



VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES

DIVISION FOR THE AGING



James A. Rothrock, Commissioner

## VDA WEEKLY E-MAILING

November 3, 2015

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### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasud.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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**October 28, 2015**

### **Next Avenue Names Kathy Greenlee a 2015 Influencer in Aging**

Please join us in congratulating Kathy Greenlee, the U.S. Assistant Secretary for Aging and ACL's administrator, on being named a 2015 Influencer in Aging by Next Avenue. The Influencers in Aging list highlights 50 thought leaders, researchers, experts, executives and everyday people who are redefining what it means to grow older in America.

Greenlee was recognized for her leadership in creating ACL, which brought together as one agency much of the federal government's work to ensure older adults and people with disabilities are able to live independently and participate fully in their communities. Next Avenue also cited her commitment to elder justice, along with her work to end discrimination against LGBT seniors.

She is joined on the list by Nora Super, executive director of the 2015 White House Conference on Aging. Super earned the honor for harnessing technology and innovative thinking to include unprecedented numbers of people in the day-long conference hosted by President Obama and the events leading up to it. The work of this year's Conference will influence national policies on aging now and for the next decade.

Nora Dowd Eisenhower, assistant director of the Consumer Financial Protection Bureau's Office of Older Americans, was featured for her work in preventing financial abuse among older adults. Some of her efforts include alerting people about potential inaccuracies in reverse mortgage advertising and advising older Americans on addressing debt collection problems.



[Click here](#) for the official press release and visit [Next Avenue's website](#) to get the complete list of the 2015 Influencers in Aging.

## Implementing the Long-term Care Ombudsman Rule – FAQ's

*Cecily Slasor, Administrative Assistant*



### UPDATES

**October 29, 2015**

#### **Implementing the Long-Term Care Ombudsman Rule - FAQs**

In February, ACL published a [final rule](#) for the State Long-Term Care Ombudsman Programs. The Rule will take effect July 1, 2016. To help State Agencies on Aging, states' Long-Term Care Ombudsman Programs, and other entities that work with Ombudsman programs as they implement the rule, we have compiled the a list of [frequently asked questions and answers](#).

Can't find the answer you need here? Please send your questions and comments to [LTCOmbudsman.Rule@acl.gov](mailto:LTCOmbudsman.Rule@acl.gov). We will get back to you promptly, and we may include your questions in the next update of the FAQ.



### UPDATES

October 30, 2015

**Celebrating National Disability Employment Awareness  
Month: "It's our time to shine"**



Throughout the month of October, ACL has joined the [Department of Labor's Office of Disability Employment Policy](#) in recognizing National Disability Employment Awareness Month. As October comes to a close, the [ACL Blog](#) is featuring a series of posts on the importance of employment and efforts to support youth with disabilities as they transition to adulthood:

- [A Pathway to Employment for Youth with Disabilities:](#) This fall a group of college students with disabilities sat down with ACL leaders to talk about issues that will impact their futures including college, employment, and advocacy.
- [Five Years of PIE:](#) In 2010, AIDD began awarding Partnerships in Employment Systems Change (PIE) grants to help states promote competitive, integrated employment outcomes for youth with intellectual and developmental disabilities. Cindy Gruman, who has led an evaluation of the grants, discusses their impact over the last five years. The grants support people like Kevin Burke, a self-advocate who is successfully employed at Holiday Inn. Burke sums up why employment is so important, "because it's our time to shine."
- [Increasing Opportunities for Integrated Employment:](#) In 2012, the ARC of Washington County began working to divert youth from sheltered workshop placements to supported employment. The effort is an example of a



promising practice designed to meet the needs of individuals, promote integrated employment, and comply with requirements of the CMS Home and Community-Based Services settings rule.

## **Division for the Aging (VDA) Staff Listing**

*Cecily Slasor, Administrative Assistant*

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## **‘Empowering the Caregiver’ to Offer Stress Relief, Community Resources**

*Tim Catherman, Director Aging Operations*

By [Elizabeth Hornsby](#) on October 24, 2015

WYDaily.com is your source for free news and information in Williamsburg, James City & York Counties.



Colonial Heritage Community Foundation is hosting a free expo on “Empowering the Caregiver” for people responsible for taking care of elderly, sick or disabled loved ones.

CHCF was founded seven years ago and is dedicated “making a positive difference in the lives of senior members of Greater Williamsburg,” according to a recent news release.

The health and well-being of the caregiver is often overlooked in the face of the more pressing and apparent needs of the loved one they are caring for, but these factors are crucial if the caregiver is to maintain a high quality of care over the long term.

“The caregiver doesn’t always have a support system for taking care of their own physical and emotional well-being,” said Angela Cingale, co-founder of the event. “They work tirelessly and we wanted to do something for them.”

James Rothrock, commissioner of the Virginia Department for Aging and Rehabilitation Services, will be the keynote speaker at the expo, drawing on his more than 40 years in advocacy services in his comments.

Violet Peyton of the Virginia Department of Housing and Community Development will also be on site to explain how to take advantage of tax credits available to caregivers who need to install equipment to allow their loved ones to remain functional in the home.



The expo will include numerous other interactive programs, stress-relieving activities, educational opportunities, informative presentations and exhibits on resources available to caretakers in the community.

Faith in Action and Comfort Keepers are partnering up with CHCF to provide in-home respite care for caregivers who need someone to look after their loved ones while they attend the expo.

“It’s very hard to be a caregiver, so we’re giving them tools to make it easier,” Cingale said. “If you have a strong caregiver, you have a strong family.”

This expo will take place from 1 to 4 p.m. Nov. 10 in the Colonial Heritage ballroom. Attendees must register by Nov. 1 and can click [here](#) to do so.

## **DARS Better Governance Series: Executive Director Succession Planning**

*Tim Catherman, Director Aging Operations*

The next DARS Better Governance Series webinar will be held Tuesday, November 10, 2015 at 1 pm. NOTE TIME CHANGE!!!

The session will be on Executive Director Succession Planning. The registration URL is: <https://attendeegotowebinar.com/register/5302682166615129857>

The presenter will be Melissa Sines, Director of Education and Accreditation for the Standards for Excellence Institute. Melissa is responsible for developing strategy and content for Maryland Nonprofits’ and the Institute’s learning community in order to promote excellence in nonprofit management and governance and provide substantive opportunities for nonprofit leaders to connect. Melissa is also an adjunct professor at Hood College in Frederick, MD, teaching nonprofit management.

Melissa received her MPA from the University of Baltimore and her BA from Hood College. She is one of the founding donors of the Frederick Giving Project, a component fund of the Community Foundation of Frederick County, dedicated to nurturing the next generation of philanthropy and service.

Please join us by registering at: <https://attendeegotowebinar.com/register/5302682166615129857>

## **NASUAD Friday Update Archive and Subscription**

*Cecily Slasor, Administrative Assistant*



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