



## VDA WEEKLY E-MAILING

October 7, 2014

### Table of Contents

[ACL News & Information](#)

[NASUAD Weekly Update](#)

[ACL Update: ACL Offers Information on Transition of Independent Living Programs](#)

[ACL Update: International Day of Older Persons 2014: Expanding the Conversation on Domestic Violence](#)

[ACL Update: Is Your Area Agency on Aging \(AAA\) Ready to Compete?](#)

[ACL Update: Public Workshop: Putting the Person at the Center: Integrating Plans for LTSS and Health Care Delivery through Health IT](#)

[DARS Receives Three New Grants](#)

[Dementia Care Best Practices Report](#)

[NAPIS Report for Federal Fiscal Year 2014](#)

[Home Accessibility Interchange](#)

[When Works Fail: Practical Ministry to People with Dementia](#)

[Upcoming Conference: Innovations in Care – Person-Centered Dementia Care through the Arts](#)

### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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## UPDATES

September 30, 2014

### **ACL Offers Information on Transition of Independent Living Programs**

The Workforce Innovation and Opportunities Act of 2014 transferred the Independent Living Services and Centers for Independent Living programs from the Rehabilitation Services Administration to the Administration for Community Living. The transfer of these programs aligns with the mission of ACL to maximize the independence, well-being and health of individuals with disabilities across the lifespan, and their families and caregivers. This technical assistance notice is being issued by ACL, in consultation with RSA, to provide initial information on the implementation of changes regarding State Plans for Independent Living, and monitoring of centers for independent living. ACL and RSA are partnering on a thoughtful and carefully constructed transition that ensures continuity, while minimizing program disruption. Click [here](#) to see the full update



## UPDATES

**October 1, 2014**

**International Day of Older Persons 2014:  
Expanding the Conversation on  
Domestic Violence**

*By Kathy Greenlee, Assistant Secretary  
for Aging and Administrator of ACL*

Today we join communities around the world in observing the [International Day of Older Persons](#). October 1 was [designated](#) by the United Nations in 1990 to recognize the vital contributions of older people to the global community and to encourage member nations to thoughtfully address the aging of the population. At the Administration for Community Living, we are working to ensure that this includes the supports and services necessary for older people to live and contribute in their communities.

It is also the first day of Domestic Violence Awareness Month in the United States. Throughout the month, projects and events in communities around the nation will work to raise awareness of this often-unseen crime, support victims and survivors, mourn those who have been lost, and connect those working to end domestic violence.

This makes today an ideal time to talk about domestic violence later in life.



We often do not associate domestic violence with older people. To a degree, this assumption is accurate: [data](#) from the CDC indicate nearly half of those who are domestic violence victims first experience it between the ages of 18 and 24. But violence does not suddenly stop once a person reaches the age of 60. Older people are the frequent victims of a long list of abusive acts including sexual mistreatment, physical assault, neglect, emotional abuse, exploitation, and financial fraud. A recent [UN study](#) estimates that 28 percent of women over the age of 60 experience at least one form of violence and abuse. Unfortunately, domestic violence is underreported across all age groups because of the stigma associated with being a victim.

In the U.S., two important pieces of legislation, the [Family Violence Prevention and Services Act](#) and the [Violence Against Women Act](#), protect survivors of all ages through a national network of domestic violence programs and a coordinated community response to abuse. These laws have markedly improved our nation's response to domestic violence, but can still do more to protect older people.

This is critical, because domestic violence can continue into old age and worsen over time. Further, violence against older people often results in greater injuries. An older person's ability to escape violence can be hampered by health conditions, functional limitations, poverty and even greater social isolation. Older people may therefore need specialized support in order to access domestic violence services, such as shelters and hotlines.



The theme of this year's International Day of Older Persons is Leaving No One Behind: Promoting a Society for All. In order to ensure that we do not leave older people behind, we must first expand our conversations about domestic violence to include the experiences of victims in later life. We must provide protection and support for survivors of domestic violence of all ages. And, as I have said before, we must lift up the voices of survivors and let them be our guides. Only by listening to their experiences will we educate ourselves and one another about the realities of domestic violence.

To help start the conversation, I encourage everyone to read and share [Domestic Violence: Older Women Can Be Victims Too](#), a fact sheet from the [National Center on Elder Abuse](#). Our collective acknowledgement of the impact of violence on older women is the first step to bringing about real change.



DIVISION FOR THE AGING  
VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES



UPDATES

October 3, 2014

**Is your Area Agency on Aging (AAA) ready to compete?**

*Moving from Area Plans, Advocacy and Allocations to Strategic Planning, Positioning and Pricing*

Tuesday-Wednesday, November 11-12, 2014

In this two-day seminar, sponsored by the Council on Aging of Southwestern Ohio, AAA senior officials, program managers, and board members will learn practical ways to begin shifting AAA culture – position their agency to compete and adapt to the new pay-for-performance marketplace and develop a business model. The workshop will also provide participants with tools to create a strategic plan and develop pricing and performance management programs that work. [Click here](#) to learn more and to register.



UPDATES

October 6, 2014

**Public Workshop: Putting the Person at  
the Center: Integrating Plans for LTSS**



## and Health Care Delivery through Health IT

Thursday, October 16th, 2014 from 9:00  
a.m. to 4:15 p.m. ET

The Administration for Community Living (ACL) and the Office of the National Coordinator for Health Information Technology are convening a public workshop entitled Putting the Person at the Center: Integrating Plans for Long-Term Services and Supports and Health Care Delivery through Health Information Technology on in Washington, D.C. This workshop will discuss developing an integrated, person-centered plan enabled by health information technology (health IT), including how to improve communication and collaboration among community-based organizations and health care partners.

Registration is free on a first-come, first-served basis. You can attend the workshop in person or participate by phone and webcast.

[Click here](#) to register to attend this workshop in person. The in person registration deadline is October 10, 2014 by 5:00 p.m. ET. Onsite registration will NOT be available.

[Click here](#) to register to attend this workshop by webcast. Early registration is recommended; conference lines are limited.

For more information, please [click here](#).



*Update your bookmarks: AoA Website  
Content Now Found on ACL.gov*

[Administration on Aging](#) website content has been moved to the [Administration for Community Living website](#). If you have previously stored bookmarks for AOA.gov they may no longer work. For instance, if the bookmark includes the words 'aoaroot' in the URL, it will not take users to the previously bookmarked page. To make those links work correctly, delete 'aoaroot' from the URL and resave the bookmark.

With this update, all information about ACL's work to enable older Americans and people with disabilities to live in their communities is found in one place, and we are continuing our efforts to make it an even better resource. Keep watching!

[BACK  
TO  
TOP](#)

## DARS Receives Three New Grants

*Robert Brink, Deputy Commissioner for Aging Services*

DARS has been very successful in our most recent applications for federal grants. I'm pleased to share that we have received notice of award from the Administration for Community Living on three grants, with a combined total of over 1 million dollars over the next three years.

- The **first grant** will help to provide standardized dementia-specific training to health care professionals, first responders (such as police, fire, EMS and Search & Rescue personnel), financial services personnel, and the legal profession and enable Virginia to pilot an evidence-based caregiver intervention to help caregivers better respond to the behavioral symptoms that can sometimes affect people with dementia.
- The **second grant** will help to modify a successful online training curriculum, developed and tested in Wisconsin, and customize and brand it to reflect Virginia's Lifespan Respite programs, policies, and resources. In addition, the funding will revitalize the Virginia



Lifespan Respite Voucher Program to support Respite Care for family caregivers.

- The **third grant** is a one-year planning grant designed to bring together stakeholders to think about how to maximize Virginia's No Wrong Door System to realize greater efficiencies and better serve older adults and individuals with disabilities.

## Dementia Care Best Practices Report

*Charlotte Arbogast, MSG, Dementia Services Coordinator*

DARS, with stakeholder input, has completed a study on dementia care best practices in Virginia. The report is available on [www.AlzPossible.org](http://www.AlzPossible.org) under the Resources tab. It's also available on the DARS site: <http://www.vadars.org/publications.htm> under Public documents.

Thanks!

Charlotte Arbogast, MSG

## NAPIS Report for Federal Fiscal Year 2014

*Deb Loving, Information Systems Specialist*

It's time to prepare and submit the NAPIS report for Federal Fiscal Year 2014.

The NAPIS report (and supporting documents if required; see below) are due at DARS-VDA by **5:00pm Monday, November 17, 2014**. Send the scanned PDF and the Excel file to [deb.loving@dars.virginia.gov](mailto:deb.loving@dars.virginia.gov).

In verifying your report, it is important that your NAPIS report matches the data on your FY 2014 year-end AMR! The 2014 NAPIS should also be consistent with the 2013 NAPIS report if service offerings have not changed significantly.

Executive directors must certify (by signing) the completed NAPIS-AAA report.

**PeerPlace System Users:** After you enter all client data for FY 2014, run the PeerPlace **AAA-AMR** (NOT THE NAPIS-AAA) report and download it. Name the file NAPIS-AAA-XX, replacing the XX's with your 2-digit PSA number. **IMPORTANT:** It is your responsibility to verify the auto-filled PeerPlace data, and to complete relevant remaining fields manually. **Send these 2 Items:** **1)** signed and scanned pdf of report, **2)** Excel file of the report.

**AIM System Users:** After you enter all client data for FY 2014, download the **NAPIS-AAA Annual Report FY14** from <http://www.vda.virginia.gov/reportsandinstructions.asp>. Replace the



“XX” characters in the file name with your 2-digit PSA number. The end-of-year AIM upload is also due by 5:00pm on November 17<sup>th</sup>. Please submit your AIM upload as usual and send me an e-mail advising that you have submitted your final data for FY 2014. Submit AIM VA36 and VA95 reports as supporting documentation. **Five Required Items:** **1)** signed and scanned pdf of NAPIS-AAA, **2)** Excel NAPIS-AAA, **3)** VA36, **4)** VA95, **5)** AIM data as of 9/30/2014.

If you have questions, please feel free to contact me. Thank you!

[deb.lovings@dars.virginia.gov](mailto:deb.lovings@dars.virginia.gov)

804-662-9323

## Home Accessibility Interchange

*Kathy B. Miller, Director of Programs*

EasyLiving Home is sponsoring a Home Accessibility Interchange on October 14<sup>th</sup> at the VHDA Housing Center in Richmond. Registration is free and a box lunch will be provided. Please see the agenda below. To RSVP, please contact [rachel@hdadvisors.net](mailto:rachel@hdadvisors.net).

**The Home Accessibility Interchange will be a great opportunity to discuss updates to accessibility programs, exchange ideas, and meet others working on accessibility in Virginia. Lunch will be served. We hope you can attend!**

**Please RSVP to Rachel Bates at [rachel@hdadvisors.net](mailto:rachel@hdadvisors.net).**

## When Works Fail: Practical Ministry to People with Dementia

*Charlotte Arbogast, MSG, Dementia Services Coordinator*

To be held:

Thursday, October 16, 2014

10:00 am to 2:00 pm

Westminster Canterbury Richmond's Roof Terrace

Cost \$30, includes lunch

(flyer attached)



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VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES

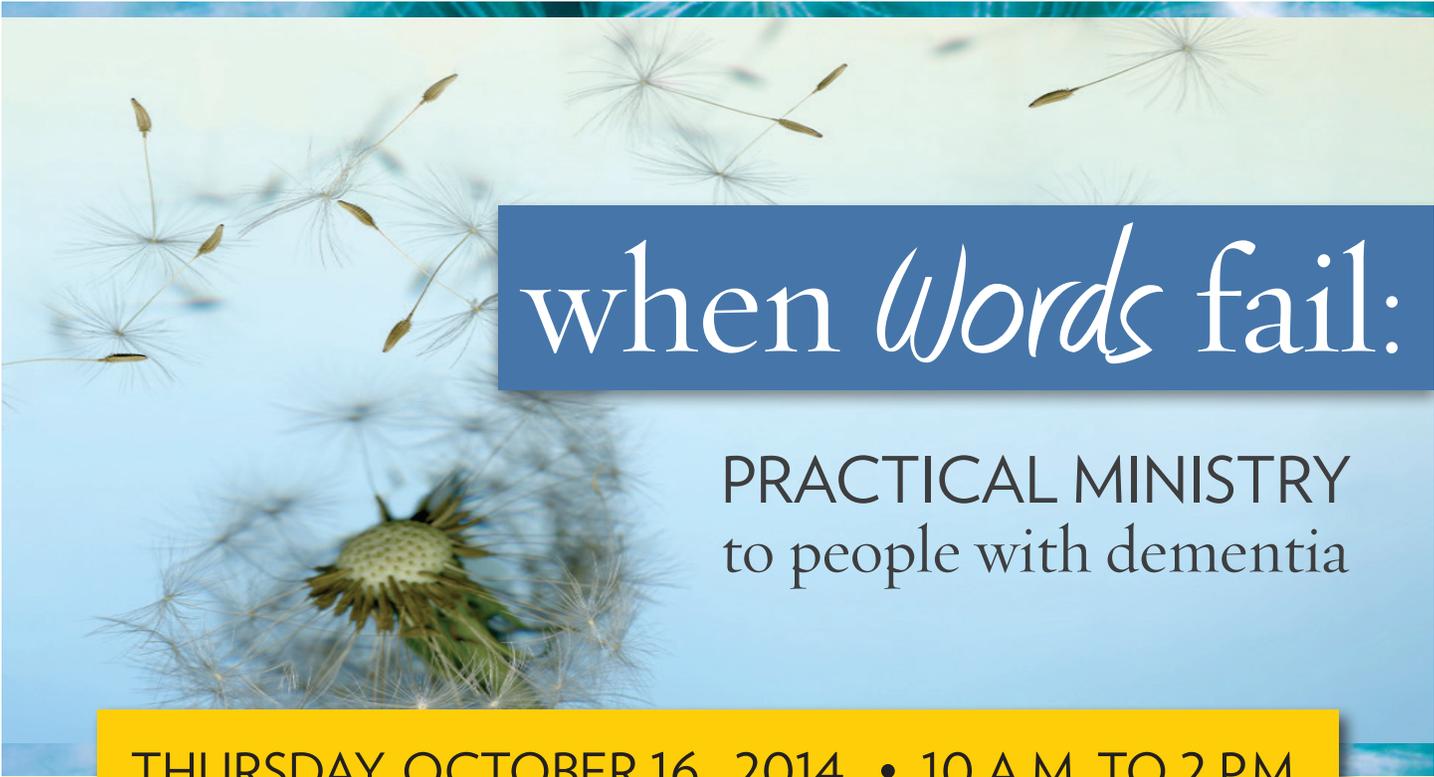
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## Innovations in Care - Person-Centered Dementia Care through the Arts

*Cecily Slasor on behalf of Alzheimer's Association Central & Western VA Chapter*

Please see the attached flyer about a conference to be held in Roanoke on November 11, 2014.  
Thank you!

Mary Sandridge  
Communications Director  
Alzheimer's Association Central and Western Virginia  
Office: (434)973-6122 Ext. 106



# when *Words* fail:

PRACTICAL MINISTRY  
to people with dementia

THURSDAY, OCTOBER 16 , 2014 • 10 A.M. TO 2 P.M.  
WESTMINSTER CANTERBURY RICHMOND'S ROOF TERRACE

WESTMINSTER  
CANTERBURY  
RICHMOND

## participants will learn:

- The physiology of dementia
- Spiritual needs of people in various stages of dementia and how to provide pastoral care
- Effective communication tools
- Ways to engage the congregation in supporting those with dementia and caregivers

## instructors: *Westminster Canterbury Richmond Team Members*

The Rev. Kathy Berry, Chaplain to residents needing memory support and Adjunct Professor in the graduate School of Allied Health Professions at VCU Medical Center; Jamie Eustace-Hines, LPN in Memory Support; The Rev. W. Ray Inscoe, Director of Pastoral Care and Katherine Leonard, Music Therapist.

## registration & information:

Space is limited, so please contact  
Vanessa Perry, [vperry@wcrichmond.org](mailto:vperry@wcrichmond.org)  
or 200-1502, by OCTOBER 9.

**\$30** COST  
INCLUDES  
LUNCH

*Highlighting the physical, emotional and spiritual effects of dementia.*

# Innovations in Care: Person-Centered Dementia Care through the Arts

**7:30 – Registration Opens/Continental Breakfast**

**8:45 – Welcome** – Sue Friedman, President & CEO  
Alzheimer’s Association Central and Western Virginia

**9:00 – A POSITIVE APPROACH TO CARE** –Teepa Snow, MS, OTR/L, FAOTA -Teepa is a dementia expert who trains and consults for agencies, facilities, and families. Through a person-centered approach, you will learn why your physical approach, communication, and body language matter. Strategies for building positive relationships and smooth interactions will be discussed.

**10:30 – Break**

**10:45 – ALZHEIMER’S DISEASE: IS THERE HOPE ON THE HORIZON?** - Aubrey Knight, MD, Professor of Medicine and Family and Community Medicine, VirginiaTech Carillion School of Medicine. Includes latest clinical guideline tools available to detect cognitive impairment; assessment; recognizing the signs and symptoms of AD; and disease management. A summary of current research will be shared.

**12 – Lunch – DEMENTIA STATE PLAN UPDATE**

**12:45 – Breakout Sessions – Choose One:**

**To reserve your seat, register by November 5, 2014. Payment must be received with your registration.**

\$95 per person \$35 family caregivers\* Group Rate: \$85 ea. for 5 or more

*Limited family scholarships available. Call (434) 973-6122 x 103.*

*Continuing Education Approval from NASW Virginia Chapter is pending. General CEUs offered.*

*Registration includes continental breakfast and lunch.*

To register by phone, call (800) 272-3900 and ask for Alzheimer’s Education Workshop in Roanoke.

To register by mail, complete the attached form and send to:

**Ellen Phipps, Alzheimer’s Association, 1160 Pepsi Pl. Suite 306, Charlottesville, VA 22901**

**If paying by check, make check payable to “Alzheimer’s Association” and mail with the form below.**

**If paying by credit card, call the number above or complete the credit card info and mail with the form below.**

Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Meal Choice:  Regular  Vegetarian  Vegan

**One registration form  
per attendee**

Please bill my credit card:  Visa  Mastercard  Discover

Credit Card No : \_\_\_\_\_ CVV \_\_\_\_\_ Expiration Date \_\_\_\_\_

TOTAL AMOUNT: \_\_\_\_\_

No refunds will be issued.

**1. How to Properly Plan Your Legal Affairs and Protect Your Assets-** Christopher Desimone, Esq. - Learn about planning for the future with this estate and trust law expert.

**2. Person – Centered Care Planning** - Teepa Snow - How to work with persons with the disease and their families, including how to recognize signs of caregiver burden and stress

**1:45 - FILM: YOU’RE LOOKING AT ME LIKE I LIVE HERE AND I DON’T** –This Emmy-award winning Independent Lens series film received critical acclaim and is the first documentary told from the perspective of a woman with Alzheimer’s disease, and the first filmed entirely in an Alzheimer’s and Dementia Unit. Panel Discussion: Dr. Knight, Teepa Snow, Annette Clark, MSG and director Scott Kirschenbaum: Diagnoses, referral, community resources and barriers to services.

**3:15 – Break**

**3:30 – CREATIVE ARTS ACTIVITIES WITH PURPOSE** – Sharon Celsor-Hughes – A person centered approach to activities – focusing on opportunities for creative expression.

**4:30 – Closing Remarks**

13th annual Alzheimer's Education Workshop

*Innovations in Care:  
Person-Centered Dementia Care through the Arts*

**Tuesday, November 11, 2014**

Holiday Inn Valley View

3315 Ordway Dr. NW

Roanoke, VA 24017

alzheimer's  association®

Central & Western Virginia Chapter

*Featuring:*



**Teepa Snow, MS, OTR/L, FAOTA**  
Dementia expert who trains and consults  
for agencies, facilities, and families.



**Scott Kirschenbaum**

Director of the highly acclaimed  
film *You're Looking at Me Like  
I Live Here and I Don't* featured  
on PBS's Emmy award-winning  
series *INDEPENDENT LENS*

This program is made possible, in part, by funding provided by the Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under Grant No. UB4HP19210 to the Virginia Geriatric Education Center.

