



VDA WEEKLY E-MAILING

May 19, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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May 12, 2015

ACL Releases Profile of Older Americans

*More than 30,000 Americans are now over
the age of 100*

Over the past 10 years, the U.S. population age 65 and over increased by approximately 25 percent, from roughly 36 million in 2003 to 45 million in 2013. An important aspect of this growth is that it is not equally distributed across states. For example, the population age 65 and over increased by 30 percent or more in 20 states. Nevada and Alaska experienced more than a 50 percent increase. Not only are more people reaching their 65th birthday, many are living well beyond age 65. Between 1980 and 2013, the population aged 100+ grew faster than the population over age 65. The population of older Americans is experiencing dynamic changes. Monitoring these changes over time is an important part of understanding current needs and preparing for future growth.

Every year the Administration for Community Living (ACL) uses U.S. Census data to compile a profile of the U.S. population over age 65. This year's report is entitled "A Profile of Older Americans: 2014" and is available [here](#).



May 13, 2015

Funding Opportunity: Specialized Supportive Services for People with Dementia

AoA Offers almost \$10 million for Person-Centered Services That Improve Quality of Life for People with Dementia, Family Caregivers

As many as ten cooperative agreements with total funds up to \$9,825,091 are available through the Alzheimer's Disease Initiative: Specialized Supportive Services project. The funds will go to organizations that provide quality, person-centered services that help people with dementia remain independent and safe in their communities.

This project is designed to fill gaps in dementia-capable long-term services and supports for people living with--or those at high risk of developing--Alzheimer's disease or related dementias, and their caregivers.

Eligible applicants are private or public entities that are able to:

- demonstrate the existence of a dementia-capable system, and
- articulate opportunities and additional services that would enhance



and strengthen the existing system. The awards will be made as three-year, forward-funded project periods and have an anticipated start date of September 1, 2015.

Read the full application here:

<http://www.grants.gov/web/grants/view-opportunity.html?oppId=276374>

Informational call for prospective grantees:

May 14, 2015 - 12:30 p.m. EDT

888-947-8924 passcode: 8177029

A transcript will be available after the call.

Contact Erin.Long@acl.gov

REQUIRED Letter of Intent: May 20, 2015

Application Due: July 6, 2015



UPDATES

May 19, 2015

Funding Opportunity: States encouraged to enhance access to long term services and supports through No Wrong Door Systems

No Wrong Door means improved access to services

No Wrong Door (NWD) Systems allow states to provide long term services and supports through visible, trusted and coordinated access points. Such systems make it easy for people of all ages,



disabilities and income levels to learn about and obtain home and community based services. People using services at home often need more than one type of service, many of which are supported by a combination of private resources as well as different federal, state or local programs. No Wrong Door Systems provide access to services through a "one-stop-shop" approach, replacing a myriad of eligibility forms and processes. NWD Systems streamline eligibility processes and seek to find the best mix of services and supports based on an individual's needs and circumstances.

The Administration for Community Living (ACL), the Centers for Medicare & Medicaid Services (CMS) and the Veterans Health Administration (VHA) are sponsoring the award of up to six cooperative agreements for a total of up to \$4.2 million.

Eligible applicants must be from one of the 25 states which received a 2014 *Transforming State LTSS Access Programs and Functions into A No Wrong Door System for All Populations and All Payers* grant.

Applicants must be a state entity and only one application can be submitted per state. The Office of the Governor must designate the state entity to be involved in the development and implementation of its NWD System.

An informational conference call will be held on **05/27/2015**.

The deadline for applications is **07/27/2015**.

More information can be found [here](#).



Commonwealth Council on Aging Announces 2015 Best Practices Award and Honorable Mention Recipients

Amy Marschean, Senior Policy Analyst

This is the 10th year for the Commonwealth Council on Aging's Best Practices Award Program. Nominees for the awards were judged on their innovation, impact on the community, among other standards. For more information about the Commonwealth Council on Aging and the Best Practices awards, visit www.vda.virginia.gov/council.asp.

First Place (\$5000): Faith to Fate Advance Care Planning Initiative of Senior Connections, the Capital Area Agency on Aging

The Faith to Fate Advance Care Planning Initiative is an ongoing partnership between Senior Connections and five area churches that serve African American congregations and communities within the Greater Richmond and Tri-Cities regions. Ultimately enrolling 12 churches, its purpose is to deploy practical solutions to counter the alarming and widespread dearth of awareness, information, access and assistance with end-of-life medical and property asset legal discussions, planning and free legal documents execution. Consistently, national research has documented that this vital life-planning activity is done the very least among African Americans, as compared with every other ethnic subgroup. Research also shows that this problem is both expanding rapidly and heaping ever more avoidable suffering and wasteful medical costs upon all Americans, as new state laws, technologies, treatment options and procedures have drastically altered the end-of-life medical landscape for everyone. Using the new professional advance care planning (ACP) program – Honoring Choices Virginia – as the best-practice “alternative to guardianship” for family members suddenly facing the incapacity of a family member, this is the first and only effort nationwide to leverage local African American churches as permanent ACP resource centers.

Second Place (\$3000): Central Senior Center of Fairfax County, Virginia

For the past 20 years, the Central Senior Center (CSC) has provided a wide array of programs for thousands of frail older Korean Americans to help them stay in the community and enable them to be self-sufficient. It has grown to be the largest senior center with over 450 participants in Fairfax County. Koreans are Fairfax County's third largest immigrant community. CSC provides four major services: Congregate Meal and Senior Center Day Program, Korean Meals on Wheels, Personal Care Aide Certification program, and Central Senior Center Home Care. CSC provides classes with cultural enrichment opportunities, physical exercise, development of hobbies, spiritual health and health education, and furnishes information about social services and



naturalization in a culturally appropriate manner. In 1994, CSC started as a “Korean Senior Center,” but non-Koreans began to participate as students and volunteers and the senior center was renamed the “Central Senior Center” in 1998. It is now open to all seniors regardless of religion, race or ethnicity. About 16 other senior programs modeled after the CSC Day Program have been developed by the Korean faith community in Virginia and Maryland.

Third Place (\$2000): Volunteer Solutions, Fairfax Area Agency on Aging

Volunteer Solutions (VS) is a program that has expanded way beyond the Fairfax Area Agency on Aging (AAA) in which it is housed. The mission is to mobilize & connect volunteers with meaningful opportunities to improve the lives of older adults & adults with disabilities in the community. The program has nine staff that manage nearly 4,000 volunteers throughout Fairfax County and the cities of Falls Church and Fairfax. The volunteers serve AAA, Adult Services and Adult Protective Services clients within Fairfax County’s Adult & Aging Services. VS also recruits, trains and manages volunteers for Fairfax County’s adult day care centers and senior centers. Their Recruiters and Partnership Developer are constantly creating new partnerships to provide volunteers for services that will help residents maintain or enhance their quality of life and level of independence. Many volunteers provide services such as transportation and household tasks. VS also oversees nearly 1200 volunteers who deliver meals to over 600 homebound residents. VS helps the community grow even better as it grows older.

Honorable Mention:

- The **Hopewell Respite Care Group** is a community service for residents of Hopewell and surrounding areas for ages 35 and above and seniors 60 and older. The program is designed for individuals with a mental, physical, or cognitive disability and/or requiring constant assistance from a caregiver. The program allows participants to engage in meaningful recreational, educational, community, and social activities in a safe environment, among peers. It also creates a break for caregivers to recreate, socialize, or tend to their own personal needs. Families appreciate these services which alleviates the pressure to care for an elderly or disabled adult. Without this program, many individuals are placed in nursing homes, group homes, or mental institutions which can be detrimental to their physical and mental health. There is a sense of empowerment for individuals that remain independent as long as possible.
- The **New Freedom Mobility Management Program** is a transportation service designed to improve transit opportunities for people with disabilities and those over 60 years of age. The project currently serves twelve counties throughout the Northern Neck and Middle Peninsula, in addition to New Kent and Charles City Counties. It allows people to become more actively engaged in social and recreational events, retail shopping, access to jobs,



vocational training programs in addition to non-emergency medical appointments. New Freedom also offers expanded transit services outside of the public transportation service area and hours. Bay Transit, a division of Bay Aging, is the only public transportation provider to the ten counties of the Northern Neck and Middle Peninsula and the counties of New Kent and Charles City. Data from the 2014 Bay Transit Survey showed that public transportation continues to be a critical need in this largely rural region. Bay Transit also provides a travel training service for Seniors called “Seniors on the Go.” The program is designed to educate seniors about transportation services, and alleviate any fears they may have with hands-on experience to learn how public transportation works.

- **Successfully Aging at Home in the New River Valley – a Grassroots, Community-Based Initiative**, was established to meet an unmet and growing need: the ability of residents to age in their homes and communities. The initiative is guided by the New River Valley (NRV) Aging in Place Leadership Team (Team) made up of eight community organizations. Initiative activities utilize the strengths of team members to bring together a wide range of sectors of the community to develop viable options to address two co-occurring needs that challenge older adults to remain in their homes and communities: home accessibility and supportive services. Also, the program develops new intentional housing options for the regions’ rural and town areas that meet the needs and preferences of the aging population. The Team has sponsored innovative community projects and programs promoting aging in place including a Home Modifications Program partnership with Habitat for Humanity, development of a Time Bank program, and establishing a regional Aging-in-Place Action Plan.

NASUAD: Reauthorization of the Older Americans Act

Kathy Miller, Director of Programs, Division for the Aging



SPREAD THE WORD: Fund, Reauthorize and Protect the Older Americans Act with a Week of Action!

The Older Americans Act (OAA) is celebrating 50 years of providing services to help millions of seniors every year age with health, independence and dignity in their homes and communities! To highlight this important year, the Administration for Community Living has designated the theme, [Get Into the Act](#), for this May’s Older Americans Month.



The population of older adults needing OAA services is growing faster than at any time in the country's history as 10,000 baby boomers turn 65 each day. By 2030, 1 in 5 Americans will be 65 or older. However, just when the need is highest, funding for these critical services is in jeopardy every year at the federal, state and local levels.

We must tell Congress that the Older Americans Act is celebrating 50 years of successfully and cost-effectively serving seniors and demand that they fund, reauthorize and protect OAA now! Congress must ensure that programs older Americans depend on to stay healthy and independent are there for the next 50 years!

Join us May 18-22 for a Week of Action for OAA to learn more about the Older Americans Act and the services it supports and to contact your Members of Congress about why it is critical to fund, reauthorize and protect OAA. The schedule for the Week of Action and more information about getting involved is below.

NOW through MONDAY, May 18:

PROMOTE the Week of Action for OAA activities! Contact your networks to share this information and let them know how they can get involved! For more information about this event and resources that you can share visit

<http://www.caregiving.org/weareoaa/> or www.ncoa.org/WeAreOAA. When promoting on social media, don't forget to use #WeAreOAA and also consider posting these resources on your own website.

TUESDAY, May 19:

PARTICIPATE in the #WeAreOAA Twitter Chat! On Tuesday, May 19th at 1:00 pm ET, discuss Older Americans Act programs and the need for reauthorization. Led by organizations from the Eldercare Workforce Alliance (@ElderCareTeam), the Leadership Council of Aging Organizations (@LCAgingOrgs) and featuring the Administration on Community Living (@ACLgov), this Twitter Chat will be an online forum for aging advocates, older Americans, and family caregivers. To participate in the chat, visit <https://twitter.com/hashtag/WeAreOAA> or <http://twubs.com/WeAreOAA>. Also, check out this [#WeAreOAA Twitter Chat guide](#) for more information.

WEDNESDAY, May 20:

EMAIL Congress! Write to your members of Congress to tell them why your community needs them to fund, reauthorize and protect the OAA: <http://bit.ly/1EifaCg>.



THURSDAY, May 21:

CALL Congress! Urge your Senators and Representative to fund, renew, and protect the Older Americans Act by restoring appropriations to at least the fiscal year 2010 levels, passing a bipartisan reauthorization, and removing the continued threat of across-the-board sequestration cuts. Get more tips and the call-in number sponsored by LeadingAge here: <http://www.n4a.org/Files/OAA%20call-in%20script.pdf>.

FRIDAY, May 22:

TELL your OAA story! The Administration for Community Living wants to [hear from YOU](#) about what OAA means to you and your loved ones. [Share](#) stories, photos and videos with them to build awareness about the importance of OAA in communities everywhere!

Have questions or need more information? Contact Autumn Campbell (acampbell@n4a.org) or Marci Phillips (marci.phillips@ncoa.org).

Dear National Healthcare Decisions Day Team:

Go ahead and mark your calendar for April 16, 2016, for the 9th annual NHDD. Note: NHDD falls on a Saturday next year, so start thinking NOW about weekend events.

NHDD 2016 Theme

Let's try something new for 2016: have a specific theme. I want your help in picking it. Please send me ideas for a theme. I'll assemble them, and we'll vote for our favorite. Be creative!

Survey

Survey results are still coming in – and please complete the survey if you haven't: <https://www.surveymonkey.com/r/NHDD2015Survey> **Reminder: it only takes a few minutes to complete.**

Based on just 266 responses (out of well over 1,000 participating organizations), here is what we know:

- Over 162,000 staff, organization members, and others received direct information about NHDD and/or advance care planning
- Over 80,000,000 members of the general public attended events or received some direct correspondence about NHDD
- Over 2,000 people created advance directives during various activities on NHDD



Social Media

For the first time, #NHDD made the list of trending topics on Twitter this year!!! Additionally, there was a variety of Facebook activity.

Media

It was another very solid year for media. Here is a sampling of what was out there:

- [WRTV Richmond](#)
- [AL.com](#)
- [New Haven Register](#)
- [Coalition for Compassionate Care of California](#)
- [New Bern Sun Journal](#)
- [The Times-News](#)
- [Examiner.com](#)
- [Huffington Post #1](#)
- [NBC Connecticut](#)
- [ABC 8News](#)
- [Richmond Times-Dispatch #1](#)
- [Richmond Times-Dispatch #2](#)
- [Bloomberg Business](#)
- [Huffington Post #2](#)
- [WECT 6](#)
- [ehospice](#)
- [Fox News](#)
- [Cleveland.com](#)
- [Rep. Earl Blumenauer](#)
- [ABC 2, WBAY-TV, Green Bay](#)
- [Local 5 morning program, Green Bay](#)
- [NBC 15 News, Madison](#)

While NHDD exists as a one-day event, advance care planning is important throughout the year. The website and all the free resources are available throughout the year. Please use them:

www.nhdd.org

Again, thank you all. As you know, NHDD is a grassroots event. Therefore, it is what YOU make it—and you have made it great. I'm so thrilled to be working with such an amazing group of advocates for advance care planning.



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Cheers,

Nathan

Chair

National Healthcare Decisions Day Initiative

www.nhdd.org or www.nationalhealthcaredecisionsday.org

[Twitter](#) | [Facebook](#) | [LinkedIn](#)

Join us by clicking [here](#).

Virginia Center for Health Innovation

Kathy Miller, Director of Programs, Division for the Aging



Regional Accountable Care Communities

Better Care; Better Health; and Lower Costs for Your Community



Invitation

Much of what impacts our health depends on our environment, the decisions we make every day, and having access to quality, affordable healthcare. In Virginia, your zip code can predict your health status every bit as much as your blood pressure reading. To improve the well-being of our communities, we have to reach outside the walls of a healthcare provider's office and engage non-traditional partners. Initiating these new relationships and forming new partnerships is hard work. This is an opportunity and invitation to get started in your region.



OPPORTUNITY

The Virginia Center for Health Innovation was awarded a Round 2 State Innovation Models design grant from the U.S Department of Health and Human Services, Centers for Medicare & Medicaid Services.

The creation of Accountable Care Communities (ACCs) in Virginia is the core strategy of Virginia's State Innovation Model Design Award. Successful ACC development requires multiple public and private stakeholders to commit to working collaboratively to advance the Triple Aim (better care, better health, and lower cost) in their regions and to share the responsibility for the health of the community.

THE PROCESS

As a starting point, we have selected five regions in Virginia to begin the planning process. The first regional planning meetings will be held the last week of May 2015 (details are below). Between May and October 2015, each region will work to identify opportunities for population health improvement, identify target populations, and identify payment and delivery reform levers that will be the basis for of each region's Regional Transformation Plans.

RESOURCES AND SUPPORT

Staff and consultants of the Virginia Center for Health Innovation (VCHI), in partnership with state agency leadership, will provide resources and facilitation support to each region throughout this process. Additionally, VCHI staff will help identify implementation funding for development of the Regional Transformation Plans.

A 'Coalition of the Willing'

The success of regional ACC development depends on the creation of non-traditional partnerships. The healthcare community cannot do this work alone.

ACC PARTNERS SHOULD INCLUDE

- Business and Chambers of commerce
- Consumer organizations



- Education
- Government
- Healthcare (Behavioral Health | Oral Health | Medicine)
- Philanthropy
- Public Health

Stay Connected

[JOIN THE VIRGINIA HEALTH INNOVATION NETWORK](#)

ACC members will use the Innovation Network to stay connected and share ideas in between meetings.

Learn More

VIRGINIA'S STATE INNOVATION MODEL DESIGN GRANT

[The Virginia Health Innovation Plan](#)

[View ACC Region Map](#)

EXAMPLES FROM OTHER STATES

[Minnesota](#)

[Akron, Ohio](#)

[Washington](#)

VIRGINIA'S HEALTH

[Virginia Atlas of Community Health](#)

[Virginia Department of Health](#)

[Virginia Performs](#)

[America's Health Rankings - Virginia Profile](#)

[CDC Community Health Status Indicators](#)

Regional Accountable Care Communities Information Sign Up

Email Address:



First Name: []

Last Name: []

Organization: []

Title/Position: []

Sector you represent: [Business \\/]

Primary Virginia ACC Region: ()Northwest ()Northern ()Southwest ()Central ()Eastern

[Subscribe]

MEETING DATES

Please note: Advance registration is required. Space is limited at each venue. So that we can accommodate a diverse group of organizations, we request that each organization send no more than two individuals.

To determine your region, please reference the [ACC map](#).

CENTRAL REGION

Friday, May 22 | 8:45AM - 12PM

GLEN ALLEN

[>REGISTER](#)

EASTERN REGION

Wednesday, May 27 | 9AM - 12PM

WILLIAMSBURG

[>REGISTER](#)



NORTHERN REGION

Tuesday, MAY 26 | 9AM - 12PM

FAIRFAX

[>REGISTER](#)

NORTHWEST REGION

Thursday, May 28 | 9AM - 12PM

HARRISONBURG

[>REGISTER](#)

SOUTHWEST REGION

Friday, May 29 | 9AM - 12PM

SALEM

[>REGISTER](#)

Contact

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Connect with us

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Free Webinar from the IRS: Taxability of Fringe Benefits Part Two
Tim Catherman, Director Aging Operations



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



FSLG Newsletter

May 12, 2015



Useful Links:

[About FSLG](#)

[FSLG News](#)

[FSLG Customer Services](#)

[Educational Resources](#)

[FSLG FAQs](#)

[FSLG Tools](#)

IRS Resources

[Compliance & Enforcement](#)

[Contact My Local Office](#)

[Filing Options](#)

[Forms & Pubs](#)

[Frequently Asked Questions](#)

[News](#)

[Taxpayer Advocate](#)

[Where to File](#)

What: Free Webinar – Taxability of Fringe Benefits Part Two: Commonly Provided Fringe Benefits

When: June 11, 2015; 2 p.m. (Eastern)

How: [Register for this event](#). You will use the same link to attend the event.

Learn about:

- Cell phone usage
- Payments In-Lieu of Insurance
- Moving expense reimbursements
- Meal allowances and reimbursements
- Employee vehicles used for employer's business
- Employer provided vehicles

What else: Don't forget to register for these webinars:

Compliance Self-Assessment Tool for Government Entities

- May 14, 2015; 2 p.m. (Eastern)
- [Register](#)

Taxability of Fringe Benefits Part One: What Is A Fringe Benefit and When Is It Taxable?

- May 19, 2015; 2 p.m. (Eastern)
- [Register](#)

If you have a technical or procedural question relating to government entities, please visit the [IRS.gov Web site](#).

If you have a specific question about exempt organizations, call **FSLG Customer Account Services at 1-877-829-5500**.

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Friday Updates from NASUAD

Tim Catherman, Director Aging Operations

FRIDAY UPDATES

NASUAD

May 15, 2015

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[*HCBS Clearinghouse: Transportation Update Report](#)

[*ACL: Funding Opportunity for Specialized Supportive Services for People with Dementia](#)

From NASUAD

NASUAD Launches Adult Protective Services Course Online

NASUAD has launched a new course, [Adult Protective Services](#), on its free online training system, NASUAD IQ. The course provides participants with an overview of Adult Protective Services (APS) at the national and state levels. The course explains the services provided by APS and addresses differences between state programs as a result of funding discrepancies. The course includes a PowerPoint presentation, voiceover audio presentation, written narrative, and quiz. Participants who score 80% or high on the course quiz will receive certificates of completion. NASUAD IQ hosts over 15 free and informative courses on aging and disability services and policies.

[Click here](#) to access NASUAD IQ.

[Click here](#) to preview the APS course syllabus.

Registration Now Open for HCBS



[*FCC: Webinar: Get into the Act... Online!](#)

[*GAO Report Questions Medicaid 1115 Approval Criteria](#)

[*GAO Report Examines Medicaid's Highest Cost Enrollees](#)

[*NIA: Go4Life Month Social Media Posts](#)

[*WHCOA: Latest Policy Briefs on Elder Justice & Retirement Security Released](#)

[*Allsup: Webinar: True Help Returning to Work](#)

[*AT&T: Challenge Awards Software & App Developers for Innovations to Improve Use for People with Disabilities](#)

[*Mathematica: Webinar & Forum: Improving Public Programs: Advanced Analytics for Better Decision Making](#)

[*National Academy of Social Insurance: Working Together Challenge Aims to Improve Service and Supports](#)

[*NCOA: Webinar: Integrating Aging Services](#)

[*NCMHA: Resource List Released](#)

[*Consumer Voice: Webinar: Long-Term Care Ombudsman Final Rule](#)

[*Job & Internship Postings](#)

[*Friday Updates Archive](#)

Conference!

Join us for the National Home and Community Based Services (HCBS) Conference held in Washington, DC, **August 31-September 3**. The Conference offers a unique blend of policy, program, and practice issues for professionals interested in home and community based services for individuals of all abilities and in all settings. Quickly becoming the "go-to" conference for learning in the expanding field of HCBS and long-term services and supports, the Conference allows states to share best practices, present unique partnerships, and recognize the work of their peers.

The National HCBS Conference will include federal, state, and local policymakers and those who administer, manage, and deliver waiver and other HCBS programs. The Conference always sees a strong presence from U.S. Health and Human Services ranging from the Administration for Community Living including AoA, Office of Disability, and IADD to CMS, HRSA, SAMHSA, Office of Developmental Disabilities, and other federal agencies.

[Click here](#) to learn more about the conference and register.

Register for the AIRS Conference and National Aging and Disability Symposium, May 27-30, Dallas, TX

The National Aging and Disability I&R/A Symposium at the 2015 AIRS Conference is convened by the National I&R/A Support Center at NASUAD, in collaboration with the National Association of Area Agencies on Aging (n4a) and the National Council on Independent Living (NCIL), and with support from the U.S. Administration for Community Living (ACL). With a pre-conference I&R/A Summit for Aging and Disability professionals and a full complement of workshops, panel discussions, and conversation throughout the week, the Symposium is essential for keeping apprised of the latest developments in aging and disability I&R/A. Join us to experience a blend of workshops facilitated by I&R/A, ADRC, CIL, and Federal and National Association professionals from across the country discussing developments and initiatives in aging and disability information and referral programs. Topics such as No Wrong Door system building, ADRC partnerships, serving diverse consumers, and business strategies will provide insights to help you deliver effective I&R/A programs and services to older adults, people with disabilities, and caregivers.

Join us for the National Aging and Disability I&R/A Pre-Conference



[Check out NASUAD iQ!](#)



[Like NASUAD on Facebook](#)



[Follow NASUAD on LinkedIn](#)



[Follow NASUAD on Twitter](#)

Summit at the 2015 AIRS Conference

Enhance your business acumen! Aging and disability professionals in I&R/A are invited to join the National I&R Support Center, ACL, n4a, and NCIL for a day of information sharing, presentations, and discussion, with a special focus on business acumen, prior to the start of the AIRS I&R Annual Training & Education Conference. Aging and disability I&R/A agencies across the county are challenged to both sustain and expand their business model in a rapidly-changing environment. This year's National Aging and Disability I&R/A Pre-Conference Summit will include a unique focus on business acumen to share ideas and strategies that can help agencies navigate the marketplace for aging and disability services. Drawing from ACL's business acumen initiative, the Pre-Conference Summit will use a blend of expert presentations, interactive discussion, and exercises to explore several key themes in business acumen. The Pre-Conference Summit is scheduled for **Wednesday, May 27**. Register for this event on the AIRS conference registration form, and contact I&R Support Center Director, Nanette Relave, at nrelave@nasuad.org with questions or for more information.

For more information on the AIRS conference, including registration, [click here](#).

HCBS Clearinghouse E-Clips

This section of Friday Update highlights reports that have been added to the HCBS Clearinghouse within the past week. Visit www.nasuad.org/hcbs for more information.

A Profile of Older Americans Recent Release

Based on data from the U.S. Census, the Administration for Community Living publishes an annual profile of the U.S. population over age 65. Over the past decade, the U.S. population age 65 and over increased by approximately 25 percent, from roughly 36 million in 2003 to 45 million in 2013, and in a way that is unequally distributed across states. Understanding the dynamic changes that the population of Older Americans is experiencing is critical to serving the growing group and preparing for our country's future.

[Click here](#) to access the 2014 profile.



Transportation Update Report

As an update from its 2005 transportation report, the National Council on Disability has published *Transportation Update: Where We've Gone and What We've Learned*. The report focuses on surface transportation and addresses accessibility-related progress as well as problems. The report also makes recommendations to Congress and the Executive Branch designed to improve federal collaborative efforts and to close gaps in transportation access.

[Click here](#) to access the report.

From the Administration

Administration for Community Living

Funding Opportunity for Specialized Supportive Services for People with Dementia

As many as ten cooperative agreements with total funds up to nearly \$10 million are available through the Alzheimer's Disease Initiative: Specialized Supportive Services project. The funds will go to organizations that provide quality, person-centered services that help people with dementia remain independent and safe in their communities.

The project is designed to fill gaps in dementia-capable long-term services and supports for people living with or those at high risk of developing Alzheimer's disease or related dementias, and their caregivers. The awards will be made as three-year, forward-funded project periods with an anticipated start date of September 1, 2015. A REQUIRED Letter of Intent is due **Wednesday, May 20, 2015** and the application deadline is **July 6, 2015**. Transcript of an informational call for prospective grantees that took place May 14 is available (Contact Erin.Long@acl.gov).

[Click here](#) to access the funding opportunity announcement.

Federal Communications Commission



Webinar: Get into the Act... Online!

In honor of Older Americans Month, the Federal Communications Commission (FCC) is launching the first in a series of webinars with several key partners to help address digital literacy and broadband adoption issues affecting seniors. The 90-minute program, scheduled for **Thursday, May 28 from 1:00 to 2:00 p.m. ET**, will provide an overview of the FCC's Lifeline program and other resources for low-income seniors including those living in HUD-assisted properties to obtain low-cost broadband in their homes. Several online resources will be discussed to help plan and deliver high-quality learning experiences to adults and seniors, including freely available professional development courses and communities of practice for facilitators. This webinar is open to the public at no cost. Pre-registration is strongly encouraged, but not required. Closed captioning will be provided, and the webinar will be recorded for future use.

[Click here](#) for details and registration.

General Accounting Office

GAO Report Questions Medicaid 1115 Approval Criteria

On May 15, the Government Accountability Office (GAO) publicly released a report that examines the approved expenditure authority in a number of Section 1115 Medicaid waivers. 1115 waivers provide states with broad flexibility to modify Medicaid requirements in order to test delivery system reforms, expand eligibility, modify benefits packages, or implement other changes to the program. U.S. Department of Health and Human Services (HHS) policy requires 1115 demonstrations to be budget neutral to the Federal government and to promote the objectives of the Medicaid program. In the report, GAO found that HHS does not always document whether 1115 approvals are furthering Medicaid objectives. GAO recommends that HHS issue guidance outlining how they will assess whether 1115 expenditures are promoting Medicaid objectives, include documentation of those criteria in all 1115 approvals, and increase safeguards to ensure that demonstration expenditures are not duplicating other spending.

[Click here](#) to view the full report.

GAO Report Examines Medicaid's Highest

Cost Enrollees

On May 8, GAO released a report that examined utilization and expenditure patterns of Medicaid beneficiaries without other sources of health care. According to the GAO report, a very small percentage of enrollees represent a large amount of overall program costs. For example, one percent of enrollees account for approximately twenty-five percent of expenditures on Medicaid-only beneficiaries, and five percent of enrollees accounted for nearly half of the expenditures. The analysis indicated that high-cost beneficiaries had more prevalent diagnoses of asthma, diabetes, and behavioral health conditions.

[Click here](#) for the complete report.

National Institute on Aging

Go4Life Month Social Media Posts

[Go4Life](#)®, the national exercise and physical activity campaign for people 50+, is encouraging organizations and individuals to join in the movement to get older adults exercising. The Go4Life Month website includes a list of sample tweets and images ready for promotion on social media. Go4Life Month will be celebrated in collaboration with the White House Conference on Aging this coming September.

 NASUAD @NASUAD1 · 4m
We're getting ready for #Go4LifeMonth!



A set of small, light blue icons for social media interaction: a reply arrow, a retweet icon, a star, a bar chart, and a three-dot menu.

[Click here](#) to view Go4Life Month social media resources.

White House Conference on Aging



Latest Policy Briefs on Elder Justice and Retirement Security Released

Today, May 15, the White House Conference on Aging (WHCOA) released its fourth in a series of policy briefs on key topic areas. The final brief of the series covers the issue of retirement security and financial concerns. The previous brief was released last Friday and addresses elder abuse and elder justice in terms of impact, efforts, and policy or partnership questions. Other briefs have focused on healthy aging and long-term services and supports. The WHCOA encourages public comments and discussion on the policy briefs.

[Click here](#) to read the full elder justice brief.

[Click here](#) to view the full retirement security brief.

From Other Organizations

Allsup

Webinar: True Help Returning to Work

This webinar is designed for SSDI recipients who would like to explore their options for making more income, while protecting their SSDI benefits. Hosted by Allsup Inc. on **Thursday, May 21 from 12:00 to 1:30 p.m. ET**, the webinar will walk SSDI recipients through the Social Security Administration's Ticket to Work program, demonstrating how they can use existing skills, develop new skills, and connect with employers. Ticket to Work participants and experts from Ability Beyond, DirectEmployers, Allsup Employment Services, Inc., and the National Stroke Association will share insights on the employment possibilities for people with disabilities, benefits coordination, and options and resources available for individuals who receive SSDI.

[Click here](#) to access details and register.

AT&T

Challenge Awards Software & App Developers for Innovations to Improve Use



for People with Disabilities

AT&T has partnered with NYU and RESNA to design a technology contest called the *ConnectAbility* Challenge. AT&T will be awarding \$100k in prizes to individual developers and small business that deliver software or apps that solve challenges facing people living with disabilities in for four functional categories:

- People with sensory disabilities
- People in need of mobility solutions
- People in need of social and emotional solutions
- People with communicative and cognitive disabilities

The prize money will be given in honor of the Americans with Disabilities Act 25th Anniversary. The deadline for submissions is **June 24, 5:00 p.m. ET.**

As part of the *ConnectAbility* Challenge, AT&T produced four short videos. Each video highlights an individual with a disability and describes how the individual uses technology and the ways technology could continue to improve his/her life.

[Click here](#) for more information on the challenge and to view the videos.

Mathematica Policy Research

Webinar & Forum: Improving Public Programs: Advanced Analytics for Better Decision Making

Federal and state agencies across the country are hiring data scientists and analytics officers to meet the growing demand for advanced analytics in the public sector. For public programs in health, education, and other human services, advanced analytics can be used to pinpoint fraud, waste, and abuse; to predict program outcomes; and to identify cost-saving strategies for policymakers. High quality, advanced analytics can guide decision makers as they pursue more efficient and effective programming.

On **Wednesday, May 20, 3:00-4:30 p.m. ET**, Mathematica's Center for Improving Research Evidence (CIRE) will host a research forum and webinar to discuss how advanced analytics can help policymakers, program administrators, and direct services staff enhance their programs by providing rapid, reliable, and relevant information. A networking reception will immediately follow the



program.

[Click here](#) to view panel details and register.

[Click here](#) to view a video trailer for the forum.

National Academy of Social Insurance

Working Together Challenge Aims to Improve Services and Supports

The National Academy of Social Insurance wants to improve services and supports for working-age persons with disabilities by crowd-sourcing ideas in three key areas: notable results (what's working); research questions (what we need to know); and new initiatives (what we should try). Ideas may be submitted online until **May 31**, and participants with the top-ranked ideas will receive ticket to the Academy's Robert M. Ball Award Banquet in June.

[Click here](#) for details and to join the challenge.

National Coalition on Aging

Webinar: Integrating Aging Services & Behavioral Health: Key Resources You Should Know About

This webinar by NCOA and the American Psychological Association will emphasize key resources for aging services providers that are looking to better integrate with providers of behavioral health services. An expert panel of presenters will share various partnership opportunities available on a state and national level, as well as highlight successful partnerships and tangible resources available for your use. The webinar is scheduled for **Thursday, May 28, 1:00-2:00 p.m. ET**.

[Click here](#) to view panel details and register.

National Coalition on Mental Health and Aging



Resource List Released

The National Coalition on Mental Health and Aging (NCMHA) and the Older Women's League (OWL) have released a comprehensive resource list covering key resources on the mental health needs of older adults, effective interventions, workforce issues, as well as data reports, fact sheets, and advocacy support. The list includes links to each of the organizations provided.

[Click here](#) to access the resource list.

National Consumer Voice for Quality Long-Term Care

Webinar: Long-Term Care Ombudsman Final Rule

Consumer Voice will be hosting a webinar on **Thursday, May 21, 3:00-4:30 p.m. ET** on the Long-Term Care Ombudsman Final Rule. The webinar aims to review the provisions and provide an opportunity for questions. Becky Kurtz, Director of the Office of Long-Term Care Ombudsman Programs at ACL, will present the webinar.

[Click here](#) to register for the webinar.

[Click here](#) to view the Long-Term Care Ombudsman Final Rule.

Job & Internship Postings

Chief Information Officer

The Champlain Valley Agency on Aging (CVAA) is accepting applications for the position of Chief Information Officer. CVAA is the largest elder services organization in Vermont, providing seniors and their families with a wide array of vital services and supports in beautiful northwestern Vermont, on Lake Champlain and including the Burlington metropolitan area and surrounding rural/agricultural communities. Burlington was ranked #2 among "America's 10 Great Places to Live" by Kiplinger's Personal Finance and #8 by Men's Journal among "The 10 Best Places to Live Now."

The Chief Information Officer (CIO) will provide strategic direction, structure, supervision, and project management of CVAA's data



systems, including Harmony SAMS (the elder services software suite), Blackbaud (Financial Edge, Raiser's Edge and Nonprofit CRM), and others. Interested applicants must submit resume and cover letter by **Friday, May 15**.

[Click here](#) to view the full posting and details on how to apply.

Advocacy & Development Manager

Oregon's Department of Human Services, Aging and People with Disabilities (APD) program in Salem, OR, has announced a vacancy for a Principal Executive Manager position in its Advocacy and Development Unit. The purpose of the position is to supervise the staff that will provide technical support for local Aging and Disability advisory councils and take on special assignments that involve advocacy for Long Term Services and Supports (LTSS) consumers. The posting for the position will close **Sunday, May 17**.

[Click here](#) to view the full posting.

Friday Update Archive

Did you miss a previous issue?
Check out [past Friday Updates](#).

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June 1 Conference: Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities (Attachment)

Cecily Slasor, on behalf of Dr. Edward Ansello, Virginia Center on Aging

June 1 - Mental Health Challenges and Possible Solutions in Aging with Lifelong Disabilities. Annual Conference of the Area Planning and Services Committee (APSC) on Lifelong Disabilities. Doubletree by Hilton Richmond-Midlothian, Koger Conference Center, 9:00-4:30. Keynote by Adam Kaul, MD, psychiatrist; six breakout sessions on Crisis Prevention, Guardianship, Natural Support Friendship Networks, and more; Closing Plenary by Melissa Owens, MT-BC, on Music Therapy and Mental Wellness. Registration of \$35 includes materials and luncheon. Register at www.apsc2015.eventbrite.com



DIVISION FOR THE AGING
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Edward F. Ansello, Ph.D.

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Virginia Center on Aging

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Director

Virginia Geriatric Education Center

Virginia Commonwealth University

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(804) 828-1525

***Mental Health Challenges and Possible Solutions
in Aging with Lifelong Disabilities***

June 1, 2015

Doubletree by Hilton Richmond-Midlothian, Koger Conference Center, Richmond, VA

**Sponsored by the Area Planning and Services Committee
on Aging with Lifelong Disabilities**

Registration and Coffee (8:00-9:00)

Welcome and Overview (9:00-9:15)

Keynote Address (9:15-10:30)

A Biopsychosocial Approach to the Care of Individuals with Developmental Disabilities

Understand and appreciate the challenges involved in caring for individuals with intellectual disabilities, the challenges of cognitive disorders and intellectual disabilities, and the merits of the biopsychosocial approach.

Adam Kaul, MD, Assistant Clinical Professor in Psychiatry, Virginia Commonwealth University, Distinguished Fellow in the American Psychiatric Association

Morning Breakouts (10:45-12:15):

A) Natural Support Friendship Networks

People with disabilities experience abuse and violence at epidemic rates compared to those without disabilities. This session will address the multidisciplinary approach to reduce abuse incorporated into Project LEAP: Leadership for Empowerment and Abuse Prevention, *Molly Dellinger Wray, Director of LEAP, Partnership for People with Disabilities; and Stacie Vecchietti, MSW, Program Director, Virginia Anti-Violence Project*

B) The Commonwealth Coordinated Care (CCC) and Mental Health Services

The Department of Medical Assistance Services (DMAS) provides an overview of Commonwealth Coordinated Care (CCC), which is a program designed to blend Medicare and Medicaid services for people who receive both benefits. This presentation will review key information about the CCC program, benefits of joining CCC, and answer some frequently asked questions.

Sarah Broughton, MSW, Program Analyst, Commonwealth Coordinated Care, DMAS

C) Mental Health and Wellness: The Connection and Importance for You as a Provider

Promoting wellness for those we serve is very important but how can you be the mentor if you don't understand your own connection between how you feel mentally and physically? This session assesses that connection and offers practice ways to make sure you are at your best.

Shirley Lyons, MS, Faculty, University of Phoenix, Richmond-Virginia Beach, and Program Manager, Henrico Area MH/DS.

Luncheon: *Thanksgiving in June* (roast turkey, vegetables, salad, and dessert)

Afternoon Breakouts (1:30-3:00)

D) Guardianship and Conservatorship in Virginia, the Basics.

The speaker provides a simple explanation of guardianship and conservatorship; what they are, how they work, and the procedure to become a guardian or conservator for an adult (or soon to be adult) in Virginia

Paul Izzo, Esq, Elder Law Attorney, Thompson and McMullan, PC

E) Crisis Prevention and Response

Understand the complexities of successfully assessing and stabilizing a crisis in the least restrictive manner for specialized populations, including aging adults with Mental Health and / or Intellectual/Developmental Disability.

Ted Susac, LCSW, Admissions Coordinator, Piedmont Geriatric Hospital; Cristi McClanahan, LCSW, Richmond Behavioral Health Authority, Director of Intellectual Disabilities and Region IV REACH Administrator; and Autumn Richardson, LCSW, Region IV REACH Director

F) The Governor's Access Plan (GAP) for Long-Term Mental Health

Governor McAuliffe's plan, A Healthy Virginia, establishes the Governor's Access Plan (GAP), which will provide basic medical and targeted behavioral health care to approximately 20,000 uninsured Virginians with severe mental illness (SMI). This session will review the rationale for creating GAP, eligibility requirements, covered benefits, and other aspects of this progressive initiative.

Sherry Confer, Special Projects Manager, Department of Medical Assistance Services

Closing Plenary (3:15-4:30)

Music Therapy and Mental Wellness

Enjoy a brief overview of music therapy and its use in the care of older adults with disabilities and needs related to mental health. Participants will have the opportunity to learn about the goals and benefits of music therapy and engage in an energizing experience demonstrating the therapeutic power of music.

Melissa Owens, MT-BC, NMT, Department of Arts in Healthcare, VCU Medical Center

Conference registration of \$35 paid by May 27, 2015 includes materials, refreshments, and our traditional "Thanksgiving in June" roast turkey lunch. Registration after May 28th is \$45.

TO REGISTER, GO TO: www.apsc2015.eventbrite.com