



VDA WEEKLY E-MAILING

January 21, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/nasud-news>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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January 13, 2015

ACL is pleased to share this White House blog post by Cecilia Muñoz, Assistant to the President and Director of the Domestic Policy Council.

In the post, Ms. Muñoz announces the 2015 White House Conference on Aging Regional Forum Series. Dates and cities where the sessions will be held are announced in the post.

Regional Forums to Provide Input and Ideas for 2015 White House Conference on Aging

By Cecilia Muñoz, Assistant to the President and Director of the Domestic Policy Council

Today, I am delighted to announce the launch of a series of regional forums to engage older Americans, their families, caregivers, advocates, community leaders, and experts on aging on the key issues affecting older Americans. These forums are designed to help provide input and ideas for the upcoming 2015 White House Conference on Aging. ...

Read the rest of the White House blog here:

<http://www.whitehouse.gov/blog/2015/01/13/regional-forums-provide-input-and-ideas-2015-white-house-conference-aging>

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Check out the WH Conference on Aging website

Go to <http://www.whitehouseconferenceonaging.gov/> to learn more about the conference, its history, and to sign up for updates on events and activities.



January 16, 2015

Measuring HCBS Quality: NQF HCBS Project Seeks Comments on Stakeholder Committee Nominations

The National Quality Forum is conducting a project under contract with HHS to develop a conceptual framework and perform an environmental scan to address performance measure gaps in home and community-based services to enhance the quality of community living. An important part of the project is the external stakeholder committee to review the work of the project and to make recommendations. NQF recently announced the draft roster for the stakeholder committee members and is seeking public comments.

You can see the committee roster and make comments by [clicking here](#). Public comments will be accepted through January 22nd.





January 16, 2015

National Resource Center on Nutrition & Aging Momentum Webinar Series to Focus on Positioning Your HCBS Organization in the Healthcare Market

The Momentum Webinar Series is geared toward providing aging network programs a platform for future-focused dialogue around the evolving role of senior nutrition services. Sessions are designed to explore promising practices for modernizing senior nutrition programs and engage the aging and nutrition networks in exploring opportunities for collaboration.

The latest series subject, Positioning Your HCBS Organization in the Healthcare Market, will examine how the Affordable Care Act has changed the healthcare landscape.

This four-part series will launch on January 20, 2015 at 3:30 p.m. EST with the webinar "Overview of Health Reform Initiatives - How this Affects Your Organization and Terminology 101."

In this webinar you will:

- Learn the basic terminology used by the parties involved in the healthcare environment
- Get an overview of key terms and partnership opportunities available via the Affordable Care Act
- Review the current implementation of these initiatives at the local level, in select States.

[Click here](#) to register for the January 20 webinar.



For more information on this webinar series, including future session topics and meeting times, [click here](#).

The Virginia Center on Aging 29th Annual Breakfast

Amy Marschean, Senior Policy Analyst

The Virginia Center on Aging at Virginia Commonwealth University invites you to its 29th Annual Breakfast on Wednesday, January 28th, 2015. See [attached](#) invitation for more details.

VAIRS 2015 Spring Conference

Kathy Miller, Director of Programs

The Virginia Alliance of Information and Referral Systems (VAIRS) Spring Conference is scheduled for Tuesday, March 17, at The Place at Innsbrook in Glen Allen. If you are an I&R provider and are interested in training, networking and potential opportunities for collaboration, this is the event for you. See [attachment](#) for more information.

Virginia Center for Health Innovation Fellow

Kathy Miller, Director of Programs

Devin Bowers, CDSME Coordinator, has been selected by the Virginia Center for Health Innovation as one of its first Innovation Fellows. In this capacity, Devin will assist with content development and overall community management of the Innovation Network. This includes curating online content under LEARN, within communities, and the Virginia Health Innovation Network (VHIN) blog. Additionally, she will be writing original content for the VHIN blog on VCHI's initiatives, including core strategies of the Virginia Health Innovation Plan and other topics relevant to VCHI's mission. Devin will also be assisting the Chief Innovation Officer with monthly "Innovator Interviews," including identifying candidates and drafting questions.



Chronic Disease Self Management Education

Kathy Miller, Director of Programs

In December 2014, the Administration for Community Living published a status report on the Prevention and Public Health Fund Chronic Disease Self-Management Education (CDSME) Program. Virginia was 5th among 22 states in reaching workshop completers during the period from the beginning of the grant (September 1, 2012) through November 30, 2014. The only other states exceeding Virginia's completer total were California, New York, New Jersey and Michigan. With 3,359 individuals completing CDSME workshops, Virginia has already achieved 95% of the Year 3 grant target. These statistics are only for the second Chronic Disease Self-Management grant that Virginia received. Including the first grant period, March 31, 2010 through September 30, 2012, Virginia has a grand total of 5,964 completers. The success of this program would not have been possible without the commitment and hard work of the AAAs participating in the CDSME grant, including Appalachian Agency for Senior Citizens, Arlington Agency on Aging, Bay Aging, District Three Senior Services, Eastern Shore AAA/CAA, Fairfax AAA, LOA-Local Office on Aging, Loudoun County AAA, Peninsula Agency on Aging, Rappahannock AAA, Rappahannock/Rapidan Community Services, Senior Connections, Senior Services of Southeastern Virginia, Shenandoah AAA, Southern AAA, and Valley Program for Aging Services.

AMR and Budget Request Changes

Tim Catherman, Director Aging Operations

The Aging Monthly Report (AMR) posted on the VDA website has been revised. The only change is the last tab AMR-NWD Data has been removed. This tab was useful when there was a reconciliation between the data reported through PeerPlace and its predecessors to the information reported through the AMR. Now that everyone is using PeerPlace, and DARS/VDA reports PeerPlace data whenever possible, the reconciliation is no longer necessary. Since this is the only change, you may continue to use the current FY'15 version of the AMR. Information on the AMR-NWD Data tab will be ignored. Please remember to submit your AMR to reports@dars.virginia.gov.

During the year it may be necessary to modify your Area Plan budget. To help expedite the process, an [Area Plan Budget Amendment Request Form](#) has been developed, this is a one tab,



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

one page, Excel based form similar to the Area Plan budget. If you are familiar with completing the Area Plan budget, this form should be self-explanatory. As noted on the form, funding categories differ based on the service in which you are making the transfer. If you have selected a funding category that is not appropriate for the service, Brenda Cooper will be in touch to ask for information and may request the form to be resubmitted. All transfer requests should be sent to Brenda Cooper.

If you have any questions, please contact Brenda Cooper at Brenda.Cooper@dars.virginia.gov or call (804) 662-7507.

Statewide Triad Conference

Amy Marschean, Senior Policy Analyst



HAPPY 20TH BIRTHDAY VIRGINIA TRIAD!!

LET THE CELEBRATION BEGIN!!

Please save the date for the Statewide Triad Conference presented by
the Office of Attorney General Mark Herring and the Virginia State Triad/S.A.L.T Council.

Where: Great Wolf Lodge, 549 East Rochambeau Drive, Williamsburg, VA

When: Monday March 23, 2015 through Wednesday March 26, 2015

Hot Topics Include: Best Practices in Triad, What the Kids are Into, Jumpstarting a Stalled Triad, Pre-Planning for all Life Stages, the latest in Frauds and Scams, and much more!



Registration Fee: \$50.00

Grab A Room Now! Conference room rate cut-off date is March 1, 2015.

If you would like to book your room now to ensure the conference rate of \$83.00 per night plus taxes and fees, you can use **conference code 0315TRIAD** either by using the online reservation system at <http://www.greatwolf.com/williamsburg/waterpark> or by calling 1.800.551.9653. Great Wolf is allowing attendees to book a day ahead of the conference as well as two days after at the conference rate.

Registration packets, scholarship opportunities, as well as information on becoming a sponsor will be forthcoming.

White House Conference on Aging Webinar ([Flyer Attached](#))

Nicole Keeney, Nutrition Program Coordinator

Nutrition = Solutions to Healthy Aging and Long-Term Services and Supports
January 29, 2015, 2:00-3:30 pm EST

You can register for the webinar by visiting:

<https://eatright.webex.com/eatright/j.php?RGID=rdaafb5b4c987c4ae1819f34083e84010>.

Please contact Stefanie Winston (swinston@eatright.org) with any questions.

Continuing Education Units: 1.5 Dietitian CPEU, 1.5 Nurse Contact Hours*

The webinar is co-hosted by [The Academy of Nutrition and Dietetics](#) and the [National Association of Nutrition and Aging Services Programs](#), with support from [Abbott](#).



*Just a reminder if you missed the White House Conference on Aging Webinar held December 11th, it was recorded and available through the following link:

<http://www.hhs.gov/ash/initiatives/mcc/>



www.NutritionandAging.org

Meals On Wheels Association of America
413 N. Lee Street
Alexandria, VA 22314
P: 703-548-5558

This project was supported, in part by grant number 90NU0002/01 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

Positioning Your HCBS Program in the Healthcare Market

Nicole Keeney, Nutrition Program Coordinator

Part 1: Tuesday, January 20 at 3:30 p.m. EST

Part 2: Thursday, January 22 at 3:30 p.m. EST

Hosted by the National Resource Center on Nutrition and Aging

The healthcare landscape is changing rapidly and the need for home and community-based services (HCBS) is rising. Becoming familiar with new terminology, understanding the healthcare marketplace and developing partnerships in your network are essential to your program's sustainability. These FREE webinars are part of a four-part series that will be led by Timothy McNeil, RN, MPH, an independent healthcare consultant with a specialty in health program sustainability. In Parts 1 and 2, he will discuss how your program can thrive in the current healthcare environment.

In these webinars you will:

- Receive an overview of the healthcare landscape and its current initiatives;
- Learn key terms and partnership opportunities; and
- Understand how to assess current local initiatives and the role they play in your market.

Part 1 lays the foundation for current terminology and key terms within the healthcare environment and brings you up to speed on current initiatives.



Webinar: [Positioning Your HCBS Program in the Healthcare Market - PART 1](#)

Presenter: Timothy McNeil, RN, MPH

When: Tuesday, January 20, 2015

Time: 3:30 p.m. - 4:45 p.m. EST

Registration Fee: FREE

[Register Now](#)

Part 2 of *Positioning Your Program in the Healthcare Market* will build on the overview established in Part 1, discuss the impact of health reform initiatives and demonstrate how to identify potential partners.

It is recommended that you attend these webinars in tandem. This is a four-part webinar series – the remaining two webinars will take place in late February. Stay tuned!

Webinar: [Positioning Your HCBS Program in the Healthcare Market - PART 2](#)

Presenter: Timothy McNeil, RN, MPH

When: Thursday, January 22, 2015

Time: 3:30 p.m. - 4:45 p.m. EST

Registration Fee: FREE

[Register Now](#)

National Healthcare Decisions Day - April 16, 2015

Kathy Miller, Director of Programs

Action Plan: If you haven't done so already, NOW is the time to assemble your NHDD committee and solidify your plans. It's also the time to recruit others; please direct them to confirm participation here: <http://www.nhdd.org/join/> Furthermore, now is the time to write your own blogs, prepare articles, and reach out to the media. Here's a short list of other ideas:

- Set up a continuing education event for health or legal professionals;
- Contact your local bar association for a volunteer speaker;
- Contact your largest referral source and set up a joint program;



- Arrange to hold an event for the public at a non-healthcare venue like a library, church, or school;
- Offer advance directive forms and other information at the movies or the theatre; and
- Make NHDD personal and reach out to family and friends to encourage them to take action.

For variety of other ideas, tools, logos, template materials, and more visit:

<http://www.nhdd.org/tools/>

Recruit: Here's a template email for recruiting purposes. All you have to do is copy, paste, and send!

Please consider joining us in participating in National Healthcare Decisions Day on April 16. There is no cost to participate, and the goal of the event is simple: "to inspire, educate & empower the public & providers about the importance of advance care planning." While there are numerous ways in which to participate, the easiest is to draw attention to your existing resources about advance care planning on or around April 16. By joining forces with a broad range of others throughout the country, we can make a real difference in improving the lives of patients and their families. Visit www.nhdd.org for more information and to confirm your participation.

Watch and share the video. I certainly hope you are among the 11,000 people who have seen the awesome 3 and half minute video that we've got on the NHDD homepage: www.nhdd.org. It is a great way to get the conversation about advance care planning started. And, remember, we've got a Spanish version of the video as well.

Start Your Media Push: Now is also the time to start making contact with the media. I encourage you to reach out to your media contacts and tell them what you are doing for NHDD and why you are doing it. Again, the resources on the website may be helpful.

Maintain the buzz in social media. [Twitter](#), [Facebook](#), [LinkedIn](#) have collectively enabled us to reach millions. Please "Like" NHDD and talk up your efforts to friends and family on Facebook; tweet about NHDD using #NHDD, and start or join a discussion on LinkedIn. Below are some simple messages (all of these are "tweet" sized):

- Most Americans haven't documented healthcare wishes for times they cannot speak for themselves. Do it on 4/16 [#NHDD](#) www.nhdd.org
- April 16 is National Healthcare Decisions Day. Speak Up for yourself and loved ones. [#NHDD](#) resources: www.nhdd.org



- Who would speak for you if you couldn't make health decisions? Create an advance directive on [#NHDD](#) (4/16) Free info: www.nhdd.org
- Need help to start the conversation about health care? Check out the awesome [#NHDD](#) video at www.nhdd.org Watch it today or 4/16!

Tool Kit and Stickers: [Attached](#) to this email is a nice tool that has been donated to NHDD by our friends at [Begin the Conversation](#), in North Carolina. You may recall from my October message that BTC has also donated a great video for NHDD: <http://youtu.be/uPDpfdhwqs>
Note: I've [attached BTC's NHDD Toolkit](#) in a handout form with two pages per page. If you want the full graphics version (with one page per page), please let me know or reach out directly to Kimberly Paul, VP Communications and Outreach, Lower Cape Fear Hospice and LifeCare Center, 910-796-7935, Kimberly.Paul@lcfh.org. You can also make arrangements, by March 1, directly with Kimberly to get copies of the sticker they've produced specially for NHDD ([see the attached sample](#)).

Please consider a donation to support NHDD. We have done amazing things with very little, but we can do more. For example, your donation will help us post more website content, additional translations of the video, and other resources. It's easy to make a tax-deductible donation here: <http://www.nhdd.org/donate/> I ask that all participating organizations provide some donation, regardless of the level. Also, if you have any other sorts of public resources that you would like to donate to NHDD, like those from attached, please let me know.

As always, thanks for all you do! I can't wait to see how great we can make NHDD 2015!

Nathan A. Kottkamp
Chair

National Healthcare Decisions Day Initiative

www.nhdd.org or www.nationalhealthcaredecisionsday.org

[Twitter](#) | [Facebook](#) | [LinkedIn](#)

Join us by clicking [here](#).

your decisions matter

*The Virginia Center on Aging
at Virginia Commonwealth University
cordially invites you to its 29th Annual Breakfast*

*Wednesday, January 28, 2015
from 7:30 - 8:45 a.m.*

*St. Paul's Episcopal Church
Parish House
813 E. Grace Street
located opposite the Capitol on the southwest
corner of Ninth and Grace Streets*

*Nominal fee of \$15.00 made payable to Virginia Center on Aging
ROR 804/828-1525 or to caansello@vcu.edu by January 21st*

This event is made possible with non-state funds



The Virginia Alliance of Information and Referral Systems (VAIRS) is a statewide association of organizations, agencies and individuals committed to ensuring that all Virginians have access to quality health and human services information. VAIRS does so by:

- Increasing community awareness and use of information & referral (I&R) services
- Improving the quality of I&R provision through education, training and advocacy
- Fostering better communication and relationships among I&R providers
- Providing members with information on new human services and changes in existing services
- Assisting members to meet and maintain national professional I&R standards

The VAIRS Spring Conference is scheduled for Tuesday, March 17, at The Place at Innsbrook in Glen Allen. If you are an I&R provider and are interested in training, networking and potential opportunities for collaboration, this is the event for you. You need not be a VAIRS member to attend. More information is forthcoming. In the meantime,



SAVE THE DATE!

Tuesday, March 17, 2015

VAIRS Spring Conference

(More Information to Follow.)

Nutrition = Solutions to Healthy Aging and Long-Term Services and Supports



National Webinar

January 29, 2015, 2:00-3:30 pm EST

The White House Conference on Aging is held every decade and brings together experts and stakeholders in the area of older adults and aging. The Conference also provides a forum to discuss age-related policies, influence decision makers at state and federal levels, and guide the public and private sectors in contributing to the well-being of older adults.

This is the 2nd in a series of official webinars presented by the *2015 White House Conference on Aging* addressing important issues for older Americans. The *2015 White House Conference on Aging* has identified Healthy Aging and Long-Term Services and Supports as 2 of their 4 priority areas. This webinar outlines how nutrition is integral to these areas and how nutrition interventions can offer low-cost and effective solutions to strengthening the Patient Protection and Affordable Care Act.

Topics for this national nutrition webinar include:

- The importance of nutrition programs for older adults and the need for innovation and expansion with an emphasis on the Older Americans Act
- The significance of nutrition in chronic disease and as a key indicator of older adult health and opportunities for advancing the value of registered dietitian nutritionists in partnership with other healthcare professionals, for health promotion and disease prevention among older adults
- The growing issue of malnutrition in older adults, local quality improvement solutions to advance their health by integrating malnutrition screening and intervention in healthcare delivery systems, and the use of malnutrition quality measures in public and private accountability programs.

The webinar will feature:

Nora Super

Executive Director
2015 White House Conference on Aging



Paul Downey

President and CEO, Serving Seniors, San Diego, California
Immediate Past President, National Association of Nutrition and Aging Services Programs



Martha Peppones, MS, RD

Director of Nutrition Services
Senior Services of Snohomish County, Washington



Kristi Mitchell

Senior Vice President
Avalere Health, Washington, D.C.

Continuing Education Units: 1.5 Dietitian CPEU, 1.5 Nurse Contact Hours*

The webinar is co-hosted by [The Academy of Nutrition and Dietetics](#) and the [National Association of Nutrition and Aging Services Programs](#), with support from [Abbott](#).



*Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing, Provider #CEP11213

Topic: The Role of Nutrition in Healthy Aging

Date: Thursday, January 29, 2015

Time: 1:00 pm, Central Standard Time (Chicago, GMT-06:00)

To register for this meeting

1. Go to <https://eatright.webex.com/eatright/j.php?RGID=rdaafb5b4c987c4ae1819f34083e84010>
2. Register for the meeting.

Once the host approves your request, you will receive a confirmation email with instructions for joining the meeting.

To view in other time zones or languages, please click the link:

<https://eatright.webex.com/eatright/j.php?RGID=r78c831b71a22a115f6f5d40c3b6528c1>

BEGIN THE CONVERSATION • ORG™



SPECIAL
FOR USE IN ANY STATE
NHDD EDITION

It's Time.

★ ★ ★ ★ NATIONAL HEALTHCARE
★ ★ ★ ★ DECISIONS DAY
★ ★ ★ ★ *your decisions matter* ★

PREPARE
BEGIN
DOCUMENT
EDUCATE
COMMUNICATE

IT'S TIME

In life we prepare for everything

College, marriage, a baby, retirement

But we rarely begin the conversation about the end

Begin to **LEARN, PREPARE, ACT, CHOOSE, TAKE CONTROL**

Take the first step

EMPOWER - DON'T WAIT - IT'S TIME

BEGIN THE CONVERSATION.....It's a Gift.

“ I recently graduated from high school and am looking forward to going to college! I'm scared about leaving home, but I am excited about discovering life beyond my hometown. Before I started packing for college, my parents sat me down for a talk. We discussed money and safety tips, and then had a talk about balancing my social life along with my studies. My parents also asked me what I wanted if something happened and I couldn't make healthcare decisions for myself. At first I thought, 'I'm too young to talk about this,' but I realize it was a great conversation to have.”



1. List five items on your bucket list:

2. List two items from above and make a plan to accomplish them during the next 12 months:

3. List three people who aren't family members you would want notified if you were facing a serious medical condition:

"I don't have a bucket list because it is my dedication to live every day of my life there. I don't have a bucket list because I'm doing it that day. I don't want to go to bed and say, 'Oh, I wish I had done this.'" - Melissa Etheridge

“As I look back, I realize my father gave us a gift when he was dying. He had enough time to understand his healthcare options and to make decisions about the medical care he would receive during his illness. He asked my aunt to serve as his healthcare power of attorney, to honor his choices and to ensure our family's traditions and beliefs were respected. It's a difficult time when your parent dies, but his gift to us made it easier because we knew we were fulfilling his wishes.”

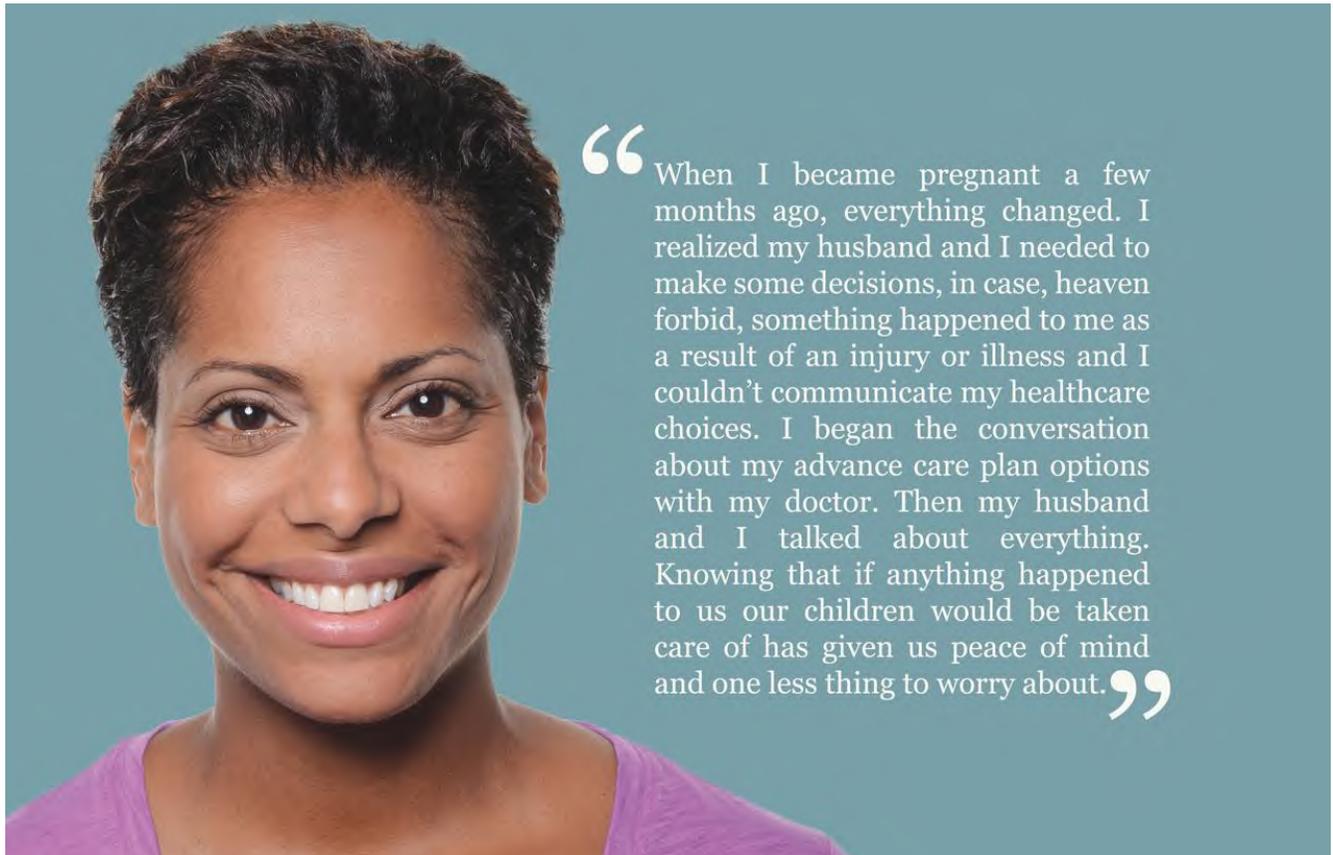


1. If you couldn't speak for yourself, do you have someone to represent your healthcare wishes to make sure they are carried out? Who is it, and why have you chosen that person?

2. Have you communicated your healthcare plans and choices to your designated healthcare power of attorney? What are those plans?

3. Do you have a healthcare power of attorney form that meets your state's requirements? Where is it stored?

A majority of people say they don't want their family to be burdened by having to make difficult medical decisions, but most have not communicated their wishes to their loved ones.



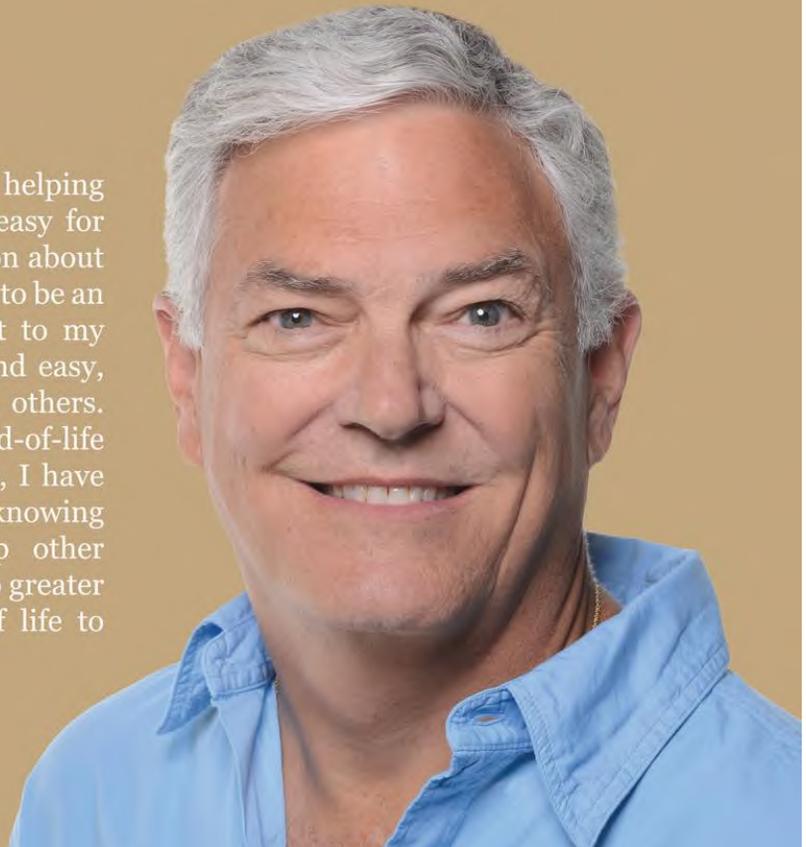
1. What changes could happen in your life that would require you to make healthcare choices (having a baby, divorce, death of a loved one or a serious health diagnosis)?

2. If you were to become seriously ill, what would be most important to you?

3. What possible treatment options have you and your doctor discussed? What types of treatments would you want to receive or refuse if you are injured or ill? Have you completed a living will?

Advance care planning builds trust and teamwork between patient, doctor, and healthcare agent, respects the patient's choices, reduces uncertainty and anxiety, avoids future confusion and conflict, and permits peace of mind.

“ I’m a volunteer, and I love helping others. That’s why it was easy for me to begin the conversation about organ donation. I signed up to be an organ donor during a visit to my local DMV. It was quick and easy, and is my final service to others. And by talking about my end-of-life wishes with my loved ones, I have helped them find peace in knowing how much this can help other families. For me, there is no greater gift than giving the gift of life to others. ”



1. Have you talked to your loved ones about your organ donation wishes? What are your plans?

2. Do you have an organ donor designation on your driver's license or have you registered online at donatelife.net?

3. Most organ donations are anonymous, but if you could tell your organ recipient one thing, what would it be?

When you register at donatelife.net your organ donation wishes are stored in a secured online database; however, it is still important to discuss your wishes with your loved ones.



“I’m 77 years old and take care of my husband. When we found out he had a year to live, we began the conversation about what will be important to him as the end draws near. We discussed his healthcare options and our doctor helped him complete a Medical Orders for Scope of Treatment (MOST) form so we know he’ll get the treatment he wants. We also agreed we would use hospice services. Now we can concentrate on making the most of our time together.”

1. If you found out you only had a year left to live, what would you change about how you are living your life?

2. Have you completed a Medical Orders for Scope of Treatment (MOST) form? Have you discussed your wishes with your family?

3. If your healthcare treatment has distressing side effects, would you choose to stop treatment and focus on pain relief and symptom management instead? Would you like to receive hospice care?

Medical Orders for Scope of Treatment (MOST) is based on the Physician Orders for Life-Sustaining Treatment (POLST) model, which helps ensure end-of-life wishes are honored throughout all settings of care. Learn more at www.polst.org.

DON'T

- Communicate your healthcare choices
- Understand your options by talking with your doctor

WAIT

- Discuss your decisions with loved ones
- Put your plans in writing

TAKE CONTROL
CHOOSE
LEARN
EMPOWER
IT'S A GIFT

RESOURCES

MORE TOOLS TO BEGIN THE CONVERSATION:

AARP: www.aarp.org *search: end of life conversations*

About.com: www.about.com *search: end of life decision making*

Advocate for Hospice: www.capwiz.com/nhpco/home

Agency for Healthcare Research and Quality: www.ahrq.gov/consumer *search: advance care planning*

Aging with Dignity - Five Wishes: www.agingwithdignity.org *click on: Five Wishes*

American Bar Association's Commission on Law & Aging: www.abanet.org *search: consumer's toolkit*

Caring Connections: www.caringinfo.org *search: planning ahead*

Consider the Conversation: www.considertheconversation.org

MORE CONVERSATIONS CONTINUED:

AARP: www.aarp.org

Aging with Dignity (Five Wishes): www.agingwithdignity.org

American Bar Association: www.americanbar.org/aba.html

Consider the Conversation: www.considertheconversation.org

Donate Life America: donatelife.net

Lower Cape Fear Hospice: www.lcfh.org

National Healthcare Decisions Day: www.nhdd.org

National Hospice & Palliative Care Organization: www.nhpco.org

National Institute on Aging: www.nia.nih.gov

National POLST Paradigm: www.polst.org

U.S. Department of Health & Human Services: www.ncdhhs.gov

U.S. Living Will Registry: liv-will1.uslivingwillregistry.com/forms.html

For more information on how to Begin The Conversation, please visit our website www.BeginTheConversation.org

“This is something my wife and I both need to do.”

I was able to relate to the “real stories” and the presentation also helped me see this as a way to help others. I appreciated the different perspectives on the issues, and this was a great opportunity to learn about preparing for my next phase of life. - Community Member

“Thank you!”

“I will be spreading the word to others.”

What a great service to the community. This workshop has provided me with a new perspective and appreciation on hospice care and its purpose. My family and I will definitely “Begin The Conversation”... - Community Member

Thank you! Your speakers were very knowledgeable and compassionate and have given me the motivation I need to help me through this important process with my family. - Family Member

“Very much worth my time!”

“Excellent program!”

I really appreciate these conferences. The new information from both the doctor’s and patient’s perspective and connecting with others who are going through this process has been so helpful for me. It really creates a nice circle to help all of us grow, give, and do better! - Family Member

“We will begin the conversation.”

BEGIN THE CONVERSATION • ORG TM



I FACED
THE
ELEPHANT
IN THE ROOM

APR
16

NATIONAL HEALTHCARE
DECISIONS DAY
★ *your decisions matter* ★