



VDA WEEKLY E-MAILING

September 23, 2014

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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ACL Update: Elder Abuse - Global Leadership for an International Crisis

Cecily Slasor on behalf of Kathy Greenlee, Assistant Secretary for Aging

September 17, 2014

Elder Abuse: Global Leadership for an International Crisis

By Kathy Greenlee, Assistant Secretary for Aging

Elder abuse is a global crisis that is growing. By the year 2025, there will be 1.2 billion people in the world over the age of 60. While country-specific data varies, it is clear older adults all across the globe experience physical, sexual, emotional and financial abuse. In the U.S., recent studies suggest at least 10% of older adults experience abuse in some form.

I spent the past week in Geneva assessing these challenges; searching for collective opportunity. While there is much work to be done, we are beginning to make significant progress in creating a cohesive framework for how to address this critical issue, both internationally and at home. Read the full blog [here](#).

ACL Update: AOA-funded Chronic Disease Self-Management Empowers Healthy Aging

Cecily Slasor, Administrative Assistant



September 22, 2014



AoA-funded Chronic Disease Self-Management Empowers Healthy Aging

By Kathy Greenlee, Assistant Secretary for Aging and Administrator of ACL

Chronic health conditions are, unfortunately, often a part of the aging process. Ninety-two percent of people over age 65 live with at least one chronic health condition, such as diabetes, heart disease, arthritis, or cancer. Seventy-seven percent live with two or more such conditions. Chronic health conditions can create challenges that affect every aspect of a person's life. However, learning to manage those conditions enables people to stay healthy, active, and engaged in their communities. The Administration on Aging (AoA) currently provides Affordable Care Act Prevention and Public Health Fund grants to a National Resource Center and 22 states to deliver evidence-based chronic disease self-management programs. These programs empower thousands of older Americans to successfully manage their chronic conditions so they can maintain their independence and dignity. [Read more.](#)

Join us for a Falls Prevention Twitter Chat, September 23

Tomorrow is the first day of fall. It is also National Falls Prevention Awareness Day. According to the Centers for Disease Control and Prevention, falls are the leading cause of fatal and nonfatal injuries to older adults. Falls result in more than 2.4 million injuries treated in emergency departments annually, including over 772,000 hospitalizations and more than 21,700 deaths.

Join ACL, the American Occupational Therapy Association, and the National Council on Aging for a falls prevention Twitter chat to raise awareness of how older adults can stay "Strong Today, Falls Free Tomorrow." The chat will take place Tuesday, September 23, at 2:00-3:00 p.m. EST on Twitter. Use #FallsPrevention to follow along and participate in the conversation.

For additional resources about National Falls Prevention Awareness Day, [click here.](#)



Vtrans 2040 Webinar

Tim Catherman, Director Aging Operations



VTrans2040 Webinar - October 7th

Join us for a webinar on Oct 07, 2014 at 1:00 PM EDT.

Register now!

<https://attendee.gotowebinar.com/register/4446775028631369217>

We invite you to join us on October 7th to learn about the VTrans2040 project and share your ideas. Your input will help the Office of Intermodal Planning and Investment (OIP) refine the vision, goals, and objectives that will ultimately guide transportation investments in the Commonwealth.

After registering, you will receive a confirmation email containing information about joining the webinar.

[View System Requirements](#)





DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

VA Department of Emergency Management News Release

Kathy Miller on behalf of Chip Stratton, Safety and Risk Management Director, Emergency Coordination Officer DARS



Virginia Department of Emergency Management

News Release

10501 Trade Court
Richmond, Virginia 23226

FOR IMMEDIATE RELEASE

Sept. 17, 2014

[New GIS map shows hurricane storm surge risk](#)

Map gives coastal residents and visitors additional information tool during hurricane season

RICHMOND, Va. – When evacuations are ordered because of an approaching tropical storm system, it's not just the wind that concerns emergency officials – it's rising water called storm surge. A new preparedness tool created by the Virginia Department of Emergency Management helps people in Virginia find their storm surge risk.

The Geographic Information System (GIS) map allows users to find the maximum storm surge risk at their current location or the risk of an address location entered into the search bar.

“We want to be sure our coastal residents and visitors understand what this map will do, and what it won't do,” said Jeff Stern, state coordinator of emergency management. “The map will let people see what storm surge could do in a worst case scenario. But it's not a real-time map, so people still need to listen carefully for local evacuation instructions during an actual storm.”

Storm surge is the abnormal and dangerous rise of water, over and above the tide, that is pushed to shore by strong winds from a hurricane or tropical storm system. The storm surge zones of the GIS map show the maximum coastal area in Virginia that may be inundated by a hurricane generating a surge of a given value.

“Historically, 90 percent of the time, it's the inundation of water that kills, not the wind,” said Stern. “We created this map for people to get an idea of what surging water could mean in their communities so they will pay closer attention when hurricane season storms are forecast.”



Every storm is different, and every forecast is different, so the exact impact of a particular storm may not reflect the modeled storm surge shown on the GIS map. The map is only a projection, but it can be used as one tool to better understand storm surge and the risk to Virginia coastal communities.

The localities shown on the map include the counties of Accomack, Gloucester, Isle of Wight, Lancaster, Mathews, Middlesex, Northampton, Northumberland, Richmond, Surry, Westmoreland and York, and the cities of Chesapeake, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk and Virginia Beach.

The map is available in English and Spanish at www.ReadyVirginia.gov. To use the map, click on the “find my location” button or type in an address next to the magnifying glass. Click on the evacuation routes and storm surge zones to identify them.

The data used to create the new GIS map came from the Virginia Hurricane Evacuation Study, a joint effort by VDEM, the Federal Emergency Management Agency, the U.S. Army Corps of Engineers and coastal localities. Detailed information about a specific locality and whether a property is in a storm surge area can be obtained by contacting your local emergency management office.

Additional storm surge and hurricane season resources:

- Learn more about preparing for hurricane season in Virginia and download the 2014 Virginia Hurricane Guide: <http://www.ReadyVirginia.gov>
- Residents of and visitors to the Hampton Roads region can sign up for weather alerts: <http://readyhamptonroads.org/Resources/Map.aspx>
- Download a storm surge brochure from the National Weather Service: http://www.nws.noaa.gov/om/hurricane/resources/surge_intro.pdf

To subscribe: [click here](#)

Issued by the Virginia Department of Emergency Management 10501 Trade Court Richmond, VA
23236 (804) 897-6510

Thank you,

Chip Stratton

Safety and Risk Management Director

Emergency Coordination Officer

Woodrow Wilson Rehabilitation Center

Virginia Department for Aging and Rehabilitative Services



VAIRS Conference

Kathy B. Miller, Director of Long-term Care

Please see the attached conference brochure and application for the 2014 Fall VAIRS (Virginia Alliance of Information & Referral Systems) conference being held on October 17, 2014.

SeniorNavigator News Release: Institute for Innovations in Caregiving Renamed

Cecily Slasor on behalf of Kim Tarantino, SeniorNavigator

Please see the attached news release regarding the Institute for Innovations in Caregiving. Recently, SeniorNavigator renamed the institute in honor of Dr. Richard Lindsay to recognize his many years of contributions to the fields of health and aging.

Creativity and Aging Conference, March 5, 2015 in Durham, NC

Cecily Slasor on behalf of Whitney Murphy, Duke University Continuing Studies

Please see the attached flyer regarding the first Creativity and Aging Conference co-sponsored by Duke University Continuing Studies and Trinity College of Arts and Sciences.

Join Us...

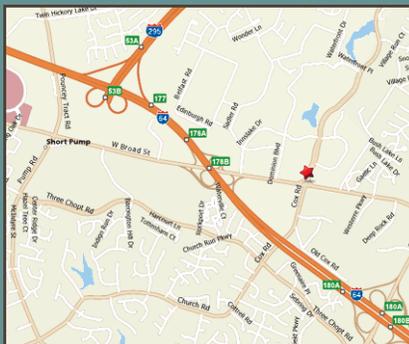
Whether you are an independent not-for-profit, individual, or someone with an interest in supporting VAIRS' goals, participation in the 2014 VAIRS Fall Conference will provide an opportunity to learn, share and connect with other Information & Referral professionals in Virginia. This year's conference is packed with new session formats, an extended list of invited speakers, presentations on timely topics, and networking events.

VAIRS budget-friendly conference offers many outstanding speakers at open sessions that give you a sound return on your investment. The basic registration fee includes access to four sessions, networking events, including

- Morning Networking Breakfast
- Afternoon Networking Lunch



Katie Benghauser, President of VAIRS



Directions:

The Place at Innsbrook*
4036-C Cox Road
Glen Allen, VA 23060
804.346.2100

*Located in the Shoppes at Innsbrook

Washington D.C. / Fredericksburg:

95S to 295W (toward Charlottesville).

64E to Richmond Exit #178B. At first light turn left on to Dominion Blvd. The Place is the second entrance on the right.

Petersburg or South of Richmond:

64W to Richmond Exit #178B. At first light turn left on to Dominion Blvd. The Place is the second entrance on the right.

288 to 64E (this is where 288 ends) On 64E take Exit 178B. At the first light turn left on to Dominion Blvd. The Place is the second entrance on the right.

Virginia Beach: 64W to 295W Charlottesville. 64E to Richmond Exit #178B. At first light turn left on to Dominion Blvd. The Place is the second entrance on the right

Park in the rear of the facility

VAIRS 2014 FALL CONFERENCE OCTOBER 17, 2014 / RICHMOND, VA THE PLACE AT INNSBROOK



Registration Brochure

8:00 AM—9:00 AM Conference
Registration and VAIRS
Information Desk Open

9:00—10:00 AM Welcome Breakfast
(*Speaker: William A. Hazel, Jr.,
M.D., Secretary of Health and Human
Resources*)

10:00—12:00 PM Workshops

- Disaster (*Richard LaPratt*)
- Brain Injury (*Patti Goodall*)

12:00—1:30 PM Networking Lunch
(*Speaker: Joan Phelps, AIRS
President*)

1:30—3:30 PM Workshops

- Mental Health First Aid
(*Christy Letsom*)
- Virginia Sexual Assault &
Domestic Violence
(*Sherrie Goggans*)
- Collaboration Best Practices
(*Panel Discussion*)

3:30—4:00 PM Closing Ceremony

Registration Information

- **Registration opens: September 1, 2014**
- **Registration Deadline: October 3, 2014**
- **Conference registration: \$45 for VAIRS Member; \$85 for Nonmember**

General Info >>>

Conference registration is available by completing included registration form or click [here](#). Payments accepted include VISA, MasterCard, American Express, and check. *Please note that selecting the payment-by-check option does not guarantee seating in any workshop or activity until the check is received by VAIRS.*

Confirmation >>>

A confirmation will be sent to confirm registration and provide a receipt. *Registrations paid by check will not be processed until the check is received at VAIRS and will be processed in the order in which they are received.*

Questions >>>

If you have any questions or problems regarding your registration, please contact VAIRS Training & Education Committee at (757) 622-9268 x3048 or (804) 771-5845.

Participants with Disabilities or Special Needs >>>

If you have a disability, special need, or dietary consideration that may affect your participation in the VAIRS 2014 Fall Conference, please contact VAIRS Training & Education Committee at (804) 771-5845 or (757) 622-9268 x3048 before October 17, 2014, to indicate your requirements.

Registration and VAIRS Information Desk Area On-Site >>>

Registration packets for people who have registered in advance will be available in the registration area beginning at 8:00 AM. The packet will contain the registrant's identification badge. On-site registration will also be available at the same location.

VAIRS Board members will be on hand throughout the conference to answer your questions about membership services and benefits.

Hotels >>>

Hyatt Place
Richmond/Innsbrook
4100 Cox Road
Glen Allen, VA 23060
(804) 747-9644

Hilton Garden Inn
Richmond/Innsbrook
4050 Cox Road
Glen Allen, VA 23060
(804) 521-2900

Comfort Suites
Innsbrook
4051 Innslake Drive
Glen Allen, VA 23060
(804) 217-9200

Hampton Inn
Richmond West
10800 W Broad Street
Glen Allen, VA 23060
(804) 747-777

Not a VAIRS Member?

You can still take advantage of the VAIRS member rates for the conference. Just join VAIRS on www.AIRS.org and then register!

Training & Education Committee

CO-CHAIR: Elaina Dariah, CIRS (2-1-1 VIRGINIA)

CO-CHAIR: Altise M. Street, CIRS (2-1-1 VIRGINIA)

Pam Kestner (*Office of the Secretary of Health and Human Resources*)

Katie Benghauser (*Senior Navigator*)

Mary Jane Barney-Butler (*Loudoun County Area Agency on Aging*)

Beth Deskins, MSW (*Radford University*)

**VAIRS 2014 FALL CONFERENCE
OCTOBER 17, 2014 / RICHMOND, VA
THE PLACE AT INNSBROOK**

REGISTRATION FORM
Don't be disappointed!
Mail Completed Form and Fee ASAP!
Registration Deadline October 3rd

Name:		
Organization:		
Organization address:		
City:	State:	ZIP Code:
Phone:	E-mail:	
Position:		Member #:

WORKSHOPS

(Please select the workshop session you wish to attend)

10:00 A.M. – 11:00 A.M.	11:00 A.M. – 12:00 P.M.	1:30 P.M. – 2:30 P.M.	2:30 P.M. – 3:30 P.M.
Disaster	Disaster	Mental Health First Aid	Mental Health First Aid
Brain Injury	Brain Injury	Virginia Sexual Assault & Domestic Violence	Virginia Sexual Assault & Domestic Violence
		Collaboration Best Practices	Collaboration Best Practices

Not a VAIRS Member?

You can still take advantage of the VAIRS member rates for the conference. Just join VAIRS at www.AIRS.org and then register.

REGISTRATION FEE		Total
VAIRS MEMBER FEE	\$45.00	
NONMEMBER FEE	\$85.00	
TOTAL FEES		
	Check – Make checks payable to VAIRS	
	Credit Card	
Invoices will be sent to those paying by Credit Card		

Please print and send completed registration form and registration fee to:

**VAIRS
c/o Pam Kestner
P.O. Box 11422
Richmond, VA 23230**

Your participation in the conference will not be confirmed until completed form and full registration fee is received.

Office Use only



FOR IMMEDIATE RELEASE

Contact: Kim Tarantino
kim@SeniorNavigator.org
(804) 525-7733

Local UVA Geriatrician Honored for Lifetime Achievements and Contributions to Health and Aging in Virginia

CHARLOTTESVILLE: SeniorNavigator is pleased to announce the recent renaming of its Institute for Innovations in Caregiving to *The Lindsay Institute for Innovations in Caregiving* in honor of Dr. Richard W. Lindsay, a local geriatrician who has made significant contributions to the health and aging fields in Charlottesville, throughout Virginia, and across the nation.

SeniorNavigator hosted a celebration on Thursday, September 11 at Pippin Hill Farm and Vineyard to formally launch its Institute for Innovations in Caregiving, a collaborative effort aimed at improving the health of caregivers. A surprise was announced to the honoree and the approximately 150 guests that the Institute was being renamed and would be forever known as *The Lindsay Institute for Innovations in Caregiving*.

“The SeniorNavigator board and staff are thrilled that Dr. Lindsay’s legacy of helping others and his commitment to serving caregivers will be carried forward through *The Lindsay Institute for Innovations in Caregiving*,” said John H. Hager, Chairman, SeniorNavigator Board of Directors. “We can think of a no-more fitting tribute to Dr. Lindsay, with the Institute leveraging great minds – both young and old – and combining them with cutting-edge technology to advance the health of caregivers.”

Guest speakers at the event included:

- The Honorable John H. Hager, Former Lieutenant Governor of the Commonwealth of Virginia & Chairman of the SeniorNavigator Board of Directors
- Diane Edgerton Miller, Family Friend of Dr. Lindsay
- James A. Rothrock, Commissioner, Virginia Department for Aging & Rehabilitative Services
- Jeffrey S. Cribbs, Sr., President & CEO, Richmond Memorial Health Foundation

- Dr. Milton T. Edgerton, Former Chairman & Founder of the Department of Plastic Surgery, University of Virginia
- Gordon J. Walker, Retired CEO, Jefferson Area Board for Aging and Project Consultant, Institute for Innovations in Caregiving

Dr. Richard W. Lindsay, for whom *The Lindsay Institute for Innovations in Caregiving* is named, is Professor Emeritus of Internal Medicine and Family Medicine at the University of Virginia Health System and founder and former Head of the Division of Geriatric Medicine at the University of Virginia Health System. Since retiring in 1999, he continues to teach medical students, serves on the UVA Medical School Admissions Committee, and is the Clinical Director of the Medical Academic Advancement Program developed to increase the number of minorities entering health careers. A true mentor, educator, and humanitarian, Lindsay serves on numerous boards and committees – all focused on improving the lives of older adults and caregivers.

Lindsay has spent his career dedicated to improving the health and wellness of seniors and caregivers. As a practicing geriatrician, he witnessed, first-hand, the significant toll that caregiving can have on the health and well-being of family caregivers who provide nearly 90% of all eldercare in Virginia. As Lindsay has previously stated, “a healthy caregiver is a better caregiver” -- leading him to co-found this Institute.

SeniorNavigator, a statewide non-profit health and aging organization, leads and manages the efforts of *The Lindsay Institute for Innovations in Caregiving*. The Institute will develop innovations – leveraging best practices and technology to preserve and improve the wellness of family caregivers with a special focus on caregivers of individuals with memory impairments. The Institute’s ultimate goal is to improve caregivers’ self-care and their ability to manage emotional stressors and tough decisions while bolstering their access to the latest technologies and community resources.

The Lindsay Institute for Innovations in Caregiving brings together partners through its esteemed Advisory Council to facilitate out-of-the-box collaboration among Virginia’s academic programs in aging as well as key Virginia-based service providers. This Council serves as the backbone of the Institute and its activities offering unique peer-to-peer connections – fostering new thinking and practices that might not otherwise be created. *The Lindsay Institute for Innovations in Caregiving* will soon host its inaugural “Caring for the Caregiver Hack” – providing students at Virginia colleges and universities with an engaging opportunity to create technology-based tools to support family caregivers, with a special focus on improving their physical or emotional health.

For more information about *The Lindsay Institute for Innovations in Caregiving* visit its website at CaregivingInnovations.org or contact SeniorNavigator at (804) 525-7728; toll-free 866-393-0957 or via email info@SeniorNavigator.org.

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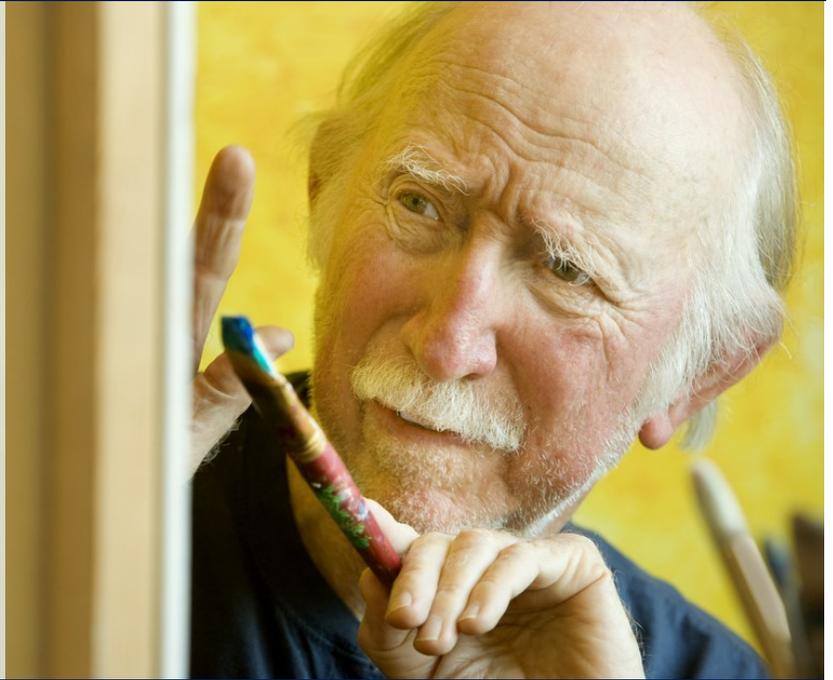
SeniorNavigator, a statewide non-profit, provides free health and community support information and guidance to older adults, family caregivers, and health care professionals, supporting independence, dignity, and quality of life. Designed as an award-winning service model combining information technology with community-building, SeniorNavigator offers a ‘high-tech’ and ‘high-touch’ approach to healthy lifestyle and long term care support. Seniors, caregivers, and adults with disabilities can find vital services and information through its websites at SeniorNavigator.org and disAbilityNavigator.org.

Creativity and Aging Conference at Duke University

*Thursday, March 5, 2015 – 8:00 a.m. to 9:00 p.m.
Hilton Durham near Duke University*

The Creativity and Aging Conference explores the relationship between creativity and healthy aging.

Led by experts in science and technology, the social sciences, the arts and humanities, and medicine and health care, sessions will blend scholarly research and innovative practices to investigate a variety of dimensions associated with healthy, dynamic aging.



Conference Sessions

- ◆ Re-EngAGE: Education, Aging, and Community
- ◆ Religion, Health, and the Creative Process
- ◆ e-Creativity: Transforming Aging through Technology
- ◆ Filmmaking and Aging: The Story of Bandida
- ◆ Research and Policy on Creative Aging
- ◆ The Capacity for and Benefits of Creativity in Later Life
- ◆ Music in My Mind: Enhancing Dementia Care through Personalized Music
- ◆ Creativity, the Essential Ingredient for Successful Weight Loss Interventions
- ◆ Embracing the Happy Accident: The Right and Left Brained Process of Artistic Creation
- ◆ Music and Aging: Exploring what Music Enthusiast Baby Boomers Want in a Community
- ◆ Gaming and Aging: Keeping the Mind Active
- ◆ Our Problems as the Roots of Our Power

Learn more at creativityandaging.com

Duke | **CONTINUING STUDIES**

Sponsored by the Trinity College of Arts and Sciences and the Osher Lifelong Learning Institute at Duke University