



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

DIVISION FOR THE AGING



James A. Rothrock, Commissioner

VDA WEEKLY E-MAILING

October 20, 2015

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ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

1610 Forest Avenue • Suite 100 • Henrico, VA 23229

Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



UPDATES

October 15, 2015

ACL in Journal of Nutrition in Gerontology and Geriatrics

One of ACL's nutrition officers co-authored an article that has been published in The Journal of Nutrition in Gerontology and Geriatrics. The article is titled *Older Americans Act Nutrition Programs: A Community-Based Nutrition Program Helping Older Adults Remain at Home* and it can be found at [Taylor and Francis Online](#). It details the program outcomes and future challenges and opportunities for the Older Americans Act Nutrition Programs, such as the increasing population of older adults, their increasing diversity, rising food insecurity, growing caregiver burden, and escalating health and LTSS costs. The article also discusses how nutrition programs are adapting to those changes by integrating into HCBS, bridging parallel health and social service systems, and focusing on the needs of the most vulnerable.

Visit [ACL's website](#) for more information about the Older Americans Act Nutrition Program and [click here](#) for the full version of the article.



October 16, 2015

ACL Funds Statewide Independent Living Council Training and Technical Assistance Center

Recently, ACL awarded a two-year cooperative agreement to Memorial Hermann Health System to operate a Statewide Independent Living Council Training and Technical Assistance Center (SILC T&TA Center). The training and technical assistance center is authorized by the Workforce Innovation and Opportunity Act of 2014 and will strengthen ACL's ability to provide important training and technical assistance.

The SILC T&TA Center will provide training and technical assistance to improve the performance of the State Independent Living Council (SILC) program and its 55 projects nationwide through access to timely and relevant training and technical assistance regarding SILC operations, duties, and responsibilities. States are required to establish a SILC in order to receive federal funding to support and coordinate independent living (IL) services in the state.

Through statutorily established activities and responsibilities, it is the goal of SILCs to improve independent living outcomes for persons with significant disabilities statewide. The purpose of independent living services is to maximize the independence, productivity, empowerment, and leadership of individuals with significant disabilities and to integrate these individuals into the mainstream of society. SILCs provide a forum for all independent living stakeholders in the state to set policy for the state's independent living program.

Key functions of the SILC T&TA Center will include:

- Providing technical assistance, training and information to SILCs to enhance their overall efficiency and effectiveness in performing SILC duties and responsibilities.
- Providing standardized expert information and access to



resources that assist SILCs in obtaining and/or maintaining competency in the areas of basic member and board of director duties and responsibilities, SILC duties and responsibilities and other related independent living information.

- Facilitating communication and peer-to-peer learning between the SILCs on a national level.
- Continually assessing SILC needs and special capabilities, and evaluate effectiveness of SILC T&TA Center activities in meeting SILC needs.
- Developing and maintaining a state-of-the-art SILC website.

[Learn more about independent living programs.](#)



UPDATES

October 19, 2015

Last Chance to Comment on Draft Voluntary Adult Protective Services Guidelines - New Listening Sessions Added

ACL is committed to supporting states in developing effective Adult Protective Services systems to ensure all older Americans and people with disabilities have similar protections and access to services, regardless of where they live.

As part of these efforts, ACL released [Draft Voluntary Consensus Guidelines for State APS Systems](#) developed by experts in the field of APS and adult maltreatment.

Now we want to hear from you. **The deadline for [submitting public comments](#) on the draft guidelines is Friday, October 30.**



You can also share feedback by calling into a listening session. ACL recently added two additional listening sessions focusing on the minority aging and disability rights communities. All sessions are open to all members of the public.

Register today for one of the three remaining listening sessions:

- [Wednesday, Oct. 21: General Public](#)
- [Thursday, Oct. 22: Minority Aging Community](#)
- [Monday, Oct. 26: Disability Rights Community](#)

Area Plan FY 2015 Closeout Procedures

Tim Catherman, Director Aging Operations

The FY'15 Area Plan financial closeout procedures and documents have been posted online. They are the first three links available

at: <http://www.vda.virginia.gov/reportsandinstructions.asp>. The first link below describes the information requested. [13 Month Financial Report FY'15 Memo](#) (.docx) (10/14/2015)

- [13 Month Report FY'15 Schedules A, B and C](#) (.xlsx) (10/9/2015)
- [13 Month Report FY'15 Certification](#) (.docx) (10/14/2015)

There are two important dates:

November 16, 2015: Final AMR 13th Month Report; Schedules FY'15 Schedules A, B and C Report, and Certification Form – Submit to closeoutreports@dars.virginia.gov.

December 15, 2015: AAA Audit or request for extension – Submit to Jackie Freeze at Jacqueline.Freeze@dars.virginia.gov.

Information about NAPIS close out reports will be distributed next week.

AARP Foundation Launches \$70 Million Social Investment Initiative

Kathy B. Miller, Director of Programs, Division for the Aging



The [AARP Foundation](#) has announced the launch of [Age Strong](#), a social investment initiative that seeks to support enterprises working to provide critical services and programs for vulnerable low-income older adults.

Developed in partnership with the [Calvert Foundation](#) and [Capital Impact Partners](#), the initiative will provide a total of \$70 million in loans to enterprises and projects that create affordable homes, increase access to healthy foods, improve financial security, and offer community-oriented models of care. To that end, the AARP Foundation will match up to \$6 million raised by the Calvert Foundation from impact investors, while Capital Impact Partners will provide financing to enterprises working to address the needs of struggling adults age 50 and older.

Age Strong currently is the only social investment initiative that focuses specifically on low-income and/or vulnerable older adults. According to the AARP Foundation, the number of Americans age 65 and older will double over the next twenty-five years and more services will be required to fulfill their needs.

"Age Strong is an innovative approach to supporting enterprises that are meeting the critical needs of vulnerable adults 50-plus," said AARP Foundation president Lisa Marsh Ryerson. "It demonstrates what is possible when partners with complementary strengths and aligned missions come together with a shared goal. This initiative deliberately aligns with our work to help struggling low-income older adults attain safe and affordable housing, steady income, adequate and nutritious food and create strong and sustaining bonds that will help create more vibrant and strong communities."

Article: "How Community-Based Organizations Can Support Value-Driven Health Care"

Tim Catherman, Director Aging Operations

This article does a good job of describing opportunities for AAAs to add value to the process.

<http://healthaffairs.org/blog/2015/07/10/how-community-based-organizations-can-support-value-driven-health-care/print/>

November 2nd Proposal Due Date for Geriatric Training and Education (GTE) Request for Proposals

Cecily Slasor on behalf of Leland Waters, PhD, VA Center on Aging

We are pleased to announce that The General Assembly has continued its appropriation for this important vehicle for geriatrics work force development. The proposal due date for the GTE initiative is Monday, November 2nd at 11:59 PM. You may access the PDF version of the announcement on our VCoA website:



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<http://www.sahp.vcu.edu/departments/vcoa/programs/geriatric-training-and-education-gte-initiative/>

Virginia institutions of higher education, community-based organizations, and other not-for-profit groups with a strong history of adult and aging-related experience may apply for GTE funds. GTE funds are intended for workforce training and education initiatives that can be completed within the fiscal year. Applications for training projects, conferences, or similar educational programs are appropriate. Applicants may seek GTE awards in any amount from \$1,000 to \$25,000, so long as this request is justified. We will make awards until such time as the appropriation from the General Assembly has been fully allocated to successful applicants.

We appreciate your interest in geriatrics education in Virginia, and look forward to receiving your proposals.

Sincerely,

Leland "Bert" Waters, PhD
Assistant Professor
Virginia Center on Aging
Virginia Commonwealth University
P.O. Box 980229
Richmond, Virginia 23298-0229
Phone: (804) 828-1525 Fax: (804) 828-7905 <http://www.vcu.edu/vcoa/>

NASUAD Friday Update Archive and Subscription

Cecily Slasor, Administrative Assistant

Friday Update Archive

Did you miss a previous issue?
Check out [past Friday Updates](#).

Subscribe

[Click here](#) to subscribe to Friday Update or other NASUAD news updates.

Area Planning and Services Committee Workshop

April Holmes, Coordinator of Prevention Programs for Older Adults



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The Area Planning and Services Committee cordially invites you to attend the November 5 workshop, *The Champion's Toolbox: Healthcare Advocacy for People with Lifelong Disabilities*.

(Attached flyer)

For more information about the workshop, click on the Registration link and scroll down to Event Details.

We hope to see you there!

Caregiver Forum Sponsored by Brain Injury Association of Virginia and DARS (attachment)

Donna Cantrell, Program Specialist, Brain Injury Services Coordination Unit

This forum is being held on Saturday, November 14th and is intended for Caregivers of individuals with brain injury and other disabilities. It is designed to provide information on self-care and other resources to help caregivers manage the stress and complexities of providing full-time caregiver services to their loved ones. This year, information will include presentations on resiliency, available supports and services, information on setting up microboards to help care for the loved ones, assistive technology and other information. Information is available on respite services that may allow the caregiver to hire on-site care, allowing them to attend this program. Deep relaxation techniques and chair massages are available. Please see the attached flyer for more information and to register!

The Area Planning & Services Committee on Aging with Lifelong Disabilities

Would like to invite you to:

Champion's Toolbox: Healthcare Advocacy for People with Lifelong Disabilities



Thursday, November 5, 2015

Eastern Henrico Recreation Center

140 N. Laburnum Ave., Henrico, VA 23223

Cost: \$20 – lunch and refreshments provided

Register at:

www.toolboxchamp.eventbrite.com/

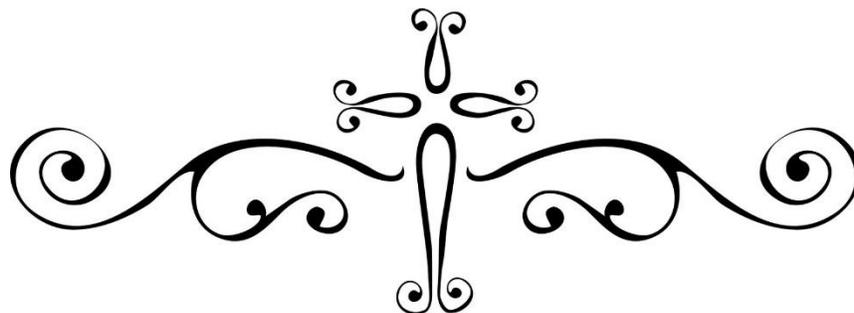
Topics Include:

Medication Management

Behavioral Dynamics Relating to Medical Needs

Effective Communication with the Healthcare Provider

Practicing Our Voice



**The Brain Injury Association of Virginia and The
Virginia Department for Aging
and Rehabilitative Services Present:**

2015 Caregiver Forum



“We Walk Together”

Richmond, Virginia

November 14, 2015 – 10:00 a.m. to 4:00 p.m.

Limited Space!

You must be registered to attend!

This event is geared towards caregivers of individuals with a brain injury.

Financial assistance with respite services is available through the Virginia Lifespan Respite Voucher Program.

Topics include: Dr. Herman Lukow II presenting on Resiliency, an opportunity to explore available resources and speak with other caregivers, free chair massages sponsored by Tree of Life and much more!

Questions about Respite or to Reserve your spot contact:

**Debra Holloway at debra@biav.net or
804-355-5748 or 800-444-6443.**



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant #H21MC26931, Facilitating Access to Care and Enhancing Services (FACES), awarded to the Virginia Department for Aging and Rehabilitative Services (DARS). This project was completed through a DARS administered contract with the Brain Injury Association of Virginia (BIAV), contract #s 14-322 in the amount of \$163,101 (38.7% nongovernmental funding). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, the U.S. Government, or DARS.