesday, November 11, 2014

Holiday Inn Valley View

3315 Ordway Dr. NW

Roanoke, VA 24017

alzheimer's  association®

Central & Western Virginia Chapter

Featuring:



Teepa Snow, MS, OTR/L, FAOTA
Dementia expert who trains and consults
for agencies, facilities, and families.



Scott Kirschenbaum

Director of the highly acclaimed
film *You're Looking at Me Like
I Live Here and I Don't* featured
on PBS's Emmy award-winning
series *INDEPENDENT LENS*

This program is made possible, in part, by funding provided by the Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under Grant No. UB4HP19210 to the Virginia Geriatric Education Center.



Innovations in Care: Person-Centered Dementia Care through the Arts

7:30 – Registration Opens/Continental Breakfast

8:45 – Welcome – Sue Friedman, President & CEO
Alzheimer’s Association Central and Western Virginia

9:00 – A POSITIVE APPROACH TO CARE –Teepa Snow, MS, OTR/L, FAOTA -Teepa is a dementia expert who trains and consults for agencies, facilities, and families. Through a person-centered approach, you will learn why your physical approach, communication, and body language matter. Strategies for building positive relationships and smooth interactions will be discussed.

10:30 – Break

10:45 – ALZHEIMER’S DISEASE: IS THERE HOPE ON THE HORIZON? - Aubrey Knight, MD, Professor of Medicine and Family and Community Medicine, Virginia Tech Carillion School of Medicine. Includes latest clinical guideline tools available to detect cognitive impairment; assessment; recognizing the signs and symptoms of AD; and disease management. A summary of current research will be shared.

12 – Lunch – NETWORKING

12:45 – Breakout Sessions – Choose One:

To reserve your seat, register by November 5, 2014. Payment must be received with your registration.

\$95 per person \$35 family caregivers* Group Rate: \$85 ea. for 5 or more

Limited family scholarships available. Call (434) 973-6122 x 103.

Continuing Education Approval from NASW Virginia Chapter is pending. General CEUs offered.

Registration includes continental breakfast and lunch.

To register by phone, call (800) 272-3900 and ask for Alzheimer’s Education Workshop in Roanoke.

To register by mail, complete the attached form and send to:

Ellen Phipps, Alzheimer’s Association, 1160 Pepsi Pl. Suite 306, Charlottesville, VA 22901

If paying by check, make check payable to “Alzheimer’s Association” and mail with the form below.

If paying by credit card, call the number above or complete the credit card info and mail with the form below.

Name: _____

Billing Address: _____

Phone: _____ Email: _____

Meal Choice: Regular Vegetarian Vegan

**One registration form
per attendee**

Please bill my credit card: Visa Mastercard Discover

Credit Card No : _____ CVV _____ Expiration Date _____

TOTAL AMOUNT: _____ No refunds will be issued.

1. How to Properly Plan Your Legal Affairs and Protect Your Assets- Christopher Desimone, Esq. - Learn about planning for the future with this estate and trust law expert.

2. Person – Centered Care Planning - Teepa Snow - How to work with persons with the disease and their families, including how to recognize signs of caregiver burden and stress

1:45 - FILM: YOU’RE LOOKING AT ME LIKE I LIVE HERE AND I DON’T –This Emmy-award winning Independent Lens series film received critical acclaim and is the first documentary told from the perspective of a woman with Alzheimer’s disease, and the first filmed entirely in an Alzheimer’s and Dementia Unit. Panel Discussion: Dr. Knight, Teepa Snow, Annette Clark, MSG and director Scott Kirschenbaum: Diagnoses, referral, community resources and barriers to services.

3:15 – Break

3:30 – CREATIVE ARTS ACTIVITIES WITH PURPOSE – Sharon Celsor-Hughes – A person centered approach to activities – focusing on opportunities for creative expression.

4:30 – Closing Remarks