



VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES



DIVISION FOR THE AGING

James A. Rothrock, Commissioner

## VDA WEEKLY E-MAILING

April 19, 2016

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### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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## UPDATES

**April 05, 2016**

### **Get Ready for World Elder Abuse Awareness Day**

World Elder Abuse Awareness Day (WEAAD), commemorated every year on June 15, is an opportunity to raise awareness, engage new partners, and renew our collective commitment to the cause of elder justice.

Each year, WEAAD draws more participants, garners more attention, and moves us closer to our national goals for elder justice. No matter who you are, you can [take action](#) and play a part in this effort.

One way you can get involved is by organizing an event in your community. ACL is offering a variety of resources to help you and your community raise awareness around WEAAD 2016:

1) [ACL's WEAAD website](#), developed in partnership with the National Center on Elder Abuse, has just what you need to organize a WEAAD event, including:

- A sample press release you can use to get the word out about your WEAAD event
- A sample letter to the editor you can customize
- A placemat with an elder abuse prevention message that your meals programs can use
- A guide on engaging the faith community in elder abuse conversations
- "Protect yourself" and "Red Flags of Abuse" flyers (available in English, Spanish, Chinese, Vietnamese, Tagalog, and Korean) that you can distribute at a community event

2) Join us April 21st at 2pm ET for the "Ingenuity and Ideas for



#WEAAD2016” Twitter chat. Whether you organize a WEAAD every year or are getting involved for the first time, follow #WEAAD2016 to share and discover ideas, resources, and more.

3) Stay tuned for more information on an ACL webinar in May on creating compelling communications and spreading the word about your WEAAD 2016 event.

Together, we can take a stand against against the mistreatment of older adults this World Elder Abuse Awareness Day.



## UPDATES

**April 13, 2016**

### **Medications and the Aging Brain**

Even if we’ve taken a certain medicine for years, the aging process can cause our bodies to begin reacting to it in new ways. Although the changing reactions can be physical, they can also be cognitive. That is, we may notice that the medication affects how we think, understand, learn, plan, and remember. Because of this potential for a change in the way medicine can affect us, it is important for older adults to discuss their medications and the possible side effects with their health care professionals.

In partnership with scientists at the Centers for Disease Control and Prevention, and the National Institutes for Health, ACL has developed a three-part set of materials on medications and the



aging brain. The materials describe the kinds of medicines that affect cognition in older adults, and suggest questions patients can ask their health care professionals. The materials are written in plain language, and are designed for use by staff and volunteers at senior centers, area agencies on aging, health departments, local clinics, and other community organizations. In addition, ACL's Brain Health Resource contains a wealth of information, some in Spanish, about many other brain health topics.

The Medicine, Age, and Your Brain set includes a power point presentation, a brochure for educators, and a one page handout for consumers.

- The PowerPoint presentation helps people learn about the impact some medicines can have on an older person's brain and emphasizes the importance of talking with a doctor about.
- The Educator Brochure offers additional information for presenters to share with audiences.
- A one-page handout for the audience covers some medicines' potential impact on brain health.

Please find the materials by clicking

[http://www.acl.gov/Get\\_Help/BrainHealth/Index.aspx](http://www.acl.gov/Get_Help/BrainHealth/Index.aspx)



UPDATES

**April 13, 2016**

### **ACL Awards 2016 SHIP Grants**

#### **2016 SHIP Grants Awarded, Transition From CMS Completed**

The Administration for Community Living (ACL) is pleased to announce the release of the 2016 State Health Insurance Assistance Program (SHIP) Grants. There are 54 active SHIP



grants; one in every state, the District of Columbia, Puerto Rico, Guam, and the U.S. Virgin Islands. This year, the grants are for one year. However, ACL anticipates that future grants will be multi-year.

SHIPs provide state-wide health insurance information, counseling, and assistance to Medicare beneficiaries, their families and caregivers. The SHIP mission is to empower, educate, and assist Medicare-eligible individuals, their families, and caregivers through objective outreach, counseling, and training. The purpose of the state SHIP grants is to strengthen the capability of states and territories to support a community-based, local network of SHIP offices that provide personalized counseling, education, and outreach.

Specific objectives for 2016 include:

- Enhancing program structure through counselor development, training activities, outreach efforts and partnership building. Funds are to be used to support locally accessible counseling services and to engage hard-to-reach populations.
- Increasing state-wide engagement in community outreach in public forums, and to offer enrollment assistance from a trained, fully equipped, and proficient counselor workforce; and,
- Promoting awareness of provisions of the Patient Protection Act that affect Medicare beneficiaries.

In 2014, management of the SHIP program was transferred from the Centers for Medicare & Medicaid Services (CMS) to the Administration for Community Living (ACL). The release of these 2016 grants marks the end of the period that ACL administered grants originally awarded by CMS.

To find a SHIP in your area, visit the SHIP Center at:

<https://www.shiptacenter.org/>



## UPDATES

**April 15, 2016**

### **Webinar: The Role of the Aging and Disability Networks in Serving Veterans through the Veterans Choice Act**

Join the Administration for Community Living and Veterans Health Administration on Wednesday for [a webinar](#) on opportunities for Aging and Disability Resource Centers, Area Agencies on Aging, Centers for Independent Living, and State Units on Aging to serve veterans using Veterans Choice Act funds. Learn about the VA's December 2015 final rule allowing the aging and disability networks to serve as providers for VA-funded services and the work ACL and VA have been doing to position the networks for this opportunity.

Speakers:

- Kevin Foley, VA Choice Program Manager, Administration for Community Living
- Dan Schoeps, Director, Purchased Long Term Services and Supports, Geriatrics and Extended Care, Veterans Health Administration

The webinar is the first focused on serving our nation's veterans.

**Space for this Webinar is limited; please register by 5:30pm (EST) on Tuesday, April 19th.** This webinar will be recorded and made available to access on both the Administration for Community Living's [VD-HCBS webpage](#) and through the [Aging & Disability Resource Center/No Wrong Door Technical Assistance Exchange](#).

[Click here to register.](#)

If you have any questions or accommodation requests, please email [veterandirected@acl.hhs.gov](mailto:veterandirected@acl.hhs.gov)



## UPDATES

April 18, 2016

### Special Open Door Forum

**CMS Needs Your Input: Introduction of the IMPACT Act**  
Patients, families, caregivers, advocacy groups, and other interested parties are invited to join a conference call Special Open Door Forum (SODF) hosted by The Center for Clinical Standards and Quality (CCSQ). The forum will allow participants to ask questions, gather information, and provide feedback on the introduction of the Improving Medicare Post-Acute Care Transformation Act (commonly called the IMPACT Act) and discuss standardizing the assessment of patients across post-acute care settings to improve quality of care and life. This SODF will provide important consumer information as well as background on the IMPACT Act and the IMPACT Act website. The SODF will be via conference call on Thursday, May 12, 2016 from 2:00-3:00 pm EST. Questions from participants are welcome both before and during the forum.

Please submit questions to  
[PACQualityInitiative@cms.hhs.gov](mailto:PACQualityInitiative@cms.hhs.gov)

The slides will be posted on the IMPACT Act Downloads & Videos webpage at: <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Post-Acute-Care-Quality-Initiatives/IMPACT-Act-of-2014/IMPACT-Act-Downloads-and-Videos.html>

**Special Open Door Forum Dial-in Instructions:**

**Participant Dial-In Number: 1-800 837-1935**

**Conference ID #: 77707137**

**Note: TTY Communications Relay Services are available. For TTY services dial 7-1-1 or 1-800-855-2880. A Relay Communications Assistant will help.**



**President Obama signs the OAA Reauthorization Act of 2016 into Law!**

*Tim Catherman, Director of Aging Operations*

Please see the press release below regarding the signing of the OAA reauthorization.  
<https://www.whitehouse.gov/briefing-room/signed-legislation>

**Important Survey on Virginia's UAI**

*Katie Roeper, Assistant Commissioner*

Please Complete this Important Survey on Virginia's UAI

Click here for survey: <https://www.surveymonkey.com/r/virginiaUAI>.

The U.S. Administration on Community Living has awarded Virginia a No Wrong Door (NWD) Three-Year Implementation Grant. One of the goals of the grant is to incorporate person-centered language into the Uniform Assessment Instrument (UAI) tool and to develop a UAI training curriculum that incorporates person centered thinking and practices as a training element.

**You have been identified as someone who may complete the UAI.** To support the work of the grant, **your feedback and recommendations are needed.** Please click the survey link above to take a short survey on your experience using the UAI tool and your perception of the person-centeredness of the UAI training curriculum and the UAI tool. There is also an opportunity to provide your recommendations for incorporating an enhanced person-centered approach into the training curriculum and assessment process.

Please mark the appropriate box next to your answer choice as indicated in the survey. Your responses will be anonymous. Please answer all of the questions to the best of your ability.

Thank you in advance from the NWD Resource Advisory Committee.

**Altarum Institute: Changing Hearts and Minds to Change the Status Quo**

*Cecily Slasor, Administrative Support*



In an article this week, the Altarum Institute reports on the Dementia Action Alliance (DAA), a national coalition of advocates for people living with dementia. The DAA “is working to transform public understanding of and attitudes about dementia by promoting person-centered care and services, and serving as a trusted source of awareness, education, conversations and advocacy.” The article includes comments from persons with dementia about the importance of words, body language, touch.

<http://altarum.org/health-policy-blog/changing-hearts-and-minds-to-change-the-status-quo>

### **ADA in Focus Conference May 10**

*Tim Catherman, Director of Aging Operations*

We want to make sure that you are aware of this great conference that will be happening in Richmond on May 10th. Sponsored by the Mid-Atlantic ADA Center, it is the most comprehensive 1 day conference on the ADA to be held in VA in many years, if ever!

We encourage you to review the attached flier and the registration materials. The cost for the day conference with an optional half day free pre-session overview of the ADA for attendees is \$99.00.

<http://www.adainfo.org/training/ada-focus-virginia>

We also have a network for those in the community that do outreach around the ADA, your staff, and others might be an ideal candidate for this Network. The Community Partners Network links those in the region who provide information on the ADA in any number of ways. Benefits of the Network include 2 webinars a year that are determined by members, a list serve dedicated to the Network where members can share information, questions, resources, etc. materials and resources will be given members for outreach activities as well as a \$25.00 discount to the conference in Richmond and our regional one in Baltimore in September. We also have a Title II Network for those who work in state or local government and function as an ADA coordinator or help a government entity comply with the ADA. Same member benefits as above.

Member application: <http://www.adainfo.org/content/mid-atlantic-ada-center-resource-networks>

Marian Vessels, Director

Mid-Atlantic ADA Center, a member of the ADA National Network

TransCen Inc.



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800 949-4232 v/tty, (DC, DE, MD, PA, VA, WV)  
301 217-0124 v/tty  
[ADAinfo.org](http://ADAinfo.org)

### **Virginia Neighborhood Assistance Program (NAP)**

*Tim Catherman, Director of Aging Operations*

The Department of Social Services administers the Virginia Neighborhood Assistance Program (NAP). Its purpose is to encourage businesses, trusts and individuals to make donations to **approved 501(c) (3) organizations for the benefit of low-income persons**. In return for their contributions, businesses, trusts and individuals may receive *tax credits equal to 65 percent of the donation* that may be applied against their state income tax liability. The program operates on a state fiscal year, July 1 through June 30.

Several AAAs participated in the program last year. The deadline for registering is May 1, 2016.

For more information see <https://www.dss.virginia.gov/community/nap.cgi>.

### **Independent Living Weekly Newsletter**

*Marcia DuBois, Livable Communities Coordinator*



INDEPENDENT LIVING  
Weekly Newsletter

COMMUNITY BASED SERVICES DIVISION

James A. Rothrock, Commissioner

ISSUE 149

April 19, 2016



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## Memorandum: 2016 Regional Advocacy Awards



To: NCIL Members  
From: NCIL Regional Representatives  
Regarding: Regional Advocacy Awards

Click [here](#) to nominate someone from your region online. Each year at the Annual Conference, NCIL recognizes individuals and / or organizations for outstanding advocacy efforts. NCIL encourages you to nominate someone in your region who you believe is deserving of this award. Click [here](#) to view regional representatives. Please take a few minutes to complete the nomination form by May 17, 2016.

Purpose of the NCIL regional advocacy award: To recognize individuals or groups/organizations within each region for outstanding systems advocacy efforts consistent with independent living goals & philosophy at a national, state, or local level.

Eligibility for the regional advocacy award: The nominee does not have to be a member of NCIL. In the event that the winner is not a member of NCIL, upon receiving the award he or she will receive a complimentary Individual Membership to NCIL for the remainder of the year.



Selection process: The Regional Representative will solicit written nominations from membership within their region. Regional Representatives are strongly encouraged to solicit input from the members in their region in selecting the award winner. To the greatest degree possible, the selection process should be free of actual or perceived conflicts of interest. One award winner will be selected from each region.

Recognition: Regional Advocacy Awards will be presented to the winners at NCIL's 2016 Annual Conference on Independent Living, during the Awards Luncheon at Noon on Wednesday, July 27, 2016.

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### CDC Autism Data Highlights Importance of Services, Cultural Competency



Today the Centers for Disease Control and Prevention (CDC) released data from its Autism and Developmental Disabilities Monitoring Network indicating that 1 in 68 school-aged children are on the autism spectrum. In announcing the rate, which is unchanged from 2014, the CDC called attention to the critical role services and supports play in helping people with autism reach their full potential. Autistic children, like people with all types of disabilities, need more avenues to gain independence.

To achieve this, we must ensure services are available to support children with autism through all stages of life – from early childhood and the school years, as they look toward college and employment, and ultimately as they live independently as adults.

To that end, the nation's 67 federally-funded University Centers for Developmental Disabilities (UCEDDs) are playing a leading role in conducting research, developing and testing cutting edge practices, and connecting families with services and supports. Click [here](#) to read the full article and view links to available resources.

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**Join Us to Discuss Ending Homelessness at Hampton University**



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## ENDING HOMELESSNESS

LESSONS LEARNED FROM THE COMMONWEALTH OF VIRGINIA



The Social Security Administration and the United States Interagency Council on Homelessness invite you to a forum on ending homelessness on Thursday, **April 28**, 2016, from 8:00 a.m. – 4:00 p.m. EDT at the Hampton University Student Center Ballroom, 100 E. Marshall Ave, Hampton, VA 23668.

Space is limited, so please RSVP by April 18, 2016 by clicking [here](#).

We welcome your participation in this important conversation on how to better serve individuals experiencing homelessness. Representatives from federal agencies, the Commonwealth of Virginia, and partner organizations will be on hand to share successful strategies in the fight against homelessness. The forum will also focus on the best practices that the Commonwealth of Virginia has implemented to end veterans homelessness and significantly reduce family homelessness.

Planned speakers include:

- Dr. William R. Harvey, President, Hampton University (Tentative)
- Carolyn W. Colvin, Acting Commissioner of Social Security (Confirmed)
- Paul Reagan, Chief of Staff to Virginia Governor Terence R. McAuliffe (Confirmed)
- Matthew Doherty, Executive Director, U.S. Interagency Council on Homelessness (Tentative)
- Anthony Love, Senior Advisor and Director of Community Engagement, Veterans Health Administration Homeless Programs, U. S. Department of Veterans Affairs (Confirmed)
- Kana Enomoto, Acting Administrator, Substance Abuse and Mental Health Services Administration (Confirmed)
- Marcy Thompson, Senior Advisor, Office of the Deputy Assistant Secretary for Special Needs, U.S. Department of Housing and Urban Development (Confirmed)
- Sim Wimbrush, Executive Director, Virginia Housing Alliance (Confirmed)



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If you have any questions regarding this event, please feel free to contact M L Jordan by email ([ml.jordan@ssa.gov](mailto:ml.jordan@ssa.gov)) or by phone at 410-966-4978.

We hope you can join us and look forward to your participation!

J. Jioni Palmer, Associate Commissioner for External Affairs

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## Christopher & Dana Reeve Foundation Paralysis Resource Center: Your Source for Information, Services, and Support

### IL-NET

CIL-NET · SILC-NET

CIL-NET Presents... A National Teleconference & Webinar

Christopher & Dana Reeve Foundation Paralysis Resource Center: Your Source for Information, Services, and Support

April 19, 2016; 3:00 – 4:30 p.m. Eastern

Does your CIL take advantage of the resources that are available from the Reeve Foundation and Paralysis Resource Center? Of course you've heard of them, but you may not realize all they offer to consumers and CILs alike. From literature, to peer mentoring, and even grant opportunities – you may be pleasantly surprised by all that they provide.

Join us on **April 19th** for an overview of what the Reeve Foundation can do for you and your consumers.

Registration Fee: \$75.00. Fee is per site (connection) and does not apply per participant; registrants are encouraged to gather as many individuals as desired to participate by telephone.

Target Audience: •CIL board members, program managers, and staff interested in resources for working with consumers with paralysis and spinal cord injuries.

Learning Objectives: After completing this webinar, you will have tools and resources that will enable you to understand:

- The wide array of free resources, programs and services available to CILs and their consumers
- The general demographics of Americans living with paralysis and spinal cord injuries
- Resources especially useful for CILs in assisting consumers with community connection, exercising self-determination, health and well-being



- The benefits of the PRC's national peer-to-peer mentoring program that provides information, resources, and support to people living with paralysis, their families and caregivers
- Grant opportunities from the Reeve Foundation available to CILs

For more information and registration, click [here](#).

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### Expanding Housing Options for Persons with Disabilities Online Course

COURSE DATES: June 6-24, 2016  
REGISTRATION DEADLINE: May 20, 2016

**PURPOSE:** This course will assist participants in understanding, accessing, and expanding the funding sources, systems, planning processes, and programs involved in community-based housing for persons with disabilities.

**TARGET AUDIENCE:** IL Center Staff, especially administrators, housing specialists, and advocates; it may also be of benefit to CIL board members, and staff and members of Statewide Independent Living Councils.

**COURSE OBJECTIVES:** Upon completion of the course, participants will be able to: identify and match major sources of federal or state funding for housing to consumer needs; implement effective advocacy strategies to expand housing resources for people with disabilities; play a significant role in your community's housing planning processes; and forge alliances with key housing partners.

**FORMAT:** Participants will read assignments in the online course manual, complete exercises assigned by the instructor, and interact daily with the instructor and other students in an online discussion forum. Participants can access the course Web site at any time of the day or night. This can be done from any computer with an Internet connection. Participants should plan on spending 1-2 hours each day reading assignments, completing course work and participating in the discussion.

For more information including registration, click [here](#).

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## Action Alert: Submit Testimony to Congress for \$200 Million in Additional IL Funding - Your Support Urgently Needed!

*NCIL is finalizing our written testimony to the House and Senate Labor, Health and Human Services, Education, and Related Agencies (LHHS) Appropriations Subcommittees. In the testimony, we address the critical need for additional funding for Independent Living, and the vital role that CILs play in the lives of people with disabilities.*

*From 2012-2014, CILs provided the four core services to nearly 5 million individuals with disabilities, and provided services such as housing assistance, transportation, personal care attendants, and employment services, to hundreds of thousands more. In that same period CILs moved 13,030 people out of nursing homes and institutions, allowing people with disabilities real choice in where and how they live, work, and participate in the community. Every day, CILs are fighting to ensure that people with disabilities gain and maintain control over our own lives.*

*Congress demonstrated their understanding and support for IL and transition services when WIOA was passed and transition was added as a fifth core service. However, effectively carrying out these services requires additional funding, and the Independent Living Program was flat-funded in FY 2016! With IL being the only federally funded program that is mandated to provide transition services, the need for funding is critical. Moreover, CILs need additional funding to restore the devastating cuts to the Independent Living program, make up for inflation costs, and address the increased demand for independent living services. Right now, the Independent Living Program is receiving over \$2.5 million less in funding than we were in 2010. This is simply unacceptable.*

*The value of CILs cannot be overstated. People with disabilities deserve to be the decision-makers in our own lives, and CILs provide that opportunity to millions of individuals. We need to make sure that Congress hears this! The House and Senate LHHS Appropriations Subcommittees are accepting written testimony for the record from the public through April 15, and they need to hear from you! You can find specific instructions for submitting your written testimony for the record on the House ([click here for House testimony](#)) and Senate ([click here for Senate testimony](#)) subcommittee pages.*

*NCIL has also created a sample testimony for your use, below. You can feel free to change and personalize this as much as you want.*

  
SAMPLE Appropriations Testimony Plain Text.txt

*Just make sure your testimony adheres to the guidance and page limits provided by the Subcommittees!*

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## Transportation Funding Opportunity and Public Meeting on Initiatives to Advance Community Living

See below for two upcoming opportunities from the U.S. Department of Transportation, including a public meeting on automated vehicles and a funding opportunity to connect patients with public transportation options through partnerships with service providers.

### NHTSA to Host Public Meeting for Input on the Usage and Operation of Automated Vehicles

Would automotive technology such as a driverless car help you lead a more independent life?

On April 8th, the National Highway Traffic Safety Administration (NHTSA) is hosting a public meeting to seek input on guidelines for the usage and operation of automated vehicles (AV). In particular, NHTSA seeks public feedback on roadway scenarios and environments highly automated vehicles might face.

This information will help ensure that the design and evaluation of AV safety systems are appropriate for actual, real-world use. At the meeting, NHTSA will also gather public input on alternative approaches to safety in AV technology.

The live webcast will begin at 9am. Click [here](#) for further details, agenda and registration.

Click [here](#) for more information or to add your comments directly to the meeting docket.

### Funding Opportunity: FTA "Rides to Wellness" Grants Totaling \$5.3 Million

The U.S. Department of Transportation's Federal Transit Administration (FTA) has released a Notice of Funding Opportunity for their Rides to Wellness Demonstration and Innovative Coordinated Access and Mobility Grants. Click [here](#) to view the Notice of Funding. The \$5.3 million in competitive grant funds will help build partnerships between health, transportation, and other service providers to develop strategies that connect patients with public transportation options.

The grants will focus on communities demonstrating mobility management, technological solutions, and effective partnerships. Grant applicants must include participating groups with stakeholders from the transportation, healthcare and human service sectors.

FTA will be hosting a webinar on Wed., April 20 at 3:30pm ET to answer questions about the funding opportunity. Click [here](#) for more information and registration for the webinar.



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**Weekly Advocacy Monitor: Volume 14, Issue 12; April 6, 2016**

To view this issue, of the NCIL Weekly Advocacy Monitor, click [here](#).

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**EXTREMELY URGENT ALERT!! Medicaid Consumer-Directed Services Change About to Occur**

ACT TODAY -- YOUR action could prevent people with disabilities in Virginia from losing the ability to schedule personal assistants when they need them to live independently in the community!

Do YOU, or a member of YOUR family, receive consumer-directed (CD) personal assistance, respite or companion services through Medicaid?

You MUST ACT TODAY to protect your ability to hire Medicaid CD assistants to work overtime, if that is mutually agreeable, and helps you to get the services you need to live in your own home and stay out of a nursing facility or other institution. Click [here](#) for more information from Virginia Waivers on the disAbility Resource Center website.

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**Commissioner Rothrock Joins HOME on Fair Housing Editorial**

Click [here](#) to view the editorial from the *Richmond Times-Dispatch*.

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**VDA Weekly E-Mailing**

Click [here](#) for the latest issues of the VDA Weekly E-mailing.

*Note:* The web links in this document may change over time. DARS does not attempt to refresh the links once the week has passed.

**NASUAD Friday Updates**

*Cecily Slasor, Administrative Support*



## FRIDAY UPDATES

# NASUAD

April 15, 2016

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From NASUAD

### **Register Today for the Iowa Conference on Aging & Disabilities!**

NASUAD is proud to be sponsoring a National Aging and Disabilities Conference in Des Moines, Iowa, **May 23-May 26**.

- This conference aims at connecting Iowa and national providers of long-term services and supports with innovative ideas and new programs from their neighboring states.
- This is an opportunity to meet service providers, advocacy groups, state staff, managed care organizations, CMS officials, and national association staff to share questions, opportunities, and ideas in thoughtful discussions.
- Assist Iowa to be a lead state in understanding the key role dental care plays with the overall health and well-being of persons with disabilities and older individuals. Hear Dr. Paul Glassman, DDS, MA, MBA describe the teledentistry program he designed as well as staff from the University of Iowa and Delta Dental share what Iowa is doing and hopes to



and the Aging Brain

\*CMS: CMS releases FAQ  
on HCBS Rule

\*CMS: Tennessee  
Receives Approval of  
Statewide Transition Plan

\*CMS: Deadline Extension  
for Access Monitoring  
Review Plan Submissions

\*AIRS: Eighth Edition of  
the Standards and Quality  
Indicators for I&R

\*ALZ: Webinar:  
Vulnerability, Cognitive  
Impairment, and Elder  
Abuse

\*HMA: Webinar:  
Complying with  
Strengthened HIPAA  
Regulations

\*Mathematica:  
Accelerating the Use of  
Evidence in Health Care  
Practice, Policy, and  
Decision Making

\*NASHP: Webinar: A  
Conversation with State  
Officials on Medicaid  
Dental Managed Care

\*NAC: Webinar:

do!

- Employment challenges? Come hear successes and opportunities that Iowa and other states have in assisting older individuals and persons with disabilities gain greater employment opportunities and how all of us can decrease barriers to their successes.

Due to the popularity of our March discount, we are going to continue to offer weekly discounts throughout April. Use the code APRIL to save \$40 this week. Next week the discount decreases, so register today!

[Click here](#) to learn more and register. Use code **APRIL** for a savings of \$40!

**Register for the 2016 AIRS I&R Conference**

Registration is open for the 38th annual AIRS I&R Training and Education Conference to be held **May 22-25, 2016**, in St. Louis, Missouri. The National I&R Support Center welcomes aging and disability I&R/A professionals to join us in St. Louis for the National Aging and Disability Information and Referral Symposium held during the AIRS Conference. The Symposium offers a pre-conference National I&R/A Summit for aging and disability professionals, an Aging and Disability Luncheon, and a full complement of workshops throughout the conference. This year's pre-conference summit will have a special focus on person centered thinking and practices featuring an interactive presentation from Michael Smull, a national expert on person centered systems and a partner in Support Development Associates (SDA). Symposium workshop sessions



Caregivers of Adults with  
Mental Illness

\*Events

\*Jobs & Internships

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\*ACL: State Grants to  
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will feature national, state, and local professionals presenting on key topics impacting aging and disability I&R/ A programs such as quality assurance and customer satisfaction, aging caregivers, innovations in transportation services, transition for youth with disabilities, and resources for serving diverse consumers. For a full list of conference workshops, [visit AIRS](#).

[Click here](#) to view details and register.

**I&R Center Webinar: America's Health Rankings  
Senior Report**

For the I&R Center's May webinar, we invite you to join NASUAD for an all-state webinar on "America's Health Rankings Senior Report, 2016 Edition." The webinar will preview data to be released about senior health on a national and state-by-state basis from research being conducted by United Health Foundation. Participants will learn about national health improvements and challenges, senior health state rankings, and tools you can use to communicate the data. Sarah Milder, MPH, Principal Epidemiologist, Arundel Metrics will present this webinar. Pre-registration is required for this webinar. Space is limited so make sure to register as soon as possible. This webinar will take place on **Wednesday, May 11, 2016, from 3:00 p.m. to 4:00 p.m. ET.**

[Click here](#) to view details and register.

**HCBS Clearinghouse E-Clips**

**Evaluation of the Comprehensive Primary Care  
Initiative**

Mathematica Policy Research released a report that



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evaluated the implementation and impacts of Comprehensive Primary Care (CPC) initiative over its first two years. In October of 2012, the Center for Medicare & Medicaid Innovation (CMMI) under the Centers for Medicare & Medicaid Services (CMS) launched the CPC initiative to test a new model of care delivery for about 500 primary care practices. This report evaluates how different factors, like participation, have changed during the initiative's first two years. CPC created requirements that primary care practices must meet and annual milestones to help improve five functions: access and continuity; planned chronic care and preventive care; risk-stratified care management; patient and caregiver engagement; and coordination of care across the medical neighborhood.

[Click here](#) to access the publication.

*This section of Friday Update highlights reports that have been added to the HCBS Clearinghouse within the past week. Visit [www.nasuad.org/hcbs](http://www.nasuad.org/hcbs) for more information.*

From the Administration

[Administration for Community Living](#)

### **No Wrong Door System Key Elements Grants Available**

The Administration for Community Living (ACL), the Centers for Medicare & Medicaid Services (CMS) and the Veterans Health Administration (VHA) have developed a funding opportunity announcement (FOA) to assist states in transforming their existing long-term services and supports (LTSS) access



programs and functions into a single statewide No Wrong Door (NWD) System of access to LTSS for all persons regardless of age, income, or disability. ACL, CMS, and VHA awarded grants to 8 states in 2012 to develop No Wrong Door Systems while also working with federal agencies to draft guidelines to be used by all states in the development of NWD systems. Please note that the only eligible applicants for this funding opportunity must be from one of the 8 states which received a 2012 *Transforming State LTSS Access Programs and Functions into A No Wrong Door System for All*

*Populations and All Payers* grant. A letter of intent is due by **Thursday, April 28, 2016**, and the applications are due by **Monday, June 6, 2016**.

[Click here](#) to view the full posting.

### **ACL Releases Materials on Medications and the Aging Brain**

The Administration for Community Living (ACL) in partnership with scientists at the Centers for Disease Control and Prevention (CDC), and the National Institutes for Health (NIH), have developed a three-part set of materials on medications and the aging brain. The materials are written in layman's terms and were designed specifically for use by staff and volunteers at senior centers, area agencies on aging (AAAs), health departments, local clinics, and other community organizations. Some of the materials are also available in Spanish. The Medicine, Age, and Your Brain set includes a power point presentation, a brochure for educators, and a one page handout for consumers.

[Click here](#) to view the materials.



## Centers for Medicare and Medicaid Services

### **CMS releases FAQ on HCBS Rule**

On Tuesday, April 12th, CMS released new guidance regarding implementation of the Medicaid HCBS settings rule. The document is a series of FAQs discussing important components of the regulation, including how states are expected to assess new buildings under construction for compliance with the rule. CMS clarifies that they will not pre-approve settings based upon proposed designs/operations before those settings actually provide services. In the FAQs, CMS also provides some additional information regarding person centered planning and the regulation. CMS affirms that the person centered planning requirements were effective as of March 17, 2014; however, the FAQ notes that components of the planning process involve assessments of the needs of individuals as they relate to HCBS settings. These parts of person centered planning can be included within the transition plan.

[Click here](#) to view the FAQs.

### **Tennessee Receives Approval of Statewide Transition Plan**

On Wednesday, April 13th, the Centers for Medicare and Medicaid Services (CMS) announced that they approved Tennessee's HCBS statewide transition plan. Tennessee is the first state to have an approved statewide plan under the 2014 HCBS final rule.

According to the letter, CMS granted approval of the plan because Tennessee had completed its systemic review of policies as well as site-specific review of individual settings. CMS also noted that Tennessee



has robust methods to validate the site-specific settings as well as timelines and processes for remediation of those settings, among other reasons for approval.

[Click here](#) to view the approval letter.

### **Deadline Extension for Access Monitoring Review Plan Submissions**

On Friday, April 8, the Centers for Medicare & Medicaid Services (CMS) released a final rule in the Federal Register to extend the deadline to October 1, 2016, for state submissions of the access monitoring review plan to CMS. The deadline was originally set for July 1, 2016. CMS published the final rule with comment period, *Medicaid Program; Methods for Assuring Access to Covered Medicaid Services*, on November 2, 2015. Many commenters suggested that CMS push back the original deadline that required states to develop and submit the access monitoring review plan to CMS.

[Click here](#) to view the final rule.

From Other Organizations

### **Alliance of Information and Referral Systems**

#### **Eighth Edition of the Standards and Quality Indicators for I&R**

The Alliance of Information and Referral Systems published the 8th edition of their Standards and Quality Indicators for Professional Information and Referral. The purpose of the AIRS Standards is to establish reference points that define expected



practices within the field of Information and Referral (I&R) that can be used to measure the extent to which individual organizations are in compliance with those requirements. AIRS Standards provide essential guidelines that can be used to develop an I&R program to meet the needs of communities.

The process to revise and update the Standards took more than a year and involved input from many I&R professionals including work groups on a range of issues including resource database quality issues, I&R outcomes and service delivery performance metrics. The new edition of the AIRS Standards is a comprehensive upgrade, representing perhaps the most substantial reorganization of the material in recent times, with minor and major changes throughout the document to reflect emerging trends and changes in I&R.

[Click here](#) to view the publication.

### [Alzheimer's Association](#)

#### **Webinar: Vulnerability, Cognitive Impairment, and Elder Abuse**

The Alzheimer's Association and the National Center on Elder Abuse are hosting a webinar on vulnerability, cognitive impairment, and undue influence. The webinar will provide insights into this emerging public health problem and include discussion of a new uniform definition of "elder abuse" to bring consistency to public health surveillance efforts. Opportunities to protect people with cognitive impairment from abuse will also be raised. Dr. Bonnie J. Olsen of the National Center on



Elder Abuse will explain why people with cognitive impairment are at risk for physical, emotional, and other types of abuse. She will also describe the current scope and burden of the problem. Dr. Jeffrey Hall from the Centers for Disease Control and Prevention, National Center for Injury Prevention will discuss new guidance on surveillance of elder abuse and plans for use in public health and other sectors. Together, Drs. Olsen and Hall will explore ways the public health community can address abuse of people with dementia, including through partnerships with the aging network and law enforcement. Pre-registration is required for this meeting. When you click on the registration link, be sure to enter the meeting number (748 905 085). This webinar will take place on **Thursday, May 5, 2016, from 1:00 p.m. to 2:00 p.m. ET.**

[Click here](#) to view details and register.

### Health Management Associates

#### **Webinar: Complying with Strengthened HIPAA Regulations**

Health Management Associates is hosting a webinar about what healthcare organizations need to know to comply with strengthened HIPAA regulations. Revised HIPPA rules have created important new responsibilities and instituted new penalties related to business associates who handle personal health information or personal health records for covered entities. During this webinar, HMA experts Heidi Robbins Brown and Margarita Pereyda, MD will outline the new regulations, provide a framework for protecting patient data, and



present a set of best practices your organization and business associates can use in efforts to ensure HIPAA compliance. This webinar is recommended for executives of Medicaid managed care plans, hospitals, health systems, and clinics serving Medicaid populations; state and federal regulators and healthcare policy analysts; Medicaid directors and staff; and state and federal officials for public health. Pre-registration is required for this free webinar. The event will take place on **Tuesday, April 26, 2016, from 3:00 p.m. to 4:00 p.m. ET.**

[Click here](#) to view details and register.

### Mathematica

#### **Accelerating the Use of Evidence in Health Care Practice, Policy, and Decision Making**

The Mathematica Center on Health Care Effectiveness is sponsoring a policy forum and live webinar on accelerating the use of evidence in health care practice, policy, and decision making. The event will describe the PCORI Dissemination and Implementation Framework and Toolkit and reflect on challenges in accelerating the use of evidence in practice, policy, and decision making. A panel of speakers representing practitioners, policymakers, and patients will respond to the presentation and offer their own perspectives on challenges to accelerating the use of evidence in health care decision making. Speakers for the webinar are: Dominick Esposito, Mathematica; Jessica Heeringa, Mathematica; David Knutson, Agency for Healthcare Research and Quality; Amy Kratchman, The Children's Hospital of Philadelphia; Robert



Phillips, American Board of Family Medicine; and Jennifer Reck, National Academy for State Health Policy. Pre-registration is required for this event. The event will take place via live webcast and in person at the Mathematica Office in **Washington, DC, on Thursday, May 12, 2016, from 12:00 p.m. to 1:30 p.m. ET.**

[Click here](#) to view details and register.

### [National Academy for State Health Policy](#)

#### **Webinar: A Conversation with State Officials on Medicaid Dental Managed Care**

The National Academy for State Health Policy (NASHP) has an upcoming webinar on Medicaid Dental Managed Care.

An increasing number of states are using managed care approaches to deliver Medicaid dental services. In this webinar, state policymakers from Kentucky, Arizona, and Pennsylvania-three states that administer Medicaid benefits through managed care contracts that include both medical and dental services-will share their insights about strategies to ensure that managed care contractors and their subcontractors maintain an adequate network of dental providers, provide outreach and care coordination to members, and promote quality improvement. This webinar is supported by the American Dental Association. The webinar will be held on **Friday, April 29, 2016, from 1:00 p.m. to 2:00 p.m. ET.**

[Click here](#) to view details and register.



### [National Alliance for Caregiving](#)

#### **Webinar: Caregivers of Adults with Mental Illness**

The National Alliance for Caregiving, Mental Health America, and the National Alliance on Mental Illness are hosting a webinar about a new research study, *On Pins & Needles: Caregivers of Adults with Mental Illness*, on caregivers of adults with mental illness. The webinar will discuss the 8.4 million Americans caring for a loved one with schizophrenia, depression, bipolar disorder, or other moderate-to-serious mental health conditions. The report briefing will further describe the challenges facing these families and include gaps in existing coverage. In addition, the experts will offer public policy solutions based on the findings from the caregivers who were surveyed in the study. The study was made possible through grant funding from Allergan, Eli Lilly, Novartis Pharmaceuticals Corporation, and Janssen Scientific Affairs, LLC. The webinar will take place on **Wednesday, April 20, 2016, from 3:00 p.m. to 4:00 p.m. ET.**

[Click here](#) to view details and register.

[Click here](#) to view the publication.

#### Events

#### **New Frontiers in Coordinating Housing & Medicaid Services**

Mathematica is hosting a policy forum and live webinar, sponsored by the Center for Studying Disability Policy. Attendees will learn about what state and federal partners are doing to coordinate and integrate health and housing services for people



with behavioral health needs. Speakers for the event are Jonathan Brown, Carol Irvin, and Matthew Kehn from Mathematica and Jennifer Ho from HUD. The speakers will discuss the following:

- \* Why housing is an important part of efforts to treat high-need, high-cost Medicaid beneficiaries

- \* Challenges and lessons from the Money Follows the Person Demonstration's efforts to improve the availability of supportive housing for Medicaid beneficiaries moving out of institutions

- \* Innovative state efforts to better coordinate health and housing services for people with behavioral health conditions

- \* Efforts led by HUD to partner with other federal agencies, such as CMS and the Substance Abuse and Mental Health Services Administration, to coordinate health and housing services

The policy forum and live webinar will take place on **Thursday, April 21, 2016, from 12:00 p.m. to 1:30 p.m. ET.**

[Click here](#) to view details and register.

Jobs & Internships

### **NASHP Seeks Policy Team Project Director**

The National Academy for State Health Policy (NASHP) is seeking an individual to join the Chronic and Vulnerable Populations (CVP) policy team as a Project Director (PD). The Project Director will lead day-to-day operations for at least one major initiative for NASHP, and will join additional project teams as



a team member. The primary focus of this work will be on state and federal health policy issues related to major state healthcare delivery system reforms. This includes managing a large federally funded initiative providing technical assistance to states to accelerate new payment and delivery system reforms, including the integration of physical and behavioral health care systems. In addition, the PD will participate in a federally funded evaluation of states' multi-payer delivery system reform efforts. Additional responsibilities will be determined based on the PD's interests and skills. This position can be located in Portland, Maine or Washington, DC. All applications must be submitted by **Tuesday, May 31, 2016**.

[Click here](#) to view the posting.

### **LEAD Coalition Seeks Communications & Advocacy Director**

Leaders Engaged on Alzheimer's Disease (the LEAD Coalition) is seeking an accomplished Communications and Advocacy Director who will be responsible for mobilizing grassroots advocacy by stakeholder organizations through media and policy initiatives. The Director also will be responsible for the monthly e-newsletter, monthly meeting notes, website, and other LEAD Coalition publications. Working closely with the Executive Director, the Director will monitor and develop summaries of relevant news in federal policy, science, clinical care, social services, and related domains. The Director will attend, participate in, or facilitate some meetings with or in place of the Executive Director. The LEAD Coalition is co-convened by USAgainstAlzheimer's and Volunteers of America. The coalition works



collaboratively to focus the nation's strategic attention on Alzheimer's disease and related dementia and to accelerate transformational progress in (1) care and support to enrich the quality of life of those with dementia and their caregivers, (2) detection and diagnosis, and (3) research leading to prevention, effective treatment and eventual cure. All applications must be submitted by **Thursday, May 5, 2016**.

[Click here](#) to view the posting.

#### Funding Opportunities

#### **Supportive Services Demonstration for Elderly Households in HUD-Assisted Multifamily Housing**

The U.S. Department of Housing and Urban Development (HUD) announced it is making approximately \$15 million available to test a promising housing and services model for low-income seniors to age in their own homes and delay or avoid the need for nursing home care.

HUD's Supportive Services Demonstration for Elderly Households in HUD-Assisted Multifamily Housing will offer three-year grants to eligible owners of HUD-assisted senior housing developments to cover the cost of a full-time Enhanced Service Coordinator and a part-time Wellness Nurse. The purpose of the Demonstration is to test the effectiveness of this enhanced supportive services model for elderly households and to evaluate the value of enhanced service coordination paired with affordable housing for seniors. The demonstration will be independently evaluated to determine the impact of the enhanced supportive



services model on: Aging in place in HUD-assisted senior developments; avoiding early transitions to institutional care, and; preventing unnecessary and often costly health care events-such as some emergency room visits and hospitalizations-for residents in HUD-assisted senior developments. Grant applications must be submitted electronically by **Monday, April 18, 2016, at 11:59 p.m. ET.**

[Click here](#) to view the full posting.

### **Senior Community Service Employment Program National Grants**

The Employment and Training Administration (ETA), U.S. Department of Labor (DOL) announced the availability of approximately \$338,520,000 in grant funds authorized by Title V of the Older Americans Act (OAA) as amended in 2006, Pub. L. No. 109-365 for the Community Service Employment for Older Americans program commonly referred to as the Senior Community Service Employment Program (SCSEP), for National Grants for Program Year (PY) 2016. SCSEP is the only Federally-sponsored employment and training program targeted specifically to low-income older individuals who are able to enter or reenter the workforce. Program participants receive paid work experience at local public or non-profit agencies and are paid the higher of the Federal, State, or local minimum wage, or the prevailing wage for similar employment, for approximately 20 hours per week while in community service and other job training (OAA Amendments § 502(b)(1)(J); 20 CFR 641.565(a)). The dual goals of the program are to promote useful opportunities in community service job training and



to move SCSEP participants into unsubsidized employment. This is a four-year grant, renewable annually for each of those four years based on annual Departmental application requirements and subject to the availability of funds. The grant may be extended for a fifth year at the Department's discretion, contingent upon the grantee meeting or exceeding the minimum negotiated performance measures as required by section 514(a) of the OAA Amendments and 20 CFR 641.700. All applications are due by **4:00 p.m. ET on Friday, April 29, 2016.**

[Click here](#) to view the full posting.

#### **Disability & Rehabilitation Research Projects Program: Employment of People with Disabilities-Development**

The Administration for Community Living released the development grant opportunity for the Disability and Rehabilitation Research Project Program (DRRP): Employment of Individuals with Disabilities. The purpose of NIDILRR's Disability and Rehabilitation Research Projects (DRRP) which are funded through the Disability and Rehabilitation Research Projects and Centers Program, is to plan and conduct research, demonstration projects, training, and related activities, including international activities, to develop methods, procedures, and rehabilitation technology that maximize the full inclusion and integration into society, employment, independent living, family support, and economic and social self-sufficiency of individuals with disabilities, especially individuals with the most severe disabilities, and to improve the effectiveness of services authorized under the Rehabilitation Act of 1973, as amended



(Rehabilitation Act). Under this particular DRRP priority, applicants must propose a development project that is aimed at improving the employment outcomes of individuals with disabilities. In carrying out a development project under this program, a grantee must use knowledge and understanding gained from research to create materials, devices, systems, or methods beneficial to the target population, including design and development of prototypes and processes. Please note that this will be the Funding Opportunity for field-initiated DRRP development projects in the employment domain. NIDILRR plans to make two field-initiated DRRP awards in the employment domain. NIDILRR's field-initiated DRRP awards in the employment domain may include research projects, development projects, or both, depending on the ranking of applications provided by the peer review panel. All applications are due by **11:59 p.m. ET on Tuesday, May 24, 2016.**

[Click here](#) to view the full posting.

### **Disability & Rehabilitation Research Projects Program: Employment of People with Disabilities- Research**

The Administration for Community Living released the research grant opportunity for the Disability and Rehabilitation Research Project Program (DRRP): Employment of Individuals with Disabilities. The purpose of NIDILRR's Disability and Rehabilitation Research Projects (DRRP) is to plan and conduct research, demonstration projects, training, and related activities, including international activities, to develop methods, procedures, and rehabilitation technology that maximize the full inclusion and



integration into society, employment, independent living, family support, and economic and social self-sufficiency of individuals with disabilities, especially individuals with the most severe disabilities, and to improve the effectiveness of services authorized under the Rehabilitation Act of 1973, as amended (Rehabilitation Act). Under this particular DRRP priority, applicants must propose a research project that is aimed at improving the employment outcomes of individuals with disabilities. In carrying out a research project under this program, a grantee must identify one or more hypotheses or research questions and, based on the hypotheses or research questions identified, perform an intensive, systematic study directed toward producing (1) new or full scientific knowledge, or (2) understanding of the subject or problem studied. Please note that this will be the Funding Opportunity for field-initiated DRRP research projects in the employment domain. NIDILRR plans to make two field-initiated DRRP awards in the employment domain. NIDILRR's field-initiated DRRP awards in the employment domain may include research projects, development projects, or both, depending on the ranking of applications provided by the peer review panel. All applications are due by **11:59 p.m. ET on Tuesday, May 24, 2016.**

[Click here](#) to view the full posting.

### **Rides to Wellness Demonstration & Innovative Coordinated Access Grants**

The Federal Transit Administration (FTA) announced the availability of approximately \$5.3 million of funding from two programs to support the Rides to Wellness Demonstration and



Innovative Coordinated Access and Mobility Grants (R2W Demonstration Grants). The goal of the competitive R2W Demonstration Grants is to find and test promising, replicable public transportation healthcare access solutions that support the following goals: increased access to care, improved health outcomes and reduced healthcare costs. Eligible applicants include: States, Tribes, and designated or direct recipients for funds under 49 U.S.C. 5307, 5310 or 5311. Proposers must serve as the lead agency of a local consortium that includes stakeholders from the transportation, healthcare, human service or other sectors. Members of this consortium are eligible as subrecipients. Further, proposers must demonstrate that the proposed project was planned through an inclusive process with the involvement of the transportation, healthcare and human service industries. Eligible projects must have implementation ready capital and operating projects that enhance access, such as: mobility management; health and transportation provider partnerships; technology; and other actions that drive change. These R2W Demonstration Grants will develop best practice solutions that other communities can replicate. All applications must be submitted by **5:00 p.m. ET on Tuesday, May 31, 2016.**

[Click here](#) to view the full posting.

### **State Grants to Enhance Adult Protective Services**

The Administration for Community Living (ACL) released a grant opportunity for states to enhance Adult Protective Services. This demonstration is designed to provide states funding to strengthen



their APS systems statewide, to include improvement in practice, services, and data collection and reporting, as well as their technical ability to interface with ACL's National Adult Maltreatment Reporting System (NAMRS). Eligible applicants are the state government offices that administer the state's adult protective services and/or elder protective services program. Recipients of an award under this program in FY 2015 are NOT eligible to apply for funding under this opportunity. Foreign entities are not eligible to compete for, or receive, awards made under this announcement. All applications must be received by **5:00 p.m. on Tuesday, May 31, 2016.**

[Click here](#) to view the full posting.

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