



VDA WEEKLY E-MAILING

April 14, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229

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UPDATES

April 10, 2015

**Webinar: Intro to Behavioral Symptom
Management Training for Dementia
Caregivers**

**Thursday, April 23, 2015, 3:00 p.m. - 4:00
p.m. ET**

Join the National Alzheimer's and Dementia Resource Center (formerly the ADSSP National Resource Center) for a webinar on behavioral symptom management training.

Attendees will learn the importance of evidence-based training and how it can help caregivers of people with dementia. Presenters will discuss the importance of recognizing and addressing behavioral symptoms, including an overview of one evidence-based approach (A-B-C) as well as practical considerations for launching a training program from the state of Oregon.

[Click here](#) for more information and to register.



UPDATES

April 9, 2015

ACL Awards \$48 Million to State Health Insurance Assistance Programs

The Administration for Community Living (ACL) is pleased to announce that it has awarded up to \$48 million in one-year grants for the State Health Insurance Assistance Programs (SHIP). Local SHIP offices provide free, in-depth counseling, education, and outreach to assist Medicare beneficiaries with their Medicare related questions. SHIPs provide assistance to Medicare beneficiaries, their families, friends, and caregivers. SHIPs assist people in obtaining coverage through the Original Medicare program, Medicare Advantage (Part C) Plans, Medicare Prescription Drug (Part D) Plans, and/or programs designed to help people with limited incomes pay for their health care, such as Medicaid, the Medicare Savings Program, and the Low Income Subsidy. Awards were made to each of the 50 states, DC, Puerto Rico, Guam, and the U.S. Virgin Islands.

More information on the SHIP program is available [here](#). Find the SHIP program in your area [here](#).



Updated Aging Monthly Report (AMR)

Brenda Cooper, Program & Compliance Analyst

The AMR has been updated to allow agencies to request funds the VICAP Dual program. That is the only change in the AMR. The new form has been posted on the website at <http://www.vda.virginia.gov/reportsandinstructions.asp>.

If you have any questions, please let me know.

Free Webinar Presented by the VA Hospital Research & Education Foundation (VHREF) and DARS, Commonwealth Council on Aging

Amy Marschean, JD, Senior Policy Analyst



On **April 20 2015**, from 1:00 p.m. - 2:00 p.m., the Virginia Hospital Research & Education Foundation (VHREF), the Commonwealth Council on Aging, and the Virginia Department for Aging and Rehabilitative Services will host a **free** webinar, *"Improving Care Transitions: The Geriatric Emergency Department."*

Description:

This webinar will focus on the challenges associated with caring for geriatric patients in the Emergency Department (ED) and strategies to improve coordination of care and communication with elderly patients.

Program Topics

- The role that a geriatric assessment team can play in the ED to make the care transition safer for the geriatric patient by conducting an assessment before discharging the patient to identify any mental health issues, social barriers or other factors that could bring the patient back to the hospital.



- How to create a Geriatric Emergency Department. The geriatric emergency department features diurnal lighting, non-slip floors and hearing and vision aids. Care teams supporting geriatric EDs provide trained personnel who understand the unique needs of elderly patients. While most hospitals may not have the patient volume or the resources to create a dedicated Geriatric Emergency Department, hospitals can begin planning for changes to meet the community needs for the increasing numbers of elderly patients that present to the ED.
- Interdisciplinary educational programs for care providers in a geriatric appropriate ED.

Faculty:

Kevin Biese MD, MAT, Associate Professor in the Departments of Emergency Medicine and Internal Medicine at the University of North Carolina Chapel Hill

Dr. Biese also serves as the Emergency Medicine Residency Program Director, Geriatric Emergency Medicine Fellowship director, and president of the University of North Carolina Academy of Educators. He is published in the areas of education and system improvement with a focus on improving the care of older adults in the emergency department. Dr. Biese also serves as a board member for the Society for Academic Emergency Medicine Academy of Geriatric Emergency Medicine.

Registration Information:

This webinar is being offered at no charge to participants. You will need a telephone (preferably a speaker phone) as well as Internet. Connection instructions and handout materials will be e-mailed to each participant prior to the day of the session. Registration deadline is April 18, 2015. Log-in begins at 12:45 p.m.; the program will be from 1:00 p.m. – 2:00 p.m. EST. Program details are available <http://www.vhha.com/documents.html?id=1293>. You can register for this program online [here](#).

If you have questions or need additional information contact Jan Mangun at jmangun@vhha.com or Amy Marschean at Amy.Marschean@dars.virginia.gov.

ARCH Webinar - Caregivers in the Workplace: National Data and Successful Strategies to Engage Employers in Respite and Caregiver Supports

Kathy B. Miller, Director of Programs, Division for the Aging

Developing an approach to engaging employers in respite and caregiving supports requires



knowledge of the experiences of working caregivers as well as communication savvy to deliver the most effective messages. This webinar will provide insight into both by providing 1) new national data on working family caregivers and employer responses; and 2) the experiences of an innovative partnership in New York City that is working to bring their talents and resources directly to the corporate workplace to benefit caregivers. Presenters will be Dr. Ken Matos, Senior Director of Research, Families and Work Institute, New York, NY and Gregory Johnson, Director, Community Outreach, Care for the Family Caregiver Program, Marketing and Communications, EmblemHealth, New York, NY.

[Register here.](#)

ARCH National Respite Network and Resource Center

Kathy B. Miller, Director of Programs, Division for the Aging

If you are having trouble viewing this email, please [click here](#).



ARCH National Respite Network and Resource Center

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.

ARCH Resources

The ARCH National Respite Network and Resource Center is pleased to share with you products and resources as they become available.

For additional respite resources, visit [ARCH Products and Publications](#).

National Volunteer Week, April 12-18, 2015

In celebration of National Volunteer Week, ARCH is sharing a

**To support
the ARCH
National
Respite
Coalition,**



few resources to help you engage volunteers for respite:

Volunteer Respite Manual: Creating Valuable Options for Family Caregivers, click [here](#). ARCH has a limited number of free hard copies of the manual. To order, contact [Bessie Wiggins](#).

ARCH Recorded Webinars:

- Respite in the Faith Community, click [here](#).
- The Aging Network's Volunteer Collaborative Partnership with LexisNexis: Background Screening for Volunteers, click [here](#).

Faith-based and Volunteer Tools: Examples from State Lifespan Respite Programs and Partners, click [here](#)

If you would like more information, please feel free to contact [ARCH](#).



ARCH National Respite Network
and Resource Center

Email: jkagan@archrespite.org

703-256-2084

[ARCH Website](#)

[ARCH National Respite Locator Service](#)

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become a
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Newsletter.

To find
respite
services and
funding
information,
please visit
the [National
Respite
Locator](#).





Housing Challenges for Low-Income Older Adults

Kathy B. Miller, Director of Programs, Division for the Aging

The majority of low-income households aged 65 and older currently live in housing that is considered unaffordable. According to the American Community Survey, 73 percent of older Americans with annual incomes under \$15,000 and 48 percent of those with incomes between \$15,000 and \$30,000 were housing cost burdened in 2013. In the next decade, households 65 and over earning less than \$15,000 a year are estimated to increase by 37 percent to 6.5 million. As of 2011, only one-third of older households earning 50 percent of area median income receive rental assistance. In order to keep the share receiving federal rental assistance at its current level, the number of older renters receiving assistance would have to rise by 900,000 by 2030 – which would still leave three to four million income-eligible older renters without assistance. ([JCHS Housing Perspectives, April 3](#))

VAIRS (VA Alliance of Information & Referral Specialists) Webinar

Kathy B. Miller, Director of Programs, Division for the Aging

The Virginia Alliance of Information & Referral Systems would like to invite you to participate in a webinar titled, "Sexual & Domestic Violence in Later Life: Identification & Resources", on Thursday, April 23, at 10:00 AM, EDT.

No matter what the victim's age, abusers' tactics are remarkably similar. Abusers frequently look for someone they can dominate, people believed to be weak, people unlikely or unable to retaliate. With respect specifically to abuse in later life, the aggressors include spouses and former spouses, partners, adult children, extended family, and in some cases caregivers. In this VAIRS webinar, Lisa Furr will provide information on how domestic and sexual abuse are different in later life, and what resources are available throughout the Commonwealth of Virginia to assist those victims.

Register now! <https://attendee.gotowebinar.com/register/3646073282213400833>

After registering, you will receive a confirmation email containing information about joining the

webinar. [View System Requirements](#) We hope that you'll join us.





SeniorNavigator E-Quick Tip: April 16 is Healthcare Decisions Day

Cecily Slasor on behalf of Kim Tarantino, SeniorNavigator



SENIORNAVIGATOR E-QUICKTIP: April 9, 2015

April 16 is Healthcare Decisions Day

You may have heard about Healthcare Decisions Day, but aren't quite sure what it's all about. Here's the scoop...

Virginians are encouraged to plan ahead for healthcare decisions related to end-of-life care and medical decision-making whenever patients are unable to speak for themselves -- utilizing Advance Directives to communicate these important healthcare decisions. These documents enable you to put your wishes regarding medical care in writing and lets your loved ones know the types of medical care you do/do not wish. Not only should you have a voice in your care, but knowing your wishes will make a difficult time a bit easier on your family.

To learn more about Advance Directives and other information about end-of-life decisions, click on the following link:

<http://www.virginiannavigator.org/sn/Default.aspx?.m=z&ct=26&.f=1&.ct2=163>

E-QUICKTIPS is a fast, free resource for seniors and those who care for them. Please feel free to add your branding, logo, or company name and share it with employees, colleagues, and clients through list serves, newsletters, and bulletin boards -- referencing SeniorNavigator as the source. By passing this information along, together we can create a ripple effect that can touch thousands of lives.

"Aging Well in Mind, Body, & Spirit" Annual Conference June 2nd

Kathy B. Miller, Director of Programs, Division for the Aging

SIGN UP NOW FOR THE ANNUAL CONFERENCE ON AGING: AGING WELL IN MIND, BODY, & SPIRIT Lynchburg College, Lynchburg, VA Tuesday, June 2, 2015

This year's conference features:

- Kathleen Passanisi, PT, CSP, CPAE- "Choosing to Live a Happy, Balanced, Vibrant Life"
- James L. Brooks, MDiv- "May the Circle be Unbroken: Spirituality, Faith and Aging"



- Workshops on handling aggressive older adults in a positive & effective manner, connectivity & aging, healthy aging, marathon caregiving, dealing with difficult people, Medicaid, ethics at the end of life, preparing for prosecution of elder abuse & neglect, lifestyle strategies for preventing cancer, preventing and resolving family conflict, the power of residual memory, stress management, disaster preparedness, the aging LGBT population, and more
- Barbara Conners, DO, MPH, Chief Medical Officer, Center for Medicare & Medicaid Services, Philadelphia, PA will also be conducting 2 workshops regarding the Affordable Care Act & Healthcare Transformation, as well as answering questions regarding CMS' new Medicare/Medicaid billing program. This is a must for any administrator, therapist, and other person working with the new system.

EARLY REGISTRATION DEADLINE IS EXTENDED to MAY 15st for our DISCOUNTED REGISTRATION FEE. General registrations have been extended thru May 26th due to technology issues and postal changes. We also apologize for any difficulty you may have experienced trying to locate on-line information due to our new website at Lynchburg College. If you are still having trouble, please let me know asap so we can work through them.

To register on-line: go to www.lynchburg.edu/beard<<http://www.lynchburg.edu/beard>> or to <http://www.lynchburg.edu/academics/academic-community-centers/beard-center-on-aging/conference-on-aging/>

If you want to exhibit: see attached brochure. Deadline for exhibitor registration is April 30, 2015

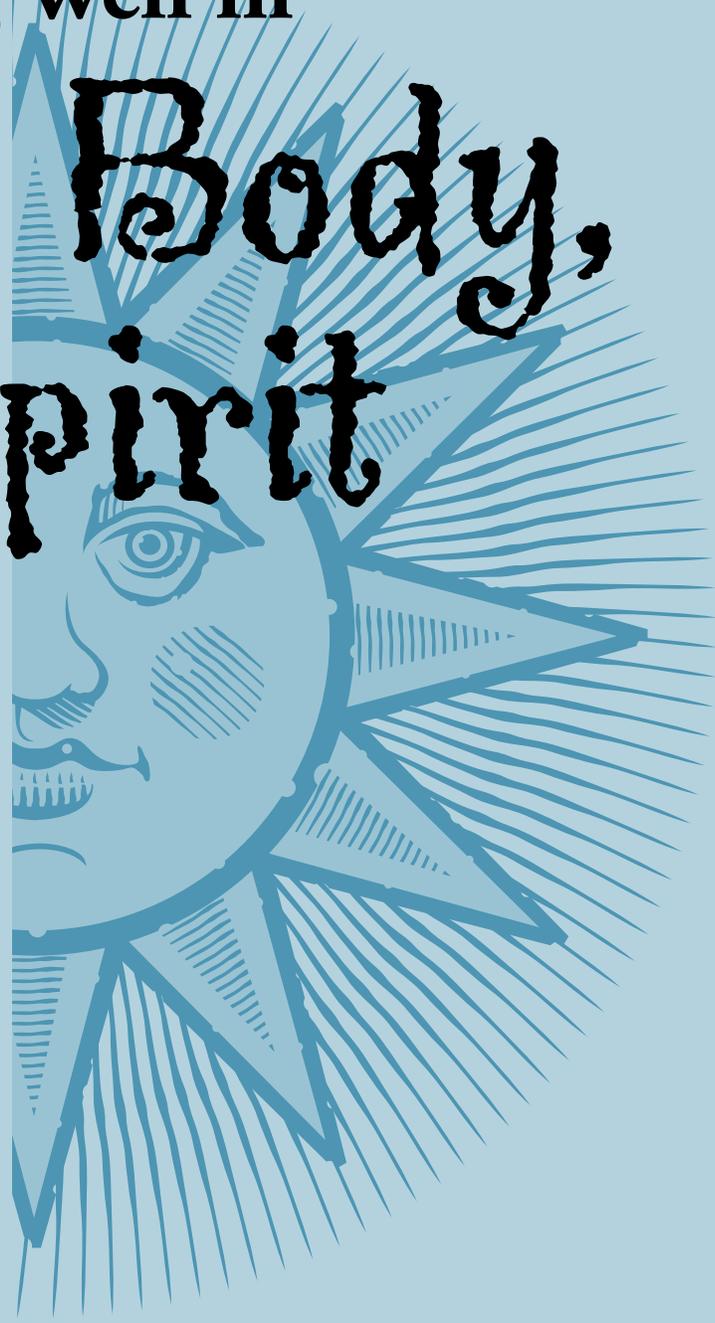
Door prizes and silent auction gifts are also needed. This is a great way to get your name out there.

For more information, contact Denise Scruggs at 544-8456 or scruggs.dr@lynchburg.edu<<mailto:scruggs.dr@lynchburg.edu>> . We look forward to your joining us at the conference.

Aging Well in Mind, Body, & Spirit

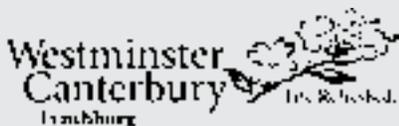
June 2, 2015

*Presented by the Beard Center
on Aging at Lynchburg College
in partnership with the Centra
Foundation, Centra Mental
Health Services and Centra
Rehabilitation and Senior
Care Services*



2015 CONFERENCE SPONSORS

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KEYNOTE SPEAKERS

9-10 a.m.

Choosing to Live a Happy, Balanced, Vibrant Life

Kathleen Passanisi, PT, CSP, CPAE



Good choices are the foundation of living a happier, healthier, more vibrant life. But sometimes we get so bogged down in the craziness of everyday life that we don't stop to think about the choices we are making — and the disappointing results. When this happens, we live by default and not by design. A sense of balance and contentment comes from having a true understanding of personal values and then using one's time, energy and talent in ways that add meaning to life. In this program, Kathleen Passanisi teaches us how to do this in ways that benefit us and the lives we touch. Making our happiness a priority is not selfish. It is one of the most responsible things we can do.

Kathleen Passanisi, internationally recognized speaker, humorist and medical professional is the author of *It's Your Life - Choose Well* and contributing author of *Humor Me*. She is an inductee of the National Speakers Association's CPAE Speaker Hall of Fame and recipient of the AATH Lifetime Achievement Award in the field of therapeutic humor. She is a past-president of the American Association for Therapeutic Humor and has served on the adjunct faculty of the Washington University School of Medicine. Her work has been featured in U.S. News & World Report, New York Times, Working Woman, and England's Sunday Business.

3:40-4:45 p.m.

*May the Circle be Unbroken:**Spirituality, Faith and Aging*

James L. Brooks, MDiv



Recent studies have shown what many have long believed — that spirituality, aging and health are linked. Spirituality can have a positive impact on many aspects of life, including personal well-being, relationships, meaning and purpose, healing and hope. This session will explore trends in spiritual development and religious practices through the aging continuum. We will focus on practical ways individuals, families, professionals and communities can support healthy spirituality for all of us as we age.

James L. Brooks is associate state director for AARP Virginia and author of *The Unbroken Circle: A Toolkit for Congregations Around Illness, End of Life and Grief*; and *It's About How You Live - In Faith: A Guide for Hospices and End of Life Coalitions on Engaging Faith Communities*. He previously served as the first executive director of Project Compassion, a nonprofit organization in Chapel Hill, N.C., that supports persons coping with serious illness, caregiving, end-of-life issues, and grief. He has also been a hospice clinical manager. The Robert Wood Johnson Foundation profiled him as one of five emerging leaders in end-of-life care. He holds an undergraduate degree from Wake Forest University, a master of divinity degree from Southern Baptist Theological Seminary and is ordained by the United Church of Christ.

CONFERENCE INFORMATION

10:45-11:45 a.m.

- ***Aggressive Behavior and Older Adults: What Do We Know and What Can We Do?***
Andrew L. Heck, PsyD, ABPP, Clinical Director/Licensed Clinical Psychologist, Piedmont Geriatric Hospital
- ***Connectivity and Aging: Engaging Mind, Body and Spirit***
Jay White, MS, Gerontologist and Director of Professional Development, Department of Gerontology, Virginia Commonwealth University
- ***Protecting Your Assets***
Julianne Dalton, Esq., Associate, Anderson, Desimone & Green, P.C.
- ***Healthy Habits for a Healthier You***
Annette Clark, MSG, Gerontologist and Family Services Director, Alzheimer's Association, Central and Western Virginia Chapter
- ***Life Lessons and Post Traumatic Growth: Strategies for Coping with Marathon Caregiving***
Rosemary Rawlins, BS, author of *Learning by Accident: A Caregiver's True Story of Fear, Family and Hope*, Editor of *BrainLine Blogs*, and columnist for *Brain Injury Journey*
- ***Dealing with Difficult People***
Margaret Beazley, BA, Mediator, Facilitator, and Trainer, Conflict Resolution Center
- ***Quality of Care in Long Term Care and Future Perspectives***
Carey H. Peerman, MBA, BSN-RN, LNHA, FACHE, Director of Healthcare Management, Jefferson College of Health Services
- ***Have you had the Talk? Advance Care Planning and DNR—What You Need to Know***
Verna Sellers, MD, MPH, Geriatrician and Medical Director, Geriatric Services and Programs, Centra PACE, A Program of All-inclusive Care for the Elderly
Kim M. Williams, MSW, Certified Advance Care Planner and Social Worker, Centra Acute Rehabilitation Center
- ***Healthcare Financial Assistance Programs for Aging Veterans***
Dana Hawkins, LCSW, C-ASWCM, CDP, Primary Care Social Worker, Department of Veterans Affairs—Lynchburg Community Based Outpatient Clinic

1:15-2:15 p.m.

- ***Mom Needs Medicaid: Where Do I Start?***
Rebecca Neilans, Supervisor, Adult Services, Virginia Department of Social Services, Lynchburg Division
Karen Sumner, Senior Benefits Program Specialist, Virginia Department of Social Services, Lynchburg Division
- ***Life Reimagined (Session 1 of 2)***
Brian Jacks, BS, Associate State Director, AARP Virginia
- ***Ethics at the End of Life***
Michael Gillette, PhD, President, Bioethical Services of Virginia, Inc.
- ***Preparing for Prosecution of Elder Abuse and Neglect: From the Hospital to the Courtroom***
Randy C. Krantz, JD, MAR, RN, Bedford County Commonwealth's Attorney
- ***Eat to Live: Lifestyle Strategies to Prevent Cancer***
Martie M. Slaughter, FACHE, RD, FAND, CDE, Captain, Medical Service Corps, United States Navy, Retired, Certified Diabetes Educator, Registered Dietician
- ***Preventing and Resolving Family Caregiving Conflict***
Margaret Beazley, BA, Mediator, Facilitator and Trainer, Conflict Resolution Center

SCHEDULE OF EVENTS *

8-8:45 a.m.
Registration, Schewel Hall

8:45-9 a.m.
Welcome and Announcements, Burton Dining Hall, Drysdale Student Center

9-10 a.m.
Keynote Address, Burton Dining Hall

10-10:45 a.m.
Poster Sessions, Refreshment Break, Educational Exhibits, Schewel Hall

10:45-11:45 a.m.
Concurrent Sessions, Schewel Hall

11:45 a.m.-1:15 p.m.
Conference Luncheon and Awards Ceremony, Burton Dining Hall

1:15-2:15 p.m.
Concurrent Sessions, Schewel Hall

2:15-2:30 p.m.
Poster Sessions, Refreshment Break, Educational Exhibits, Schewel Hall

2:30-3:30 p.m.
Concurrent Sessions, Schewel Hall

3:40-4:45 p.m.
Keynote Address, Schewel Hall

The exhibit hall will be open until 2:30 p.m. New exhibitors are welcomed and encouraged to contact the Beard Center on Aging at Lynchburg College for additional information about exhibiting opportunities.

* The complete schedule, registration form, and directions to the College are available on the College website at www.lynchburg.edu/beard.



CONFERENCE INFORMATION *(continued)*

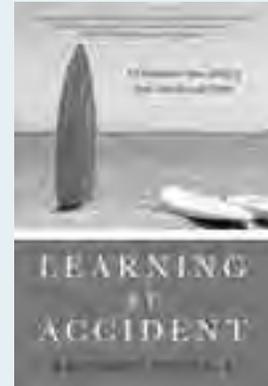
- ***Current Issues for an Aging Society***
J. James Cotter, PhD, Associate Professor, Virginia Commonwealth University School of Allied Health Professions, Department of Gerontology
- ***The Healthcare Transformation and the Affordable Care Act (Session 1 of 2)***
Barbara J. Connors, DO, MPH, Chief Medical Officer, Center for Medicare and Medicaid Services
- ***“Minding Your Own” – A Documentary about Family Caregivers and the Individuals they Care For***
Inaya Graciana Yusuf, MFA, Director, Producer and Editor, Slow Your Roll Films

2:30-3:30 p.m.

- ***Life Reimagined (Session 2 of 2)***
Brian Jacks, BS, Associate State Director, AARP Virginia
- ***The Power of Residual Memory***
Lanny D. Butler, MS, OTR/L, Consultant, Educator and Co-Author of “My Past is Now My Future ... A Practical Guide to Dementia Possible Care”
- ***Weathering the Storm: Managing Stress and Bringing Balance Back into Your life***
Teresa Moore, MD, Centra Medical Group Keysville
- ***Disasters: A Recipe for Preparedness***
Elizabeth Jean Harris, Mass Care Lead Volunteer, American Red Cross, Historic Virginia Chapter
- ***Depression in the Elderly***
Moni Baidya, MD, Geriatric Psychiatrist, Centra Piedmont Psychiatric Center
- ***The Aging LGBT Population***
Jay White, MS, Gerontologist and Director of Professional Development, Department of Gerontology, Virginia Commonwealth University
- ***Walking in their Shoes: Aging Sensitivity Training***
Beverly Craft, RN, BSHA, CMC, CDP, Owner and Senior Care Resource Consultant, Care OPTIONS Plus, LLC
- ***The Silver Tsunami of the Future***
Teresa Page, EdS, MSN, RN, FNP-BC, Assistant Professor of Nursing, Liberty University
- ***The Healthcare Transformation and the Affordable Care Act (Session 2 of 2)***
Barbara J. Connors, DO, MPH, Chief Medical Officer, Center for Medicare and Medicaid Services

FOR MORE INFORMATION

For detailed program descriptions, scholarship information, or to register and pay by credit/debit card, call 434.544.8456 or go to www.lynchburg.edu/beard.

CONFERENCE FEATURES**Book Signing & Sale**

Meet Rosemary Rawlins, author of *Learning by Accident: A Caregiver's True Story of Fear, Family and Hope*, her inspirational memoir about learning and growing through adversity.

Poster Sessions

Join us for poster sessions to learn more about current research conducted in the field of aging. Conference attendees will have the opportunity to meet and talk with the researchers.

Silent Auction

To raise funds for conference scholarships, a silent auction will be held throughout the day. The auction features items generously provided by Consortium on Aging members and local businesses. **To make a donation for the auction call 434.544.8456 or email us at scruggs.dr@lynchburg.edu.**

About the Lynchburg College Beard Center on Aging

Named in honor of Lynchburg College alumna and gerontologist Belle Boone Beard, the center strives to promote positive aging through intergenerational activities, educational programs, information and referral services, and professional training. The Center also hosts one of Virginia's largest annual geriatric conferences and provides leadership for Region 2000's Consortium on Aging.

REGISTRATION FORM

Early Registration Deadline: May 1, 2015

Note: You may also register online at www.lynchburg.edu/beard.

Mail to:

Beard Center on Aging at Lynchburg College
1501 Lakeside Drive
Lynchburg, VA 24501

Last Name _____ First Name _____

Position/Title _____

Company/Organization _____

Phone _____ Fax _____

Street Address _____

City _____ State _____ Zip _____

Email _____

How did you hear about this program _____

Please check the appropriate box(es) below and submit payment and registration form by **May 1, 2015** for **early registration discount**. Workshops will be filled on a first-come, first-served basis. Registration deadline is **May 15, 2015** or until all spaces are filled.

Conference Fee (includes lunch)

- Member, Gerontology Center Consortium – *Early registration discount (before May 1, 2015)* \$65
- Member, Gerontology Center Consortium – *Late registration (after May 1, 2015)* \$90
- Non-Member, Gerontology Center Consortium – *Early registration discount (before May 1, 2015)* \$85
- Non-Member, Gerontology Center Consortium – *Late registration (after May 1, 2015)* \$110
- Full-Time Student or Senior Citizen \$45

Optional Fees

- I would like Lynchburg College CEUs for the conference (June 2) \$15
- Post Session: NCCDP Alzheimer's and Dementia Class – Consortium Conference Attendees \$120
- Post Session: NCCDP Alzheimer's and Dementia Class – Conference Attendees \$155
- Post Session: NCCDP Alzheimer's and Dementia Class ONLY – Non-Conference Attendee \$185
- I would like Lynchburg College CEUs for the NCCDP Alzheimer's and Dementia Class. \$15

Total Amount Enclosed \$ _____

(Make check or money order payable to the Beard Center on Aging. Credit and debit card payments may be made online at www.lynchburg.edu/beard or by phone. Purchase orders also accepted by phone. Call 434.544.8456.)

Continuing Education Credits (CEUs)

Persons attending the entire conference and who meet the requirements for CEUs can earn .5 CEU credits from Lynchburg College. The fee is an additional \$15. CEUs will also be offered separately for the post-conference session.

Group Discounts and Scholarships

Group discounts and a limited number of scholarships are available. Call 434.544.8456 for more information.

CONCURRENT SESSIONS

If you are registering for the conference, please indicate which concurrent session you wish to attend for each time period by checking the appropriate box(es) below. Please check only one box for each session.

10:45-11:45 a.m.

- Aggressive Behavior and Older Adults
- Connectivity and Aging
- Protecting Your Assets
- Healthy Habits for a Healthier You
- Life Lessons, Post Traumatic Growth and Caregiving
- Dealing with Difficult People
- Quality of Care in Long Term Care and Future Perspectives
- Have you had the Talk?
- Healthcare Assistance for Veterans

1:15-2:15 p.m.

- Mom Needs Medicaid: Where Do I Start?
- Life Reimagined (Session 1 of 2)
- Ethics at the End of Life
- Investigating Elder Abuse and Neglect
- Eating to Prevent Cancer
- Preventing and Resolving Family Caregiving Conflict
- Current Issues for an Aging Society
- Healthcare Transformation and the Affordable Care Act (Session 1 of 2)
- "Minding Our Own, Preview

2:30-3:30 p.m.

- Life Reimagined (Session 2 of 2)
- The Power of Residual Memory
- Weathering the Storm
- Disasters: A Recipe for Preparedness
- Depression in the Elderly
- The Aging LGBT Population
- Aging Sensitivity Training
- The Silver Tsunami
- Healthcare Transformation and the Affordable Care Act (Session 2 of 2)

2014-15 CONSORTIUM ON AGING MEMBER LIST

2-1-1 Virginia	City of Danville Department of Parks, Recreation and Tourism	McGurk House
AARP Virginia	Jacquelyn Cloud	Meals on Wheels of Greater Lynchburg
Adult Care Center of Central Virginia	CogniCheck, Inc.	Medical Care Center
Ageless Woman magazine	Cresswell Group, LLC, Kathleen Cresson	Mental Health America of Central Virginia
Alzheimer's Association of Central and Western Virginia	Jessica Crews	Joyce Morrison
Charlotte Arbogast, Virginia Dementia Services Coordinator, DARS	Deaf and Hard of Hearing Services Center	New York Life, Sutton Tinsley
Audiology Hearing Aid Associates, Inc	Elks National Home	Older Adult Ministries, United Methodist Church, Lynchburg District
Beard Center on Aging at Lynchburg College	Elizabeth Farnsworth, PhD, Lynchburg College	Orthopaedic Center of Central Virginia
Bedford Community Health Foundation	Fairmont Crossing Health and Rehabilitation Center	Piedmont Community Health Care
Bedford County Department of Social Services-APS	Kay Fielder	Fumiko Radile
Bentley Commons	Generation Solutions	Regional SW Alcohol and Aging Awareness Group
Yvonne Behrens	Gentle Shepherd Hospice	Runk and Pratt Senior Living Communities
Berry Hill Health and Rehabilitation	Guggenheimer Health and Rehabilitation Center	Seniors Guide
Virginia Burggraf, DNS, RN, FAAN, Radford University	Harmony (a division of Cabaniss Day Support, Inc.)	Senior Independence
Campbell County Department of Social Services	Heritage Green Assisted Living Communities	Senior Navigator/Virginia Navigator
Campbell County Recreation Senior Programs	Home Instead Senior Care	Senior News
Campbell County Retired Senior Volunteer Program	Hospice of Virginia	Senior Remodeling Experts
Campbell Rest Home	Infinity Care Management of Virginia	Stratford House
Care OPTIONS Plus, LLC	Lauren Johnston	Susan Oliver, Esq.
Centra Bedford Memorial Hospital	Kumar Financial and Insurance	Elizabeth Swygert
Centra Home Health	Marion Kyner	Team Nurse
Centra Hospice	Lake Christian Ministries	The Summit
Centra Oakwood Health and Rehabilitation Center	Liberty Ridge Health and Rehabilitation Center	The Summit Assisted Living
Centra PACE	Glenda Lilly	The Summit Health and Rehabilitation Center
Centra Rehabilitation and Senior Services	Lynchburg College	Towne Bank Mortgage/Reverse Mortgage Solutions
Centra Rosemary and George Dawson Inn	Lynchburg College Health Training Consortium	United Way of Central Virginia
Centra Specialty Hospital	Lynchburg Department of Social Services	Virginia Relay Captel
Center for Community Development and Social Justice, Lynchburg College	Lynchburg Health and Rehabilitation Center	Virginia United Methodist Homes
Central Virginia Alliance for Community Living	Lynchburg Parks and Recreation	Western and Central Virginia Council for Aging in Place
	Don Manning	Westminster Canterbury of Lynchburg
	Helen McClendon	Joy Whitt
		Williams Home, Inc.
		Woodhaven Nursing Home

Join the Consortium on Aging

The Consortium on Aging comprises individuals, organizations, faith communities, nonprofit businesses and corporations interested in promoting positive aging and addressing the needs of our aging community. Members receive up-to-date information about issues related to aging, resources, community events, training and networking opportunities. Members also receive discounts on Beard Center programs and services. For more information, call 434.544.8456 or go to www.lynchburg.edu/beard.

LODGING INFORMATION



Wingate by Wyndham

3777 Candler's Mt. Road, Lynchburg
888.494.6428 • www.wingatehotels.com

This non-smoking, certified green, award-winning hotel, nestled in the foothills of the Blue Ridge Mountains, offers a free hot deluxe 40-item breakfast. Special conference room rate is \$109/night plus tax. To receive discounted rate, register before May 1, 2015 and identify yourself as a Lynchburg College Conference on Aging attendee.



Acorn Hill Lodge

2134 Old Forest Road, Lynchburg
434.528.0983 • www.acornhilllodge.com

This award-winning home away from home is situated minutes away from Lynchburg College and offers a cozy Bed & Breakfast atmosphere. A free hot made-to-order breakfast is included. A limited number of rooms is available at a rate of \$102/night plus tax. To receive discounted rate, identify yourself as a Lynchburg College Conference on Aging attendee.



Craddock Terry Hotel and Event Center

1312 Commerce Street, Lynchburg
434.455.1500 • www.craddockterryhotel.com

This turn-of-the-century shoe factory turned residential-style boutique hotel, located in downtown Lynchburg, offers complimentary shuttle service, two award-winning onsite restaurants, an in-room complimentary continental breakfast, a microbrewery, and more. A limited number of rooms is available for \$129/night plus tax. Identify yourself as a Conference on Aging attendee.

POST-CONFERENCE WORKSHOP • JUNE 3, 2015

Alzheimer's Disease and Dementia Care Seminar

(8 contact hours)

8:30 a.m. – 5 p.m. (Registration begins at 8 a.m.)
Schewel Hall, Room 232, Lynchburg College

The intensive curriculum includes: an overview of dementia, diagnosis, prognosis and treatment options; effective communication techniques; understanding feelings and depression; repetitive and aggressive behaviors, paranoia, hallucinations, wandering, hoarding and catastrophic reactions; intimacy and sexuality; personal care — bathing, dressing, toileting, nutrition, pain and activities; environmental issues; staff and family support; cultural competence and diversity; spiritual care; and end-of-life issues.

INSTRUCTORS

Denise Scruggs, CDP, ADC is a Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT) for the International/National Council of Certified Dementia Practitioners. Denise has more than 20 years of personal and professional experience in dementia care spanning activities management, social work, family caregiving, consulting and memory support program management. Denise currently serves as the director of the Beard Center on Aging and is a member of the advisory council for the Lindsay Institute for Innovations in Caregiving.

Kathleen Cresson, RN, CMC, CDP is a Certified Care Manager, as well as a Certified Alzheimer's Disease and Dementia Care Trainer (CAADCT) for the International/National Council of Certified Dementia Practitioners. She is currently the Health Care Manager/RN at the Adult Care Center of Central Virginia. She has more than 10 years of experience working with persons diagnosed with Alzheimer's disease and other dementias. In 2013, Kathleen was awarded recognition as the 2013 Outstanding Geriatric Nursing Professional in Region 2000.

COST

Consortium Member Conference Attendees.....	\$120
Non-Consortium Member Conference Attendees	\$155
Dementia Class ONLY – Non-conference Attendee	\$185
Lynchburg College CEUs for the NCDDP	\$15

On completion of this course, professionals may apply for CDP certification at a discounted rate of \$25, a savings of \$75. In addition to successful completion of this course, all NCCDP certification requirements must be met and approved by the NCCDP Certification Council in order to receive professional certification. For more information go to www.nccdp.org.

DISCOUNTS ARE AVAILABLE FOR MULTIPLE REGISTRATIONS

In addition, the class can be offered on site at a discounted rate for corporate training or you may serve as an agency host to bring the class to your area. Host sites receive a limited number of discounted and/or free registrations. Call 434.544.8456 for more information.

**Beard Center on Aging at Lynchburg College
2015 Annual Conference: Aging Well in Mind, Body, & Spirit
June 2, 2015**

Exhibitor Agreement

(Please print or write legibly)

Business Exhibitor: \$250

- Exhibitor receives one table and conference registration (including lunch & breaks) for **one** representative. **Additional representatives are required to register and pay the reduced registration fee of \$85 per person.**

Non-Profit/ Government Agency Exhibitor: \$125

- Exhibitor receives one table and conference registration (including lunch & breaks) for **one** representative. **Additional representatives are required to register and pay the reduced registration fee of \$85 per person.**

Consortium Exhibitor:

- Free table (value \$125-\$250), but must register and pay reduced registration fee of **\$65 per person** (includes lunch and breaks).

Agency Name: _____

Agency Address: _____

Contact Person/Title: _____

Telephone: _____

Email: _____

Name(s) of person(s) who will be manning the exhibit:

I agree to support the 2015 Beard Center on Aging Annual Conference at the following level
(Please check one):

___ **Business Exhibitor: \$250** \$ _____

___ **Non-Profit/ Government Agency Exhibitor: \$125** \$ _____

___ **Consortium Exhibitor (Only pay for individual conference fee
for representative(s) manning the exhibit (\$65/each)** \$ _____

If you would like a **tablecloth provided**, the fee is \$20.00/tablecloth \$ _____

Total enclosed: \$ _____

Set Up Logistics: (Please check all that apply)

- _____ Need to be near an electrical outlet
- _____ Need a second chair available
- _____ Will be bringing a floor display
- _____ Plan to make a Silent Auction donation
- _____ Would like to make a major prize donation for the drawing at the end of the conference
- _____ Other needs not noted above: _____

Exhibitor Guidelines:

Please read the attached "Exhibitor Guidelines" and indicate that you agree to all conditions stated, by signing below.

Name _____

Date _____

Please mail with this form and payment to the Beard Center on Aging at Lynchburg College, 1501 Lakeside Dr., Lynchburg, VA 24501 or fax it to (434)544-8580. If you fax your form, please call and alert us to this so we won't miss it. Make checks payable to Beard Center on Aging.

For additional information, contact Denise Scruggs at 434-544-8456; email: scruggs.dr@lynchburg.edu

****Application Deadline – April 30, 2015****

2015 Conference on Aging

Exhibitor Information

Date/Hours of Exhibit:

Exhibits will be open on June 2, 2015, from **8 am-2:30 pm**. Please plan to be available during each break period until 2:30 pm which is the end of the last break. Please note that we will be inviting faculty and staff at Lynchburg College to stop by the exhibits during the conference day to increase your exposure.

Exhibitor Registration:

To prevent confusion and give us enough time to prepare name tags, please have **all** persons who are manning your table to **pre-register for the conference and pay by April 30, 2015**. Registration can be done online at www.lynchburg.edu/beard.

Set Up & Arrival:

Exhibitors can set up their exhibits on **Monday, June 1st between 3-4:30 pm** or on **Tuesday, June 2nd between 7 am – 7:45 am**. Check in at the Registration table for further instructions and to pick up your conference name tag **BEFORE** setting up your exhibit. Please don't arrive before 3 pm on Monday as the set up will not be available until that time. Also, don't leave out items of value overnight as the building will be open without supervision and the college cannot assume responsibility for anything lost or stolen. Vendors are responsible for transporting, unloading, and setting up their exhibits.

Lunch:

Lunch will be provided in the Drysdale Center Dining Room with other participants.

Exhibit Area:

Exhibits are located in the mainstream of the conference meeting rooms, breaks and registration area to maximize interactions with participants. The exhibit areas located on the first and second floor of Schewel Hall will not be locked. Spaces have been designated for sponsors and for those needing electrical outlets, so please do not setup in these areas unless you are a sponsor or have requested an electrical outlet. If you do, you will be asked to move your display.

Display:

Equipment Provided: Each exhibitor will receive a 6' or 8' table and one folding chair. If additional chairs are needed, please note this on the exhibitor application. Any necessary equipment, such as audiovisuals, extension cords, etc. must be supplied by the exhibitor. **Please notify us about any electrical outlet needs on or before April 15th, as they are limited.**

Floor Displays: This year we are allowing exhibitors to bring floor displays. We have limited space so we ask that you make prior arrangements for a smaller table or you bring your own table. You will be provided the same amount of space as a 6-8 foot table for your entire exhibit. **If you plan on bringing a standing banner/floor display, contact the Beard Center via e-mail by April 30th so we can arrange a smaller table.**

Table Assignments: With the exception of sponsor tables and exhibits needing electrical accommodations, tables will be filled on a first come, first serve basis.

Silent Auction & Door Prizes:

As we did last year, we will only offer one or two large prize drawings (valued at \$100 or more) at the end of the conference day, as an incentive for attendees to stay until the end of the conference. In addition, we are holding a silent auction to raise funds to support conference scholarships for seniors and caregivers. We are hoping you will consider donating a prize for the silent auction (value = \$50 or greater) or contribute money/ prize, for the large prize drawing. We will announce and advertise the agencies providing donations. **To prevent confusion and ensure that we recognize your donation, please bring all donations to the Beard Center by May 29, 2015**