



VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES



DIVISION FOR THE AGING

James A. Rothrock, Commissioner

VDA WEEKLY E-MAILING

August 16, 2016

Table of Contents

[ACL News & Information Link](#)

[NASUAD Weekly Updates Link](#)

[DARS Better Governance Webinars Schedule](#)

[No Wrong Door New Logo and Brand Standards](#)

[Free Screening of Film on End of Life Care – Eastern Virginia](#)

[Free Screening of Film on End of Life Care – Richmond](#)

[Do You Know the Signs of a Heatstroke?](#)

[ACL News: Submit Comments on APS and Ombudsman Reporting Systems](#)

[NASUAD Friday Update](#)

[DARS Independent Living Weekly Newsletter](#)

ACL News & Information

Here is a link to news & information from the Administration for Community Living (ACL):

<http://www.acl.gov/NewsRoom/NewsInfo/Index.aspx>

NASUAD Weekly Update

Here is a link to the weekly update from NASUAD:

<http://www.nasuad.org/newsroom/friday-update>

Note: The web links in this document may change over time. DARS-VDA does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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Office 804.662.9333 • Toll free 800.552.3402 • TTY users dial 711 • Fax 804.662.9354



DARS Better Governance Webinars Schedule - Save the Dates!

Tim Catherman, Director of Aging Operations

DARS is pleased to announce the launch of the next series of [DARS Better Governance Webinars](#). This year we are partnering with Maryland Association of Nonprofits. These webinars are geared to board members and agency directors, but open to all.

The presentations will cover a host of topics ranging from financial and personal management, to advocacy efforts, to effective meetings, to strategic partnerships and collaboration, to board member involvement, and volunteer engagement. Each webinar will cover topics important to board members and executive directors. The webinars will include fundamental concepts in governance oversight and offer best practices. Whether you are a seasoned board member or Executive Director, you will find these webinars helpful. More specific information about each webinar will be sent as the time approaches.

[DARS Better Governance Webinars](#) – Save the Dates!

- Financial Management, September 14, 2016
- Personnel Management, October 12, 2016
- Best Practices in Advocacy, November 16, 2016
- Efficient Use of Board Meetings, December 14, 2016
- Collaboration and Strategic Partnerships, January 25, 2017
- Board Member and Staff Partnership, March 1, 2017
- Engaging Volunteers, April 19, 2017

All presentations will be held on Wednesdays beginning at noon. You can sign up for all of the webinars one time by clicking on the link: [DARS Better Governance Webinars](#). Although the presenter will be off site, if you want to view the webinar at DARS, Tim Catherman will have conference room space reserved where I will be hosting the webinars.

This email is sent to Executive Directors and Board Chairs DARS of nonprofit organizations with whom DARS contracts. If the contact email has changed, please send the update to Tanya Brinkley at Tanya.Brinkley@dars.virginia.gov.



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No Wrong Door New Logo and Brand Standards

Sara A. Link, No Wrong Door Policy Advisor & Lead Strategist

No Wrong Door Virginia is delighted to share our new logo and brand standards. This is one of many next steps to promote and brand the robust efforts and momentum of the No Wrong Door (NWD) network and system across the Commonwealth of Virginia. We thank many staff members, community partners and collaborating organizations for their insights and hard work. A very special thanks to the Marketing and Communications implementation team of the NWD Resource Advisory Council and to Betty Brickhouse, Committee facilitator. Please share the NWD logo and standards within your organization and among your networks.

VIRGINIA

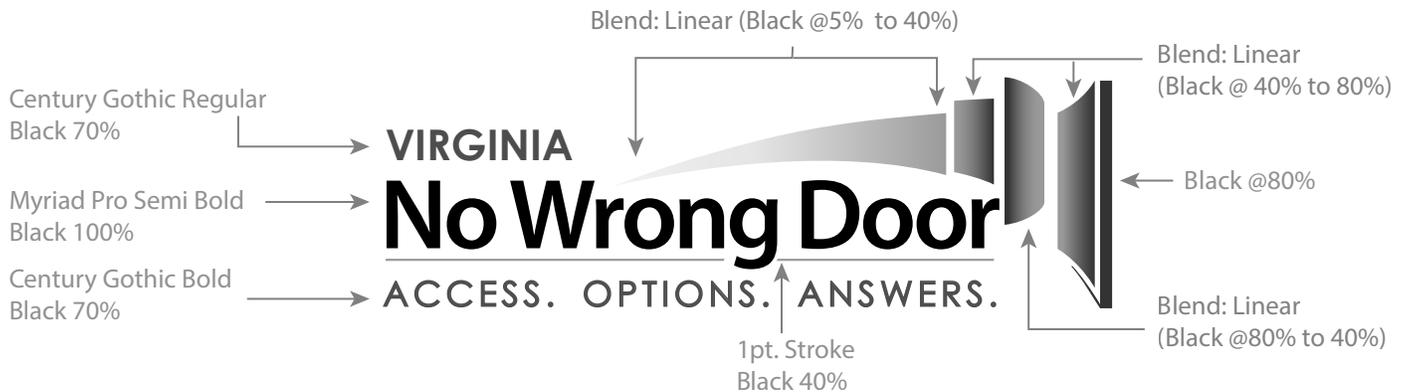
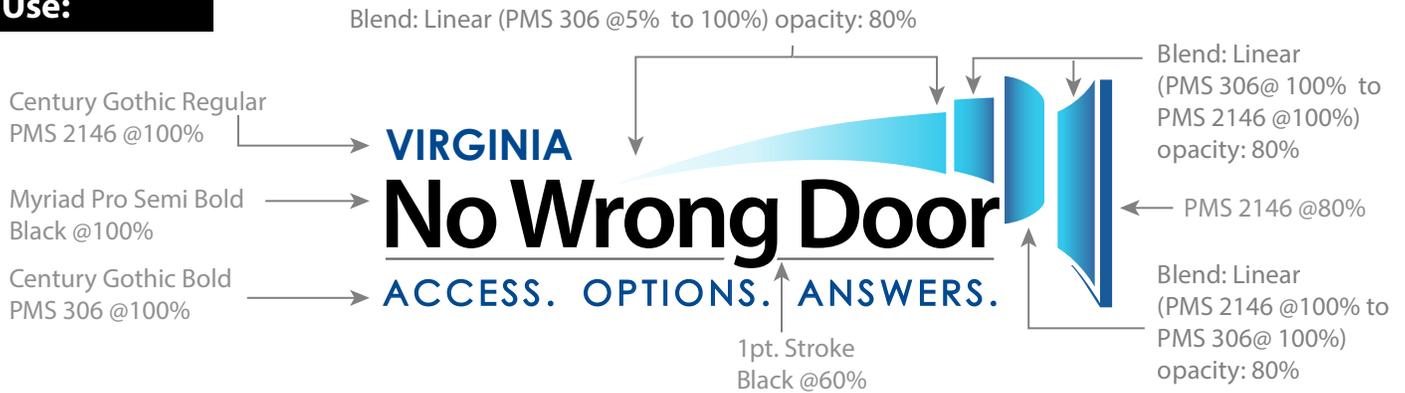
No Wrong Door

ACCESS. OPTIONS. ANSWERS.





Use:



Fonts:

Century Gothic (Regular) (Bold); Myriad Pro Semi (Bold)

Colors:

PANTONE 306 C

Color values:
RGB 0 181 226
HEX/HTML 00B5E2
CMYK 75 0 5 0

PANTONE 2146 C

Color values:
RGB 0 53 142
HEX/HTML 00358E
CMYK 100 72 0 20

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Color values:
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Film Explores End of Life Care

Tim Catherman, Director of Aging Operations

As You Wish ADVANCECARE PLANNING®

A program of the Advance Care Planning Coalition of Eastern Virginia

For Immediate Release

Contact: David Murray

757-222-4506

dmurray@asyouwishvirginia.org

August 11, 2016

Film Explores End-of-Life Care *Free Screening of 'Being Mortal'*

The Advance Care Planning Coalition of Eastern Virginia, represented by four regional health systems and the Peninsula Agency on Aging, Senior Services of Southeastern Virginia, Bay Aging and Eastern Shore Area Agency on Aging, has scheduled a series of free community screenings of the documentary "Being Mortal" to be conducted this fall.

Adapted from the 2014 nationally best-selling book of the same name by Dr. Atul Gawande, "Being Mortal" aired nationally on the PBS program "FRONTLINE" in February 2015. The documentary delves into the hopes of patients and families facing terminal illness and explores the relationships between patients and their doctors.

"Being Mortal" underscores the importance of people planning ahead and talking with family members about end-of-life decisions. After the screening, audience members will participate in a guided conversation on how to take concrete steps to identify and communicate wishes about end-of-life goals and preferences. The events are for a general audience as well as clinicians. The Area Agency on Aging partners are coordinating promotions to the general public.

The Advance Care Planning Coalition of Eastern Virginia applied for and received a grant through the Hospice Foundation of America (HFA) to conduct Community Screenings of the PBS FRONTLINE documentary through its regional *As You Wish* Advance Care Planning program. *As You Wish* is the host organization for ten of the programs and is working in partnership with VCU on two others on the Peninsula.



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VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Additional programs hosted by *As You Wish* are planned. For more information, go to www.asyouwishvirginia.org/events

Free Screening in Richmond of *Being Mortal* film on Advance Care Planning

Sara Link, No Wrong Door

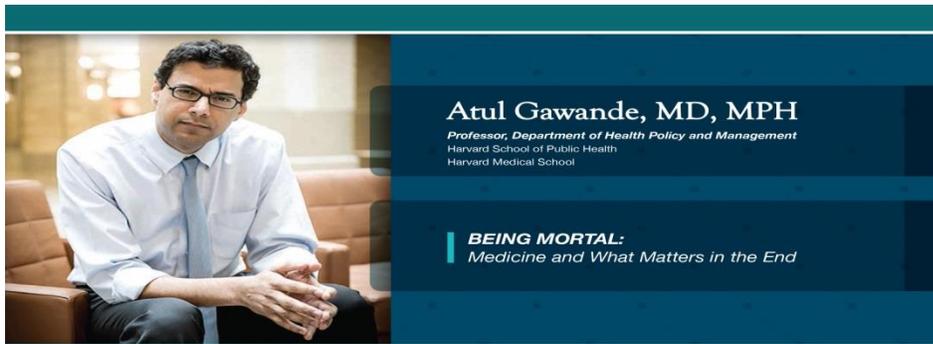


Photo by Tim Llewellyn

“Hope is not a plan.”

Dr. Atul Gawande

JOIN US for a free screening and discussion of the PBS FRONTLINE film *Being Mortal*. Based on the best-selling book by Atul Gawande, MD, this documentary explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them.

See the film and join a dialogue between families, caregivers, and health care professionals about aligning one's goals and values with health care treatment at the end of life. Local resources will be shared to feature available options and the ability to plan ahead to honor the preferences of those with serious illness.

October 6, 2016 4 p.m. - 6 p.m.
Brookdale Imperial Plaza Auditorium
1717 Bellevue Avenue
Richmond, Va.

For registration and other information: tinyurl.com/z29ss2s, agingstudies@vcu.edu or 804-828-1565

Free Certificate of Attendance provided to health care professionals. Please email agingstudies@vcu.edu if you wish to receive a Certificate of Attendance for this event.



HFA HOSPICE FOUNDATION OF AMERICA

Underwritten by the John and Wauna Herman Foundation

Do You Know the Signs of a Heatstroke?

Chip Stratton, DARS Emergency Coordination Officer

Good morning,

The following information is sent for your benefit and may be shared with others. Stay tuned to your local forecast for the latest weather alerts.

Thank you.



Individual and Community Preparedness e-Brief |



IN THIS
ISSUE:

- [Travel Smartly with the FEMA App](#)
- [Campus Fire Safety](#)
- [Warning Signs: Heat Stroke](#)
- [NFPA's Take Action Campaign: Wildfire Preparedness](#)

Travel Smartly with the FEMA App



Severe weather can strike anywhere at any time. The [FEMA app](#) is an essential tool to help you weather the storm, nationwide! Receive weather alerts from the National Weather Service for up to five different locations anywhere in the U.S.

The FEMA app has several features including safety tips to help you learn what to do before, during, and after emergencies. You can also prepare ahead of time with an emergency kit checklist and safety reminders.

Nearly half a million Americans already have the FEMA app. Are you one of them? If not, download the FEMA app for free on your Apple or Android device today! Encourage family, friends, and colleagues to do the same. You can use the [FEMA App Social Media Toolkit](#) to share messages, graphics, and videos across your networks.

The FEMA app is also available in English and Spanish.
Camp Fire Safety



Going to college can be an exciting time for students and their parents, but it also brings an increased level of student responsibility while at school. According to the [U.S. Fire Administration](#) (USFA), there were 85 fatal fires in dormitories,

Greek housing, and off-campus housing from January 2000 to May 2015. These fires resulted in 118 fatalities.

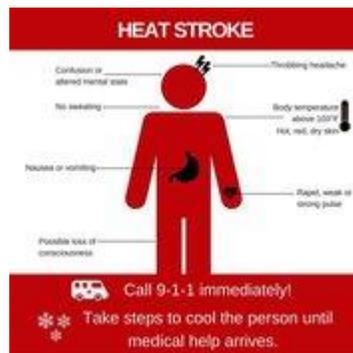
Whether on- or off- campus, it's important for students and parents to understand fire risks and life-saving preventive actions. There are several specific causes for fires in college housing including cooking, candles, smoking, and overloaded power strips.

Be fire safe! The USFA encourages students to follow these tips, including:

- Keep your cooking area clean and free of anything that can burn;
- Use flameless candles;
- Check for cigarette butts, especially under cushions, after a party.
- Use surge protectors or power strips that have internal overload protection; and
- Have a fire escape plan with two ways out of every room if you live off-campus.

Parents can also help promote off-campus fire safety through the [“See it Before You Sign It”](#) campaign from the National Fire Protection Association. This campaign encourages parents to help their loved ones choose secure, fire safe housing in apartments or homes that are off-campus.

Warning Signs: Heat Stroke



According to the Centers for Disease Control and Prevention (CDC), heat stroke occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, sweating mechanism fails, and the body is unable to cool down.

Do you know the signs of heat stroke?

While warning signs may vary, [symptoms may include](#):

- An extremely high body temperature (above 103 degrees Fahrenheit);
- Red, hot, and dry skin (no sweating);
- Rapid, strong pulse; and
- Dizziness.

According to the CDC, if someone experiences signs of a heat stroke, have someone else call for immediate medical assistance while you begin cooling the person by:

- Getting him or her to a shady area; and/or



- Immersing the person in a tub of cool water, placing him or her in a cool shower, or spraying the person with cool water from a garden hose.

Be sure to monitor the person's body temperature, and continue cooling efforts until the body temperature drops to 101-102 degrees Fahrenheit. If emergency medical personnel are delayed, call the hospital emergency room for further instructions. Don't give the victim fluids to drink.

If emergency treatment isn't provided, heat stroke can cause death or permanent disability. To learn more about this and other heat-related illnesses, [visit the CDC website](#).

For questions about extreme heat safety, check out the CDC's [list of FAQs](#).

NFPA's Take Action Campaign: Wildfire Preparedness

Have you heard? The National Fire Protection Association (NFPA) has a campaign to help youth prepare for wildfires. According to the NFPA, more than eight million students across the U.S. live in a community at risk for wildfire.

Youth can play an important role in helping minimize these risks. The ["Take Action"](#) campaign has resources and projects for young adults to prepare themselves, their families, and their neighbors with wildfire planning and evacuation. There's even information about [preparing pets](#), too!

Get in-the-know about wildfires! Watch NFPA's [Wildfire Facts](#) video to learn more about this hazard. Be sure to share on your social media channels.

You can also visit America's PrepareAthon! for additional [wildfire preparedness resources](#), including the *How to Prepare for a Wildfire* guide and the *Prepare Your Organization for a Wildfire* playbook.

Disclaimer: The reader recognizes that the federal government provides links and informational data on various disaster preparedness resources and events and does not endorse any non-federal events, entities, organizations, services or products. Please let us know about other events and services for individual and community preparedness that could be included in future newsletters by contacting citizencorps@fema.dhs.gov.



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Contact Us

EMAIL: citizencorps@fema.dhs.gov | TWITTER: [@Citizen_Corps](https://twitter.com/Citizen_Corps)



ACL Updates: Submit Comments on APS and Ombudsman Reporting Systems

Cecily Slasor, Administrative Assistant



August 15, 2016

Submit Comments on APS and Ombudsman Reporting Systems

The public is invited to submit comments on ACL reporting systems collecting data on the Long-term Care Ombudsman and Adult Protective Services (APS) programs.

National Adult Maltreatment Reporting System

ACL has working with federal and state administrators, researchers, service providers and others since 2013 to design, develop, and pilot the National Adult Maltreatment Reporting



System (NAMRS). NAMRS seeks to provide consistent and accurate national data on the exploitation and abuse of older adults and adults with disabilities, as reported to state APS agencies.

The proposed collection of information for NAMRS was recently [published in the Federal Register](#). We encourage the public [to submit comments on the proposed data elements, values, and definitions](#) thru September 7, 2016.

National Ombudsman Reporting System

Since 1995, state Ombudsman programs have used the National Ombudsman Reporting System (NORS) to record their advocacy, education, and complaint-resolution services to individuals in long-term care facilities. ACL is proposing revisions to NORS to improve the reliability of data and the clarity of instructions and definitions.

ACL invites comments thru October 7, 2016 on [the proposed data collection](#), including whether the information will have practical utility; accuracy of ACL's estimate of burden hours; ways to enhance the quality, utility, and clarity of the information to be collected; and ways to minimize burden.

Friday Updates from NASUAD

Cecily Slasor, Administrative Assistant



August 12, 2016

In This Issue

***NASUAD: Registration for the 2016 HCBS Conference is**

From NASUAD



Open!

***NASUAD: Presentations from I&R/A Guardianship Webinar**

***HCBS Clearinghouse: Recommendations for Family Support Services**

***ACL: Public Comment on Guidance for State Plans on Aging**

***CDC: National Study of Long-Term Care Providers**

***CMS: Year 2 Performance Results for Independence at Home Demo**

***CMS: Proposed Rule for PACE**

***DOJ: Regulations to Implement ADA Amendments Act**

***DOL: Guidance on Section 511 of WIOA**

***NIH: Go4Life Month in September**

***Allsup: Webinar: True Help Claiming Power to Improve Relationships**

***CHCS: Webinar: Rate-Setting Strategies for Advancing MLTSS Goals**

***HMA: Webinar: Physician Perspectives on Using Telemedicine**

***NADRC: Webinar: Faith-Related Dementia Programs**

***Events**

***Jobs & Internships**

Register Today for the 2016 HCBS Conference!

Join us for the National Home and Community Based Services (HCBS) Conference held in Washington, DC, August 29 - September 1. The Conference offers a unique blend of policy, program, and practice issues for professionals interested in home and community based services for individuals of all abilities and in all settings. Quickly becoming the "go-to" conference for learning in the expanding field of HCBS and long-term services and supports, the Conference allows states to share best practices, present unique partnerships, and recognize the work of their peers.

The National HCBS Conference will include federal, state, and local policymakers and those who administer, manage, and deliver waiver and other HCBS programs. The Conference always sees a strong presence from U.S. Health and Human Services ranging from the Administration for Community Living (including AoA, Office of Disability, and AIDD) to CMS, HRSA, SAMHSA, Office of Developmental Disabilities, and other federal agencies.

[Click here](#) to view details and register.

Presentation Materials from I&R/A Guardianship Webinar Available

The National I&R Support Center recently hosted a webinar to train attendees on the basics of guardianship, and the presentation materials are now available on the NASUAD website. Guardianship is a key but complicated issue that aging and disability I&R/A specialists address in their work with consumers, family members, and caregivers. This training covered the basics of guardianship including the process of becoming a guardian, responsibilities of the guardian, the difference between guardianship and powers of attorney and a discussion on when a guardianship may be necessary. To help I&R/A specialists gain more insight into guardianship issues, the presenter, Kim Grier, Adult Guardianship Specialist, Georgia Department of Human Services, shared her expertise on this topic.

[Click here](#) to view the presentation materials.

[*Funding Opportunities](#)

[*Friday Updates Archive](#)



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HCBS Clearinghouse E-Clips

This section of Friday Update highlights reports that have been added to the HCBS Clearinghouse within the past week. Visit www.nasuad.org/hcbs for more information.

Recommendations for Data Collection of Family Support Services

The Family Support Research and Training Center (FSRTC) and the National Council on Aging (NCOA) published the report "Recommendations to Improve Data Collection to Monitor, Track, and Evaluate State Approaches to Family Support Services." The report identifies three indicators to monitor, track, and evaluate family support services: demographics of the caregiving situation, the impact on families, and indicators to assess family support at the state level. It also details recommendations for improvements that could be made to individual national and state datasets. The recommendations are intended to aid researchers and policymakers in improving family support services nationwide.

[Click here](#) to view the report.

From the Administration

Administration for Community Living

Public Comment on Guidance for State Plans on Aging

The Administration for Community Living (ACL) seeks public comment on the template to be used to prepare the information collection requirements contained in the Program Instruction entitled "Guidance for the Development and Submission of State Plans on Aging, State Plan Amendments and the Intrastate Funding Formula." Each State Unit on Aging is



required to develop a State Plan on Aging using guidance published in this annual Program Instruction in order to be eligible to receive a formula grant under Section 307(a) of the Older Americans Act (OAA).

ACL is also seeking comments specific to the included targeting guidance that aims to ensure maximum inclusion of all populations of seniors, including older American Indians, LGBT seniors, and Holocaust survivors living in the United States, and other isolated groups of older adults. Comments are requested on the extent to which the direction provided is sufficient for states to fully assess the existence of, and develop plans for serving, these individuals and their families. If commenters believe the proposed direction is insufficient, it is requested that the commenters include the specific guidance desired as well as the practical means and data available to implement the guidance, direction, and requirements for states. Comments should be submitted to Greg.Link@acl.hhs.gov by **Monday, August 22, 2016**.

[Click here](#) to view the notice in the Federal Register.

Centers for Disease Control and Prevention

National Study of Long-Term Care Providers Questionnaire

The Centers for Disease Control and Prevention's (CDC) National Center for Health Statistics (NCHS) began the third wave of the National Study of Long-Term Care Providers (NSLTCP). NCHS is requesting that directors or administrators of an adult day services center or assisted living/residential care community that receives a "2016 Adult Day Services Center Questionnaire" or a "2016 Residential Care Community Questionnaire" packet, complete and submit the questionnaire online over a safe and secure network, or by mailing a completed hard copy version of the questionnaire that is included in the questionnaire packet. The questionnaires will take an average of 30 minutes to complete.



The biennial National Study of Long-Term Care Providers (NSLTCP), is an initiative to monitor trends in the major sectors of paid, regulated long-term care services providers. NSLTCP includes surveys of adult day services centers, home health agencies, hospices, nursing homes, and assisted living and similar residential care communities. This study aims to help policymakers, health care planners, and providers better understand, plan for, and serve the future long-term care needs of the older population and younger adults with disabilities.

[Click here](#) to view the study's website.

Centers for Medicare & Medicaid Services

Independence at Home Demonstration Year 2 Results

On Tuesday, August 9, 2016, the Centers for Medicare & Medicaid Services (CMS) released results from the second performance year of the Independence at Home Demonstration. The demonstration began in 2012 and was extended through September 30, 2017. Its objective is to provide chronically ill patients with a range of primary care services in the home setting. Medical practices led by physicians or nurse practitioners tailor primary care home visits to the needs of beneficiaries with multiple chronic conditions and functional limitations. The demonstration also tests whether home-based care can reduce the need for hospitalization, improve patient and caregiver satisfaction, lead to better health for beneficiaries, and lower Medicare costs. In the second performance year, 15 practices participated in the demonstration and 10,484 beneficiaries were enrolled. The performance analysis found that participating practices saved over \$10 million in the second performance year and also recorded improvements in quality measures.

[Click here](#) to view the press release.

Proposed Rule for Programs of All-Inclusive Care for the Elderly (PACE)



On Thursday, August 11, 2016, the Centers for Medicare & Medicaid Services (CMS) issued a proposed rule (CMS-4168-P) to revise and update the requirements for the Programs of All-Inclusive Care for the Elderly (PACE) under the Medicare and Medicaid programs. The proposed rule is the first major update to the PACE program in a decade, and addresses several program elements including: application and waiver procedures, sanctions, enforcement actions and termination, administrative requirements, PACE services, participant rights, quality assessment and performance improvement, participant enrollment and disenrollment, payment, federal and state monitoring, data collection, record maintenance, and reporting.

The proposed changes are intended to provide greater operational flexibility, remove redundancies and outdated information, and codify existing practice. The rule proposes to strengthen protections for beneficiaries and provide administrative flexibility and regulatory relief for PACE organizations. For example, CMS is proposing a more flexible approach to the composition of the interdisciplinary team that is central to the coordinated care participants receive from PACE organizations; team members would be able to participate in more aspects of a participant's care than is currently the case. Another flexibility would allow non-physician primary care practitioners to provide some services in the place of primary care physicians. Additional proposed beneficiary protections include, for instance, proposing changes to sanctions, enforcement actions, and terminations to strengthen CMS' ability to hold PACE organizations accountable.

The proposed rule will be published at the Office of the Federal Register on August 16, 2016, and public comments are due on **Monday, October 17, 2016** after a 60-day comment period.

[Click here](#) to view the proposed rule.

[Click here](#) to view a fact sheet.

Department of Justice

Regulations to Implement ADA Amendments Act



The Department of Justice (DOJ) issued a final rule to amend the Americans with Disabilities Act (ADA) regulations in order to incorporate statutory changes to the ADA set forth in the ADA Amendments Act of 2008, which took effect on January 1, 2009. Congress enacted the ADA Amendments Act to restore the understanding that the definition of "disability" shall be broadly construed and applied without extensive analysis. Congress intended that the focus of cases brought under the ADA should be whether covered entities have complied with their statutory obligations not to discriminate based on disability. In this final rule, the DOJ added new sections to its title II and title III ADA regulations to set forth the proper meaning and interpretation of the definition of "disability" and to make related changes required by the ADA Amendments Act in other sections of the regulations.

[Click here](#) to view final rule.

Department of Labor

Guidance on Section 511 of WIOA

On July 27, 2016, the Department of Labor's Wage and Hour Division (WHD) released guidance regarding implementation of Section 511 of the Workforce Innovation and Opportunity Act (WIOA). Section 511 limits the ability of employers to pay a subminimum wage to workers with disabilities under Section 14(c) of the Fair Labor Standards Act. The guidance includes information about requirements for all workers that are paid a subminimum wage as well as provisions that apply to workers aged 24 and younger, including transition services, vocational rehabilitation, and career counseling.

[Click here](#) to view the bulletin.

[Click here](#) to view the corresponding fact sheet.

National Institute on Aging

Go4Life Month in September

The National Institute on Aging at the National Institutes of



Health (NIH), part of the U.S. Department of Health and Human Services, is hosting "Go4Life Month" in September. Go4Life is a federal campaign based on research showing that exercise can help prevent many chronic conditions and disabilities associated with aging. The National Institute on Aging aims to involve individuals, families, communities, and organizations in the campaign. They encourage organizations to host an exercise event for older adults during the month of September; tip sheets and event planning assistance are available on the Go4Life website.

[Click here](#) to view more information.

From Other Organizations

Allsup

Webinar: True Help Claiming Power to Improve Your Relationships

Allsup is hosting the webinar "True Help Claiming Power to Improve Your Relationships" as part of their series designed to empower individuals living with chronic illness and disabilities, veterans and military families. The webinar is designed to help participants improve their relationships with friends, family, and service providers. The program features the National Alliance on Mental Illness, the Colon Cancer Alliance, No Family Left Behind, and Allsup Veteran Disability Appeals Service®. The event is scheduled for **Thursday, August 18, 2016, from 1:00 p.m. to 2:30 p.m. ET.**

[Click here](#) to register.

Center for Health Care Strategies

Webinar: Rate-Setting Strategies to Advance Medicaid Managed LTSS Goals



The Center for Health Care Strategies, Inc. (CHCS) is hosting a webinar that will highlight state approaches for using rate-setting to advance managed long term services and supports (MLTSS) program goals, including: 1) helping more people to live in the community; and 2) adjusting risk appropriately based on MLTSS cost drivers, including functional status. Representatives from Tennessee and Wisconsin will share their experiences in refining MLTSS rate-setting approaches to achieve strategic goals. The presentation will draw from the soon-to-be released "Medicaid Managed Long-Term Services and Supports Rate Setting Resource Center" developed by CHCS, Mathematica Policy Research, and Airam Actuarial Consulting through support from West Health Policy Center. The session is scheduled for **Tuesday, August 16, 2016, from 1:00 p.m. to 2:30 p.m. ET.**

[Click here](#) to register.

Health Management Associates

Webinar: Physician Perspectives on Using Telemedicine to Address the Shortage of Mental Health Providers

Health Management Associates (HMA) is hosting the webinar "Physician Perspectives on Using Telemedicine to Address the Shortage of Mental Health Providers." HMA physicians, an internist and psychiatrist, will discuss the impact that telemedicine and other technologies can have on improving access and care for vulnerable mental health populations. The session will also outline the most important elements of a telemedicine program with a special emphasis on the needs of patients and perspectives of the interdisciplinary teams serving them. The webinar is scheduled for **Thursday, August 25, 2016, from 1:00 p.m. to 2:00 p.m. ET.**

[Click here](#) to register.

National Alzheimer's and Dementia Resource Center



Webinar: Faith-Related Dementia Programs

The National Alzheimer's and Dementia Resource Center (NADRC) will present a webinar entitled "Examples of Developing and Implementing Faith-Related Dementia Programs." Participants will learn about two faith-related programs for people with dementia and their caregivers- Alzheimer's Orange County Interfaith Outreach Program in Orange County, California and the Respite Ministry in Montgomery, Alabama. The webinar is scheduled for **Tuesday, August 23, 2016, from 3:00 p.m. to 4:00 p.m. ET.**

[Click here](#) to register.

Events

Helping Workers Keep Their Jobs After an Injury, Illness, or Disability

The Stay-at-Work/Return-to-Work (SAW/RTW) Policy Collaborative of the U.S. Department of Labor's Office of Disability Employment Policy and Mathematica's Center for Studying Disability Policy is hosting the policy forum and webinar "Helping Workers Keep Their Jobs After an Injury, Illness, or Disability." The session will provide policy recommendations intended to improve the SAW/RTW outcomes for workers who experience injury, illness, or disability. Presenters will discuss 1) steps states can take to help workers keep their jobs after injury, illness, or disability; 2) adapting a successful workers' compensation initiative to off-the-job cases; 3) and behavioral interventions designed to promote SAW/RTW. The event can be watched online or in person at Mathematica's office in **Washington D.C. on Tuesday, September 13, 2016, from 12:00 p.m. to 1:30 p.m. ET.**

[Click here](#) to register.

Jobs & Internships



Mid-America Regional Council Seeks Director of Aging and Adult Services

The Mid-America Regional Council (MARC) in Kansas City, Missouri is seeking a Director of Aging and Adult Services. The director will play a key role in helping to advance the vision that all adults in the Kansas City region have access to resources and networks to support a high quality of life. The director will play a visible, active role in the broader community and state initiatives to strengthen and develop new services and systems, and will provide central leadership in internal efforts to develop and deploy a strategy for assessing and reorganizing services to older adults. At the same time, the director will be responsible for all aspects of planning and managing the effectiveness and statutory compliance of ongoing programs. In addition, MARC's Aging and Adult Services Department will support the Communities for All Ages initiative in cooperation with MARC's Community Development Department, which coordinates a variety of related local and regional planning efforts. Applications should be submitted by **Friday, August 19, 2016**.

[Click here](#) to view the job announcement.

TMG Seeks IRIS Consultant

TMG is seeking a full-time IRIS consultant in Green Lake County, Marquette County or Waushara County, Wisconsin to partner with individuals enrolled in the IRIS program to identify their long-term care goals and find creative ways to achieve them. IRIS consultants are responsible for providing program orientation to new participants at which time participants will learn of their rights and responsibilities as someone enrolled in the program. The consultants are also responsible for working with participants to explore a broad view of the person's life, including goals, important relationships, connections with the local community, interest in employment, awareness of the Self-Directed Personal Care option, and back-up support plans. Consultants will assist participants in identifying personal outcomes and ensure those outcomes are being met on an ongoing basis. It is required that all orientation and planning activities are documented, and the consultant must research community resources and natural supports that will fit with the individual outcomes of each



participant. IRIS consultants will have to operate within their defined budgets and be a liaison between the Fiscal Employer Agency and the IRIS Consultant Agency. Applications are due by **Wednesday, August 31, 2016.**

[Click here](#) to view the job announcement.

Funding Opportunities

Native American Independent Living Demonstration Project

The Administration for Community Living (ACL), Independent Living Administration (ILA), announced a new funding opportunity that intends to 1) gain an increased understanding of service needs of Native Americans with disabilities living in Indian Country; 2) improve cultural competence in regards to the needs of specific tribal organizations targeted by current (Centers for Independent Living) CIL grantees; and 3) capture lessons learned and best practices for outreach and service delivery for Native Americans with disabilities, a traditionally under-served population. To achieve these goals, ACL is seeking applications from existing CIL grantees to develop capacity and demonstrate how to provide the five CIL core services in Indian Country. The grant application is due by **Tuesday, August 16, 2016 at 11:59 p.m. ET.**

[Click here](#) to view the announcement.

NADTC Innovations in Accessible Mobility Grant Opportunity

The National Aging and Disability Transportation Center (NADTC) announced a new grant opportunity intended to support program innovations that increase accessible transportation options for older adults and people with disabilities living in the community and maximize the utilization of Section 5310 and other federal funding investments. Local and regional private nonprofit or government organizations are eligible to apply for this funding opportunity. Grants of up to \$50,000 each will be awarded to as many as six communities for a twelve month period.



Applications are due by **Friday, August 26, 2016**.

[Click here](#) to view the announcement.

Benefits Enrollment Center Grants Serving Hard-to-Reach Populations

The Center for Benefits Access at the National Council on Aging (NCOA) is seeking qualified organizations to become Benefits Enrollment Centers (BECs) serving hard-to-reach low-income Medicare beneficiaries. BECs use person-centered strategies in a coordinated, community-wide approach to find and enroll Medicare beneficiaries—both seniors aged 65+ years and adults living with disabilities - who have limited income and resources into available benefits, with the primary focus being on the following five core benefit programs: Medicare Part D Extra Help (or Low-Income Subsidy, LIS), Medicare Savings Programs (MSP), Medicaid, Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps), and Low-Income Home Energy Assistance Program (LIHEAP).

Agencies will serve specific hard-to-reach populations, such as people residing in rural areas, members of native tribes, people of color, members of the LGBT community, those with limited English proficiency (LEP), those recently released from incarceration, or veterans. BECs serving specific populations must be able to provide application assistance for a minimum of 500 people for all of the benefits for which they are eligible during an 11-month period. Applicants are encouraged to complete a notice of intent by **Wednesday, August 31, 2016 at 5:00 p.m. ET**, and applications are due **Friday, September 9, 2016 at 5:00 p.m. ET**.

[Click here](#) to view the Request for Proposals.

AARP Social Security Innovation Challenge

AARP is launching an Innovation Challenge to identify policy solutions to strengthen economic security for American workers and retirees by achieving Social Security solvency and maintaining benefit adequacy for future generations. Through the Challenge, scholars and researchers from a range of



perspectives and sectors are invited to submit their best ideas for creating a strong Social Security system for the coming decades. Applicants are encouraged to consider macro trends (e.g., in the workforce, income, wealth, savings rates, life expectancy, fertility rates, marital status) and to take an innovative look at policy options that address these trends. Up to five successful applicants will be selected to further develop the policy innovation and will deliver a detailed policy paper on one or more specific policy innovation(s) to strengthen Social Security's solvency and/or adequacy. Additionally, AARP will work with The Urban Institute to assess the financial and distributional impact of the policy proposals developed by the successful applicants. The notice of intent is due **Wednesday, August 31, 2016**, and the application for funding is due **Friday, September 30, 2016**.

[Click here](#) to view the announcement.

Community-Based Palliative Care Delivery for Adult Patients with Advanced Illnesses and their Caregivers

The Patient Centered Outcomes Research Institute (PCORI) posted a notice of an upcoming funding opportunity to: a) support care planning for adult patients with advanced illnesses over time that is consistent with the goals and preferences of adult patients and their caregivers, and b) support the delivery of coordinated, community-based palliative care that effectively implements those care plans. PCORI seeks to fund multiple, large, multi-site, community-based comparative effectiveness research (CER) studies to generate evidence in support of this goal. The funding announcement will be released in August 2016. The deadline for Letters of Intent (LOI) is **Wednesday, September 14, 2016**.

[Click here](#) to view more information.

Friday Update Archive

Did you miss a previous issue?
Check out [past Friday Updates](#).



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DARS Independent Living Weekly Newsletter

Marcia DuBois, Livable Communities Coordinator



INDEPENDENT LIVING Weekly Newsletter

COMMUNITY BASED SERVICES DIVISION

James A. Rothrock, Commissioner

ISSUE 166

August 16, 2016

In this issue...

- [DARS Better Governance Webinars Schedule - Save the Dates!](#)
- [Leaders Without Limits: A Community Leadership Academy](#)
- [An IL Conversation...Youth It Up](#)
- [VAGHC Reminder: Nominations still being accepted for the 2016 Virginia Housing Awards](#)
- [Uniform Guidance for SILCs Webinar](#)
- [The HCBS Conference is 3 weeks away!](#)
- [Individual and Community Preparedness](#)
- [VDA Weekly E-Mailing](#)

DARS Better Governance Webinars Schedule - Save the Dates!

DARS is pleased to announce the launch of the next series of **DARS Better Governance Webinars**. This year we are partnering with Maryland Association of Nonprofits. The webinars are geared to board members and agency directors, but open to all.

The presentations cover a host of topics ranging from financial and personal management, to advocacy efforts, to effective meetings, to strategic partnerships and collaboration, to board member involvement, and volunteer engagement. Each webinar will cover topics important to board members and executive directors. The



webinars include fundamental concepts in governance oversight and offer best practices. Whether you're a seasoned board member or Executive Director, these webinars are helpful.

DARS Better Governance Webinars – Save the Dates!

- Financial Management, September 14, 2016
- Personnel Management, October 12, 2016
- Best Practices in Advocacy, November 16, 2016
- Efficient Use of Board Meetings, December 14, 2016
- Collaboration and Strategic Partnerships, January 25, 2017
- Board Member and Staff Partnership, March 1, 2017
- Engaging Volunteers, April 19, 2017

All presentations will be held on Wednesdays beginning at noon. You can register for the webinars one time by clicking [here](#). Although the presenter will be off site, if you want to view the webinar at DARS, Tim Catherman will host the webinar at a DARS Conference Room.

[Return to Top](#)

Leaders Without Limits: A Community Leadership Academy



Leaders without Limits: A Community Leadership Academy-Train the Trainer

Centers for independent living and statewide independent living councils play a critical role in preparing individuals to step into valued leadership positions both within the CIL or SILC itself and within the community. The Leaders without Limits Community Leadership Academy is a proven model that prepares people with disabilities for active, effective involvement on boards, committees and councils, serving local government and nonprofit organizations. This Train-the-Trainer event



will prepare CILs to create, fund, and implement a Community Leadership Academy within the CIL. It will assist SILCs to provide training to their IL Network in how to implement this program model, and train and orient their own council members.

Join presenters Bob Hand, Kimberly Tissot and a panel of Community Leadership Academy graduates **September 19-21, 2016** in Houston for this new Train-the-Trainer experience!

For more information, agenda, and registration, click [here](#).

[Return to Top](#)

An IL Conversation...Youth It Up!



CIL-NET Presents...an IL Conversation via Teleconference
Youth It Up!

Presented by
Cassie Wick, Montana Independent Living Project
June Hermanson, Montana Youth Leadership Forum
and
Kimberly Tissot, Able South Carolina

August 18, 2016
3:00 - 4:30 PM Eastern

Join us to learn and add to the conversation with your experiences about:

- Creative youth funding approaches
- Examples of how to access WIOA/VR Funding
 - Youth Programming ideas
 - Lessons learned

For more information and access, click [here](#).

[Return to Top](#)

VAGHC Reminder: Nominations still being accepted for the 2016 Virginia Housing Awards



Each year, one of the conference's highlights is the Virginia Housing Awards Luncheon, which recognizes innovative, effective efforts that address our housing needs. All awards are presented at the conference during the luncheon on Thursday. Categories: Best Affordable Housing Development, Best Housing Program or Service, Best Housing Preservation/Revitalization Effort, Best Affordable Housing Energy Conservation Effort, In My Backyard "IMBY" Award.

Nominations must be received by 5 p.m. on Friday, August 26, 2016. All nominations must be submitted as a Microsoft Word Document

For more information on categories, and submitting nominations, click [here](#). If you have questions, contact Rhonda Spear at (804) 371-7000.

[Return to Top](#)

Uniform Guidance for SILCs Webinar



SILC-NET Presents...A National Webinar & Teleconference

Uniform Guidance for SILCs

August 30, 2016; 3:00 p.m. Eastern

Registration \$75

The Office of Management and Budget (OMB) recently released new rules regarding the expenditure of federal funds. These new rules apply to all SILCs - nonprofit and government entities alike. These new rules, commonly referred to as Uniform Guidance, combine and update the old OMB circulars (110, 122, and 133) for nonprofits, along with guidance for other federal grantees.

Understanding the new Uniform Guidance is critical to spending federal funds appropriately. Continuing to operate and spend under the previous guidelines could cause real problems. Sign up today to make sure you have the latest information.

For more information including registration, click [here](#).

[Return to Top](#)



The HCBS Conference is 3 weeks away!



For more information and registration, click [here](#).

[Return to Top](#)

Individual and Community Preparedness



Emergency Preparedness Checkli

The Virginia Department of Emergency Management has created the attached checklist to provide individuals with disabilities and access and functional needs with a list of supplies that are suggested for an Emergency Preparedness Kit. The goal is to tailor the contents of the kit to an individual's needs and abilities. It is ideal to include supplies for 3 days or up to two weeks, but should also be realistic and affordable for an individual. The kit should be stored in a secured place that is easily assessable in an emergency.

The checklist and preparedness information below is provided for your benefit and may be shared with others.

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[Return to Top](#)



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VDA Weekly E-Mailing

Click [here](#) for the latest issues of the VDA Weekly E-mailing.

[Return to Top](#)

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