



VDA WEEKLY E-MAILING

April 28, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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UPDATES

April 27, 2015

Centers for Medicare & Medicaid Services Announce Funding Opportunity for Marketplace Navigators

New Three-Year Project Period

The Centers for Medicare & Medicaid Services (CMS) is now accepting applications for funding to support Navigators in Federally-facilitated Marketplaces (FFM), including State Partnership Marketplaces. Navigators provide objective information about health coverage to help consumers make the best possible choice. They are knowledgeable about qualified health plans in the Marketplaces, and public programs including Medicaid and the Children's Health Insurance Program.

Funding is available to eligible individuals, as well as private and public entities, applying to serve as Navigators in states with a FFM. Grantees will be selected for a three-year project period, and a total of up to \$67 million is available for the first year of the award. This funding opportunity is open to new and returning HHS Navigator grant applicants. Applications are due by **June 15, 2015**.



The funding opportunity announcement is available [here](#), and additional information about Navigators is available [here](#).



April 24, 2015

National Quality Forum To Hold Meeting To Develop Quality Framework for Community-Based Services

Public Input Sought

The National Quality Forum will hold the first meeting of their Home and Community-Based Services Quality Committee on April 29th and 30th in Washington D.C. The Committee is charged with developing the first draft of a conceptual framework for measuring quality in the delivery of home and community-based services. This is the latest in a continuing series of opportunities to engage stakeholders in the development process. The project will continue well into 2016 and will release a series of draft recommendations for public input beginning in July of 2015.

All meetings of the Committee are open public, either in-person or online. In-person space is limited. Registration to attend the meeting in-person or to access the meeting online and obtain the agenda and other materials can be found at the



[project webpage](#).

Those attending online will have access to streaming audio, slides, and the ability to pose comments and questions via the web platform chat box. Comments from the public will also be requested during designated times throughout the meeting. Public comments are also accepted throughout the project at HCBS@qualityforum.org.

2015 Older Virginians Month Proclamation (Attachment)

Amy Marschean, JD, Senior Policy Analyst, Division for the Aging

Governor McAuliffe has named May 2015 as Older Virginia Month in the Commonwealth of Virginia. This year's theme is "Get into the Act," which emphasizes the value of promoting healthy aging, increasing community involvement for older adults, and focusing on important issues like the prevention of elder abuse. Attached is the proclamation.

Older Virginians Month and Adult Abuse Prevention Month Videos

A.J. Hostetler, Communications Director

Gov. Terry McAuliffe created two videos that we encourage you to watch and share in May. In honor of Older Virginians Month and the 50th anniversary of the Older Americans Act, Gov. McAuliffe encourages Virginians to join in celebrating how older adults can take charge of their health, get engaged in their communities and make a positive impact in the lives of others. Watch his message at <https://youtu.be/IUzJHbN0gtI>. May is also Adult Abuse Prevention Month. Each year, Adult Protective Services responds to about 21,000 reports of adult abuse, neglect and exploitation in the Commonwealth. Gov. McAuliffe urges Virginians to join together to ensure the safety and well-being of the Commonwealth's adult residents by taking action. Learn more at https://youtu.be/EuwzXIXQ_io.



Senior Medicare Patrol (SMP) / State Health Insurance Assistance Program (SHIP) Hard-to-Reach Beneficiary Project

Kathy Miller, Director of Programs, Division for the Aging

The overall goal of this grant opportunity is to develop innovations that can be successfully replicated by the Senior Medicare Patrol (SMP) and State Health Insurance Assistance Program (SHIP) grantees to expand and integrate program coverage to better serve traditionally hard-to-reach populations through new, efficient, and sustainable approaches for ensuring high quality and culturally competent service delivery.

The purpose of the grant is to: Expand the reach of the SMP and SHIP programs to more effectively serve Medicare beneficiaries in the targeted population with high quality and culturally competent services thus increasing community engagement; Provide assistance to the SMP and SHIP project grantees through the development of materials and/or training on best practices to successfully serve the targeted population; Ensure that SMP project grantees have fraud prevention messages and materials available to them to help reach targeted hard-to-reach Medicare beneficiaries and their families, thus increasing beneficiary awareness and empowerment to prevent healthcare fraud among the populations generally underserved by the program; and Provide technical assistance to SHIP project grantees to help them increase beneficiary understanding and awareness among populations generally underserved by the SHIP program to date, of available health benefit options, thus empowering them to make informed healthcare decisions.

Applications are sought from entities with expertise and experience in reaching Medicare beneficiaries in the applicant identified target population through a variety of partnerships, collaborative approaches, use of technology, or other innovative strategies. The applicant may select one of the following priority populations for their targeted approach or may submit an application for a different target group if they can provide rationale and data to support the need for that targeted population (Applicants that wish to target more than one of the priority populations must submit separate applications for each population):

- Medicare Beneficiaries under the age of 65
- Lesbian, Gay, Bisexual and Transgender Medicare Beneficiaries
- Medicare Beneficiaries American Indian/ Alaska Native (AI/ AN)
- Medicare Beneficiaries in Rural Areas



- Limited-English Speaking Beneficiaries Medicare
- Beneficiaries of Racial/Ethnic Minority Communities
- Medicare Beneficiaries of Other Hard-to-Reach Populations

Applicants under this announcement are required to design and implement activities which enhance SMP and SHIP grantee efforts. Specifically, applications will be evaluated on how they propose to do the following: Clearly identify and describe the priority population their activities will target. Provide a plan to assist the SMP and SHIP project grantees through the development of materials and/or training on best practices to successfully serve the targeted population including: Identifying and enhancing understanding of the priority population needs; Identifying effective and culturally competent materials and methods for educating the targeted hard- to-reach population; Assisting SMP and SHIP projects in identifying local collaborative partners; Developing methods for recruiting and training volunteers who can best serve the target population; and Identifying any problems or barriers that may impact the success of the project in assisting the SMP and SHIP project grantees in reaching the target population. Specify methodology for measurement and tracking of project outcomes. If applicable, describe any Medicare coverage rules that are specific to the target population and any barriers or challenges these may bring to the success of the project. Describe the role and activities of partner organizations in achieving strategies for expanding health care education and awareness within the targeted beneficiary population. Describe proposed project activities, including documented approaches for collaboration with partner organizations, outreach materials and strategies, media tools, tailored approaches for volunteer recruitment and support, and other innovations developed. Develop effective and culturally competent guidance and/or a toolkit to assist SMP and SHIP projects in reaching the identified target population. Provide an ongoing plan for broadly disseminating the outreach strategies, approaches and materials developed for serving the target population to the broader SMP and SHIP national networks, which should include attendance at annual SMP and SHIP grantee training meetings and applicable SMP and SHIP webinar trainings.

Letter of Intent Due: April 30

Informational Conference Call will be held on **Thursday, May 7 at 2:00 p.m. ET**. To participate dial 1-888-566-5976, when prompted, enter passcode: 5922266.

Application Deadline: June 14 at 11:59 p.m. ET



Date Posted: Wednesday, April 15, 2015

Date Closing: Sunday, June 14, 2015

Sponsor/Funding Agency: Administration for Community Living

Award Amount: \$100,000-\$150,000

Offsite Link:

[Grants.gov Listing](#)

- See more at: <http://www.nasud.org/node/66367#sthash.MUR4NebU.dpuf>

Dementia State Plan Draft

Charlotte Arbogast, Dementia Services Coordinator

The Virginia Alzheimer's Disease and Related Disorders Commission is seeking public comment on the next Virginia Dementia State Plan. The Virginia Dementia State Plan serves as a planning document to outline a strategic, coordinated approach to respond to dementia-related needs throughout the Commonwealth. Currently in draft form, the plan includes goals, objectives and strategies that Virginia can employ to ensure the state is prepared to support individuals with dementia and their caregivers. Having published the first plan in 2011, the Commission now wants to hear from individuals with dementia and memory loss and family caregivers as well as professional caregivers, including medical, nursing, allied health and related professionals about the next version. Comments will be received through June 2015.

The Virginia Dementia State Plan is available at www.alzpossible.org. Comments can be submitted electronically or by mail. If you need a printed copy, please contact the Virginia Department for Aging and Rehabilitative Services at the information below.

Virginia Department for Aging and Rehabilitative Services

Attention: Charlotte Arbogast

1610 Forest Avenue, Suite 100

Henrico, VA 23229

(804) 662-9154

dementia@dars.virginia.gov



Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities

Tim Catherman, Director Aging Operations

Event to be held at the following time, date, and location:



Attend Event

Monday, June 1, 2015 from 8:30
AM to 4:30 PM (EDT)

Double Tree by Hilton
1021 Koger Center Boulevard
804-379-3800
Richmond, VA 23235

[View Map](#)

Share this event:



JUNE 1, 2015 APSC CONFERENCE: Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities.

Topics Include: Establishing Healthy Relationships, Commonwealth Coordinated Care, Crisis Prevention and Care, Accessing Mental Health Services in the Community, Introduction to Guardianship, Governor's Access Plan (GAP) for Mental Health, Music Therapy and Well_Being and...

We hope you can make it!
Cheers,

APSC

*APSC - The Area Planning and Service Committee on Aging with Lifelong Disabilities in Greater Richmond. More info on APSC - Go to www.apscva.wordpress.com/about/



Lindsay Institute for Innovations in Caregiving Newsletter

Cecily Slasor on behalf of Kim Tarantino, SeniorNavigator



[Using Technology to Help in Dementia Care](#)

By: Amy Standen

This spring, UCSF, along with the University of Nebraska Medical Center, is beginning a \$10 million study to develop a dementia "ecosystem" which aims to ease the strain on caregivers while reducing costs for caring for the growing number of dementia patients. [Read more...](#)

[Who Takes Care of the Caregiver?](#)

By: Audrey Lancaster, BSN, RN, CGRN

Caregiving can be a very difficult task to accomplish, especially when it involves caring for an elderly parent. This is definitely a role reversal, which many individuals are not prepared for or equipped to handle. [Read more...](#)

[Caregiver Turnover Spikes 9%, Fuels Home Care Challenges](#)

By: Emily Study



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It's no secret that caregiver turnover plagues the home care industry. But the 9% increase in turnover this year, coupled with the growing shortage of caregivers, could leave industry players strapped for survival. [Read more...](#)



www.CaregivingInnovations.org
www.SeniorNavigator.org

State Unit on Aging Discussion Webinar

More Than a Meal: Results of a Pilot Randomized Controlled Trial

Nicole Keeney, RD, LDN, Nutrition Program Coordinator



Increasingly, senior nutrition programs have been forced by limited funding, rising costs, unprecedented demand and need, and increasing for-profit competition. That is why Meals on Wheels America set out to compare the experience and health outcomes realized by older adults who receive three different levels of service: daily traditional meal delivery, once-weekly frozen delivery and individuals who remain on waiting lists. This presentation will describe the “More than a Meal” project supported by the AARP Foundation and Meals on Wheels America,



in collaboration with Brown University's School of Public Health. Highlights will include a discussion of the impact of varied service delivery models on patient-centered outcomes (i.e., quality of life, social isolation, falls risk, hospital readmission) and implications for state-level decision-making with regard to how service delivery models can be implemented to support optimal client health. This study provides promising proof that Meals on Wheels does, in fact, deliver so much more than just a meal.

In this webinar you will:

- Gain insight on a ground-breaking approach to investigating the impact of meal service delivery on homebound seniors receiving Meals on Wheels;
- Discuss how this research can be used to support the selection of service delivery models used by senior nutrition providers.

Presenter: Kali Thomas, PhD, *Health Services Researcher and Principal Investigator, Brown University*

Facilitator: Linda Netterville, *Vice President, Grants Management, Meals On Wheels Association of America*

When: Tuesday, April 28, 2015

Time: 3:30 p.m. to 4:30 p.m. EDT

Fee: FREE

To Register: <https://attendee.gotowebinar.com/register/2854882306665640450>



www.NutritionandAging.org

Meals on Wheels America

413 N. Lee Street

Alexandria, VA 22314

P: 703-548-5558

This project was supported, in part by grant number 90NU0002-01-01 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and



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conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution of Virginia in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

OLDER VIRGINIANS MONTH

WHEREAS, there are approximately 1.5 million adults in the Commonwealth who are more than 60 years old, and this population will expand to more than 2 million by 2030; and

WHEREAS, the month of May has been designated by the U.S. Administration for Community Living as the time for communities across America to honor older citizens; and

WHEREAS, this year, in honor of the 50th anniversary of the Older Americans Act, the focus is on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others; and

WHEREAS, this year's theme is "Get into the Act," which emphasizes the value of promoting healthy aging, increasing community involvement for older adults, and focusing on important issues like the prevention of elder abuse; and

WHEREAS, Virginia is committed to helping all individuals live longer, healthier lives; and

WHEREAS, the Virginia Area Agencies on Aging and Senior Centers, integral parts of Virginia's aging network for wellness and support services, welcome this year's theme and will provide opportunities to enrich the lives of individuals young and old by:

- Holding May Day celebrations that may include special luncheons, guest speakers, live music, games and prizes at regional Active Lifestyle Centers (senior centers)
- Participating in regional TRIAD crime prevention programs for seniors
- Organizing a walkathon as a fundraiser for the local Emergency Fuel Fund that will purchase fuel or pay heating bills for older persons in the community next winter
- Highlighting the engagement of older adults at a Creative Aging Festival and other events that promote the benefits of older adult participation in the arts
- Developing service projects with regional senior centers to help support other local services organizations to increase older adult community involvement; and

WHEREAS, the State Adult Services and Adult Protective Services Program has joined the Virginia Department for Aging and Rehabilitative Services to streamline services that will make communities safer for older Virginians;

NOW, THEREFORE, I, Terence R. McAuliffe, do hereby recognize May 2015 as **OLDER VIRGINIANS MONTH** in our **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all our citizens.



Handwritten signature of Terence R. McAuliffe in blue ink.

Governor

Handwritten signature of J. Lee McCreary in blue ink.

Secretary of the Commonwealth



CERTIFICATE of RECOGNITION

By virtue of the authority vested by the Constitution of Virginia in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:

ADULT ABUSE PREVENTION MONTH

WHEREAS, more than 1.5 million Virginians are currently over the age of 60 and the population of older Virginians will increase to more than 2 million by 2030; and

WHEREAS, during fiscal year 2014, Virginia Adult Protective Services received over 21,000 reports of adult abuse, neglect, and exploitation; and

WHEREAS, older Virginians and Virginians with disabilities may be targets for abuse, which can occur in families and communities of all social, economic, racial and ethnic backgrounds; and

WHEREAS, in order to reduce the incidence of adult abuse in Virginia, there are a number of adult abuse prevention programs that provide vital services to older Virginians and Virginians with disabilities, including a 24-hour hotline, crisis intervention, emergency shelter, home-based and community services, public education, and legal advocacy; and

WHEREAS, Adult Abuse Prevention Month offers all Virginians the opportunity to participate in community efforts to improve the safety and well-being of people throughout the Commonwealth, to recognize the organizations and individuals who serve them, and to remember victims of adult abuse and their families; and

WHEREAS, the Virginia Department of Aging and Rehabilitative Services, home to the State Adult Protective Services Division, promotes an integrated vision and streamlined services to assist older Virginians and Virginians with disabilities to live in communities free of abuse, neglect, or exploitation;

NOW, THEREFORE, I, Terence R. McAuliffe, do hereby recognize May 2015 as **ADULT ABUSE PREVENTION MONTH** in our **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all of our citizens.



Handwritten signature of Terence R. McAuliffe in blue ink.

Governor

Handwritten signature of Jewell M. Taylor in blue ink.

Secretary of the Commonwealth



State Unit on Aging Discussion Webinar More Than a Meal: Results of a Pilot Randomized Controlled Trial

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