



VIRGINIA DEPARTMENT FOR AGING  
AND REHABILITATIVE SERVICES



DIVISION FOR THE AGING

James A. Rothrock, Commissioner

## VDA WEEKLY E-MAILING

January 20, 2016

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### ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

### NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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## **Virginia Center on Aging Hosts its 30<sup>th</sup> Annual Legislative Breakfast**

*Tanya Brinkley, on behalf of Dr. Edward Ansello*

The Virginia Center on Aging hosts its 30th Annual Legislative Breakfast, Wednesday, January 27, 2016, at 7:30 a.m. at the St. Paul's Episcopal Church Parish Center (across from the General Assembly Building) in Richmond. Nominal \$15 registration requested. For information or to register, call [804-828-1525](tel:804-828-1525) or [eansello@vcu.edu](mailto:eansello@vcu.edu).

## **There are more than 50,000 uninsured Virginians living with Severe Mental Illness (SMI)**

*Kathy B. Miller, Director of Programs, Division for the Aging*

The fact that so many uninsured Virginians are affected by mental illness has prompted the Department of Medical Assistance Services (DMAS) to share the attached e-postcard to help focus attention on the Governor's Access Plan (GAP). We believe that some 20,000 individuals suffering from Severe Mental Illness (SMI) in Virginia could be helped by the GAP program.

The eligibility level is 65% of the Federal Poverty Level, and services are somewhat limited (e.g., no inpatient services or transportation). However, those who do qualify can get very important counseling, medications and other medical services.

So please share the [postcard](#) with your colleagues, partners and with anyone that might benefit from knowledge about this very valuable healthcare resource.

## **DARS Better Governance Webinar: Thursday, January 21, 2016**

*Tim Catherman, Director of Aging Operations*

Reminder! The next DARS Better Governance Webinar will be on Board Engagement and Development. The webinar will be held on Thursday, January 21, 2016 at noon. Topics will include:

- Develop a clearer understanding of roles and responsibilities of nonprofit boards and board service
- Describe the role and responsibilities of individual Board members



- Exposure to the nine steps to finding, recruiting, and engaging nonprofit board members
- Identify ways to improve the composition and effectiveness of your board
- Increase interest in building your board

The presenter will be [Amy Nisenson](#), a Certified Governance Trainer with BoardSource and Executive Director of The Mary Morton Parsons Foundation. More information about Ms. Nisenson is available by clicking on her name to access the link.

Please register at: <https://attendeegotowebinar.com/register/660623241523735297>

This presentation will be well worth your time! If you have any questions, please let me know.

## **Value-Based Payment Readiness: A Self-Assessment Tool for Primary Care Providers, FQHCs, and Behavioral Health Providers**

*Tim Catherman, Director of Aging Operations*

Wednesday, January 27, 2016  
1 to 2 p.m. ET

As the shift from volume-based to value-based payment accelerates, primary care providers, including Federally Qualified Health Centers (FQHCs) and behavioral health providers, must make critical changes to become ready for value-based payments and ensure their financial sustainable. But what changes need to be made? There is now an online self-assessment tool that providers can use to pinpoint specific strengths and gaps in value-based payment readiness and identify core care delivery, operational, and financial capabilities and high-priority elements to implement. The protocol was designed by HMA and CohnReznick in partnership with the DC Primary Care Association. During this webinar, HMA experts Deborah Zahn and Mary Goddeeris, along with CohnReznick expert Peter Epp, will demonstrate how the readiness tool can help practices as they prepare themselves for value-based payments.

### **Speakers**

[Mary Goddeeris](#), Senior Consultant, HMA

[Peter Epp](#), Partner, CohnReznick

[Deborah Zahn](#), Principal, HMA



### Learning Objectives

1. Understand how this new web-based, value-based payment readiness assessment tool can help you assess readiness for providers across multiple domains.
2. Learn how this tool can help practices identify gaps and/or areas in which improvements are needed and identify the core capabilities that are essential for value-based payments and high-priority elements that should be implemented first.
3. Identify the key differences between the assessment tool for primary care providers and the version for behavioral health providers.
4. Find out how multiple practices can use the readiness assessment tool to identify opportunities for developing joint strategies.
5. Understand the various components of the readiness assessment tool.

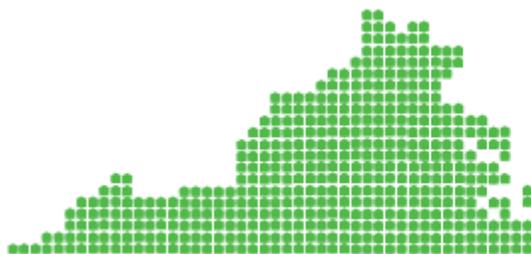
### Who Should Attend

Executives of FQHCs, health systems, physician practices, behavioral health providers, and other provider organizations; primary care associations; behavioral health associations; Medicaid managed care plan executives; and Medicaid directors and staff.

[Register](#) now for this free webinar.

### Continuing Education Credits and Scholarships Available for Fair Housing Accessibility Training! Register Today!

*Tim Catherman, Director of Aging Operations*



**Virginia**  
**Housing Alliance**  
Expanding Housing Opportunity and Ending Homelessness

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James,

**[Demystify Accessibility with this Training on Fair Housing and](#)**



## [Accessibility! February 24, 2016](#)

The Virginia Housing Alliance is excited to announce the first training to be hosted by its new training center, the Virginia Housing Education and Learning Partnership (VA-HELP). The Fair Housing Accessibility Training will be held on Wednesday, February 24, 2016 at 1pm at VHDA's Virginia Housing Center located at 4224 Cox Road in Glen Allen, VA.

**This training is approved for continuing education credits by the American Institute of Architects! It will be a great opportunity to receive CE credits while gaining valuable knowledge about fair housing and accessibility.**

Robert S. Ardinger, President of [Ardinger Consultants and Associates](#) will facilitate this training session on the Fair Housing Design and Construction Accessibility Requirements. Mr. Ardinger is a nationally recognized expert on civil rights for persons with disabilities and civil rights- legislation including the Architectural Barriers Act, the Americans with Disabilities Act, the Fair Housing Amendments Act, and Section 504 of the Rehabilitation Act. He has over 30 years of experience in policy development and program planning and management at both the federal and state levels.

The training will cover basic terms and concepts regarding major civil rights laws and principles of accessibility, basic design principles and guidelines, reasonable accommodation and reasonable modification, and the future universal design market.

**Scholarships are available for young professionals, students, and nonprofit employees interested in attending the training. [Click here to apply for a scholarship!](#)**

**[Click here to register for the Fair Housing Accessibility Training!](#)**





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### Virginia Housing Alliance

You are subscribed to this list as [james.rothrock@dars.virginia.gov](mailto:james.rothrock@dars.virginia.gov). You can [unsubscribe here](#).

empowered by  salsa

## Local Williamsburg Band Announces Fundraiser for Meals on Wheels

*Tim Catherman, Director of Aging Operations*



London, shown here at 2nd Sunday Festival, presents a fundraiser for Williamsburg's Meals on Wheels. The band plays acoustic classic rock. (Courtesy of London / The Virginia Gazette)

[Heather Bridges Contact Reporter hbridges@vagazette.com](mailto:hbridges@vagazette.com)

Local band announces fundraiser for Meals on Wheels

Merging music with a mission, local rock band London will present a benefit concert Feb. 1 for Williamsburg area Meals on Wheels.

Every dollar raised will support Peninsula Agency on Aging's funding for the local Meals on Wheels chapter, providing hot, nutritious meals to area adults, and especially seniors.



Even more than sustenance, Meals on Wheels volunteers offer companionship and community to seniors living in isolation.

"They live absolutely alone," said Rick Jackson, a guitarist in the band. "This is the only connection they have."

Jackson has seen the vulnerability of local seniors, as system director of the Riverside Center for Excellence in Aging and Lifelong Health.

The center is "painfully aware on a daily basis of the needs of the older adults in this area, for not only nutrition, but transportation, socialization," Jackson said. "These needs stretch across all barriers: economic, racial, otherwise."

London's goal is to raise \$4,000.

Peninsula Agency on Aging provides year-round funding to Williamsburg's Meals on Wheels for up to 50 meals a day, said Diane Hartley, director of Williamsburg's Peninsula Agency on Aging office. Thus, \$4,000 accounts for approximately one month of PAA support to Meals on Wheels, Hartley said. This translates to one month of support for 50 clients in Greater Williamsburg.

"The Meals on Wheels program is just invaluable to helping seniors to be able to stay in home," Hartley said.

The fundraiser will fill Triangle Restaurant with London's hybrid acoustic sound, as the band plays classic rock from the 1960s through 1980s.

For members Jim Finnegan, Tad Timberlake, Rick Kuhns and Jackson, "This is how we give back to the community when there's a need like this," Jackson said. "And we enjoy it."

Those involved hope to make the fundraiser an annual event.

Hartley said it will be fun night for the community "that truly helps their neighbors." Bridges can be reached by phone at 757-275-4934.

### **Want to go?**

Admission to the concert is a \$25 donation, made at the door. Donations to the fundraiser can also be made through Peninsula Agency on Aging's website, [paainc.org](http://paainc.org).



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The event runs from 6-9 p.m. on Monday, Feb. 1, and will include food, drinks and a raffle. Triangle Restaurant is located at 601 Prince George St.  
For more information, call 757-873-0541.

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# More than 50,000 of Virginia's uninsured are living with Severe Mental Illness (SMI)

Our goal is to help approximately 20,000 adults with severe mental illness to enroll in the Governor's Access Plan (GAP) by January 2017. We can do it with your help! Please spread the word that GAP covers both medical and mental health care/substance use services for eligible individuals through Medicaid. Please display GAP posters. Include a GAP link ([www.gap-va.org](http://www.gap-va.org)) on your website, in newsletters or anywhere you might reach those in your community.

For more information about GAP eligibility, how to apply or how to access services, please visit [www.gap-va.org](http://www.gap-va.org) or call (855) 869-8190. To request a GAP widget to place on your website or to find out how to request copies of the new GAP poster, please contact [BridgetheGAP@dmas.virginia.gov](mailto:BridgetheGAP@dmas.virginia.gov).



Bridging the Mental Health  
Coverage Gap in Virginia

